

Thunder Bay

# source



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THURSDAY, OCTOBER 15, 2020

YOUR COMMUNITY NEWSPAPER

Canadian Publications Agreement No. 0662445 Vol.17 No.41

## INSIDE THIS WEEK

### THOSE WHO LIKE IT...



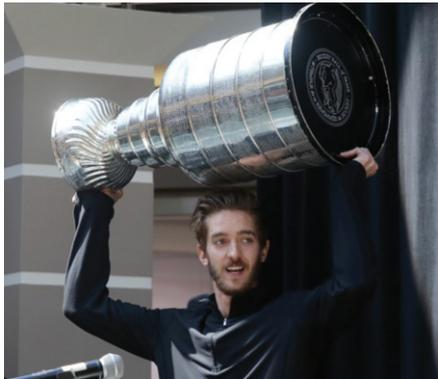
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GRAND PRIZE WINNERS: Shirley MacDonnell (left) and her friend Paulette Husfeldt were the big winners Monday in the Fort William Rotary House Lottery draw.

LEITH DUNICK

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## NOTICE OF SUBMISSION OF TERMS OF REFERENCE

### WAASIGAN TRANSMISSION LINE ENVIRONMENTAL ASSESSMENT - HYDRO ONE NETWORKS INC.

Hydro One Networks Inc. (Hydro One) has submitted a Terms of Reference (ToR) to the Ministry of the Environment, Conservation and Parks for the Waasigan Transmission Line (Project) environmental assessment (EA) for review, as required under Ontario's *Environmental Assessment Act*. The Project is a proposed new transmission line between Thunder Bay, Atikokan and Dryden. We encourage you to review the ToR and submit comments, as outlined below.

#### EA PLANNING PROCESS

The ToR is the first step in the EA process. The ToR incorporates feedback received during the review and comment period for the draft ToR. If approved by the Minister of the Environment, Conservation and Parks, the ToR will provide the framework for the second step of the process – the preparation of the EA. The EA will evaluate alternative routes to determine a preferred route, as shown on the reverse map, and assess the potential effects of the Project. Consultation and engagement opportunities will be organized throughout the EA and communicated through newspaper advertisements, mailings and on the Project website [www.HydroOne.com/Waasigan](http://www.HydroOne.com/Waasigan).

#### PROJECT DESCRIPTION AND PURPOSE

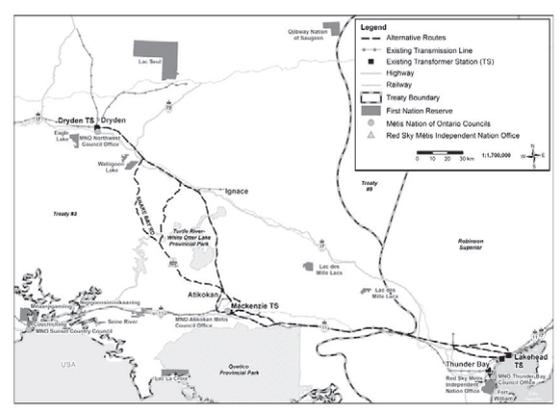
The Waasigan Transmission Line will consist of a new double-circuit 230 kilovolt transmission line between Lakehead Transformer Station (TS) in the Municipality of Shuniah and Mackenzie TS in the Town of Atikokan, and a new single-circuit 230 kilovolt transmission line between Mackenzie TS and Dryden TS in the City of Dryden (please see reverse map). There is anticipated electricity growth in northwestern Ontario and Hydro One is undertaking development work for the Waasigan Transmission Line now to ensure power is available when it is needed.

#### HOW TO PROVIDE YOUR FEEDBACK TO THE MINISTRY

Indigenous communities and organizations, agencies, elected officials, members of the public and other interested persons are encouraged to provide comments on the ToR between October 16, 2020 and November 16, 2020. Comments must be submitted by 5:00 p.m. EST on Monday, November 16, 2020 to:

#### Carolyn Lee, Special Project Officer

Ministry of the Environment Conservation and Parks – Environmental Assessment Branch  
135 St. Clair Avenue West, 1st Floor, Toronto, ON M4V 1P5  
Tel: 416-276-0360  
Fax: 416-314-8452  
E-mail: [Carolyn.Lee@Ontario.ca](mailto:Carolyn.Lee@Ontario.ca)



To access the ToR, visit [www.HydroOne.com/Waasigan](http://www.HydroOne.com/Waasigan). USB flash drives loaded with the ToR are available at:

**Atikokan Public Library**  
214 Burns Street, Atikokan  
807-597-4406

**Dryden Public Library**  
36 Van Horne Avenue, Dryden  
807-223-1475

**Oliver Paipoonge Public Library – Murillo Branch**  
4569 Oliver Road, Murillo  
807-935-2729

**Oliver Paipoonge Public Library – Rosslyn Branch**  
3405 Rosslyn Road, Rosslyn  
807-939-2312

**Shuniah Municipal Office**  
420 Leslie Avenue, Thunder Bay  
807-683-4545

Please contact the location closest to you for hours and to arrange for curbside pickup, as needed.

Should the following locations re-open during the review period, USB flash drives will also be available at:

**Ignace Public Library**  
36 Main Street, Ignace  
807-934-2280

**Thunder Bay Public Library – Waverley Branch**  
285 Red River Road, Thunder Bay  
807-345-8275

**Thunder Bay Public Library – Mary J.L. Black Branch**  
901 S. Edward Street, Thunder Bay  
807-345-8275

*Freedom of Information and Protection of Privacy Act*  
All personal information included in a submission – such as name, email address, address, telephone number and property location – is collected, maintained and disclosed by the Ministry of the Environment, Conservation and Parks for the purpose of transparency and consultation. The information is collected under the authority of the *Environmental Assessment Act* or is collected and maintained for the purpose of creating a record that is available to the general public as described in s. 37 of the *Freedom of Information and Protection of Privacy Act*. Personal information you submit will become part of a public record that is available to the general public unless you request that your personal information remain confidential. For more information, please contact the Ministry of the Environment, Conservation and Parks' Freedom of Information and Privacy Coordinator at 416-327-1434.

*Si vous souhaitez une copie de cette notification en français, veuillez visiter le site Internet du projet ou envoyer un email au projet pour en demander une copie.*

Date first issued: October 16, 2020

For further information about this project, please contact Hydro One Community Relations:  
1-877-345-6799 [Community.Relations@HydroOne.com](mailto:Community.Relations@HydroOne.com) [www.HydroOne.com/Waasigan](http://www.HydroOne.com/Waasigan)

## LOCAL NEWS

# Rest stops fixed, new ones coming

Province to enhance 10 rest areas in North

**POLITICS**  
By Leth Dunlick – TB Source

**C**COVID-19 was an eye-opener on Ontario's highways.

Restaurants and gas bars routinely turned truck drivers in need of restroom stops away during the early stages of the pandemic, leaving them to rely on a network of provincial rest stops that quickly proved to be inadequate, especially in Northern Ontario.

Minister of Transportation Caroline Mulroney on Friday said the province will step up to ensure if there is another shutdown, truckers and motorists aren't left searching near and far for an acceptable place to use a restroom or catch some much needed rest along Northern Ontario's busy highway network.

Mulroney, speaking at a weigh station in Oliver Paipoonge, said the province will repair or expand 10 existing facilities along provincial highways, adding four new ones, the goal to have work completed on as many as possible by 2021.

The rest stop at the Ontario and Manitoba border will see enhanced lighting, renovations of interior and exterior washrooms, improved heating, wi-fi availability and new information kiosks.

Others on the planned list of sites getting improvements include rest areas in Rossport, Lodge Lake and Manitouwadge on Highway 17, and Leonard Lake, Kiotz Lake and Hearst on Highway 11.

New rest areas will be built at Mulligan Lake along Highway 599, in Terrace Bay on Highway 17, at the junction of Highway 11 and Highway 64 and a new year-round facility near Cochrane at Highway 11 and Highway 655.

The Manitouwadge project, which is owned by the municipality, will see all-season washrooms installed, a new entrance built and improvements made to lighting and parking capacity. The site will also serve as a drop-off and pick-up spot for the Ontario Northland bus line.

Other stops will include a move to all-season washrooms and increased capacity for both commercial and passenger vehicles.

"The current state of our northern rest areas is unacceptable," Mulroney said. "That's why we've acted quickly to get shovels in the ground and we have actually started construction on four of these projects already, including the rest area near the Manitoba border."

"I'm proud to say that eight out of the 14 projects will be completed by 2021."

Mulroney said the projects will also include plans to combat human trafficking along Ontario highways.

"Certain rest areas will include anti human-trafficking measures, such as improved lighting, posting information and adding



**WELL-RESTED: Minister of Transportation Caroline Mulroney speaks in Oliver-Paipoonge.**

### REST AREA IMPROVEMENTS

#### Enhanced rest areas

- Ontario/Manitoba rest area along Highway 17
- Umpfreville rest area on Highway 72
- Rossport rest area on Highway 17
- Lodge Lake rest area on Highway 11
- Leonard Lake rest area on Hwy. 11
- Argon Lake rest area on Highway 17
- Manitouwadge rest area on Highway 72/614
- Hearst (Ryland) rest area on Highway 11
- Klotz Lake rest area on Highway 11
- Batchawana Tourist Info Centre on Highway 17

#### New rest areas

- Mulligan Lake rest area on Hwy. 599
- Terrace Bay rest area on Highway 17
- Highway 11 and Highway 64
- Cochrane on Highway 11/655

security cameras," the minister said.

Stephen Laskowski, president of the Canadian Trucking Alliance and the Ontario Trucking Association, noted it was dark times for truckers in particular when the lockdowns went into effect and they were told by many establishments they weren't welcome.

"I can tell you, as a commercial vehicle operator, and the men and women out there, these aren't just rest areas. They're critically important to how they execute their job in a safe and reliable manner," Laskowski said.

"I can tell you the government of Ontario stood shoulder to shoulder with the trucking industry to make sure that our hard-working men and women could execute their job, move the economy and do it in a safe way. It wasn't without it's challenges, but those challenges were identified."

# LOCAL NEWS



**BIG WINNERS:** Paulette and Erich Husfeldt and Shirley MacDonnell visit the Rotary House Lottery draw home on Monday.

## Home sweet new home

Best friends Paulette Husfeldt and Shirley MacDonnell win house lottery

**THUNDER BAY**  
By Leith Dunick – TB Source

Paulette Husfeldt and Shirley MacDonnell have been friends for 42 years.

Both single mothers, they dutifully purchase tickets each year in the Fort William Rotary House Lottery draw.

On Monday, the two retirees were shocked to learn they'd won the \$589,000 grand prize, a two-storey residence on South Creek Street.

It's a life-changing win, the two women said, though added they aren't sure what they'll do with the prize – sell it or move in.

MacDonnell said they normally visit the home each year, but because of COVID-19 closures, the retired nurses were unable to do so this year.

She bought a ticket, over the phone, anyway.

"I just have a feeling this is going to be a good year," MacDonnell said she told Husfeldt.

"You say that every year," was her friend's response.

The win was a long time coming.

"We've shared tickets for almost 20 years. We're both newly retired. We were single moms when we were working. We're just a little bit overwhelmed right now. I got a text from a girlfriend (asking) me, 'Did you win a house?' I was in the car, so I pulled over, and said, 'I don't know. I'm not at home,'" MacDonnell said.

She quickly realized she and her friend did indeed hold the winning ticket.

"When Shirley called me said, 'Are you sitting down?' The first thing I thought was, 'What's wrong?'" Husfeldt said.

"It's a good thing today."

"This is so awesome. You have no idea," MacDonnell said of winning the draw, which benefits local charities each year, including the Thunder Bay Regional Health

Sciences Foundation and the HAGI Wilderness Discovery Centre, to the tune of more than \$400,000.

"I'm just so excited. You have no idea what this means," she said, the emotion coming through the phone as the reality of her win sunk in.

MacDonnell said she's not sure what she and her friend are going to do with their winnings.

"I have to talk it over with my girlfriend who I shared the ticket with. I'm sure we'll make some decision in the next little bit. But I need to come and see the house first," MacDonnell said.

The draw sold out on Friday, a total of 14,000 tickets.

It wasn't easy getting to this point, said Dave Knutson, chair of the house lottery draw.

COVID-19 struck a couple of weeks into their ticket selling efforts, forcing them to shut down their weekly open house events. Additionally, they weren't able to sell at many of their usual locations around Thunder Bay, because of COVID-related closures.

With about 4,000 of their ticket allotment sold, they appealed successfully to Ontario's Alcohol and Gaming Commission for permission to sell online and push the date back from the traditional Canada Day draw at Marina Park to Thanksgiving.

Knutson said the delay will cost them a couple of thousand dollars more in expenses, including the mail-out, but said the fact there were only a handful of refunds sought and the draw sold out, the last ticket going late on Friday night, is huge for the charities involved.

"Really we are so thankful to the community for the support we got. With the uncertainty everyone feels now with COVID, it's just incredible that the community came forward and once again supported our house lottery," Knutson said.

"All the money does stay in the community. All of our expenses are incurred in the community and it goes to people with jobs and livelihood. And all of the proceeds actually go right back to the community through the charities that we support."

**"I'm just so excited. You have no idea what this means."  
SHIRLEY MACDONNELL**

# Weather Forecast

| WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|---|
| <br><b>Light rain</b><br>Probability of Precipitation: 90%<br>HIGH 10 LOW 3             | <br><b>Cloudy with sunny breaks</b><br>Probability of Precipitation: 30%<br>HIGH 5 LOW -4 | <br><b>A mix of sun and clouds</b><br>Probability of Precipitation: 30%<br>HIGH 5 LOW -5 |
| SATURDAY   | SUNDAY   | MONDAY  |
| <br><b>A mix of sun and clouds</b><br>Probability of Precipitation: 30%<br>HIGH 5 LOW 2 | <br><b>Chance of a shower</b><br>Probability of Precipitation: 40%<br>HIGH 5 LOW 1        | <br><b>A mix of sun and clouds</b><br>Probability of Precipitation: 30%<br>HIGH 4 LOW 0  |

HALF-WAY MOTORS PRESENTS

# CARHOP

## TRICK OR TREATING

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**ENJOY THIS SAFE ALTERNATIVE THIS HALLOWEEN**

LOCAL NEWS

# COVID needs regional approach

**HEALTH**  
By Ian Kaufman – TB Source

While other regions of Ontario hit with a surge in COVID-19 cases will see a return to stronger public health restrictions, the head of the Thunder Bay regional hospital's pandemic response team says there's no need yet for similar measures here.

"We have one active case in a population of over 110,000," said Dr. Stewart Kennedy, executive vice-president of the Thunder Bay Regional Health Sciences Centre, Friday afternoon. "At this point in time, the amount of COVID-19 in the community is very, very, very low – because we've been good as a population."

**Closures elsewhere**

Earlier in the day, the provincial government ordered Toronto, Ottawa, and Peel region into a modified version of Stage 2 restrictions as of midnight, closing gyms, movie theatres, and dine-



**CONCERNED:** Thuder Bay Regional Health Sciences Centre's Dr. Stewart Kennedy.

in service at restaurants. The announcement came as the province set new single-day case records on two consecutive days, announcing 797 new cases on

Thursday and 939 on Friday. The number of COVID-19 patients admitted to hospitals and ICUs is also on the rise. Friday's regionally targeted approach

was in contrast to the Ford government's move to lower gathering limits on Sept. 18, when it imposed stricter caps across the entire province.

**Could reach our area**

Kennedy said he's worried about broader provincial trends and the associated risk that the virus will spread further to the Northwest. Even with the hospital more ready to face a potential rise in cases than it was before the initial surge in March and April, he said, risks remain.

"I am concerned regarding the amount of COVID-19 patients in the province, and also the prediction to increase over the next two weeks," he said. "But certainly I'm also relieved to know we've learned a lot from wave one."

"We have adequate PPE supplies, we have adequate drugs, and we have adequate capacity – but we can still get overwhelmed from the hospital perspective, so it is very concerning."

# Newest case travel-related

**HEALTH**  
By Ian Kaufman – TB Source

The Thunder Bay District Health Unit confirmed its second COVID-19 case in as many days Saturday.

The district's 109th case involves a male in his 20s who is a resident of Thunder Bay and the surrounding area, the health unit reports.

The individual's exposure to the virus is believed to be related to travel outside of the region.

Along with the case announced Friday, there are now two active COVID-19 cases in the Thunder Bay district. Another 107 are considered resolved, including the death of one local man in April.

Last Friday's case had been the first reported in the district since Sept. 30. The two new cases make for a total of six reported since the beginning of September.

The health unit lists an episode date of Oct. 6 for the newest case, representing the earliest recorded onset of symptoms, specimen collection, laboratory testing, or date reported to the health unit.

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29<sup>TH</sup> ANNUAL

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# TB Life

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## October great time for stocked trout



**KEITH AILEY**

THE GOOD LIFE



**PLENTY OF FISH:** About eight million stocked fish are released in Ontario lakes each year.

Approximately eight million stocked fish are released into Ontario waters every single year.

While experts agree that stocking any fish on top of a naturally producing wild population is a dangerous game that can undermine a fishery, placing stocked fish into barren waters where no wild fish exist can be beneficial. This is because diverting angling pressure away from a natural population can simultaneously protect those wild fish while also providing a longer fishing season, increased catch limits, and easier access for anglers.

### Anglers love them

Take the brook trout for example. These precious fish are a popular target for anglers, however they are delicate and must be managed carefully.

Here in Fisheries Management Zone 6 (Northwest Region: Thunder Bay,

Nipigon and Dryden), wild brook trout fishing is only open from the fourth Saturday in April until Labour Day. During that time, anglers have tight

restrictions like only being able to harvest one trout over 12 inches and releasing all fish from Lake Superior tributaries (downstream from

highways 61 and 11/17) that are under twenty two inches.

This means that even if someone wanted to catch and keep a wild brook trout, they probably would never catch one that qualifies as a keeper. However, in stocked brook trout lakes, there are no size limits and the season is open year-round.

This means that anglers fishing a stocked lake where no natural reproduction occurs can keep up to five brookies of any size, on any day of the year. More importantly, there is no guilt over keeping stocked fish as the whole purpose of planting them in these lakes is to provide anglers the opportunity to catch and keep them.

To find a stocked lake is simple. You can learn which fish species and locations were stocked with the Fish ON-Line tool.

Just click on the try fish online button and then zoom in to zone 6 on the map. Keep zooming in to find lakes close to home or camp that might be worth trying.

You can choose to search by "stocked waterbody" if you only want to target stocked fish.

Choose a lake, then click on "stocking" to see the size and type of

fish, plus the most recent years they were planted in that lake.

On the stocking list you will also notice that some lakes receive fingerlings while others get yearlings. Fingerlings are tiny and large numbers must be dumped into a lake to get a decent population to survive.

On the other hand, yearlings are expensive as they are raised in the hatchery for a full year, but these larger fish have a much greater survival rate so far fewer are needed.

### Great find

If you can find a remote lake with little fishing pressure, where good numbers of yearlings are released, you might hit the jackpot in terms of a fishing hotspot.

Catching stocked trout isn't difficult. Anglers fishing from shore can be rewarded for casting a spinner or dangling a worm under a float. However, hauling a canoe into one of these stocked lakes opens up a lot more water, including low-pressure areas away from the main access point on the lake. Now is the time to explore a stocked lake as these fish seem to feed ravenously before freeze-up and the fishing can often be tremendous.



**Good Reasons to Recycle**

Recycling saves energy Recycling uses less space in landfills Recycling saves trees Recycling helps climate change Recycling reduces pollution Recycling saves money Recycling creates jobs.

October is child abuse prevention month!

## Let's Step Up while we stay apart.

Now more than ever, it's everyone's responsibility to help protect our children.

*Don't forget to go Purple for Prevention on October 22nd!*

**Step Up 2020**

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Anishinabek Family Care

[@StepUpThunderBay](https://www.facebook.com/StepUpThunderBay) [stepup\\_tbay](https://www.instagram.com/stepup_tbay) [dilico.com/stepup](https://www.dilico.com/stepup)

# Editorial

## EDITORIAL

# Supporting local biz

Thanksgiving is in the rearview mirror and Christmas is rapidly approaching.

While 2020 has been disastrous in so many ways for local businesses, the holiday season is a chance to end the year on a positive note.

The buying public can certainly help in the recovery effort.

The border remains closed and it's unlikely it will reopen before the holiday season. So those quick trips to Duluth to Christmas shop are out.

The lure of Amazon is ever present, but this year, when you start your Christmas shopping, it's really important that you think local.

And think outside the box.

If there's a toy your child really wants, odds are a locally owned store like Toy Sense either has it in stock or can order it in. Their money stays in the community.

If it's clothing you seek, try The Loop, or J.B. Evans or Ungalli or any number of other locally owned businesses.

If you're looking for something unique, try something from Thunder Oak Cheese Farm or The Chocolate Cow. Spend some time at the Thunder Bay Country Market to discover local artisans and food supplies.

We have no idea what COVID-19 will bring. In southern Ontario, rollbacks to Stage 2 are already under way. Small business is the backbone of the economy, so please support them if you can.

### CONTACT US:

87 North Hill Street,  
Thunder Bay, Ontario P7A 5V6  
Ph: 807-346-2600

Editor: Leith Dunick 346-2650  
[ldunick@dougallmedia.com](mailto:ldunick@dougallmedia.com)

Reporter: Doug Diaczuk 346-2622  
[ddiaczuk@dougallmedia.com](mailto:ddiaczuk@dougallmedia.com)

Reporter: Ian Kaufman 346-3558  
[ikaufman@dougallmedia.com](mailto:ikaufman@dougallmedia.com)

Reporter: Karen Edwards 346-2591  
[kedwards@dougallmedia.com](mailto:kedwards@dougallmedia.com)

Sales Manager:  
Kathy Harris 346-2510  
[kharris@dougallmedia.com](mailto:kharris@dougallmedia.com)

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## Tuition is too high at LU

To the editor:

I send international students to Lakehead university from South America, this is my job. I was dismayed to hear of Lakehead raising tuition for international students this year.

Please compare Lakeheads pricing with that of southern Ontario universities, the pricing is close to equal, even surpassing some.

Already international students (who, you just reported, are wanted in Thunder Bay) pay three to four times as much as local students and now tuition will go up.

If Thunder Bay wants international students then they have to be a bit more economically welcoming otherwise they will stay near Toronto where their first flight lands.

Shannon O'Brien,  
Panama

## LETTERS TO THE EDITOR



# Canada has probate taxes



CHRISTINE  
IBBOTSON  
MONEY LADY

**I** have heard that you have to pay taxes upon your death. Is that the case in Canada? And how is it determined? As an older man I am worried about whether or not I will be able to afford this, and I would prefer to not make my children pay for it.

**W**e do not have a "Death Tax" but we do have probate!

In the United States death tax is required on all assets of the deceased and calculated at the date of death. This is not something we do in Canada. I think what you are thinking of is probate "tax" which is determined provincially and is very different from our U.S. neighbours. Essentially, probate is a court

proceeding which provides a judicial approval that the Will provided is not to be contested, that it is the only Will in existence, and that the executor has the authority to act and be recognized by the courts.

All banks, investment companies and financial institutions usually require a probated Will to ensure they are dealing with the authorized executor. If there are any lawsuits or claims against the estate the Will must always be probated.

Probate is not a tax. It is a fee that varies by province. In some provinces it is a fixed amount while other provinces charge a prescribed rate on the gross value of the entire estate.

So, are there ways to reduce the probate fee? Yes.

One way would be to have assets bypass probate and pass directly to beneficiaries.

TFSAs, RRSPs, RRIFs or the proceeds of life insurance are not subject to probate however the tax

associated with any registered plans will need to be paid by the estate and therefore one should always ensure your estate has liquidity. Another way to avoid the potential cost of probate would be to "gift" cash or assets to family members prior to death. It is advisable to discuss this option with a good tax accountant to ensure there are no adverse income tax consequences.

Property can also be sidestepped from probate by simply holding it in joint tenancy with right of survivorship. This is how most spouses hold assets – jointly so that property passes to the survivor on the first death with no requirement to obtain probate. Be careful if you plan to transfer title of a property to anyone other than a spouse.

You many need a written declaration to prove that there is a clear intention to transfer the beneficial interest in the asset from sole ownership to joint tenancy with right of survivorship.

A declaration ensures the asset is not subject to probate, but you still may be on the hook for capital gains tax which will be triggered upon title transfer as a deemed disposition at fair market value. Remember to seek professional advice. Talk to your accountant, your advisor or your estate planner. They will know your situation best and can provide other ways to avoid probate, such as Testamentary Trusts, Inter-vivos Trusts or perhaps the use of multiple Wills.

Good Luck and Best Wishes,  
Money Lady

**Written by Christine Ibbotson, Author of the best-selling book "How to Retire Debt Free & Wealthy" and a new book Don't Panic – How to Manage your Finances and Financial Anxieties During and After the Coronavirus" available at all bookstores across Canada. If you have a money question, please email on website: [www.askthemoneylady.ca](http://www.askthemoneylady.ca)**

# Perspective

## Comfort and thanks

Thanksgiving a little different in 2020, but still important

### OPINION

By J.R. Shermack

Canadians take great comfort in the company of loved ones at Thanksgiving although the 2020 guest list was a little skimpy for many families.

That was the situation around our table this year and even though there is still plenty to be thankful for in 2020, we expect to be even more grateful next Thanksgiving.

Hopefully by then we can squeeze in a few more chairs and welcome back a few more of our regular dinner guests.

But even if some familiar faces were missing there was still plenty of good will to pass around, along with generous portions of family favorite comfort foods.

Our small celebration last weekend included some much needed comfort provided by the close company of our family circle, not to mention the potluck dinner.

### Tough not to be together

It's always sad when family members are apart and long held traditions and celebrations are put on hold - sharing comfort food together is a big part.

Speaking personally, it will be great to see all those smiling faces again one day and of course, it never hurts to have a few more dishes at the potluck.

Maybe some cabbage rolls or a nice loaf of freshly-baked bread or even a fresh, garden salad.

Because let's face it - sometimes in life our frazzled nerves can only be calmed by the delicious, mind-numbing effect of our favorite comfort foods.

During these troubled times, Canadians are using comfort foods more than ever to stimulate their tingling taste buds and forget about things for a while.

After extended periods of lockdown, self-isolation and an ailing economy consumers crave something soothing, familiar, nostalgic and often very indulgent.

Historically we have always depended on comfort foods to help us through troubled times, providing us some sense of stability along with a taste of something good.

During the Great Depression, Kraft introduced its now famous boxed macaroni and cheese dinner - four servings for just 19 cents.

A meat shortage in the 1970's led to the release of Hamburger Helper which turned one pound of ground beef into a comforting meal for a family of five.

Even in good times and notwithstanding some nutritional shortcomings many consumers will admit to "treating" themselves to a Kraft Dinner or Hamburger Helper stroganoff.

And even if it was a questionable choice most consumers feel little guilt or remorse after pounding down an entire bag of cheezies alone while watching Netflix.

Of course, during a pandemic it is

important to stay healthy and proper nutrition is important - nutritious, home cooked comfort food is another option.

With so much extra time on their hands many Canadian gastronomes have been experimenting in the kitchen to create their own homemade comfort foods.

It may be counter-intuitive but lovingly prepared fruits and vegetables can provide even more of that exquisite solace we normally find in chocolate and chips.

### Nothing like the dinner

Which brings me back to Thanksgiving dinner - the fruits, vegetables and juicy bird on the menu that day displayed a high level of culinary comfort food competence.

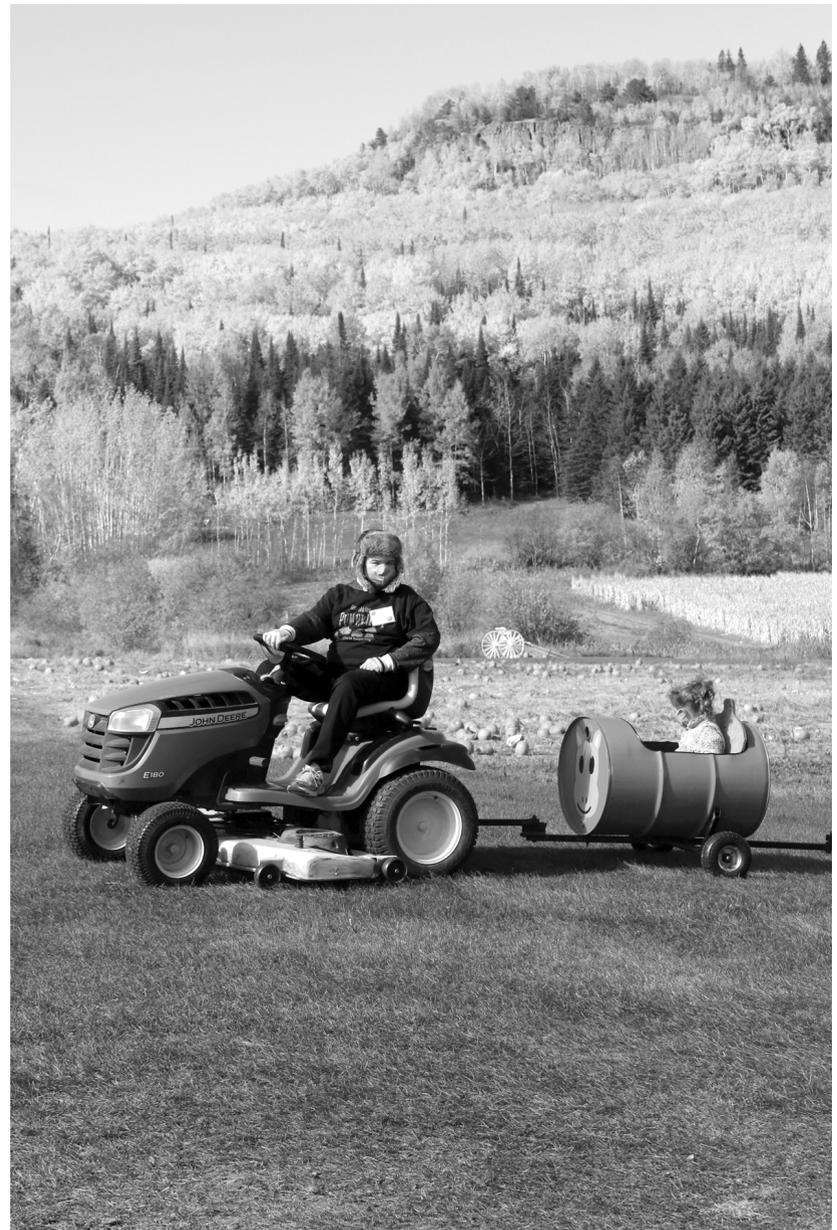
They were prepared with love and eaten with gusto - by the end of the meal everybody was feeling very comforted indeed.

The food was fresh, well-prepared, delicious and plentiful which is a pretty good definition of any comfort food, even the ones that are "bad" for you.

That warm comfortable feeling continued the next day when we all enjoyed what is considered by some to be the apex of all comfort food, leftover turkey dinner.

We are grateful for Thanksgiving 2020 and looking forward to the comfort of seeing those missing faces at our table next year, about this time.

### OUT FOR A RIDE



**FARM FUN:** Joshua Milne, 11, drives a tractor-train for young ones last Saturday at Gammondale Farm, which is hosting a limited-capacity Pumpkinfest on weekends in October from 11 a.m. to 5 p.m.

LEITH DUNICK

## A look back in history:

### Rex Theatre

The Rex Theatre on Simpson Street was one of our city's most decorative theatres. Built in 1909 as the Palace Theatre it was one of two theatres in Fort William that specialized in silent films. The Rex (as it was named in 1911) seated 500 to 600 and was usually packed for such films as *Shorty Makes a Bet* or *Home Sweet Home*. Shows ran continuously for 12 hours every day.



### HOW TO WRITE US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

Address them to:  
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### THIS WEEK'S POLL QUESTION:

# your VOICE

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TOTAL VOTES: 543

YES 60.59%  NO 27.62%  NO OPINION 11.79%

# Full autumn colours arrive in the country

Out here in the country we have reached full autumn. The leaves of any tree, shrubby, what-have-you, have done their costume change. And since it is a temporary show, many branches of the poplar and birch are losing their leaves.

It can happen so suddenly: one day, all trees on stage with full colour, the next, swaths of bare branches.

By the weekend, strong and chilly winds set about shaking the branches free of their cover. Driving to our local dump on Saturday (dump day) there was a steady shower of leaves cascading from trees down to the roads - very beautiful.

My wife, Laura, has put into action her plan to get rid of crabgrass once and for all. Crabgrass is the bane of our gardening endeavours both in the flower beds and in the vegetable garden.. We had to have the large cover on our tractor shelter replaced. When laid out, it is immense. "We can lay it on the garden and leave it to kill the crabgrass roots. We must accept that we will have a much smaller vegetable garden this coming summer but after a year, we can remove the tarp and move it to another part of the garden to repeat the process," she said. She had watched a gardening video that prescribed this solution for eradicating the dreaded grass whose roots can spread for hundreds of feet if not yards.

Laura and our son, Doug, spent Saturday and Sunday digging out two beds in the vegetable garden, painstakingly shaking the good soil out of the clumps that were full of crabgrass roots to be removed and dumped far away.



**FRED JONES**  
RURAL ROOTS

## Sticking around

They fashioned two permanent frames for each bed. In one bed Laura planted her excellent garlic. Haven't asked her what will be planted in the second.

And so it will go: dig out the evil crabgrass roots, build a frame for a permanent bed, and fill with weed-free rich soil.

While Laura and Doug were slaving away in the garden, I took Big Red, our old tractor, out on the road to a section where Ontario Hydro had felled several trees that had jeopardized the safety of the power and telephone lines.

After the crews moved on, Laura and I walked up to where they had worked and noted that several of the trees were large balsam. I fetched the chainsaw and bucked the lengths into fireplace-sized pieces.

But I didn't retrieve them right away.

This past weekend, I moseyed up to the bush to inspect the fencing and saw the bucked pieces lying on the ground.

It took two trips with Red's bucket full of wood that I carted to the splitter that I keep near the wood pile to finish clearing the area. The wood is still wet so after I split the large chunks, I will stack them separate from the row of dried balsam and spruce I use for 'crackle, crackle' in the fireplace on those chilly mornings of which there are more and more as the season unfolds.

But the other nasty job to be done was to get rid of the burdock that had invaded the horse paddocks. It seems that both thistles and now burdock thrived this summer probably due to the intense heat we experienced in late June, July, and into August.

This summer especially, it seemed that the paddocks near the barn had sprouted thick forests of burdock that lay in wait for horses' manes and tails. We would send the horses out for the day to graze. They would come back into the barn at night with their manes and tails all a-tangle with burrs.

## Pesky chore

Not fun having to comb out both mane and tail. Solution?

Before sending the equines into their paddocks, walk around with clippers and rid the contained area of the clinging burr plants. When the horses came inside for the night, no burrs to clog their forelocks or tails. The next area to clear of the burdock was the west paddock, what we call "Winter Paddock" because that is where we put the horses when the snows lie thick and deep. That paddock is a short distance from the barn and easy to manage.

This past Thanksgiving weekend was glorious with clear skies shining on the golden trees including all of the tamaracks growing south of Casa Jones.

If the sky is clear then there are two times during the day when the forest canopy seems to be richly hued with gold- early morning as the sun is rising and at night just before the sun sets. While enjoying our Thanksgiving repast, we could look out our southern windows to be greeted with an amazing display of blazing colour for which we were thankful.

Daughter Beth observed as she beheld the gold of the tamaracks that at least this year, we had a real autumn. Amen.



LEITH DUNICK

**CROSSOVER:** Marijuana users in Thunder Bay use the drug both for recreational and medicinal purposes.

# Pot users frequent users

**HEALTH**  
By Leith Dunick - TB Source

A non-scientific 2019 poll of cannabis use in the Thunder Bay District shows those who use it, use it a lot.

According to the study, which was surveyed last year, the majority of respondents who used the now-legal drug in the past three months reported frequent use, either daily or almost daily. More than half who use describe their use as recreational in nature, but a sizable portion of that total, with plenty of crossover, say they use it primarily for medical purposes.

Sheena Albanese, a health promotion planner at the Thunder Bay District Health Unit, said while the data doesn't necessarily paint a true picture about cannabis use in the city - just the responses of the 1,900 who took part in the survey - it does give a snapshot view and provides some good indicators as to how it's being used within the district.

"There are a lot of different reasons that people use cannabis, and we asked about recreational use versus use for medical purposes, and what we found is there is a lot of overlap between those two. The boundaries between medical use and recreational use, they're blurred. They're not exactly two different spheres," Albanese said.

The study shows 47 per cent of respondents, all aged 14 or older, indicated no cannabis use whatsoever. Thirty-one per cent said they used it recreationally, while 14 per cent said they use it

for medicinal purposes, without a prescription. A further nine per cent use it medically with a prescription.

Among cannabis users only, 58 per cent say they use it recreationally, with the remainder saying they use it for medicinal purposes, including 26 per cent who do so without a prescription.

About 56 per cent of users who responded to the survey reported frequent use, considered daily or almost daily. Nineteen per cent use it weekly, while 17 per cent said they only used it once or twice in the previous three months. The rest reported monthly use.

Male cannabis users reported using it frequently at a rate of 63 per cent, versus 52 per cent of females.

Cannabis became legal in Canada in October 2018.

Albanese said they didn't ask specific questions about pre- and post-legalization usage, but added the survey does provide some hints about usage in the district.

Particularly concerning is the number of people who said they use it frequently.

"That is of concern because there are some health impacts with daily use. That is something we also want to keep a focus on in our future education efforts."

Albanese said the study, conducted in partnership with the Thunder Bay Drug Strategy, showed an eagerness by respondents to try edible marijuana products, but were also concerned about mental health and physical aspects.

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# IN THE bay

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## Casino opens

### THUNDER BAY

By Ian Kaufman - TB Source

A slow trickle of returning customers expressed confidence in COVID-19 safety measures as Thunder Bay's Gateway Casino welcomed customers back for the first time in over six months on Saturday.

Patrons said policies such as mandatory face masks, spacing between slot machines (table games remain closed), and plexiglass barriers between games had helped put them at ease.

Perhaps most reassuring was the province's requirement to limit the number of customers inside at one time to 50.

"There's not enough people to get close to," said one customer as she left with a friend Saturday. "I think people are scared to go in because of the virus, but if you protect yourself and you stay away from other people... they're very safe in there."



ONE WOMAN SHOW: Radha Blank, second from left, does it all in Netflix's *The Forty-Year-Old Version*, writing the script, starring in the lead role and directing the movie too.

# Reinventing one's self at 40

Forty-Year-Old-Version tells tale of down-on-her-luck woman in flux



MARTY MASCARINI  
MOVIE TALK

Radha earns a living teaching high school kids drama, she longs to make her mark as playwright herself. Once viewed as a promising talent in her early 30s, Radha's suffering from extended writer's block until now, where her latest opus, 'Harlem Ave' is showing some potential.

Trouble is, she's also struck with the notion of realizing her artistic vision through another means, like rapping, something she was good at in high school.

This is alarming news to Archie (Peter Y. Kim), her gay American-Korean buddy since high school who is Radha's long-suffering agent. Archie's been working his charms on Josh Whitman (Reed Birman), an unctuous, smarmy theatre impresario who fancies himself a genius for casting an all-female version of *Twelve Angry Men*, but he may be just the person to finally launch her play. Why bother with rap?

However, at a reception where Radha gets to make her pitch, Whitman

bluntly questions, as only a snobby entitled white guy would, about her play's authenticity. Rather, he's hoping she'd work with him on a musical about the historical black figure, Harriet Tubman, whereupon an offended Radha promptly throttles him, much to Archie's horror.

After a momentary bout of self-loathing, Radha gets the gumption to audition her rapping piece with "D" (Oswin Benjamin) a popular but seemingly aloof DJ who harbours a deeper soul. Radha chafes at playing a younger person's game, but while rechristening herself as RadhaMUSPrime she exudes great potential only to bomb at her big debut, having gotten too stoned while overcoming stage fright.

Throughout the film, Radha makes herself the butt of many amusing gags fraught with wincing truths, from trading sarcastic but affectionate quips with Archie to tolerating taunts from her brash but loyal high schoolers to getting crusty but sage advice from a

comical black Greek chorus on the street.

It's only after witnessing the fervor of a female rap-battle and finally meeting her brother in a long-avoided rendezvous to clean out her mother's apartment that Radha comes to a reckoning.

### Needs work

She's a flawed protagonist, spectacularly blowing opportunities. But upon getting second chances, she's forced to decide between making compromises at an exacting price and gambling on realizing one's true voice, while avoiding self-destructive lapses in judgment.

*Version* is not without its languors. The breezy, lighthearted first half gives way to a more reflective but meandering, over-long second half that hinders the film's momentum. However, Radha Blank has produced a novel work that's certainly set apart from the norm.

Firstly, an important clarification: *The Forty-Year-Old Version* (Netflix) is not to be confused with the Steve Carrell comedy, *The 40-Year-Old Virgin*. Though the title of *Version* superficially appears to be a gimmicky way of garnering attention, it is indeed an original dramedy about a female at life's crossroads, trying to find her true voice.

### Does it all

Radha Blank manages the triple roles of star-writer-director, telling her semi-autobiographical story about a New York black woman pushing 40, emotionally adrift and grieving over her recently departed artist mother. While

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# Televised political debates need revamp

**D**uring an election year, whether it's in Canada or south of our border, the debate is a regular, and oft expected, occurrence. Those organizing the television debate format would say these events are perfect for introducing candidates with whom voters may not yet be familiar. It gives them a better feel for who the candidates are. Are they powerhouses or milquetoasts? Can they articulate the issues or are they just repeating the party line?

In the U.S. there have been a couple of debates to prepare Americans for the national election: the first for the president and the second for the vice-president.

After each, the networks spoke with undecided voters about their reactions to the candidates' performances.

Ironically, most viewers felt the Trump/Biden debate did little to either



make up or change their minds. However, there was a lot of discussion about the candidates' behaviour with each other and the moderator. Even more discussion centred around the extensive list of falsehoods and misleading statements that were made during the night.

So people weren't necessarily listening to the arguments – not that

you could clearly hear much with the constant interruptions and talking over each other – and the few coherent points that were made were often lies.

Meanwhile, the vice-presidential debate was a different story.

While a more civilized event with Vice-President Mike Pence practically hypnotizing audiences with his slow and soft-spoken rhetoric versus Sen. Kamala Harris' calm but direct prosecutor tone, neither candidate seemed to be willing to answer the actual questions that were posed to them.

And news anchors, along with the debate moderator herself, felt that once again, it did little to affect the minds of voters.

In fact, according to media voices,

the VP debate, as a rule, rarely has any effect on voters. Which then begs the question: Why bother with televised debates anymore?

Is it the entertainment factor? Many found the first debate difficult to watch.

Is it to be educational? The first debate involved the candidates interrupting and speaking incoherently over each other. And if much of what is said is untrue, viewers aren't learning anything helpful.

Is it the advertising dollar? There are no commercial breaks and therefore, no advertising time to sell.

I'd love to see the traditional televised debate format tossed.

Instead, get one moderator and a

panel of non-partisan fact-checkers. And forget about the tradition news professional as moderator.

UFC mixed martial arts champ Connor McGregor has announced he wants to come out of retirement for a fight before the end of the year. Hire him instead.

Who would defy his instructions?

And forget the polite questions. Let each fact-checker throw the candidates' previous statements back at them and make them explain the researched truths.

Personally, I'd find that highly entertaining. Also, most people – including the candidates – would be better educated when faced with hard facts from real experts.

Heck, let McGregor turn it into a cage-match and advertisers will be begging to sponsor each lie of the night.



## CROSSWORD PUZZLE

- ACROSS**
- 1 Sp. article
  - 4 Ruse
  - 8 Queen of Scots
  - 12 Adams Family cousin
  - 13 Ethereal
  - 14 All (comb. form)
  - 15 Grandfather of Saul
  - 16 Antelope
  - 18 Belgian river
  - 20 S. Afr. fox
  - 21 Doctor of Education (abbr.)
  - 23 Screens
  - 27 Rod (2 words)
  - 32 Acquire
  - 33 Television channel
  - 34 Taste
  - 36 Total loss only (abbr.)
  - 37 Russ. inland sea
  - 39 Instructor
  - 41 Achies
  - 43 Former coin of France
  - 44 Indian province
  - 48 Royal Canadian
- DOWN**
- 1 Marked with lines
  - 2 Sweetsop
  - 3 Tram (2 words)
  - 4 Drain
  - 5 About (abbr.)
  - 6 Venezuelan copper center
  - 7 Bird
  - 8 Angora fabric
  - 9 Love (Lat.)
  - 10 Royal Naval Reserve (abbr.)

### ANSWER TO PREVIOUS PUZZLE

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| B | I | O | M | A | G | I | U | S | M | A |
| A | C | R | E | R | I | C | K | A | T | O |

- 11 Counterpart to Yang
- 17 General, medical, and surgical (abbr.)
- 19 Recommended daily allowance (abbr.)
- 22 Doctor of Library Sciences (abbr.)
- 24 Pasta
- 25 Saga
- 26 Spore (pref.)
- 27 Member of the National Academy of Sciences (abbr.)
- 28 N. Spanish river
- 29 Baptist (abbr.)
- 30 Month abbr.
- 31 Pluck wool by hand
- 35 Railway Mail Service (abbr.)
- 38 In use
- 40 Pay or return (abbr.)
- 42 Social Security Act (abbr.)
- 45 One who considers himself superior
- 46 Var. of Adelaide
- 47 TV talking horse (2 words)
- 49 Flesh
- 50 Present (abbr.)
- 51 Companion of the Order of St. Michael and St. George (abbr.)
- 52 Gaseous mixture
- 53 Hindu title
- 54 Amer. Cancer Society (abbr.)

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## WORD SEARCH

V D R S N O B L I G E D F L J  
 S T D S F R T T T M I F L A O  
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 H E Z R O K E U E T H K I V N  
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 Y S N G I S N E A K Y D L T W  
 F S S Z C D E W L H O U N Y Y  
 I A E M E L D I O I C C A M E  
 T E S L Y X G N Z L A T W A L  
 S R O T A L A C S E F S T N L  
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 T L L Y D D A I W R K Q Z A W  
 D U B B I N G X A D V A N C E  
 D A M A G E E C V F P A C W R

- Advance
- Barked
- Buddy
- Cards
- Chant
- Damage
- Dices
- Dubbing
- Ducts
- Ensigns
- Escalators
- Fairly
- Fasted
- Flail
- Flown
- Frogs
- Garage
- Hefty
- Hiker
- Joined
- Looses
- Maniac
- Mouth
- Obliged
- Otters
- Presto
- Reassure
- Sailed
- Seized
- Serpent
- Sneaky
- Snoozed
- Sprung
- Staff
- Testify
- Tooled
- Totally
- Trivial
- Yachts
- Yellower

## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

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DIFFICULTY: ★★☆☆

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“QFOHHZT YCP RCHECWC EP HGMS, TEQC  
 OPI QAXZPL YCP EP MOGQC OPI  
 CUUCMA.”

PREVIOUS SOLUTION: “Try not to become a man of success, but rather a man of value.” – Albert Einstein

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# Sports

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LEITH DUNICK

ON THE FLY: Thunderbolts swimmers took to the pool last week for the first time since COVID-19 shut down the Games Complex.

## Swimmers diving in

Thunderbolts back at the Canada Games Complex pool

### SWIMMING

By Leith Dunick – TB Source

With the Olympic trials likely eight months away, newly hired Thunderbolts coach John McLeod says that's more than enough time to get his swimmers ready.

McLeod and his team, which number about 76, have just recently returned to the pool under Ontario's return-to-swim guidelines, and while competitions remain out of reach for now, shaking the rust off and getting back into competitive shape is priority No. 1 for now.

The answer keeps changing on a weekly basis.

"Our sport is competitive swimming and competition is the crux of our sport. What we are forced to do is we have to redefine what a competition is right now. A lot of people think if we can't get on the blocks or race different people ... but parts of racing will always be racing," said McLeod, who left a successful program in North Bay to take on his latest post in Thunder Bay.

#### Some things don't change

"We're always allowed to dive in the water and get times. We'll probably be allowed to do sanctioned competitions where the times will count toward the Olympic pathway in the coming

weeks."

The Olympics were supposed to be held this past summer in Tokyo, but COVID-19 forced the postponement until 2021.

McLeod said that just gives more time to get more athletes ready to attempt to qualify and meet the minimum standards.

"We do have a date for the upcoming trials, but like a lot of things in life, it's TBD. We have the date, we have the location, but we have to rely on restrictions to slowly relax," he said. "So we have about eight months to plan for that new Olympic trials, and beyond that, new national competitions, we're hoping they'll pick up."

McLeod is hopeful they'll be back in actual competition against other clubs as soon as February.

Eight months is plenty of time to get his swimmers ready.

"It has to be," McLeod said. "Kids have to realize this is the hand they've been dealt and the situation they're in. They can either accept it or not. I fully accept it. I think in eight months we can do truly amazing things. And really, our training plan can't be so fragile that missing a week or two or a month of training throws our plan off. We're more resilient than that in Thunder Bay."

"Just looking at the landscape and how good these kids are, I think

they're up to the challenge."

Thirteen-year-old Mackenzie Thompson is one of those swimmers, and she said she's just happy to be back in the pool after eight months on the sidelines.

She said she was doing workouts at home provided by the club, but it wasn't the same.

#### Tough to be away

"It was really hard not being able to swim in the pool," the teenager said, adding she did swim in the lake at her family camp.

"But there were tons of people who didn't have any lakes or anything. It was hard. It's nice to be back because I really missed it."

Matthew Foulds, 12, agreed, saying he's super excited to be back in the pool and gearing up for meaningful competition again, even though it's still up in the air when an actual meet can be safely held.

"I can't wait until we're allowed to have swim meets again. One downside is waking up in the morning, but I'm super excited. It's just the feeling when you get on the block and they call your name. It just gives you all that adrenaline at the swim meet."

McLeod said there's still room for a couple dozen more swimmers and encouraged athletes whose primary sports are on hold to give swimming a try.

## Murray excited to head to Sens

Veteran goalie signs 4-year, \$25M deal after Pens trade him to rebuilding Ottawa

### NHL

By Leith Dunick – TB Source

Matt Murray says he thinks he's a really good fit with an up-and-coming Ottawa Senators team.

The Thunder Bay goaltender, who helped lead the Pittsburgh Penguins to Stanley Cup wins in 2016 and 2017, last Wednesday was traded to Ottawa for a second-round pick in this year's just completed NHL entry draft and prospect Jonathan Gruden.

The deal came on the heels of a disappointing fifth season with the Penguins, one which saw the team bounced in the play-in round by the 12th-seeded Montreal Canadiens and his number fall, posting a 2.87 goals against average and a career low .899 save percentage.

Ottawa is a chance to wipe the slate clean, said the 26-year-old Murray, in a conference call with media on Thursday morning.

He's excited at the possibilities in the nation's capital, a team that hasn't made the playoffs in three seasons and has suffered through plenty of turmoil on and off the ice in recent years.

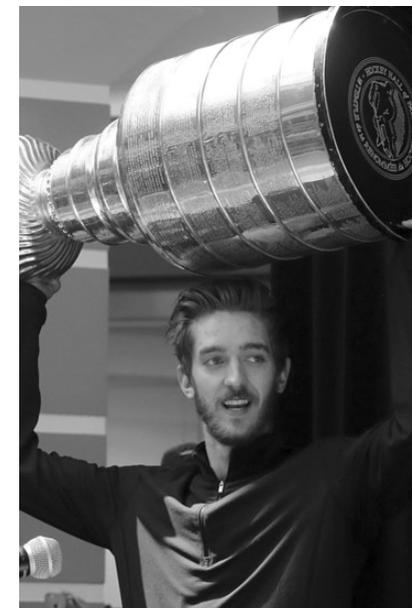
"I see a team that's heading in the right direction and heading there quickly. I paid a bit of attention to what happened in the draft and this is a young team stacked with talent and heading absolutely in the right direction and a team anybody would be excited to be a part of and a team that has a really bright future," Murray said.

"I see a really good fit there for me being a bit of an older guy I guess and I feel like I have a lot to bring to a team like that and everybody should be really excited about the future of this team."

Murray joins a young Senators squad, with plenty of players set to enter their prime, including winger Brady Tkachuk, former first-rounder Colin White and offensively gifted defenceman Thomas Chabot.

The team posted a 25-34-12 record in 2019, good for seventh in the NHL's Atlantic Division, but is only three years removed from a trip to the 2017 Eastern Conference final, in which Murray and the Pens dispatched them in five games.

Murray, who inked a four-year, \$25-million



CUP WINNER: Matt Murray in 2016.

deal on Friday to stay in Ottawa, will enter camp as the team's clear No. 1 player between the pipes.

Thirty-nine-year-old Craig Anderson was not offered a new contract, leaving journeyman Anders Nilsson and Marcus Hogberg as the lone holdovers.

He said he wants the team in front of him, particularly the defensive corps, to know he's got their back.

"As a goalie I think it's important to keep the same approach and try to be a rock back there and try to always keep your demeanor on the right place. I think when guys look back at their goalie they should feel comfortable and confident. That's the kind of demeanor that I try to bring no matter what the scenario is," he said.

Leaving is never easy, but after a roller-coaster ride in Pittsburgh the past couple of seasons, Murray said he's looking forward to writing the next chapter in his hockey story — though he did say he wasn't sure he'd be moved until it actually happened.

"(It's) mixed emotions for sure. It's my first time being traded. It's something new for me. I had a lot of good years in Pittsburgh. I'll always miss it there," Murray said.

"I had great years in Pittsburgh. I'm nothing but thankful for my time there. We had a lot of ups and downs and I personally had a lot of ups and downs. I learned a lot of lessons from it. I think those lessons are going to serve me well in the future."

"I see a really good fit for me being a bit of an older guy..."

MATT MURRAY

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EMAIL **classifieds@dougallmedia.com**

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02. Rural Homes  
03. Mobile Homes  
04. Lots / Acreage  
05. Condos For Sale  
06. Cottages  
07. Commercial for Sale  
08. Investment Property  
09. Out of Town  
10. Real Estate Wanted
- FOR RENT**  
11. Houses  
12. Apartments  
13. Rooms  
14. Room & Board  
15. Shared Accommodations  
16. Cottages  
17. Commercial  
18. Storage/Space  
19. Wanted  
20. Condos  
21. Miscellaneous

- MERCHANDISE**  
22. Bargain corner  
23. Misc. For Sale  
24. Antiques  
25. Music  
26. Office Equip.  
27. Machinery  
28. Pets & Livestock  
29. Food  
30. Misc. Wanted
- VEHICLES FOR SALE**  
31. Cars  
32. Trucks  
33. Vans  
34. Motorcycles/ATV's  
35. Campers/Trailers  
36. Motor Homes  
37. Marine Equip.  
38. Snowmobiles  
39. Parts & Repairs

- YARD SALES**  
40. Current River  
41. Northward  
42. Southward  
43. Westfort  
44. Rural
- MISCELLANEOUS, NOTICES, TENDERS**  
45. Auctions  
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47. Travel  
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50. Personal  
51. Notices  
52. Tenders

- BUSINESS & SERVICES**  
53. General Services  
54. Home Improvements  
55. Bus. Opportunities  
56. Training Courses

- EMPLOYMENT**  
57. Help Wanted  
58. Careers  
59. Child Care  
60. Health Care  
61. Employment Wanted  
62. Students For Hire
- ANNOUNCEMENTS**  
63. Coming Events  
64. Craft & Flea Markets  
65. Happy Ads  
66. Cards of Thanks  
67. In Memoriam  
68. Death/Funerals

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All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written notice.

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Up to 20 words **\$999**

**ADDITIONAL INSERTIONS 1/2 PRICE\***

Additional words 25¢.  
\*Must be run in consecutive weeks. No additions to ads. Does not apply to Bargain Corner ads.

**No refunds on cancellations.**

**BARGAIN CORNER**  
15 words max. for items under \$500. Must contain price.

**ONLY \$480**

Plus HST

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Classified Word Ads: **MONDAY @ 4:00p.m.**  
Display & Photo Ads: **MONDAY @ Noon**

**VISIT OUR OFFICE @**  
87 N. Hill Street, Thunder Bay, ON P7A 5V6  
or online at <https://shop.dougallmedia.com/>

**Office Hours:** Mon. - Fri. 8:30a.m. - 5:00p.m.

**12. APARTMENTS FOR RENT**

**DAWSON PROPERTIES**

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Mon.-Fri. 8:30am - 5pm  
call **346-9222** or visit [www.dawsonprop.com](http://www.dawsonprop.com)

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**WANTED**  
\$ TOP DOLLAR PAID \$  
For Scrap Vehicles  
**DAN'S EMERGENCY ROAD SERVICE**  
**767-3818**

**\$CASH\$**

On the spot for your scrap cars, trucks, vans and SUV's. Same day pick-up with CASH.

**Call Marcel**  
**624-7242 or 626-0161**

Cash for gold and silver, Canadian and US coins, bars and coin collections coins and jewelry. In home appointments available call or text Alex 627-4533.

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**Looking for Tree Removal?**



**Fast, Safe & Efficient**

With Our Unique 34" wide 100ft reach man-lift, we cut higher than anybody in town.

**626 3542**

**53. GENERAL SERVICES**

#1-A , Dump Runs, Yard Work, lawn cutting, cut and remove small trees, hedge trimming removal, tear down old fences, shed or repair; odd jobs. All kinds of general services. Frank 628-5919 or 767-0995

Call Rob for Spring yard & garden clean-up, rototilling, lawn care, pruning, weeding, hedge/tree trimming, dump runs Eaves trough cleaning/repair. Clean exterior surfaces siding deck etc. Residential and commercial window cleaning up to 4 storeys, and high interior windows. Insured! RJC WINDOW CLEANING & PROPERTY MAINTENANCE 632-2161

CHRISTINA'S HOME AND GARDEN. Residential & Commercial! Landscaping, grass cutting, lawn maintenance, planting, dividing, weeding, edging, container gardening, patio stone/interlocking stone pathways, hedge/tree/shrub trimming and shaping. Call 621-1505

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GENERAL CLEAN-UP, Lawn Cutting, Yard Work, Odd Jobs, with low rates! For more info call James 623-8829

Sunshine Lawn Maintenance, all lawn, yard, garden work, rototilling, fall clean up; eaves trough and window cleaning. Many odd jobs, free quotes; great rates for seniors, references, call Mark 631-6967

TREE REMOVAL SERVICES. In town or rural, ++experience, Man-lift, insured, and seniors discounts! Very reasonable rates, free estimates. Call Jacques (Jack)345-4363

**54. HOME IMPROVEMENTS**

RENOVATIONS: We're Carpenters and Renovators! Kitchens, baths, basements, etc... Call 252-9114

**56. TRAINING COURSES**

Scuba diving certification for \$365+tax at Thunder Bay's newest scuba diving center. Lakehead Technical Diving provides the courses, products, and service you need to scuba dive. Call 472-7920 or visit us on the web at [www.lakehead-technicaldiving.ca](http://www.lakehead-technicaldiving.ca)

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second or additional insertions are only **HALF PRICE!**

**51. LEGAL NOTICES**

**NOTICE TO CREDITORS AND OTHERS**  
In the Estate of **Laura Ruth Biloski**

All Persons having claims against the Estate of Laura Ruth Biloski, late of Thunder Bay, ON, deceased, who died on or about September 15, 2020, are hereby notified to send particulars of the same to the undersigned on or before October 29, 2020, after which date the estate will be distributed, with regard only to the claims of which the undersigned shall then have notice and the undersigned will not then be liable to any person of whose claims they shall not then have notice. Dated at Thunder Bay, Ontario on the 29th day of September, 2020.

**ERICKSONS LLP**  
ATTN RYAN VENN  
Barristers and Solicitors  
291 South Court Street  
Thunder Bay, ON P7B 2Y1



**60. HEALTH CARE**

BASIC, ADVANCED AND DIABETIC MOBILE NURSING FOOT CARE. Call Steve 355-3595 to schedule an in-home appointment or visit [www.stevesfootcare.com](http://www.stevesfootcare.com)

**68. DEATH/FUNERALS**



**A Gift In Remembrance**  
[www.sjftb.net/memorial](http://www.sjftb.net/memorial)  
**768-4411**




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**71. HERE'S MY CARD**



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Sept. 29<sup>th</sup>-Oct. 25<sup>th</sup>

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- WALLPAPER - PAINT - DECOR  
Locally owned & operated to serve you better!

**71. HERE'S MY CARD**

**64. CRAFT & FLEA MARKETS**

BIG FLEA MARKET/CRAFT SHOW! CLE Coliseum Saturday October 17th 10am-3pm. Huge variety of items! Table rentals at 623-8671

**51. LEGAL NOTICES**

**NOTICE TO CREDITORS AND OTHERS**  
In the Estate of **Beverly Valerie Elanor Kraft**

All Persons having claims against the Estate of Beverly Valerie Elanor Kraft, late of Thunder Bay, ON, deceased, who died on or about March 14, 2020, are hereby notified to send particulars of the same to the undersigned on or before November 5, 2020, after which date the estate will be distributed, with regard only to the claims of which the undersigned shall then have notice and the undersigned will not then be liable to any person of whose claims they shall not then have notice. Dated at Thunder Bay, Ontario on the 8th day of October, 2020.

**ERICKSONS LLP**  
ATTN RYAN VENN  
Barristers and Solicitors  
291 South Court Street  
Thunder Bay, ON P7B 2Y1



**72. PUZZLE ANSWERS**

**ANSWERS TO THIS WEEK'S PUZZLES**

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
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| 5 | 9 | 3 | 1 | 2 | 8 | 7 | 6 | 4 |
| 8 | 4 | 2 | 3 | 6 | 7 | 5 | 1 | 9 |
| 6 | 7 | 1 | 5 | 9 | 4 | 8 | 2 | 3 |

PREVIOUS SOLUTION: "Shallow men believe in luck, wise and strong men in cause and effect."  
- Ralph Waldo Emerson