



Dental plan details /8



North core plan approved /3



Real men do eat quiche /16



North Stars advance /21

YOUR COMMUNITY CONNECTION

THUNDER BAY SOURCE



RBC Royal Bank

Jessica Coley
Mortgage Specialist

(807) 476-4867
jessica.coley@rbc.com

Let me show you how easy finding the right Mortgage can be.

"Don't Stress ... Call Jess!"

Canadian Publications Agreement No. 0662445 Vol. 20 No. 14

Thursday, April 6, 2023

MIGHT AS WELL JUMP

Polar plunge raises more than \$140,000 /7



Sullivan + Associates
CLINICAL PSYCHOLOGY

Helping You Live The Life You Deserve

960 Alloy Drive
Thunder Bay, ON
Tel: (807) 768-0660

SUNDAY APRIL 9th

WISHING YOU A
happy EASTER

YOUR COMMUNITY CONNECTION
THUNDER BAY SOURCE

More than 400 people, including Kevin Sidlar, took part last Saturday in the annual Thunder Bay Polar Bear Plunge at Prince Arthur's Landing. (Leith Dunick)



The Northern Ontario School of Medicine has campuses in Thunder Bay and Sudbury. (FILE)

NOSM wants to stay

By Gary Rinne – TB Source

The president and CEO of the Northern Ontario School of Medicine University says it is up to Lakehead University whether the medical school continues to operate its Thunder Bay campus on Lakehead's property over the long term.

The Northern Ontario School of Medicine was run jointly by Lakehead and Laurentian Universities from 2005 until 2022 when it became a stand-alone degree-granting institution.

NOSM U's Dr. Sarita Verma has signalled that the new university aims to expand its role regardless, but wants to work closely with Lakehead as it does so.

In an interview Monday, Verma emphasized that the new university will always maintain a strong

presence in Thunder Bay.

"We were able to establish a one-year relationship that keeps us here at Lakehead until June 30 this year," Verma said. "And then we would like to stay for as long as they'll have us. I think those discussions rely on their desire to have NOSM U in situ."

Verma said she's been trying hard to reverse the impression that NOSM U is leaving Thunder Bay or the Northwest.

"We're not. Half our staff, half our students, half our infrastructure is here in Thunder Bay. Whether it continues at Lakehead is up to Lakehead," Verma said "We would be aspiring to have very strong relationships with Lakehead and the City of Thunder Bay because we see ourselves actually growing and building, and expanding toward a significant, strong, not only clinical

but health professions future in the Northwest."

She added that she has reached out to Lakehead's new incoming president, Gillian Siddall, and hopes to meet with her as soon as she begins her new role later this year.

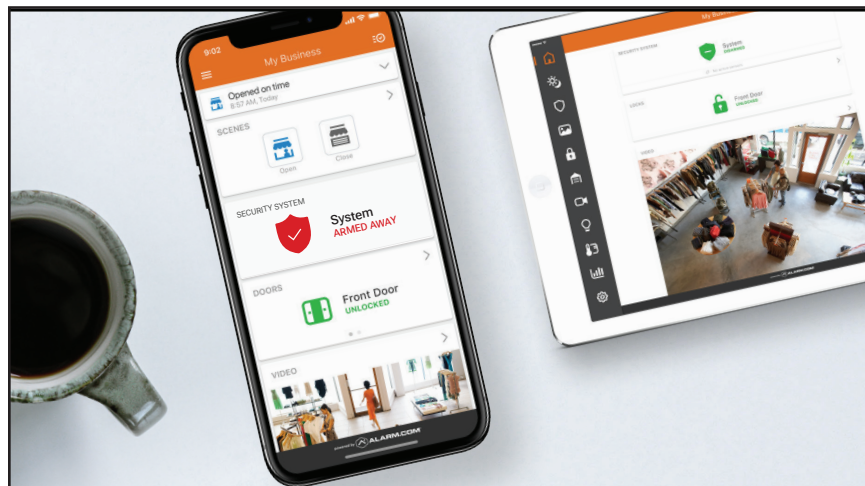
Verma noted that NOSM U has a lease for its space at Lakehead for 15 years.

The university responded it hopes to maintain the partnership.

"We continue to nurture a future with NOSM U that builds on our mutual strengths."

It noted that the two institutions did work together to find a solution that addressed NOSM's space needs on campus this year, and that Lakehead is optimistic the parties will find a solution going forward.

According to the statement, Lakehead and NOSM U entered into a five-year agreement last year.



Introducing a smarter way to monitor your business

Tbaytel's Smart Monitoring gives your business new ways to fully control your security system. Arm and disarm remotely, view the system status, generate activity reports on-demand, receive real-time notifications, and more.

Call or email Tbaytel Business Sales for more information

807-623-8800 | 1-866-999-0626
business.sales@tbaytel.com

tbaytel Business

[f](https://www.facebook.com/tbaytel) [i](https://www.instagram.com/tbaytel) [tbaytel.net/smartmonitoring](https://www.tbaytel.net/smartmonitoring)

powered by ALARM.COM

EVERY THURSDAY THUNDER BAY IS COVERED WITH 30,000 FRESH COPIES OF TBSOURCE

THE ONLY THING MISSING IS YOUR AD

CALL US & GET YOUR MESSAGE IN PRINT 807.346.2600
YOUR COMMUNITY CONNECTION
TBSOURCE

THE THUNDER BAY SYMPHONY ORCHESTRA PRESENTS

SEASON 62 FINAL MASTERWORKS:

PRICE SYMPHONY NO. 1, BRAHMS, & WIJERATNE

April 20th, 7:30pm
Thunder Bay Community Auditorium

Featuring:
TBS Chorus
LU Vocal Ensemble
India Gailey, cello
Tim Hoover, DJ

Tickets at TBSO.ca



An artist's rendering of what Red River Road could look like in two year's time.

Downtown core getting a facelift

City council OKs \$13.2-million north-side revitalization

By Ian Kaufman - TB Source

Thunder Bay's city council has bet on the benefits of a significant revamp of the city's north core, rebuilding a key stretch of Red River Road with more space for pedestrians, markets, events, and greenery, and new approaches including a curbsless street.

Councillors expressed optimism the project would further invigorate the downtown, building on the arrival of new businesses, waterfront development, and cruise ship visits, calling it an investment that will bear fruit over generations.

Council on Monday approved a \$13.2 million contract with local Nadin Contracting to complete the work on Red River Road and Court Street over the coming two years. The contract's cost has climbed from previous figures cited by staff.

Three north ward councillors had acknowledged the rising costs in interviews with TBNewswatch last week, with two expressing concern the increase could threaten council support.

On Monday, however, councillors downplayed the increase, with some suggesting it was more media narrative than reality.

Coun. Shelby Ch'ng argued that TBNewswatch reporting had "misled" the public by citing the full \$13.2 million value of the Nadin contract, when the city will bear only \$11.9 million of that cost after an HST rebate.

The project is estimated to cost the city \$12.6

million after factoring in additional consulting and engineering costs, however. Around \$2 million of that will cover replacement of underground infrastructure, with the rest to rebuild the street and add what staff have called "premium finishes."

The city hopes to cover \$3 million of those costs through applications to the NOHFC and FedNor.

If the funding does not come through, the city will defer other infrastructure work, including storm sewer lining, repaving Memorial Avenue from Central Avenue to the Harbour Expressway.


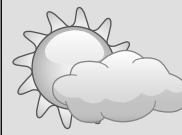
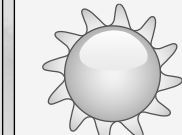
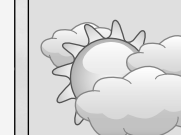
Staff said an initial \$8 million estimate for the downtown rebuild had covered replacing existing infrastructure, and had risen to accommodate the more ambitious redesign.

The rebuild will feature lockstone-style pavers, a curbsless street on Red River that can be fully or partially closed for markets and events, and more benches, greenery, and public art.

Kayla Dixon, the city's director of engineering and operations, said the rising cost responds directly to clear feedback from the public and businesses.

"This project is the result of two years of consultation with the community on what they want their downtown to be - a safer, pedestrian-friendly place where they can enjoy food and beverage outside, businesses can spill out into the public right-of-way, families can come to enjoy street fairs and events, and where visitors and cruise ship passengers want to spend time, and therefore spend money."

WEATHER FORECAST

THURSDAY	FRIDAY	SATURDAY	SUNDAY
			
Partly Sunny	Partly Sunny	Sunny	Partly Cloudy
Precipitation: 40% HIGH -2 LOW -11	Precipitation: 20% HIGH 2 LOW -8	Precipitation: 30% HIGH 3 LOW 0	Precipitation: 30% HIGH 10 LOW 1

WE CAN HELP GROW YOUR BUSINESS. LOCAL MARKETING WORKS.

Build Your Brand

CONTACT US TODAY & STAND OUT.
807.346.2600

91-5ckpr
THUNDER BAY'S RADIO STATION

Lowerys
Your local office supply experts

Robin's

WIN AT WORK

FREE COFFEE AND TREATS!

BE LISTENING TO 91-5 CKPR AND GET A BALLOT TO WIN

\$1,000

PLUS, YOUR BUSINESS WILL BE ENTERED FOR A

\$1,000

ADVERTISING CAMPAIGN!

VISIT CKPR.COM FOR DETAILS



Chiefs call out bill

By TB Source staff

An Indigenous leadership group from the Northwest and Far North is objecting to the Ford government's "legislative bulldozer" attempt to put more mines into production faster.

Bill 71, the Building More Mines Act, is getting some blowback from the Matawa Chiefs Council, a Thunder Bay-headquartered alliance of both road-accessible and remote communities in a region that's exploding with exploration activity and includes the undeveloped mineral-rich Ring of Fire area.

The quickened pace by which the Ford government wants to approve more new mines has drawn the wrath of other First Nation communities, which took their beef to Queen's Park last week.

On the same week public consultation sessions on Bill 71 are scheduled for Sudbury and Timmins, the Matawa

Chiefs Council issued a "unified political statement" about a month after Mines Minister George Pirie tabled the bill in the Ontario legislature in early March.

In a news release, the leaders say the government's approach with this bill is "exploitive and aggressive" and runs contrary to the principles of reconciliation and the spirit and intent of James Bay Treaty No. 9.

The chiefs point out that the treaty area encompasses 11 operating mines that directly and indirectly employ more than 7,800. By way of exploration projects, 118 of 188 sites are of interest to the chiefs, with 51 of these sites being much-coveted critical mineral plays.

The aim of these amendments of the Ontario's Mining Act is to reduce provincial permitting and approval times to put more new mines into production quicker to meet the coming world demand for high-tech, or critical, minerals.



The union representing Thunder Bay Transit drivers says their membership is under increasing danger while on the job. (FILE)

Bus safety sought

By Ian Kaufman -TB Source

Safety issues aboard Thunder Bay Transit will be put under the microscope in a review, answering a call the union representing bus drivers made in stark terms before city council Monday night.

Leaders with Amalgamated Transit Union Local 966 told councillors that verbal and physical assault against drivers had become a full-blown crisis.

"Transit operators, your frontline employees, are under attack," said president Fred Caputo. "Operators are having to deal with physical and verbal assaults. This includes being sworn at, spit at, called derogatory names, pushed, grabbed, and having liquids thrown at them simply for performing their job."

Union leaders have called those incidents a daily reality for bus drivers, and charged the city's response has been inadequate.

"Many operators are dealing with mental health issues and PTSD as a result of the increasing incidents and lack of help," said Caputo. "The words 'Just let them ride' have become more and more routinely used by the corporation as a way to not deal with the concerns of the operator."

In response, the union asked council to order a review of operator safety, and to hire dedicated transit security officers at the city hall terminal, among other steps.

Caputo said those security officers must be trained

in de-escalation and mental health crisis response, saying that's where previous staffing using private security has fallen short.

The union also asked the city to staff a second nighttime transit controller, saying that would help increase what Caputo called spotty response times for incidents on board.

The union pulled few punches in describing what it called the failure of transit management and city administration to meaningfully address its concerns.

"Countless labour-management meetings involving transit management and senior city administration staff has resulted in no positive action being taken," Caputo said. "The time has come where we need a positive, lasting solution to these ongoing safety concerns."

Caputo repeated a call to install safety shields, saying they still had not been delivered years after the request was first made.

A city plan to test security shields for bus drivers was paused in 2020 due to the COVID-19 pandemic, as bioshields were installed instead.

City manager Norm Gale said the city is responding to rising incidents of assaults on transit, a phenomenon he and Caputo agreed is happening nationwide.

"I do wish to provide assurances to council that administration is indeed aware of the challenges our transit operators face, and we are actively exploring solutions," he said.

ARE YOU
EXPERIENCED IN THE
MINING INDUSTRY

COME JOIN OUR TEAM - WE OFFER
COMPETITIVE WAGES & BENEFITS SHUTTLES FROM VARIOUS PICK UP LOCATIONS
LODGING & TRANSPORTATION + SO MUCH MORE

APPLY TODAY AT GREENSTONEGOLDMINES.COM/CAREERS

EQUINOX GOLD
GREENSTONE MINE
AN EQUINOX GOLD / ORION JOINT VENTURE

Job Fair connects 100s with eager employers

Second annual event a success

By Justin Hardy - TB Source

The Second annual Opportunities Northwest Job Fair, organized by Dougall Media, was held at the Valhalla Inn on Thursday and hundreds of attendees were ready to meet up and make connections with potential employers.

Event consultant Nancy Milani said that she expected over 1,500 people to attend after receiving 400 more pre-registrations than last year and having more than 80 businesses show up to meet with potential employees.

"Some of them are actually on-site

doing interviews, so it's a great opportunity for people to come down and to see what's out there," she said.

"There's a variety of sectors here, there is everything from mining and transportation, health services, education, there's just so many different booths there. It's very, very busy from the minute we opened the door today."

Many organizations were thrilled at the chance to meet so many potential employees.

Ontario Native Women's Association human resources coordinator Tanya Towner said that it's been amazing to network and meet everybody coming through the doors.

"They're learning about who we

are," she said. "If they know ahead of time and just getting to experience us and experience everybody here and interact with all the other local companies."

Attendees like Pat Levesque were excited to go back to a more old-school way of job hunting that gives them the chance to meet employers face to face.

"Personally, I like to meet with people. Online, I don't like that personally, and I think there's a lot of people that want to do a one-on-one," said Levesque.

"Companies, I believe they get a better sense of who you are, what you're all about, you can't, basically, lie about anything, you're face to face, and you look at the person in the eyes and you can tell."



Potential workers met with companies like Impala at the Opportunities Northwest Job Fair.



ARGONAUT GOLD



MAGINOPROJECT CAREER OPPORTUNITIES

Argonaut Gold is a diversified intermediate producer and developer in North America. The Magino Project commenced construction in 2021 and is currently on track for our first gold pour in the first half of 2023. Argonaut Gold-Magino Mine is part of Northwestern Ontario's fastest growing industry.


SEE CAREER OPPORTUNITIES AT:
WWW.ARGONAUTGOLD.COM/ENGLISH/CAREERS/



PLEASE



REDUCE
REUSE
RECYCLE



Protect and save

Security Monitoring

\$10/month
for the first 12 months
Reg. bundled \$22/month

PLAN INCLUDES

- Professional 24/7 monitoring
- **FREE** activation
- **TOTAL CONTROL** of your home from anywhere via your smartphone or tablet
- **SAVE \$240** on your existing Tbaytel Internet service with new security activation

Need security equipment?
Add a smart security system starting as low as **\$13.95/month** for 36 months, \$0 upfront, 0% financing plus **FREE** installation.

Already have a security system?
Switch from your current provider or activate your non-monitored system to take advantage of **\$10/month** monitoring.



Visit tbaytel.net/security to learn more about Equipment + Monitoring packages.

Call Customer Care 807-623-4400 or 1-800-264-9501
Email securitysales@tbaytel.com



Offer ends June 30, 2023. Visit tbaytel.net/security for more details. Smart monitoring functionality including control of your home from anywhere requires compatible hardware.

Finns welcome NATO

By Gary Rinne – TB Source

The accession of Finland to the North Atlantic Treaty Organization has left members of Thunder Bay's Finnish community quietly celebrating the historic occasion.

The Nordic nation officially became the 31st member of NATO at a ceremony Tuesday in Brussels.

Pasi Pinta, the honorary consul of Finland in Northwestern Ontario, said Finns around the world have been looking forward to this day ever since the country submitted its application almost a year ago.

He said this is the last step for Finland "getting out of the shadow of Russia, the Soviet Union, and then Russia again," so its significance is profound.

"One hundred and six years of independence that's seen several wars, has

seen Finland moving from a Russian grand duchy to independence in 1917, has seen Finland integrate with the European Union in the early '90s, and now the defence alliance in 2023. It's a progression that has levelled the playing field for a very small country that's a neighbour to a very, very large and sometimes hostile country."

Pinta said NATO provides Finland with a level of security it has never had before.

Russia is unhappy with the move, but he said it's had over a year to come to terms.

"I think Russia understands the new reality of what they've created with their own

actions"

Despite the importance of the event, Pinta expects it will be marked in a typically low-key way.

"We don't usually make a big fuss about things," he said.



PASI PINTA

Pothole complaints starting to increase

Autobody shops seeing more work as a result of the city road conditions

By TB Source staff

At the height of the annual pothole season in Thunder Bay, it's no surprise that city councillors are getting an earful from frustrated drivers.

But the city has no control over weather conditions which this year have been particularly conducive to the formation of craters because the freeze-and-thaw cycle was exacerbated by heavy rain that was followed immediately by freezing weather in mid-February.

It's made it extremely difficult for city road crews to stay on top of the situation with cold-mix asphalt, as this is usually only a temporary fix until hot-mix asphalt becomes available when construction season arrives.

For drivers, dodging potholes to avoid damaging their vehicles is often unavoidable.

A spokesperson at Narvi's Truck & Auto Service told TBnewswatch they're doing a lot more repairs to suspension and steering mechanisms this year, and are seeing numerous cases of damaged tires — including separated tires — and rims.

He described it as "a dramatic increase" in this kind of work, and said one driver for a meal delivery service has been in about a dozen times with damaged tires.

At Done-Rite Tire & Auto, a manager also reported an uptick in tire and suspension work.

"Oh, for sure. Right now it's been mostly tires and rims. We've got bent and broken rims, and damaged tires. Yeah, that stuff's leading to suspension issues ... we're seeing a little bit more than we would have last year."

Coun. Kristen Oliver is among those who has been receiving phone calls and emails about potholes.

"We are seeing some pretty nasty potholes out there," she said.

On her Facebook page last week, Oliver reported, "I have made a long list of potholes that need to be repaired and submitted it to Infrastructure and Operations. I can only report on the ones I see or where people have shared. I don't drive up and down every street so calling the City at 625-2195 to report a pothole is the quickest way to having it addressed."

But in an interview, she expressed appreciation for what the department's staff are doing.

"I've had a discussion with the roads manager. I appreciate the work that crews are doing. The storm drains are still frozen too, so now crews are going out to try to thaw the grates out and get them open while at the same time trying to mitigate the pothole



Potholes like these on Farrand Street can be found all over.

situation."

"When we're seeing the competing interests that our road crews are trying to manage through to keep the roads in a drivable condition — hats off to them because this has certainly got to be impacting them on a daily basis."

The city's roads division is currently deploying four to six crews a day to manually fill potholes, and is also using its Python 5000 machine.

Oliver believes the proliferation of potholes is a symptom of climate change, a phenomenon that's damaging infrastructure in cities everywhere.

"We don't typically see rain in February ... I'm old enough to remember when winter time meant snow and spring meant rain. And now we are starting to see rain that's accumulating in January and February," she said.

The city's infrastructure and operations department, she said, is taking climate change into consideration now in its planning process.

"Collectively, council would love to put more money into fixing roads, but the matter before us is that we're seeing a lot of pressure from social crises that we're seeing in this community and the pressure it's putting on fire, police and EMS services," Oliver said. "That's causing us to focus in on how we address all that on top of the infrastructure gaps."

She emphasized other municipalities throughout Ontario find themselves in the same conundrum, and said the challenge will remain unless a mechanism is put in place for sustainable funding for infrastructure upkeep.

Be the #1 fan of a child in need



DONATE TODAY!

prokidsthunderbay.ca

ROCK94
Thunder Bay's Rock Station

91.5 CKMP
THUNDER BAY'S MORN'G NEWS



TBT News anchors Riley McManus and Ryan Bonazzo react to the frigid waters of Lake Superior last Saturday. (Leith Dunick)

Hundreds take up Polar Bear Plunge

By Leith Dunick - TB Source

“Where’s my mom? Where’s my towel?”
These were the words on Saturday of a teenage jumper as she emerged from a hole carved into still-thick ice at the edge of Lake Superior, one of hundreds who took part in the annual Thunder Bay Polar Bear Plunge, an event that has raised more than \$137,000 and counting.

The student quickly bolted from the waterfront, repeating the post-jump routine of most participants, who scrambled to the warming tent after doing their part for local charities, including PRO Kids, Roots Community Food Centre, Special Olympics and the Canadian National Institute for the Blind.

Jennifer Aikenhead was among those who chose charity over reason and plunged into the frigid waters along with members of her OSSTF team.

Not that it was her idea, she joked.
“Actually, a co-worker of mine decided that she wanted to go in it and she wanted some other people to go in it too,” Aikenhead said.

“So, we kind of got talked into going. I don’t know if I’m crazy, or what, but it’s for a good cause, so why not?”

Matt Pawlicki, Morgan Perozak and Andraya Colistro had similar reasons for taking part, members

of Chocolate the Moose.

There might have been a little bit of office pressure “To be completely honest, our boss came up to us at work and said, ‘Hey, we’re going to put in a team.’ She knew that we were going to have to be the best team members for that, so we decided to go a long with it. It was probably the best thing we did all day,” Perozak said.

About 400 jumpers took part on Saturday, cheered on by hundreds more lining the shoreline.

Organizer Ryan Gibson said he was thrilled at the turnout for the 13th annual event.

“It’s a home run. Last year we were around 258 plungers and we’re over 400 registered this year. I can’t believe it,” Gibson said. “I think back to when this first started, many, many years ago and just 37 people showed up for that.

“It just speaks to the community and how warm-hearted everybody is and how they give back. We’re closing in on \$140,000 and our title sponsor — PDR Contracting — has said if we hit \$140,000, they’re going to throw in another \$10,000 to make it \$150,000.”

Superior North EMS raised the most money by a team, collecting more than \$17,000, while Mitch Maunu was the biggest single fundraiser, with more than \$5,200.

Police lawyer leaves

By TB Source staff

The in-house lawyer for the Thunder Bay Police Service is leaving the organization to return to the private sector.

Acting Chief of Police Dan Taddeo confirmed the departure of Holly Walbourne in a brief statement provided to news media.

He said Walbourne has decided to resume private practice after five years with the police service.

“We are grateful for her many contributions and look forward to maintaining a working relationship with her,” Taddeo said.

Walbourne served while former Thunder Bay Police Chief Sylvie Hauth was in office.

Hauth was suspended in June 2022, and resigned from the police service in January of this year.

Taddeo is poised to confirm his own plan to retire from the police service.

He will make the announcement in



Former TBPS in-house lawyer Holly Walbourne.

May after the change-of-command ceremony for the new police chief, Darcy Fleury.

ST. JOSEPH'S FOUNDATION OF THUNDER BAY
BIG Split 26
UP TO \$100,000
TICKETS SOLD OUT!
THANK YOU FOR YOUR SUPPORT
FIRST DRAW APRIL 6, 2023

SOLD OUT

ONLINE : BY PHONE
Visit the website: : Call our Lottery Line:
www.sjftb.net/bs-26 : 807.768.4440

Tickets also on sale at the St. Joseph's Foundation Office (63 Carrie Street) or The Gift Box at St. Joseph's Hospital or Hogarth Riverview Manor

LICENCE NO. M835740

PRO Kids donation

By Gary Rinne – TB Source

A campaign to make recreational programming accessible to children and youth whose families can't afford the fees has received a boost.

Thunder Bay business owner Cliff Friesen has committed to match up to \$25,000 in donations in support of the PRO Kids Power to Play campaign, which has a goal of raising \$50,000 in the month of April.

"For as long as I can remember, recreation has been an important part of my life," Friesen said. "Helping our children grow up with sports and recreation in their lives increases their participation in community, promotes fitness and good health, and develops social relationships that can last a lifetime."



CLIFF FRIESEN

Over 25 years, PRO Kids has helped more than 27,000 children enjoy recreational programs despite financial barriers.

The organization works closely with over 200 activity partners who donate free or discounted spaces within their programs.

Through various fundraising projects, PRO Kids is able to pay for additional spaces that allow more children to access recreational activities.

Coordinator Laura Daniele's work requires her to contact families to discuss their eligibility.

"The other day, I spoke with a woman who is the sole income earner in her family of five. she makes \$18 per hour ... Her husband stays home to care for the baby. These are the realities of people living right here in Thunder Bay," she said.



MP Patty Hajdu (right) speaks with staff at Sovereign Dental, outlining the federal government's promised dental care plan.

Dental plan cheered

By Leith Dunick – TB Source

Dr. Derval Clarke says the introduction of a national dental care program is long overdue and should improve the dental health of millions of Canadians.

Clarke, who co-founded Sovereign Dental in Thunder Bay, said providing care to all children under 18 by year's end, and to families with income under \$90,000 by the end of 2025 is a game-changer for dental health across the country.

The Canadian Dental Care Plan, which eventually will provide full coverage for households making less than \$70,000 and partial coverage, with co-pays, for those making up to \$20,000 more, was pushed for by the NDP, a key plank in their agreement to support the governing federal Liberals through 2025.

The 2023 federal budget, unveiled earlier this week, costs the plan at \$13 billion over the next five years, with \$4.4 a year beyond that.

Another \$250 million, over three years, and \$75 million a year ongoing, will be spent to establish an Oral Health Access Fund.

Clarke said affordability barriers shouldn't be the reason Canadians don't see their dentist or hygienist on a regular basis, adding the newly introduced program was never meant to be an all-inclusive program.

"There are a lot of grumblings that the money isn't enough, \$600 or whatever it is per child. I think people missed the point. I would think the aim here is to prevent dental disease," Clarke said. "Active dental disease is difficult and expensive to treat."

It can result in the need for crowns or implants, preventable procedures often required when the underlying dental disease itself isn't treated in time.

"This is what this program allows. It allows a child to visit the dentist twice a year and catch problems before they really manifest into something that

becomes really expensive."

Minister of Indigenous Services, Patty Hajdu, said the goal of the Canadian Dental Care Plan is to ensure no one falls through the cracks for financial reasons.

Canadians shouldn't have to be wealthy to have a healthy smile, she added on Friday, unveiling the plan at Clarke's Fort William Road office.

"This is something we started working on last year with coverage for children who didn't have coverage via direct payment to families. But by the end of 2023, the program will expand to include seniors, to include those under 18, to include people with disabilities, and by 2025, anyone who is needing of dental care that meets the financial threshold will be able to acquire benefits," Hajdu said.

"It's an exciting time because it means oral health and dental care are going to be considered just as essential as all the other kinds of health care that's covered under our universal health-care system."

The program, the details of which have yet to be worked out, will be administered by the federal government, unlike traditional health care, which is under the auspices of the provinces. Hajdu said this was done to ensure consistency from coast to coast to coast.

Last year, in response to a push by the NDP, the Liberals launched the Canada Dental Benefit, which provided tax-free payments of up to \$650 per child, based on family income.

NDP Leader Jagmeet Singh this week said he was proud to have helped shepherd through expanded dental care, and his party will support the budget, even though NDP members aren't universally thrilled with everything it contains.

Conservative Leader Pierre Poilievre has said he won't support the budget, but has not said whether he would keep or scrap the Canadian Dental Care Plan should his party take over governing in the next federal election.

ROCK94
Thunder Bay's Rock Station

Robin's

CONTRACTING
KINGS
708-4583

WIN AT
WORK

FREE COFFEE AND TREATS

BE LISTENING TO ROCK 94
AND GET A BALLOT TO WIN

\$1,000

PLUS, YOUR BUSINESS WILL
BE ENTERED TO WIN A

\$1,000

ADVERTISING CAMPAIGN!

VISIT ROCK94.COM FOR DETAILS

EDITORIAL

Plan has teeth

It's about time Canada added dental coverage to universal health care.

Dental health, time and time again, has been proven to be a key part in one's overall health, and by not providing access to everyone because of financial barriers, many Canadians have developed serious problems as a result.

The program will be expensive, but the Canadian Dental Care Plan, when fully implemented in 2025, will provide coverage to those in need making less than \$90,000 in household income.

Those making more than that are likely already covered in the workplace.

The good news is those making \$70,000 or less will not face any co-pays.

The shame is it took this long, and the threat of the federal budget potentially bringing down the Liberal minority government, for it to happen.

Preventative care will keep people out of hospital emergency rooms seeking treatment, but more importantly, it will improve their quality of life, protect their teeth and gums from disease and that's a good thing.



The Absolute at Large is a story about greed

The Absolute at Large by Karel Capek has been described as 'one of the genuine masterpieces of science fiction.'

In this satirical and enduringly relevant work of futuristic imagination, the acclaimed Czechoslovakian author Karel Capek offers a prescient fable of the benefits and dangers of atomic power.

Originally published in 1922, the story is set in 1943 Czechoslovakia in which an inventor develops the Karburator, a device with the potential to provide abundant low-cost energy.

But the reactor's exciting possibilities are shadowed by its dangerous side effect: instead of carbon

dioxide, it emits the Absolute, a spiritual essence that inspires a powerful religious fervor.

Greed triumphs over ethics as the inventor and his business partner proceed with mass production, resulting in religious strife that ignites a world war.

Capek is best known for popularizing the term 'robot' in his play *R.U.R.*

He offers another strikingly foresighted vision in *The Absolute at Large*, written decades before global warming awareness yet predicting the catastrophic consequences of the

unchecked pursuit of profit.

This short novel is the perfect combination of scientific fact and fiction. He predicts a world in which the capitalist desire for constant growth leads to the overproduction of goods that nobody wants or needs. Production becomes an end in itself rather than a means to an end. This is one of the contradictions of capitalism which Marx predicted would become its 'gravedigger'.

Overproduction leads to the constant cycle of boom and bust which has plagued capitalist soci-

eties since its inception. It has led to periodic crises known as recessions and depressions, which are increasingly becoming the norm.

Global recessions are happening at more regular intervals and tend to be deeper and last longer than past depressions. The Karburator - a source of boundless energy - is the perfect symbol for this crisis of capitalism.

Marx and Engels theorized the economic base determined the ideological superstructure. In other words, men do not have spontaneous ideas, but these ideas are shaped by the underlying economic system.

The Absolute represents the

ideology that is created by the Karburator. And it is this ideology of constant growth that will ultimately lead to the destruction of the Karburator and all that it represents.

This will come at a great cost. In the real world it led to two world wars that resulted in mass slaughter on an industrial scale. But that was only the tip of the iceberg. Each year capitalism continues to kill millions of people around the world through starvation and disease.

It's preventable, but the economic laws of capitalism determine that greed must be put before need and profits must come before people. The solution is not to reform capitalism, but replace it with socialism.



John Pateman
BOOK BANTER

CONTACT INFORMATION
87 North Hill Street
Thunder Bay, Ontario P7A 5V6
Tel: 807-346-2600

Editor: Leith Dunick 346-2650 | ldunick@dougallmedia.com
Reporter: Doug Diaczuk 346-2622 | ddiaczuk@dougallmedia.com
Reporter: Ian Kaufman 346-3558 | ikaufman@dougallmedia.com
Reporter: Justin Hardy 346-2591 | jhardy@dougallmedia.com
Sales Manager: Kathy Harris 346-2510 | kharris@dougallmedia.com

Thunder Bay Source is a member of the National Newsmedia Council, which is an independent organization established to deal with acceptable journalistic practices and ethical behaviour. If you have concerns about editorial content, please contact ldunick@dougallmedia.com. If you are not satisfied with the response and wish to file a formal complaint, visit the website mediacouncil.ca.or, for additional information, call toll-free at 1-844-877-1163.



Space travel now for the rich

By JR Shermack

Do you have the right stuff to board a spaceship and leave the planet behind?

Space travel isn't just for astronauts anymore and even though it may be a long shot we can realistically dream of soaring through the cosmos someday.

It is a billionaire's destination right now but space will eventually be affordable for ordinary millionaires as well and one day, even the ultra-rich will be floating weightless in space.

Not affordable for most

As for any other would-be space-travellers, this is definitely out of reach for average Canadians of modest means, but many people alive today will one day have a chance to go to space.

Perhaps you could be inspired by previous examples from well-known space travellers and space industry leaders.

William Shatner flew into space at the age of 90, boldly going

where no person his age has ever gone before and it didn't cost him one thin dime.

Jeff Bezos is a *Star Trek* fan and as a well-known nonagenarian who once played Captain Kirk, Mr. Shatner was offered a free ride on a Blue Origin spacecraft, partly as a publicity stunt.

He happily accepted the generous offer.

Jeff Bezos previously took the youngest ever space tourist into space - an 18-year old high school student named Oliver Daemen was Blue Origins' first paid customer.

Believe it or not there was a cancellation on a Blue Origin space flight and Oliver's wealthy father purchased the newly-available \$28 million seat as a gift for his son.

For those who never rose to the rank of Star Fleet captain space travel can be very expensive.

To buy a seat on the next rocket to space you will need millions, preferably billions, or at the very least you should be ultra-rich

enough to finance the trip.

If you have to ask the price of the tickets you can't afford to go.

To get a free ride to space you will need a decades-long acting career, a well-known face, a recognizable voice and a very wealthy fan with a rocket ship.

Even if you aren't as famous as Kirk, what could it hurt to make a few discreet inquiries and possibly get on the waiting list?

It doesn't have to be Jeff Bezos - you might try Richard Branson over at Virgin Galactic or even Elon Musk at SpaceX, if you dare.

If all else fails maybe you could ask your dad to pay - tell him about Oliver Daemen's father.

But if you are lucky enough to wrangle a reservation (even an aisle seat) there are some things experienced astronauts want space tourists to know before blasting off.

First of all you need to be mentally and physically fit for space flight, at least as fit and well as a 90-year-old former starship captain.

Mr. Shatner had no ill effects but when he returned to Earth he appeared to be emotionally overwhelmed by the experience - be prepared.

Lots of tests

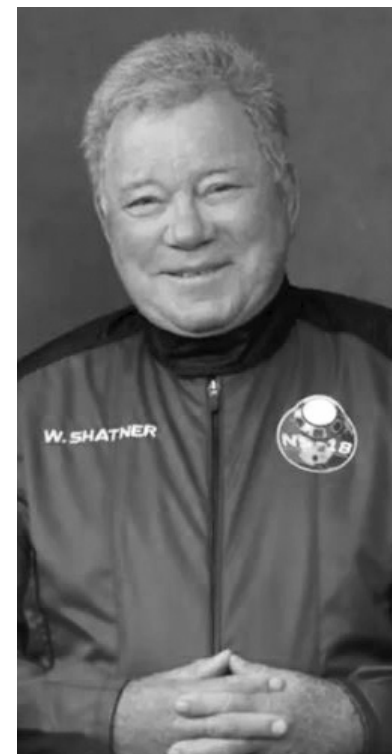
Also be prepared to be spun around in one of those human centrifugal force machines you see on TV - making spinning astronauts barf since the 1950's.

And finally, pay close attention to your pre-flight potty training - if you have to go in space, using a toilet in zero-G is complicated and if you miscalculate, you clean it up yourself.

Other than that just sit back, relax and enjoy the ride.

As for me, most of the people I asked were intrigued by the prospect of space flight but even if Captain Kirk himself asked them along they would politely refuse the invitation.

They have the right stuff but are happy to keep it right here on the ground.



William Shatner went to space. (Amazon)

what's happening
in and around...

The Bay

To submit an event, email ldunick@dougallmedia.com.
Please include details about the event, including any cost

April 6

Easter Seals Celebrity Roast

Lawyer Johnny DeBakker will be on the hot seat on Thursday night, the target in this year's Easter Seals Celebrity Roast.

Per Lundstrom, Vince Mirabelli, Dave Thomas and Peter Provenzano will take turns giving it to De Bakker, with emcee Jordan Lester working in a few barbs about them all.

Tickets are \$125 each and tables of eight and 10 are also available.

To purchase tickets, visit the Easter Seals Ontario website.

The roast has raised more than \$700,000 since it was first introduced in 2003, helping families of children with physical disabilities.

April 6

KISS tribute band

If you're looking to rock and roll all night and party all night long, then NV Music Hall is the place to be on Thursday night.

Destroyer, one of the top KISS tribute bands on tour, will take the stage and bring the '70s icons to life in Thunder Bay.

KISS ruled the music scene in the mid-1970s, with hits like I Was Made For Lovin' You, I Love it Loud and Beth.

Tickets start at \$28 and are available at NVMusicHall.com. The show starts at 8 p.m.

April 16

Easter at St. Paul's

An Easter musical tradition with a unique Canadian touch is returning to St. Paul's United Church on Sunday, April 16.

It's the story of the death and resurrection of Jesus Christ told in song. A 40-voice choir will present this modern-day interpretation of the Easter story written by Canadian composer Rick Gunn. This cantata, as it is called, will feature a live band and even a DJ!

This production called 'Awaken Us' is a resurrection of its own. The first rehearsal was held just before Covid hit. Then all went dark.

Late last year, Jacqui Soulias, the music director at First Wesley United, called everyone back together to revive the event. Composer Rick Gunn, of Halifax, the son of a United Church minister, will attend. He says he wrote the cantata to explore the idea of the Crucifixion, a concept he never fully understood.

Gunn's songs will take us to Jerusalem 2,000 years ago where Jesus' followers meet and speak together in an upper room.

Gunn's interpretation is lively with upbeat rhythms and gorgeous harmonies that will move and energize you.

The cantata is considered as a church service. It begins on April 16 at 10:30 a.m. There is no cost for admission. There will be a collection.

The event will also be live-streamed.



Marcus Powlowski, MP
Working For You
In Thunder Bay-Rainy River
Marcus.Powlowski@parl.gc.ca
(807) 625-1160



Lease negotiations delay gallery

By Ian Kaufman - TB Source

Negotiations over a ground lease for the Thunder Bay Art Gallery's new waterfront location appear to have held back construction on the project by several months.

City of Thunder Bay staff had initially said they expected a 50-year lease to be negotiated by the end of the summer of 2022, after securing city council approval in July.

Instead, the process has dragged on for eight months, pushing back construction the art gallery says it would ideally have begun in January.

The gallery said it has now signed a finalized lease and accompanying municipal capital facility agreement, which could be approved by council as soon as late April.

A building permit for the waterfront site, just south of existing development at Prince Arthur's



Crews are set and equipment is ready to start work on the new art gallery. (Mike Lang/TBT)

Landing, will not be approved by the city until the lease is signed, the gallery said.

Until that happens, the gallery said

its main construction work cannot start, though it is allowed to conduct preparatory site work and pile installation.

"We had hoped to start construction in January 2023, or earlier, had the permit been in place," said art gallery director Sharon Godwin.

The gallery announced in January it had hired Tom Jones Corporation as construction manager for the project, which has faced numerous delays since it was initiated in 2009.

Godwin has not been available for interview on the issue, but said via email the lease and municipal capital facilities agreement are both now complete, and have been signed by the gallery and delivered to the city.

That comes after city staff said as recently as last week the documents were still being finalized.

Assuming council is satisfied with the lease and authorizes city staff to sign it, council would proceed to pass a bylaw officially granting the

waterfront gallery status as a municipal capital facility.

That designation under Ontario's Municipal Act will exempt the gallery from property taxes and development charges, and enable the city to charge nominal rent.

Like many galleries across the province, the Thunder Bay Art Gallery is already exempt from those taxes in its current location at Confederation College.

Godwin said the soonest the municipal capital facility bylaw could be passed is April 24.

"Should this be the case, we expect that the building permit could be issued that week," she said. "It is our hope that this schedule holds true."

Despite the delay in finalizing the lease, Godwin said the city and the gallery have had a positive working relationship over the project.

resolute
Forest Products

WE'RE LOOKING TO GROW

AVAILABLE POSITIONS INCLUDE:

- Heavy Duty Equipment Mechanic
- Log Truck Driver
- Chip Truck Driver
- Forestry Equipment Operator
- Road Builder

Contractors vary in location across Northwestern Ontario. Some of these contractors require workers to live in camps during the week, and some require daily commuting to the operation.

All contractors are committed to safe, environmentally compliant operations and offer competitive wages.

Although trained operators are preferred, a candidate's relevant work experience with an interest and aptitude for this type of employment will be considered.

Please send an updated copy of your resume to jillian.labossiere@resolutefp.com or call (807) 475-2244

JOBS WHERE YOU GROW

PLEASE

70%
80%
60%
90%

**REDUCE
REUSE
RECYCLE**

IN SUPPORT OF **rfda** REGIONAL FOOD DISTRIBUTION ASSOCIATION

OPERATION: STOCK THE SHELVES

THE RFDA IS IN A CRITICAL SITUATION.

Their shelves are empty. But YOU can help!

For the month of April, stop by Memorial Home Hardware to donate non-perishable food items or cash.

Fill out a ballot to **WIN** A BACKYARD GARDENING PACKAGE valued at more than

\$500!

DONATE NOW!

PROUDLY SUPPORTED BY



GATEWAY
CASINOS
THUNDER BAY



BAHAMAR
NASSAU BAHAMAS

PICK YOUR
REWARD
LIFE

APRIL 3 - 29, 2023

YOU COULD WIN A
CRUISE, SHOPPING SPREE OR RESORT PACKAGE!
SATURDAY, APRIL 29 AT 8PM

WEEKLY CASH DRAWS • \$2,000 • SATURDAYS AT 8PM

SWIPE DAILY TO ENTER
DOUBLE BALLOT TUESDAYS • HOT SEAT DRAWS THURSDAYS

Visit Guest Services for complete contest terms & conditions. Must be 19+. No purchase necessary. Must be a My Club Rewards member. Odds of winning depend on total amount of qualified entrants and activated ballots. Ballots must be activated 4 hours prior to the weekly and grand prize draw time. Total of over \$336,000 based on the total prizing amount of all Gateway Casinos Ontario locations. Management reserves the right to alter, change, or amend this promotion without notice. Patrons with self-excluded or trespassed status may not participate in this or any other Gateway promotion and may be removed from the site.



PICK YOUR
SAVINGS

APRIL 3 - 29

CANADIAN BREAKFAST • \$3 OFF
QUESADILLA • \$4 OFF | BURGERS • \$5 OFF
10oz STRIPLOIN STEAK • \$6 OFF

DAYS AND TIMES OF SPECIAL VARY BY ITEM

GETAWAY
RESTAURANT

Must be 19+. While supplies last.
Cannot be combined with any other offer or discount. Complimentary vouchers accepted.
Taxes and gratuities not included.



\$7.77
BREAKFAST SPECIAL

SERVED TUESDAY - SATURDAY
9AM - 12PM

CHOICE OF
SCRAMBLED EGGS
3 SLICES OF BACON OR SAUSAGE
2 HASH BROWNS & TOAST
OR
3 SLICES OF FRENCH TOAST &
3 SLICES OF BACON OR SAUSAGE

GETAWAY
RESTAURANT

Must be 19+. Dine in only.
Cannot be combined with any other offer or discount.
Complimentary vouchers accepted.
Taxes and gratuities not included.

Play Smart
Knowledge you can bet on.

THUNDERBAY.GATEWAYCASINOS.COM



MY
CLUB
REWARDS

Potholes, foxes, false spring

Road conditions have been awful so far this year, and avoiding potholes next to impossible

Let us begin with the potholes. Over the winter the rural highways I drive when commuting to and from town are pockmarked with potholes. Some of them are seriously deep such that if you don't see them, the front and rear tires really let you know that you've plonked in and out of one.

I have a choice of two highways to travel en route to the city: Hwy 588 and Hwy 608. Hwy 608 has two major troughs that are grievous to your vehicle's shocks. They are more like narrow trenches that reach right across the road.

There is no avoiding them. Unfortunately, only one of them has a warning sign put there by the highway guys. The one closer to the village of South Gillies just before the big hill that descends past the Rose Valley Lodge, is not

marked. After a couple of "whams!" to my car due to lousy short-term memory, I realized that I had to remember the trough's location and come almost to a halt when crossing. The one closer to Hwy 61 is marked but also requires one to come to a dead stop before crossing.

However, Hwy 588 is festooned with many potholes most of which are not marked.

Again, one must remember their location. In one spot I have to slalom to the right around a set of two right in the middle of the lane and immediately slalom to the left to avoid the big one close to the edge of the shoulder.

Both driving to the Stanley turnoff and driving back one must focus hard to avoid these menaces.

I am curious to know when the

highway fixers will be filling in these holes-in-the-highway.

What conditions do they require? The highways are dry for now (although at time of writing - Sunday afternoon - there is a threat of up to 15 cms of snow midweek. Boo!).

So, one must drive these highways on full alert.

But, we rural rooters are not alone: the streets of town are also treacherous. It has been a rough winter for roads.

Speaking of roadways - well, sort of - I have beheld a series of tracks in the snow outside Casa Jones not made by our pooches nor by Madam Fox.

What can they be? I suspect a small rodent ploughed its way hither and yon leaving a narrow furrow. Mole? Mouse? No idea.

Mama Fox has been active around our 'hoosie'. One morning this past week I happened to look out our kitchen window to spy her feasting on the sunflower seeds

dropped from the feeder.

Gorgeous colour! I waited for ten minutes before allowing the dogs outside. I observed that she was pretty much finished and starting to head off.

The explosion of barking just urged her to get a move on. Fortunately, she outran the dogs. Then again on Friday morning I opened the front door to permit the dogs to exit. Baxter (the elderly large one) immediately spotted her and began his deep basso profundo bark.

Sophie, the lab retriever, wasn't interested (probably didn't see Mama Fox) since all she wants to do is have me throw balls that she can chase and retrieve.

Lily, the terrier mix, was still inside the house. Mama Fox casually trotted away probably realizing that the big barky thing was not a real threat.

On Saturday morning my wife, Laura, and I were trooping across the yard from the house to the

barn negotiating the icy surface.

I stopped and asked if she had heard what I had heard - the call of a Redwing Blackbird? Yup, she had.

Oh no, the poor creatures and we are still in winter with a promise of more to come! How do these birds then manage? Hopefully putting out bird seed helps until the snow goes.

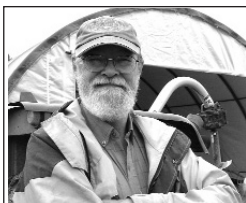
There is a funny chart some people post of the Book of Face giving the seasons we in the north experience. I believe we are in False Spring.

Wait! It's snowing. I just looked out my library window only to see a blizzard Blowing past.

Remember last winter (or was it False Spring?) when we said: "if it is snowing, it must be Wednesday"?

That was because it seemed that every Wednesday, it snowed. Well, Wednesday came early this week.

Please be cautious.



Fred Jones
RURAL ROOTS

Conserve natural resources. Recycling E-Waste recovers valuable materials that can be used to make new products.



Drop off unwanted E-Waste at the depot located at the Solid Waste & Recycling Facility on Mapleward Road. It's free!
thunderbay.ca/recycle or 625-2195 for more info.

REVISION
WASTE

CITY OF
Thunder Bay
Superior by Nature

SPACE PROVIDED THROUGH A PARTNERSHIP BETWEEN INDUSTRY AND ONTARIO MUNICIPALITIES TO SUPPORT WASTE DIVERSION PROGRAMS

Hospital moves out of COVID response

By TB Source staff

The Thunder Bay Regional Health Sciences Centre is shifting out of its COVID-19 response, and into what officials call a "new normal."

In a news release issued late Friday afternoon, hospital officials said the facility will stop using their colour-coded internal pandemic response levels and no longer have screening booths set up at the main entrance.

The hospital said, starting Saturday, their new normal operations will take effect. A restricted state will be implemented if needed to reinstate protective measures.

While the main entrances won't have screening booths, hospital officials said passive entrance screening will be in place, and there will be check-in stations with signage, hand sanitizer and masks.



Thunder Bay Regional Health Sciences Centre.

Masking will remain mandatory in the hospital, and the facility's assessment centre will continue operations without any changes.



It doesn't matter how bad it is outside, Northern Ontario anglers are ready for any kind of weather all year round.

Weather-resistant

One thing we can count on each spring in Northwestern Ontario is a final blast of winter. We received some April snow this week and I am relatively certain we will get more over the next few weeks.

Remember last year when we had a winter storm on every Wednesday in April?

When it comes to fishing, I do not necessarily dread the extreme spring weather as it typically pairs with a lot of extra room to move around on the river. It is always good to get out early in the season and take a few casts in open water. If you can get past the cold and damp conditions and you manage to catch a fish, the photos are usually pretty epic. Those freezing cold days, filled with snow and rain, always seem to be memorable for one reason or another.

Typically, a change in the weather involving a drop in temperatures will shut down the bite. However, on heavily-pressured rivers, the extra elbow room can offset the sluggishness of the fish and still allow a persistent angler to be successful. Dressing for the conditions is key to tolerating the cold. Focus on covering your head with a hat and hood. Layer up to provide the insulation necessary to keep the core warm, and wear a quality outer layer to shut out the wind and dampness.

Along with the cold, torrential rain or heavy snow can challenge the hardcore angler's resolve more than anything else. Being wet means being miserable and nothing can derail a fishing adventure quicker than cold, wet hands.

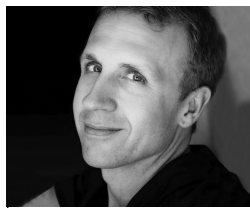
I like to carry a small hand towel to dry off my hands after releasing a fish or enduring relentless rain. Thoroughly drying each hand before slipping the gloves back on will definitely prolong your day.

Surviving the weather is only part of the hardcore angler's skillset. They must also be able to endure extra early mornings and long days on the river.

Hiking into a fishing spot by headlamp or backing into the boat launch at first light are standard procedure for hardcore outdoors people. Strong coffee, a good fishing partner and heightened expectations can all help get you out of bed early.

On those rare occasions when the fish are biting and you have the whole day free to spend on the river, you want to make the most of the opportunity. Putting in an exhausting marathon day of fishing requires a very understanding partner, but the real secret to lasting from first-light through to the evening bite is to have a special level of stubbornness too. It also helps to have a strategy that includes plenty of fishing spots to try, savory snacks to keep the energy up, and perhaps a mid-afternoon nap in the truck.

Wild weather, early alarms and long hours are worth-while challenges because they often result in good memories, great pictures and fantastic fishing stories for those anglers who are hardcore enough to get outside no matter what obstacles they face.



Keith Ailey
the GOOD LIFE

Kitchener man wins \$1.5M 50/50 lottery

By TB Source staff

The newest member of the Thunder Bay 50/50 winners' club is from southwestern Ontario.

The Thunder Bay Regional Health Sciences Foundation on Friday announced that Kitchener's David Sloane was the winner of the March jackpot, collecting a prize of just over \$1.5 million.

"I'm floored. I've been working for 40 years and didn't know when I could retire," he said in a statement issued by the hospital foundation. "My partner and I were hoping to buy a house together. I wasn't in a place to go out in the market and this changes everything dramatically."

Sloane's winning number was part of the \$75 ticket bundle he purchased.

The Thunder Bay 50/50 draw has



David Sloane won last month's 50/50 draw.

awarded more than \$21 million in prizes.

"We're grateful this month's draw took off the way it did," hospital foundation president and CEO Glenn Craig said. "From the start, it was our fastest growing regular monthly draw ever."

The April draw will have \$25,000 in early bird prizes, including a \$10,000 draw on April 5. The April jackpot draw will take place on April 28.

We found the minerals.

Now we're looking for the people.



Impalacanada.com/joinus

Lotto win worth \$1M

By TB Source staff

A winning Lotto 6/49 ticket has made a local woman a millionaire.

The Ontario Lottery and Gaming Commission on Friday announced that Thunder Bay's Ann Carlson had won \$1 million in a Gold Ball Draw on Feb. 1.

"I always play numbers that are significant to me," Carlson said at the OLG Prize Centre in Toronto to pick up her winnings.

"I was at home when I saw an email from OLG. I thought it was a scam, so I didn't pay much attention to it for weeks. When I logged into my account and noticed I really did win, I couldn't believe it!"

"I'm at a loss for words. I feel very humbled. This joy will be shared with family and friends. I've always wished I had the means to give people a helping hand and now I can do that."

The winning ticket was bought online.



Ann Carlson won \$1 million on Lotto 6/49.



Quiche is a dish that can be relatively easy to make at home, as simple or elaborate as one wants. (iStock photo)

TOGETHER, WE STRIVE FOR GREATNESS



reach for remarkable™

**We're rooted in service, we do great things for our people,
our partners, our communities, and our planet.**

aramark

FIND OUT WHAT WE'RE ABOUT AT WWW.ARAMARK.CA/

Quiche for all

Real Men Don't Eat Quiche is a book by Bruce Fierstein and satirical examination of masculine stereotypes published in 1982.

It's an outdated sentiment based on the fact that to the average man in the '60s and '70s quiche, sounded effeminate.

Now as someone who was only born in 1982 and studied classical French cuisine in my early years, I would become accustomed to many French terms so therefore I have no base of knowledge from which to draw why quiche (a food) would be considered so androgynous, there are many possible reasons and for fun lets dive into a couple.

Many people believe quiche is difficult to make, and nothing can be further from the truth. Grab a pie shell beat some eggs, add some meat cheese or veggies and bake, and you're done.

Many people have insecurity about pronouncing Quiche, which is also simple, phonetically its as easy as KEEEEESH. There's also a misnomer that you need a specialized dish to cook a quiche in. Just use a pie plate, man.

Quiche can be as simple or elaborate as you want. Eggs got a bad rap in the 90s by many heart health groups. Eggs were previously associated with heart disease risk as a result of their high cholesterol content.

However, a solid body of research shows that for most people, cholesterol in food has a smaller effect on blood levels of total cholesterol and harmful LDL cholesterol than does the mix of fats in the diet. The foods people typically eat

with eggs, such as bacon, sausage and ham, might do more to boost heart disease risk than eggs do. Plus, the way eggs and other foods are cooked — especially if fried in oil or butter — might play more of a role in the increased risk of heart disease than eggs themselves do.

Most healthy people can eat up to seven eggs a week without increasing their risk of heart disease. Some studies have shown that this level of egg consumption might even help prevent certain types of stroke and a serious eye condition called macular degeneration that can lead to blindness.

Now, baked eggs in a little bit of pastry shouldn't necessarily add to the risk of heart disease, however, adding a lot of bacon, cheese and other cured or smoked or items, high in sodium can inflate the risk needlessly. Its best to limit those kinds of additions to your quiche and add more vegetables.

Super foods like spinach make excellent additions to a quiche and add a lot of helpful nutrients and fibre. As with all things, balance is the key, you can add a little bacon and then a ton of leeks and onions to make the classic quiche Lorraine or just freestyle it and create your own combination.

Derek Lankinen is an award-winning chef, author, and restaurateur. He is the Owner/Operator of Beefcake's Burger Factory with two locations in Westfort and Current River and Co-Owner of Elite Beef, Brick and Mortar Food Co. and Eat Loco Tacos.



Don't Miss Out!
Great Products &
Fantastic Deals!

ONLINE AUCTION

Monday April 17th 9:00 am to Friday April 21st 4:00 pm



**ALL BIDS START AT 50% OF RETAIL PRICE OR
PURCHASE RIGHT NOW AT 75% OF THE RETAIL VALUE!**



Retail Value \$18,120
Starting Bid \$9060

PJ Trailers 14' x 83' Low Pro Dump Trailer

Northern Turf Equipment
PJ Trailers 14' x 83' Low Pro Dump Trailer



Retail Value \$7148
Starting Bid \$3574

Reid's Furniture Coyote 30" Grill on Cart with Delivery

Coyote 30" Grill on cart. Stainless steel, 4 burners, steel grate, rotisserie, and smoking tray included.



Retail Value \$6100
Starting Bid \$3050

Armstrong High Efficiency Furnace

Armstrong High Efficiency 96% 70,000 BTU Furnace, Normal Installation included



Retail Value \$5699
Starting Bid \$2849

Daymak Mobility Boomerbeast 2D - 3 Wheel

3 Wheel Mobility Scooter Daymak Boomerbeast 2D - 2 Motors / 5 x 60V. Range up to 50km. Battery life 300 - 400 cycles.



Retail Value \$1598
Starting Bid \$799

Moffat Stainless Steel Fridge with delivery

Check Website for More Details



Retail Value \$100
Starting Bid \$50

\$100 Gift Certificate for Athletic Boutique 10 Available



Retail Value \$145
Starting Bid \$72.50

Deep Tissue Massage Certificate 5 Available



Retail Value \$169
Starting Bid \$84.50

One Month Unlimited Pass 6 Available

Check Website for More Details



Retail Value \$85
Starting Bid \$42.50

RMT Massage Certificate 3 Available

Check Website for More Details



Retail Value \$100
Starting Bid \$50

\$100 Gift Certificate
10 Available

Dine In Only - Alcohol Excluded



Retail Value \$4000
Starting Bid \$1000

\$2000 Gift Certificate
5 Available

Valid on in-stock items only



Retail Value \$500
Starting Bid \$250

\$500 Gift Certificate
8 Available

Check Website for More Details



Retail Value \$3000
Starting Bid \$1500

\$3000 Gift Certificate
2 Available

Check Website for More Details



Retail Value \$2000
Starting Bid \$1000

\$2000 Gift Certificate
2 Available

Check Website for More Details



Retail Value \$3000
Starting Bid \$1500

\$3000 Gift Certificate
2 Available

Check Website for More Details



CHIMO BUILDING CENTRE

Retail Value \$1000
Starting Bid \$500

Chimo Building Centre \$1000
Gift Certificate

Check Website for More Details



CHIMO BUILDING CENTRE

Retail Value \$1000
Starting Bid \$500

\$1000 Gift Certificate for
Kitchen Cabinets

Check Website for More Details



Retail Value \$1239
Starting Bid \$619.50

Intermediate Golf
Membership
2 Available

Check Website for More Details



Retail Value \$100
Starting Bid \$50

\$100 Gift Certificate
5 Available

Check Website for More Details



Retail Value \$50
Starting Bid \$25

\$50 Gift Certificate
10 Available

Check Website for More Details



Retail Value \$2410
Starting Bid \$1205

30" Breco Smokeless Firepit
& Outpost and Lid

Check Website for More Details



Retail Value \$2500
Starting Bid \$1250

\$2500 Gift Certificate
4 Available

Check Website for More Details



Retail Value \$3549
Starting Bid \$1774.5

21' Round Above Ground
Swimming Pool

Check Website for More Details



Retail Value \$3899
Starting Bid \$1949.50

24' Round Above Ground
Swimming Pool

Check Website for More Details



Retail Value \$1000
Starting Bid \$500

Langen Glass
\$1000 Gift Certificate

Check Website for More Details



Retail Value \$1500
Starting Bid \$750

Langen Glass
\$1500 Gift Certificate
2 Available

Check Website for More Details



Retail Value \$900
Starting Bid \$450

Couples Will Package
2 Available

Check Website for More Details



Retail Value \$600
Starting Bid \$300

Single Will Package
2 Available

Check Website for More Details



Retail Value \$2000
Starting Bid \$1000

\$2000 Gift Certificate
4 Available

Check Website for More Details



Retail Value \$3300
Starting Bid \$1650

2023/24 Family Season Pass
2 Available

Season Pass for 3 People



Retail Value \$1500
Starting Bid \$750

\$1500 Gift Certificate

Hats, bags, jackets, pens, & more.
 Gift certificate has no cash value.



Retail Value \$2000
Starting Bid \$1000

\$2000 Gift Certificate
4 Available

Check Website for More Details



Retail Value \$1500
Starting Bid \$750

\$1500 Laminate Counter Top
2 Available

Gift Certificate



Retail Value \$5650
Starting Bid \$2825

Seal N' Save
\$5650 Gift Certificate

Check Website for More Details



Retail Value \$1000
Starting Bid \$500

\$1000 Gift Certificate
5 Available

One Gift Certificate Per Purchase



Retail Value \$2599
Starting Bid \$1299

Go Go Ultra X Pride
Mobility Scooter

Economy class 4-wheel scooter



Retail Value \$2500
Starting Bid \$1250

\$2500 Gift Certificate
3 Available

Check Website for More Details



Retail Value \$1400
Starting Bid \$700

Thunder Country Diving &
Sports Supply Ltd
Kayak Package



Retail Value \$1000
Starting Bid \$500

\$1000 Gift Certificate
3 Available

Check Website for More Details



Retail Value \$100
Starting Bid \$50

\$100 Gift Certificate
15 Available

Any services. Products excluded



Retail Value \$1000
Starting Bid \$500

Two Adirondack chairs
(in stock colours only)

Check Website for More Details



Retail Value \$1000
Starting Bid \$500

\$1000 Gift Certificate
2 Available

Check Website for More Details



Retail Value \$500
Starting Bid \$250

\$500 Gift Certificate
5 Available

Towards service and accessories.



Retail Value \$200
Starting Bid \$100

\$200 Gift Certificate
12 Available

Check Website for More Details

CKPR AUCTION 2023 - ALL ITEMS CAN BE PREVIEWED AT TBnewswatch.com

- > If available, items can be previewed at participating sponsor locations and at tbnewswatch.com.
- > **Bidding will begin online at 9am on Monday, April 17th until 4 pm Friday, April 22nd.**
- > You must register a tbnewswatch.com user account in order to bid in this auction. Go to www.tbnewswatch.com/account
- > All items other than gift certificates are subject to HST unless the purchasers possess a valid tax exempt number.
- > CKPR Thunder Bay has endeavoured to list and describe accurately the product/ services to be sold and cannot be held responsible for errors or omissions.
- > Bidding on any item indicates your acceptance of these terms.
- > To place a bid on an item: 1. Enter at least the minimum bid amount specified. 2. Enter your credit card information to pay for the item. 3. Check off the anonymous box if you wish to bid anonymously, otherwise your tbnewswatch.com account username will be displayed publicly in the list of winning bids. 4. Finally, check off the confirm bid box to confirm the information entered is correct, and then click "Bid". This will place an authorized hold on your credit card.
- > Bids on separate items will result in multiple authorized holds on the credit card -one for each of those bid amounts.
- > You can purchase the item immediately at a fixed price of 75% of the retail value online using Visa or

- Mastercard. When you opt for this method payment is due at that time.
- > **Double purchases of the same item have occurred due to the bid being processed at the exact same time as another. CKPR Thunder Bay Auction will award one bidder ONLY in this case.**
- > CKPR Thunder Bay is/are not responsible for any bids that are lost, misdirected, incomplete or illegible, or for failed, partial or garbled computer transmissions, or for technical failures of any kind including, but not limited to, malfunctioning of any network, hardware or software, which may limit a bidder's ability to participate in Producer Auction. Proof of sending will not be proof of receipt by Producer Auction. The Producer Auction is not responsible for any online, long distance telephone, or other charges you may incur in connection with participating in Producer Auction.
- > All sales are considered final.
- > All Product/Service certificates have no cash value and cannot be applied to existing accounts.
- > **If you elect to bid by increments, bidding ends at 4 pm on Friday, April 8th, 2022 and the successful bidder will receive an automatic response by email. Payment will be charged to your credit card at that time.**
- > You will receive pick up instructions for gift certificates and actual items in the successful bidder email.
- > Full rules and regulations are available on www.tbnewswatch.com.



The outdoor rink at Prince Arthur's Landing has been a huge hit since it first opened. (Leith Dunick/FILE)

Marina Park rink closes

By TB Source staff

The Prince Arthur's Landing rink closed on Sunday and will transition back to the family favourite splash pad in time for the summer heat.

In a release from the City of Thunder Bay, the Community Services Department wished to thank

residents who came out to use the rink on the Waterfront and said that they look forward to seeing residents out again next winter.

Though the rink will be closed, the Water Garden Pavilion will be open from 9 a.m. to 9 p.m. throughout the summer season according to the city's website.



Fort William
First Nation

CAREER
OPPORTUNITY

"WE
ARE
HIRING"

CONSULTATION
LIAISON OFFICER

CLOSE DATE:
APRIL 9, 2023

FOR FULL JOB POSTING
PLEASE CONTACT:
Donna Mullen

807.623.9543
ext. 806

- OR -

EMAIL YOUR RESUME TO:
donnamullen@fwfn.com

90 Anemki Drive-Suite 200
Fort William First Nation, ON
P7J 1L3

D&D goes big time

Uncertainty fades away with an entertaining, passably good movie

Upon entering *Dungeons and Dragons: Honour among Thieves* (SilverCity) there was the nagging, snobby notion that surely something more elevated is streaming elsewhere on various small screens. But, like a fun house mirror, we gave in to the ol' curiosity bug.

The dubiousness is further heightened by this corner's total obliviousness to the popular medieval fantasy video game, save some hilarious bits on *The Big Bang Theory*. Was one going to be alienated by in-jokes and obscure references?

Not quite. Co-directors and writers (with Michael Gilio), John Francis Daley and Jonathan Goldstein aim to achieve a balance between giving D & D fans their familiar lore while providing non-gamers with a generic fantasy adventure. Overall, they've succeeded, but not without some reservations. Commendably, novices needn't be concerned about the movie's so-called Easter eggs.

Chris Pine plays Edgin Darvis, a knight-errant spy, belonging to a do-good group called the Harpers. Darvis' life falls apart when his wife is murdered by the Red Wizards, avenging Darvis' own thievery. To bring his wife back, he attempts to steal the Tablet of Reawakening, but he's betrayed and winds up incarcerated along with ally Holga (Michelle Rodriguez), a rough-edged warrior supreme.

They escape jail - unknowingly pardoned - to find that Darvis' daughter, Kira (Chloe Coleman) has been brainwashed and housed paternally in a formidable castle by Darvis' traitorous ally Forge Fitzwilliam (Hugh Grant) who's partnered with evil Red Wizard Sofia (Daisy Head), afflicted with too much eye shadow. Guards and CGI creatures abound.

Such is Darvis' D & D quest: to retrieve both Kira and the tablet, prevent humourless Sofia from wiping out the kingdom's humankind, and thwart thieving Forge from making off with ill-gotten riches.

To do so, other allies are enlisted including Simon (Justice Smith) an insecure wizard who's enamored with Doric (Sophia Lillis) a shape-shifting druid. They also get transitory help by noble Xenk (Regé-Jean Page).

Their combined skills are required to surmount the requisite challenges along the way. There are inventive comical bits including a quiz for undead corpses, loopy portals and a hapless pudgy dragon in a



Dungeons and Dragons is playing at SilverCity.

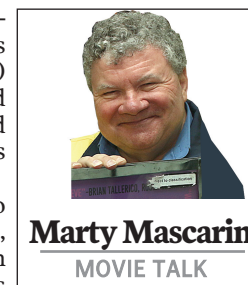
dungeon.

D & D's sardonic tone and breezy approach are double-edged. The glib wisecracks, though welcome, sometimes come at the expense of characters truly resonating. Obviously, this is not to be taken at all seriously. The plotting is familiar and derivative but still works thanks to the cast.

Pine is both wise-guy leader and emotional center, longing to recover his family, indefatigable with endless back-up plans. Rodriguez impresses with her physicality. Smith, Lillis and Page have their moments. Grant is agreeably cheesy, sinister, slimy, and whiny. The action sequences are well choreographed.

A momentous choice happens at the climax, resolved in fairly pat fashion, emblematic of the movie's lightweight emotional heft.

More sardonic wit, greater character depth and shorter fight sequences would've given the movie a tighter, sharper edge. Nonetheless, *D and D* is a passable cinematic outing.



Marty Mascarini
MOVIE TALK

Stars oust Miners

By Leith Dunick – TB Source

The Thunder Bay North Stars are moving on.

The fourth-seeded Stars erupted for four first-period goals on Thursday night and clinched their opening-round Superior International Junior Hockey League playoff series with a 6-0 win over the defending champions Red Lake Miners.

The home team, playing in front of 562 fans at Fort William Gardens, were backstopped by a 50-save, Game 5 shutout performance by goaltender Keenan Marks, playing his second straight match of the best-of-seven series after backing up Conner Lemieux in Games 1 and 2.

“It was awesome. That was a good game,” said Marks, stepping in for the injured Lemieux, and now the North Stars await their second-round opponent, which will be either No. 1 Kam River or No. 2 Dryden.



Thunder Bay goaltender Keenan Marks makes a stop, with Red Lake's Matthew MacPherson looking on.

Nothing easy left

Thunder Bay coach Rob DeGagne, who told his troops it's only going to get harder from here on in, said the North Stars will take on any-and-all comers, having to beat the best to win a championship.

It doesn't really matter what order it happens, he said.

“We have no control over it, so we don't care,” DeGagne said. “We've got to beat both of them, probably, to win, so whether it's the Walleye, whether it's Dryden that we play first, chances are those are the teams we'll have to beat going down the stretch anyway.”

It was the North Stars offense that shone in the first in the clincher, against a team they beat 10 times in 12 meetings this season, including the playoffs.

Edison Weeks, Nolan Desjardins, E.J. Paddington and Nikolas Campbell each lit the lamp in a penalty-free opening period, the North Stars getting on the board just 1:29 in when Weeks snuck the puck past Jack Osmond after Dimitri Trahiotis won a tough battle in the corner and fed the puck out front. By the time Nikolas Campbell buried a Colby Feist past at 14:29 of the first, the Stars were up 4-0 and well on their way to a series win.

“That calms everything down,” said Marks, who had one shutout in 26 regular-season appearances as an SIJHL freshman.

Despite being outshot 22-10 in the second, it was Thunder Bay who emerged with the lone tally, extending their lead to five with 2:26 to play in

the period, Mason Wesley ripping a shot past Jack Osmond.

Big stops

Marks stood tall throughout the second, denying the Miners on all three power play opportunities in the period, helped by his ever present blue-line, who cleared the puck out of danger on more than one occasion.

“Keenan was outstanding,” DeGagne said. “He stopped everything. His rebound control was good as the game went on. I thought he was maybe a little bit nervous in the first, putting some pucks back out in front of him. “But boy he played good in the second and third period.”

Trahiotis rounded out the scoring on the power play late in the third.

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: “Z” = “L”

“JYBUDV YF H FUHUV EA THB, HXO UE
ZYJV YX YU TV PHJV HZTHMF UE
SEGQHU TYUP EDBFVZJV.”

– CVHX-CHSLDVF BEDFFVHD

2	3	1	7	5	6
1			8		
4	7	2		1	
3			4		
	4		1		8
		3	5	2	
7	5		3		
	6	1			
8					

ACROSS

- 1 Gratify
- 5 Dead
- 9 Baseball equipment
- 12 Polynesian god
- 13 Indigo plant
- 14 Recede
- 15 Gasp
- 16 Vault
- 17 Mountain pass
- 18 School course (abbr.)
- 20 Great
- 22 Resin
- 25 Pretend
- 27 Kipling hero
- 28 I (Ger.)
- 29 Negatives
- 31 Bauble
- 34 Serum (pref.)
- 35 Court order
- 37 Burmese knife
- 38 Levantine ketch
- 40 Son of Loki
- 41 Irish rebel group
- 42 Flood

DOWN

- 44 Irish Republican Army (abbr.)
- 45 Honey
- 46 Serous
- 49 Albania (abbr.)
- 51 Branch
- 52 Way of walking
- 54 Berne's river
- 58 Amer. Automobile Assn. (abbr.)
- 59 Medicinal herb
- 60 Down with (Fr., 2 words)
- 61 Television channel
- 62 Conduct
- 63 Dip

ANSWER TO PREVIOUS PUZZLE

S	A	N	A	T	A	N	G	R	A	B	
O	N	A	N	A	N	I	L	A	B	A	
A	C	M	E	R	I	C	E	D	I	S	
P	E	A	N	U	T	E	B	O	N		
			T	R	A	M	E	L	C	I	D
A	D	E	I	R	A	S	L	O	D	E	
P	A	M	A	U	D	E	N	A	A	A	
I	M	P	I	S	A	T	I	T	E	D	
S	E	H	N	A	M	A	C	E			
		A	I	R	E	S	E	N	A	T	E
P	A	S	T	R	A	M	I	A	D	E	N
A	B	I	A	C	A	D	C	A	R	O	
L	B	S	S	H	O	E	T	H	A	W	

- 6 “Faerie Queen’s” lady
- 7 Trivial quarrel
- 8 Grim
- 9 Blear (2 words)
- 10 Father: Arabic
- 11 Tablespoon (abbr.)
- 19 First miracle
- 21 Marble
- 22 Irish fortified place
- 23 Scientific name (suf.)
- 24 Noel
- 26 Sun hat
- 30 Notched
- 32 Rhine tributary
- 33 Arabic letter
- 36 Bird
- 39 Mediocre grade
- 43 Crude tartar
- 46 Women’s Army Aux. Corps (abbr.)
- 47 Gamin
- 48 U.S. mountain
- 50 Semitic deity
- 53 Hawaiian flight bird
- 55 Camel hair cloth
- 56 Energy unit
- 57 Compass direction

1	2	3	4	5	6	7	8	9	10	11	
12				13				14			
15				16				17			
			18	19		20		21			
22	23	24		25		26		27			
28				29		30		31	32	33	
34				35			36		37		
38			39		40				41		
			42	43		44			45		
46	47				48		49		50		
51				52		53		54	55	56	57
58				59				60			
61				62				63			

Delamination? Slide-Out Leaking?
Soft Spots on your RV's Roof, Walls, Floors? Come See Us – Your Rebuild Specialists!

Specializing in Rubber Roof & Filon Lamination, Floor & Wall Rebuilds
• Complete Undercarriage Work • Repairs to RV Furnaces, Fridges, HWH & Convertors. • TSSA Licensed for LP Servicing.

**OPEN YEAR ROUND for Service & Parts.
RV Service You Can Trust!**

Factory Trained, Fully Licensed, Master Certified, Serving Northwestern Ontario over 46 years

983-3449 3075 Alice Ave. off Government Rd.

BREAK FREE FROM DEBT TODAY!
We listen. We Care. We Can Help.

Jayson Stoppel CPA, CA
Licensed Insolvency Trustee

BDO

1095 Barton Street
(807) 625-4424
WEBSITE: debtsolutions-thunderbay.ca

AD RATES \$9⁹⁹
ADDITIONAL INSERTIONS 1/2 PRICE* Up to 20 words
 Additional words 25¢.
 *Must be run in consecutive weeks. No additions to ads.
 Does not apply to Bargain Corner ads.

BARGAIN CORNER ONLY \$4⁸⁰ Plus HST
 15 words max. for items under \$500.
 Must contain price.

DEADLINE
 Classified Word Ads:
MONDAY @ 4:00p.m.
 Display & Photo Ads:
MONDAY @ Noon

SHOP ON-LINE at
<https://shop.dougallmedia.com/>
CALL US AT 346-2600
 Or email:
classifieds@dougallmedia.com

(Leave us a message if we do not answer, and we will return your call)
 Our office is temporarily closed to the public due to COVID-19.
Telephone Hours:
Mon.- Fri. 8:30a.m.- 5:00p.m.

- REAL ESTATE FOR SALE**
 01. City
 02. Rural Homes
 03. Mobile Homes
 04. Lots / Acreage
 05. Condos
 06. Cottages
 07. Commercial
 08. Investment Property
 09. Out of Town
 10. Real Estate Wanted
- FOR RENT**
 11. Houses
 12. Apartments
 13. Rooms
 14. Room & Board
 15. Shared Accommodations
 16. Cottages
 17. Commercial
 18. Storage/Space
 19. Wanted
 20. Condos
 21. Miscellaneous
- MERCHANDISE FOR SALE**
 22. Bargain corner
 23. Misc.
 24. Antiques
 25. Music
 26. Office Equip.
 27. Machinery
 28. Pets & Livestock
 29. Food
 30. Misc. Wanted
- VEHICLES FOR SALE**
 31. Cars | 32. Trucks
 33. Vans
 34. Motorcycles/ATV's
 35. Campers/Trailers
 36. Motor Homes
 37. Marine Equip.

38. Snowmobiles
 39. Parts & Repairs
- YARD SALES**
 40. Current River
 41. Northward
 42. South
 43. Westfort
 44. Rural
- MISC.,NOTICES, TENDERS**
 45. Auctions
 46. Health
 47. Travel
 48. Financial
 49. Lost & Found
 50. Personal
 51. Notices
 52. Tenders
- BUSINESS & SERVICES**
 53. General Services
 54. Home Improvements
 55. Bus. Opportunities
 56. Training Courses
- EMPLOYMENT**
 57. Help Wanted
 58. Careers
 59. Child
 60. Health Care
 61. Employment Wanted
 62. Students For Hire
- ANNOUNCEMENTS**
 63. Coming Events
 64. Craft & Flea Markets
 65. Happy Ads
 66. Cards of Thanks
 67. In Memoriam
 68. Death/Funerals

23. MISC. FOR SALE
 Seasoned mixed firewood ready to burn. \$100 per Cord - pick up Intercity. Call 345-4363

SEWING BEE - alterations like hemming, new zippers, dresses, or any kind of project. Reasonable rate and quick service 807-631-5101.

30. MISC. WANTED
 Canadian and US silver and gold coins and paper money. Call Alex 627-4533. A Szczomak auction since '95

50. PERSONAL
 Male 56, not bad looking, medium build, seeks frisky female, any age, possible long term friendship. I enjoy fires in the backyard, walks in the park and chat, don't be shy, call and say hi! 623-3791

53. GENERAL SERVICES
 #1 dump runs. Trash/yard clean-up, inside/outside. Tear down/remove sheds, fences, decks. Cut/remove small trees, trim hedges, lawn cutting plus general odd jobs/services. Call Frank 628-5919.

CHRISTINA'S HOME AND GARDEN. Residential & Commercial landscaping, grass cutting, lawn maintenance, sod installation, dethatching, fertilizing, planting, dividing, weeding, edging, container gardening, patio stone/interlocking stone pathways, hedge/tree/shrub trimming and shaping and much more. Call 621-1505

Dump and scrap runs. Will do mixed loads. Available for odd jobs too. Call or text 807-708-6970

TREE REMOVAL SERVICES. In town/rural, snow no problem, ++experience, Man-lift, insured, and seniors' discounts! Very reasonable rates, free estimates. Call Jacques (Jack) 345-4363

SAVE MONEY!
 Additional Thunder Bay Source Classifieds are **HALF PRICE!**

Looking for Tree Removal?



Fast, Safe & Efficient
 With Our Unique 34" wide 100ft reach man-lift, we cut higher than anybody in town.

626 3542

PUZZLE ANSWERS

2	3	8	1	9	7	4	5	6
1	9	5	4	3	6	8	7	2
4	7	6	5	2	8	9	1	3
3	8	7	2	6	4	5	9	1
5	2	4	9	7	1	6	3	8
6	1	9	3	8	5	7	2	4
7	5	2	6	4	3	1	8	9
9	6	1	8	5	2	3	4	7
8	4	3	7	1	9	2	6	5

S	A	T	E		N	U	M	B		B	A	T					
A	T	U	A		A	N	I	L		E	B	B					
P	A	N	T		S	A	F	E		C	O	L					
					S	C	I			F	A	M	O	U	S		
L	A	C			A	C	T			K	I	M					
I	C	H			N	O	E	S		B	E	A	D				
S	E	R			A	R	R	E	T		D	A	H				
S	A	I	C		N	A	R	E			I	R	A				
					S	E	A			I	R	A			M	E	L
W	A	T	E	R	Y					A	L	B					
A	R	M			G	A	I	T			A	A	R	E			
A	A	A			A	L	O	E			A	B	A	S			
C	B	S			L	E	A	D			L	A	D	E			

ENIGMA SOLUTION:
 "Virtue is a state of war, and to live in it we have always to combat with ourselves"
 — Jean-Jacques Rosseau

HERE'S MY CARD

Dulux Paints 784 MEMORIAL AVE.
 DECORATING CENTRE (807) 344-0784

NEW ARRIVALS!
IN-STOCK FLOORING SALE

6MM WATERPROOF LUXURY VINYL FLOORING
REG: \$5.39 SF SALE: \$3.39 SF

MOHAWK
 JOIN THE DULUX CLUB NOW & SAVE
25% OFF DULUX PAINT FOREVER

JOEY'S 595 ARTHUR ST. WEST
 RESTAURANTS 807-577-4334
 For Franchise Opportunities call 1-800-661-2123

FREE FISH & CHIPS **FREE APPETIZER**

Buy a 2 piece Alaska Pollock & Chips plus 2 beverages, get the 2nd 2 piece pollock FREE! 1 FREE appetizer with the purchase of any entree

No substitute. 1 coupon per visit. Must present coupon before ordering.
 Not valid on Tuesday or Good Friday. Cannot be combined with any other offer.

THE ROOF GURU



DON'T LET THE GOOFS ON YOUR ROOF

807-355-1784 OR FIND OUT MORE AT WWW.THEROOFGURU.NET

Our Spring Market Dates Are

APRIL 8, 15, 22
MAY 6, 13, 20, 27
JUNE 10, 17

Thunder Bay Farmers MARKET

NORTH END REC CENTRE
 954 HURON AVE
 SATURDAY'S 10 TO 2

FOOD IS BEING SERVED FROM OUR KITCHEN FOR EAT IN OR TAKE OUT.

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to determine page locations.

Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the advertisement and box rental.

Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to avoid loss.

All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written notice.



Sullivan
+ Associates
CLINICAL PSYCHOLOGY



www.dr.sullivan.ca

Helping You Live
the Life
You Deserve

“
If it costs you
your mental health,
it's too
expensive.
”



*fighting mental health
stigma together*