

MARCH/APRIL 2020

Thunder Bay **Guest**

YOUR GUIDE TO WHAT'S HAPPENING IN AND AROUND THUNDER BAY.



**THE CENTENNIAL
BOTANICAL CONSERVATORY**

See what we're all about!

PAGES 6-7!



the co-operators[®]

A Better Place For You[®]

Bachelors For Hope

TICKETS
\$100 ea.

\$1000/table of 10

VIP
\$125 ea.

SPACE IS LIMITED!
Includes 2 bottles of
wine/table

CHARITY GALA AUCTION

Friday, April 17th | 5:30 PM | Valhalla Inn



Northern
Cancer Fund
Thunder Bay Regional
Health Sciences Foundation

In support of the fight against
breast cancer through the
Northern Cancer Fund

TICKETS AVAILABLE ONLINE AT HEALTHSCIENCESFOUNDATION.CA
OR BY PHONING THE HEALTH SCIENCES FOUNDATION
AT 345-HOPE (4673)



FASHIONS & FOOTWEAR



Thunder Bay Regional
Health Sciences
Foundation
Together we're healthier



Photo by Blair Wright

Contents

Events4-5
 Botanical Conservatory.....6-7
 Events-28
 Stay9-13
 Shop/Taste.....14-15
 Explore16-25
 Map26-27
 Information29-30
 Grand Portage.....31



Advertising Opportunities:

ACCOUNT EXECUTIVE:

Tracey Cambly 807.346.2629
Email: tcambly@dougallmedia.com

PRODUCTION:

Jennifer Chicoine 807.346.2599
Pepper O'Connor 807.346.2598
Email: proddept@dougallmedia.com

Thunder Bay Guest is published monthly by T. Bay Post Inc, 87 North Hill Street, Thunder Bay, Ontario, P7A 5V6. The material contained herein is correct to the best of our knowledge. The publisher however, cannot accept responsibility for errors. Reproduction in whole or in part without the permission of the publisher is prohibited. Canadian Publications Mail Product Sales Agreement 549207.

Monday, March 2

Battling the Bunk Machines

Research and Innovation Week!

7:00-8:00pm

ATAC 1003 Lakehead University

Professor Timothy Caulfield, Canada Research Chair in Health Law and author of the bestselling books *Is Gwyneth Paltrow Wrong About Everything?: When Celebrity Culture and Science Clash* and *The Cure for Everything: Untangling Twisted Messages about Health Fitness and Happiness*, will be presenting a talk as part of Lakehead University's annual Research and Innovation Week called "Battling the Bunk Machines: Health in the Era of Celebrity, Social Media & Twisted Facts." Following the FREE talk, refreshments will be served and Professor Caulfield will be available for book signing. Books will be available for sale.

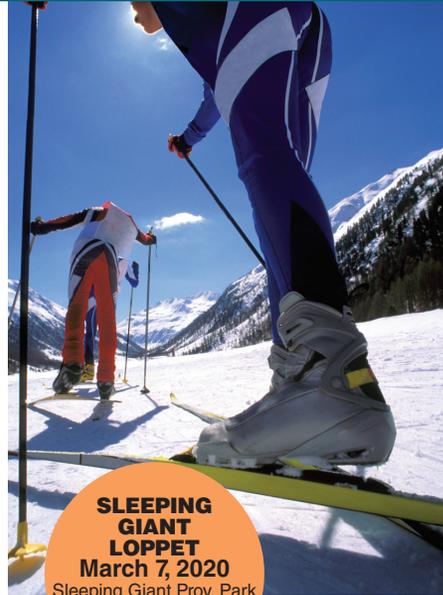
Friday, March 20 & 21

The Hunt for Happy Tour with Trent McClellan

Crickets Comedy Club - Thunder Bay

248B Bay Street

Doors open 6:00pm



SLEEPING GIANT LOPPET

March 7, 2020
Sleeping Giant Prov. Park
R.R. #1 Pass Lake ON
Starts: 9am

Monday, April 6

Urban Infill - Art in the Core

9:00am-5:00pm

Celebrating it's 13th Anniversary year!

Experience Thunder Bay transformed by multi-sensory art and unparalleled live performances in this Nuit Blanche-like event. One of the largest presentations of visual and media arts, unique to Thunder Bay. Featuring works by 400 regional, national & international multi-disciplinary artists at 25 downtown locations, including DefSup, commercial art galleries & spaces, artist studios and empty spaces transformed into new art/performance venues. *Will take place at various north core locations*

Wednesday, April 15

Trailblazer - Part One

12:00-1:00pm

The Trail Blazer program is a program for early-stage startups. The program is designed to take you through the necessary steps to identify your market and validate your idea. <https://trailblazer-spring-2020.eventbrite.ca>

Mondays in April!

Swing Dancing Lessons

7:00-9:00pm

Urban Abbey

Swing away those winter blues with the Thunder Bay Swing Dance Society! Come try swing dancing every Monday at the Urban Abbey from 7:00pm to 9:00pm. No partner or experience required. Drop in fee of \$2 or \$25 for the entire season from January to April. Cost: \$2 or \$25
Contact Name: Holly Fleming

Saturday, April 25

Coins and Collectibles Spring Show

10:00am-9:00pm

West Thunder Community Centre
915 Edward St. S.

The Members of the Lake Superior Coin Club are celebrating our 40th Anniversary, along with our friends from the Collectibles Club are hosting a Coins and Collectibles Spring Show. Contact: Rob Bell

★★★★★
"FOR ONCE, YOU CAN BELIEVE THE HYPE"
BRITISH THEATRE GUIDE
"AMAZING"
ELAINE PAIGE - BBC RADIO 2

ON SALE NOW!

THE SIMON & GARFUNKEL STORY

FRIDAY MARCH 13 - 7:30 PM
THE COMMUNITY AUDITORIUM THUNDER BAY

ORDER TICKETS ONLINE AT WWW.TBCA.COM
PH: 684-4444 TOLL FREE: 1-800-463-8817
IN PERSON: 1 PAUL SHAFFER DRIVE

VISIT TBCA.COM FOR MORE EVENTS!

NORTH SHORE Steelhead ASSOCIATION
PROUDLY PRESENTS
For All Anglers & Flyfishing Enthusiasts, Conservationists, Nature Lovers, Film Buffs & Anyone Suffering From Winter Fatigue!

JOIN US FOR A NIGHT OF FISHING FILMS AND GIVEAWAYS

International Fly Fishing Film Tour 2020

if4

SYMPOSIUM & VENDOR FAIR: 9:00 AM
MOVIES & DOOR PRIZES: 7:00 PM

THE COMMUNITY AUDITORIUM THUNDER BAY
WEDNESDAY MARCH 4, 2020

Tickets \$16 EA
Order Tickets Online At: www.tbca.com
Ph: 684-4444 Toll Free: 1-800-463-8817
In Person at 1 Paul Shaffer Drive

Sponsored By: The North Shore Steelhead Association
<http://www.northshoresteelhead.com>

JESSE COOK
THE TEMPEST 25 TOUR

Celebrating 25 years with 25 concerts

SAT, APRIL 4, 2020
THUNDER BAY COMMUNITY AUDITORIUM
1 PAUL SHAFFER DRIVE, THUNDER BAY, ON

Doors 6:30pm / Show 7:30pm

Tickets at Box Office 807-684-4444 or online at www.tbca.com

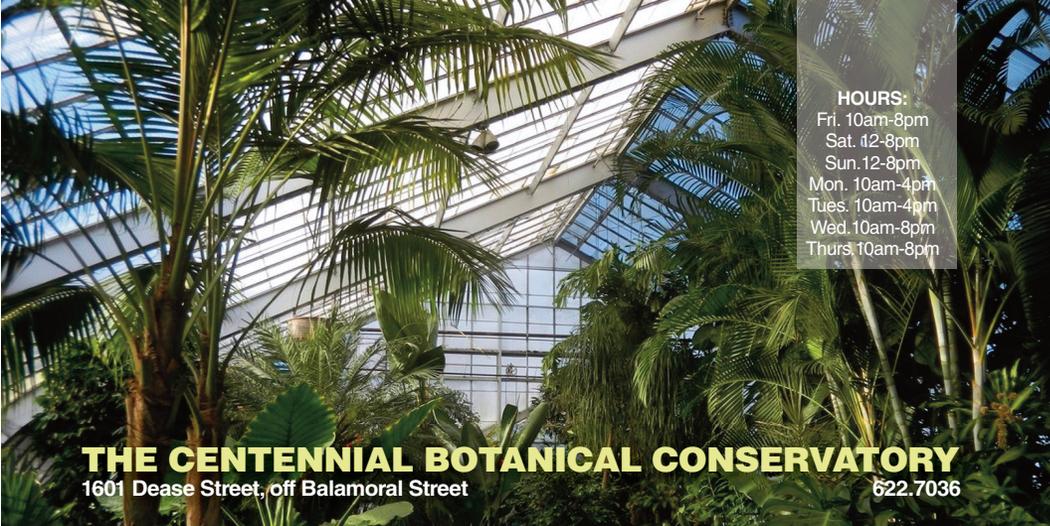
BRAND NEW LIVE STAGE SHOW!

Peppa Pig's Adventure!

FRIDAY APRIL 3, 2020 - 6PM
THUNDER BAY COMMUNITY AUDITORIUM

ORDER TICKETS ONLINE AT WWW.TBCA.COM - PHONE: 807-684-4444

www.peppapiglive.com #peppapiglive



HOURS:
 Fri. 10am-8pm
 Sat. 12-8pm
 Sun. 12-8pm
 Mon. 10am-4pm
 Tues. 10am-4pm
 Wed. 10am-8pm
 Thurs. 10am-8pm

THE CENTENNIAL BOTANICAL CONSERVATORY
 1601 Dease Street, off Balmoral Street 622.7036

HISTORY

As early as 1963 Fort William's Board of Parks Management began discussing options to mark the 100th anniversary of Canada. Fort William chose as its project the Centennial Botanical Conservatory

The conservatory opened on November 18, 1967. The Times Journal reported that 150 people attended the official opening and more than 1000 people visited the following day.

In 1967 the Centennial Advisory Council in Toronto noted that the Conservatory was "one

of the better Centennial projects submitted for the whole of Canada"

In November 2017, the conservatory was full of people again to celebrate the 50th anniversary.

The Thunder Bay Heritage Advisory Committee recommended that the conservatory be added to the local Heritage Registry, which lists properties important to the community and of historical importance. Thunder Bay City Council approved its addition in 2019.



Photos by Allen Nunn



TODAY

Conservatory staff maintain the plant collection in the arboretum. They propagate plants for renewal, and like any garden they weed and care for plants. Staff are responsible for providing thousands of plants for the city's parks and gardens every year. They also grow specific plants for the LID (Low Impact Development) vegetation project: several areas built to have an impact on city flooding as we face the results of climate change. These areas filter rainwater and reduce the amount of water going into storm sewers.

6 • visit www.tbnewswatch.com click on Guest tab at bottom

WHY VISIT

The conservatory offers paths that wind through tropical trees and plants. There is a bridge over a pond, waterfalls and walls of local amethyst. Come to enjoy, or to escape inclement weather.

Small alcoves and benches offer space to relax, have lunch and enjoy the atmosphere. Research studies have found that being in a natural green space has physical, psychological and social benefits; it helps restore the mind's ability to focus and reduces cholesterol, blood pressure and stress hormone levels.

You will see people from all age groups, and from many different cultures. You will meet generations of families, and people accompanied by caregivers and support workers.

From July 2019 through January 2020, visitors came from 24 countries worldwide, including Asia, Europe, South and Central America, the Middle East, as well as Australia, New Zealand, Trinidad, Mexico, South America and Cuba. In addition, we had visitors from 18 American States, 9 provinces and 1 territory.

Bring your camera or your sketchpad. There is ample material here. It's also a favourite place for family photos and photos to celebrate important events in people's lives. The conservatory can also be booked for photo shoots and weddings.

The arboretum has displays of fruit-bearing trees. You can have a first hand experience with bananas, papayas, lemons, figs, mangoes, oranges and coffee, without travelling to distant lands.

The Conservatory borders on the International Friendship Gardens and Chapple's Park and is a great place of access to the recreational trail system for walking or cycling, and snowshoeing and skiing in the winter months.

In the warmer months, the grounds are spectacular. There are picnic tables, and beautiful gardens.

The Thunder Bay Beekeepers' Association offers education about the bees and the hives that are kept on the grounds; Conservatory staff and the Thunder Bay Horticulture Society maintain pollinator gardens so you can see bees at work as well as monarch butterflies.

FACEBOOK: Friends of the Thunder Bay Conservatory
WEBPAGE: friendstbconservatory.com
TWITTER: @friendstbcon
INSTAGRAM: friendstbconservatory
EMAIL: friendstbconservatory@gmail.com

FRIENDS OF THE THUNDER BAY CONSERVATORY

The conservatory was closed from Feb. 2012 to Feb. 2013 as a result of concerns about falling glass. During that time, a group of local university students and friends came together as "Save the Conservatory – Don't Pave Paradise". They were successful in having the city reopen the doors, but there was a need to carry on. From that group, the Friends of the Thunder Bay Conservatory was formed. The group offers educational activities, encourages public participation, and works to promote the continued growth of the conservatory.

The Friends offer events throughout the year. In the colder months events are held inside the conservatory with entertainment, refreshments and activities for children. In the warmer months, the Friends operate a demonstration garden to give people a variety of ideas for growing vegetables. They also offer a children's garden!

Our group often partners with other organizations such as the Thunder Bay Master Gardeners, Science North, Eco Superior, Urban Greenscapes, Doors Open Ontario/Ontario Heritage Trust, The Greenhouse, The Dutch Canadian Society, and Thunder Bay Culture and Events/Exploring our Routes.

Our March event will be "Spring into Life" it will take place on Saturday March 21 from 1:30 to 3:30 and will offer activities for children and a chance to celebrate the coming of spring.

The Friends Group would not be effective without amazing volunteers. If you are interested in volunteering or just in getting in touch, there are a few ways.

Photo by Monika McNabb



Events Continued

Research & Innovation WEEK FEBRUARY 28 - MARCH 5, 2020 Lakehead University

March 4th - Research & Innovation Week 2020 - Lakehead University - Northern IGNITE
by Lakehead University's Economic Development and Innovation Office



March 26th - Thunder Bay Party Night F/Playboyz - 2020 Blast
by Magic Mike Playboyz Variety Show at Fastlane, 180 MacDougall St



April 2nd - Kenny Vs Spenny Live In Thunder Bay,
Brand New Kenny & Spenny Comedy Show!!!
A hilarious, high octane, offensive cringe-filled car crash with Spenny going through the windshield yet again. The internationally renowned frenemies are at odds with what each thinks is funny as their set spirals into hilarious personal attacks, lifelong grievances and the airing of dirty laundry.
NY Music Hall, 228 Red River Rd



April 3, 4 & 5 - Home & Garden Show at CLE

See the latest in Home & Garden products. Exhibitor in 5 venues PLUS expanded Outdoor Display Areas. Craft & Merchandise Tables. Country Market (Fri & Sat). Attendance Prizes. Special Cardinal Room & Scarnati Building Draws

Friday: 4pm – 9pm
Saturday: 10am – 6pm
Sunday: 11am – 4pm
\$5 Admission Daily for ages 13 and over

Free Parking ~ Country Market on Site ~ Attendance Prizes



April 4th - The Uncle Louie Variety Show - 7:00 pm-10:00 pm
DaVinci Centre



April 23-26 - 2020 Sleeping Giant Brewery Keystone Cup
by Thunder Bay Fighting Walleye at Thunder Bay Tournament Centre - 2050 Mountain Rd.



CLIFF HANGER

restaurant & bar

Best Western Plus Nor'Wester Hotel & Conference Centre

Offers 89 renovated guestrooms. It is located only five minutes south of the airport on Highway 61 with a breathtaking view of the Nor'Wester Mountain range from our mountain side rooms. Enjoy the indoor pool, sauna, whirlpool, arcade room, full scale fitness centre, private steam and sauna rooms. This prestigious Hotel earned the 2016 Trip Advisor "Certificate of Excellence Award", this accolade is given only to establishments that consistently achieve outstanding traveler reviews on TripAdvisor, the World's Largest Travel Site. The hotel offers a full service restaurant and bar, and can accommodate meetings or conferences of up to 360 guests. Minutes away from prestigious golf clubs. Discounted coupons to Fort William Historical Park and other local attractions. Experience "The SettingThe Service.....The Satisfaction"

For reservations call toll-free 1-888-473-2378 or direct 1-807-473-9123 email: info@bwnorwester.com



Best Western Thunder Bay Crossroads

Conveniently located minutes from the airport and specially designed for the business traveller, the Best Western Crossroads is proud to offer free local calls, free high speed wireless internet, and always free faxing and photo-copying service. Complimentary Deluxe Continental Breakfast and airport limousine service is also available.

655 W. Arthur St. Junction Highway 61 and 11/17. Call 1-807-577-4241.

Toll Free Local 1-800-265-3253. Canadian and U.S. Worldwide 1-800-528-1234.

Econo Lodge

Located in the heart of the shopping district, the Econo Lodge is centrally located to shopping, restaurants, theatres and is only minutes away from the Thunder Bay Regional Health Sciences Centre. All of our guestrooms come with free continental breakfast, Wi-Fi and local calls. Children under 18 years stay free with a paying adult family member. Ask about our Choice Privileges Points Program.

Group rates are available.

Call toll free at 1-800-4-CHOICE or locally at (807)344-6688.

Located at 686 Memorial Ave. Just minutes away from the Harbour Expressway.

Super 8 Hotel

Thunder Bay's first Super 8. Excellent central location. You're only minutes away from restaurants, shopping and theatre. All of our guest rooms have recently been renovated and come with free SuperStart, Continental breakfast, Wi-Fi and local calls. Children under 17 stay free with a paying adult family member. Ask about our Wyndham Rewards program. Group rates are available.

Superline toll free at 1-800-800-8000 or locally at (807)344-2612. 439 Memorial Ave. Minutes north of the Harbour Expressway.



Best Western®

Thunder Bay Crossroads

**Hot breakfast
and
airport shuttle!**

655 Arthur Street W., Thunder Bay, Ontario • P7E 5R6
807-577-4241 or Local 1-800-265-3253

Wherever Life Takes You, Best Western Is There.®

Each Best Western branded hotel is independently owned and operated



The Landmark Hotel

Welcome to Thunder Bay's Landmark Hotel! Proudly 100% First Nations owned. Featuring inspirational First Nations Art displayed throughout the hotel. The Landmark Hotel is conveniently located at the corner of Dawson Road (Hwy 102) and the Trans-Canada highway (Hwy 11/17) next to County Fair Plaza. During your stay enjoy our family fun, tropical themed pool area and waterslide, plus you'll only be steps away from shopping and restaurants.

For reservations call toll free 1- 800-465-3950, or 807-767-1681.


Proudly 100% First Nation owned.

Featuring
Cultural and Traditional First Nation Art
throughout the hotel.

- Restaurant • Free Wi-Fi • Pet Friendly
- Tropical themed pool with WATERSLIDE!
- Guest Laundry Facilities
- Adjacent to County Fair Plaza, Walmart and L.C.B.O.

1010 Dawson Road, corner of Dawson Road (Hwy 102) and the Trans-Canada Highway (Hwy 11/17)
For reservations call **807-767-1681** or toll free at **800-465-3950**. landmarkinn.ca

Comfort Inn

Thunder Bay (80 Units)- The pet-friendly Comfort Inn® hotel is ideally located near Resolute Forest Products, Bombardier transportation, Ontario government buildings and Thunder Bay Regional Health Sciences Centre. Shopping at Arthur Street Marketplace is within walking distance from this hotel. We are also near boutique shopping, restaurants and local businesses. Our 100% smoke-free hotel is near a variety of colleges, including Lakehead University and the Aviation Centre of Excellence. The local area is an outdoor paradise full of opportunities for skiing, golfing, boating and more. This Thunder Bay hotel offers easy access to all major attractions in the area. Guests of this Comfort Inn Thunder Bay hotel are invited to enjoy many amenities including: complimentary hot breakfast buffet, stylish bathrooms with granite vanities, coffee makers, hair dryers, irons and ironing boards, refrigerators and microwaves. Whether traveling for business or pleasure, make the Comfort Inn your home away from home when visiting Thunder Bay! The Comfort Inn hotel is an ideal option for personal, family and business travel in the Thunder Bay area.
Thunder Bay south at 660 West Arthur St. Call 475-3155 or toll-free for reservations 1-800-228-5150.

Dryden (62 Units) - Comfort Inn in Dryden hotel is conveniently located on Hwy 17 minutes from the Dryden District Museum, the Dryden Airport and the Dryden Regional Health Centre. Our 100% smoke-free location features drive-up rooms with patio door access, free parking and a complimentary hot breakfast buffet served in our breakfast room. Featured amenities include a 24-hour business center, express check-out and complimentary newspapers in the lobby. With our convenient location, the Comfort Inn hotel is the place to stay while travelling or doing business in the Dryden area! **522 Government St (Hwy 17), Dryden 1-807-223-3893.**



Comfort Inn

Complimentary Hot Breakfast Buffet

- 24-Hour Business Center
- Pillow-Top Beds with Truly Yours Bedding
- 32-inch LCD Flat Screen Televisions and Ergonomic Chairs
- Pet-Friendly Guestrooms
- Free Wireless High Speed Internet
- Ground Floor Rooms with Patio Door Access
- Unlimited Free Long Distance Calling Up to 5 Nights

A New Level of **Comfort!**



**Thunder Bay - www.thunderbaycomfortinn.com
(807) 475-3155**

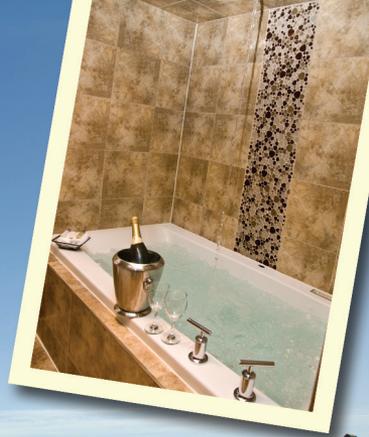
**Dryden - www.drydencomfortinn.com
1-807-223-3893**

Toll Free: 1-800-228-5150



Best Western PLUS

BEST WESTERN PLUS
Nor'wester Hotel & Conference Centre



The Setting...
The Service...
The Satisfaction...



2080 Highway 61, Thunder Bay, ON P7J 1B8
Direct Line 1-807-473-9123
Toll Free Reservations 1-888-473-2378

www.bwplusnorwester.com

Shopping /Dining

Amethyst Mine Panorama & Gift Centre

The area's largest deposit, Amethyst Mine Panorama, was discovered in 1955. Thousands annually enjoy the scenic beauty of the area while having an adventure digging for their own amethyst. Pails, digging tools, and running water are supplied for easy digging. Guided and self-guided tours are available along with a well stocked gift shop. **The mine is open mid-May to mid-October. Open seven days a week 10:00 a.m. to 5:00 p.m. July and August 10:00 a.m.-6:00 p.m. 500 Bass Lake Rd, Shuniah. 56 km East of Thunder Bay.**



Get on board with the next trend in seafood: Sea-cuterie

(NC) A new take on the classic charcuterie board is quickly becoming one of the hottest food trends of 2020. Instead of cured meats, chefs and enthusiastic foodies have been creatively replacing them with fish and seafood in what's cleverly coined "seacuterie." Ahead of the curve when it comes to what's new and fresh in seafood, MSC ambassador chef Charlotte Langley has been creating delectable seacuterie boards and showcasing the variety of tastes and textures the sea has to offer since she began experimenting with food. As a supporter and advocate for healthy oceans through sustainable seafood, she shares her favourite certified ocean-friendly seafood options, how-to tips and sides for building a stellar platter: Make sure to start by choosing seafood with the MSC blue fish label – this means it's certified sustainable, wild and traceable to its source, so it's good for the oceans, too.

Add some decadence by using butter-poached lobster. Serve with whipped cream cheese, shaved fennel and cucumber salad. For a variety of colour and to give your platter some dimension, stack skinless and boneless canned mackerel. This pairs well with fresh tomato and ricotta. Add MSC certified tuna tataki, which is inspired by the Japanese method of searing fish briefly over a hot flame.

Serve a small bowl or mason jar of wild smoked salmon "rilette" (recipe below). Try sweet and delicate cold-water shrimp, which often comes from local Canadian fisheries.

For a delicious dip option, mix yogurt, fresh chopped dill, shallots and a squeeze of lemon juice for some acidity and kick. Elevate your platter by finishing with any of your favourite light and creamy dips, lemon wedges, grated horseradish, fresh bread and your choice of breads and crackers.

AMETHYST GIFT CENTRE

400 VICTORIA AVE. EAST THUNDER BAY

OPEN YEAR ROUND
FREE WORKSHOP TOURS
HANDCRAFTED ON SITE
807.622.6908

Mon.-Fri. 9:00am-5:00pm
Sat. 9:30am-4:00pm



100% CANADIAN MADE AMETHYST - MINED SINCE 1960



CITY PARKS AND Natural Attractions



Observatory - Star Walk Class

FORT WILLIAM HISTORICAL PARK

Fun And Adventure are in store for everyone at Fort William Historical Park (FWHP) - winner of the Attractions Canada Award of Excellence and Northwestern Ontario's One-stop Destination! One of North America's Top Living History Attractions. A Multi-Component Facility. There's much more! Experience the wonders of the Universe courtesy of the Star Walk Program at the David Thompson Astronomical Observatory (DTAO). Or camp out under the stars at the RV park, and enjoy kayak and canoe rentals, and

hiking on the Wilderness Island. FWHP also hosts weddings, conferences, meetings, and banquets in venues both spacious (McGillivray's Landing) and intimate (Canot du Nord). Amenities include: The Fort William Trading Post, Restaurant, canoe rides, convention and meeting rooms, wheelchairs, strollers, accessible washrooms and ample free parking. Located on King Road off Broadway Avenue from Highway 61 South.



Suspension Bridge in Summer

EAGLE CANYON ADVENTURES

Eagle Canyon Adventures is Lake Superior's Circle Tour #1 Adventure Attraction. We are home to both Canada's longest suspension bridge AND Canada's longest zip line. Our bridge extends an amazing 600 feet across the canyon and hangs at the height of 152 feet above the canyon floor. If one bridge wasn't enough, we also have our smaller bridge which spans 300 feet across and 125 feet from the bottom. Cross the suspension bridges for an unforgettable thrill or simply witness for yourself, from an eagle's perspective, the

majestic span of the bridges and absorb the beauty of your unique surroundings. View the depths of the canyon where a beautiful spring-fed lake reflects the breathtaking mountain range in the distance. Your journey doesn't end at the top. Explore our numerous wilderness trails, follow the stairs cascading into the canyon and hike along the shoreline for a complete grand tour of the grounds. For the ultimate thrill seeker, take a ride on Canada's longest, highest, fastest and safest zip line. At half a mile long, 175 feet high and reaching speeds in excess of 45 mph, you will soar like an eagle down the centre of the canyon for an exhilarating 60 second thrill ride to the canyon floor. Whether you are looking for the ultimate adventure or for relaxation at an outdoor paradise, Eagle Canyon is your all-in-one destination. *We are just minutes away from all the amenities the town of Dorion has to offer, and only 45 minutes East of Thunder Bay.*

Choose your fun!

NORDIC SKIING

Cross-country skiers can sample the scenic vistas of the Nor'Wester Mountains at Kamview Nordic Centre, the pristine wilderness trails of Sleeping Giant Provincial Park, the challenge of world-class racing at Lappe, or the picturesque surroundings on Kakabeka Falls and Mink Mountain trails.

KAKABEKA FALLS PROVINCIAL PARK

Highway 11-17 at Kakabeka Falls
Snowphone - (807) 285-0801

KAMVIEW NORDIC CENTRE

851 20th Side Road off Hwy. 61
Snowphone - (807) 285-0801

MINK MOUNTAIN

Sturgeon Bay Rd. off Hwy. 61
Snowphone - (807) 622-5009
Toll Free 1-888-616-6465

SLEEPING GIANT PROVINCIAL PARK

Hwy. 587 from Hwy. 11-17
Snowphone - (807) 285-0801

For more information, contact:
Thunder Bay Nordic Trails
Association Club & Trail Information
Tel: (807) 475-7081
email: tb nordictrails@tbaytel.net
tbnordictrails.com

LAPPE NORDIC SKI CENTRE

Concession 4 Rd. off Mapleward Rd.
For information about Lappe Nordic
Ski Centre, Snow & Trail Information,
Contact: Tel: (807) 767-2423
www.lappenordic.ca

ALPINE SKIING

Plenty of snow and large vertical drops make for excellent downhill skiing and snowboarding. Local downhill areas offer runs to satisfy all - from beginner to thrill-seeking experts. Each resort provides equipment rentals and food & beverage service. Some hills also offer tubing and snowmobiling.

LOCH LOMOND SKI AREA

Loch Lomond Road off Hwy. 61
(807)475-7787

MOUNT BALDY SKI AREA

Hwy. 527 off Hwy. 11-17
(807)683-8441





CONSERVATION AREAS OF THE LAKEHEAD REGION

Conservation Areas offer great recreation at all times of the year with several areas accessible during the winter months. Walking the trails is popular, particularly at Cascades Conservation Area. Hazelwood Lake Conservation Area offers an un-supervised beach, extensive trail system and the perfect setting for paddling. Silver Harbour and Little Trout Bay Conservation Areas have boat launches on Lake Superior. The trail system at Mission Island Marsh

Conservation Area features an A ODA-compliant, wheelchair accessible paved loop trail with a wheelchair accessible viewing scope. The birding at Hurkett Cove Conservation Area is some of the best in Northwestern Ontario. MacKenzie Point Conservation Area is a small rock outcrop into Lake Superior that's perfect for taking in sunrises, and Cedar Falls Conservation Area is a picturesque spot that features a short hike to small waterfalls. Conservation Area visitors are asked to deposit their \$2.00 per vehicle parking fee in the collection box at each visit. Also available is the Explore Card Parking Pass, which allows for free parking at all of the LRCAs seasonal and year-round Conservation Areas for one full year, at a cost of \$30.00 +HST. *For more information, please visit www.lakeheadca.com, email us at info@lakeheadca.com, or give us a call at (807) 344-5857. The LRCA is on Facebook, Instagram and Twitter; be sure to follow @lakeheadregion.*

	<p>NEWER & BIGGER LOCATION</p> <p>18 Court Street S., Thunder Bay, ON P7B 2W3</p>
<p><i>"Creating An Appreciation & Awareness of Native Culture Through Art"</i></p> <p>(807) 577-2656 • www.ahnisnabae-art.com louisethomas@ahnisnabae-art.com</p>	

AHNISNABAE ART GALLERY

"CREATING an APPRECIATION & Awareness of Native Culture Through Art." NEW LOCATION IN THE HEART of the DOWNTOWN of PORT ARTHUR. Our gallery is the home of the late renowned Woodland artist Roy Thomas. Proudly representing local and regional First Nation artists from around the region & across Canada. We carry a large variety of authentic works such

as, fine art, giclée prints, silkscreen prints, soapstone carvings, moccasins, handmade-jewellery, books, greeting cards. We have the largest selection of authentic Native Art in the Northwestern region of Northern Ontario. A perfect place for unique gifts! **HOURS: Tuesday and Friday 11:00a.m.-7:00p.m. Saturday 12:00 noon-5:00 p.m. By Appointment contact: 807- 577-2656 or louisethomas@ahnisnabae-art.com**

Website at www.ahnisnabae-art.com NEWER & BIGGER LOCATION 18 COURT ST SOUTH, THUNDER BAY ON, P7B 2W3.

BOTANICAL CONSERVATORY

The Centennial Botanical Conservatory is a fascinating place to visit. Opened in 1967 by the Fort William Parks Board as a Centennial project, it is a legacy to the citizens of Thunder Bay. The central and largest room in the Conservatory is the tropical house - a humid arboretum featuring exotic flowers, trees, shrubs and other plants from around the world in a year-round tropical setting. The greenhouses adjacent to the Conservatory are used by staff to raise bedding plants and hanging floral displays for use in Thunder Bay Parks. For a spectacular season floral display, see Hillcrest Park. Amenities & Attractions: Inside: Tropical arboretum filled with flowering plants and exotic trees and shrubs from around the world, park benches, waterfall and wishing pond, washroom facilities, wheelchair accessible, guided tours of conservatory available. *Hours: 8 am to 4 pm, seven days a week. Closed, Christmas Eve & Christmas Day, Boxing Day, New Year's Eve & New Year's Day, and Good Friday. Wedding Ceremonies/Photos: call Booking at 625-2941. Location: 1601 Dease Street West, Thunder Bay, Contact: Telephone: (807) 622-7036.*

FWFN MOUNTAIN BINGO

We're the highest paying Bingo Hall in town to offer special promos to our valued customers in the way of evening sessions with reduced book prices. During the Month we have special customers appreciation nights with 1/2 price night, draw night \$1000 total (Cash and/or prizes), Holiday Giveaways. See our new TEDS, our new bigger monitors, smoking and non-smoking rooms. Player appreciation – check the calendar for 3 x \$200 cash prizes around the end of each month beginning April 17 – every Wednesday – ½ price special books. *For any questions please contact the Bingo Manager at (807) 624-0111 or check us out at www.mountainbingo.com*

MAGNUS THEATRE

Each season, Magnus Theatre offers a mainstage subscription series chosen from the Canadian, classic and contemporary repertoire. Theatre in Education programming includes issue-based Theatre for Young Audiences, theatre classes for all ages, and workshops for schools and other organizations. Other activities include the Theatre for Young Audiences Tour, Regional Touring and New Play Development comprised of play reading services, new play workshops and production. *Contact us at 807-345-5552.*

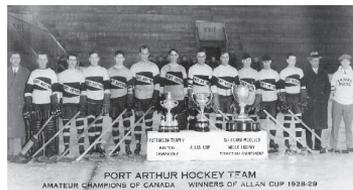
Northwestern Ontario Sports Hall of Fame and Museum



**Celebrating Our Proud
Sports Heritage**

Downtown Thunder Bay South
Beside City Hall
Gallery Hours:

Tuesday to Saturday 12 - 5 pm

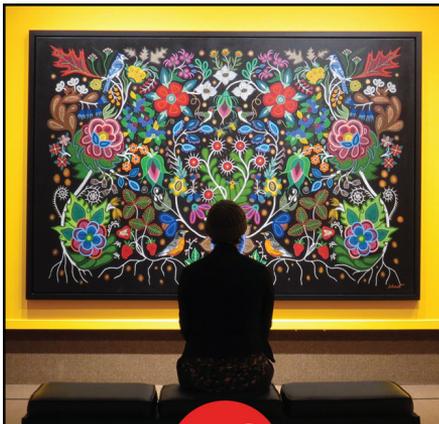


PORT ARTHUR HOCKEY TEAM
AMATEUR CHAMPIONS OF CANADA - WINNERS OF ALLAN CUP 1928-29

219 May Street South www.nwosportshalloffame.com (807) 622-2852

NORTHWESTERN ONTARIO SPORTS HALL OF FAME AND MUSEUM

Attention sports fans and history buffs alike. Don't miss your chance to learn about the areas rich and proud sports heritage at the region's only sports museum and hall of fame. Featuring an exhibit gallery designed to resemble the various venues of sport, a ski chalet and arena contain memorabilia relating to a rich tradition of winter sport activities. An old style stadium takes you to the days of summer and the stories and photographs from years past. The Hall of Fame area celebrates the athletes and builders who have brought pride and honour through their many accomplishments. Educational programs and tours are offered for schools and groups. A sports library and archives are available for researchers. Current featured exhibits include a salute to our amateur and professional hockey heritage and a celebration of our rich baseball history. *Located at 219 May Street South, beside City Hall, in Downtown Thunder Bay South, this heritage facility is open to the public Tuesday to Saturday from 12:00 noon to 5:00 pm. For more information call (807) 622-2852 or visit www.nwosportshalloffame.com*



**THUNDER BAY
ART GALLERY**

see yourself here

1080 Keewatin St | 807 577 6427 | info@theag.ca

THUNDER BAY ART GALLERY

Featuring three large gallery spaces with exhibitions that change every four to six weeks, the Thunder Bay Art Gallery is the only public art gallery between Sault St. Marie and Winnipeg. The Gallery's three fold mandate is: 1) to exhibit the work of contemporary Indigenous artists; 2) to present exhibitions by artists from Thunder Bay and the surrounding region; 3) to host travelling shows from other cultural centres. The Thunder Bay Art Gallery's outstanding Permanent Collection of more than 1600 works by Indigenous artists is internationally recognized for its scope and depth. The Gallery Store offers original art and jewellery, crafts and clothing accessories. In addition, the Thunder Bay Art Gallery offers a wide array of educational and community outreach services such as guided tours, visiting artist

lectures and workshops, art classes for all ages. *For more information call 807-577-6427 or visit the Gallery's web-site at ww.theag.ca. Located at 1080 Keewatin Street on Confederation College Campus. Facebook. Twitter.*



MOUNTAIN BINGO

FORT WILLIAM FIRST NATION

400 Anemki Dr.

Call: (807) 622-5914

www.mountainbingo.com

**Twoonie
Jackpot**

1692

**Super
Jackpot**

\$3000

IN 50 NUMBERS

**Progressive
Jackpot**

7498

IN 50 NUMBERS



CATCH THE ACE!

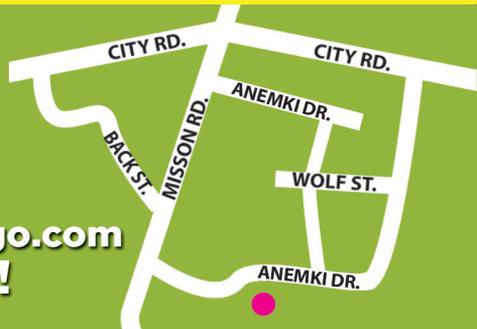
Purchase a ticket for a chance to win the Progressive Pot Every Thursday at 2pm. License #11575

PLAYER APPRECIATION!

Check the calendar for 3 x \$200 CASH PRIZES around the end of each month beginning April 17 - every Wednesday-¹/₂ PRICE SPECIAL BOOKS.



CHECK
www.mountainbingo.com
for GAMES!



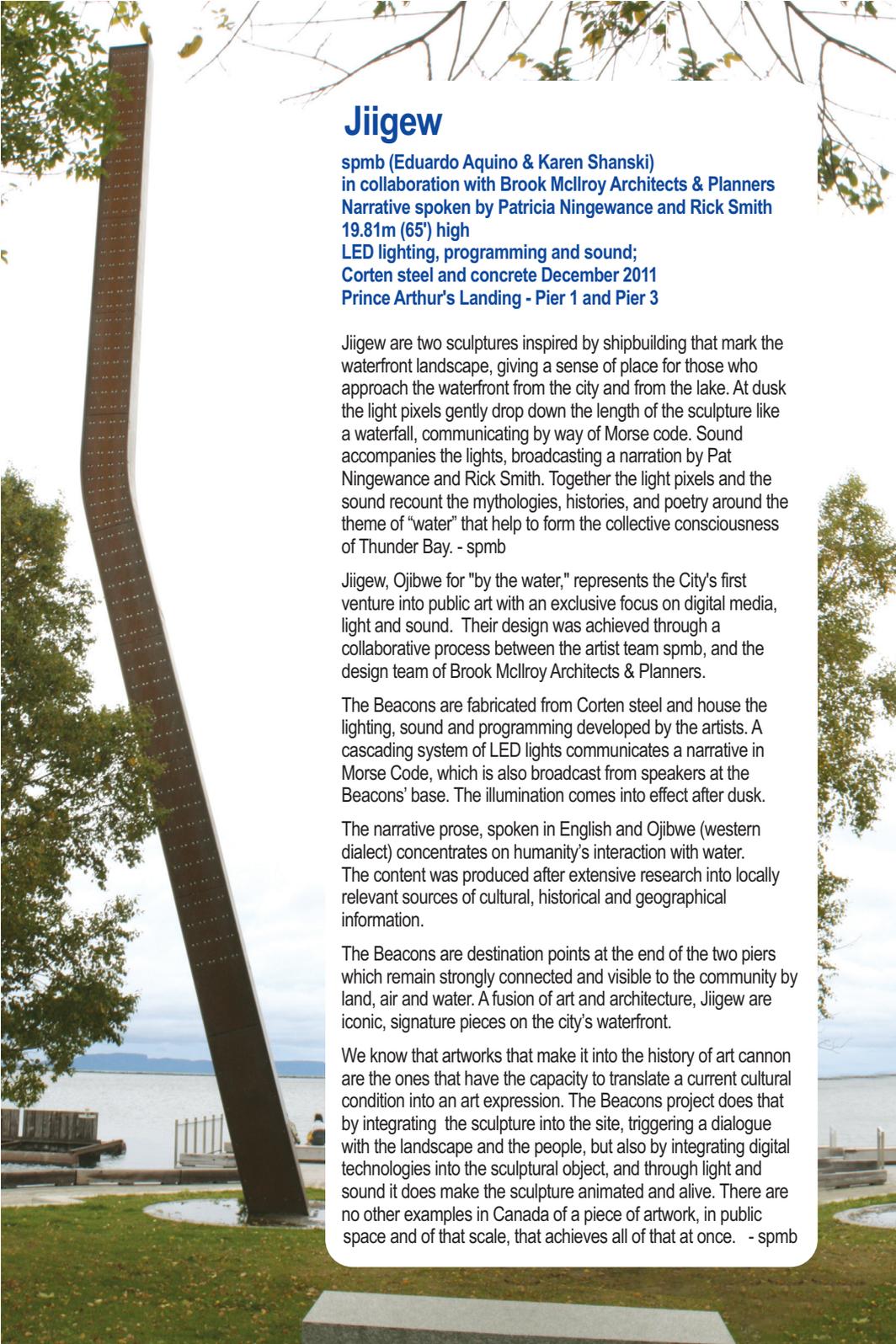
Mini and Monster Bingos

All evening sessions.

Sunday, Tuesday - Friday 6:45 pm – 10:00 pm

Doors open at 4:30 pm. Early bird 6:45 pm

Closed on Mondays and Saturdays.



Jiigew

spmb (Eduardo Aquino & Karen Shanski)
in collaboration with Brook McIlroy Architects & Planners
Narrative spoken by Patricia Ningewance and Rick Smith
19.81m (65') high
LED lighting, programming and sound;
Corten steel and concrete December 2011
Prince Arthur's Landing - Pier 1 and Pier 3

Jiigew are two sculptures inspired by shipbuilding that mark the waterfront landscape, giving a sense of place for those who approach the waterfront from the city and from the lake. At dusk the light pixels gently drop down the length of the sculpture like a waterfall, communicating by way of Morse code. Sound accompanies the lights, broadcasting a narration by Pat Ningewance and Rick Smith. Together the light pixels and the sound recount the mythologies, histories, and poetry around the theme of "water" that help to form the collective consciousness of Thunder Bay. - spmb

Jiigew, Ojibwe for "by the water," represents the City's first venture into public art with an exclusive focus on digital media, light and sound. Their design was achieved through a collaborative process between the artist team spmb, and the design team of Brook McIlroy Architects & Planners.

The Beacons are fabricated from Corten steel and house the lighting, sound and programming developed by the artists. A cascading system of LED lights communicates a narrative in Morse Code, which is also broadcast from speakers at the Beacons' base. The illumination comes into effect after dusk.

The narrative prose, spoken in English and Ojibwe (western dialect) concentrates on humanity's interaction with water. The content was produced after extensive research into locally relevant sources of cultural, historical and geographical information.

The Beacons are destination points at the end of the two piers which remain strongly connected and visible to the community by land, air and water. A fusion of art and architecture, Jiigew are iconic, signature pieces on the city's waterfront.

We know that artworks that make it into the history of art cannon are the ones that have the capacity to translate a current cultural condition into an art expression. The Beacons project does that by integrating the sculpture into the site, triggering a dialogue with the landscape and the people, but also by integrating digital technologies into the sculptural object, and through light and sound it does make the sculpture animated and alive. There are no other examples in Canada of a piece of artwork, in public space and of that scale, that achieves all of that at once. - spmb

Just Good Rock Tunes

Rock 94

www.Rock94.com



NORTHWESTERN ONTARIO'S
W PROFESSIONAL
N THEATRE
A NEW
E EXPERIENCE
M
F EVERY

Magnus
 Theatre

magnustheatre.com

2020 SLEEPING GIANT LOPPET
 THUNDER BAY • ONTARIO • CANADA

SKI. SLEEP. GIANT. REPEAT.

MARCH 7 2020
SleepingGiantLoppet.ca

Presented By:

Half-Way Motors

NORDMIN GROUP OF COMPANIES

ONTARIO PARKS

resolute

tbaytel

Thunder Bay

ckpp THUNDER BAY HD

Global THUNDER BAY HD

ENERGY (to Canada)

efno YOUR BUSINESS SOURCE 94.1 FM • 100.7 • 107.1

CRFK

Rock 94

tbnewswatch.com

source The Community Network

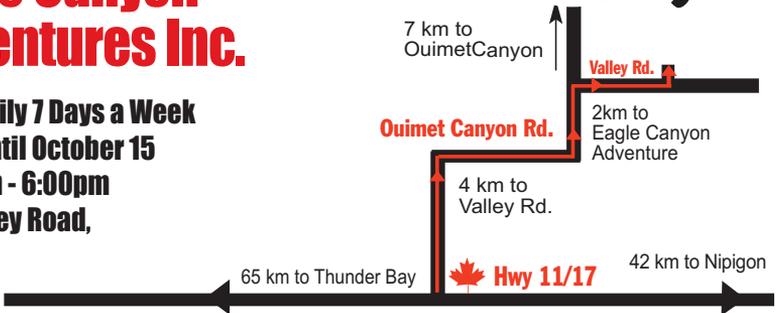
TRAVELLING EAST TO
Eagle Canyon Adventures Inc.

travelling
EAST

All Ages Welcome!

**Eagle Canyon
Adventures Inc.**

Open Daily 7 Days a Week
May 1 until October 15
10:00am - 6:00pm
275 Valley Road,
Dorion



www.eaglecanyonadventures.ca

Phone: (807) 355-3064 Email: eaglecanyonadventures@msn.com

HIGHWAY 11/17

EAGLE CANYON ADVENTURES

Eagle Canyon Adventures is Lake Superior's Circle Tour #1 Adventure Attraction. We are home to both Canada's longest suspension bridge AND Canada's longest zip line. Our bridge extends an amazing 600 feet across the canyon and hangs at the height of 152 feet above the canyon floor. If one bridge wasn't enough, we also have our smaller bridge which spans 300 feet across and 125 feet from the bottom.

**CANADA'S LONGEST
ZIP LINE SUSPEN-
SION FOOT BRIDGE**

Cross the suspension bridges for an unforgettable thrill or simply witness for yourself, from an eagle's perspective, the majestic span of the bridges and absorb the beauty of your unique surroundings. View the depths of the canyon where a beautiful spring-fed lake reflects the breathtaking mountain range in the distance.

Your journey doesn't end at the top. Explore our numerous wilderness trails, follow the stairs cascading into the canyon and hike along the shoreline for a complete grand tour of the grounds.

For the ultimate thrill seeker, take a ride on Canada's longest, highest, fastest and safest zip line. At half a mile long, 175 feet high and reaching speeds in excess of 45 mph, you will soar like an eagle down the centre of the canyon for an exhilarating 60 second thrill ride to the canyon floor.

Whether you are looking for the ultimate adventure or for relaxation at an outdoor paradise, Eagle Canyon is your all-in-one destination.

We are just minutes away from all the amenities the town of Dorion has to offer, and only 45 minutes East of Thunder Bay.

Welcome to
Thunder Bay! Let us help you
 plan your route.



- 1 Arthur & James Street District
- 2 Arthur Street Marketplace
- 3 Bay & Algoma Business District
- 4 CLE
- 5 County Fair Mall
- 6 Current River Boulevard Park
- 7 Grandview Mall
- 8 Intercity Shopping Centre
- 9 Lakehead University
- 10 McIntyre Centre
- 11 Northwood Park & Confederation College
- 12 Thunder Centre
- 13 Victoriaville Centre, (Centennial Square) May & Victoria
- 14 Walmart (3 locations)
- 15 Waterfront B.I.A.
- 16 Westfort Business District

Markers on the map are intended to lead you to the approximate area of the location you are seeking. A detailed map of the City of Thunder Bay is available at certain locations throughout the city or by stopping by 87 N. Hill Street during regular business hours.

OUR STREETS CHANGE NAMES

SIMPSON STREET-FORT WILLIAM ROAD -
 WATER STREET - CUMBERLAND STREET - HODDER AVE.

MAY ST - MEMORIAL AVE. - ALGOMA STREET

Experience the North Shore at Grand Portage



**EXCEPTIONAL ENTERTAINMENT,
SPECTACULAR EVENTS,
EXHILARATING PROMOTIONS,
*A Perfect Destination!***

Just minutes from the Canadian border on legendary Highway 61, visit the welcoming community of Grand Portage nestled on the shore of gorgeous Lake Superior. Experience incredible views, visit historic attractions, explore north woods trails, dine well, rest comfortably, and play all day long at Grand Portage Lodge and Casino (GPLC) open year-round.

Players will find an exceptional gaming experience at GPLC's state-of-the-art casino floor. With over 450 slot machines 24/7, plus live blackjack and three card poker action Wednesday - Saturday, it's round-the-clock excitement. The Lodge features a dramatic interior honouring the indigenous culture of Grand Portage including a stunning witch tree installation anchoring the towering three-story fireplace gathering area.

Overnight guests will find elegantly renewed hotel rooms and suites, a fitness area, and a generous new pool complex with views of Lake Superior and direct outdoor access to Portage Bay. The popular Island View Dining Room serves comfort food with a view: featuring breakfast, lunch, and dinner, with daily specials like slow roasted prime rib, crispy fried walleye and buffets on Saturdays. Or stop by Antler's Lounge to enjoy the game and a refreshing beverage.

Explore Grand Portage and discover over 500 years of vibrant aboriginal history at Grand Portage National Monument. Take the ferry to Isle Royale National Park, an International Biosphere Reserve. Book in to Grand Portage Marina and RV Park, or escape to Hollow Rock Resort featuring five well-appointed cabins tucked into 12 gorgeous acres of Lake Superior peninsula.

Don't leave without checking out the Grand Portage Trading Post with great prices on gas & diesel, the best car wash around, money exchange, cross-border parcel pick-up, and weekly food specials. Plus free daily shuttles are available from Thunder Bay. For more information, call 1-800-543-1384 or visit GrandPortage.com.

THUNDER BAY TO DULUTH MINNESOTA

APPROXIMATE DISTANCES FROM THUNDER BAY TO:

	Miles	Km.	Miles	Km.
Grand Portage	48	77	Two Harbors	169
Grand Marais	85	137	Duluth	190
Lutsen	104	167	Minneapolis	350
				563

**GRAND
PORTAGE**
LODGE & CASINO

www.grandportage.com

INFORMATION

AIRLINES

Thunder Bay Airport is situated in the western suburbs of the city at the junction of Highway 61 and Neebing Avenue. For schedules and related information call the airline concerned.

Air Canada **1-888-247-2262**

Bearskin Airlines **1-800-465-2327**

Porter Airlines **1-888-619-8622**

Thunder Airlines Ltd. **475-4211**

Wasaya Airways Ltd. **1-807-473-1200**

Westjet **1-888-937-8538**

CITY TRANSIT

For information regarding route schedules, fares, charters, lost articles, etc., call the Thunder Bay Transit Office at **684-3744**

BUSINESS INFORMATION

Thunder Bay Chamber of Commerce
200 S. Syndicate Ave. Suite 102 **624-2626**

CITY OFFICES

General Inquiries -

City Hall - 500 Donald Street E **625-2230**

Community & Emergency Services -

Victoriaville Civic Centre - 111 S. Syndicate Avenue **625-2216**

Community Services -

Victoriaville Civic Centre 111 Syndicate Ave S. **625-2351**

COLLEGE AND UNIVERSITY

The Confederation College of Applied Arts and Technology Nakina Drive **475-6110**
Lakehead University 955 Oliver Rd **343-8110**

VISITORS INFORMATION CENTRES

The Terry Fox Lookout Visitor Centre
Terry Fox Highway, Hwy. 11/17 **983-2041**
Ontario Travel Information
(Seasonal May-October)
7671 Hwy 61, Neebing Ontario **964-2094**

CITY OF THUNDER BAY MAPS

Pick up your copy at numerous local hotels, restaurants, businesses and Tourist Bureaus.

WEATHER INFORMATION

For the convenience of visitors to Thunder Bay a long range weather forecast can be obtained by calling **345-9111**

BEER & LIQUOR

Anyone over 19 may buy liquor, imported or domestic wines and imported beer.

EMERGENCY NUMBERS

Fire, Police, Ambulance, Poison Control **911**

Thunder Bay Police Non Emergency
684-1200

Ontario Provincial Police **1-888-310-1122**
R.C.M.P. **623-2791**

Free Information about community, social, and health related government services and more at **211**.

Crimestoppers 1-800-222-TIPS

FISHING & HUNTING

For information on current season dates, regulations and license fees, contact the Ministry of Natural Resources. 435 James Street S. - **475-1471**

Natural Resources (Bears) **1-866-514-2327**

MEDICAL SERVICES

Visitors are strongly urged to obtain health insurance before leaving their home country. (It is possible that your health insurance does not extend coverage outside your country of residence). If you are taking medicine prescribed by your doctor, bring an adequate supply. Prescriptions filled in Ontario must be written by an Ontario doctor.

HOSPITALS

Thunder Bay Regional Health Science Centre - 980 Oliver Road **684-6000**

St. Joseph's Hospital
35 N. Algoma Street **343-2431**



**THUNDER BAY DISTRICT
CRIMESTOPPERS**
Let's work together to fight crime!

SEE  Something	HEAR  Something	SAY  Something
--	---	--

www.tbdc.ca **1-800-222-TIPS**

OTHER MEDICAL

George Jeffrey Children's Treatment Centre
200 Brock E. Street **623-4381**

Crisis Response Services

Thunder Bay: **807-346-8282**

District / Toll-Free: **1-888-269-3100**

WALK-IN CLINICS

Fort William Family Health Team

1260 Golf Links Rd. **626-1234**

Thunder Bay-IDA Pharmacy

1040 Oliver Rd. **345-8880**

Kakabeka Falls 4781 Hwy 11/17 **577-2435**

Rosslyn IDA 202 ON 130 Rosslyn **939-2007**

Northwest Walk-In Clinic

1265 Arthur St. E, Ste. **623-7101**

Port Arthur 194 N. Court Street **346-1000**

Regional

1077 Golf Links Rd. Street **622-3995**

Ridgeway-1001 Ridgeway St. **622-0601**

Spence-1265 E. Arthur Street **626-1111**

White Cedar 125 Vickers St. S. **475-4357**

(Mon.-Thurs. 9:30am-4:30pm)

Oak Medical Arts

Academy Clinic -554 Beverly St. **344-4540**

Elite Clinic-106 N.Cumberland St. **767-7002**

River Terrace Clinic-1260 Golf Links **343-0010**

ANIMAL SERVICES

City Animal Control - 882 Alloy Pl. **684-2156**

Thunder Bay & District Humane Society

475-8803

VETERINARY HOSPITALS

Emergencies Only Call Nurses Registry for
Animals **623-7451**

Highview Clinic-860 Red River Rd. **767-1615**

Meadows Clinic-644 Arthur St. W **577-6491**

Northwestern Veterinary Hospital

-1160 Oliver Rd. **345-3353**

Thunder Bay Veterinary Hospital

-920 Carrick St. **623-3531**

CUSTOMS REGULATIONS

If you're an American citizen returning to the U.S., and if you've been in Canada more than 48 hours and have declared nothing in the last 30 days, you can take back \$800 (U.S.) worth of merchandise per person, duty free. This may include up to 32 oz. of alcohol per adult, 200 cigarettes and 100 cigars which are not of Cuban origin.

INTERPRETER SERVICES

Thunder Bay Multicultural Association

Interpreter Access Centre (24 hour) **345-0551**

RADIO & BROADCASTING

DOUGALLMEDIA RADIO STATIONS

CJSD-FM (ROCK '94) **94.3**

CKPR-FM **91.5**

CITB FM (Tourist) **97.1**

CFQK (ENERGY) **104.5**

CKED (ENERGY) **103.5**

CFNO **93.1, 100.7, 107.1**

TELEVISION

BDU	Resolution	CKPR Channel Number	Global Channel Number
Off Air	HD	2	4
Shaw Cable <i>(Basic & Classic)</i>	SD	5	6
Shaw Digital	HD	210	211
Shaw Direct	SD	304	314
<i>(Classic Lineup)</i>	HD	37	38
Shaw Direct	SD	51	52
<i>(Advanced Lineup)</i>	HD	537	538
Shaw BlueSkyTV	HD	104	101
Bell TV	SD	223	222
<i>Advanced Lineup</i>	HD	1066	1065
tbaytel	HD	205	215

TRAVEL - AUTOMOBILE

DRIVER'S LICENCE - A valid licence from any country is valid in Ontario for 3 months.

SEAT BELTS - The law in Ontario requires the driver and passengers to wear seat belts if the vehicle is equipped with them.

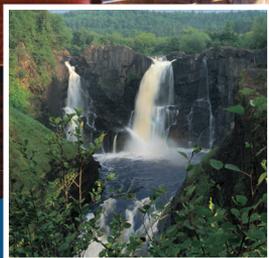
SPEED LIMITS - On highways and expressways, 90 km/h (55 mph) or as posted; in urban and built up areas it's usually 50 km/h (30 mph).

METRIC CONVERSION - All mileage and speed limit signs in Ontario are in metric (kilometres). The kilometre is equal to five eighths (5/8) of a mile. To convert miles to kilometres simply multiply the miles by 1.6, eg. 100 miles equals 100x1.6=160 km. Conversely, to convert kilometres to miles, multiply the number of kilometres by .6, eg. 100 km equals 100x.6=60 miles.

AUTO CLUBS - The Ontario Motor League is affiliated with the AAA. The membership card from your local AAA branch entitles you to all the benefits of the OML.

ACCIDENTS - If you are involved in an accident resulting in a personal injury or property damage over \$1,000 you must notify the police and remain at the scene of the accident until cleared by investigating officers.

YOUR NEARBY NORTH SHORE GETAWAY



Get away to it all without traveling far! Relax in beautiful renovated rooms and play in our expanded new casino. Enjoy delicious comfort food in Island View Dining Room, then chill in Antlers Lounge surrounded by big screen sports action! On the pristine shore of Lake Superior, Grand Portage Lodge & Casino is your home away from home!

Located less than one hour south of Thunder Bay on scenic Highway 61.

FREE shuttle service from Thunder Bay. Call 1-807-577-4601 to make reservations.

GRAND PORTAGE



LODGE ♦ CASINO

To book a room, call or visit:

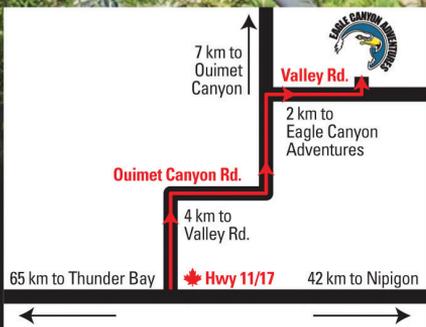
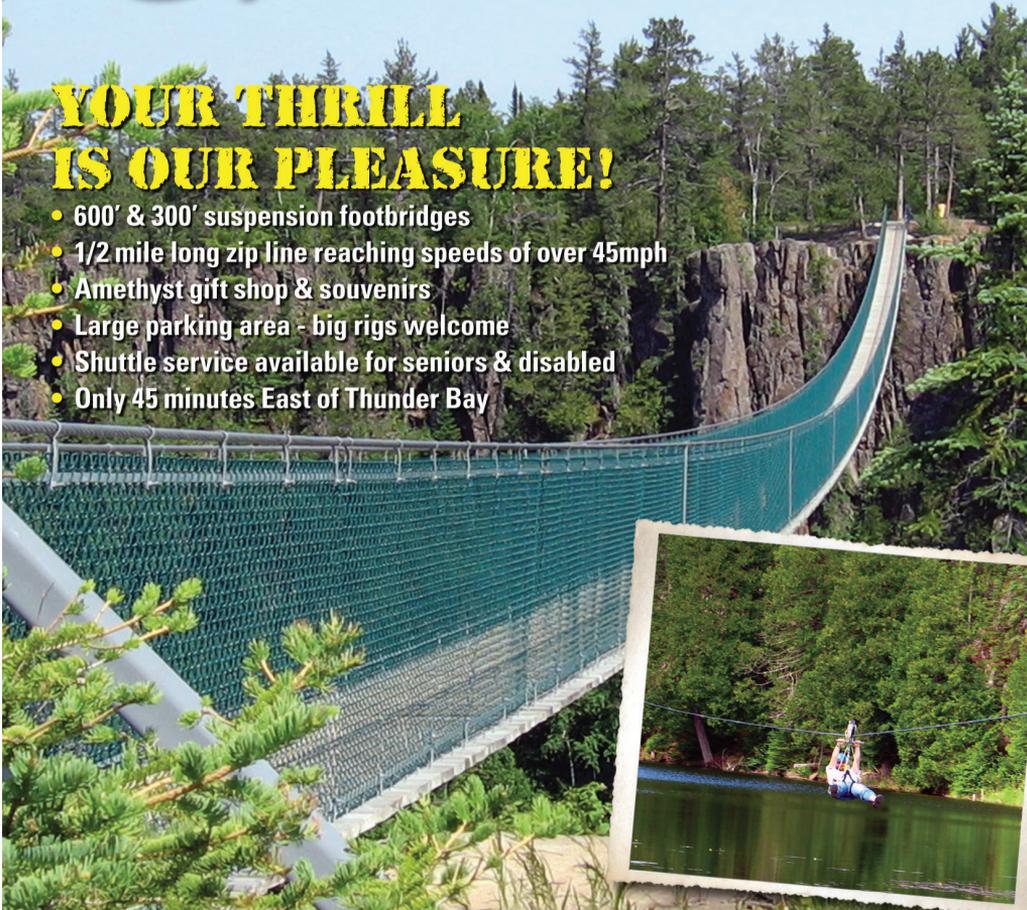
1-800-543-1384
grandportage.com



CANADA'S LONGEST ZIP LINE & SUSPENSION FOOTBRIDGE

YOUR THRILL IS OUR PLEASURE!

- 600' & 300' suspension footbridges
- 1/2 mile long zip line reaching speeds of over 45mph
- Amethyst gift shop & souvenirs
- Large parking area - big rigs welcome
- Shuttle service available for seniors & disabled
- Only 45 minutes East of Thunder Bay



EAGLE CANYON ADVENTURES INC.

Open 10am-6pm
May 1 until October 15
7 days a week
275 Valley Road, Dorion
Phone: (807) 355-3064
www.eaglecanyonadventures.ca