



Local teens find success at equestrian competition page **19**

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Explore Queenston, Willowbank Studio

Penny Coles The Local

Two well-established visual artists who have studied, taught and exhibited their work in many countries around the world, are delighted to find themselves in the quiet little village of Queenston, in the former Laura Secord school building, that allows them plenty of space to paint, and is steeped in history and education, both essential components of their art.

Sharon Okun and Adam Markovic met in Florence Italy, in 2008, while studying painting.

Adam brought with him a skill he had learned while living in Brooklyn, N.Y., where he was co-owner of a store that sold fine art supplies. While there, he learned to produce traditional painting materials, grinding paint, and using the techniques of the Old Masters, which he continued to perfect in Florence, while also painting for European galleries.

Sharon, who has roots in Niagara, began studying art history and restoration in Florence, and then producing oil paintings for gallery exhibits, and commissions for private clients and collectors.

In 2012, they made the decision to return to Canada, and chose Montreal for their next studio, thinking that of anywhere in this country, it would have the most European feel.

Their next stop was Paris, Ont., but recently, were encouraged by their friend, Brett Sherlock, to come and have a look at his hometown of NOTL.

When they discovered Queenston, the Willowbank Estate, and the Willowbank Lower campus in the former Laura Secord building, it was love at first sight — they knew they had found their next studio space, "a romantic, magical place," says Adam. It was a difficult time between presenting their proposal to the Willowbank board, and receiving a positive response,

Continued on page 3

Niagara Foundation concerned about development

Penny Coles The Local

The Niagara Foundation has been quietly preserving Niagara-on-the-Lake's heritage since 1962.

quiet lately, wanting to be plished much during its Gollop House, and the been restored and is avail- ter from Thomson and sports fields, playground

board.

The Foundation, established as a voluntary clude the restoration of es, and obtained a hearse charitable organization to St. Mark's Church Manse, which was manufactured bordering the Rand Estate ies, museums, historic sites promote the history, tra- the steeple at St. Andrew's locally. Ownership was property. ditions and culture of the Church, the William Stew- transferred to a local fu-It's been a little less community, has accom- ard House, the William neral home, and it has Street property, a let- uses would include minor

dation president Janice in 1965, with the support rentals handled through a heritage properties, the allows for active and pas-Thomson, speaking for its of Ontario Heritage, now vacation rental company. owners of the building.

Other projects in- two 19th century carriag-

It has also restored block and Solmar's application for a subdivision on care facilities, churches, John and Charlotte Streets, day care centres, cemeter-

former Parliament Oak sive neighbourhood parks, elementary schools, health and similar community Regarding the King servicing uses. Secondary

more active and speak out decades of dedication to Foghorn House, on the able for use. all board members asks equipment, associated Foundation members council to examine the parking areas and small about concerns over cur- heritage preservation. Its Niagara River, renovated rent residential develop- list of initiatives begins by the Foundation, up- have recently turned their zoning issue, which shows concession stands. ments working their way with its restoration of The graded for vacation rental attention to two large-scale the block as open space Again, according to the through the town's plan- Apothecary on Queen accommodation. It is now residential developments and community facilities ning process, says Foun- Street, which it purchased owned by the town, with proposed for significant in the Official Plan, which **Continued on page 2**

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Lots of time to comment on proposals, Lord Mayor says

Continued from page 1

Official Plan, the Foundation points out, the property may be redeveloped for low density residential use, subject to a site specific zoning bylaw amendment.

But "how does the current proposal qualify as low density residential," Foundation board the asks.

That was a question also raised by residents who were given a glance at the proposal in June, which included, a dozen semi-detached, 1.5 storey homes, plus a three-storey apartment building on the block bordered by King, Streets.

"We look forward to engaging in public discussions with council on this matter and wish to emphasize that the intention of The Niagara Foundation is to see appropriate development that maintains and complements the ra Foundation believes town's special heritage and the subdivision proposal architectural elements, with a clearly expressed policy that allows both applicants and Town staff to meet established requirements," the Foundation historical and natural herletter to council states.

In connection with the 191-unit subdivision proposed by Solmar cluding Christopher Street for portions of the Rand Estate, the Foundation board believes the property to be "one of the last remaining and most im- changes of this magnitude,

agara-on-the-Lake, and erances for density." strongly objects to this provincial heritage trees on the prop- overwhelms, the neighto elevate a portion of the requirements." site by up to 10 feet.

lations suggesting that up by residents about both 10,000 truckloads of soil will be required to accomplish this elevation change, an action that will surely decimate any remaining cultural heritage landscape features on the site," says the Foundation letter.

It also raises concerns Gage, Centre and Regent about the flow of water into One Mile Creek being impacted, the possibility of flooding, and access to the subdivision from 200 John Street that crosses elements of the historic Dunington-Grubb designed landscape.

> "Overall, The Niagashould be reviewed from the perspective of the community; namely, how will the subdivision connect with and affect the itage of the community?"

> Previous development of the Rand properties, inand Weatherstone Court, "were well-integrated with adjacent properties, did not require site elevation

DRIVER/COMPANION

I am an elderly man, longtime Niagara resident, living with my partner of 50 years. Although somewhat visually impaired, I am mobile but can't walk long distances. I am looking for someone who would enjoy taking me for weekly outings for about two hours per trip. I enjoy lively conversation combined with peaceful country drives, visits to coffee shops, casual lunches. I am fully vaccinated. You would need a dependable vehicle and a good driving record, be fully vaccinated and prepared to wear a mask when necessary or appropriate.

Remuneration would be an agreed to hourly rate plus a normal vehicle allowance, paid at the conclusion of each outing.

If you think this would be an enjoyable adventure, let's talk. Send details of your background and a character reference to: elderlyman3788@gmail.com

portant estate lots in Ni- and respected existing tol-

The Foundation urgproposal for several rea- es the town to seek a type sons," including its heri- and scale of development tage features of local and appropriate to the cultural significance; history of NOTL, and one the mature and possibly that "complements, not erty, 100 of which may be bouring residential areas removed; and the proposal and meets all legislative discussion of those two tion of how applications

Many of the same con-"We have seen calcu- cerns have been brought properties, and in the case of the Parliament Oak pro-

comments.

The intention of the ments." letters was to "remind peointact," says Thomson.

proposals, with the intendevelopment that maintains and complements the architectural

gone back to the drawing policy that allows both ap- limitations of staff and meet established require-

They also look forward ple of what is important to to seeing the report on the keeping community values closed-session planning workshop councillors at-Board members hope tended last week, which reports from staff on eito be involved in future should give some indicasuch as these two will be tion of seeing "appropriate dealt with in the future, there will be opportunities says Thomson.

town's special heritage and the workshop, says Lord elements, Mayor Betty Disero, had posal, the developer has with a clearly expressed to do with the abilities and planning meetings.

board as a result of those plicants and town staff to council when dealing with planning issues. The discussion had to take place in a closed session because "there could be legal ramifications going forward."

> Council has not seen ther development proposal, she says, and she's not sure when they will. "But for the Niagara Founda-What was discussed at tion board members and the public to be involved" in future open house and

Don't miss out on Girl Guide cookies



Emily Ferguson, Emilia Epp and Emmie Cherney, members of the NOTL Brownie unit, were at Emilia's house recently selling Girl Guide cookies and lemonade. They made some signs and not only had a blast but were extremely successful with their sales for the day. The chocolate and vanilla-flavoured cookies sell for \$5 a box. Any of the NOTL guiding units can be contacted for cookies, or email Brenda Ferguson at bbenoit10@gmail.com. (Photo supplied)



- Freehold Townhouse
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- Rear deck with private garden
- Upper loft family room with + 2 guest bedrooms, bathroom, den

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Artists will welcome visitors to Willowbank Studio

Continued from page 1

Adam says, but worth the wait. For the first time in their careers, they have a home in one place — at Irvine Road and Scott Street — and their studios in a location that is not also where they live.

Adam says they're enjoying the beautiful 15-minute drive to Queenston, along tranquil rural roads that delineate between their home and work space, now named the Willowbank Studio, and find most days they're accomplishing more than they might have otherwise.

The connection to the Willowbank Estate and School of Restoration Arts just up the hill, and having a couple of downstairs classrooms in the Walnut Road building used by Willowbank students, is a great fit for them. And they have the entire upstairs to themselves, for each to have large studios themselves, with enough room for the classes that are so important to them, and also space for Adam's paint grinding.

"It feels like there is something in the air, something special that keeps us feeling attached to our roots," says Sharon.

There is still some work to be done to complete the conversion from an old elementary school with history, to a cultural centre that respects that history. As Willowbank renovations are finished up the hill, that is expected to free up some classroom space in the lower campus that can be used by other artisans, "through a slow, organic process," says Adam. "We have high hopes for this building We're hoping for a makery space, and it's already happening."

When they've had time to build up enough of their own works, Adam and Sharon see using their studios to host their own exhibitions, but they have no plans for a public gallery.

Sharon is already offering classes in oil painting, teaching experienced artists a 16th century "sight-size" technique —

hand beside an artist's canvas, allowing the subjects to be an en plein air painting workpainted at their actual size.

floor workshop, which he has freshments will be available converted from a former staff room, using materials found in the school, for stretching riverbrink.org/ canvas and grinding paint, a skill he plans to teach. His large studio, one of two former upstairs classrooms, gives space for his large, bold, more abstract paintings using the oil paint he mixes. He also has a large woodworking space downstairs, where he designs and makes custom furniture.

The couple say they occasionally have locals drop by, who know the building is students and staff. Some of occupied, and are anxious to share their memories of when it was the village school, and curious to see how it's being ing their work. It will be open used now.

during an upcoming Open www.willowbank.ca. Doors event on Saturday, Oct. 16, planned on an Explore National Historic Site, at Queenston day, when they will welcome visitors to their have the Friends of Fort private studios to see their work in progress. Adam will also demonstrate the art of making oil paint, which they Heights. For more informaboth use for their art.

The Princess Street door to the upper floor will be open /index.html from 10 a.m. to 4 p.m. For more information about the artists visit www.sharon built from 1877 to 1879, conokun.com and www.adam structed of local limestone. markovic.com.

Willowbank Estate and The altar, commemorates Brock's School of Restoration Arts, as well as Brock's Monument at Queenston Heights, are all participating in the day, intended to showcase all that Queenston has to offer in arts, culture, heritage, history, and dents Association, with nine community.

of the Niagara River Parkway and Queenston Street, features exhibitions of historical and contemporary art, with supporting exhibitions from its permanent collection. follow provincial COVID-19 During Explore Queenston, RiverBrink will hold a fundraising sale of donated trea- https://covid-19.ontario.ca/

she demonstrates a group sures to support exhibitions of items, arranged close at and programming, will offer scheduled gallery tours, and shop. It will be open from 10 Adam is using his top a.m. to 4 p.m., and light refor purchase. For more information visit http://www.

Willowbank Estate (1834), at the Niagara River Parkway and Dee Road, is a National Historic Site and home to the School of Restoration Arts, with a unique three-year diploma program in heritage conservation — the only program of its kind in Canada. The house, grounds and woodshop will be open to visitors, who can also chat with the students will be working on projects, demonstrating different techniques, or sellto visitors 10 a.m. to 4 p.m. They expect more of that For more information visit

> Brock's Monument Queenston Heights, will George offering featured talks at noon and 2 p.m. on the Battle of Queenston tion visit http://friendsoffort george.ca/brocks-monument

St. Saviours Anglican Church, at 12 Princess St., was The Brock memorial window RiverBrink Art Museum, on the west side, above the death. Due to COVID, the church will be closed, but visitors are invited to walk the grounds.

Also partnering for the event is the Queenston Resifamilies holding yard sales RiverBrink, at the corner around the village, beginning at 8 a.m.

> There is no charge for entrance to Queenston landmarks, but donations will be accepted.

Participants are asked to public health guidelines. For more information, please visit



Sharon Okun in her studio on the top floor of the former Laura Secord Memorial School in Queenston. (Photos by Penny Coles)



Adam Markovic will demonstrate the art of paint grinding, using some of the tools of the Old Masters, during the Queenston Open Doors event.



Resident parking permits and dog licenses are now available for purchase/pick-up from Town Hall, at 1593 Four Mile Creek Road, Virgil, and the Niagara-on-the-Lake Community Centre, at 14 Anderson Lane, Niagara-on-the-Lake.

Please note: Town Administrative buildings are currently closed to the public. Town Staff is available to serve you online, over the phone, and by appointment between 8:30 a.m. and 4:30 p.m., Monday to Friday, excluding statutory holidays.

Please fill out the appropriate application form from the Town website (www.notl. com) and deposit the completed form, along with your payment, in the drop box at Town Hall or mail it to 1593 Four Mile Creek Road, PO Box 100, Virgil, ON LOS 1T0. You will be called when your permit and/or license is ready for pick up.

*NEW: Dog licenses can also be obtained through an online application and payment process at www.notl.com/content/dog-licenses.

Enjoy the long weekend!

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RESIDENT PARKING PERMITS

Parking Permits are available exclusively to residents of the Town of Niagara-onthe-Lake and entitle the holder to one hour of free parking at any parking machine in the Heritage District. Please note a valid piece of identification must be shown as proof of address in order to obtain a permit. Permits are only valid for the vehicle identified by licence plate number shown on the face of the permit and are nontransferable.

Permits issued are valid from January 1 to December 31 of any given year. Residents must therefore renew the permit each year.

The current resident parking permit fee is \$20.00. This fee is subject to change effective January 1, 2022.

DOG LICENSES

All dogs must be licensed by January 1, 2022. If you purchase a dog license before December 24, 2021, you will receive a \$10 discount off the annual licensing fee. Save an additional \$10 by providing proof that your dog has been spayed or neutered. You must provide proof of current rabies vaccination at the time of purchase to obtain a license.

The current annual licensing fee is \$22.00 for an altered dog or \$32.00 for an unaltered dog. These fees are subject to change effective January 1, 2022.

Trailblazers named on plaque at start of John Street trail

Penny Coles The Local

Niagara-on-the-The Lake community has been so supportive of the Heritage Trail, there was not unveiled last Wednesday to socks," and he did. recognize all the donors.

the plaque that greets people as they begin their walk, jog or bike ride at the John Street entrance, but there are at least two more plaques planned, those gathered at a small unveiling ceremony were told.

While officials and trail committee members waited to unveil the plaque mounted on armour stone, cyclists, parents and grandparents with children and dogs were making use of the newly refinished recreational path, made possible by donations from a very generous community.

Lord Mayor Betty Disero called the occasion to thank trailblazers and donors "exciting, but a long time coming.'

heritage trail volunteers and staff, led by town operations manager Kevin Turcotte, for the vision and hard work it took to see the completion of the first phase of the project.

MP Tony Baldinelli told the small crowd it was "a pleasure for me to be here, for many reasons," drawing a laugh, as he mentioned his recent re-election.

"We're here to celebrate community, its impact on raising funds, and importance to the trail, going back to its beginning."

But it's just the first phase," and we have more work to be done as we go through to Queenston and York Road."

MPP Wayne Gates also thanked those who donated, stressing the trail's heritage significance, and its health of the community."

"this is wonderful, but project would generate." guess what they're short of. The response, he said, was They're short of money."

He told the crowd that

"Our offices already 100 trailblazers listed on said of the federal MP, and suggested together, as elected officials, they should be doing everything they can to get the funds needed to finish the trail.

> "If we make sure the people in Queen's Park and in Ottawa know how important this is to the overall health of the community, I think we can do that. I'm saying today I think we can make this happen."

Gates said the trail is important to the town's heritage, "and we don't want to lose it to development."

To the applause of those gathered to hear his promise, he committed to working with all levels of government to get the project finished.

"If money is a stum-She praised and thanked bling block, we can do it together."

> the community," he added. "Politicians have a role to play here too."

> Regional Coun. Gary Zelepa walked along the trail to the meeting, and said he used to walk it when he was a teenager. "It's changed a lot, for the better," he said, offering to work with the region and other levels of government for more resources for the completion of the project.

> Coun. Allan Bisback, a member of the trail committee and also chair of the town's budget committee, said he was pleased to hear support for funding for the remainder of the work, fulfilling the vision of going all the way to St. Davids, and promising to get there. "In 2017," said com-

"I wasn't sure what kind donor plaque.

"overwhelming."

The idea of keeping the to celebrate Baldinelli's railroad alive is very imelection win, "I thought portant to him, he added, enough room on the plaque I should wear my blue and became even more so when he had some health problems this summer, and There are more than work close together," he was advised by his doctor to start walking every day.

With that thought in

took on a different signifi- said there are about 130 to begin working on the cance. I understood better donors who need to be the value of having a venue thanked and there will like this for the residents of be a second plaque at the the town. This is another Charlotte Street entrance. trail, another venue for more The fact that the work was people to have more oppor- completed "with local peotunities to get out more and ple's money, is really pretty exercise more, and I don't have anything more to say," he ended with a laugh.

Tony Chisholm, vice- added.

However, he added, of interest or support this mind, "the trails in town chair of the committee, significant."

A third one will recognize corporate donors, he of \$40,000 from Canopy

The committee is about cost of the next phase of the trail, but so far, the cost has been about \$100 a metre, and that's likely to be the case for future work, Chisholm said. About \$100,000 to \$120,000 was raised through donations, as well as a generous gift Growth.



"You can't always go to Heritage Trail Committee chair Rick Meloen and vice-chair Tony Chisholm show off the new plaque thanking donors. It's the first of three, and is located at the entrance to the John Street portion of the trail. (Photos by Penny Coles)



importance "to the overall mittee chair Rick Meloen, MP Tony Baldinelli, MPP Wayne Gates, Lord Mayor Betty Disero and Tony Chisholm clap at the unveiling of the Heritage Trail



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FINE HOMES AND ESTATES OF NIAGARA-ON-THE-LAKE



From Cathy's desk: library helping farm workers



Cathy Simpson NOTL Library CEO **Special to The Local**

As mentioned in last month's column, we're implementing our four-year strategic plan and this month, I'm highlighting library staff serving our migrant worker community. Bringing library programs and services to all areas of the municipality, community events and to those who cannot come to the library is one of the goals of our second strategic direction, "build community." Community engagement coordinator Debbie Krause has been going out to the migrant worker community over the last few years to better understand their needs and how best to meet them.

This year, thanks to an expanded Young Canada Works program, we were able to hire Mariana van Berkum on contract to assist Debbie. Mariana moved with her family to NOTL from Colombia in 2008, and attended Parliament Oak and St. Michael Catholic elemen-Secondary School and is to take free of charge. currently a fourth-year Wilfred Laurier University.

Spanish, which has been a from workers. As Mariana ex-

local services and agencies that advocate for and help migrant farm workers. Debbie and I wanted to set up in a location where the workers could easily reach us, so we could create a bond and discover what services the library could provide. With the opening of the Migrant Worker Hub, run by Julia Buxton-Cox, it gave us a great location where we could connect and do outreach work."

When I asked Mariana what kinds of services migrant workers need, she explained the first thing they asked for was help printing and laminating vaccine receipts. Laminating receipts for over 500 workers opened the door to conversations about their needs and what the library could do for them. Max Ramos, dent page at the library since 2016 and is currently in his fourth year of political science studies at Brock The Hub and explains vacreturn to home countries. Max, Mariana and Debbie set up an internet hotspot, printer and laminator every Thursday at The Hub Bloom volunteers provide produce from our commutary schools, Holy Cross nity garden for the workers The Hub, staff and migrant

criminology major with a saw some of the farm scribes it, "we realized our minor in law and society at workers from The Hub at the library. "They used Mariana knows the the printer/copier to crecommunity and is fluent in ate copies of their work schedules for themselves huge help building rapport and other workers that fortable, they began asking and gathering information lived with them. The main for help filling out applica-Spanish-speaking obstacle preventing more tions, printing documents migrant workers from and translating forms. plains, "after doing some coming to the library is Each week we realized the research, I created a flyer transportation and free library offered services with information about time. They have the money workers needed but lacked



who has worked as a stu- Library staff Sarah Bower and Debbie Krause help laminate vaccination certificates for farm workers when they fly home. (Photos by Jane Andres)

to pay for printing/copying accessibility to, so it was services and have a need University, also works at for Wi-Fi but the library is a significant distance cine receipts are needed to from most farms, and they almost only rely on bikes. Additionally, since they have limited hours off work, many don't want to spend the majority of and Communities in those hours commuting to and from the library."

After a few months at workers got to know each Over the summer, Max other and, as Mariana depresence was extremely appreciated once we started establishing a connection with the workers, and as they became more com-

great that we were able to go to them." In addition to work-

ing directly with migrant farm workers, Debbie also works with library, church, health and social justice organizations who support the workers. She is pleased to report these groups are now working more closely together. She also shared learned from our time at The Hub:

- transportation fice, etc.
- Both Spanish and Enclasses.
- Many requested assistance filling out governgration.
- Many do not know munity." where other farms are

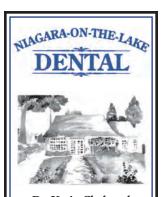
a general lack of geographical about the area.

Many had no idea how to navigate the health care system — in fact, they were unaware they had a health card number.

Mariana also saw the need for literacy classes and for recreational some of the things we've classes, such as painting, "something they could do aside from work, in a • There is a lack of safe different but safe environfrom ment." Max sums up his most farms to services Hub experience this way: like The Hub, library, "I was really happy I got grocery stores, post of- to help with the program this summer. I learned a lot about the migrant workglish-speaking workers er community and think want English literacy this community is often overlooked or ignored in conversations about Niagara-on-the-Lake. This ment forms for things experience helped me to like pension and immi- understand the major role that they play in the com-

Library staff and volunlocated — farms where teers, such as Jane Andres, they have friends and Julia Buxton-Cox, Terry

family — and there's Weiner, Mark Gaudet and many more, are making knowledge sure the migrant farm worker community isn't overlooked, and is better served. We are honoured to work with them.



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Evral Gardner, with library staff Mariana van Berkum and Max Ramos, who helped out at the farm workers Hub.



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THE NOTL Gocal October 6, 2021 **EDITORIAL** notllocal.com Hoping all can find reasons to feel grateful

es, this traditional time of gratitude may be impacted by our frustration with a COVID pandemic that just won't go away.

6

Thankfully, we're able to celebrate, with fewer restrictions than last year, but we're still urged to be cautious.

And we're the lucky ones. Many countries, even some of

As Thanksgiving approach- off than we are, in Ontario and they love to this deadly disease. er. Good health. Hugs. in Niagara.

> and families are still losing loved ones, still far too many. Hospitals and intensive care units are still seeing COVID patients, especially out west, where cases are higher than normal life. That's meaningful. they've ever been.

We may have to look very People are still getting sick, hard, but if we do, maybe we can great outdoors. find room for some gratitude.

> This time last year, we didn't have vaccinations. Now, because of them, we are starting to see some return to a slightly more

And many of us feel we've Our hearts go out to all learned what is important in our provinces, are much worse those who have lost someone our lives. Family. Being togeth-

And for Skype, or Face Time, or whatever allows us to connect with those important to us.

We should be grateful that at least in Ontario, at this moment, our health care system is back on a more even keel than it was a year ago. And will hopefully stay that way.

We're happy to have local they have to offer, and fingers crossed they will stay open.

I know we at The Local are grateful to be the voice of this community. We appreciate readers sharing their stories with us, and we are thankful for the advertising support of businesses. We couldn't do this without you all!

Whatever each of you is do-We can be grateful for the businesses open, to enjoy what ing for Thanksgiving, we hope you can find something that makes you feel grateful, that brings you some joy, despite this difficult time we're all going through.

> However you celebrate the day, be safe!

Penny Coles The Local

Let's see what we can accomplish before Sept. 30, 2022

To redress the legacy of residential schools and reconciliation for the harm done, the Truth and Reconciliation Commission of Canada report called on governments, as well as educational and religious institutions, civil society groups and all Canadians to take action on the 94 Calls to Action it identified.

That was six years ago, and most have not been implemented, or at least not fully.

One of the calls to action was to have a federal day recognizing the need for Truth and Reconciliation. That, at least, has been done. If only our Prime Minister, who supported a day of recognition across the country, had decided to follow up with some positive, personal action. Even taken his family along.

But he didn't.

their leaders and their activists, have reason to be frustrated. All of this is taking too long, and still not getting the recognition it deserves.

Last week, we finally had a day to indicate our country is moving forward. However, it seems many of us were wondering what to do to acknowledge its importance. There was little, locally, at least, that gave us a public opportunity to do so.

And maybe that was the point, at least for this year.

The town did organize some activities, but not for the public.

Town staff were assigned to complete Truth and Reconciliation Cultural Awareness Training, a three-hour online training program. They also had Eddy Robinson, a virtual, Indigenous keynote speaker, share and edu-

And Indigenous peoples, cate staff, council, and commu- said, and not overdone. nity partners on his experiences, and the significance of Truth and Reconciliation.

> On the federal day of recognition, all staff were encouraged to wear orange shirts, and were invited to participate in a ceremony and time of reflection to acknowledge the day.

> Additionally, staff worked with the NOTL Museum and library to prepare a social media plan highlighting Indigenous figures, and the town website also has a page about Truth and Reconciliation.

Lord Mayor Betty Disero said she and CAO Marnie Cluckie discussed how to handle recognition of the day, and decided it should be out of the eye of the public, quiet, sensitive and reflective. It was important to be respectful, she

Lord Mayor Betty Disero, Coun. Wendy Cheropita, operations manager Kevin Turcotte, Coun. Allan Bisback and CAO Marnie Cluckie raise a flag on Sept. 30 to recognize The National Day of Truth and Reconciliation. (Photo supplied)

"What really matters is

what we do the rest of the year, every day of the year, how we reach out to the community and involve everyone in the community."

members of the Indigenous we could do to recognize the day, community to talk about town committees, and offer any opportunity to be involved, she said, to offer something impactful, day to day.

There may be something more, involving the public, planned next year, "but if we do something, it has to be in a terribly costly, and even if they

big and splashy. Meaningful is more important." And it must have the support of the leaders of the Indigenous community, she added.

So back to last week. For The plan is to reach out to those of us who weren't sure what we were asked to read the Truth and Reconciliation report.

> The explanations of the 94 calls to action is not difficult reading. In fact, at every turn, I found myself asking why it's taking so long. Most of the recommendations would not be

meaningful way. We don't want are, each and every one of them is the right thing to do. Should have been done. Must be done. For those of you who haven't read the report, and the calls to action, give it a try.

Maybe by next year, we can read about what more has been accomplished, and see complete fulfilment of what has been asked. In the meantime, we can encourage our leaders to take action, and look into ourselves, to see what each of us, individually, can do.

> **Penny Coles** The Local

Nature can't be blamed for some crazy names



Owen Bjorgan Special to The Local

Across the natural world and our names for other living things, there exists a slough of both inquisitive and humorous found in warm but healthy names for our fellow species.

gent of success for survival and versity compared to the rest of

they remain unharmed by nicknames and official names alike, as they are separate from our musings on paper and conversation.

Mind you, if you were called a lake chubsucker, odds are it would raise some eyebrows from your peers. This endangered and nationally rare fish, despite its name, is often streams across extreme south-For a moment, we must ern Ontario. As touched upon recognize that none of the in previous articles for The following trees, fish, fungi or Local, by being in far southern amphibians chose their names. Ontario, we happen to live in They simply operate on a tan- a region of unparalleled biodi-

reproduction. Unlike people, Canada, known as the Carolinian Forest zone. This fish exists nowhere else in the country, let alone the province.

This comes at a cost for the lake chubsucker. This small, ordinary-looking bottom-feeder is running out of warm and healthy ecosystems in the Niagara Region and its rapidly expanding developments. Similar in appearance to a carp, but much higher in unique significance, this fish is affected by habitat loss and increased sediment input into local streams. It's almost like it is being unintentionally bullied for its name.

Continued on page 7





Donald Combe Special to The Local

At first I considered this, On the Verge (Netflix, 2021) drivel, then I was caught by the machinations of four women

"on the verge" of midlife crises. Each of them doing her best, but not quite making it; however, each supported by the other three. Interesting.

Donald Combe is a retired English teacher who loves

to go to movies. Until he resumes going to theatres, he has graciously agreed to share his opinions, through "short and sweet" exclusives, of Netflix series and movies for The Local.

P.O. Box 430, 1596 Four Mile Creek Road, Virgil, LOS 1TO

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COMMENT ____



Owen Bjorgan found a lone Kentucky coffee tree in Short Hills Provincial Park. Nationally rare Kentucky coffee trees have been planted as part of Owen Bjorgan's tree-planting efforts in Virgil. (Owen Bjorjan)

Coffee trees now in Virgil

Continued from page 6

Perhaps, once upon a time, before European settlement on the Niagara Peninsula, the threatened lake chubsucker would have swam by the Kentucky coffee tree. I know — it sounds like a strange nursery rhyme or childhood story destined for replication across generations. However, the Kentucky coffee tree's unusual name represents just how unusual it is across Canada.

Earlier this year, a lovely couple attended one of my eco-wine hiking tours. Through small talk during the tour and after a couple of sips, I told them about the 30 native tree species I had planted as a personal reforestation project on the outskirts of Virgil. They then told me about a Kentucky coffee tree, a species found between Niagara and Windsor and nowhere else across our great nation, that was growing and sprouting suckers (young trees that form off of the parent tree nearby) in their backyard. They offered to transport the suckers, now saplings, to my farm to add to the species richness of the landscape. I excitedly obliged and thanked the day- DNA arrangement existing in just innocent, collateral damlights out of them for such a limited locales. It is a peculiar age of our developments and kind offer. I will drive great but honest sign that life has name-calling alike. distances for few things, but boundaries but can succeed amazing people and rare trees are part of that category.

rural Virgil. What do Kentucky and Virgil have in common, for conversation and conservation sake? They are both part of that Carolinian Forest Zone. Species like the Kentucky coffee tree, with their unusual alternate leaves and gangly stature, are more common in the southeastern states, but they can survive on minimal environmental standards up here in southern Ontario.

This adds to the miraculous biodiversity of our area. Just today, hours before writing this article, I found one of these trees as a stand-alone relic in Short Hills Provincial Park for the first time in my life. It appears to be the only recorded location for this tree across the peninsula, and now, there is a small family of them in Virgil. These trees will not be competing with Timmies for coffee sales, though. Yes, you can make a hot beverage out of the seeds in its pods, but you must roast them properly or else the beans are toxic to consume. Given that fact, plus the species rarity, it is simply a tree to admire as a national gem when man's fingers). The various speyou encounter it. To me, there cies that fly, swim, slither and is nothing cooler than a unique grow in our surroundings are

ning their lives along a creek in imperfectly and unpredictably. Sometimes, the leaf of this small but explicit tree species, once again unique to southern Ontario, grows as a unified lump, or sometimes as a threetoed dinosaur footprint.

> Bounding from sassafras to sassafras might be a small, grey and white bird known as your resident dark-eyed junco. If you find one of these in a back alley of the big city, I'd run from a dark-eyed junco, too. Luckily for you on your walk along the Niagara Escarpment and its stand of sassafras trees in Queenston, this small yet beautiful sparrow is far from a worn out drug-dealer. It bounces gingerly above the very forest landscape in which wild ginger still grows, looking for seeds and small insects to fulfill its perpetual diet, blissfully unaware of the loaded name our society has applied to it. Oh, to be a dark-eyed junco and exist in perpetual peace.

> I think it's funny to sit back and think about the names we have given to plants and animals (and don't even get me started on fungi, like dead

- Local LETTERS-

Niagara Foundation hopes for input in planning decisions

was established as a charita- integrity of the entire town ble organization in 1962 to of Niagara-on-the-Lake. promote the history, tradiagara area.

Historical landscapes and viewscapes are currently engaged in with have always been a focus of a view to determining imthe Foundation. In some instances, this has involved advocacy for the preservation of buildings endangered through development. Others were buildings threatened by deterioration and commitment to our town's lack of use. Over the years special character through the the Foundation, along with options you have available to other heritage groups, have you - zoning bylaw amendmade presentations to various levels of government, al zoning that manages our commissions, committees streetscapes and developetc. promoting the preservation of the architectural,

The Niagara Foundation cultural and environmental town's Official Plan will not

It is with this in mind tions and culture of the Ni- that we appeal to council to approach the planning buildings, workshop discussions you mediate steps to be taken to retain the precious heritage and architectural character of Niagara-on-the-Lake. We look forward to council expressing a clear and strong ments, a return to contextument of community plans.

be reviewed for approval by the region until the region's Official Plan review is complete (estimated to be July 2022). Council should be seeking immediate solutions from the experts conducting your planning workshops. We look forward to hearing the outcome from the workshops and to hopefully being invited to participate in a public session.

The Board of The Niagara Foundation Jane Dagg, Viviane Elltoft, Michael Fox, Lyle Hall, **Richard Merritt**, Brad Nixon, Sam Ridesic, Albrecht Seeger, Paul Shepherd, Gabe Takach, Janice Thomson

We understand that the

Lawns can be harmful to the environment

environmental responsibility, it is disheartening and ing), and 50-plus million angering to see that people continue to water their for what? Lawns provide lawns, let alone during a virtually no habitat for polrainfall!

was raining and we are in vertebrates and insects. the month of October.

In this day and age of hundreds of millions of gallons of gas (for all that mowpounds of pesticides. And linators and other animals On a recent walk, one and plants that make up a such home on Queen Street healthy, diverse ecosystem. had multiple sprinklers go- In fact, these lawns can be there was no need, since it environment and to both

A manicured lawn, in Every year across the my opinion, is nothing country, lawns consume more than a sign of vanity. approximately one-plus tril- We live on a planet where lion gallons of water a year, water scarcity is a reality,

and we don't need to look further than our own country where some Indigenous communities continue to be without clean, running water. And yet, in privileged communities like Niagara-on-the-Lake, we are being frivolous and wasteful.

I believe it is high time ing at full blast, and yet, substantially harmful to the that elected officials look into making lawn watering a thing of the past.

> Thank you for taking the time to read my rant,

> > **Catherine Butler** NOTL



tucky coffee trees are begin-

within them.

As we speak, three Ken- ly linguistic name goes to the book by its cover, or an element sassafras tree. Its leaves grow of nature by its name.

All I know through my childhood and biology studies Another fun and unusual- is that we should never judge a



com. Please try to keep it to about 350 words. Sorry, but we won't publish anonymous letters. And please stick to the issue at hand, rather than attacking those involved. The deadline is Monday at noon.



IT'S HOME IMPROVEMENT TIME! Overhead Door[™] **Residential Garage Doors**

Submitted by **Overhead Door**

Overhead Door Company St. Catharines™, has been in business since 1962, serving the Niagara Region for over 50 vears. Overhead Door Company St. Catharines[™] name has long been associated with professional installation and repair service in the upward acting door industry. Through superior craftsmanship, innovation, engineering excellence, and well trained installers, they continue to provide the highest quality products and the best service.

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How To Pick the **Best Garage Door**

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strong, durable and each have price points. In order to pick the perfect fit for your home we have developed the DoorView® garage door designer. This interactive visualizer tool helps you allows you to see how it will look on your home with just the push of a button. You can also try it on your Apple iPad and Android devices.

Maintaining your **Garage Door System**

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Gocal VOICES: Perspectives on the STR discussion

John Foreman President, NOTL B&B Association

There has been a flurry of articles in the NOTL press in the past few weeks concerning short-term rentals (STRs). The negative bias and misinformation in some of these articles is very concerning, especially the casting of STRs as a blight on the town, and the calls for their elimination. As president of the Niagara-on-the-Lake Bed & Breakfast Association (BBA), and a B&B proprietor myself, I would like to provide my perspective, and suggest an approach to addressing concerns regarding STRs.

First, I would like to provide a bit of background. My wife and I moved here four years ago, purchasing a house in the Old Town which had been a B&B for the past 20 years. Our plan was to run the B&B for some number of years as a semi-retirement rentals are primarily vacaactivity, prior to fully retiring in NOTL.

We had first stayed at a B&B some 40 years ago on their property out at other our honeymoon, and have times to help defray the cost always had a soft spot in our hearts for the B&B experience - charming homes, welcoming hosts and hearty breakfasts. My wife and I had stayed at B&Bs in NOTL (and hotels too) many times over the years and the thought of running one, especially in the wonderful town of NOTL, was one we could embrace with enthusiasm. We have also stayed in cottage rentals over the years, although not in NOTL, and found that they can be a great form of travel accommodation as well, especially when travelling with children, family or friends.

involved in not-for-profit According to the 2016 cenorganizations in our pre- sus, there were approximatevious community, and we ly 7,964 private dwellings in have sold in the past year, soon found ourselves getting NOTL (and this has likely and many of them were sold involved with the B&B As- grown since). Of the 255 lisociation. I now find myself censed STRs in NOTL, about serving as president of the 150 are B&Bs, leaving 105 organization, unexpectedly involved in many issues I rentals. Thus, licensed cotnever knew existed just a few years ago. I have learned a great deal about STRs over the past four unlicensed cottage rentals years. I am told that not too many years ago, NOTL was considered the B&B capital of North America, with over 300 B&Bs. Now it is estimated that there are perhaps 150. As B&B numbers have gone down, cottage rental Even making allowance for numbers have gone up (especially as the popularity of Airbnb has grown). Whereas most B&Bs are licensed by the town, the percentage tributes more to the hollowof cottage rentals that are licensed is lower, making this

being a source of problems. B&Bs have required licences in NOTL for decades, however it wasn't until 2013 that a bylaw was introduced that covered the entire STR spectrum. NOTL's 2013 STR bylaw defined STRs as including B&Bs, cottage rentals, villas and country inns. By definition, B&Bs and cottages have three bedrooms or less, villas and country inns have four bedrooms or more. In 2020, the town introduced an updated STR bylaw (more

on this in a minute).

Whereas B&Bs are almost all owner-occupied, cottage rentals are generally not. There is apparently a belief in some quarters that most cottage rentals are owned by greedy out-of-town investors who seek to siphon off profits from NOTL's prosperous tourism industry. From my knowledge, most cottage tion homes, owned by individuals who want to spend part of the year here and rent of ownership. Most of these folks plan to retire to NOTL in time. I have combed through the town's list of licensed STR properties and have found that there are very few cases where properties are owned by a company and only a handful of cases where an individual or company owns more than one property. Info on unlicensed properties is not available, but I believe that the perception of STR owners as greedy out-of-town investors is exaggerated.

Similarly, I believe that statements about STRs hollowing out NOTL's neigh-My wife and I had been bourhoods are overstated. as unhosted cottage or villa tage rentals account for just over 1 per cent of the private dwellings in NOTL (adding might increase this number to around 2 per cent). By comparison, the 2016 census indicated that there were 875 homes not occupied as a principal residence (these are generally vacation homes). the number of these which are rental cottages, I suggest that the number of unoccupied vacation homes coning of NOTL than STRs do. By way of example, on my

segment more vulnerable to block, there are eight houses. One of these is a B&B (ours). One is a villa rental (whose owners live locally). Two others are vacation homes that are not rentals and are left empty for most of the year. Yet another house is a vacation home that has been owned by the same family for many years, and is used frequently. The remaining three houses are lived in by full-time residents. In total, five homes out of eight are in full-time or frequent use by long term NOTL residents. Of the three houses not occupied by NOTL residents, only one is a STR. I suspect that this situation is more typical than not. Yes, there are a significant number of houses not lived in full-time by NOTL residents, but STRs are only one contributor to this situation.

Similarly, there is a belief by some that STRs are responsible for driving up the price of homes in NOTL beyond the ability of average families to afford. Once again, I believe that the concern over the impact of STRs on NOTL real estate prices is overstated. If unhosted STRs account for just over 1 per cent of properties, they assumably account for a similar percentage of real estate transactions each year. It would seem unlikely that STRs are the main driver behind high real estate prices in NOTL.

The reality is that NOTL is a very popular place to live and there will always be strong demand from people looking for vacation homes or retirement homes in NOTL. As a result, prices will always be higher than the surrounding area. As a further point, by our informal count, approximately 10 to 15 per cent of NOTL's STRs as private homes, not B&Bs or cottage rentals. Frankly, with property values so high, the appeal of buying a house in NOTL purely as a STR is greatly reduced. In any case, it is unlikely that eliminating STRs would produce much more than a temporary blip in NOTL's ever-rising house prices. On a related note, a particular concern of mine (living in a historic home as we do), is that eliminating STRs would result in many quaint older properties being sold as private homes and being either renovated beyond recognition or replaced with modern-looking homes. I can see examples of



Continued on page 9

Worth seeking solutions to legitimate concerns

Continued from page 8

this today as I walk around the Old Town. I believe the disappearance of the small, quaint older homes once so common in the Old Town is a great loss for the town and would be accelerated by eliminating cottage rentals.

To be clear, I am not trying to downplay the concerns of residents regarding STRs. There are certainly issues to address. But I do believe that STRs in all their forms add value to the town and that a movement to eliminate STRs hurts the tourism industry and ultimately hurts the town.

I believe that it is worth seeking solutions that adwhile allowing STRs to survive and thrive. I don't dethere are perfect solutions to these concerns, but I certainly believe there are bad ones. For example, implementation of a "principal residence" requirement, whereby STRs

cottage rentals. rentals have been a feature hired the firm Granicus of NOTL for many decades. Host Compliance to assist They not only provide an alternative for families and it looks like progress is begroups for whom hotels are ing made. I believe that last not a viable option, they also help reduce the cost per day of a stay in NOTL (especially a licence. by not having to eat out for every meal), and allow visitors to stay longer and participate in more activities. Their disappearance would be a great loss for the town.

I would like to suggest three cornerstones for successfully addressing concerns around STRs: licensing, bylaw enforcement and stakeholder consultation.

The first cornerstone is lidress legitimate concerns censing. The precise number of unlicensed cottage rentals is unknown, but it is estimatceive myself into believing ed by some to be comparable to the number of licensed cottage rentals. It will be impossible to address the concerns around STRs unless holders. In the fall of 2020, the unlicensed properties, council was presented with which I believe account for a revised STR bylaw package must be owner-occupied, a disproportionate number that included many terms test this proposition. We are

would essentially eliminate of the issues, can be brought that would have been very now faced with the proposal character of NOTL and pro-Cottage into the fold. The town has with this. It is early days, but month 12 properties were fined for operating without

> is fair and consistent bylaw enforcement. Historically, the town has not had the ability to effectively enforce its STR bylaws, especially with regard to noise complaints, with the result that people come to believe that more rigorous bylaws are required, when in fact what is required is more rigorous enforcement of current bylaws. That said, it is important that the bylaws be fair, enforceable and effective, which leads to my next point.

> My third recommendation is for consultation and collaboration with stake-

These terms were put forward in response to feedwith some very specific issues, but the proposed remeoverly severe.

At the suggestion of the tial impact. The second requirement B&B Association, a tempoformed, including councillors, tourism industry citizens. The committee investigated the issues thorneeds of all stakeholders.

long for an opportunity to

punitive for STR owners. to implement a Municipal Accommodation Tax (MAT) in NOTL. There are some back from some citizens very vocal individuals in the town that support this direction but there are many in dies were heavy-handed and the tourism industry that are

rary STR committee was believes that the best way to move forward would be to create a temporary commitrepresentatives and NOTL tee of stakeholders, as was done with the STR bylaw, and let them work through oughly and objectively and to ensure that decisions are proposed solutions back to made in a spirit of collabocouncil that would serve the ration and fairness, with the best interests of our com-That committee is on hold munity's future in mind. In for now, having fulfilled its particular, it will be importpurpose, pending presenta- ant that any possible MAT tion of its recommendations be in synch with the overall to council. We believe the Tourism Strategy for NOTL work of the STR committee and that good governance fast Association hope that has led to a more fair, en- and transparency be in place the talents and creativity forceable and effective STR around the spending of bylaw and provides a model MAT-generated funds. The for dealing with future issues. B&B Association would wel-We may not have to wait come the opportunity to participate in such an activity.

I believe STRs add to the asset of our community.

vide forms of accommodation a significant number of tourists are looking for. STRs have been part of the tourism ecosystem in NOTL for many decades. For my wife and I, and for many others, concerned about the poten- they are a part of the charm of the town and, in our case, The B&B Association are a significant part of the reason we are here. While there are legitimate concerns to address regarding STRs, I certainly believe that on balance they add to the town, and that proposals to eliminate STRs are misguided and would ultimately hurt the town. It would be far better to leverage the proven approach of consultation and collaboration to find solutions that serve all stakeholders.

> We in the Bed & Breakof the many stakeholders in NOTL's success can be brought to bear to address the issues of concern while preserving this very valuable



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Learn & Live: enriched learning opportunities for all ages

Cindy Grant Terry Mactaggart Larry W. Chambers **Special to The Local**

The Learn & Live program is a new initiative that arose from one of the recommendations in the Town of Niagara-onthe-Lake Community Wellness Committee's report to council.

A small steering committee of local people has been meeting since the spring of 2021 to develop this initiative; the ulum of themed seminars and discussion groups around a vaperiod of several months. The Larry W. Chambers Learn & Live program will be integrated with other programming offered by the NOTL Public Library.

theme for the 6:30 to 8:30 p.m. how learning is our most pow-Tuesday sessions will be "Com-

ing." All sessions are being times, money, food, employheld in-person at the NOTL ment insecurities, housing Public Library. To register go to problems, and family turmoil https://notlpubliclibrary.libnet. are just a few of the threats that info/event/5610681

in-person attendance is limited to 25 seats. All sessions will be broadcast live through the library's facebook page and will be available on the library's Youtube site following each session.

The three sessions are: October 12: The Emotionprogram will present a curric- al Wellness of Learning, led by science-based learning strate-Dr. Ron Clavier

riety of topics delivered over a Risk of Dementia, led by Dr. attitudes that these threats can

December 14: Aging Well, led by Dr. Sam Thrall

and clinical psychologist who they work for people of all ages. During the fall of 2021, the lives in NOTL, will describe erful tool to reach emotional

can leave us feeling anxious Due to COVID restrictions, and depressed. These feelings are often worsened significantly during times of socio-political upheaval, climate change, and a global pandemic.

Dr. Clavier acknowledges that we may not be able to eradicate such threats. But he will introduce effective neurogies that identify and challenge November 9: Reduce your the negative self-images and engender. Importantly, these strategies can be learned in early childhood; by reward-Dr. Clavier, brain scientist ing healthy brain functioning, Learning is the gift that frees people to change their minds about their personal situa-

things can, indeed, improve.

Dr. Chambers, former scientific advisor to the Alzheimer Society of Canada and Research Director of the Niagara Regional Campus of the McMaster University's Michael G. DeGroote School of Medicine, will speak on how we hear many people and care providers talking about "confused older people," but these people talking about older people are confused. There is widespread confusion about, for example, the relationship between normal aging and dementia, and the relationship between dementia and Alzheimer's disease.

In addition to this ignobeliefs about dementia and normal aging. Almost all of these errors sustain the belief that until a drug for Alzheimer's disease is developed there

society can do about dementia. However, there is strong evidence: first, that the brain is plastic, not static, and can improve at any age; second, that action can be taken by both individuals and society to reduce the risk of dementia. Research and development on interventions to prevent or treat Alzheimer's is of vital importance, but there is strong evidence that other causes of dementia can be prevented or reversed.

Dr. Thrall, geriatrician at Niagara Health and an Assistant Professor, Niagara Regional Campus, McMaster's Michael G. DeGroote School of Medicine, will address quesrance, there are many wrong tions including: What is healthy aging? What does it look like? Can we stave off frailty, dependency, and cognitive impairment, or are they inevitable? What can you do to age well?

ing of Age: Wellness of Learn- wellness. Even in the best of tions and gives them hope that is nothing that an individual or Come and hear what a physician, who specializes in the care of older adults with complex issues, has to say about these important questions.

If you have questions about the program or suggestions for future programs, please contact Cindy Grant Cgrant36@ cogeco.ca or Terry Mactaggart mact@bell.net

We look forward to seeing you on Oct 12!



Pre-pandemic, Cindy Grant was able to present the Wellness Committee's report to council. (File photo)

National Day of Truth and Reconciliation



Kids recognize Orange Shirt Day



St. Michael students did their best to honour Orange Shirt Day, which was chosen to also be the day to recognize Truth and Reconciliation. (Photos supplied)

Royal Oak students learn about Annishnaabe culture



The Royal Oak Community Centre Grades 3/4 class had the opportunity on last week's National Day of Truth and Reconciliation to learn from Annishnaabe artist, Jamie-Lynn. She shared knowledge about the Annishnaabe culture and some traditions, while teaching the class how to make a medicine bowl with the four directions, and gifting sacred medicines of sweetgrass, cedar, tobacco and sage to the students. (Photos supplied)



The Early Years class members learned to count to 10 in Mohawk by using rocks, on Orange Shirt Day.







St. Michael students Leo Pillitteri, Emilia Bessey, Jonah Pereira, and Emilio Kauzlaric (with his hat on backwards), play ball in their orange shirts on the National Day of Truth and Reconciliation.

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THE NOTL Gocal October 6, 2021 11





Golden Years Guide

TO LEARN MORE VISIT

Boost happiness and well-being in your golden years

As we age, many of us realize that we may lose some strength and flexibility. But staying active and healthy as you get older can prevent this and is easier than you think. All it takes is keeping a few lifestyle and wellness tips in mind:

Exercise your body

Getting at least 150 minutes of exercise a week including light cardio and muscle- and bone-strengthening activities is recommended and helps maintain your posture and balance. These exercises could include

climbing stairs, walking, dancing or simple yoga poses, all of which you can do outdoors or indoors as the weather cools in the fall. Even practicing a few new stretches or balance exercises, such as standing on one foot, can make a difference.

Learn something new

Research shows that trying your hand at something new helps your brain forge new pathways and keeps your mind and body engaged, which is key to maintaining one's overall well-being. Consider learning tai chi, which is a gentle way to reduce stress and anxiety while improving flexibility and balance. Or you can take up a new language to exercise your mind there are apps that even turn it into a fun game.

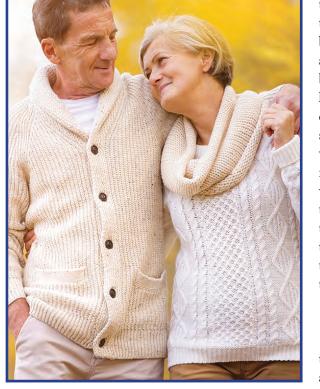
Have a backup plan

"Accidents can happen to anyone, even to healthy and flexible people in their

fifties, so it's important to be prepared and think ahead in the event of a fall or other accident," says Dr. Samir Sinha, director of health policy research at the National Institute on Ageing. "Yet more than 30 per cent of older Canadians report not being prepared to manage medical emergencies when alone."

To help stay safe in an emergency, older Canadians can also use discreet and wearable technology that can connect you to 24/7 live emergency support and even provide automatic fall detection. It offers peace of mind at home or while on-the-go and can be worn discretely on your wrist or around your neck.

Source: newscanada.com





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Local writer works with 'street cop' on memoir

Penny Coles The Local

A retired RCMP officer from Nova Scotia has chosen to open up about some of his experiences during his career, what it's like to struggle with post-traumatic stress disorder, and him about his career "was how he is dealing with early-onset Alzheimer's.

To do that, he has been receiving assistance from Beverley Hotchkiss, a Niagara-on-the-Lake woman who has edited and co-authored two other books.

She was isolating during COVID, she explains, and looking for work she could do from home, when she saw an advertisement from Patrick Guy Roy, looking for someone to help him write his memoir. He wanted to share his life story and leave a legacy for his children, and was also hoping it would exercise his brain and strengthen his memory, delaying the progression of Alzheimer's.

Hotchkiss thought it was something she would be interested in doing, and they spoke by phone and hit it off. A few days later she was offered the job, and was happy to take it.

Hotchkiss has yet to meet Roy in person, but has had nine months of phone conversations and virtual meetings when they're working, as well as sharing personal life stories over beers and relaxing while playing board games, building a close friendship alongside with a productive working relationship.

She compares Roy's fear of Alzheimer's as taking him into retreat, unable to socialize in the way he was accustomed to, as somewhat similar to going into isolation during the pandemic, "except we know we're going to come out of it. He isn't. He's going deeper into it."

Roy is 62 years old. reer as a police officer, and the incidents that led to his PTSD, by putting the thoughts and feelings he had been unable to share in conversation with his famexplains. She knew very little about the police as she took on this challenge, she says, other than they were to be avoided, for the tickets they were inclined to write.

of Nova Scotia to catch bad children.

felt so in tune with Roy she policing friends. says, is that she grew up enduring sexual abuse.

a full-circle moment for respective locales and chat." me. He was trained to work on the street, and in sexual formed her understanding abuse, working with women in the same situation as I experienced."

They hadn't been talking long, she says, when he ing Roy's writing - he sensed her understanding would tell his stories, but had come from a deeper they would read like a poplace.

you?" he asked, and Hotchkiss was able to talk about her experiences, knowing that openness and understanding was needed for story," she says, with her them to work together.

There was much they shared that isn't part of the book, but helped develop not only a friendship but furthered her understanding of policing, and what Roy, his fellow officers and all police experience, dealing with sexual predators, people with homicidal schizophrenia, domestic violence, drugs, international kidnapping, and a "litany of life-threatening situations, in a career that historically negates male sensitivities bad experiences, there are and emotions."

Although the book was originally meant for Roy's family, Fighting the Good Fight has turned into a story with a much wider had to be in control of evaudience, says Hotchkiss, ery aspect of her life, canincluding active and retired men and women in that control, and live for the policing across the country, those who are suffering from PTSD, and people with Alzheimer's, especially other men. It's become a tive and open to what will book that will help others in society, she says, not only those dealing with similar a writer and an artist, and issues as Roy, but their fam- discovered during the pan-

ilies as well. When he was diagnosed branched out and will at- she loves. She also loves her with Alzheimer's two years tract a much larger audi- NOTL community, who ago, he decided he want- ence. It is tapping a much rallied around her and sured to write about his ca- bigger audience than a rounded her with love and memoir for his kids." In doing research, she says, she learned there have been very few news stories ra College, and hopes there and few publications from a 'street-cop' perspective ily into a book, Hotchkiss that deal with the lasting effects of PTSD, and that though there are more than 747,000 people living with Alzheimer's in Canada, "in my market research I was unable to find a single book written by a man with Alzheimer's." There has been much changed drastically since written about Alzheimer's, in Roy's hands "before the by medical experts, and by women who are in the early He spent his life as a stages of the disease, but not by men, who tend to be hes-

During the course of guys, protecting those most working with Roy, Hotchvulnerable — women and kiss spoke to his three children, his current partner, One of the reasons she his brother, and some of his

There have been evenings, she says, when she, Listening and talking to Roy and one of his buddies, "would grab a beer in our That experience has transof these men, their profession, and "the pain and sensitivity that they carry."

Her work became taklice report, she says — and "What happened to through their follow-up conversations, she could fill out the stories, add dialogue and bring them to life.

"It is his voice, and his name on the book as editor.

With the writing behind her, Hotchkiss says, "I'm not sure what the universe holds for me next." She has had her own personal struggles in recent years a divorce, having to give up her share of a business she had built with her former husband, and then a battle against breast cancer, which completely changed her attitude toward life, she says. It made her realize that life can't be "just about good or always some of both."

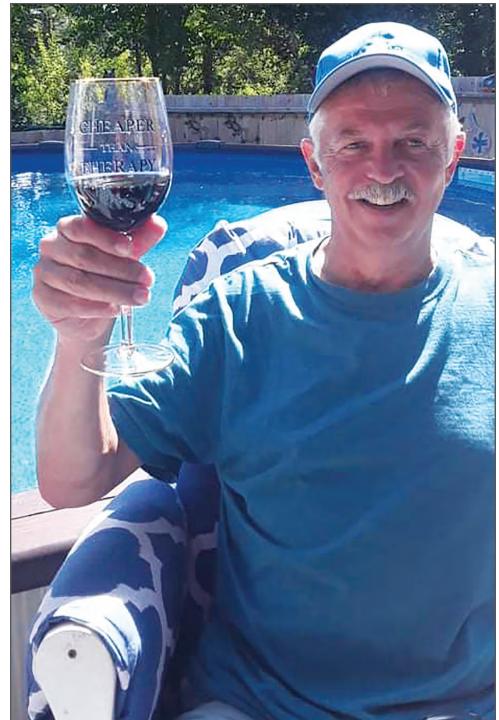
She describes her experience with cancer as "a pretty intense ride."

A person who felt she cer taught her to relinquish moment. "I used to try to control life. Now I feel like it will bring me what I need. My role is to listen, to be accome next."

She does that now as demic she had to "hustle "We realized it had for work," but that it is work



Beverley Hotchkiss has written and painted her way through COVID, and isn't sure what's next — just that whatever it is will find her. (Photos supplied)



That attitude has getting to know Roy, she says.

provider and protector, looking after his family, and working on the streets and emotions, she says.

support when she was battling cancer, she says.

She has taught at Niagawill be an opportunity to teach again in the future, she says, enjoying the mentoring aspect of working with young people.

Hotchkiss also hopes to one day meet Roy in person, and that their friendship will continue. With the book now in the hands of publishers, her current goal is to have it published and impact of Alzheimer's strips him of that awareness."

And maybe to pitch it as a Netflix series, she adds resonate with viewers.

itant to share their thoughts Roy's story is one that would Hopefully Patrick Guy Roy's memoir, Fighting the Good Fight, will be in his hands soon, before his memory deteriorates further.

Grape harvesters at work



Photographer David Gilchrist came across a local grape harvesting recently on Concession 1, showing Watson's Farms' mechanical harvesting operation.

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OCTOBER 2021

Volume I • Issue I Local News

Mariah Reese Kids Gazette

Just in time for hot chocolate and hot apple cider season (or a strawberry creme frappuccino if you are still holding onto summer), Starbucks at 124 Queen Street here in NOTL had their grand opening last week and is ready to serve.

Royal Oak School had their annual Terry Fox run, which was a great success Terry Fox Foundation! 8, and under the leadership of the eldest students, pushed

themselves, encouraged each **Q**. What's your favourite place Students from JK to Grade other and as one student, Aspen shared, "never gave up because Terry didn't either."



and raised over \$2,000 for the Royal Oak Community School's annual Terry Fox run Sept 29

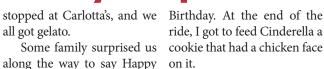
The Birthday Surprise

Naomi Wiens (birthday girl, 8) with help from Ella Wiens (II)

For my eighth birthday we went on a horse and carriage ride with my family and my friend Cara. It was a surprise! CeCe was the driver and Cinderella was the horse. The horse was white and had teal glitter on her hooves. The carriage was white and CeCe put a Happy Birthday sign and pink bows on it. The carriage

all got gelato.

along the way to say Happy





Happy Birthday to all our Joyous NOTL Kids!



 Giacomo Kauzlaric turned 3 on Oct. 5 • Ethan Dulas will be turning 13 on Oct. 6 • D'Arcy Davidson turns 17 on Oct. 10 Millie McGeachin is turning 9 on Oct. 14 Luca Mirabella turns 3 on Oct. 16 Felix Bator turns 6 on Oct.16 Brayden Kavanagh is turning 5 on Oct. 18 • Weston Stewart turns 6 on Oct. 21 Klaudia Bator turns 8 on Oct. 25 Skieler Reese is turning 8 on Oct. 28

Fall Fun Facts!

- Monarch butterflies fly south to Mexico in the fall. They are the only insects that fly that far to get to warmer weather
- People who live on the equator (or close to it) do not experience fall.
- Many birds fly south (or migrate) for winter. One of the longest flights is the 17,700 km journey by the Arctic Tern.

Interview with Ben up and going to Stagecoach

- to eat in NOTL and what meal do you get there?
- **A.** I think my favourite place to eat in Niagara-on-the-Lake is Garrison House. I like their burgers and their french fries are bomb!
- What do you want to be when you grow up?
- I want to be a hairdresser. My parents really want me A. to be an architect because I build a lot and design a lot.
- **Q.** How would you change the world if you could?

Improve the environment. Our future depends on the environment. It matters most to me because I am so young. I would start by cleaning the ocean and getting all the plastic out of it.

- What is your ideal day in NOTL?
- A. I think it would be waking

for a little breakfast. Then going to the beach and having a Budapest (Bakeshop) Q. day at the beach. And of course I'd have to do Fritters A on the Lake for a little treat after. I'd go to the shop that sells all the Canadian stuff.

Q. What is your favourite book?

- My favourite book is Among the Hidden by Margaret (Peterson) Haddix. I like it because it's a mystery about a shadow child. It's a little scary, but the chapters are short so it's not overwhelming and it's not boring. There's always an event.
- Q. What do you do to help others?

A.

I try to help people in my class as much as possible. I try to help them with their math and language. I'm good at reading social cues so I know

when someone is joking and when they are being serious.

What's that certain something that makes you special? When I was four my mom got me an American Girl doll. Instead of playing with it I usually did its hair. And ever since, I have just done so many hair styles. Now I've given all the dolls away and I am working on professional mannequins. I have my own hair salon in my basement. I have my product shelf, I have my chair, I have my mirrors, I have my rolling cart.



Ben Van Veghal-Wood, I2 Grade 7

The Ruller Review: Sandtrap Pub & Grill

Max, Anastasia, Sofia and Sam Ruller **Kids Gazette**

Have you ever been in the mood for a tasty meal... but you're also in the mood to bump into people from school or your neighbourhood?

We suggest you go to the Sandtrap Pub and Grill! If you are a big family like ours, they have big booths for all of us to fit. There are many reasons

to order the food at Sandtrap. For gravy-lovers, their fries and friendly and one server always

gravy and poutine are da bomb. For mac'n cheese-lovers, you can order a kid-sized one or an adult one (for those of us with bigger appetites who are getting closer to high school). The chicken fingers are a favourite in our family, as are the wings, pizza and buffalo chicken wrap. The best part of ordering a kids' meal is that you usually get either a freezie or small ice cream for your dessert. Also, they have root beer in a bottle there!

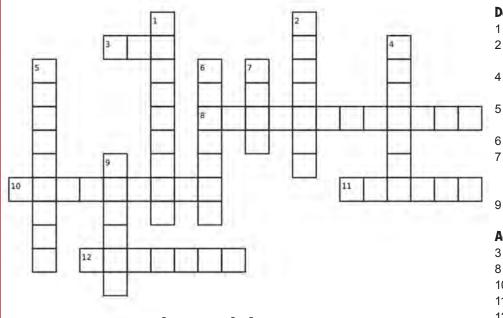
The staff is always super

says "Hi, family!" to us. If you go to Crossroads, you might notice Dylan and Colton's dad. He's kind of a big deal there. Finally, the patio they put in when COVID hit is really nice to sit on!

We give Sandtrap Pub & Grill 4/4 for chicken fingers!



Crossword: Fall is in the Air



7. leaf 8. Thanksgiving 9. dinner 10. gratitude 11. Autumn 12. dessert Answers: 1. beautiful 2. pumpkin 3. pie 4. harvest 5. gathering 6. October

Down:

- 1 Exceptionally lovely
- 2 Round orange-yellow fruit
- process of gathering 4 in crops
- 5 A festive coming together
- 10th month of the year 6
- 7 Usually found on a plant stem and is typically green Last meal of the day

Across:

- 3 Baked dish with a pastry
- A day to give thanks 8 10 To show thankfulness
- 11 Third season of the year
- 12 A sweet dish served
 - after a meal



Written and illustrated by : Diego Rey



Riddle me this ...

Riddle: Sam and Jenna who were outside in the rain without an umbrella or hat didn't get a single hair on their heads wet. Why?

Answer: They were bald.

SUBMISSION INFO

 \odot

The hope for this page is to get kids involved and interacting with the community in a positive way. We welcome submissions for all categories from kids of any age. Please keep the reviews positive and all submitted content appropriate for kids of all ages. Please send all submissions to joyousnotlkids@gmail.com and in the subject line please put the category for which you are submitting. Thank you.

notllocal.com

THE NOTL *Cocal* October 6, 2021 15

Local artist downsizing her world of miniatures

Mike Balsom Special to The Local

Cindy Carter's houses are for sale. And a few of her shops, restaurants, and even a live-in pumpkin.

They are all part of a miniature world filling a 264-square foot room in her Old Town home.

Every corner is filled with dioramas of both real life and fantasy. Three- and four-storey dollhouses sit in the centre, each room depicting everyday life from days long gone.

There's an enchanted garden with detailed purple wisteria lining one wall and a hat store made out of hat boxes. A sewing room is housed in a cardboard box decorated to look like a Singer sewing machine. And a room full of mice sit on a log waiting for Santa's arrival.

Every setting has an incredible amount of detail. She adds a mouse or some other animal to each one of her creations. And many of the special touches are representative of Carter's whimsical sense of humour.

One scene depicts a man with a drink and a stogie, sitting beside a bottle labelled "viagra," and another features an anatomically correct man soaking in a bathtub while reading a Playboy magazine. She's quick to point out that she is an equal opportunity miniaturist, as another features an elderly woman in an Playgirl. For the articles, of course.

Born in Port Colborne, Carter began making miniatures about 60 years ago. It's a hobby she learned on her own, while growing up in nearby Dain City.

She says she never enjoyed art classes while attending high school at Welland Centennial and Eastdale Secondary Schools. Home economics classes didn't appeal to her either. She loved to sew, but didn't like her teachers telling her to do it their way.

Carter's mother taught her heirlooms. how to knit, and in her early



Cindy Carter has a room full of miniatures, some of which are for sale. (Photos by Mike Balsom)

in the miniatures room and another in the hallway both stuffed full of supplies. Drawers hold neatly organized swatches of material while bins are used to collect items others throw out as junk. Carter says miniaturists like her are the original recyclers.

Some recent health issues have prompted her to think about downsizing. Selling her when the time comes.

She hasn't sold many of outhouse reading an issue of her creations through the years, but has generously donated them to some animal-related charities. She once donated a doll house to Pet Valu for a raffle to support the Niagara Falls Humane Society. Another brought in \$2,000 for an animal rescue organization, a cause that is near and dear to her heart.

Some of Carter's work is sentimental. She has recreated a photo of her as a child sitting in front of her family's Port Colborne fireplace. And there's a gutted table clock displaying a collection of family ideas off of each other regu-

"I went to this flea mar-

Carter has a double closet played with them whenever they could.

'They were really good," she recalls. "I used to have a (doll) house in the living room for them, so when they came it was right there. They knew they could come into grandma's room, but they weren't allowed to play with anything. This was grandma's playroom."

The Secrets of the Sorcerminiatures now will mean she er, constructed with papier will have fewer items to move mache and styrofoam, with intricate items all hand-made except for a gargoyle and a couple of other small pieces, she's saving for one of her dearest friends.

> "He raves about this every time he comes to town," she says. "The next time I see him I'm just going to give it to him."

> She has honed her craft alongside another her friend Linda McDermid, whom she calls a wizard with a paint brush. The two would work together, carving figures and props out of builders foam on a weekly basis. The pandemic, however, put a stop to their sessions.

The two friends bounce larly, and Carter says annual visits during non-COVID times to miniatures shows, such as one in Hamburg just outside of Buffalo, have given her a wealth of new challenges to try through the years. After seeing her organized supply closets, it's no surprise to learn Carter keeps a book to record an itemized list of everything that she has created. That includes the amount spent on every little piece in each display. "I know exactly what I spent," she laughs. "I keep good records. It has served me well over the years. Having the paperwork has prevented









20s she started sewing her own clothes. When she had her two children, a boy and a girl, she often made clothes for them as well.

She attended Niagara College for social services, but didn't finish the program. During her marriage, she moved around a lot, living for a time in Warsaw, Poland as her husband at the time worked in diplomatic services. She also lived in Guelph before moving to Niagaraon-the-Lake.

Through it all, she became a master in figuring out how to repurpose items such as discarded dairy creamer and jam containers, ice cream tubs and the plastic discs with legs that keep the top of pizza boxes from touching the pies.

ket and found this clock, and it didn't work," she says. "I ripped out all the insides and cut out the windows on the outside. I made the grandmother clock, and a grandfather clock, and all the clocks

here are made out of my mother's old watches."

Some of her creations she is not ready to part with. The Rainbow Bridge, for instance, is a tribute to the animal lover's many, many pets she has cared for and lost through the years. She names them all - Mommie and Cheekie, her shepherd Maggie, her cocker spaniel Coco, and dozens more.

Caleb's Pub is reserved for her grandson, for whom it was named. Her grandchildren, now teenagers, grew up loving the miniatures and

me from being scammed."

She is determined to get a fair price for everything she parts with over the next little while, including the four-storey Knoxville Victorian home

that depicts a 1950s-era family doing a Victorian update from that era.

open to view, protected by plastic sheets which serve the added purpose of eliminating the need to dust the tiny people and props populating the rooms. For Carter, grandma's

playroom is her refuge.

"I can come in here and get totally lost," she tells The The sides of the house are Local. "The world ceases to exist. I can come in here upset, and I'll forget what I was upset about."

> Though she is committed to selling off much of her collection, one might also think,

while being given a tour of her miniature museum, that maybe, just maybe, she wants a bit more room to accommodate some new ideas.

Carter welcomes inquiries from those who are serious about acquiring some of her work. She can be reached at 905-468-5063.

Shaw and Music matches playwright's words with Mozart

Mike Balsom Special to The Local

Music Niagara Festival fans will have the chance this week to experience a side of playwright George Bernard Shaw that is rarely on display at the theatre named in his honour. They will also enjoy a set of compositions that they likely will be hearing for the first time.

Before Shaw became one of the most celebrated playwrights in history, he wrote music criticism for various London newspapers. The trademark wit and acerbic humour that modern audiences still love was first brought to the music world.

As one might imagine, his expert use of the English language entertained readers, as he turned the art form on its head. He once said, "I purposely vulgarized musical criticism, which was refined and academic to the point of being unreadable and often nonsensical."

The Saturday, Oct. 9 online presentation of Shaw and Music focuses on this aspect of Shaw's writings, matching his words with music from Mozart and another composer, German Hermann Gustav Goetz, who was soon to be forgotten.

Long-time Shaw cast member Guy Bannerman returns to Music Niagara to give voice to words written by Shaw in the early 20th century.

"It was a significant part of his biography," Bannerman tells The Local, "writing music criticism for a decade and a half before he started catching on as a playwright."

Bannerman has no doubt that this period of Shaw's career influenced some of his plays.

"We'd like to think that a lot of his observation and critical faculties were developed through all his music criticism and that's part of what led him to be so successful as a playwright."

More specifically, Ban-

particular scenes in his plays culminate in what amounts to an aria. Someone sums up their whole life and situation in one long diatribe. It's an interesting way to deal with big emotions and big personalities, which he first time by Music Niagara was certainly drawn to."

Though not formally trained in music, Shaw was indeed musical. His mother was a singer in Dublin, and became an assistant for her vocal teacher G. J. Lee. With the hope that his sister would embark on a career as a singer, the Shaw women followed Lee to London. Perhaps influenced by them, Shaw taught himself to read scores and play the piano, and convinced a musician friend to teach him the basics of music theory.

he wrote about music, he pulled very few punches. Take this Dec. 9, 1891 assessment of Mozart on the occasion of the composer's centenary:

"The critic's task is not so easy. The word is admire, admire, admire. But unless you frankly trade on the ignorance of the public and cite as illustration of his unique genius, creativity and feats of melody, that also come easily to dozens of organists and whistling choir boys who never wrote or will write a bar of original music in their lives, or representing him as composing spontaneously as a bird sings, because it was his habit to perfect his greater compositions in his mind before he wrote them down, unless you resort to these wellworn dodges, you will find nothing to admire."

During the hour-long Music Niagara Festival At Home Concert Series performance, Bannerman breathes life into these words and many others written by Shaw. The playwright's criticism of Mozart

nerman adds, "You see some for Piano Trio", played expertly not many. You have to be an by Music Niagara founder and artistic director Atis Bankas on violin, Victoria Kogan on piano, and cellist Dobrochna Zubek.

Much of the other music, though, will be heard for the fans, coming as it does from the pen of the little-known and rarely-heard Goetz.

Goetz lived a short life, dying in 1876 just four days short of his thirty-sixth birthday. He had moved to Switzerland in 1863, where he worked as an organist and created his compositions. And, like Shaw, Goetz also wrote music reviews.

Shaw was a Goetz admirer. His review of an 1893 performance of the composer's "Symphony in F" was entitled *Goetz Über Alles*. In it, he writes As one might expect, when that the work "is the only real symphony written since Beethoven died," placing Goetz above the likes of Mendelssohn, Schumann, and Brahms. Later, Bannerman, as Shaw, wonders why masterpieces such as Goetz' Taming of the Shrew were shelved for operas by Rossini.

> "For better or worse, Shaw thought this was the second coming of Beethoven," Bankas says. "He (Goetz) was a talented composer. There are a few recordings of Goetz music, but

aficionado to really take interest in that particular composer."

Because of that scarcity, says Bankas, not only will viewers of this weekend's At Home Concert Series be hearing Goetz for the first time, but they may also be experiencing the composer's work for the last time.

That's not to say the pieces taken on by Atis and the trio, as well as soprano Inga Filipova, aren't worth hearing again and again. Juxtaposed as it is in this program with Mozart's work, Goetz' compositions hold their own and at times match his beauty and complexity. One could understandably be left to wonder what kept Goetz from enduring in the world of classical music.

Bankas compares Shaw's writings on music to a document of what was played, who played it, how long the concerts were and how they were structured at the turn of the 20th century.

"It's quite a bit of information," Bankas says. "That seriously allows us to bring back forgotten performers, in this case Goetz, sometimes just to show why those composers are forgotten, even though at the time they were very popular for sometimes decades before they disappeared."

Hearing Shaw's words along with the music of Goetz, about



Veteran actor Guy Bannerman gives voice to words written by Shaw in the early 20th century. (Screenshot)

which he was writing, sheds light on how audiences at the time were reacting favourably to some of the composers who have since been lost to time.

Reading aloud Shaw's writings on music was a lot of fun for Bannerman.

"It makes you excited to think about what the music scene was like," the actor marvels. "There were things going on virtually every day. And Shaw is always surprising, sometimes because he is grandiose, and sometimes because he is petty and competitive, and will not let a bone go by that hasn't been thoroughly chewed."

The Shaw and Music performance will be available at musicniagara.org and via the Music Niagara YouTube channel.

Music Niagara Festival is also raising funds this month through a 50-50 draw. The winner will take 50 per cent of all proceeds. The funds raised are intended to allow the organization to continue educating, entertaining and inspiring diverse audiences, while building Niagara's cultural infrastructure for a more vibrant and artistic tomorrow. The draw will be held Friday, Oct. 29. Visit raffle box.ca/raffle/musicniagara for information and tickets.



follows a performance of the Music Niagara founder and artistic director Atis Bankas on violin, Victoria Kogan on piano, and cellist Dobrochna Zubek perform composer's "Divertimento à 3 in Shaw and Music. (Screenshot)





A Brahms inspired virtual performance by Odin Quartet was filmed at Niagara Oast House Brewers. Watch this amazing performance on **MUSIC** NIAGARA's YouTube Channel while you enjoy Oast's Brushfire Oktoberfest Feast for 2 on

October 28 at 7 P.M. Tickets are \$110/couple + HST

Tickets on sale now at: musicniagara.org/brahms-oktoberfest/

Buy Oast's Oktoberfest Feast and choose from a selection of beers at musicniagara.org. Pick up your Feast on October 28th at Niagara Oast House Brewers.

Brushfire Oktoberfest Feast for 2 includes: • beet & cucumber salad • choucroute garnie with Barnraiser braised cabbage • garlic dill potatoes beer mustard cream



notllocal.com

Comedy raises funds for debilitating facial pain disorder

Brenda Sharp Special to The Local

The irony is not lost in the fact that this fundraising event name evokes fun and laughter, when in actuality, it is to support the most painful disease known to mankind.

Seven years ago, Pat Toma-

sulo, a sports anchor and reporter on the WGN Morning causes extreme, sporadic, sud-News in Chicago, along with his wife Amy, started Laugh Your Face Off, a stand-up comedy night fundraiser to raise money for research to cure trigeminal neuralgia, a debilitating facial pain disorder that Amy has suffered from since 2001.

Trigeminal neuralgia (TN) den shock-like facial pain that can drop you to your knees. The intensity of the pain can be physically and mentally incapacitating, and TN is commonly referred to as the "suicide disease," for reasons you can just imagine.

structive procedures and brain ciating pain. The foundation is surgeries help some patients manage their painful episodes, but to date, there is no cure.

started to raise funds for the Facial Pain Research Foundation (FPRF), the only organization in the world dedicated to fund-



Brenda Sharp, a local trigeminal neuralgia patient, hosted an out- Neighbours and friends attended an outdoor viewing of the comdoor fundraising event to help fight the disease. (Photos supplied) edy show, with a 50/50 draw, silent auction and penny auction.

supporting projects focusing on repairing the fragile coating of a nerve, deciphering the Laugh Your Face Off was role DNA plays in facial pain, using stem cells to rebuild and repair the nerve, and mapping pain pathways to the brain in order to block pain signals. If successful, these therapies have the potential to impact not just those who suffer from TN, but those who suffer from any nerve pain.

> Pre-pandemic, LYFO was held live in Chicago, and attended by TN patients and their families. Last year they went virtual to reach their audience.

This Saturday, they once again live-streamed their show from Chicago around the our cause, and contribute to world.

As a local TN patient, I hosted a "watch party" at our home in St. Davids. Sixty neighbours and friends joined us for an outdoor viewing of neuralgia! the comedy show. We held a auction and penny auction. And what a success! Donations *dinator for the FPRF.*

Medications, nerve de- ing research to cure this excru- are currently around \$3,500, with more coming in each day.

> Domino's Pizza in NOTL helped out by offering a special-order coupon for the date of the event that provided \$5 from each order to our foundation. And they even donated all the pizzas for the night!

> I would like to thank everyone for their support. We will continue to collect donations until Oct. 7, which is our International Trigeminal Neuralgia Awareness Day. That's the day that 200 landmarks around the world will light up teal to bring awareness to this disease. Locally, you can see Niagara Falls, the Peace Bridge and Welland Bridge 13 light up teal.

> If you would like to help our fundraising event, please contact me at brendasharp55@ gmail.com or 289-929-6395.

> Thank you for helping us find a cure for trigeminal

Brenda Sharp is a TN Pa-50/50 draw as well as a silent tient, TN Support Group leader, and volunteer fundraising coor-

Palliative Care fundraiser close to goal

Brenda Sharp Special to The Local

With the annual Cycle ride behind them, Bonnie Bagnulo, executive director of Niagara-on-the-Lake Community Palliative Care, says the fundraiser has come close to meeting its goal of \$20,000.

special support this year," says Ba-

This year she not only had team riding for the cause, but

two Pedal Pubs of onboard supporters, helping to raise awareness and funds for palliative care.

day, and the ride was amazing."

"We were so blessed by all the event will fund a new massage therapy program which will

gnulo. "It was a beautiful sunny see a registered massage therapist offering massage therapy treatments to the service's clithe very visible Pedal Pusher ents within the three long-term care homes in NOTL, clients at home, and even their caregivers, free of charge, as are all palliative care programs, says Bagnulo.

Donations can be made The money raised from this until Oct. 15, at http://www. notlpc.com/community/ healing-cycle-ride-2021/.

dation is a non-profit organization dedicated to supporting hospices and palliative care units across Ontario, raising funds through the annual Healing Cycle Ride, now in its 16th year. Over the past 15 years, The Healing Cycle Foundation has raised more than \$3 million for Ontario hospices and palliative care units.



The NOTL Rotary Club held a walk, run and cycle fundraising event Saturday, beginning and ending at the St. Davids Lions Park pavilion. After her five-kilometre walk through St. Davids, Rotary president Patricia Murenbeeld accepted a hamburger and fries, served up by St. Davids Lions president Ted Burrows. The Rotary Club has also enjoyed using the Lions pavilion for some of their outdoor meetings, and has donated \$500 to the Lions for international projects as a thank you for the club's support. The district-wide event set a goal of \$60,000, which, thanks to the Bill and Melinda Gates Foundation matching \$2 for every \$1 raised, will add \$180,000 to the Rotary International effort to eradicate polio world-wide. To donate visit https://raise.rotary.org/Frank-Adamson/ challenge1. (Penny Coles)



The Pedal Pushers team participated in its ninth Heal- Lord Mayor Betty Disero and palliative care volunteer Trish Aning Cycle fundraiser for local palliative care. (Photos thony dancing to Ukester tunes when the Pedal Pub and Pedal supplied)



Pushers stopped for a short break at Upper Canada Lodge.

Fundraising to eradicate polio The Healing Cycle Foun-





Lord Mayor Betty Disero and MPP Wayne Gates rode the Pedal Pub to help raise awareness and funds for palliative care.

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THE NOTL Gocal

Whitney Pea becomes Singing Hen, recording kids' songs

Mike Balsom Special to The Local

Whitney Fowler's new musical persona is a way for her to step away from herself in a positive way.

Promising "songs for you, songs for your kids and mostly songs for the kid in you," the artist formerly known as Whitney Pea announced Sept. 11 via Facebook that she will now perform as Singing Hen.

"In order to gain a broader freedom with my creativity," she says from the Cayuga farm she shares with her husband Jordan and children John and Melody, "something about dropping my own personal name allowed me to step into a more imaginative space."

The choice of the new moniker came naturally, as she had been using Singing Hen as her Instagram tag for years.

"I just felt that it was me," Fowler laughs. "I saw myself as this flightless bird that has a lot of adventure-seeking personality, that loves to sing. I don't think of my voice as this pure, singerly voice. The name humbles it down to the chicken. We don't think of chickens as being particularly good singers. They squawk."

Selling herself short,

as her high school days, her beautiful thing. My hopes and love of singing far outpaced her ability to do so. But anyone familiar with her albums there, that I'm nurturing. You With a Heart Intending For- let go of this part of your ego." ward (2012) and All A Feeling (2014) would surely argue ways had a gentle feel. Her that point.

Her next release, scheduled for some time around Christmas, will maintain the whimsical, earthy charm of her earlier music, but will be of specific interest to the There is an innocence to younger crowd.

kids' songs," she says. "It's kind not a stretch for her to push of like the Mom musical version of me. I have really wanted to take the Mom version of and put them together. For a long time it felt like two separate worlds."

Since John was born five years ago, she has felt that she couldn't pursue her music in the same way. Late night gigs were out of the question, and regular casual jam sessions with her musical friends became harder to arrange, especially since the move from Niagara-on-the-Lake six years ago. But she knew she needed to continue to make music.

"So many parents speak about the shift that happens when your child comes into the world," says Fowler. "It's

Fowler insists that as far back no longer about you, and it's a dreams, and all my love gets poured into this being that is

Whitney Pea's music aloriginal songs were folkbased, weaving sounds of nature into her melodies on songs such as Cold Winter Ground, Oak Forest, Yellow Finches and Earth Wisdom. much of her music, a child-"I am writing a bunch of like sense of wonder, so it's into this new direction.

"I think I've always written from a very young place," me and the musical version Fowler tells The Local. "I've always found access to creativity that connects me to my inner child."

> Working out of their bedroom, her husband Jordan has been recording some of her new music. Using a minimal set-up of equipment, they started in the spring but took a bit of a hiatus as the farm and their Cayuga eatery, the Carolinian Cafe, began to once again take much of their energies.

> Fowler buzzes with excitement as she describes the new songs, beginning with one dubbed Combinations.

"It's about things that go

blanket forts and books, puddle boots and rain, strawberries and cream, and why these it, the way she is." things go together. The chorus like pool parties and snow, a write about."

other aspect of her creativity as well. She has created some animations for a future video to accompany that track and plans to weave footage of her own children on their farm ferent about the atmosphere with her artwork for a song when children are present," called Seeds.

about going out and planting seeds, and the hopefulness and excitement that comes that in mind." from waiting to see them sprout and grow. She delele song.

And then there's "M-e-l-od-y", named after her adorable three-year-old daughter. On a recent live streamed performance on Facebook, Melody's face lit up as she and her Matinee Slim and the Ultra-Mom sang the song in front of light Orchestra. a camera.

together," she explains. "Like learning how to speak, so it's brother snuck me into the really special to see her sing Angel Inn. The place was so along. It's about her little spir-

Fowler says she has made is kind of funny. It talks about a conscious effort to think things that don't go together, not just of her own kids, but also about the children of her kite without the sky, silly little friends with whom she has things that I felt compelled to formed a bond. Living away from the network of Niagara Fowler has drawn on the musicians she played with for many years, writing the new songs has given her a renewed purpose to pick up the guitar to sing and play.

"There's something difposits Fowler. "You kind That one sounds like a of feel more at service. I renatural for the farm girl. It's ally want to be more at service with my music. I feel so much more fulfilled with

She's not ready to become solely a children's muscribes it as a fun little uku- sician, though. Fowler says she would like to become a time in the future, a desire surely sparked by her earlier days in NOTL as a huge fan of Penner McKay's band,

"In Niagara style, they "She knows it's her song," just brought everybody out says the 34-year-old, "and ev- and you had these parties. I ery time I sing it she seems to remember going to see them learn more words. She's only when I was 16, maybe. My

packed you couldn't move. I became friends with Andy (McKay), and I took drum lessons from Penner. And I was involved with the Drumming Fools for a while, too."

notllocal.com

Fowler says McKay's musical efforts had a tribal element to them. She credits him as a major influence not just to her but to the larger circle of Niagara musicians.

While she and Jordan slowly prepare her new compositions for release, the couple continues to work the land on their Cayuga farm. Jordan tends to a herd of sheep while they nurture crops of tomatoes, herbs and peppers that they tote to their cafe. There, they use the homegrown ingredients to prepare sandwiches, wraps, salads and soups to serve along with coffee and baked goods.

For now, she continues drum circle facilitator some to play and sing some of her new music, as well as her older songs and some covers of classic folk tunes (she and her Dad, Gary Peterson, recently performed a number of John Prine songs) every Sunday afternoon. To experience her next performance, or to watch her previous ones, visit the Singing Hen page on Facebook.



Whitney Fowler promises songs for kids, one which includes daughter Melody. (Photo supplied)

Local SPORTS

Three local riding students find competition success

Mike Balsom Special to The Local

Despite the pandemic limiting the usual amount Darte of Benchview Equestrian Centre is not at all surprised by the success of three of her students at last week's West Zone Provincial Silver Series in Erin, Ontario.

After all, the combined come any riders at all. 30-plus years of riding experience of Paige Hoadley, Sydney Brousseau and Sarah Laughton, all under 18 years old, made them ready to handle just about anything.

These girls have been riding since they were six or seven," Darte, manager and coach at Benchview tells The Local. "They have worked hard. All three are performing at an intermediate to advanced level."

There were three zones that were competing from across central Ontario. The girls qualified to move on to the next competition via loss. their accumulated points throughout six horse shows returned to the ranch, they this summer.

Hoadley, a 17-yearold A.N. Myer Secondary School student, won her division riding Bella, whose show name is A Fine Design. It was her first time participating in the competition, and the aspiring some first-day jitters.

"This was my first time showing her, our first time off-property together," Hoadley says. "Our first experience in the ring did not go quite as we planned. We didn't know the course. There were more stops than jumping. We came back the next day and got our heads in the game."

Hoadley says she knew what to expect on that sec-

leading to a bronze finish overall and qualifying her for this month's Ontario Jumper Championships.

During the pandemof preparation, Caitlin ic, Hoadley and the others had to adjust to COVID-19 rules and protocols, which allowed only two riders at a time to train at the Benchview facility on Concession 6. That is, when the facility was actually allowed to wel-

"It usually takes six to seven months to prepare," Darte explains. "We had three lockdowns, but we actually had an additional lockdown because we lost one of our horses to an equine infectious disease."

Pippin, a 14-year-old horse, exhibited signs of the neurological disease. Within less than two days he began to lose function of his body, and he succumbed to the malady. Caitlin and her siblings Jasmine and Matthew were forced to quarantine the barn for a full month following the tragic

When the three girls had to adjust to self-guided solo lessons rather than working in groups, where they could offer each other encouragement and advice. And instead of six to seven months of preparation, they had six to eight weeks.

"It was a lot of just flat-Olympian had to get over ting (working on walking, trotting and cantering with a loose rein), which I didn't think was as important before," says Hoadley. "But after coming out of the quarantine with all that groundwork, it definitely other on the ground, and it helped."

A.N. Myer graduate Sydney Brousseau concurs with Hoadley's assessment of the modified training plan. She and her horse Jude (show name: ond day of competition, Hey Jude) competed in



Paige Hoadley on Bella and Sydney Brousseau on Jude congratulate each other on their riding success. (Photo supplied)

the Jumper competition, coming up in late October. where the horse and rider are judged by how quickly they can complete a course of jumps with the fewest errors, or faults.

Jude is relatively new to equestrian events, having retired only two years ago from the racing world. Brousseau was able to convince her parents to let her purchase Jude, promising to pay them back "for the rest of my life" if she had to.

"We had a lot of bonding time, during COVID, when we couldn't have lessons," Brousseau says. "We just worked a lot with each really helped our relationship, and helped with our training too. Once we got back into training we had a better understanding of each other."

The pair qualified for the National Championship

Brousseau, who is concentrating on riding during a gap year while also working at both Benchview and Great Wolf Lodge to help pay for Jude, says riding helps her calm her anxieties. She knows though, the saddle, Jude can sense Erin. whether or not she is feeling competition.

"The fact that her first season, she came out almost nine years ago. on top of her class, she was whole round clear. I felt super proud. She handled evamazes me."

Sarah Laughton, the 15, rode Zoe (show name:

the Hunter competition (jumping discipline scored by a judge's subjective score on the horse's form and manners going around a course of jumps). Though she did show with Zoe four years ago, 2021 was her first chance to work her on that when she steps into her own in preparation for

The grade 10 Laura Secconfident. That confidence ord Secondary School student resulted in a great year in credits Darte's encouraging manner for her progression in riding since she first started

great," "She's been just incredible," Brousseau Laughton raves. "Tough smiles. "She went through a on us sometimes, but it helps us grow stronger and grow to be what we want to erything like a champ. She be and to achieve what we want to."

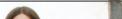
Like the other girls, youngest of the group at Laughton had to mentally prepare for the competition Believe it or Not), the old- last week. Their previous est of the three mounts, in events were all held in Cale-

don and they had never experienced the course in Erin.

"We had no idea what to expect," Laughton says. "Once we got there it was definitely much better. We settled in and just kind of looked around. Zoe is great. She's always so calm with me, but she senses anxiety, and I worked hard to calm myself as well."

Laughton placed second in Caledon and fifth in one of the rounds in Erin, in which she was competing against 55 others.

"Most of the divisions this weekend had up to 60 horse-rider combinations to compete against," Darte explains. "It's a great accomplishment to qualify and compete against such great talented riders. The pressure was real, and they handled it with professionalism and determination."





Caitlin Darte with Paige Hoadley and Bella at an Erin, Ont. competition. (Photo supplied)

Caitlin Darte with her students, Sydney Brousseau, Sarah Laughton and Paige Hoadley, back at the Benchview barn after a successful competition for all three. (Mike Balsom)

GocalSPORTS

Pickleball tournament proves local skills on court

Penny Coles The Local

As the sport of pickleball has grown exponentially in Niagara-on-the-Lake since the days of drop-in games in the community centre more than four years ago, so too has the skill level of those who were then just beginners in a sport that was new to them.

With 300 members in the club now, some prefer to them a higher level of play. playing indoors through the winter, without the sun and wind to deal with, and others make the most of the outdoor town courts in Virgil in the summer, and will likely continue to do so until the town takes the nets down, typically around the end of October.

A number of players have also chosen to compete in tournaments across the province, such as one held recently in Peterborough. Evidence of their level of improvement is in the medals they have to move indoors." brought home with them.

But whether NOTL Pickleball Club members choose to compete further afield or to remain playing at a local, and passion for the sport has courts closer to home, in St. never waned, says club president John Hindle.

"They love being out on the court, they love learning, and love playing with others. The joy we see everyday makes it all so worthwhile."

Although the pandemic by the town, says Hindle. years have presented challenges for the membership, in sessions - thanks to the the outdoor courts this summer "were maxed out." There were 24 people playing on the six courts and another six waiting to rotate in at any time during the club's four

says Hindle.

foresight in building the best outdoor facility in the region," players from across Niagara have joined the local club, also enticed by lessons offered by two new club coaches. They represent "a slightly different demographic" to the club, more in the age range of 45 to 60, and often bringing with

Hindle is expecting and planning for the same level of enthusiasm from the locals as the club moves inside next Wednesday, although he's unsure how many members will want to play.

"We're going to start very slowly at the community centre first, through our partnership with the town, and use up all the opportunities it has to offer. There are a couple of unknowns, such as how many of our players will want

Also a factor is how many club members who typically travel south for the winter will take that risk, and how many of the members from outside social level, their enthusiasm NOTL will move indoors on Catharines and other parts of the region, where they won't have to travel so far in the winter, he says.

> Those who want to play will have to show proof they're fully vaccinated, as mandated

There are no more dropgrowing number of players, and COVID protocols which allow fewer people waiting to rotate in at any one time, the pre-registration. They must

three courts for each session, mornings for people who are we're starting off slow, and more young people and kids Also, "thanks to the town's and six on the community centre stage, waiting to rotate in, accommodating a maximum of 18 people per session.

Hindle explains pickleball is different from tennis in that players don't schedule a court. The club books two-hour time slots on the three courts available to them, and as each game of four people is completed, usually in about 10 minutes or so, they take a short break and happy to play every day," he others rotate in.

early birds, afternoons for others who are less so, and more members.

says. "How many days a week As the schedules fill up, we'll be able to schedule is

we'll see where it goes."

He may also have to figure evenings for working people out a way to limit the number and families — to the extent of sessions for each player, to that there is availability at the ensure all members have accommunity centre. If they cess to the courts, and to be become full as well, he may sure players get to be on the look to alternative sites, such courts with others at their levgil school, to accommodate says, also factoring in the level of play, and special sessions "Some members would be for beginners and families. "Our plan is to grow into our audience."

And what would make

scheduled hours each day, limit players to 12 players on he can add more, he says - the magic question. For now, him happy would be to see coming out. In the summer, he loved seeing groups of kids arrive at the Virgil courts, paddles in hand, ready to play. "They might not know the rules, but they have a whale of a time," says Hindle.

"This is an ideal sport for as the gym in the former Vir- el of play. "It's complicated" he kids, and easy to learn. I love seeing families getting involved. It's an amazing sport for all generations, all ages, all levels. And it's great for families who can all play the same game together."



tournament.



club is relying on an online Dawn and Andy Calnek won silver in the mixed doubles 3.5 Elaine Somerville and Marilyn Joostema brought home the gold medal in the ladies doubles, 4.0 division.







Oriana Oszip and Jerry Eitze won gold in mixed doubles 3.5. Eitze also won the silver medal in the men's singles, 3.5 category. Players are rated from 2.0 to 5.0 when they enter a tournament. (Photos by Barb Eitze)

Dawn Calnek and Judy Knutson won gold in the ladies dou- Rick and Judy Knutson took silver in mixed 4.0. bles, 3.5 division.





Predators win one, lose one to start their season

Mike Balsom Special to The Local

The Niagara Predators began their 2021-2022 Greater Metro Junior A Hockey League (GMHL) season, their first in Virgil, with a win and a loss this past weekend.

More than 100 fans crowded the Meridian Centre Arena for the return of Junior A hockey to Niagara-on-the-Lake Friday night. The crowd cheered as the Predators dropped the Streetsville Flyers 5-3 for their first ever victory in their new home.

Coach Andrew Whalen was happy to see the support from the community.

great turnout for the first game," he said Friday, "and I think we put on a show for the fans. Hopefully they got excited and they're going to keep coming out. I think once we get more of our bodies in the next few weeks this team will be really exciting to watch."

Mario Zitella showed exactly why Whalen and general manager Johan Eriksson decided to bestow the title of captain upon the 21-year-old Hamilton native, who notched two goals and an assist, and was named first star in the team's debut game in their home. new home.

Zitella opened the scoring at 5:15 into the first period with a goal on a breakaway, after receiving an out pass. I'm sure every guy open-ice pass from Dante in the room dreamed about Massi.

first period with a 1-0 lead, and a two-man advantage as Streetsville's Cole Wigle and Connor Cathcart were dinged with penalties near of the size chart at 6'4" home team failed to capitalize on the power play and almost gave up the ty-

teams at full strength, Hudthe Flyers.

"I think it was just a miscommunication out there," Whalen said about to get used to the reffing the goal. "They squeaked one through. I don't think it was one of their strongest shots, but that's the game of hockey sometimes. But we came back."

Indeed, Zitella's second game." goal put Niagara up for good. Taking a pass from behind the net off of Reese Bisci, Zitella quickly wristed a shot past Streetsville goalie Tayte Pracek before he had a chance to react.

Massi added a goal of "I thought we had a his own, the Predators' fourth, off a backhander during a scrum in front of Pracek. Emil Eriksson put Niagara up 5-2 with 37 seconds remaining in the game, but just 20 seconds later Streetsville's Keon Chinganda cut the margin to 5-3, which stood at the end of the game.

Zitella played far beyond his size on the ice. His speed and willingness to dig in the corners were impressive throughout the game, and he now has the distinction fort. Emil Eriksson scored of being the first to score for the Predators in their new

"It means a lot," Zitella told The Local after the game. "I got the puck from Massi, it was a great breakscoring the first goal. I just The Preds ended the happened to be the guy to get the opportunity to put it in. I'm glad we got off to a and also missed over the good start."

On the opposite end another drive. the end of the frame. The is Swedish native Jesper Eriksson, Zitella's linemate and the tallest Predator. His left, combined with Spinassists on both Massi's and nars Nordin skating to the ing goal. As Wigle stepped Emil Eriksson's goals don't bench, gave the Predators onto the ice when his pen- tell his complete story. had the puck on his stick. ry.

Just seconds later, with both two for unsportsmanlike the roster. conduct. As well, Brett Lee's son Hunich tied it up for misconduct resulted in a to action this weekend, suspension for the Sunday beginning a Friday-Satur- Eriksson says of the Thungame in St. George.

> "Some of the boys have system out there," Whalen said. "If you open up your mouth, they're pretty tight in this league. We're going to address that and hope it gets better for Sunday's

> The Sunday game in St. George was a showdown between the Predators and the Ravens, both teams owned by Robert Turnbull. Proving Whalen's comment that the refs were going to call players when necessary, a total of five unsportsmanlike conduct penalties were called, two on the Preds and three on the Ravens.

Niagara couldn't recover from some early scoring by the Ravens and came out on the short side of a 4-2 decision.

Former Pelham Panther Mike Marchesan scored in At just 5'7", forward both the first and second periods, and LJ Beaupre netted the third St. George goal, leaving the Predators to try to claw back in the third.

They made a valiant efon a wrist shot 5:36 into the last period on a 2-on-2 break. Then, Alex Insulander punched a backhand shot behind Ravens goalie Marek Pavlas on a quick breakaway.

The Predators kept the pressure on for the remainder of the game. Jesper Eriksson challenged Pavlis with a great shot on net, crossbar on a slapshot on

A cross-checking penalty on St. George defender Noah Sigal with 41 seconds a two-man advantage, but

The Predators return night.

the penalty successfully. essary penalties, including into the fold to round out ries against the Tottenham bench, our depth should Thunder in Virgil Friday give us the advantage for

> "They are a young team," day home-and-home se- ders. "Even with our short Union Arena.

both games."

Game time is 7:30 p.m. at the Meridian Credit



Predators' Reese Bisci leads the charge with Brett Lee (21) and Gino Carter Squire providing support. (Photos by Mike Balsom)



Goalie Oskar Spinnars Nordin.



alty time expired, he was fed a perfect breakaway pass, only to hit the post past Predators goalie Oskar Spinnars Nordin.

Alexander Insulander put the Preds up 2-0 with a His time will come." backhander off a rebound, with 6:45 remaining in that, Predators defenceman Brett Lee was handed giving the Flyers an extended power play. In the last minutes of the second, Evan Camara put one past Spinnars Nordin, and the Preds Gino Carter Squires was called for boarding just itor." 40 seconds later.

the third period two men

Whalen was also impressed with the perforthe second. Shortly after mance of his Swedish goaltender.

"Oskar is phenomenal, a 10-minute misconduct, he played a great game. He's going to be one of the top goalies in the league, and I think tonight that showed a lot. He's quick, he's good left-to-right, he's very hard to score on. He's a compet-

The Predators began Predators played a bit of an be cleared to play. There are undisciplined game at times short, but managed to kill Friday, taking some unnec- team is also hoping to bring

"He's going to be a a miscue at the Ravens blue dangerous player in this line resulted in an empleague," Whalen said. "The ty-net goal for Marcheson, big body, his speed, the his third of the game, cedominance he had when he menting the Ravens' victo-

"The Ravens are a big, physical team, much bigger than our guys, and we started out slow," general manager Eriksson says, "but they gained confidence by the third period. The way they played then, that game could have easily ended up 3-3, not 4-2."

Eriksson is hopeful that by Thursday, Europeans Georgy Kholmovsky, Joakim Sjoblom and Daniil Whalen admitted the Petrov will have arrived and a couple of local players the Forward Reese Bisci



Mario Zitelli

'Clarendon connection' includes long-time farm worker

Jane Andres **Special to The Local**

The parish of Clarendon lies in the heart of Jamaica's mountainous countryside. Few Niagara locals have even heard of this area, yet many of us have been influenced by or benefitted from the "Clarendon connection."

Most of us are familiar with Dr. Gervan Fearon, former president and vice-chancellor of Brock University (2017 childhood years in Clarendon before moving to Ontario.

Juliet Dunn is a familiar name to music-lovers, one of the key figures responsible for keeping the jazz scene in Niagara thriving. Juliet's father hails from a tiny hamlet high in the mountains of Clarendon, a short distance from and as the family grew so did the town of Sandy River.

In the spring of 1982, a young man in Sandy River, Ernest Bell was packing his suitcase in preparation for his first trip to Canada on the Seasonal Agricultural Workers Program.

It was an opportunity he couldn't afford to refuse, and

Kingston airport. The head- home at the end of each season lines in the airport newsstands Ernie was anxious to survey his heralded U.S. President Ronald Reagan's successful visit to Jamaica, promising hope and new opportunities for trade with their beleaguered economy. In reality, heavily subsidized American produce was flooding the markets, forcing Jamaican farmers to look for employment overseas.

The SAWP began in 1966 as 2021), who spent his formative a short term fix for labour shortages on Canadian farms. Many of the men who were hired also thought of it as a temporary way to earn income until the economy improved in the Caribbean, not as a career choice.

Ernie was newly married to Lillian, the love of his life, his responsibilities. It was a challenge to maintain strong connections with his five children during the eight months away, especially during the early years, when making contact via phone was difficult. As with almost all farm workers, there was little time for a holhe joined many young men iday upon their return home.

flying for the first time out of The first morning after arriving own fields of cabbage, yam, and lettuce crops. He had to start planning immediately for the preparatory work that needed to be accomplished before leaving a few short months later.

> Ernie has seen a lot of changes in Niagara-on-the-Lake over the many years he's been working and living here. In 1982, Bob Hunter was his energetic, enthusiastic employer, wellknown for his involvement in the church and community. His son Ken was just in his 20s, but already following in his father's footsteps. Hunter Farms relied on Ernie and his co-workers to prune the trees in early spring. By mid-May the peach trees required thinning, a specialized task that would allow the fruit to size up properly.

The crops were mainly peaches and tart cherries. The production facility that sold pitted and sugared cherries by the bucket was a thriving hub of activity from June to late July.

When the farm shifted into grape production around 2016, the large workforce was downsized dramatically. Ernie and a few others were able to remain living in the bunkhouses on the Hunter property after they transferred to the MacSween farm.

I first met Ernie at a welcome concert for farm workers in 2007, where he and his co-worker Clive Brown received certificates of appreciation for their 25-plus years of service in NOTL. I found an old photo of him receiving the certificate at the event, and included it in an album I created as a keepsake of his time in Niagara. He eagerly began reminiscing over the photos with a co-worker when I surprised him with it.

Many of the photos were taken by Dr. Janet MacLaughlin, who had visited Ernie and his young family in February, 2007, in Sandy River.

Ernie pointed out a photo of his young self ,proudly posing with a very large and perfect head of lettuce. Laughing, he pulled out his smartphone, scrolling through the photos until he found a recent one of



Ernie Bell is winding up his 39th and last season on a Niagara farm.

of lettuce in an almost identical pose as him in the 2007 photo.

She is passionate about farming, and has been a big help tending to the crops while he was away.

and enjoy harvesting his own 3,000 kilometres away. crops back home.

birthdays, graduations, wed-

dings, and funerals - all family milestones. He has a lot of catching up to do, and is eagerly looking forward to celebrating his grandchildren's birthdays with real hugs, instead of watch-Next year he plans to plant ing on a tiny screen almost

In 2019, I remember hearing Thirty-nine years of missing the distant sounds of the Niagara Jazz Festival drifting over the

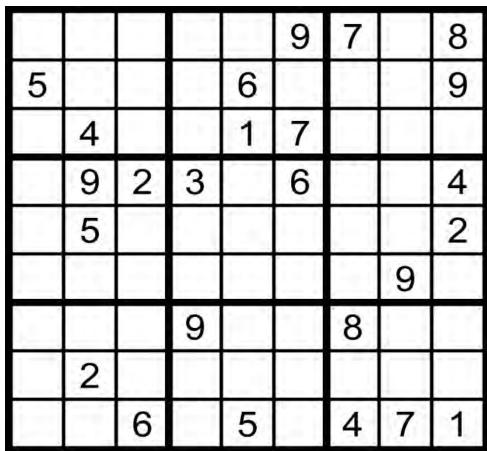
vineyards in our neighbourhood, a beautiful blend of cultures from the heart of Clarendon to the heart of Niagara. It may be a tiny parish, but the Clarendon connection has provided not only decades of dependable employees like Ernie, but enduring friendships that are priceless.

Thank you Ernie. Enjoy your well-deserved retirement!



Michael Wonder and Ernie Bell reminisce over a collection of photos put together by Jane Andres. (Jane Andres)

SUDOKU





Include your Logo! Prices starting at \$20. Deadline: Monday 3 p.m. Call Karen 905-641-5335 or email: classified@notllocal.com

his now adult daughter, Vanesha, holding a beautiful head





Sunday, October 10th

10:00 a.m. Worship Gathering -In-Person & Online Message: Kevin Bayne -The Beginning of All Things Our services are also streamed online Sunday's at 10 AM Visit our website for more information!

www.ccchurch.ca

To advertise your Morship Services in this section, please contact: karen@notllocal.com

– notllocal.com

THE NOTL *Gocal*

October 6, 2021 23





OBITUARY

HELP WANTED

Farm Labourers Required William Falk Farms Ltd.

Seasonal, full-time positions available. March 2022. Must have own transportation. Rural area (NOTL), fast paced work environment with tight deadlines, working outside in all weather conditions. Standing, bending, lifting. Cultivate and harvest crops.

Seven months to one year experience required. High school education required. \$14.39 per hour.

Please fax your working resume to **905-646-8099** or email: **yvonne@lakeviewharvesters.com**

CALL FOR BOARD OF DIRECTORS

The Niagara Pumphouse Arts Centre is accepting applications for the following volunteer positions:

Secretary

Special Events Chair

Submit your CV for consideration to office@niagarapumphouse.ca by November 1, 2021

by November 1, 202

HUEBEL GRAPES ESTATES

is looking for general seasonal full time laborer workers. Duties include pruning, tying, suckering, canopy management and harvesting. Must be willing to work long hours, including weekends from March to November. Must be fit and enjoy working outdoors in all weather conditions. No experience or education required. Wage \$14.39/hr. Own transportation. Working in Niagara on the Lake / Queenston LOS 1J0 Contact by fax 905-468-2365 or huebelgrapesestates@gmail.com Only applicants to be interviewed will be contacted

CROSSWORD AND SUDOKU

| 1 | 2 | 3 | 4 | 1 | 5 | 6 | 7 | 8 | 1.1 | | 9 | 10 | | 11 | 12 | 13 |
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| 17 | | | | | 18 | | 111 | | | | 19 | | | | 12.2 | |
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| 23 | - | - | 24 | | - | 1 | - | 2 | 5 | - | - | | | 26 | 27 | 28 |
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| 60 | 1 | | 12.2 | | | 61 | | | | | | 62 | | | - | |
| 63 | | - | 1 | - | | 64 | 1 | + | - | | | 65 | 111 | - | - | |
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| Across: | | | | 29 | Ankle | iniurv | | 54 | Dru | gs (Abb | or.) | | 4 | Kind | of rum | mv |
| 1 Urban air pollution 30 | | | | | 0 | | | 55 Threat to fighters | | | | | 5 | , | | |
| | | | | 31 | | | | 56 Alan Ladd gunfighter role | | | | r role | 6 | | | |
| 5 That's in Paris | | | | | Undersides | | | | 3 Loopy | | | | 7 | , | | |
| 9 Prim 14 Formerly French Sudan | | | | 34 | 2,000 lbs Foundation | | | | 9 D-Day beach 0 Main artery | | | | 8 | | | |
| 15 E.g. Rice, Harvard (Abbr.) | | | | | Tear | | | 60 61 | · · · · · · · · · · · · · · · · · · · | | | | 9 | Operation memen0 Decide with a coin | | |
| 16 Snake vulnerable to the | | | | , | Shorthand inventor | | | | | | | | | | | |
| | ongoose | | | 09 | John Robert | | | 02 | (The Rolling Stones) | | | | 11 | Pure Plan sponsored by | | |
| 8 | | | | 40 | calling! | | | 63 | 53 Awesome | | | | 12 | Sen. William Roth | | |
| | alespeop | | | | Maturity | | | 64 | | | | | 13 | 13 Family guy | | |
| 19 Syrian dynasty | | | | | Stiff s | | 5 Fix | | | | | 21 Spanish farewell | | | | |
| | 20 Padre (Abbr.) | | | | | Missions (Abbr.) | | | | | | | | 2 Stable food | | |
| - | 21 Prepares for war | | | | | Goad | | | Down: | | | | 24 | | | |
| 20 Pa | epares | 22 Roughly speaking | | | | | Banned insecticide | | | 1 Mental ability | | | | 25 Vavavoom | | |
| 20 Pa 21 Pr | | peaking | 3 | 49 | Bann | ed insea | cticide | 1 | Mer | ומא ומאר | ily | | 25 | Vava | IVOOITI | |
| 20 Pa 21 Pr 22 Ro | | | , | 49 50 | | ed insea ess mes | | 1 2 | | ntai abii y the ha | 2 | | | | | |
| 20 Pa 21 Pr 22 Ro 23 Tra | oughly s | voting | day | 50 | | ess mes | | | Bur | | atchet | | 25 27 28 | Bloc Ordu | k | |

PLEASE RECYCLE THIS NEWSPAPER





LAST WEEK'S SUDOKU ANSWER

Sudoku solution from September 29, 2021

| 5 | 7 | 4 | 8 | 6 | 1 | 3 | 2 | 9 |
|---|---|---|---|---|---|---|---|---|
| 8 | 6 | 3 | 9 | 2 | 4 | 7 | 5 | 1 |
| 2 | 1 | 9 | 5 | 7 | 3 | 6 | 8 | 4 |
| 1 | 8 | 5 | 3 | 4 | 6 | 2 | 9 | 7 |
| 9 | 2 | 6 | 7 | 1 | 8 | 5 | 4 | 3 |
| 4 | 3 | 7 | 2 | 5 | 9 | 1 | 6 | 8 |
| 6 | 9 | 2 | 1 | 8 | 7 | 4 | 3 | 5 |
| 7 | | | | 3 | | | | |
| | | | | 9 | | | | |

ANDREWS, HENRY (HANK, C.J)—It is with heavy hearts that we announce the passing of Henry on October 1, 2021 at the age of 86.

He is predeceased by his parents, Cornelius and Annie Andrews, brothers George, John and Corny as well as sisters Ann and Kay.

Survived by his loving wife of 64 years, Joyce (Coles) and his children Rhonda (Joe) Rutkowski, Cindy (Horst) Friesen, Robert

(Maura) Andrews, Darlene (Bill) Caughell, and grandchildren Beth, Greg, Robert, Ashleigh, Joshua, Caitlyn, Amy, Jacob, Nathaniel and Christopher, as well as 7 great-grandchildren. Also survived by his sister Mary (Art) Berg and many nieces, nephews and in-laws.

Henry was born in Arnaud, Manitoba, moving to Ontario at a young age. A lifelong resident of Niagara-on-the-Lake and owner of Andrews Trucking Ltd. He will be missed by his office staff and many employees.

Many people simply called him by his nickname C.J. He was very well-known and had many friends and acquaintances. He will be sadly missed by his cousin, who was like a brother to him, Ed Andres. Over the years we enjoyed many stories and adventures he told us that he had with his cousin Ed.

Hank's business career started at the age of 12 when he had a Globe and Mail paper route. He then spent many years in the Automotive business always wanting to own his own store or business. After his first experience in trucking his entrepreneurial spirit took shape. He began hauling frozen food, working for Beanie Transport in Lockport NY.

One day he was asked if he would haul a boat which he accepted. From there he never looked back. He started Andrews Trucking Limited on Creek Rd in Niagaraon-the-Lake. He grew quickly to become Canada's number one boat hauler and combined with his American subsidiary, he became the third largest boat hauler in all of North America. He had terminals in Niagara-on-the-Lake, Warren Rhode Island and Miami Florida.

Hank also began hauling garbage, recycling and other products.

He was a member of National Marine Manufacturer Association, Allied Boating, Ontario Trucking Association, National Independent Boat Carriers Association Inc. and Ontario Marine Operators Association.

Henry lived his life to the fullest. We will all miss his jokes, crazy sense of humour and never-ending words of wisdom.

Cremation has taken place.

Those wishing to make a donation in memory of Henry are welcome to do so to the Alzheimer Society of Canada.

Due to Covid restrictions, a private Celebration of Life will be taking place.

Online condolences may be shared at tallmanfuneralhomes.ca



HAMISH COLIN RIDER 1953 - 2021

Our dear brother Hamish died suddenly on October 4th. We are devastated.

A sweet soul, with a soft and kind nature, he befriended many. He saw the beauty in life. His was cut too short.



He adored his nephews and encouraged them to be the best they could be. He was present at all the hockey games and the soccer games.

He adored his Jack Russell.

He adored his brother and sister.

And he adored his brother-in-law David and his sister-in-law Mary.

And he adored living in Niagara-on-the-Lake.

51 German

philosopher

Second-largest

Hawaiian island

53 Cosmopolitan

56 Nordic airline

economic

59 Actor --- Carrey

indicator

57 By what means?

(Abbr.)

Some years ago, his apartment burned to the ground. The businesses on Queen Street raised money to help him and others who also lost so much in the fire.

Something he never forgot. He was eternally grateful for the generosity.

We are grateful to have had him in our lives. We are broken at his passing.

Hamish Colin Rider, our brother, our friend. Friend to many.

We will miss you.

37 Computer code 54

potential partner 58 National

31 Pantry

33 Ensnares

35 Hairless

39 Attendees

42 Out with a

46 Neglect

50 Bargain

47 Pressurize

48 Comet finder

-- Halley

41 Low sounds?

36 Keen

CROSSWORD PUZZLE ANSWERS

Across: 1 Smog, 5 C'est, 9 Staid, 14 Mali, 15 Univ, 16 Cobra, 17 Kin, 18 Reps, 19 Assad, 20 Rev, 21 Arms, 22 Or so, 23 Tulu, 32 Tuesday, 25 O A S, 26 L C D, 29 Sprain, 30 Lot, 31 Lulu, 32 Bottoms, 34 A ton, 35 Basis, 38 Rip, 39 Gregg, 40 Avon, 41 Harried, 52 Wits, 54 Medde, 55 A M, 56 Shane, 58 Gaga, 59 Juno, 60 Aorta, 61 Duet, 62 Is on, 63 Swell, 64 Pile, 65 Mend.
Down: 1 Smarts, 2 Make up, 3 Oliver, 4 Gin, 5 Currant, 6 Tenmy, 7 Sips, 8 Tve, 9 Soliver, 4 Gin, 5 Currant, 6 10 Lot, 60 Rot, 61 Duet, 62 Is on, 63 Swell, 64 Pile, 65 Mend.
Down: 1 Smarts, 2 Make up, 3 Oliver, 4 Gin, 5 Currant, 6 13 Dueng, 7 Sips, 8 Tve, 9 Scars, 10 Toss, 11 Absolute, 12 I R A, 13 Dad, 17 Sips, 8 Tve, 9 Scars, 10 Toss, 11 Absolute, 12 I R, 13 Dad, 13 Charter, 33 Traps, 35 Bald, 36 Avid, 37 Soliver, 4 Gin, 5 Corrant, 6 Soliver, 4 Gin, 5 Corrant, 6 Soliver, 4 Sip, 59 Jim.



