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NEWS

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Thursday, May 2, 2024

Mercer submits report to OCPC

By Doug Diaczuk - TB Source

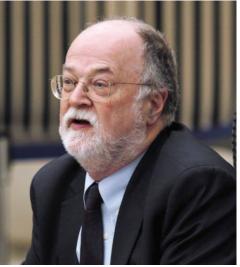
The former administrator to the Thunder Bay Police Services Board is recommending the board make consensus-based decisions as much as possible, while also increasing reporting on the work being done to implement the many recommendations handed down to the police service and board.

Malcolm Mercer delivered his final summary report to the Ontario Civilian Police Commission late last week detailing his work with the police services board and recommendations moving forward.

Mercer was first appointed as administrator to the police services board in April 2022 at the request of the OCPC, which said at the time there was an emergency within the board and proper governance needed to be restored.

At the time, the OCPC was investigating allegations of misconduct by police leadership, an investigation had been launched by the Ontario Provincial Police into allegations of misconduct by members of the police service, and former board chair Georjann Morriseau had filed a complaint with the Human Rights Tribunal of Ontario.

Shortly after Mercer's appointment, the



Malcolm Mercer oversaw the Thunder Bay Police Services Board for nearly two years. (FILE)

majority of board members resigned.

Mercer said in his report that there was: "obvious division within the Board," and that the board had not addressed the recommendations handed down by Murray Sinclair's OCPC report.

"This may have been because of the difficult circumstances in which the Board found itself," Mercer said.

"More broadly, the Service and the Board were under stress. It was not then known what would come of the various investigations then underway. Public confidence in the Service and the Board was compromised in light of the ongoing investigations and complaints."

As a result of the OPP investigation, which was requested by the Ministry of the Attorney General, earlier this month former police chief Sylvie Hauth and former in-house lawyer for the police service, Holly Walbourne, were charged with breach of trust and obstruction of justice.

Staff Sgt. Michael Dimini was also charged late last year with assault, breach of trust, and obstruction of justice.

Mercer noted in his report that the allegations against Hauth and Walbourne are not related to policing within the community, but rather communications with the police services board, the OCPC, and the Toronto Police Service.

"While many in the community will see this as a continuation of problems in community policing, this does not appear to be correct," Mercer said.

"This is not to suggest that the allegations are not serious and do not compromise confidence in the Service but rather that the substance of the allegations is about matters within the Service and its oversight rather than about community policing and public safety."

Following the charges, there were renewed calls by First Nation leaders to disband the Thunder Bay Police Service.

The police services board now has a full complement of members and Mercer wrote that it is functioning and focusing on: "important work without the serious distractions that impeded the work of the prior Board."

In particular, Mercer highlighted the appointment of Karen Machado as chair and Denise Baxter as vice-chair of the police services board as being an important step in establishing proper civilian oversight of the police service.

"With both being Indigenous women and Chief Fleury being an Indigenous man, Indigenous perspectives are well-established within the Board and the senior command," he said. "Mayor Boshcoff, Counsellor Etreni and Mr. Bahlieda bring other important community perspectives to the Board."

IN BRIEF

Power rates increasing

Synergy North customers in the City of Thunder Bay will see an increase in their monthly charges starting in May.

The Ontario Energy Board has approved adjustments in local distribution revenue, transmission and regulatory rates that will result in bills increasing by \$2.75, or 2.2 per cent for residential customers in the city.

In Kenora, where the utility also operates, bills will decrease by \$2.51 a month or 1.9 per cent.

In an announcement Monday, Synergy North said it has now harmonized its rates between the two communities to create a uniform rate for all customers.

Bike lanes delayed

Bicycle lanes will open later than usual in Thunder Bay this spring.

Typically, they are officially declared open on May 1, after city road crews have finished sweeping sand and debris that accumulated over the winter.

But the city reported Monday that a prolonged period of cold, wet weather has delayed the process, and that cyclists should wait for an announcement about when lanes have been cleared.

Once sweeping has been completed, onstreet parking restrictions affecting designated bike lanes will be enforced.

The city reminded drivers not to obstruct bike lanes with their vehicles.

Residents who have questions about streetsweeping in their neighbourhood may contact the city's dispatch line at 807-625-2195.

Cops stay at TBRHSC

Officers from the Thunder Bay Police Service will provide security at Thunder Bay Regional Health Sciences Centre's emergency department for at least another year.

The hospital has decided to extend its current contract for paid duty services with TBPS to have officers present at peak times.

The arrangement was initiated in 2022 in response to an increase in assaults against hospital staff.

Between April 2023 and February 2024, TBRHSC experienced 16 documented violent incidents in which staff were the victims.





Hospital CEO Rhonda Crocker-Ellacott, patient advocate Paul Carr and Health Minister Sylvia Jones at TBRHSC.

Health travel grant altered

By Leith Dunick - TB Source

The province is expanding the Northern Ontario Health Travel Grant program to cover more costs incurred by patients needing eligible out-of-town care.

Health Minister Sylvia Jones on Tuesday revealed details of the revamped plan at a stop at Thunder Bay Regional Health Sciences Centre, announcing they have increased the overnight accommodation allowance from \$100 a night to \$175, and from \$550 to \$1,050 for stays of eight nights or longer.

The government also reduced the travel distance requirements from 200 kilometres round trip to 100 kilometres and have expanded the eligibility to cover costs of medical travel companions accompanying a patient requiring hospitalization.

The province plans to provide \$45 million over three years to fund the program.

Jones said the goal is to provide Northern Ontarians with a better health-care experience, acknowledging residents often don't have access to a full suite of medical services in their home communities, especially in sparsely populated regions in the Northwest.

That shouldn't mean accessing health care needs to be a financial burden, the minister said, calling it another step toward connecting people in the region to the specialized health care they need.

"These programs provide financial reim-

bursement that helps cover the medical related costs Northern Ontario residents have incurred while travelling to access OHIPinsured health-care services that are not available within a 100-kilometre radius of where they live," Jones said.

"The province will begin implementing expansions and needed improvements to the Northern Health Travel Grant program starting this fall."

The changes will also include a more convenient, online application form, that includes digital receipt submission capabilities, allowing for faster reimbursements and eliminates the need for a signature from a referring physician or health-care provider.

"(We've also) removed the 100-kilometre deductible so people can get reimbursed for every kilometre travelled, to offset higher gas prices," Jones said.

Paul Carr, a patient advocate at Thunder Bay Regional, said he welcomes the new changes, noting the care needed, including cardiac surgery, isn't always available close to home.

"Sometimes (patients) face many barriers in terms of accessing care. When you have to travel long distances to attend appointments or receive specialized care or surgeries, it would be great if patients could access the same level of care and services throughout the province, but we know that's not the case right now," Carr said.

WEATHER FORECAST













ReStore DAYS

During **ReStore Days** at the landfill site, you can donate gently used building materials, appliances, cabinets, furniture, tools, plumbing and electrical materials to Habitat for Humanity's drop-off location - at the Solid Waste & Recycling Facility on Mapleward Road.

> The drop-off will be located after the weigh scales, next to the scrap metal drop-off.



NEWS

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Ron DiFrancesco is the last known person to escape the World Trade Centre's south tower before it collapsed.

9/11 survivor tells his tale

By Leith Dunick - TB Source

On Sept. 11, 2001, Ron DiFrancesco went to work like any other day, joining a throng of people racing to their offices in the World Trade Center in downtown Manhattan.

He had no idea what was about to unfold.

A few hours later, a plane slammed into the side of the north tower, and he and his colleagues rushed to the window, watching in stunned disbelief at the smoke and flames pouring from the gaping hole in the New York City landmark.

To his horror, panicked people in the doomed building started jumping, dozens of floors above the ground.

Unable to watch, he turned away and returned to his desk and called his wife, assuring her he was OK and encouraging her to turn the television on and watch the incident unfold.

DiFrancesco, his office situated on the 84th floor of the south tower, started taking phone calls from friends around the world, worried for his safety.

Panic had yet to set in.

That would soon change, when the Hamilton-born DiFrancesco took a call from a trader friend in Toronto, who surveyed the situation and advised his friend to get out of the building as soon as possible. He agreed, called his wife again and then asked a few colleagues to join him. His friend Mike agreed.

"Having just left the trading room, heading

to the elevator banks, Mike and I were walking when the second plane hit. Flight 175 hit the south tower at an angle, from the 78th to the 85th floors. Its starboard wing cut right through our trading room. I think now many of my associates perished on impact," DiFrancesco said on Friday, speaking to board staff at Thunder Bay's St. Ignatius High School as part of the Catholic Board's professional development day.

"Mike and I were hurled forward, thrown against the walls, and covered in ceiling tiles and wall debris. At the time I didn't know it was a plane. I thought a generator down below had blown up."

Catching their bearings, and realizing the scope of the damage, DiFrancesco took to the nearest stairwell, looking to manoeuvre 84 stories down. Only he, and others with him, encountered a stream of people heading up the stairs, saying the way down was impassable.

They decided to go up, his sense of control over the situation rapidly deteriorating.

Not long afterward, they restarted their descent, having manoeuvred their way around the damage to a stairwell that appeared intact.

"All that was left and lucid was my desire to see my wife, Mary, and my four beautiful children," DiFrancesco said, the thick smoke and lack of oxygen making it tougher and tougher to go on.

"Folks, I honestly thought that we were

See Got out just in time on Page 5

Mazda opens its new showroom

New central location is next to the Superstore

By Brandon Walker - TB Source

Staff at Half-Way Motors Mazda celebrated their move to a new location at 545 13th Ave. beside the Superstore.

The new central location offers more customer-focused conveniences than the previous location, which was on Tungsten

Patrick Trevisanutto, managing partner with Half-Way Motors, said the new location allows for many features that customers will

"We have an additional 50 per cent more service bays in the shop and as well as a service drive through that will be operational shortly," he said.

"When customers come for servicing, they will be able to get out of their vehicle indoors in the winter months, as opposed to having to get out of their car outside and walk through the cold."

The new location is also larger, Trevisanutto

"We've increased from 7,400 square feet to 9,500 square feet, which allowed for a larger, more spacious showroom."

Half-Way Motors has been a family tradition in the city for over 60 years, going back to a Studebaker franchise on Hodder Avenue in Current River that opened in 1963.

Since then, the Trevisanutto family has grown its family of dealerships to include Half-Way Motors Nissan, Half-Way Motors Powersports, Half-Way Motors Carstar Collision Centre, and Half-Way Motors

After acquiring the Mazda dealership in 2016, the dealership quickly outgrew its previous

"Support for our dealerships and the Mazda brand continues to grow and we knew now was the right time to expand," Trevisanutto said.

"Our family has been very fortunate for the support of our customers and the community. It's a pleasure to be of service."

Trevisanutto said the site took approximately eight months to build with 24 months of work leading up to that.



Mazda Canada's Bryan Leitch and Chris Harrison (from left) join Half-Way Motors' Daniel and Patrick Trevisanutto, and dealership general manager Alan Perales at the grand opening of the new showroom last Thursday. (Brandon Walker)

Got out just in time

Continued from page 4

dying," he said.

"That's when I heard it, someone clearly and calmly guiding me to get up and come this way. The faithful, and I count myself among you, by the way, will have very little trouble understanding what that means. The more secular may believe it was my adrenalinefuelled synapsis. Here's what I do know. If I ever hear a voice, that clear, that calm and that forceful, telling me to get up, I'll do it. It made me get up, back on my feet, and I followed the voice back into the thickest of smoke and the

He used sheet of drywall as slide down a gap in the stairwell to the next landing.

"Everything was on fire, but I could see. I ran through a couple more flights of stairs that were on fire, but now I had no sense of the pain. I was moving . . . and if there was any chance of me making it, it was now. Suddenly it was clear and calm and wet."

DiFrancesco kept moving down, floor after floor, eventually running into three firefighters heading in the opposite direction. They told him to keep going down.

Fifty-four minutes after the plane hit the building, he stumbled out of the south tower and into the courtyard.

"It was a war zone. Worse, it was war on the innocent. It was a landscape of hell here on Earth. There was wreckage and burning debris and there were bodies everywhere - some charred, some crushed . . . Now I just wanted to run and get out of that place."

Fifty-six minutes after the south tower was struck, the building collapsed on itself.

Seconds before, a security guard redirected DiFrancesco underneath the building toward the street, where he met a friend named John.

"The upper floors had begun to pancake with an ungodly roar," he said. "We ran. We ran for our lives. I looked to the right and saw a huge fireball coming at us. I screamed at John, 'Run!' and ran as fast as I could toward the Church Street exit. I remember being hit hard on the head and began to lose consciousness.'

Once again he thought he was about to die, not knowing he was likely the last person to escape the south tower before it collapsed.

He woke up a few days later in St. Vincent's Hospital in Greenwich Village.

"I had burns over 60 per cent of my body. I had been intubated. I had a sizable laceration in my head and a broken bone in my back. My contact lenses were melted to my eyes. But I was alive, alive to join the rest of the world to try to make sense of that horrific day."



FOLKLORE

Saturday, May 4th - 12pm to 11pm Sunday, May 5th - 12pm to 7pm Fort William Gardens & Curling Club

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'Cinco de Mayo" at Folklore!

Saturday 7:30pm - 10:30pm

www.folklorefestival.ca















EDITORIAL Device ban

Banning cell phones in the classroom is long overdue, as long as the rules apply across the board.

Students of all ages can easily be distracted by the latest short, meme or social media rabbit hole, while at the same time ignoring the work at hand.

Studies show too much screen time is not good for developing minds, related to higher rates of depression, anxiety and other mental health disor-

This also applies to adults, which is why it was good to see the province also include teachers in the no-device

Both teachers and students, during school hours, should be focused on the lessons of the day, not Minecraft, Roblox or Facebook drama.

According to Reid Health, even adults should limit screen time to less than two hours a day. School is generally six hours or so, with break time factored in for those who really have to check the buy-and-sell or connect with friends and family.

Students and teachers with genuine medical concerns, like monitoring blood-sugar, should be the exception to the rule, which appears to be included in the new legislation.

Balsam Pit garbage problem To the editor:

There is an ongoing and worsening litter and garbage problem in the Balsam Street Pit Baseball Park.

Certain local students, park users, and vandals are causing the problems and the City of Thunder Bay and local schools seem to be negligent and inept with preventing, deterring, cleaning up and managing this litter and garbage problem.

This problem is a major eyesore and creates potential health and safety risks to children and families, pets, and all others who respectfully enjoy using this beautiful recreational

I have a bird's eye view of the entire park from my residence and am thoroughly disgusted by this problem and those who cause it and the lack of city and other stakeholder intervention to it.

I witnessed and photographed/videoed an individual dump out and sift through two bags of garbage in one of the park's dugouts that were left by the city.

There needs to be an immediate collaborative solution implemented between the local schools, the public, the city, and city by-law and police officers, and city officials to resolve this Balsam Pit mess.

Place more and secure closing garbage containers in the park and empty them more often. Erect video cameras and start identifying and charging those responsible.

LETTERS TO THE EDITOR



Overall, I would argue that the entire city of Thunder Bay suffers from a significant litter and garbage problem with little if anything being done about it.

What a humiliating example of pig pen civic pride and responsibility by the City of Thunder Bay for Thunder Bay's citizens and visitors.

> Dennis Pringle, Thunder Bay

Loss of parents permeates Kay's poetry

Two huge absences are at the heart of May Day, the latest collection by Scottish poet and writer Jackie Kay. Her parents, Helen and John

Kay, Glaswegian communists who adopted Kay as a baby, died within a year and two months of each

Grief runs through the collection like a mayday call: 'Is that you, Mum? I miss thee. I miss thee.'

As a child Kay wanted to be an actor, until a drama teacher informed her after an audition: 'You are really good dear. You are just the wrong color!'

She considers writing a form of acting: 'If I can get the voice right then I can write whatever it is. Each of these poems has got a voice.'

A succession of people, activists and artists of one kind or another - Angela Davis, Peggy Seeger, Harry Belafonte, Nina Simone - appear

throughout the new collection of

The title poem recalls Paul Robeson coming to lead the May Day parade in Glasgow in 1960, the year before Kay was born. In the absence of religious belief, she explains, this litany of names reminds her who her parents 'were in the world, what their beliefs were and who they loved'. Kay's father was Glasgow secre-

tary for the Communist party, her mother was a primary school teacher and the Scottish secretary of the Campaign for Nuclear Disarmament, and their house, in Bishopbriggs outside Glasgow, regularly held visitors from around the world.

The poem 'A Life in Protest' charts 60 years of activism, from the time Kay was a babe in arms at the demonstrations against Polaris missiles in Holy Loch in 1961 to the Black Lives Matter marches just a few years ago.

Back in 1960, Kay's birth father was a student from Nigeria and her birth mother, a nurse from the Highlands; their meeting at a dance in Aberdeen is recorded in the poem 'Union Song' (tellingly Kay has put the poem on its own, before the contents page). Both died recently, too.

'I feel like my whole family has been wiped out in a few years, Kay says.

She discovered she was adopted when she was seven, after watching a western and realizing that she was a different color from

But no matter how much her parents loved her, 'There is something ghostly about being adopted. It is like another presence, because you are brought up with a lack of substance and a set of tiny details and not much to make into a whole person.'

Growing up in Glasgow was far from easy. She was called 'darkie' not just by children, including her best friend, but also by teachers. At the University of Stirling she was subjected to the worst racism.

Members of the British Movement, a neo-Nazi group, stuck up posters of her round the campus, attaching razor blades to the back to injure anyone who tried to rip them down.

This collection is a tribute to her resilience in the face of constant oppression.

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Reusable bag use increasing

By JR Shermack - For TB Source

The campaign to eliminate plastic bags has been very successful and I often notice people walking to their cars while delicately cradling an armload of groceries.

I guess they forgot their reusable bags in the car and wouldn't pay ninety-nine cents for another one.

From what I see around the city it appears that the ban on single-use plastic shopping bags is having a noticeable effect on the local environment.

Those things used to be everywhere – they cluttered our vehicles, they nestled in the branches of trees and shrubs and the wind blew them all over town like tumbleweeds.

What's more, everyone had a bag of bags hanging somewhere in the house because it seemed wasteful to throw them away.

But it has been quite a while since I saw a plastic bag swirling in the wind and my personal stash of the forbidden bags is dwin-

In spite of the bad press, those ubiquitous bags were handy for a number of things besides groceries and were useful for everything from carry-on luggage to lining trash

I was a heavy one-time user myself and I miss that endless supply of plastic bags - every now and then I come across a single-use bag which I hide away for a special occasion.

Soon they will be nothing more than a curiosity from the past as we forge ahead with our groceries either packed in eco-friendly bags or cradled in our arms.

But wait a minute - on several occasions in the past few weeks I have again seen errant grocery bags blowing down the street, only now they are reusable.

My vehicle is now littered with those ecofriendly bags because I forget to take them into the store and end up buying (and hoarding)

They are starting to accumulate just like the plastic ones but because they are reusable and made from fabric, I hesitate to use them to line

At first glance it might seem like a giant ecological leap for the planet, but it is much ado for a relatively minor environmental issue and may actually do more harm than good.

This may be an example of the best of intentions gone astray.

Banning plastic bags had a huge impact on retailers and consumers but it has not been a win for the planet which was the desired



Reusable bag use is growing exponentially. (iStock)

The ban on single-use plastics like bags, straws and cutlery is effective in reducing the amount of plastic waste but it is a two-edged sword.

One estimate sees a reduction of 1.5 million tonnes from 2023 - 2032 but the tonnage of garbage generated by alternatives (paper, wood, aluminum) will be double that amount.

In addition, a \$616 million saving in plastic clean-up costs will be matched by up to \$2 billion to clean up the additional garbage from eco-friendly options.

It is also suggested that the substitute materials are heavier, need more energy and water to produce and transport and by some measures, are more environmentally harmful.

The sale of reusable bags generates profits at the till and it is nice to think that those funds are used to benefit the environment in some

Many conscientious retailers donate the funds but they are free to do what they like with the money - some use it to offset other expenses.

The cost of reusable bags is on the rise to discourage overuse because as I already mentioned, stray reusable bags have been blowing down the street.

Here we go again - we need a better solution because this remedy is worse than the original problem.

what's Happening The Bay

To submit an event, email ldunick@dougallmedia.com. Please include details about the event, including any cost

May 3-8

Spring into Art Show and Sale

The Annual Spring into Art Show & Sale is taking place May 3 to May 8 at the 55 Plus Centre.

View all the beautiful works of art done by students in visual art classes of the 55 Plus Centres.

Participants in acrylic, watercolours, drawing, sketching, coloured pencil and other mediums take part in classes and create beautiful works of art for display.

All ages welcome, and a donation at the door is appreciated.

Hours are 7 p.m. to 9 p.m. on Friday, 10 a.m. to 2 p.m. on Saturday, 1 p.m. to 4 p.m. on Sunday and 10 a.m. to 8 p.m. on Monday, Tuesday and Wednesday.

May 4-5

Folklore Festival

Folklore Festival 2024 is on its way and it is going to be hot!

"Travel the World in 48 Hours" at the 51st Folklore Festival 2024, May 4 and

May 5 at Fort William Gardens and Curling Club in Thunder Bay, Ontario, Canada presented by the Thunder Bay Multicultural Association.

Tantalizing international foods, incredible entertainment, "shop-theworld" booths, exhibits, activity-packed Children's Area, and local artists on site await you.

The region's most colourful event of the year will take visitors on a trip around the world in two fun-filled days allowing them to experience the magnificent sights, sounds and flavours woven into the fabric of our country by our various ethnocultural and Indigenous communities.

We are proud to celebrate our 51st Folklore Festival and the rich cultural heritages that make Canada one of the greatest and most diverse nations on our planet.

Prices for adults \$5, students/seniors \$3, Children four to 12 are \$1 and children three and under free bringing people together at this family-friendly, fully accessible, and affordable Event.

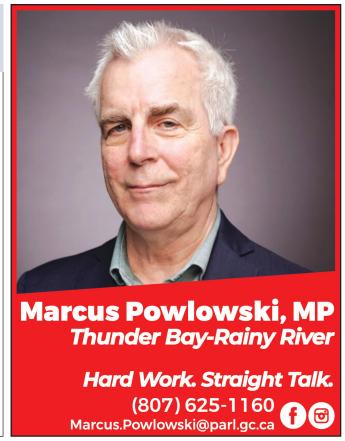
Descarga Latina from the Folklorama Talent Agency and Winnipeg will heat up the main stage Saturday Night with Salsas, Cumbias, and Hot Latin Rhythms that will have you dancing on the floor and in your seats.

Celebrate Cinco de Mayo at Folklore with Descarga Latina on the Main Stage Saturday from 7:30 p.m. to 10:30 p.m.

Why not try International Foods, Wines, and Beers in the food court for the best prices in town, open until 11

International foods and imported beers and wines will be available in the Folklore International Food Court. Travel around the World in food from Spanish Empanadas to Slovak Cabbage Rolls, to Jerk Chicken. to Bannock Burgers.

Our children's area, celebrating the theme, "Cinco de Mayo" has all free activities for children including the Rockin' Rainforest Inflatable courtesy of TBaytel.



NEWS

Visit TBnewswatch.com
Thursday, May 2, 2024





Last year's Tim Hortons Smile Cookie campaign helped raise more than \$116,000 for two local organizations.

Smile Cookies help charities

By Leith Dunick - TB Source

The cookies at Tim Hortons are grinning again, and so are a pair of local charities.

The popular Smile Cookie campaign is back, and once again Toys for Tots and the George Jeffrey Children's Foundation will benefit, hoping to build on last year's donation of more than \$116,000, split evenly between the two organizations.

Smile Cookies have a huge impact on annual fundraising efforts, says Paul Penna, who heads the Thunder Bay Professional Firefighters Toys for Tots drive each holiday season.

"Basically, the last few years, it has ensured that we're successful," Penna said. "If you think about it, if we raised around \$160,000 last year through our campaign separately, and when we got (\$58,000) from the cookie campaign, that's just a massive percentage. Without it we wouldn't have had nearly the success that we had."

Stephanie Paxton, donor relations and communication officer at George Jeffrey Children's Foundation, said the money allows her organization to offer a wider range of services to a larger number of clients.

"It really supports community organizations and kids in the community," Paxton said. "The George Jeffrey Children's Foundation supports the programs, services and equipment purchases that really help George Jeffrey Children's Centre, where they serve more than 3,000 kids each year with

their physical, mental and social special needs.

"It's really impactful to our community and not only just in Thunder Bay, but in the region as well."

The campaign originally started in 1996 and over the past three decades has raised \$111 million from coast-to-coast.

Thunder Bay always steps up, she added.

"It's a lot of Smile Cookies sold and a lot of money for the two charities to put toward their programming, which is huge," Paxton said.

It's crazy to think about, Penna said.

"It's mind boggling to me. I can't even comprehend how a city of 100,000 could buy that many cookies," he said.

Cookies, which will be sold throughout the week, are \$1.50 apiece, and can be purchased at all participating Tim Hortons locations. All proceeds are then donated to the two organizations.

Melanie Williamson, who owns and operates the Memorial Avenue location, said it's always a busy time of year, but she wouldn't have it any other way.

"It's great. It's actually a really good thing that we're really busy. We have lots of people from the community come down to volunteer to help us make these cookies, as well as the efforts from our team members putting in the extra time to help out. Everybody just comes together to do this."

Last year's campaign raised nearly \$20 million nationwide.

It's high school cycling season

Next week, the Superior Secondary Schools Athletic Association (SSSAA) will begin their mountain bike race series in Trowbridge Forest. The 2024 races will run on Tuesday afternoons in May, with six events on the calendar.

These include a multi-lap short-track race, an individual time trial, three mass-start races on a variety of trails, and a team relay worth double points to ensure a dramatic finish.

The Superior Collegiate Gryphons have been the undisputed SSSAA mountain biking champions since 2013, and they have been out training on the courses, completing drills and building skills for the past four weeks.

Leading the Gryphons are a strong core of returning individuals who all won their categories last year: Willem Abbink, Willem van Duyn, Russell Cooper-Landry, Maaritta Puiras and Char Ailey. Having already won XC running and Nordic skiing, the champs from Superior have set the goal to match an amazing feat they completed last school year by winning all the endurance sports titles.

The great thing about high school bike racing is the fact that there are no limits on roster sizes, so coaches do not need to make cuts. Only three riders from each school can score points, but nobody gets stuck on the bench

Typically, well over a hundred students from the Thunder Bay schools participate, and because the skill level of these athletes varies greatly, the races focus on beginner and intermediate trails.

More advanced riders are challenged by the blistering speeds they carry around the courses, while newer riders will push their skills on steep climbs, fast descents and plenty of tight and twisty singletrack.

Due to student demand, even more of the

newly built singletrack has been added for this season, with the highlight being the jump line and big berm on the trail called "Blaster". This trail epitomizes the evolution of SSSAA cycling, which began as a road racing series.

Back in the 1990s, the growing popularity of mountain biking necessitated a change to the dirt trails, and, in the years since, the series has changed considerably,

incorporating BMX, cyclocross, a downhill slalom and a track relay at different points in

Keith Ailey

the GOOD LIFE

While our geographical advantage offers us



Superior has been a cycling stronghold since 2013.

many cool and unique opportunities for outdoor fun and recreation, one true highlight is the fact that our high school sports association can run this mountain bike race series at Centennial Park and Trowbridge Forrest each

This is indeed a rare opportunity, as most other regions of Ontario do not have such easy

> access to these kinds of trails, and thus cannot offer competitive mountain biking as part of their sports lineup.

There are many great reasons for our teenaged children to try a bike race with their school teams this spring.

Without doubt, discovering our trail system while having some good healthy fun with friends ranks right at the top of the list.

Regardless of whether they are experienced or new to the sport, they are sure to discover that high school mountain biking is incredibly fun and rewarding.

Courses open by May 8

By Leith Dunick - TB Source

Pat Berezowski says barring any weather challenges, it looks like the city-owned golf courses will be open no later than May 8.

It's an exciting time of year, said Berezowski, whose crews are putting the finishing touches on Stratchcona and Chapples golf courses, having opened the driving range on Thursday night at the latter.

"Always at the start of the season, the driving range opens first and then the courses,' Berezowski said on Friday.

"It gives us a chance to get things prepped. Our grounds crew only started on Monday, so it's kind of go-time for them, getting everything ready. Our staff started on Monday as well, so back in selling memberships and giving out information to people. It gives us a chance to maybe flush out any problems and get started."

The relatively mild Thunder Bay weather has both courses in great shape, he added.

"You know what? I've never seen conditions like this, especially the greens. They look phenomenal at this time of year. There are really no dead spots on the greens. They're healthy. They look good. We're starting to groom them this week to bring them down to a good putting height, so we've got some



Chapples driving range is now open. (Leith Dunick)

speed to start out with," Berezowski said. "It's just phenomenal."

On the start date, Berezowski said he didn't want to over-promise, but he did say there's a chance golfers could be teeing it up ahead of the scheduled start of the season.

We'll see, he said.

"We're trying to shoot for May 8, and if it's sooner, it's sooner and it'll be a surprise to the public," Berezowski said.

Memberships are still available.

Several privately-owned clubs have already opened for the season, though are only operational depending on the conditions.

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lo LIFE

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Air fryers versus microwaves

If you're young, moving in with a partner might mean you're each bringing the three spoons you got off your local Buy and Sell group.

But it's more likely you've amassed an amount of stuff you don't have room for, and now you have to make some hard decisions.

Maybe one of you is a microwave gal, while the other is fiercely dedicated to her air fryer.

Or you only have room for a blender or a food processor, and can't tell which is more versatile. And really, is a stand mixer all that if there's already a hand mixer in the relationship?

We started with the "old and busted vs. new hotness" debate. Air Fryer vs microwave.

The microwave is known as a way to turn that morning's coffee into some sort of gray

mystery substance that tastes almost like coffee but not (though there is a growing contingent of microwave enthusiasts, with cookbooks to match).

The air fryer, on the other hand, is the

latest appliance that will supposedly solve all your problems.

Both can easily be used to reheat food, but which is ultimately more versatile?

I think its pretty obvious that most people would consistently use their microwave more however, replacing an air fryer when you have one already is super annoying.

It's quite possible you grew up with a slow cooker, aka a crockpot.

The appliance was developed in the 1940s

as a way to cook hearty meals without having to turn on the oven.

It became more popular in the 1970s, rebranded toward working women who didn't have time to cook dinner all day.

The Instant Pot made a similar promise when it hit the market in 2010; the multicooker's combination of a slow cooker and pressure cooker became all the

rage for making everything from curry to yogurt.

Each appliance has one group of ardent adherents and another group who keep it on the top shelf collecting dust. You can easily as a single person or a couple get away with never having either one in your home.

The more people you have in your home, the more convenient these things become and you can't go wrong with either. However the instant pot in infinitely more versatile.

There is perhaps no greater emblem of stable home life than a stand mixer on the counter.

It's a status item as much as an appliance, and because of that, it has received some backlash.

The expense and footprint on the counter is the main reason for this, is it needed when you have a hand mixer?

Controversial opinion here ... yes. A stand mixer is infinitely more valuable to a home chef and is completely necessary regardless of the cost. To heck with anyone who says otherwise.

Derek Lankinen is an award-winning chef, author, and restauranteur. He is the Owner/Operator of Beefcake's Burger Factory with two locations in Westfort and Current River and Co-Owner of Elite Beef.



Air fryers have been popular, but are they replaceable?

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Derek Lankinen

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Rosslyn resident wins big

By Justin Hardy - TB Source

A Rosslyn resident is over \$400,000 richer after winning April's HSN 50/50 jackpot.

Health Sciences North Foundation, NEO Kids Foundation, Northern Cancer Foundation, and the HSN Volunteer Association announced that this month's 50/50 jackpot of \$437,968 has been won by Janet Haycock of Rosslyn.

Haycock has played the 50/50 for a while and said that she still can't quite believe that she had actually won.

"This is such an incredible moment in my life. I feel so fortunate," she said. "This is a chance for me to clear some bills and support my family and I don't know if I'll ever truly grasp it, even when the cheque is in my hands."

Anthony Keating, president and chief development officer of foundations and volunteer Groups at HSN, said that Haycock's excitement was contagious when she was told the good news.

"Supporters of the HSN 50/50 like Janet are having an incredible impact on healthcare for residents of Northeastern Ontario," he said.

Tickets are on sale for the May draw.



Janet Haycock won the HSN Foundation 50/50 in April.

May: Getting gardens ready

"Sun and April showers, Bring on May flowers. Joy for all to share." - Franz Schubert

Well not necessarily in this part of the world, Franz, baby. Perhaps 'yes' in Austria. True, the daffs and crocuses have popped up displaying some

wonderful colour. But since it is very early days yet in this month of May, I don't think the rose bushes, nor the seringa bush will be flowering

But even this small spread of colour in our flower garden is a joy to behold after the winter and then the drabness of brown as the earth gets ready to spring forth (no pun intended).

My wife, Laura, is the gardener in this family. Me? When I can, I am the 'grunt' as in "haul that load of dirt there. Get me more well-rotted manure."

Laura has been very busy planting from seed and transplanting, mostly veggies but some flowers.

Every day the greenhouse attached to our basement door is filling with more and more travs.

When full, the inside of the greenhouse lives up to its name with all the green from the various plants.

Since nights are still cold, we bring the

trays inside Casa Jones at night and carry them back out to the shelves in the greenhouse in the morning. (Me: "How many varieties of basil did you plant?" Her: "Four")

There have been some mornings when the temperature outside has lurked around freezing and the temperature inside the greenhouse has not been a lot higher.

We put out a small, electric heater to hopefully warm up the inside for the plants.

On blustery, cold mornings, the plants stay inside the house.

Avid gardeners are impatient to get hands in dirt. Laura, of course, has already got her hands dirty when planting and transplanting.

No, what makes the true gardener impatient is not being able to get hands in the dirt of the garden. A column or two ago I wrote that Laura ventured to the vegetable garden in the hopes of digging up some parsnips that had over-wintered there. She attempted to dig twice but the ground was still too frozen at least until this past week. The evidence of her successful digging I discovered on the kitchen counter - three huge parsnips

We are still able to eat the carrots Laura grew this past summer.

There are very few left since we've been using them all winter.

We don't have a root cellar; the solution to storing the root veggies was to fill large, Rubbermaid bins with peat moss and insert the beets, carrots, and those parsnips that weren't left in the ground over winter. It worked.

The trick is to make sure the bins are stored in a cool, not warm room and make sure that they don't freeze.

I was told by John Wilson, the gardener who used to come on my radio show, that

the ideal temperature for storing root veggies is 36 F - cold enough to preserve but warm enough not to freeze.

I guess we managed to hit that sweet temperature this past winter using the covered bins.

But the days are getting warmer even if the nights are still cold.

This, too, shall pass and it shouldn't be too long before there will be a "bucket brigade" or, I should say a "tray brigade" as we cart the burgeoning trays from the greenhouse to the garden to be transplanted into the various beds.

So, much work to do preparing the various gardens, both flower and vegetable. But by August any grumbling on the Grunt's part will be forgotten when he gets to chomp on a delicious, freshly harvested carrot.

Well, as I was thinking sunny thoughts Sunday afternoon (there was no sun), Laura informed me that Monday we were to get freezing rain.

Rats!

Going to be a little while before Franz Schubert's song rings true.



Fred Iones

RURAL ROOTS



ON THE SCENE

Visit TBnewswatch.com
Thursday, May 2, 2024

Couple wins \$1.3M

By Brandon Walker - TB Source

Last Friday, it took seven attempts for Glenn Craig to reach Charles Paxton to let him know he and his wife Judy won the jackpot of \$1,385,850 in April's 50/50 hospital lottery.

A short while later, Craig, the president and CEO of the Thunder Bay Regional Health Sciences Foundation, had to call Judy back, because she didn't believe they had won – she thought it might be a scam.

Charles is very thankful for the treatment he received at the Thunder Bay Regional Health Sciences Centre.

"In 2001, I spent many weeks in the ICU. I owe my life to the hospital because I'm able to walk again," he said.

Charles and Judy hope to celebrate with their family, and do some travelling in a new motorhome they are shopping for this weekend.

Proceeds from the Thunder Bay 50/50 monthly draw go towards purchasing vital tools such as equipment for exceptional cancer care for patients here at the hospital and across the region.

To date, more than \$39 million in prizes has been awarded to winners from across Ontario. "Since its inception, our 50/50 draw has had



Charles and Judy Paxton won the hospital 50/50 draw.

over 200 winners, with 12 of them becoming millionaires," Craig said.

A total of 34 grand prize winners have been announced who reside within Northwestern Ontario.

"We never expected such a remarkable outcome from our lottery. Beyond enriching the lives of our winners, the proceeds from the 50/50 are advancing patient care at our hospital sooner than we ever could by funding millions into new and replacement equipment."





From left: Richard Comeau, Debra Hale, Sweeney MacArthur, Laura Del Papa, Barb Saxberg, Debra Hale, Richard Comeau, Laura Del Papa, and Sweeney MacArthur again.

Liars on stage

By Linda Maehans - For TB Source

Dearly Bereaved, we've come together with tears in our eyes and, yes, a rend in our hearts; to bid our final farewell to a great gal whose glue has stuck this family together through rain or shine...

(This, overheard, or rather, hissed at someone nearby: psst! Did you remember to shut the window? I think we're in for a downpour). Slight nod; pulpit regripped; throat cleared. Ahem.

Dear Reader, Magnus' final mainstage curtain rises to, yes, a sombre farewell. Except, well, it is anything but sombre; as you are so delightfully about to discover. *Liars at a Funeral* (by playwright Sophia Fabiilli) will tickle, surprise and at times confound you. I mean, who but the dead actually know what lies "beyond". Who among us can even hazard a guess?

Gee, those clouds are moving in fast and low. I zero in on a young couple who are clutching arms and suddenly whispering frantically back and forth. I offer a subdued handshake; neither responds. Nor appears, come to mention, grief-stricken in the slightest. While boyfriend Cam has begun to swivel his head around like a kid at a carnivalwith-rides, Mia (grand-daughter of the deceased) instead looks supremely peeved. When asked how she's handling this sad day complete with storm clouds and, now, ominous shadows in the room, actor Laura Del Papa (Mia) gives me a withering eye-roll, lips tight as a peg on a frozen clothesline. "Well, we're here."

Oh.

"Cam really wanted to come. So, I've had to come, too; and pay my respects. See the family again. Today's pretty much inevitable, isn't it."

"Yeah, granma Mavis was eccentric, sure not your traditional grandmother. Uh, I don't have much else to tell you; my sister Dee-Dee was crazier, I mean, closer to her, than I ever was.

No I don't believe in an afterlife. Ghosts aren't real."

"You sure bout that, babe?"

Cam has jumped into the conversation like a freshly laundered shirt yanked off the clothesline, pegs flying. (Have to say, actor Richard Comeau is a natural at this, whatever "this" might be). "I'm super-excited!" he exclaims. "I finally get to meet them; um, Mia's family.

Oh, I'm gonna take every opportunity, to make them love me. Like I'm one-of-theirs!

Mavis? No, never did meet her; really sad 'bout that."

His head keeps bobbing; he's on those rides at the carnival. "I used to watch all the StarTrek's; nowadays I totally believe in the super-natural, it's super fascinating, and, oh, I really hope I get to see a ghost; maybe even, kinda, you know, meet Mavis. In whatever new dimension she's in. Ya know?"

After meeting Cam I might even start believing in an afterlife. Actually, I already do. You?

Yet, what might confound and in the midst of a bad storm to boot, are all the, um, shenanigans and deceptions going on. On an occasion where, despite any grief given-and-received, it'll be so very good to laugh.

Liars at a Funeral plays on stage at Magnus from May 9 to May 25 (and yes, it is real).

Challengers refreshing

On the surface, Challengers (SilverCity) appears to be a familiar melodramatic love triangle on and off the tennis court. However, while this construct is indeed present, it's distinguished by high-powered style, a pulsating soundtrack, an edgy character dynamic and a charismatic cast.

Our trio consists of Tashi Duncan (Zendaya Dune II) a star teen phenom forced by injury to become a nononsense coach for her husband, Art (Mike Faist, West Side Story); and Patrick, (Josh O'Connor) Art's childhood buddy and champion teen doubles partner. Patrick was Tashi's boyfriend before her injury whereupon Art helped her recovery.

The story opens in New Rochelle in 2019. Tashi has nudged Art into entering a second-tier Challengers tournament to reverse his losing streak and restore his confidence to return to Grand Slam events.

However, Art and Tashi are surprised to find that his match opponent is Patrick. Patrick's own career has been sputtering for unknown reasons, where he's reduced to sleeping in his car, bumming a

stranger's sandwich, using one-night stands as someplace to crash.

Therein hangs the tale. Justin Kuritzkes' (married to Celine Song, Past Lives) screenplay has the story bouncing back and forth in time, each flashback a vignette showing connecting to present day.

One flashback goes way back when Art and Patrick were inseparable frolicking young doubles pals winning championships. Then Tashi shows up at their club, a driven Serena Williams-like power hitter. Art and Patrick are smitten, drawn into a near



Mike Faist, Zendaya and Josh O'Connor star in Challengers, a tennis-themed movie that works.

ménage a trois, where Tashi shows a teasing, manipulative side. Later in college a blown knee dashes Tashi's dreams.

Each scene bristles with a power dynamic and sensuality though there's not much bed play. The dialogue is

shifty, where a seeming quip turns into a blooddrawing barb, a grin morphing into a glare. Glances and facial expressions have intent, harnessed by extreme close-ups and slow-mo effects.

There's gamesmanship in how they relate to each other. The lads push each other's buttons while

Tashi's more self-possessed, seemingly able to turn off emotions like a faucet. Tashi is not the 'love prize' here. Sharing a child with Art would indicate Tashi's commitment with her mum serving as nanny. Her aloofness, though, goads Art into being tougher.

Our senses are jacked by the one-two punch of Marco Costa's quicksilver editing and Sayombhu Mukdeeprom's cinematography jumping from regular speed to slow-motion to hyper-drive. The blasted balls come shooting directly at the camera. The sound design jolts like rifle shots with each slap of the racquet.

Trent Reznor and Atticus Ross, who often induce catatonia in their droning soundtracks, have techno tunes effectively thumping like the players' heartbeats.

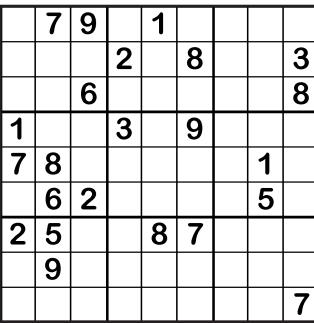
Even though the characterization is rather slim, director Luca Guadagnino (Call Me by Your Name, Bones and All) keeps us engaged. Guadagnino kiddingly milks the final sequence for all its worth, a tiebreak serve agonizingly taking forever. Will their match decide anything?

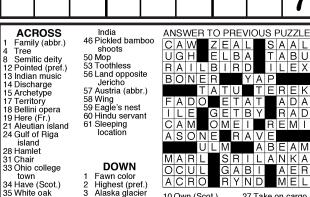
Competition in sport and love gets a refreshing turn in Challengers.

and proverbs from around the world. Each letter stands for another letter. Hint: "F" = "B"

"NQKEKYHH QH WZY CTKPBTPY AZQUZ WZY EYTV UTK ZYTO TKE WZY FCQKE UTK HYY."

- JTON WATQK





Trio Belonging to

36 Succor

37 Television band

abbr. 38 Glass (pref.)

39 High (Lat.) 40 Seven (Ital.)

42 Autumn pear

44 Mulberry of

Oriental potentate

Consort of Siva Misrepresent



26 Redact

30 Woof 32 Variation (pref.) 35 Mother of gods 39 Accountant 25 Hall (Ger.) (abbr.)

43 Feminine saint (Sp.) 45 Guide

28 Sic 29 Us dam

47 Mayan year 48 Tamarisk 49 Peruse 50 Small (Scot.)

51 Sorrow 52 Berne's river

54 Two (pref.) 55 Noun-forming

(suf.)

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First responders relay added

By Lucas Punkari - TB Source

Dylan Patterson knows firsthand just how big of a deal the Firefighters Ten Mile Road Race is.

He remembers the old grade school relays to train towards competing in the road race and then going on to run in the race after following in his father's footsteps and becoming a firefighter.

"I came back from fire school in 2018, and I ended up running in my gear," Patterson said.

"I will admit . . . I wasn't in prime shape at the end of that one.

"Then, in my first year as a firefighter for the city, I ran in it again, and I got the Ed Fokens Award for the fastest rookie. There's a lot of traditions that go along with this event and to carry that on is very important."

A new tradition is being added to this year's race, which will be held on May 20.

The firefighters are inviting members of the police and EMS services to take part in a First Responders Relay Race challenge. The race will feature five competitors running two miles of the course.

"Cardiovascular health is really important for first responders," Patterson said.

OR SCAN THE QR CODE



Racers leave the starting line at last year's Firefighters Ten Mile Road Race. (Leith Dunick/FILE)

"You can go from 0 to 60 pretty quick, and your heart can feel like it's jumping out of your chest when the fire alarm goes off, or you have to go out to a call in the middle of the night.

"Everybody deals with stress like that, and cardiovascular health is something that we might not think about at times as our lives are busy and we fall out of fitness routines. "So, we're encouraging everyone to join us for the run. It doesn't matter what uniform you wear – we're one big family."

In addition to the First Responders relay, the open division relay is returning this year, which is for all ages.

"We're trying to generate interest and participation from youngsters, and the relay race

gives that opportunity for people that maybe haven't done a long run or haven't been able to prepare or train up for it," said race director Hebert Daniher.

"Now they can join a relay team and still be part of the race-community and be part of the race experience."

Daniher has been involved with the Road Race since the 1970s. He ran every year until health issues moved him to an administrative role.

"Fishing is everybody else's hobby on the May long weekend, but for runners, it's the road race," Daniher said.

Online registration for this year's race, which can be done on the Road Race's website, closes on May 13.

Daniher also stressed that the organizing committee is in need of volunteers, especially for the position of barricade marshals.

"A lot of the people that used to volunteer have either aged out or haven't returned after we had the break due to COVID," Daniher said.

"The job isn't too onerous. You just set up a couple of barricades and then you basically get to cheer on the runners as they make their way down the course."



George stars at U18s

Leith Dunick

SPORTS SHORTS

Carter George's draft stock is definitely on the rise.

The Thunder Bay netminder has looked great so far at the U18 World Hockey Championship in Finland.

The 17-year-old won his first two starts, helping to lead Canada to a 3-0-0 record, including a 6-0 shutout of Czechia.

It's one thing to do it in the Ontario Hockey League, and something different to do it on the international stage.

Sure, he allowed three goals against Sweden, but they're always a tough foe.

George is the latest in a long line of goal-

tending prodigies to emerge from Thunder Bay, following in the footsteps of former NHLers Alex Auld and Carter Hutton, and current NHLers Mackenzie Blackwood and Matt Murray, who missed all of the current season dealing with injuries.

Add in Ryan Fanti, serving as the EBUG in Edmonton in the playoffs and that's a pretty good pedigree.

George is ranked as the No. 2 goaltender in North America, and it wouldn't surprise me at all to see him land high in the second round this year, likely hearing his name called on June 29 in Vegas.

As Thunder Bay's Coleman Hell once sang, "There must be something in the water..."

I'm astounded by the number of bad starts major league hitters are off to this season. As of Monday morning, 25 qualified hitters were batting under .200, the so-called Mendoza line.

It's a list that includes the obvious, freeswinging power hitter Joey Gallo, but also some big surprises, notably reigning NL rookie of the year Corbin Carroll (.189) and Colorado's Nolan Jones (.170), along with Javier Baez, Christian Encarnacion-Strand and

Nolan Gorman, who played for the U.S.A. at the 2017 U18 Baseball World Cup here in Thunder Bay.

For context, last year at season's end there were just two players who qualified for the batting title who failed to hit .200 or better. Now, some of these guys are going to lose their job and won't qualify when September ends. But still...

At least there aren't any Blue Jays on the list, though Bo

Bichette, Vlad Guererro and George Springer are close, none of them hitting better than .219 after last weekend's action.

Thursday, May 2, 2024

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Wanted, Firearms, Rifles, Shotguns, Cannons, Military items, single items or entire estates, I have proper permits to purchase. Call 807-627-4764

53. GENERAL SERVICES

#1 dump runs, trash/yard clean up: inside/outside. Tear down sheds, decks, fences. Also repair. Cut/remove small trees, trim hedges, lawn cutting + general maintenance/services. Call Frank 807-628-5919.

#1 YARD CLEAN-UPS: Grass cutting, garbage dump runs, yard clean up/raking leaves and trees trimmed. Phone Byron 807-474-8870 or 807-768-9849

CHRISTINA'S HOME AND GARDEN. Residential & Commercial landscaping, spring clean-up, grass cutting, lawn maintenance, dethatching, fertilizing, planting, dividing, weeding, edging, hedge/tree/shrub trimming and shaping and much more. Call 621-1505

SUNSHINE LAWN MAINTENANCE, lawn. yardwork, many odd jobs,(seniors rates) all inquiries welcome 807-631-6967.

TREE REMOVAL SERVICES. In town/rural. ++experience, Man-lift, backhoe services, insured, and seniors' discounts! Very reasonable rates, free estimates. Call Jacques (Jack) 807-345-4363



Additional Thunder Bay

PUZZLE ANSWERS



8	7	9	6	1	3	2	4	5
5	1	4	2	9	8	7	6	3
З	2	6	7	4	5	1	9	8
1	4	5	3	6	9	8	7	2
7	8	3	5	2	4	6	1	9
9	6	2	8	7	1	3	5	4
2	5	1	9	8	7	4	3	6
6	9	7	4	3	2	5	8	1
4	3	8	1	5	6	9	2	7

ENIGMA SOLUTION: "Kindness is the language which the deaf can hear and the blind can see."

Mark Twain







*5*95 ARTHUR ST. WEST For Franchise Opportunities call 1-800-661-2123

FISH & CHIPS

Buy a 2 piece Alaska Pollock & Chips plus 2 beverages, get the 2nd 2 piece pollock FREE!

No substitute. 1 coupon per visit. Must present coupon before ordering. Not valid on Tuesday or Good Friday. Cannot be combined with any other offer. Coupon expires: May 31, 2024





Clean Out Your Old Items and Fnd Them a New Home. (and money for you!)

TBSouce Classifieds

807.346.2600

