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First weekend of action a huge success as the Ontario Winter Games got under way last Friday in Thunder Bay /3, 12-14

Zygmunt Grzelewski lit the torch in 1974, the last time the Ontario Winter Games were held in Thunder Bay, and he did so again last Friday night at Fort William Historical Park.

Temporary school gets \$13M

By Leith Dunick – TB Source

Canada's Minister of Indigenous Services says the federal government has agreed to spend \$13 million to build a temporary school in Eabametoong First Nation.

The northern Ontario community lost its school last month, leading to the arrest of four teenagers accused of setting the John C. Yesno Education Centre on fire and burning it to the ground. As a result, nearly 300 students, ranging from junior kindergarten to Grade 9, were left without a school to study in.

Patty Hadju, also the Liberal MP for Thunder Bay-Superior North, said she and other government officials met with community leadership and Matawa Tribal Council, where she delivered a promise to support the temporary replacement school.

The timelines are tight, Hajdu added. "The work has to happen really quickly, to get some modular units up on the ice road, to clean up the site of the school and to make sure that students are well positioned for the fall," Hajdu said.

"It is a matter of weeks. The work has



The John C. Yesno Education Centre in Eabametoong First Nation burned to the ground on Jan. 25. (Chris Papah)

begun. I have to really compliment Eabametoong council and the technical experts at Matawa who worked really hard together to get us a quote that was pretty

detailed. So, we've approved that quote."

The next step is detailing the logistics to make the best use of the ice roads that remain. Warmer weather this winter has

impacted the viability of ice roads to several northern reserves, but Hajdu said Mother Nature won't affect the timelines of the temporary school project.

"Obviously there is some contingency funding for any kind of airlift that might have to also support those transfers of modular units," Hajdu said.

"They will be using a modular system to put the school together for the fall."

The First Nation will own the modular units and can use them for other purposes once a permanent school is built.

Hajdu said the community was in the design phase already before the Jan. 25 fire destroyed the existing facility, which will hopefully lead to a faster turnaround time for that project. She estimated it could take up to three years to build once construction starts.

"There are multiple stages of any new structure, but the design stage is actually a good stage to be at because it means the feasibility study is done, that they're now finalizing costing. But it usually does take anywhere between one to three years to build the school once the shovels are actually in the ground."



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Hundreds of athletes took part in the first weekend of the Ontario Winter Games. (Leith Dunick)

Games success

By Leith Dunick – TB Source

The event chair of the Ontario Winter Games is thrilled with the execution in Week 1 of the two-week event.

Barry Streib on Monday said the athletes outperformed expectations, the crowds were great, the volunteers came through every time and the competition was as fierce and fun as promised throughout the four-day schedule.

It couldn't have gone better, he said.

"I've been at many venues. The competition has been super, exciting, and boy a lot of talented young individuals are doing these sports," Streib said.

The best part of opening weekend?

The opening ceremonies, he said.

"The reason I say that was it was so emotional when the athletes started marching into the event and started waving those wonderful colourful (batons). It was nice to see that spirit they have for the games and then the community supporting that," Streib said.

"So, from my perspective that was great. But you know what? I've been to some competitions here and I tell the talents of these athletes are amazing. It's wonderful to see. And the coaches are there helping out and it's a team effort from everybody here."

Thunder Bay athletes fared particularly well, picking up medals in wrestling, skiing and futsal, which has helped fuel the intensity both on the court and in the stands.

"Everybody's excited about that and we're hoping for the best," Streib said.

Titilayo Alaka, a 17-year futsal player with the Unionville futsal team, scored three times in the gold-medal game, leading her team to an 8-5 win and the top of the podium.

"I'm super happy, the competition is really good. It was really fun. And my team, we pulled through," Alaka said.

Thunder Bay's Phoenix DeBrusk, a member of the silver medal-winning U18 Chill futsal team, said it was a fun few days.

"I've never had this experience before and I really appreciate it," she said, adding she'd love to continue with the sport if another opportunity to attend the Games came along, though plans to focus mainly on soccer.

Skier Kiera Hall, who won bronze in the district relay and silver in the five-kilometre classic race, said it was fun having athletes from all around Ontario in her hometown.

"It's nice that I don't have to fly down to Ottawa, take two flights. I can just come to Lappe, where I've been my whole life and just go," the Superior Collegiate teen said.

There's still plenty of action to come this weekend, when the Games resume. Biathlon, archery, artistic swimming, hockey, curling, five-pin bowling and fencing are all on the slate.

Streib said he can't wait.

"Seven new sports are going to be as exciting as this first weekend. We're starting on Friday and we've got our opening ceremonies again to welcome the new athletes coming to our community and that's going to be great," he said. "Then the competition starts."

WEATHER FORECAST

THURSDAY	FRIDAY	SATURDAY	SUNDAY
Mostly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy
Precipitation: 40% HIGH 4 LOW -16	Precipitation: 20% HIGH -8 LOW -17	Precipitation: 20% HIGH -1 LOW -3	Precipitation: 20% HIGH 4 LOW -6

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VIEW SCHEDULE tbaygames2024.ca **VOIR L'HORAIRE** tbayjeux2024.ca

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Beerfest scheduled for weekend

By TB Source staff

The city's first brewing company is looking back on its history and is inviting the community to celebrate craft beer culture in Thunder Bay and beyond.

Sleeping Giant Brewery is hosting BeerFest this weekend, a two-day festival celebrating the company as the first independent craft brewery in the city of Thunder Bay.

Sleeping Giant first started brewing craft beers in 2012 and opened its unique taproom in the Intercity area in 2016.

It currently offers six craft beers, with seasonal and special brews offered throughout the year and for special occasions.

But BeerFest will also celebrate the love of craft beer, featuring 14 craft breweries from across Ontario and offering samples that are not available at the LCBO.

"When we selected the beer for the event, our team was looking for uniqueness, something different — craft beer that people have never tried before, and some brews that haven't even been released yet," said Drea Mulligan, co-founder of Sleeping Giant Brewing Company.

"From refreshing sours to robust darks,



Beerfest will be held at the Sleeping Giant Brewery on Friday and Saturday, with three sessions scheduled.

attendees will get to sample brews that aren't necessarily your run of the mill beer. Each handcrafted with passion and care, you'll get a lot of different flavours and styles."

The Sleeping Giant Brewing Company will be releasing its own special brew exclusively for the event, a raw, dry-hopped Belgian blonde beer.

Live entertainment will include local acts Luke Warm & the Cold Ones, Honest Heart Collective and Cole Myronuk. Beefcakes Burger Factory will offer snacks throughout the festival to pair with the craft beers.

"Our team really wanted to highlight and support independent craft breweries at this event. When we look back to when Sleeping Giant Brewing Company first opened, Thunder Bay wasn't a craft beer town — it definitely is now," Mulligan said.

"Whether you're a craft beer aficionado or simply enjoy a good brew, BeerFest promises to expand your pallet with great beer and a lively atmosphere."

The brewery lineup for BeerFest will feature Blood Brothers, Small Pay Barrel Works, Full Beard, Town Brewery, Grain and Grit, Silversmith Brewing, Northern Superior, Fairweather, Tooth & Nail, Godspeed, Halo, Indie Ale House and Rouge River.

BeerFest will take place this Friday and Saturday. There are three sessions, with general admission and VIP tickets available. Tickets can be purchased online at sleeping-giantbrewing.ca or in person at the brewery. A portion of the events proceeds will be donated to the Northern Cancer Fund.

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Debit now at city rinks

By Kevin Jeffrey - Local Journalism Initiative reporter

More entertainment facilities in the city are getting equipped with new payment machines at their concession stands.

Ahead of the Lakehead Thunderwolves game against the Windsor Lancers, officials were installing the white units at the Fort William Gardens that will allow visitors to use debit or credit instead of cash, although cash will still be accepted.

Matthew Pearson, manager of central support, said it was a 12-month process to get to the point of installation.

"I have to say it was going to happen at some point and I am glad it happened now and not even later," Pearson said.

"Integrating debit and credit payments is a huge convenience, and the case we brought forward was that the city was missing out on revenue by not having that service.

"In an area with the budget pressures we have, and needing to grow some revenue, let's put it out there and see what happens."

Officials can now get more real data to see what people are using the most.

"I think there's always been the will to

upgrade the technology, and there are technologically savvy people with the corporation. But where the hurdles came in was picking priorities in planning and there are a lot of other priorities within the city," Pearson said.

"A concession service is probably a lower priority in the grand scheme of things, however it's very important in its own right. I can't speak to why it didn't happen before I got here but I'm glad this was something we could bring forward and now is the time."

City officials have indicated the Delaney and Current River arenas are also going to be outfitted with the new machines with other satellite arenas to follow in the future.

"It's a guest-first environment, and we wanted to give them the ability to be able to pay in whatever means they need to pay with," remarked Kyle Melnyk, the supervisor of customer service with the city.

"Lynn Melnyk (supervisor for concessions) has been a champion of this for a while so we put the wheels in motion and started exploring some different options."

The Gardens will use machines from a company called Clover, which run on a SIM card and don't need wi-fi.



Jeopardy host Ken Jennings appears with 13-time champion Ray Lalonde, who used to live in Thunder Bay. (FILE)

Lalonde returns to Jeopardy TOC

Former Thunder Bay resident won 13 times on show

By Gary Rinne - TB Source

If Ray Lalonde is to repeat the success he enjoyed on his first appearance on Jeopardy, he'll have to defeat a lot of exceptionally strong competitors.

The Thunder Bay-born-and-raised man is among 27 contenders in the Tournament of Champions, which begins on Friday.

A little over a year ago, Lalonde won 13 straight games and nearly US\$390,000, qualifying him for the tournament that was scheduled to take place in the fall of 2023.

But the event, which offers a prize of \$250,000 to the winner, was delayed due to a strike by members of the Writers Guild of America.

Lalonde recently got the call to return to Sony Pictures Studios in Los Angeles, where Jeopardy is produced.

When his turn in the tournament comes up on March 4, he knows he'll have thousands of people cheering for him back in Thunder Bay.

He graduated from Hillcrest High School and left the city at the age of 19 to attend university in Toronto, where he works as a TV and movie set designer.

"Thank you for all the support I got from Thunder Bay," he said in an interview

Monday. "It's been lovely . . . I've heard from a lot of people, and it was very nice to get that support back."

In preparation for the big tournament, he spent time last year brushing up on topics where he feels he might be vulnerable.

"I've done a certain amount of audio books and that sort of thing, and I tried to concentrate on some things I thought I was weak on - movies, sports, geography like world capitals, the sort of things they ask a lot."

While episodes of the tournament were being recorded, the producers put all the contestants in the same hotel.

"It was a big group of us -- and we all got to hang out, do our photo shoots together, and just make connections and be friends. So it really felt like we were one big group there, which was nice," Lalonde said.

"This was almost a brand new experience, after a year. You go back down there and you kind of feel 'Did that even happen to me last year?' It almost feels like it happened to somebody else, but there you are, back again."

He's one of two Canadians in the Tournament of Champions, the other being psychiatrist Juveria Zaheer from Whitby, Ont.

Pandemic recovery plan

By Justin Hardy - TB Source

A new project was launched on Friday aimed at connecting organizations to work together in helping local non-profits and community groups that are still struggling with recovery from the COVID-19 pandemic.

The Lakehead Social Planning Council's new initiative, Empower the North, will help local non-profits and community groups bounce back from the pandemic together.

"We know how difficult it is right now to attract staff -- we're all experiencing that," said Marie Klassen, executive director, LSPC.

"Our fundraising efforts are being mitigated by a lot of things. We're losing our volunteers daily. It's a different world, and again, how do we adjust to that? How do we help each other recover."

The program is made up of two components, a network of community organizations that will work together to share ideas and resources, and a website that encourages everyone, from organizations and agencies, to businesses and individuals, to post stories of their impact, raise awareness, encourage civic engage-

ment, participation, discussion, debate, and anything that people want to share in the way of news and information.

United Way of Thunder Bay CEO Albert Brule encourages all local non-profits and community groups to sign up.

"Any service clubs, community groups, sports organizations, arts groups -- it's meant to be a welcome, warm place to come. You can share your stories, share your events, and invite people to join with you in making a difference for our community," he said.

The program is funded until July 2025 by a \$141,000 grant from the Trillium Foundation. When that time is up, the LSPC will report back to the province about the success of the program.

Thunder Bay-Atikokan MPP Kevin Holland said he's looking forward to seeing the data.

"We're far removed from the rest of Ontario, and we need to really erase those imaginary borders between our communities, and between our districts.

"We need to really come together and collaborate on the issues that are affecting the North. I can take that information and advocate on behalf of Northwestern Ontario," he said.

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EDITORIAL

ID concerns

Last week, the LCBO was forced to back down on its plan to require government-issued identification at several of its Northwestern Ontario locations, including four stores in Thunder Bay.

The reason given by the provincial Conservatives was concerns over privacy.

On that end, the Doug Ford government wasn't wrong.

The idea the LCBO would scan each person's identification and store that data for up to two weeks is a bit alarming, given the number of data breaches we've seen.

That said, there has to be a way to cut down on theft.

The requirement for identification is already in place. Employees at the LCBO use their discretion. Someone who is clearly a senior citizen likely isn't asked. Those in the (less) grey zone might have to dig into their wallet or purse and produce one.

At grocery stores, ID for purchasing wine and beer is mandatory. You either show it or you don't get to purchase. If you have to show a valid ID, maybe it lessens the likelihood that you'll steal. Or maybe store the info until you leave, a swipe back out.

LCBO thefts occur To the editor:

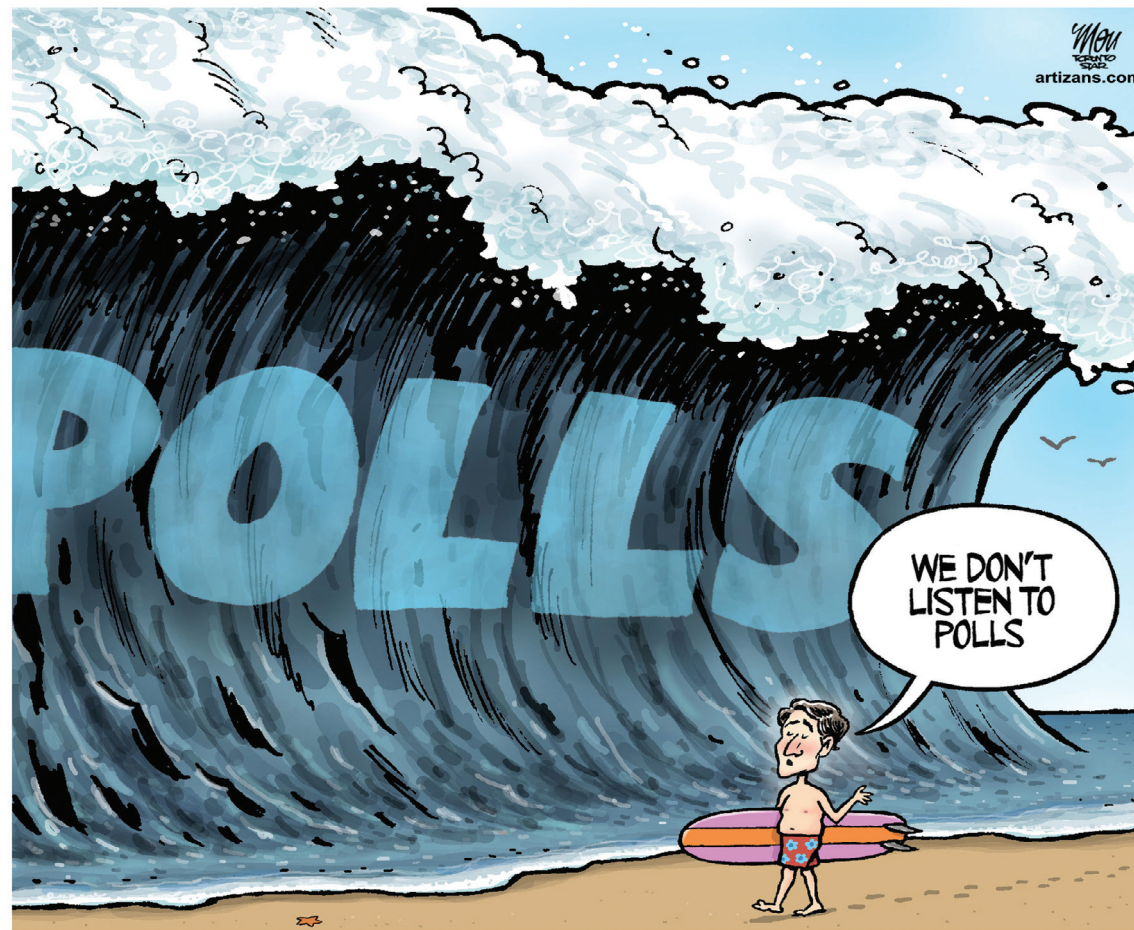
In response to the concerns raised about the pilot security project at several Northwestern Ontario LCBO locations, a critical aspect of our discussion seems to be overshadowed: the undeniable fact theft and threats are occurring and must be addressed decisively. It is essential to underscore that who is committing these acts is secondary to the reality they are happening and pose a risk to the safety of both staff and patrons.

If we allow vague ideological concerns to distract us from our core responsibility of ensuring safety, we inadvertently compromise the well-being of our entire community. Our focus must remain on the implementation of practical measures that respond to the reality of what is happening.

Allowing the discourse to drift into abstract ideological debates can hinder our ability to enact straightforward solutions to these very real problems. While societal discussions have their place and are crucial for long-term policy change, they should not impede actions aimed at making our community spaces safer for everyone.

Andre Gagne

LETTERS TO THE EDITOR



Night Side of the River is a ghostly adventure

Night Side of the River is a collection of ghost stories by Jeanette Winterson who, in a very useful introduction, surveys the history of this chilling genre.

It features a baker's dozen of spooky stories organised into the four categories of Devices, Places, People and Visitations – the distinctions themselves boasting somewhat leaky boundaries – in which Winterson takes loving liberties with the form.

Abandoned dower houses with forbidden locked rooms, the scent of cigarettes in nonsmoking households, antique transistor radios that suddenly burst into life and spectral soldiers from long-past

conflicts abound: as Paul, who makes a living putting on ghostly weekends for wealthy partygoers notes: 'We're looking for walled-up

ancestors, wronged wives, pale-faced children trailing a teddy, a drunk uncle who fell to his doom.'

These are the well-trodden imaginative territories of the fireside yarn-spinner, the gothic novelist, the Victorian spiritualist and the modernist subjectivity-warper; influences range from *The Epic of Gilgamesh* and the work of both MR and Henry James to Roald Dahl's *Tales of the Unexpected* and Susan Hill's *The Woman in Black*.

Elsewhere, as the grouping Devices suggests, we break ground in the metaverse, as AI dares us to imagine a 'reality' beyond the material where, for example, an abusive spouse might continue to torment his widow via an app or a fed-up wife can reimagine her

disappointing husband as altogether more successful, handsome and appreciative merely by refining his avatar.

But even when the references feel familiar – a remote coastal hotel in which a wedding is disrupted by the spirits of a pair of star-crossed lovers, Winterson avoids pastiche, largely through the steady release of intensely portrayed and skillfully deployed emotion.

A pair of pieces, *No Ghost Ghost Story* and *The Undiscovered Country*, show us bereavement from both sides, as Simon mourns his recently dead partner, William. 'Absurd that the shelves are restocked every day,' he ponders as he forlornly buys milk, 'but you will never come back,' capturing precisely the incredulity of grief; he is haunted not by a ghost, but by the lack of one. 'We were the originators and makers of the shared life that we worked on every day. Now, I have to work

on it alone.' The companion story is, perhaps, an exercise in consolation, as Winterson implies that ghosts may be present even when we do not believe in them.

Punctuating the stories are four autobiographical vignettes in which Winterson recounts her own experiences with the otherworldly, including two pieces about the death of her grandmother, who appeared to have wandered into her beloved rose garden at the moment of departure, despite in fact being entirely bedridden.

No such accounts would be complete without the arrival of the author's mother. Mrs Winterson would never admit that their house was prone to mice, which spoke of poverty and uncleanness. Whenever one was seen skittering behind the larder, she issued a single word: 'Ectoplasm.' Which goes to show that ghosts can be useful.



John Pateman
BOOK BANTER

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Vehicle thefts soaring in Canada

By JR Shermack - TB Source

When I was a kid I would sometimes see a Saturday afternoon movie with my friends and the main feature was often a western.

We witnessed a lot of bank robberies and train hold-ups in the old west but the one crime considered the most despicable was stealing someone's ride.

In the old days a cowboy was nothing without his trusty steed - horse thieves were the lowest of the low and were dealt with very severely.

Those old-time dusters taught us a valuable lesson which is why neither I nor any of my friends ever got in trouble with the law for horse theft.

However, even though most people don't own a horse today a growing number of Canadians know what it's like to have their ride stolen from under them.

The spirit of old-time horse thieves has been resurrected and invigorated in the form of a nation-wide surge of car theft - over 105,000 vehicles stolen in 2022.

This is the domain of 21st century horse thieves - thousands of Canadian vehicles are stolen and resold by domestic and international criminal organizations.



Thieves have been targeting vehicles more and more.

A vehicle is stolen every five minutes in this country and for the second year in a row private insurers paid out more than \$1 billion in stolen vehicle claims.

In 2022 vehicle theft rose by 50 per cent in Quebec, 48 per cent in Ontario, 35 per cent in Atlantic Canada and 35 per cent in Alberta - 9,600 were taken in the Toronto area alone.

International crime organizations export stolen vehicles to Africa, the Middle East and Europe but some are used to commit crimes in Canada and then destroyed afterwards.

Even Government-owned vehicles are targeted for theft - the federal justice minister's Toyota Highlander has been stolen three times in the past three years.

This was the backdrop behind the recent national summit on auto theft, a discussion with industry leaders, insurance companies and law enforcement.

The federal government pledged to enhance and support existing enforcement efforts and announced \$28 million in funding to combat the theft and export of Canadian automobiles.

Not all vehicles are stolen equally - some are rarely or never taken while others share the dubious honor of making the top ten stolen vehicles list.

Heading the theft list for the second year in a row is the Honda CR-V, especially the 2020 model which was the one most often stolen.

In second place is the Dodge Ram 1500 series, then the Ford F-150, the Lexus RX and

the Toyota Highlander.

You can check the list to see if your ride is on the 10 most desirable vehicles list for Canadian car thieves and take appropriate action.

One option is to opt for one of Canada's least stolen models such as the Chevrolet Volt which is ignored by thieves, only stolen once in 2022, probably by mistake.

Apparently all electric vehicles are avoided by prospective car thieves - nobody steals them because there is no market for resale.

Also not worth stealing are the Cadillac CT5, the Kia Niro 5DR, Buick Envision, Honda Fit 5DR and Mini Cooper Countryman, among others.

These vehicles can all be safely parked anywhere with the doors unlocked and the key in the ignition.

As for me, my old, rusty vehicle is an unlikely target for car thieves - also, we recently bought a new vehicle and fortunately it is on the 'rarely if ever stolen' list.

To protect your ride from being taken you can either drive an old beater, select a seldom stolen model or if you are really desperate, buy an electric vehicle.

No self-respecting horse thief will want to steal that.

what's happening
in and around...

The Bay

To submit an event, email ldunick@dougallmedia.com.
Please include details about the event, including any cost

February 23

Beer Fest

Welcome to the ultimate celebration of craft beer excellence at Sleeping Giant Brewing Company's annual Beer Fest! Join us for a weekend of unparalleled brews, live music, and entertainment, showcasing exclusive beers from over 10 renowned breweries across Ontario.

Experience the best of Ontario's craft beer scene:

- Exclusive Brews: Indulge in an extensive selection of unique brews from top-rated Ontario breweries, showcasing their finest craft creations available only at SGBC.

- VIP Experience: Gain early access, indulge in a VIP flight of local beer & Beer School, and enjoy exclusive access to SGBC's pilot brew in our VIP lounge. Your Polaroid lanyard gives you access to VIP express lines!

- Live Music: Enjoy an array of local talent with our live music.

- Session 1 (Feb. 23 evening): The Honest Heart Collective performing from 9 p.m. to 11 p.m.

- Session 2 (Feb. 24 afternoon): Cole Myronuk performing from 2 p.m. to 4 p.m.

- Session 3 (Feb. 24 evening): Lukewarm & The Coldones performing from 9 p.m. to 11 p.m.

Also, test your skills in beer pong competitions and relish delectable bites from Beefcakes, our featured food vendor.

February 23

Jazz and Old Fashioned Friday

Join Mood Indigo in our thrilling third year of spectacular scenery, smooth jazz, special guests and incredibly crafted cocktails and food at one of the top restaurants in Thunder Bay, Anchor & Ore in the Delta Hotels

The event is held every Friday from 6 p.m. to 9 p.m.

Visit opentable.ca for reservations.

February 24

Bollywood in the Bay

Get ready to groove and dance the night away. Pink Mafia Productions has planned a night filled with electrifying music and non-stop entertainment.

It's an evening where Bollywood meets glitz and glamour! We invite you to don your most exquisite Indowestern attire and unleash your inner Bollywood star on the dance floor!

Bring your friends along and make unforgettable memories at the second annual Bollywood in the Bay.

The event takes place at the Westfort Bar, located at 1408 Brown Street.

Tickets are available at bollywoodinthebay.eventbrite.ca.

This is a 19-plus event and government issued identification is required for entry. The doors open at 8:30 p.m. and the party starts at 9 p.m. Cover at the door is \$11.



Marcus Powlowski, MP
Working For You
In Thunder Bay-Rainy River
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Urban design feedback sought by city officials

By Gary Rinne - TB Source

The City of Thunder Bay wants feedback from the community as it looks to update its 12-year-old urban design guidelines.

The guidelines cover issues not addressed in the zoning by-law, including accessibility, parking, landscaping, lighting and stormwater management, and are often used by city staff to determine if a planning application should be approved.

The planning division feels recent changes to the zoning by-law and evolving best practices mean the current guidelines are no longer the most appropriate ways to get people to work, live in, or visit a particular area.

"Good urban design can help people feel happier and calmer," said Jillian Fazio, the acting senior planner. "Well-designed sites maintain their appeal and make our city a better place to live."

According to the city, the guidelines are a companion to the zoning by-law, and address site elements that aren't regulated through zoning, such as tree-planting.

They establish design criteria for development and set performance standards that address a range of site design elements including:

- accessibility
- sustainability and stormwater management
- parking, loading and circulation
- outdoor storage and servicing
- building orientation, massing and facade treatment
- landscaping
- lighting

The city has stated that these guidelines promote a variety of goals including:

- greening and beautification
- accessibility and inclusivity
- urban revitalization
- crime prevention
- climate change resiliency
- protection of cultural and natural heritage

Stakeholders such as builders, contractors, developers, business owners and citizens have the opportunity to provide input before the planning division submits a report to city council in April.



It was announced last week that local LCBOs would require identification from everyone entering the stores.

LCBO ID flip-flop

By Katie Nicholls - TB Source

After a sudden reversal from the Liquor Control Board of Ontario last Wednesday regarding its proposed controlled entrances pilot at six Northern Ontario locations, both local MPPs were asked to comment on the change.

Thunder Bay-Atikokan MPP Kevin Holland said he is still learning why the reversal was made.

"But from my basic understanding, it was just to make sure that privacy issues weren't a concern," he said.

Holland said he arrived back to the city from holidays and was made aware of the recent decision, but he still has questions about it.

"I intend to go back to the office today and get updated more by the ministry officials as to the details specifically about why the decision was reversed."

NDP MPP Lise Vaugeois for Thunder Bay-Superior North said she's happy the project has been walked back.

"Honestly, I don't know what their rationale was. Apparently, it's to increase safety, but a lot of people don't have ID.

"And that really makes me wonder who was it that they were trying to keep from coming into liquor stores? People shouldn't be criminalized for going into a business and purchasing whatever it is, in this case alcohol. There is no reason for it."

Last Wednesday, the LCBO released a statement indicating they had received direction

from the provincial government.

"We remain committed to working collaboratively on additional measures to reduce shop theft and violent incidents in our stores and ensure safe experiences for our customers and employees," indicated the LCBO's statement.

While not definitive, it's possible the pilot program could be reinstated with changes at a future date, which is something that would still cause concern for Vaugeois.

"First of all, those are questions that should have been addressed before it was even put on the table.

"We already know that when you use a card to buy something, we're being tracked. But nevertheless, this is a privacy issue to have to show ID when you go into a place of business. So if it's going to continue, they have to work out those issues. I'm not sure how they can be worked out, and it should have been done really before it was even on the table."

Last Monday the LCBO announced six locations would participate in the new pilot program - including one store location in Kenora, one in Sioux Lookout, and four in Thunder Bay - which was touted as being safer for patrons and staff.

The changes in entering various locations were supposed to mitigate the possibility of thefts that pose safety risks for patrons and staff. The security vestibule just inside the front door would have scanned the photo ID and retained the customer's photo, name and birth date securely on file for 14 days.

Advertorial



Why now may be the time to consider senior living

When Rhonda began exploring retirement residences in the Thunder Bay area for her mother, she wasn't sure how her mother would settle in. Her concerns proved unfounded.

the paint night! The cocktails are popular, too! Thank you, Chartwell Isabella, for creating such a beautiful home for our mom. And thank you as well for such a seamless transition," Rhonda says.

“ Thank you, Chartwell Isabella, for creating such a beautiful home for our mom. ”

“My mom has only been in Chartwell Isabella for a month, but it has been an incredible month for her! She loves it, and we love seeing her thrive in such a positive environment. She has her appetite back and enjoys her meals immensely. The staff have been informative, and she enjoys the education sessions. The activities have been awesome. Mom is still talking about

an excellent choice for older adults and their adult children. Why? Retirement communities provide a convenient, social, and worry-free lifestyle. Here, you or your loved one can focus your time and energy toward life's joys, while our friendly staff tends to the daily aspects of living that may require support.

Many seniors who choose senior living say they wish they'd moved

in years earlier once they settle into their new home, referencing the social community, friendly staff, delicious chef-prepared meals, and variety of optional activities, fitness classes, and outings—just to name a few.

Katie, a current resident of Chartwell Glacier Ridge, concurs: “Chartwell Glacier Ridge is a great place for both residents and visitors. The staff are friendly and knowledgeable. The residents are offered various recreation activities, including shopping and leisure trips in the city. I highly recommend Chartwell to anyone looking for a friendly and comfortable place for themselves.”

Chartwell has four seniors' residences in Thunder Bay: Chartwell Isabella, Chartwell Thunder Bay, Chartwell Glacier Ridge, and Chartwell Hilldale. Chartwell Isabella is in central Vickers Park, a quiet, well-kept neighbourhood with a

historical ambiance. Chartwell Thunder Bay on Arundel Street is in the Port Arthur neighbourhood of Thunder Bay, located along protected conservation area and Boulevard Lake. Chartwell Glacier Ridge is found in the heart of Thunder Bay on Jasper Drive near Balmoral Street, not far from Lakehead University. Chartwell Hilldale is also in Thunder Bay's Port Arthur district, down the street from Dawson Road and the Walmart Supercentre.

“This retirement residence is perfect for my parents. The staff is very friendly and professional at the same time. They definitely care!” says adult child Donna. “They are attentive and meet the needs of the residents right away, if at all possible. The best move my sisters and I could ever have made. Beautiful building. We are all very happy with our choice with Chartwell Hilldale!”



Ready to explore the lifestyle? Don't delay—ask them about their limited-time offers today by visiting **chartwell.com**.

Eating beef has many benefits

Beef, like eggs can sometimes get a bit of a bad rap in the nutrition community. Like anything really, the key is moderation (theres that word again).

Before anyone begins to critique this column written by a guy who operates a place called Beefcake that serves primarily beef, as he touts the nutritional benefits of eating beef, I don't have much defence to that. Get your own column and write about what you want, I guess.

Canada Beef is putting more resources behind the nutritional benefits as well. Adding a large advertising presence and increased resources for both consumers and producers and even has plans for resources directed strictly at the medical community.

According to the Public Health Agency of Canada almost half of Canadian adults (44 per cent) have at least one common health condition such as diabetes, heart disease and osteoporosis.

Most of these conditions benefit from diet and lifestyle changes. Many Canadians could benefit from eating nutrient-dense beef.

Beef is a rich source of many minerals vital



A steak on the barbecue can be a tasty way to get needed minerals, but as always, moderation is key. (iStock)

for the proper functioning of all the body's systems.

The minerals found in beef are more easily absorbed than vegetable sources.

A serving of beef also gives you 12 per cent of the recommended daily dose of iron, used to assist the body's oxygen transport systems and metabolism.

It also contains significant amounts of B

vitamins important for effective processing of proteins and fats. Phosphorus and zinc, vital for our immune systems are also present.

Beef has typically around 26 grams of protein per 100 gram serving.

Therefore, consumption of beef must be encouraged to meet the protein requirements and overcome nutritional deficiencies like protein-energy deficiency, nutritional defi-

ciency anaemia, megaloblastic anaemia etc.

However, beef has high amounts of saturated fats which are potentially capable of elevating the bad cholesterol in the body. Thus, its consumption should be restricted to only once or twice a week.

For the active person or habitual weightlifter, beef's protein content, and amino acid Carnosine, can be the building block of gaining or maintaining muscle mass as well as slowing down glycation, which is damage to the body caused by natural aging.

Other amino acids are also present, beef is a significant natural source of L-Carnitine and Conjugated Linoleic Acid (CLA) which assists in metabolism and the burning of fats. It also contains Glutathione, known to be the "master antioxidant".

All of this can seem like one giant advertisement for eating more red meat, and in a general sense I guess it kinda is.

This is also something I can directly benefit from financially.

So, take my advice with a grain of salt, because I'm not a nutritionist, nor am I an expert.

I'm just a fat kid who likes beef and needs a lot of excuses to eat more of it.

Derek Lankinen is an award-winning chef, author, and restaurateur. He is the Owner/Operator of Beefcake's Burger Factory with two locations in Westfort and Current River and Co-Owner of Elite Beef.



Derek Lankinen
Here's Cooking at You Kid

Dark nights, driving and deer don't always mix

It was night. It was dark. I was driving to pick up daughter Beth from her Monday night meeting. On the way, my car met a "Bambi".

Beth's meeting was in the village of Hymers that is in the north of Gillies Township. We live in the southern part of the township near the village of South Gillies, down a concession road.

So, to fetch Beth, I had to drive some seven or so miles to reach Hymers. This drive is nothing unusual; I drive that highway a lot especially to get to the city. I have also driven this route at night many times to retrieve Beth from her regular meeting. But this time was different.

South Gillies is high up in the hills, so to get to Hymers, one must drive down a long hill the locals call "Mile Hill" that isn't quite but what the heck.

At the bottom of the hill the road veers to the left and then straightens out. Now you

drive past a dwelling on the left, a farm on the right, then past the Gillies Fire Hall, past Parker road that heads east off the highway, and then you are driving between two, large hay fields.

I had just passed the farm when my headlights picked up two deer coming off the field on the right and crossing to the one on the left.

I was still quite a distance from them as they leapt the ditch on the left to disappear into the night.

I kept driving when suddenly, deer No. 3 leapt onto the road right in front of the car. "Wham!" Deer no. 3 bounced off the car. Dang! Now what?

I stopped, did a three-point turn (thank goodness there was no one else on the road), and drove back to find the deer laid out flat on the road. I left the car running so I could use the headlights and climbed so I walk over to what I presumed would be a dead deer.

Nope.

"The deer was breathing but not moving, at least not until I tried to pull it off the road to the soft shoulder. It raised its head to look at me.

I again tried to grab its hind legs and pull; it kicked. I spoke profuse apologies to it and began to push its hind end and then its front until it was off the road.

The deer managed to get up into a lying position. It was time to continue to get Beth. I telephoned her to say that I had been slightly delayed.

On the drive back, as the car approached the scene, the headlights picked up two reflecting amber orbs.

"It is still there," I said to Beth.

I slowed right down and was going to stop when the deer, startled by the on-coming vehicle (I guess) managed to stand and, on somewhat unsteady legs, stagger off in the direction of her mates. Amazing!

When we arrived home at Casa Jones, I got out to see what damage "Bambi"/Farmer

Fred collision had done to the car.

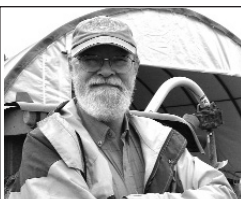
Lots. The entire front passenger side was smashed in; the engine hood was buckled; and the grill was completely gone. Ratz! The repair to the car was going to cost plenty: thank goodness for collision insurance.

I was regaling my tale of woe to our newspaper delivery man, James, at our local dump on Saturday. He laughed and told me how many times he has hit deer and other wildlife during his paper route that - get this - begins at one in the morning or thereabouts but always when it is dark.

I have seen his truck arrive as early as 5:30 a.m. at our newspaper box at the end of our driveway. He told me that he regularly sees deer crossing the road at the point where Farmer Fred collided with "Bambi" No. 3.

James has learned that if you see two or three deer leaping across a ditch and heading across the road to wait. There are bound to be more.

Luckily, on this occasion both driver and deer survived.



Fred Jones
RURAL ROOTS

Bob Marley biopic falls short

Bio-pic sketches have had a spotty record of late, especially those sanctioned or supported by the subject's immediate family. These either have fallen short on solid storytelling or have tended to eulogize rather than objectively offer a more even-handed portrayal.

Such has been the case with *Respect*, the Aretha Franklin bio with Jennifer Hudson (spotty narrative), *Priscilla* (titular character is a dial tone) or *Maestro* (self-conscious style overshadows content.) Family influence can often soften the focus.

Unfortunately, *Bob Marley: One Love* (SilverCity) has the hands-on involvement of the iconic singer's family. The film begins curiously with a brief built-in "making of" sequence referencing actual performance and personal locales used by Marley that are in the picture as if to suggest authenticity.

This creates unease right off. Why not let the narrative and characters speak for themselves? There is also controversy surrounding the casting of Kingsley Ben-Adir as Bob, hand-picked by Marley's son Ziggy. He's a British-born Trinidadian. No capable Jamaican

actors available?

The movie covers two years in Marley's life, from 1976-78, beginning with an assassination attempt on his life at his Jamaican home to his fleeing to England where he produced the album, "Exodus" and performed before returning home to a hero's welcome. Within that timeframe however, the narrative is disjointed and muddled.

Marley's legend is played at face value. Despite industrious efforts, Marley's essence eludes Ben-Adir. What inspires Marley? Bob's edgy, raw energy and swagger are too underplayed.

Marley's Rastafarian philosophy and his revolutionary views get superficial treatment, hence the attempt on his life. There is no sense of the political landscape in Jamaica which would explain Marley's importance.

Rather, the filmmakers let Marley's music do the work, permeating the soundtrack. Ben-Adir performs a bit on guitar and briefly on stage which will no doubt appease the fans.

Sparks fly between Bob and his wife, Rita (Lashana Lynch). His numerous affairs

however, including Jamaica's Miss World Cindy Breakspeare, some of which produced offspring, get muted acknowledgement.

One interesting fantasy sequence involves youngster Bob, a rim of fire, and a horse-mounted Ethiopian leader Haile Salassie, suggesting the revolutionary fervor was implanted in Bob at a tender age.

There is also controversy involving the complications of portraying Jamaican Patois. Evidently, experts give Ben-Adir a passing grade in this regard while ironically Jamaican-born Lynch gets failing marks despite her very effective on-screen presence. Subtitles would have alleviated this problem as in Jimmy Cliff's "The Harder They Come," but they are considered problematic for mainstream audiences.

Oddly, one of Marley's greatest accomplishments—bringing together on stage bitterly opposed White Jamaican political leaders—is relegated to an archival mention in the epilogue. Ditto the TIME magazine declaration that "Exodus" is the best album of the 20th century. Any explanation why?

When the epilogue has greater heft than the rest of the movie, you know you're in trouble. The family should've stayed on the sidelines.



Marty Mascarini
 MOVIE TALK



Kingsley Ben-Adir plays Bob Marley in *One Love*.



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Hall places in second

By Leith Dunick - TB Source

Thunder Bay's Kiera Hall has won a silver medal in the women's five-kilometre classic race.

Hall, who posted the fastest first-lap time on Sunday, making the loop in just over nine minutes, was caught on the second lap by Nakkertok Nordic's Evelyn Davies.

Davies finished the race in a time of 18:19, 18.4 seconds faster than Hall, who crossed the line in 18:37.4.

Team Hardwood's Anna Liisa Vurma grabbed the bronze, 11.1 seconds behind Hall, who added to her bronze medal she won in the district relay race on Saturday.

In the men's race, Nakkertok Nordic skiers took the top two positions. Evan Rebane captured gold in a time of 16:25.2 and Owen Siderius won silver, 10.1 seconds behind in the interval start race.

Callum Wiss of Waldon Cross Country earned a bronze, in a time of 16:42.4.

The top local skier was Rudy Balabuck, who won bronze in Saturday's district relay event. He finished in seventh place, 1:02.6 behind Rebane.

Kiera Hall picked up a pair of Ontario Winter Games medals, winning silver in the five-kilometre race.



The Thunder Bay Chill's U18 girls' team took second place in the Ontario Winter Games futsal tournament. (Leith Dunick)

Chill take silver

By Leith Dunick - TB Source

Six weeks or so ago, Phoenix DeBrusk had never played futsal.

As of Sunday, she's a silver medallist in the sport, the Thunder Bay Chill U18 squad finishing second at the Ontario Winter Games after dropping an 8-5 decision to Unionville Milliken Soccer Club.

Unionville opened a 3-1 lead at halftime, scored twice in the opening two minutes of the second half and fought off a valiant comeback attempt by the Chill to capture the gold.

DeBrusk, who scored a goal, to the delight of a packed-to-the-rafters Lakehead University Thunderdome, something the goalkeeper says she's never done before in her soccer career, said the team entered the competition with no expectations.

Winning a silver medal was a fantastic way to finish, the 16-year-old Westgate Collegiate and Vocational Institute student said.

"It was a really stressful game," she said. "We just came short, but it was a really good game."

The lack of experience didn't hamper the team during the four-day tournament, though it did take some time getting used to the sport, which involves five-person teams - four players and a keeper - playing on a hardwood floor.

"It was actually a lot different than we expected. It was a lot more high-paced. You need to be quicker on the ball. But overall, we did really good," DeBrusk said.

Unionville's Titilayo Alaka, who scored three times to lead her team to victory, said winning it all at the Ontario Winter Games feels great.

"I'm super happy. The competition was really good. It was fun, and our team, we pulled through. It was challenging."

Jumping out in front helped calm the nerves. "We just really wanted it. I feel like the previous days we wanted it, but this came from inside. We really pulled through."

Unionville's Ashana Kunaratnam opened the scoring early in the first half, but the Chill were quick to get it back, Aliviah Galle netting the equalizer in the eighth minute.

Alaka, 17, fired high on DeBrusk for her first of three on the afternoon, the goal coming just before the midway point of the first half. Alaka added a second of the opening half with 1:47 to go, after the Chill turned the ball over on an inbound kick. She completed the hat trick just 11 seconds into the second half, heading the ball home for a 4-1 lead.

Torrie Grant-Clavijo and Meghan Lee added tallies to up the Unionville lead to 6-1.

DeBrusk, called on for a free kick at the 11-minute mark, slammed the ball high and hard into the Unionville net, but the goal was disallowed because she had been awarded an indirect kick and no one touched the ball.

Nonetheless, she made up for it moments later, jumping up into the play and firing a low shot through traffic that eluded keeper Riya Uppal, the goal coming after Galle had cut the Unionville lead to 6-2.

The Chill were awarded another free kick, but this time DeBrusk attempted a drop pass that was intercepted by Grant Clavijo, who raced in alone on the empty Thunder Bay net and Unionville were back in front by four.

Imogene Joseph got one back with 2:55 left in regulation and Zoeha Pearson made it 7-5 with 1:49 on the clock.

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Wrestlers win big

By Leith Dunick - TB Source

It was a banner couple of days of wrestling for Northwestern Ontario athletes competing at the Ontario Winter Games.

A day after the women's team won gold and the men's team took silver in the duals competition, the team collected 15 more medals on Sunday in the individual competition, including seven golds, three silvers and five bronzes.

Koen Hurlbert, named the male wrestling MVP, captured gold in the 65-kilogram category, edging out Eastern Ontario's Alex Kandybalsky in the championship match.

"Honestly, it felt like everything just came together. Today was a rough day. I woke up so tired. I didn't sleep well at all last night, just thinking about absolutely everything. I woke up too early, but got a good workout there in the end and it just felt like it all came together," Hurlbert said.

He added he never thought a day like Sunday would come, the gold medal hanging proudly around his neck following the medal ceremony on the track at Lakehead University's The Hangar.

"It makes me appreciate everything that my coaches have done for me. It feels awesome," Hurlbert said.

Samuel Prosser also won gold for the men's team, taking top spot in the 75-kilogram division. Madelaine Blain (36 to 42-kilograms), Madelin Jose (43-kilograms), Emily Harris (80-kilograms) and Kylie Boucha (90-kilograms) won gold for the women's team.

Harris, who also won gold at last year's Ontario Winter Games, said it's been a surreal weekend, but one that shows hard work does pay off.

"I'm very happy," she said. "I was a bit nervous before my match, so I'm glad I



Emily Harris captured gold in the girls 80-kilogram division at the Ontario Winter Games last Saturday.

got my head into the game before I went on the match. I'm thankful for all my coaches for helping me with that too."

The 16-year-old Superior Collegiate and Vocational Institute student said this year's win was that much more special, given friends and family were in the crowd cheering on her every move.

"I know a couple of my friends came to watch today and I'm really proud I did well in front of them," Harris said.

It was a great weekend for Northwestern Ontario wrestling too, Harris said.

"We were all really happy. That last match, yesterday, we were all jumping with excitement when we knew we won. We were ecstatic."

Silver medalists included Merric BeauParlant, Tristan Robins and Heyden Reinelt. Parker Evans, Tyler Poperechny, Mylie Baccari, Lillian Savage and Shevauna Wilson captured bronze.

LOCAL WRESTLING MEDALLISTS

Gold

- Koen Hurlbet (65 kilograms)
- Sameul Prosser (75 kilograms)
- Anton Rozic (42 kilograms)
- Madelaine Blain (36-40 kilograms)
- Madelin Jose (43 kilograms)
- Emily Harris (80 kilograms)
- Kylie Boucha (90 kilograms)

Silver

- Merric BeauParlant (55 kilograms)
- Tristan Robins (60 kilograms)
- Heyden Reinelt (53 kilograms)

Bronze

- Parker Evans (70 kilograms)
- Tyler Poperechny (80 kilograms)
- Mylie Baccari (57 kilograms)
- Lillian Savage (65 kilograms)
- Shevauna Wilson (73 kilograms)

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "I" = "D"

"T LDBV XTY'B ITM DB LUWFZ T OUUE'B EDOV."

— TWTGDK QWUCVWG

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						3	7		
						3			
			7					6	
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2	1	6				9			
									2

ACROSS

- Skin tumor
- Volume
- Hindu title
- Malay canoe
- Hue
- Belonging to (suf.)
- Army of the Republic of Vietnam (abbr.)
- Deceive
- Flexible wood
- Display
- Large square pattern
- Last Queen of Spain
- Move back
- Cob
- Russ. despot
- Pretensions
- Interstate Commerce Commission (abbr.)
- Wife of Jupiter

DOWN

- Excoriate
- Chin. character (longevity)
- Sheep's cry
- Presidential nickname
- Open
- Correct (pref.)
- Of the skull
- Bank (2 words)
- Gr. pastoral poet
- Berne's river
- Without (Lat.)
- Noun-forming (suf.)
- Health maintenance organization (abbr.)
- Time period
- Bureau of Alcohol, Tobacco, and Firearms (abbr.)

ANSWER TO PREVIOUS PUZZLE

C	E	A	L	A	M	O	P	I	Y			
R	A	A	D	E	C	U	C	A	E	N		
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C	I	I		D	A	M		B	A	L	D	
T	R	O	N	A		P	A	T	E	L	L	A
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S	E	R	B		T	A	T		R	E	A	D
S	I	N		A	D	E		A	R	R		

DOWN

- Works Progress Admin. (abbr.)
- Slip
- Fr. month
- Else
- Needy
- One (Ital.)
- Car
- Home of Esau
- Hindu princess
- Black
- Caucasian language
- Anger
- Some (Fr.)
- Unwilling to listen
- Indian red powder
- Meet
- Alas (Ger.)
- Wheat middlings
- Russ. inland sea
- Electric catfish
- Steel: Ger.
- One (pref.)
- Cow
- Gooseberry
- Colorful fish
- Travel
- Cowfish
- Celtic church center
- Hurry
- Month abbr.
- Shipshaped clock

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52					53		54			
55					56				57	

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Games a huge success

What a weekend of sports. If you happen to see Barry Streib or any of the other organizers of the 2024 Ontario Winter Games, stop and shake their hands, and maybe give them a big thank you.

I managed to get to all six venues at some point last weekend, and plan to get to all seven at some point this weekend when the Games begin.

How awesome was it to see the performance of the Northwestern Ontario wrestling team?

They captured 15 individual medals as well as gold in the women's duals and silver in the men's team competition.

Then there was the women's futsal team, cobbled together six weeks ago.

They really didn't think they had a chance, and yet there they were on Monday, in the gold-medal game.

They didn't win, but that's about as good as it gets, even with an 8-5 defeat.

The men, in the same boat, didn't medal, but did make it to penalty kicks in the bronze-medal game.

In skiing, Thunder Bay athletes captured bronze in the district relay and Kiera Hall won silver the following day, on Sunday,

finishing second in the five-kilometre classic race.

Most of the 650 or so athletes who came to Thunder Bay didn't leave with a medal.

The same goes for those who will arrive in Thunder Bay this weekend.

What they will leave with is a lifetime of memories, new friendships and plenty to be proud about.



Leith Dunick

SPORTS SHORTS

This weekend brings more medal opportunities for local athletes, starting with Team Dubinsky.

Fresh off their U21 Northern Ontario Curling Championship win, they'll be one of the favourites at Fort William Curling Club.

The boys hockey team will also be in action this weekend,

though they'll be facing some pretty tough competition from southern Ontario.

Hockey will be at Fort William Gardens.

Artistic swimming, five-pin bowling, fencing, biathlon and archery will also be offered up.

Admission to all the events, as well as Friday's opening ceremonies, is free.

Do yourself a favour, if you've got some time this weekend, and take in some action.



Kayo Lake and Fergus Kerr competed last weekend in badminton at the Ontario Winter Games. (Leith Dunick)

Badminton's a growing sport

By Leith Dunick - TB Source

The sport of badminton is in its infancy in Thunder Bay.

But it's growing, said Kayo Lake, competing for the Northern Ontario Badminton Association team at the Ontario Winter Games this weekend.

Seeing the sport at the provincial level is an amazing experience, expounded by the fact that he's playing in his hometown, at Superior Collegiate Vocational Institute, just minutes from where he attends Grade 11 at Hammarskjold High School.

"I've loved every second of it. The team has been awesome and the competition has been so good," said the multisport athlete, who also plays hockey and basketball.

"Badminton is pretty small in Northern Ontario still. We're trying to grow it. There are people like my coach who have started clubs and inspired a lot of kids to get out and start playing the sport, which has started growing the sport a little bit," Lake said.

"Stuff like hosting the Winter Games is certainly going to help grow the sport in our region."

It's the individuality of the sport that has drawn him to the game of badminton.

"I'm big on team sports. I play hockey and volleyball and basketball. I really like the indi-

vidual-ness of badminton because I play mostly singles. But what I do love about the Games is we have a team and it's a team sport too," said Lake, who is 1-2 in his three matches to date at the Games.

Players are competing in a variety of different events, including singles, doubles and mixed doubles. Each team has five players and an alternate.

Thunder Bay's Fergus Kerr is also a member of the NOBA team, and as a student at Superior Collegiate, is the only competitor with a true home-court advantage.

He's loving every second of the Games.

"The experience has been great at the Games. My team has been super fun to be with. I've only met them once before, so it's nice to get to see them again," Kerr said.

"It's nice to have the home advantage. Playing in my own gym, I get to know the gym, know the courts a bit better, so that's always fun," Kerr said.

Being around the top athletes in the province is a challenge, but it's also why athletes work so hard, he said.

To be the best, you've got to beat the best.

"It's just amazing to watch some of these athletes. They're so cool and collected and everything they do is just so calculated. It's great to play against them, you get so much experience."

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In the Estate of Donald Eugene Oja Sr.**

All Persons having claims against the Estate of Donald Eugene Oja Sr. late of Nipigon, ON, deceased, who died on or about December 9, 2023, are hereby notified to send particulars of the same to the undersigned on or before March 7, 2024, after which date the estate will be distributed, with regard only to the claims of which the undersigned shall then have notice and the undersigned will not then be liable to any person of whose claims they shall not then have notice.

Dated at Thunder Bay, Ontario on the 8th day of February, 2024.

JENNIFER OJA and MEGHAN OJA, ESTATE TRUSTEES
c/o ERICKSONS LLP
ATTN: RYAN VENN
Barristers and Solicitors
291 South Court Street
Thunder Bay, ON P7B 2Y1



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