BY SCOTT HAYES

Staff Writer

also the season of financial stress and

other emotional struggles all coming to a head at once

That's real talk, but every sad bit Tis the season of giving, but alas, 'tis of news offers a silver lining in the avenues where people can help make

the season brighter and better for organizations who work year-round to others, whether they are family, friends, serve people in need. There are too neighbours, or even strangers.

Calendar as a reminder of the many you can, please give.

many others to make it on to the list, of The Gazette offers this Advent course, but the important message is, if



This is the city's main organization for helping people put food on the table. The agency also acts as a one-stop shop of social supports.

#30, 50 Bellerose Drive

This service club is right in the middle

of its 55th annual Christmas Hamper

campaign to assist hundreds of local

families with food and toys during the

holiday season. The campaign will collect

donations until Dec. 12.

Visit stalbertkin.ca/kinette-club-1,

email info@stalbertkinettes.ca,

or call 587-355-2137

stalbertfoodbankandcommunityvillage.com or call 780-459-0599

• • • • • • • • • • •

ST. ALBERT STOP ABUSE IN FAMILIES SOCIETY

If there's any kind of abuse or violence in your life, SAIF is the place to call for help.

Visit stopabuse.ca, email info@stopabuse.ca, or call 780-460-2195



ST. ALBERT HOUSING SOCIETY

Finding a place to live isn't always easy; finding a place to afford to live in St. Albert is tougher. This agency is the one to call for support.

#104B, 14 Mission Avenue Visit stalberthousing.com, email info@stalberthousing.com, or call 780-544-2205

The city's newest thrift store operates as a fundraiser for one of the largest employers of people with disabilities throughout Western Canada. The store and its donation dropoff are located at 730 St. Albert Trail, while

730 St Albert Trail Visit goodwill.ab.ca/goodwill-location/ st-albert-thrift-store-and-donation-centre

GOODWILL INDUSTRIES OF ALBERTA

another dropoff is in the south at 2530 Tudor Glen Market.

or call 587-570-5684

ST. ALBERT SPECIAL OLYMPICS

Sport is good for the body and soul. Special Olympics offers sporting opportunities for children and adults with intellectual disabilities and physical disabilities.

Visit specialolympics.ca/alberta/st-albert or email stalbertspecialolympics@gmail.com



It's more than just a club; it's a way of life. This organization offers many programs and services to keep seniors active and healthy

> 7 Taché Street (Red Willow Place) Visit stalbertseniors.ca,

> > info@stalbertseniors.ca. or call 780-459-0433

The more we talk about child sexual of it, the better the world becomes. those fronts, and it works wonders. Its Be Brave Ranch is a miracle to many.

> Visit littlewarriors.ca, email info@littlewarriors.ca,

It's tough for families to grow strong together. This organization has so many programs and services to assist.

> #10A, 215 Carnegie Drive Visit stalbertfrc.ca, email recpt@stalbertfrc.ca, or call 780-459-7377



TRANSITIONS REHABILITATION ASSOCIATION OF

.

This non-profit supports adults with developmental disabilities.

#100, 365 Carleton Drive Visit transitions-ab.org, email info@transitions-ab.org, or call 780-458-7371

The church's annual Christmas Kettle campaign continues until Christmas. Look for kettle stations outside several shopping locations around the city. Proceeds go to support the church's community programs and services.

165 Liberton Drive Visit stalbertsalvationarmy.ca or call 780-458-1937

This is the first and only women's shelter in Morinville/St. Albert. The Jessica Martell Memorial Foundation also offers family violence outreach, case management, and court support.

Visit jmmf.ca, email support@jmmf.ca, or call 780-939-5289



The organization's name means Love, Service, Care and it offers programs and services for adults with developmental disabilities. It runs the I'm Unique Thrift Store to help fund its operations.

#1, 215 Carnegie Drive Visit loseca.ca or call 780-460-1400

STURGEON COMMUNITY HOSPITAL

Do you like health care and the good people who work at the Sturgeon Community Hospital? Of course you do. These people need support to do their jobs better with new equipment and more.

201 Boudreau Road Visit sturgeonhospitalfoundation.org, email sturgeonhospitalfoundation@ albertahealthservices.ca, or call 780-460-2195



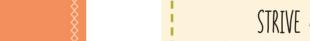
ST. ALBERT STURGEON HOSPICE ASSOCIATION

This volunteer-run not-for-profit association is committed to providing access to the best palliative care in our community.

#30, 50 Bellerose Drive Visit sasha-cares.com, email info@sasha-cares.com, or call 587-921-1345

in their minds, bodies, and spirits

email



abuse and the more we help those who work to prevent it and also treat survivors This organization works on all three of

or call 780-922-9010

STRIVE 4 WORK

This employment-focused program run by EmployAbilities is for individuals with disabilities in St. Albert and area. It offers eight weeks of online training and 10 weeks of work experience with the potential for employment to follow.

Visit employabilities.ab.ca/programsedmonton-and-greater-area-landingpage/strive-4-work, email afeist@employabilities.ab.ca, or call 780-777-5834

ARTS AND HERITAGE

This organization acts as the steward of the city's heritage sites and runs the museum and gallery, offering cultural programming for all.

#200, 20 Perron Street. Visit artsandheritage.ca, email office@artsandheritage.ca, or call 780-459-1194



The organization supports single mothers with various enrichment programs.

#216, 3-11 Bellerose Drive Visit kaleocollective.ca, email info@kaleocollective.ca, or call 780-283-6262 (283-MAMA)

NIGINAN HOUSING VENTURES

This non-profit registered charity creates supportive and affordable housing for Indigenous people in Edmonton.

9629 106 Avenue (Ambrose Place) in Edmonton Visit niginan.ca, email info@niginan.ca, or call 780-784-6150

COMMUNITY FOUNDATION

This organization is all about giving back to the community. It provides opportunities for citizens to contribute to and invest in the long-term fulfillment of community needs. Its funds are granted out annually to be used to support worthwhile community projects organized by charitable

organizations within the St. Albert area. Visit sacf.ca, email sacf@sacf.ca, or call 780-458-8351

BOYS AND GIRLS CLUB -BIG BROTHERS BIG SISTERS

Young children need mentors and positive role models in their lives. This group makes that magic happen.

Visit bgcbigs.ca, email website@bgcbigs.ca, or call 780-424-8181

EDMONTON HUMANE

The EHS loves animals. It offers adoptions and training, advocates on animal issues, and offers a Lost and Found to help get pets back to their owners.

13620 163 Street in Edmonton Visit edmontonhumanesociety.com, email

ehs@edmontonhumanesociety.com, or call 780-471-1774

DOGS WITH WINGS

Service dogs can help people with visual impairments or those who are on the Autism spectrum. Dogs with Wings trains these four-legged helpers, helping to foster integration and independence for individuals with disabilities in the process.

> 11343 174 Street in Edmonton Visit dogswithwings.ca, email info@dogswithwings.ca, or call 780-944-8011

SECOND CHANCE ANIMAL RESCUE SOCIETY

SCARS promotees the humane care and protection of all animals, and works to prevent cruelty and suffering toward animals, too. It takes in as many homeless pets as its resources allow, and those animals in turn get spayed or neutered, vaccinated, micro-chipped, and receive any other care they need. It typically has more than 200 animals in care at one time and it finds good homes for more than 2,000 every year.

Visit scarscare.ca, email scars@scarscare.ca, or call 780-466-7227 (SCAR)