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YOUR COMMUNITY NEWSPAPER

Canadian Publications Agreement No. 0662445 Vol.17 No. 2

THURSDAY, JANUARY 9, 2020

# **INSIDE**



**City starts budget process** \$6M more than 2019 /4

## **MOVIE MAGIC**



**Bombshell, Little Women** showcase female leads /14

SCOTTIES COMING



City lands 2021 women's curling championship /3

# First baby of 2020s

Rylie Sylvia Anne Noga born to Michelle Medendorp and Josh Noga at 2:51 a.m. on New Year's Day /2



DECADE'S DEBUT: Ryleigh Sylvia Anne Noga was born at 2:51 a.m. on Jan. 1, at Thunder Bay Regional. She weighed five pounds, nine ounces and measured 50 centimetres in length.

The all-new

Roam Away **Daily Pass** 













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# LOCALNEWS

# City's first baby of 2020s a girl

## THUNDER BAY By Leith Dunick - TB Source

Michelle Medendorp and Josh Noga had no idea they would be the parents of Thunder Bay's first baby born in

Their daughter, Ryleigh Sylvia Anne Noga, had a different idea.

Not due for three more weeks, the little one decided to enter the world a little early, born at 2:51 a.m. on Wednesday, weighing five pounds, nine ounces and measuring 50 centimetres in length.

She was the first baby for both her parents, who called it a life-changing

"It's extremely exciting. She came

three weeks early, so she couldn't wait to come out and meet us. We couldn't be more thrilled," said proud father, Josh.

His partner said it's a bit of a shock to find out Ryleigh is the 2020 New Year's

"It's unreal," she said.

Until Ryleigh was born, the couple had no idea if she was a boy or a girl.

"We wanted to wait to find out," Noga

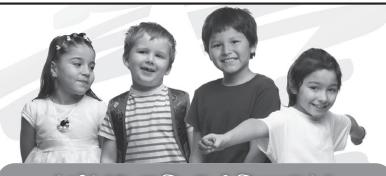
"It's pretty exciting having the first baby of 2020 and the decade too.'

"We weren't expecting it," Medendorp

The couple was gifted with a onesie announcing Ryleigh as the New Year's baby of 2020 and some stuffed animals.



FAMILY FIRST: Michelle Medendorp and Josh Noga welcomed their first child, daughter Ryleigh Sylvia Anne Noga, on New Year's Day.



# KINDERGARTEN REGISTRATION WEEK

Monday, January 27 - Friday, January 31, 2020

We are excited to offer full-time (full-day, every day) learning for our Junior (Year One) and Senior (Year Two) Kindergarten students in all Lakehead Public Schools. Children who will be 4 on or before December 31st, 2020 are invited to attend Junior Kindergarten (Kindergarten Year One) in September. We are proud to welcome you to our family!

## **Kindergarten Information Session**

Monday, January 27 | 7:00 PM

You are invited to explore the world of Kindergarten, discover the learning adventure that awaits your child, and take a moment to enjoy the expo of community early learning partners.

#### **Kindergarten Open House**

Thursday, January 30 | 6:30-7:30 PM All Schools

Join us at your neighbourhood elementary school to celebrate school communities and young learners. Explore the Kindergarten classroom, meet your Kindergarten team, get comfortable in the school, and register your child for school in September



register.lakeheadschools.ca



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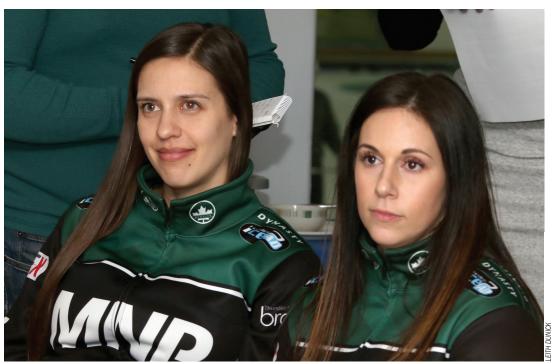
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# LOCALNEWS



LONG-AWAITED: Team McCarville's Sarah Potts (left) and Ashley Sippala are excited about the Scotties coming back to the city.

# **City lands Scotties**

Thunder Bay will host women's curling championship in February 2021

"Of course it

puts a little

bit of

pressure on.

because we

want to be

curling in

this."

KRISTA

**McC**arville

## CURLING

By Leith Dunick - TB Source

Twenty-four years ago, the last time the Scotties Tournament of Hearts was contested at Fort William Gardens, Krista McCarville was 13 and sweeping up trash as a volunteer at the event.

A quarter of a century later, in 2021, the seven-time provincial champion hopes to sweep away Northern Ontario's 32-year-old national women's curling championship drought, doing it on home ice.

On Tuesday, officials from Curling Canada made it official, awarding the 2021 Scotties Tournament of Hearts to Thunder Bay.

The event will take place from Feb. 19 to Feb. 28.

McCarville, a finalist at the 2016 Scotties, said it's about time.

"Of course, it puts a little bit of pressure on, because we

want to be curling in this. We don't want any other team in Northern Ontario to be here. This is our city. We want to be here curling. Ideally it would maybe be best to be Team Canada curling," McCarville said, moments after the announcement was made at Fort William Curling Club.

"We're going to do our best this year and if we're in the play-downs next year I'm absolutely going to give it my all and we're really excited."

Teammate Ashley Sippala, who was in Grade 3 when the 1996 Scotties was held in Thunder Bay, said it would be a dream come true to be one of the team in the mix next year.

"To now get the chance to play in that, along with the memories from when you were little, is super amazing. It's a great curling community and exciting for everyone."

Sippala teared up at the thought of taking part in 2021, should Team McCarville make it through what's expected to be a competitive play-down.

"I've got two young kids, so they could come and watch, which would be super exciting, and family members who always support us behind the scenes, it's closer for them to come watch. That would mean the world to us to be able to have that here," Sippala said.

Team McCarville coach and two-time world champion curler Rick Lang, the co-chair of the local bid committee, said it's a great day for the sport in Thunder Bay.

"People don't understand, who haven't been to one, how big an event it is. It's going to be huge for Thunder Bay. I don't think you have to be a curler to really enjoy this event. It's going to really impact our community in such a great way," Lang said. "I think energy-wise and spirit-wise and obviously economically."

According to Community Economic Development Commission CEO Eric Zakrewski, the 2021 Scotties will have a \$7 million economic impact on Thunder Bay, returning \$18 for every one of the \$400,000 put up by the city to land the bid through the municipal accommodation tax.

That's good business, said Mayor Bill Mauro, adding he's thankful Curling Canada accepted the

application.

"And that doesn't even quantify the free publicity, the 70 hours of televised coverage from the city of Thunder Bay that you're going to get," Mauro said.

More than 1,200 people have committed to purchasing tickets to the 2021 Scotties, with more than 800 signing up to volunteer.

It's a big reason the city was chosen, said Curling Canada CEO Katherine Henderson, a Thunder Bay native.

"This is a dream come true for me," she said. Henderson, who said she's quite confident the soon-to-be 70-year-old Gardens will be a great

venue for the Scotties, said the bid committee did its job, up against other communities, which she did not name, to land the event.

"This bid, it was professional. It was extremely thorough and well done and the committee just knocked it out of the park in terms of helping us understand volunteerism, tourism, the people – all of those other things. It was an incredibly good bid."

Tickets are expected to go on sale in the next month.

# **Weather Forecast**

# FRIDAY



**THURSDAY** 

HIGH-2 LOW-6

**SUNDAY** 

**Scattered flurries** 

Probability of Precipitation: 40%

HIGH-8 LOW-8

Snow
Snow
Sun and clouds
Probability of Precipitation: 80%
Probability of Precipitation: 2

# Probability of Precipitation: 20% HIGH -6 LOW -20

# SATURDAY



Sunny

Probability of Precipitation: 10% HIGH -16 LOW -20

## **MONDAY**



Probability of Precipitation: 70%
HIGH -4 LOW -10

# TUESDAY



A mix of sun and clouds

Probability of Precipitation: 30% HIGH-6 LOW -12

# 3 Reasons to Take Vitamin C and Lysine Now!

W. GIFFORD-JONES, MD

### 1. Immune Health

This is a no-brainer – Vitamin C supports a healthy immune system which is essential in cold and flu season. Vitamin C and frequent hand-washing are two of the easiest steps to take for staying healthy.

Collagen Formation for Heart Health and more...
 Vitamin C is required to manufacture healthy collagen, the glue that holds cells together, just like mortar is needed for bricks.

Lysine, like steel rods in cement, makes collagen stronger. A lack of

vitamin C and lysine results in poor collagen and weak arteries. Coronary arteries are under more pressure than any other artery in the body. Without sufficient vitamin C and lysine the constant pounding causes minute cracks in collagen, contributing to atherosclerosis, blood clots or rupturing of a weakened artery, resulting in a stroke. Collagen keeps gums and cartilage healthy too – reducing tooth loss and painful joints. If that's not enough, all the beauty experts will also tell you collagen helps keep skin looking vouthful.

## 3. Wound Healing, Cold Sores, Shingles

The essential amino acid lysine is probably best known for its use in those with herpes simplex infections. It helps reduce the severity and duration of cold sores, and combined with vitamin C promotes wound healing and helps fight shingles infections.

To maintain optimal health and improve your chances of reaching 90+, I recommend **Medi-C Plus®** with high dose vitamin C and lysine – just mix with your morning juice. I started taking high dose vitamin C and lysine after my heart attack 20 years ago: I still enjoy travelling, writing my columns and I also rappelled down Toronto City Hall to help raise funds for Make-A-Wish® Canada. *I turned 95 this year - not bad!* 

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# LOCALNEWS



MONEY MATTERS: City manager Norm Gale last Friday unveils the city's proposed 2020 municipal budget at city hall.

# City budget \$6M more in 2020, cracks \$200M

The 3.17 per cent increase is still subject to council deliberations

"Where this

**budget lands** 

will be

determined

by council."

NORM GALE

CITY HALL By Doug Dlaczuk - TB Source

ncreased expenditure of nearly \$2 million for the Thunder Bay Police Service and reduced provincial funding has pushed the city's proposed 2020 municipal taxy levy up by more than \$6 million over last year's total.

The city's proposed 2020 capital and operating budgets were released last Friday morning and include a municipal tax levy of \$200.2 million, an increase of 3.17 per cent.

The increase after growth is \$4.5 million or 2.32 per cent

The number is subject to change through the budget process.

"Those numbers do not reflect the expected increase of property tax for property owners," said Thunder Bay city manager, Norm Gale. "There's a series of decisions that are made downstream that are not limited to council decisions over budget deliberations. And this includes the tax rate that will be set, the valuation of properties that is set by MPAC, and this will be better understood and known in May."

"Where this budget lands will be determined by council," Gale continued. "Council will make a series of decisions and a final decision. That is what the process is for the next six weeks."

One of the most significant drivers of the proposed 2020 budget is an expansion and increased expenditure of \$1.9 million to the Thunder Bay Police Service.

"Clearly the costs for police services have been increasing substantially every year for the previous half-dozen or 10 years," Gale said. "Those increases are greater than increases for other services, including other emergency services like EMS and fire. The costs of policing are increasing exponentially and faster than any other service we are providing, so it is a significant challenge for us on the budget side."

Gale referred to the growing issue of guns and gangs in the city and the strain it is placing on the police service. The northwest missing out on significant provincial funding to combat guns and gangs, which largely went to the Greater Toronto Area and Ottawa, also presented challenges

"The city is doing a lot," he said. "There is a significant amount of advocacy in Toronto and Ottawa to ensure that provincial and federal decision makers are aware of our need for help."

Reductions in funding from the provincial government has also placed strain on the upcoming 2020 budget, including the Ontario Municipal Partnership Fund, which has been reduced by \$700,000.

"The city of Thunder Bay like every municipality in

Ontario relies on government funding," Gale said. "We are grateful and we are happy we get the funding we do, but that funding is decreasing. We are getting less funding now than we used to and that will cause changes on our end for what has to happen. Different options are the municipal property owner will pay more to maintain status quo or we decrease something to maintain the tax levy."

Gale is calling this a status quo budget, which was requested by city council in spring 2019 and means there is no significant changes or reductions to service levels, programs, or infrastructure projects.

The proposed capital budget of \$68.7 million, which is down from \$75.3 million in 2019 includes the continuation of a major \$4.8 million road renewal project and other projects proposed for the upcoming year.

"Some of the projects that will be undertaken in 2020 include the Balmoral Street reconstruction from Hewitson to Alloy, four new pedestrian cross-overs that are proposed, the Marina Park pedestrian overpass rehabilitation, and \$3.2 million is being proposed to the new parks and open spaces including playground replacements, trail lighting, and continued emerald ash borer response," said city treasurer, Linda Evans.

Public pre-budget and post-budget deputation meetings will be held on Jan. 9 and Feb. 3 at 6:30 p.m. at city hall in council chambers. Council's budget reviews will take place on Jan. 14, 16, 22, and 29, with approval expected on Monday, Feb. 10.



# Loon could face 17 years in beating death

Victim, Robert Gray, was left to die in a pool of his own blood

COURT
By Doug Diaczuk – TB Source

Aman who pleaded guilty to manslaughter for the 2017 beating death of 50-year-old Robert Lloyd Gray will learn later this month how long he will serve for his second manslaughter conviction

A sentencing hearing was held in a Thunder Bay Courtroom on Monday for Garnet Loon, 44, who pleaded guilty to manslaughter in November 2019 for his role in the death of Gray of Mishkeegogamang First Nation.

Crown attorney, Trevor Jukes and defense counsel, Danial Gunn, provided Justice Danial Newton a joint submission with a range of time in custody between 13 and 17 years.

During the hearing, Jukes read into the record the agreed statement of facts, which detail the events that led to Gray's death.

According to the agreed statement of facts, Thunder Bay Police Service received a 911 call on July 1, 2017 after two

women who had not heard from him for several days discovered the body of Gray inside a residence on the 200 block of Carl Avenue. When police arrived, Gray was found deceased on a stairwell and the body of 22-year-old Kory-Lee Campbell was discovered in the living room. She was found lying on her back with an arm across her face and blood and hair in her hand.

It appeared as though an altercation had taken place inside and there was a substantial amount of blood found on the walls and on the living room floor.

A post-mortem examination found multiple blunt impact traumas to Gray's head, as well as contusions and lacerations over the face. Gray suffered an axonal injury to the brain and the impact injuries indicate survival of a period of hours prior to death.

Garnet Loon, along with his daughter, Kailee Loon, were located in Sioux Lookout and charged with second-

"There was

no attempt to

render

assistance."

**TREVOR JUKES** 

degree murder in relation to Gray's death. Kailee Loon was also charged with assault in connection to Campbell's death.

During the investigation by Thunder Bay Police, which included evidence provided by Kailee Loon, the incident took place on the night of June 27. Kailee Loon, along with Garnet Loon and Gray were at the Carl Avenue residence consuming alcohol.

Campbell, who is the stepdaughter of Garnet Loon, arrived unannounced and was upset over the recent death of her boyfriend and Garnet Loon and Gray



MURDER SCENE: Police investigate the 2017 deaths of Robert Gray and Kory-Lee Campbell.

became annoyed that she was crying and told Kailee Loon to beat her up.

The two women then began to 'box' in the living room, encouraged by both Gray and Garnet Loon.

Both women had bloody noses and Campbell was upset that the men had encouraged she and Kailee Loon to fight.

Garnet Loon and Gray then began to argue, with Gray upset with Garnet Loon's treatment of Campbell. The argument turned physical and the men exchanged punches. Gray was knocked down after being hit in the face and Garnet Loon struck him in the head several times with a skateboard and Gray stopped moving.

Garnet Loon then told Kailee Loon to get a knife from the kitchen and she was only able to find a two-pronged fork and she said she saw Garnet Loon making a thrusting motion with the fork towards the body of Gray.

Gray's blood was found on both the skateboard and the fork, which had its prongs bent back.

Garnet Loon and Kailee Loon left the residence and were observed on CCTV video. It was determined that Gray was still alive when they left and moved to the stairwell where he was found.

Kailee Loon pleaded guilty to assault in connection to Gray and Campbell's deaths and she has since been released from custody after being sentenced to one day less time served. The Crown and defense presented a

joint submission with a range of time in custody between 13 and 17 years. In his submission, Gunn, who is representing Loon, said his client has expressed remorse for his actions.

"Loon wanted to accept responsibility

"Loon wanted to accept responsibility because he killed his friend," Gunn said. "This hurts because he was his closest friend."

During his submission, Jukes referred to the brutal nature of the beating inflicted upon Gray, as well as Loon's previous conviction for manslaughter.

"Part of the beating occurred while he was defenseless, that he was left at the time, in a pool of blood in the living room," Jukes said. "There was no attempt to render assistance."

Loon was found guilty in 2009 of manslaughter for his role in the beating death of 18-year-old Jordan Achneepineskum.

"The range of 13 to 17 is appropriate," Jukes said.

"The court has to be concerned about the safety of the public."

When given the opportunity to speak, Loon apologized to the family of Gray.

"My actions were inexcusable," he said.

Loon is being credited with 920 days of pre-sentence custody, enhanced to 1,380 days, or three years and 10 months.

Justice Newton is expected to return with his sentence on Jan. 29.







# Editorial

**EDITORIAL** 

# It's budget time again

anuary is always fun for city hall reporters in Thunder Bay.

With the holiday festivities in the rearview mirror, the city's budget process slips into high gear.

Once thing's as sure as death and taxes in this city – and that's that the municipal levy never drops below the previous year.

In 2020, this means a \$6 million increase in the levy, the amount of money the city needs to take in from all taxpayers.

Essentially the city plans to spend 3.17 per cent more than it did last year.

In fairness to administration, a third of that cost, \$1.9 million, comes because of an increase to the Thunder Bay Police Service budget.

The increase is fluid. Council still must delibertate and approve the final levy, which could likely drop if budget hawks like Rebecca Johnson have any say in the

Existing taxpayers won't likely see a 2.32 increase, the estimate after growth when all is said and done.

It could be lower, but it also could grow, if councillors are successful adding items through the budget process.

The public can have their say on the budget before deliberations on Jan. 9 at 6:30 p.m. at city hall, and after the talks have happened, on Feb. 3.

If you don't like the fiscal direction the city is taking, now is the time to have it out with elected officials face to face and not anonymously on social media.

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BLAST FROM THE PAST: About 300 people were on hand last Wednesday at the O'Kelly VC Armoury for the unveiling of a time capsure put together in 1995.

# Comuzzi letter time capsule gold

THUNDER BAY By Leith Dunick -TB Source

wenty-five years ago, then Liberal MP Joe Comuzzi had plenty of questions he wondered if there would be answers to by 2020.

"Is Fort William Gardens still standing?"

"Did the One Hospital Concept ever become a

"Is Jean Chretien still Prime Minister? Or is he a senator by now?

"Is there a hotel on the waterfront with a revolving restaurant?"

"Are the roads of Northwestern Ontario still being plowed in winter? Or has conventional snow removal been removed and replaced by a laser beam system?"

Comuzzi's letter was part of a feast for local historians, who on Wednesday got a chance to take a first-hand look at what the people of the day thought best represented the city in 1995 and what might most interest those who cracked open the time capsule at the annual New Year's Day levee at the O'Kelly VC Armoury in honour of the 50th anniversary of the amalgamation of Port Arthur and Fort William on Jan.

Also unearthed was a bib from the World Nordic Games, held at the now closed Big Thunder 25 years ago, a Thunder Bay Hydro flag signed by the public utility's employees of the day, tobacco from Fort William First Nation, a book of music by young composers, black-and-white pictures of both the council of 1970 and 1995.

A Thunder Bay Chamber of Commerce directory and a news clipping of the first baby born in the city in



LOOKING BACK: City archivist Matt Szybalski.

1995, Kylie Jessica Bennett, who arrived at McKellar General Hospital, was also among the treasure trove.

City archivist Matt Szybalski, who donned white gloves alongside Lieut.-Gov. Elizabeth Dowdeswell, Mayor Bill Mauro and city clerk Krista Power to unveil the time capsule's contents, said he was surprised at the variety of items it contained.

"It's a really good cross-section, and it's not even all that was in the box. We opened it about a week or so before Christmas and there was just too much stuff to actually bring over," Szybalski said.

"Eventually it will all be displayed either digitally on our website or in a display case in city hall."

Szybalski said time capsules are an important exercise to give people a window into the not-too-

"People have a need or a desire to capture the moment in which they are living in, hoping to communicate that to a future generation," he said, "whether it's 25 years down the road or more."

Mauro said it was interesting to see what had been placed inside the time capsule.

The pictures were what intrigued him most.

"So many of the faces were familiar to me people that I know personally or professionally, and each of those faces brings back some memories. It was exciting to be a part of that, and I hope the people that are here today have an opportunity to get a closer look," said Mauro, who is offering up a lucky loonie, in a nod to the Canadian icemakers at the Salt Lake City Olympics, for the city's next time capsule.

Szybalski said the contents of that capsule will be decided upon later in 2020.

"Over the next year we're going to be going through the exercise once again and collecting suggestions from the public for things to put into another time capsule," Szybalski said.

"We're not sure whether we're going to open that one in 25 years again, or whether we wait 50 years, because then it will be the 100th anniversary of Thunder Bay."

# <u>Perspective</u>

# **Identifying UFOs**

# Mystery object in the sky turns out to be a satellite

OPINION By J.R. Shermack Special to TB Source

have never been abducted by aliens nor have I ever witnessed anything that could be classified as a genuine Unidentified Flying Object.

But a few nights ago I saw something speeding across the clear winter sky and for a very brief moment I wondered if it might be my first UFO sighting.

When I look at the night sky I sometimes see aircraft flying high above my head and higher than that, bright satellites zooming toward the

The light I saw that night was a little different - I didn't see the flashing lights of a plane, it was brighter than a normal satellite (maybe a little closer?) and it flew very fast.

## Kept an eye out

I followed its path for a minute or so and then went inside before my imagination got the better of me - I wasn't sure what it was but I ruled out aliens.

A couple days later a friend told me of a similar sighting, except it was a series of lights travelling like a high-speed train across the

After the initial thrill of first contact we figured out exactly what it was - not a UFO but an IFO, an identified flying object.

We saw the first of many satellites,

thousands actually, that are being placed in low Earth orbit by Elon Musk and his colleagues at SpaceX.

Outer space may be infinite and our celestial neighbors are light years away but our planet is surrounded by orbiting technology.

We are creating a cosmic trash heap much like we have generated earthly disasters such as the Great Pacific Garbage Patch.

If Elon Musk is successful, his Starlink Mission will make outer space a lot more crowded and hazardous as thousands

more satellites are deployed.

What passed overhead that night was evidence that his futuristic plans are well under way and Starlink is already twinkling in the sky.

It has been described elsewhere as "a line of satellites, like soft lights on a string" and like

everything Mr. Musk does, this is a very ambitious project.

In addition to the 120 already launched, 12,000 additional satellites have already been approved and Mr. Musk is requesting permission for 30,000 more.

His plan is to make broadband services accessible to the entire planet and it may require over 40,000 satellites to make it so.

This engineering achievement is intended to provide internet access to people in remote areas by competing with existing internet monopolies.

"We are

creating a

cosmic trash

heap..."

Starlink is expected to democratize satellite-based communication, break open human potential and empower isolated communities.

It will make the internet available to three billion more users worldwide, providing a huge economic boost to global wealth and equity.

Twinkle, twinkle little star will never be the same - space has been commercialized and is being lit up like a casino in the cosmos.

And just like with gamblers in Las Vegas, there will be winners

and losers.

#### **Fast**

Starlink will move data 50 per cent faster than existing fiber-optic cables and this will be a boon to the financial community, facilitating billions in additional profits.

And that explains why Mr.

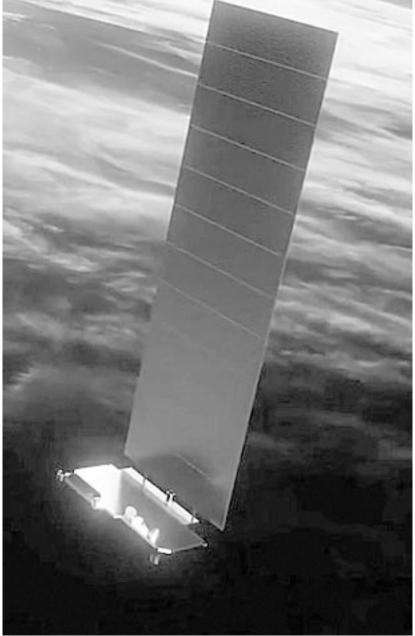
Musk decided to spend his billions on this project - he hopes to earn those billions back

many times over. But astronomers are worried that as the night sky is transformed it could dramatically impact their

work and might mean the end of

Earth-based radio telescopes. The rest of us will eventually be able to download movies and tweet a little faster thanks to the thousands of IFO's flying above us.

Just be careful – the next time you wish upon a star, it might be a Starlink satellite taking your request.



HIGH IN THE SKY: SpaceX may revolutionize communications with its StarLink satellites.

# A look back in history Young Men's Christian Association was established in Fort William in 1913. This picture was taken in the 1940s at the corner of Leith and Myles Streets. It was a popular association for men in the early days of Fort William and Port Arthur as it offered a variety of activities. THUNDER BAY

## **HOW TO WRITE US:**

etters to the editor are most welcome. Those kept to 350 words or less

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author. Address them to: **Thunder Bay Source** 87 North Hill Street, Thunder Bay, ON P7A 5V6

Email: ldunick@dougallmedia.com Visit our website: www.tbnewswatch.com

## **WEEK'S POLL QUESTION:**

Is a \$6-million increase in spending by the city reasonable? VOICE YOUR OPINION ABOUT THINGS THAT MATTER MOST.

VISIT www.tbnewswatch.com

TO SHARE YOUR IDEAS AND VIEWS ABOUT OUR WEEKLY POLL QUESTION.

**TOTAL VOTES: 859** 

**YES NO DON'T** KNOW 25.73% 65.19%

9.08%

# **REVIEW**

# Review of Proposed Operations: Information Centre Dryden Forest 2021-2031 Forest Management Plan

The Ontario Ministry of Natural Resources and Forestry (MNRF), Dryden Forest Management Company Ltd. and the Dryden Local Citizens' Advisory Committee (LCAC) invite you to participate in the development of the 2021-2031 Forest Management Plan (FMP) for the Dryden Forest.

## **The Planning Process**

The FMP takes approximately three years to complete. During this time, five formal opportunities for public consultation and First Nation and Métis community involvement and consultation are provided. The second opportunity (Stage Two) for this FMP occurred on October 23, 2019 when the public was invited to review and comment on the long-term management direction. This **'Stage Three'** notice is:

- To invite you to review and comment on:
- the details of access, harvest, renewal and tending operations for the ten-year period of the plan, and
- the proposed primary and branch road corridors and the proposed operational road boundaries for the ten-year period of the plan, and
- To request contributions to the background information to be used in planning.

#### How to Get Involved

To facilitate your review, an information centre will be held at the following location from 3:00 p.m. – 7:00 p.m. on the following day:

Wednesday, January 22, 2020 Best Western Plus Dryden Hotel & Conference Centre 349 Government Street, Dryden, ON

The following information may be obtained at the information centre:

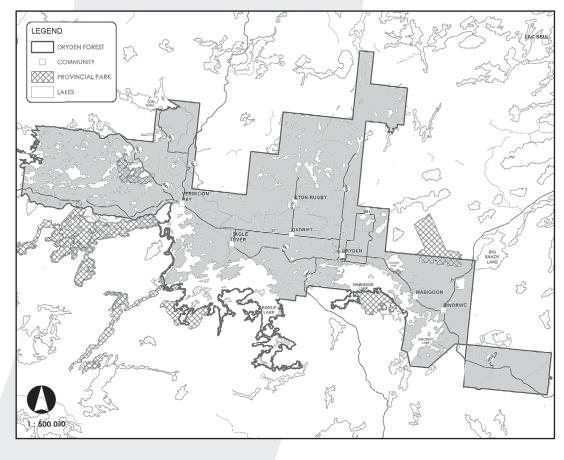
- Summary of the MNRF Regional Director preliminary endorsed long-term management direction; and
- · Summary map(s) of:
- the planned areas for harvest, renewal and tending operations for the ten-year period of the plan; and,
- the proposed corridors for new primary and branch roads for the ten-year period of the plan.

In addition to the most current versions of the information and maps which were available at Stages One and Two of the public consultation, the following information will be available at the information centre:

- Summary of public comments and submissions received to date and any responses to those comments and submissions;
- · The proposed road use management strategies; and,
- The list of required modifications resulting from the public review of the long-term management direction.

The detailed proposed operations will be available for review and comment at the Dryden Forest Management Company Ltd. office and the MNRF Dryden District Office at the locations listed by appointment during normal office hours for a period of 60 days: January 22, 2020 – March 23, 2020. Comments on the proposed operations for the Dryden Forest must be received by DJ Armit of the planning team at the MNRF Dryden District Office by March 23, 2020.

Meetings with representatives of the planning team and the LCAC can be requested at any time during the planning process. Reasonable opportunities to meet planning team members during non-business hours will be provided upon request. If you require more information or wish to discuss your interests and concerns with a planning team member, please contact one of the individuals listed:



DJ Armit, R.P.F.

Management Forester MNRF Dryden District Office 479 Government Street, Floor 1 P.O. Box 730 Dryden, ON P8N 2Z4 tel: 807-223-7526 e-mail: dj.armit@ontario.ca Dave Legg, R.P.F.

Plan Author
Dryden Forest Management
Company Ltd.
28A Earl Avenue
Dryden, ON P8N 1Z5
tel: 807-223-7216, ext. 1
e-mail: fmp@drydenforest.ca

Paul Heayn

Dryden LCAC Representative c/o MNRF Dryden District Office 479 Government Street Floor 1 P.O. Box 730 Dryden, ON P8N 2Z4

During the planning process there is an opportunity to make a written request to seek resolution of issues with the MNRF District Manager or the Regional Director using a process described in the 2017 Forest Management Planning Manual (Part A, Section 2.4.1).

#### Stay Involved

The tentative scheduled date for submission of the draft FMP is **May 21**, **2020**. There will be two more formal opportunities for you to be involved. These stages are listed and tentatively scheduled as follows:

**Stage Four -** Information Centre: Review of Draft FMP **Stage Five -** Inspection of MNRF-Approved FMP

July 29, 2020 November 23, 2020

If you would like to be added to a mailing list to be notified of public involvement opportunities, please contact DJ Armit at 807-223-7526.

The Ministry of Natural Resources and Forestry is collecting your personal information and comments under the authority of the *Crown Forest Sustainability Act.* Any personal information you provide (address, name, telephone, etc.) will be protected in accordance with the *Freedom of Information and Protection of Privacy Act*; however, your comments will become part of the public consultation process and may be shared with the general public. Your personal information may be used by the Ministry of Natural Resources and Forestry to send you further information related to this forest management planning exercise. If you have questions about the use of your personal information, please contact Trevor Davis at 807-223-7522.



# LOCALNEWS



HOMICIDE: Police were called to a Victoria Avenue West residence.

# **Murder victim** 11 years old

By Doug Diaczuk - TB Source

The 11-year-old victim of a homicide at a south side home on Jan. 1 has been identified as the son of the accused who is now facing a second-degree murder charge.

Officers with the Thunder Bay Police Services were called to a home on the 200 block of Victoria Avenue West just after 7 a.m. on Jan. 1.

According to Det. Insp. John Fennell with the Thunder Bay Police Service, the incident was taking place as officers were

"As a result of going there, officers discovered it was a scene where a child was injured and transported to hospital where unfortunately succumbed to their injuries,"

The 11-year-old male was pronounced dead shortly after arriving at hospital. An injured 59-year-old man was also located in the residence and was transported to hospital for treatment. He has since been released from hospital.

Police are investigating the incident as a homicide and Courtney Marie Labelle, 34, of Thunder Bay was arrested at the scene and charged with second-degree murder and aggravated assault.

"We are working with the regional coroner's office," Fennell said. "A post mortem will be conducted most likely this weekend.'

Because the investigation is ongoing, Fennell could not release details related to the nature of the injuries sustained by the victims or if a weapon was involved.

The residence was not known to police and Fennell said he cannot speak to whether drugs or alcohol were involved.

"There does not appear to be outside influence on this," he said. "I will go as far as to say that this would not have ever been expected from this place or location."

Labelle made a court appearance on Wednesday and has been remanded into custody with a future date of Jan. 8.

The investigation is ongoing and Fennell said they are seeking information from the public that could assist.

"If anybody has any information in regards to the evening before as to where the accused was, would be helpful to this investigation, and to please contact our detectives at the police station at 684-1200 so we can learn where the accused may have been that evening," Fennell said.

Fennell added that services are in place to assist officers and first responders who may have been impacted by the scene.

IN BRIEF

# Police charge Atikokan man in bridge incident

24-year-old Atikokan man has been Charged with criminal negligence in connection with a collision to a Canadian National Railway overpass spanning Highway 61.

The collision, which took place on Nov. 5 south of the Thunder Bay International Airport, closed the highway for several days while repairs were made.

Tyler Anderson was also charged with failing to remain at the scene of a collision and

failure to report damage to property on the highway.

Ontario Provincial Police, who conducted the investigation, on Monday said the suspect is scheduled to appear in court on Jan. 28 to answer to the charges.

# Pot shop applications

The province began accepting applications for its newest round of cannabis store

licenses Monday, and at least two local hopefuls weren't wasting any time getting started. Kia Ora Kannabis and Rainbow on May both say they've already applied. Thunder Bay is still waiting on a cannabis retail store, more than a year after legaliza-

The provincial government recently scrapped its lottery system for licenses, which had come under heavy criticism for limiting the number of new stores.

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# TBLife

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# Indoor golf a winter haven

THUNDER BAY
By Ian Kaufman - TB Source

What's a Thunder Bay golfer to do through the city's long winter months? Local entrepreneur Chris Ferguson has one answer that's proving popular with locals.

Ferguson is the President of On The Links, a virtual golf and sports bar that opened just over a month ago. The bar offers four advanced golf simulators that give golfers a number of statistics on each shot they take. The systems allow participants to simulate playing classic courses like Pebble Beach or Augusta National, or try games intended to build technical skills.

"I don't want to say that it is the real thing, because it's not," concedes Ferguson. "But I like to say that it's the next best thing."

Ferguson says the response so far from the community has been overwhelming. On Friday, for example, 57 of a possible 60 hours of simulator time were booked. The clientele runs the gamut from seasoned golf veterans to children looking to learn the game.

Jacob Witiluk, 11, was at On The Links with his younger brother, Cole. They've played on the simulators a couple of times,



TEEING OFF: Customers play at an indoor golf simulator last Saturday at On The Links.

and say there are good options for younger kids learning the game.

"It helps you with your swing, so when golf time comes around, you're not super rusty," he says. "Every time I've played here, I get a little bit better."

Local golfers, including the president of the Thunder Bay Golf Association, have praised the simulators at On The Links as very accurate, saying they provide a good tool for golfers to keep up their game in the off-season.

"We only get a few months of summer," Ferguson says, "so instead of using a few weeks in the summertime to fine-tune your game, now you're doing it all winter."

# Household debt problems can be solved

My New Year's Resolution is to get my finances in order, but I have a lot of credit card debt and I don't know what to do to get it under control. Should I declare bankruptcy? I am worried this will make things even worse, any ideas?

Sincerely,

Julie (Drowning in Credit Cards)

#### Dear Drowning:

**D**on't beat yourself up about this debt, it can be fixed. Declaring bankruptcy

should be viewed as a last resort and I would exhaust all other solutions before contemplating this option. Yes, the bankruptcy will ruin your credit, however it is recoverable.

Once the bankruptcy has been settled and cleared, it is important to re-establish good credit right away. This could take up to three years to do so but remember to reach for your dreams you must do the incremental steps over time to get there. Money is not just for toys and possessions, it provides the

means for you to reach your goals and ensures your comfort, dignity, security and independence as you age. Be honest with yourself and be committed to change. Let go of any past indiscretions or setbacks and start new this year. It is a new decade, and a new start to clear your mind towards financial freedom.

If you are entering the year with considerable debt, there are a few other ways to fix this. The easiest method is to consolidate high interest loans into a new mortgage to

**IBBOTSON** 

MONEY LADY

capture a lower rate and increase monthly cash flow. This consolidation should be viewed as a one-time transaction to put you on the right road to a debt-free lifestyle and should never be used as a continuous solution to get

you out of future debts. If this is not an option, make a list of all your debts and begin to tackle one liability at a time. Pick the one you are going to concentrate on and put as much as you can down on this debt every month, whilst only paying the minimum payments on the other loans. Once this debt is paid, then move to the next

one, repeating the process of paying down one and maintaining the others with only minimum payments.

Once all the credit is paid, you can use these newfound funds to start a savings program toward investing. This is when you will stop feeling helpless. Be sure to avoid the tendency to sugar-coat your finances or make excuses to flee from finally resolving your debt this year. It is necessary for you to take action and get out of the victim mentality, finally creating certainty and options for your future. If this means finding ways to make more income, getting a new job, or cutting back on spending – then do it!

It is in the reach of every person to become financially comfortable. Let go of your old habits and create new ones!

Let's make this new decade your time to succeed. Dream big. Try new things. Save more. Believe in yourself and most of all, believe you are worth it.

Written by Christine Ibbotson, Author of "How to Retire Debt Free and Wealthy" Chris is a Canadian Financial Planner, Chartered Investment Manager, Insurance Broker, Commercial & Residential Mortgage Broker, Estate Planner and Taxation Expert, with over 25 years in Canadian Banking. Follow her on Facebook & Instagram. LIVE A HEALTHY LIFE BY MAKING POSITIVE CHOICES THAT IMPROVE YOUR PHYSICAL, MENTAL AND SPIRITUAL HEALTH.

# Lose weight, get healthy and feel great



DR. ALAN CRANTON DC

ON **H**EALTH

Chiropractic care benefits everyone. Most people consider going to a chiropractor only when they have "a problem". The 3 most common reasons people will search out chiropractic care are low back pain, neck pain and then headaches and migraines. There are hundreds of other reasons.

Patients of chiropractors who go beyond pain relief and continue for wellness care understand the long term benefits of having a healthy functioning spine and nervous system. They also understand that going in for regular spinal checkups before a crisis happens will save them time, money and grief in the long run. These "wellness patients" often incorporate other healthy habits into their lifestyles as well. Healthy habits that support a chiropractic lifestyle include movement and exercise, healthy eating, a positive attitude and quiet time in the form of prayer, meditation or yoga and walks. Get your spine checked regularly for a healthy, happy life.

Laser Therapy uses cold laser light to

stimulate healing, pain reduction and reduce swelling. We've had laser therapy in our office for 10 years and have a great variety of success stories from all kinds of conditions.

Our certified laser therapist is skilled and trained to help all conditions that we can accept and also incorporates kinesiology stretches and exercises into the treatment regime you receive. The most common conditions we treat are arthritic joints like knees, hips, backs and necks. Shoulders, wrists and hands are also treated on a regular basis.

Smoking Cessation using our laser therapy has about a 94% effectiveness rate. That means that just about everybody that completes our program quits smoking in the first two sessions, and there is a third appointment included in the program. As a bonus we also stimulate the appetite suppression acupuncture point to reduce the likelihood of gaining weight.

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**Upcoming Workshops:** 

ChiroThin - Wednesday, January 15th, 2020 @ 7 pm

Laser Therapy & Smoking Cessation - Wednesday, January 22 @ 7 pm.

Call 343-7932 to reserve a seat for these workshops, to book a free consultation or to book a chiropractic appointment.

Dr. Alan Cranton, DC is a Chiropractor practicing in Thunder Bay for over 34 years at the Thunder Bay Wellness Centre (formerly Cranton Wellness Centre). For more information, visit our website at www.tbaywellness.com and read our reviews





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Dr. Alan Cranton DC

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ON A ROLL: The North Shore Fat Bike Classic is scheduled for Saturday.

# Fat Bike Classic ready to roll



n 2017 almost 200 people put their frozen toes to the line for the inaugural Norpine Fat Bike Classic. While Thunder Bay had already run a fat bike loppet at Sleeping Giant Provincial Park, this was the first fat tire specific race ever held in Cook County, Minn.

It was a novel partnership between skiers, snowmobilers, resort owners, and athletes to create a winter event to showcase the growing popularity of fat bikes.

Even though the temperatures were -29C at the start, racers ripped through the course faster than expected and celebrated with a big

BBQ and party afterwards. 2018 brought the same excitement, the same frigid temperatures, and the same quality event.

Then, in 2019, fresh snow combined with temperatures well above the freezing mark gave us a completely different challenge.

As our leading group hammered up Ski Hill Road and into the mountains we enjoyed well-groomed trails and excellent snow.

However, shortly after the turnaround at the far end of the course, we started back on the same trail and encountered more and more riders trudging with their bikes through shin-deep snow that looked like mashed potatoes.

The heavy traffic and warm temperatures had taken a heavy toll on the trail.

Eventually, even the best riders were alternating between pedaling and running as they raced to the finish line.

The sense of accomplishment every athlete had after finishing this tough event was evident at the post-race awards party. One of the best things about fat biking is how variable the experience can be depending on conditions.

Looking at the forecast, this year's event promises to be the best one yet.

The race has been moved back one week to Jan. 11 and a new start/finish at Cascade Lodge adds to the refreshed format.

As well, the race course will now be held solely on the amazing Norpine Ski System, giving options for 14-mile and 26-mile races on well groomed snow and in some of the most stunning backcountry on the North Shore.

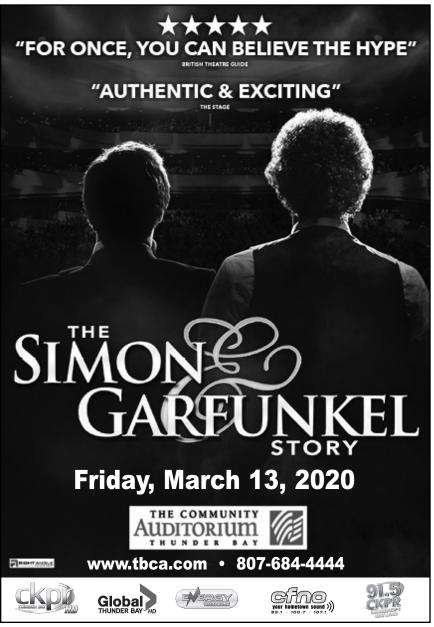
The Superior Cycling Association has partnered with Visit Cook County and the Norpine Trail Association to make this event possible and race organizer Jay Arrowsmith DeCoux, who also happens to be the mayor of Grand Marais, tells me there are still a few spots available.

In Thunder Bay, both Fresh Air and Rollin Thunder rent fat bikes, while Jay also rents them from his Grand Marais bike shop.

Challenging oneself is an important part of living the good life in the great outdoors, and we are expecting another big contingent of Thunder Bay athletes will be kicking off their fat bike season this weekend in Lutsen.

After Norpine, there are a number of fat bike events being planned right here at home.

The Thunder Bay Cycling Club's new fat bike director Christopher Jones is putting together an ambitious schedule that features classics like the Fat Bike Loppet at Sleeping Giant Park, the Loch Lomond races and a few surprise events at new venues too.







# **Decade of promise**

FRED

RURAL ROOTS

appy New Year! OK, so it has been just over a week since we celebrated the beginning of a new decade, a new "'20s"

A joke I saw on-line showed a photo of four ladies dressed in those 'flapper' outfits from the 1920's. The caption shouted "Welcome to the Twenties!" Right. Will they be "roaring" and if so, what kind of "roaring"? But it is very early days yet hopefully with promise.

My New Year was quiet and began positively. But just when I hoped that my nemesis, Murphy (of Murphy's Law) might take a break, he has visited twice so far, disabling the quad that we use to haul manure out of the

horse stalls and now Big Red, my ancient tractor, very necessary for keeping the driveways and yards clear of snow and pulling out vehicles that somehow veered a tad too close to the ditch and require Red and a chain to extract them.

It happened on Sunday. A couple of days before, I had changed the tractor's oil and filter that should be done periodically.

Along with the oil change I usually replace the two fuel filters that sit in glass bowls against the motor. It can be a tricky undertaking as one must fit the rubber O-rings just right on the filters. Then one must place and tighten in the hopes that no fuel will leak.

It usually takes me a couple of reefs on the nut and screw that hold the assembly together.

I accomplished both deeds although at one point my gloves got covered in both diesel fuel and oil as Clumsy Fred finished the job. And then I started up the tractor to make sure oil got into the oil filter, and retired to Casa Jones for a well-deserved mug of hot chocolate (I thought).

Everything seemed to be okay with no leaks as I checked where Red rests.

Then Sunday, I needed to fire up Red and snow-clear to get our hay trailer free. I managed to drive out of the shelter and then...Red died. The engine quit. I pressed the starter repeatedly and nada, it wouldn't catch. Now what?

The chap borrowing our hay trailer just happens to be a heavy equipment mechanic. He shows up, inspects my work on the fuel filter swap and declares that they weren't tight enough. "Diesel tractors can't have any air in their fuel lines," he says. Oh.

Anyway, we try again and this time Red behaves and I get the area clear so that we can free the hay trailer that has been buried in snow

My friend also happens to be a whizz with quad-runners. "I have to get hay for our horses and when I get it stowed at our farm, I will return to work on the quad," he says. Good. About time I get this thing running properly. Twice

the quad has quit running and I discovered gas in the oil. Knowing friends of my son suggested that it had to do with the carburator. Oh.

So, while he is off fetching hay, and after a bight to eat, I elect to troop outside once more and do more clearing where I usually store the hay trailer. I climb onto Red, try to start but no go.

I squirt some starter fluid in the air filter (seemed unnecessary since Red had been running only a hour and a half ago. The engine should still have been warm). Red fires up and again we pull out of the tractor shelter and then Red's engine dies. This time, however, no amount of inducement will get it going.

By now it is dark when friend returns with hay trailer. We fiddle with the fuel filters on Red.

We then notice fuel leaking from two turn on/off switches near the fuel tank that I turn off when changing the fuel filters. Somehow, I had forced them open too much and that was what was causing the very slow drip of fuel.

"I think that the fuel line is frozen," friend says. "Get a big tarp, cover the tractor, and put a heater underneath to thaw the fuel line," he instructs. "I'm going to remove the 'carb' from your quad and fix it at home."

What a guy.

So, I am up the creek (temporarily, I hope) with neither a quad or tractor. Oh joy.

Happy New Year, Murphy!

# **Shelter House raises \$200K**

THUNDER BAY
By Leith Dunick - TB Source

Christmas fundraising season was pretty good to Shelter House.

The homeless organization raised about \$210,000 through its Gift of Warmth campaign, about \$10,000 more than the \$200,000 goal unveiled in November.

That's great news, said Shelter House executive director Michelle Jordan on Monday.

"I think that we strive to provide advocacy to our clients, education to the public about what we do and homelessness, addiction, mental health and housing – so I think people are just seeing the work we're doing and are committed to the work that we're doing and they're helping out," Jordan said.

The money will be used to fund a variety of different programs, including the Street Outreach Service, Jordan added.

"The money will go to where it's needed. If we have a shortfall in the SOS program, we can put the money there, or in our managed alcohol program or our emergency shelter," she said. "Wherever it needs to go, that's where it's going to go."

Located on George Street in the city's south side,



**EXCITED: Shelter House executive director Michelle Jordan.** 

Shelter House provides basic needs, dignity and comfort to people living in poverty and homelessness

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The Chronicle Journal

Thursday, January 9, 2020

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# IN THE Day





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\*All donations made before December 31st, 2019 will be matched 2 for 1. Donations made after December 31st, 2019 will be matched 1 for 1.

MOVIE TALK With Little Women, director/screenwriter Greta Gerwig (*Ladybird*) has given this latest film version of the well-regarded Louisa May Alcott novel a great big heart, bursting with life and authenticity, thanks to winning performances from an engaging cast

**MARTY** 

and impressive production values. This is the tale of the March family, specifically focusing on the four daughters, Jo (Saoirse Ronan), Amy (Florence Pugh), Meg (Emma Watson), and Beth (Eliza Scanlen) growing up in civil-war era Massachusetts, together with their mother, Marmee (Laura Dern). Also central to the story are their neighbours, Theodore (Laurie) Laurence (Timothée Chalamee) and his grandfather (Chris Cooper). Meryl Streep is the girls' tartmouthed Aunt March.

The heart of the story lies with the girls' love and loyalty towards each other, while each contemplates realizing her own individual dreams while growing up. Even though Jo seems to be serving as the author's alter ego, Gerwig gives each of the other sisters ample room to establish her own identity. All the players are excellent, but above all it's pure joy to watch Saoirse Ronan illuminate Jo

Gerwig preserves Alcott's feminist issues surrounding life choices surrounding marriage, raising a family, earning a living.



GREAT PERFORMANCE: Saoirse Ronan stars in Greta Gerwig's Little Women.

She manages the delicate balance of giving these ideas a contemporary feel while maintaining the story's period roots.

Gerwig also plays with flashbacks and flash-forwards (admittedly a bit distracting), book-ending the film with scenes where Jo tentatively embarks upon her writing career, playfully dickering with a New York publisher (Tracy Letts).

The film also boasts some lovely cine-

matography, particularly highlighting New England's fall colours. Gerwig also has her camera glide about in some impressive period mansions. The mood is topped off by Alexandre Desplat's delightful score.

*Little Women* is a delight from start to finish. Greta Gerwig deserves credit for directing one of the best films of the year.

Another film dealing with feminist themes in another light is Bombshell, but more specifically on the issue of sexual harassment, detailing how actions by several women served to bring down Fox News originator, Roger Ailes.

Charlize Theron and Nicole Kidman play established anchors, Megyn Kelly and Gretchen Carlson, while Margot Robbie is a fictionalized rookie on-air aspirant. All of whom suffer harassment by Ailes, played by John Lithgow, growling under prosthetics and a fat suit. The film illustrates the reptilian harassment and fearful paranoia running rampant at Fox. Females could get ahead only through the proverbial casting couch.

The film effectively illustrates how difficult it was for women to band together under the network's odious Big Brother atmosphere.

But while the leads acquit themselves ably, the screenplay struggles to pull together the salient details and individuals in tight, fully realized fashion. Kidman's Carlson, who actually sparks the tide against Ailes is oddly overshadowed by Theron's Kelly. Another distraction is the prosthetic business and awkward accents used in chip-in portrayals of Rudy Giuliani, Geraldo Rivera, and lawyer Susan Estrich.

In short, Bombshell sputters when it could have roared in the telling of tawdry goings-on behind big-time American TV news.

# Alice in Wonderland Jr. hit local stage

#### Thursday, Friday and Saturday

ravel down the rabbit hole, where you can join Alice in a series of madcap adventures in Alice in Wonderland Jr. The show is being held at the Urban Abbey. Showtimes are 7 p.m. on Thursday and Friday and 3 p.m. on Saturday. Tickets are \$10 and are available on Eventbrite, by Facebook email actionartstbay@gmail.com.

### Saturday

et ready to laugh your tails off as Yuk Yuk's on Tour hits the Thunder Bay Community Auditorium stage, featuring the comedic talens of MC Andrew Albert, funny-man Rob Bebenek and headliner Rob Pue. Limited tickets remain for the event. All seats are \$30. The show is scheduled to get under way at 7:30 p.m.



WEEKLY TOP 5

#### Saturday

Consortium Aurora Borealis presents the Tamarack Wind Quintet in concert. The event takes place at St. Paul's United Church on Waverley Street. Tickets are \$15 for adults and \$10 for students, available at the door.

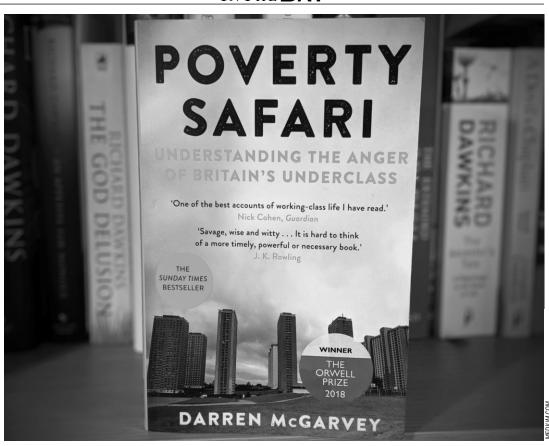
#### Saturday

agnus Theatre is hosting the finals of the Drop the Mic Karaoke Contest. The top 10 finalists will battle it out on

stage for bragging rights and a pretty nice cash prize. It's a chance to support local talent and the theatre itself. Tickets are \$25 and are available at the Magnus box office or online at magnustheatre.com.

## Thursday

Western University's Carl Young will present Crossing Lines: Recent Developments in the Korean peninsula. He'll take a look at recent peace overtures in the region and where they might lead, while dissecting domestic and international factors in the region. The event is put on by the Canadian International Council, Lakehead University's department of history and Lakehead International. Admission is free and it will be held at Lakehead International on the ground floor of the Chancellor Paterson Library at 7 p.m.



EMOTIONAL STRAIN: Darren McGarvey's Poverty Safari argues stressful situations change the way people behave over time.

# **Books show impact poverty has on people**

JOHN

BOOK BANTER

Thunder Bay Public Library

The state of poverty in Thunder Bay is alarming. Nearly 14 per cent of residents live below the poverty line and 10.2 per cent of residents also reported being food insecure – that's over 11,000 people lacking access to enough affordable and nutritious food every day. Vulnerable populations in Thunder Bay continue to experience the worst of poverty but the proportion of people living in relative poverty, the working poor, is also growing.

More and more people are not making sufficient income to eat healthy, provide for their children and fully participate in the community. Children living in poverty tend to have poorer diets, lower educational attainment and the chances of achieving their potential in life become permanently diminished.

These factors, in turn, create an

intergenerational cycle of poverty that is difficult to break – for even the brightest and most promising children.

Racism, crime and the rise of gang culture, addictions, mental health challenges and depression can also be connected to the trend of rising poverty, and more frequently impact families struggling to make ends meet.

Poverty Safari (Picador, 2018) by Darren McGarvey argues that stressful social conditions have a psychological impact on everyone who is subject to them. Over time, they change the way people behave.

This, in turn, changes the shape and direction of a community. Anger and resentment, fertilized by the deeper psychological challenges associated with poverty – anxiety, depression, poor lifestyle, and low self esteem, social insecurity – place a significant emotional strain on everyone.

This strain can limit human capacity for empathy, toler-

ance and compassion and makes many people angry, agitated, resentful and frightened. Now, with rise in xenophobia and racism, and the rhetoric that stokes this prejudice, it is not hard to see where many who spend every day of their lives in these conditions have wrongly decided to turn their anger.

The Spirit Level (Penguin, 2009) by Richard Wilkinson and Kate Pickett provides compelling evidence that

almost everything – from life expectancy to mental illness, violence to illiteracy – is affected not by how wealthy a society is, but how equal it is. Societies with a bigger gap between rich and poor are bad for everyone in them, including the well off.

Gross Domestic Product (GDP) measures the total wealth of a t really counts is how that wealth is

country but what really counts is how that wealth is distributed. Greater equality is the material foundation on which better social relations are built.

The Inner Level (2018, Penguin) by Richard Wilkinson and Kate Pickett explores how inequality affects us individually, altering how we think, feel and behave. Material inequalities have powerful psychological impacts on our relationships and self-worth. Significant status differences lead to fragile egos, insecurity, increasing anxiety, elevated stress levels, depression and addiction.

The authors challenge the conception that humans are inescapably competitive and self interested, and they undermine the idea that inequality is the product of 'natural' differences in individual ability. They confirm that societies based on fundamental equalities, sharing and reciprocity generate much higher levels of well being.





# Musical based on the hit Hollywood movie

## **THEATRE** By Ian Kaufman -TB Source

musical version of Legally ABlonde will see a large cast of young actors take on the film classic later this week.

Like the 2001 film, the play follows sorority girl Elle Woods as she tries to win back her ambitious boyfriend by enrolling in Harvard Law School. The production adds a series of energetic musical numbers drawing from pop and blues, with choreography and splashes of bright colour adding visual interest.

"Audiences can expect a really good time," says Gabby Carlin, who plays Margot.

"It's a lot of fun that we have on stage, and I think that will really show.

(abbr.)

44 Become solid

Hezekia

of Vishnu 53 Field deity

55 Former

56 Vanity

57 Recess

41 Funguś

48 Air (pref.)

49 Mother of

While it's mainly a comedic romp, Elle's fight against gender stereotypes adds some depth to the play, says director Denise Krawczuk. She sees it as a story of a young woman evolving into her own person, and realizing she doesn't need a man to

"I think for young women, it's an empowering message, for sure," she says.

The play is put on by Krawczuk's Applauze Productions, which focuses on providing opportunities for young people in theatre. Nearly 30 actors from ages 14 to 19 make up the cast.

Legally Blonde will run from Jan. 8 to Jan. 11 at the Finlandia Hall Theatre. Shows are at 7:30 p.m., except on Jan. 11, which is at 6 p.m.

Tickets are \$20 and can be purchased at The Hoito or Applauze Productions' website.

Concession proceeds from the event will be going to Hospice Northwest.

SADO

ANSWER TO PREVIOUS PUZZLE

ABEL



BEND AND SNAP: The cast of Legally Blonde rehearse for their upcoming production at the Finlandia Hall Theatre.

# **CROSSWORD PUZZLE**

# **ACROSS**

- Couch Sheep's cry Semitic deity 12 Winglike
- 13 Yelp 14 Prayer book 15 lodine (pref.) 16 Sleep
- 17 Volcano crater 18 Wife of Aeneas 20 Venice bridge
- 22 Ultimate degree 23 Rower 24 Silly
- 27 Alligator pear 31 Equal opportunity employe
- (abbr.) 32 Exclamation
- 33 Failure 34 Rom
- 39 Pronoun
- purification 37 Duck 40 Recommended daily allowance
- Vanish Back Talking bird Amer. Automobile Assn. (abbr.) Okay

#### DEKA MAGICWORD AID RAGE ВСЕ RAID 51 Venezuelan RAVENONAN copper center 52 7th incarnation ABASWHIN 54 Time period AREATL CITESPAL CHARLATAN ARABDANG PEDO

#### **DOWN** Levantine ketch 8 Guided missile Russ. inland

- Whistling swan
  - 10 Malay law 11 Parrotfish 19 Eye
    - inflammation 21 Honey-eater
    - - 30 Unusual 32 Palatine (2 words) 35 Gorge 36 Portuguese
        - coin 37 Amer. Dental Assn. (abbr.)

24 Coagulate

25 I owe you

(abbr.)

26 Some (Fr.)

29 Driving under

(abbr.)

the influence

27 Goal 28 Stir

- 38 3rd incàrnatión of Vishnu 40 Nose (pref.) 41 Berne's river
- 42 Toothed wheel 43 Weapons 45 Forfeit 46 Adjective-
- forming (suf.) 47 Son of Loki 50 Capture

## **WORD SEARCH**

STVSTKK MZR С Н F D C E L S Ε MALF HRES Ε G D S Ε F K V I S S R H S

#### Cheese Gruffs Nougat Stretch Dousing Gurale Ordeals Thugs Effect Hashed Outran Timidly Fight Heath Pulses Tonics Flame Helper Purged Triumph Hogged Resigns Trouts

# ENIGMA CRYPTOGRAM

Frees

Fumes

Gritty

Ashamed

Braised

Enigma cryptograms are created from quotations

Lineage

Minus

Modes

"RB VUNZ GUB CFBBNS TUY ZHUYHJ JUP MU FZ HUGM FZ JUP VU GUB ZBUK."

- DUGXPDRPZ

Sassier

Spliced

Slunk

PREVIOUS SOLUTION: "I had to live in the desert before I could understand the full value of grass in a green ditch." - Ella Maillart

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1			8		3	5
	9				7	
4		5	6	7		9
	6 3			9		
	3	6	5		8	7
5			7			
	8					6
7			1			
			9		5	

DIFFICULTY: ★☆☆☆

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# Young skiers get taste of competition

SKIING By Leith Dunick - TB Source

Ruth Zavitz may or may not pursue competitive skiing more seriously in the future.

For now the 13-year-old is happy being one of the fastest in her age group – the boys included.

Last Friday, Zavitz topped all competitors to take the under-14 category to open the Ontario Cup sprint races at Lappe Nordic, to open the three-day event with a victory.

"It felt pretty good. I started a bit slower, but worked my way up to the top with all the rounds," the Grade 8 student said.

Zavitz, who was fifth overall in the 800-metre qualifying event, outdueled five-other skiers in the third and final heat race to capture the title, edging Thunder Bay's Eric Jamsa for the overall title in her age category. Jamsa took the boys title.

It wasn't easy, she said.

"It's pretty tough, but you just have to keep going and stay warm," said an exhausted Zavitz, still panting after a fourth gruelling race of the day.

"I don't know how it happened. I just pushed really hard at the beginning and just kept going."

Zavitz, who skis for Lappe Nordic Ski Club, said she's grateful to have a race of this calibre in her own backyard, a chance to measure herself against a high-level of competition from across the province.

"It's just really important," she said.
"I've been working up for this since the fall."

Big Thunder Nordic coach Adam Kates, who also guides the Lakehead Thunderwolves men's and women's teams, said that's what the Ontario Cup



TOP SPOT: Ruth Zavitz topped all skiers to capture the 800-metre under 14 sprint race last Friday at the Ontario Cup at Lappe Nordic.

is all about.

Kates said it's a great chances for young skiers to get a taste of high-level

competition, some for the first time.

"We have athletes who are on the varsity team and older and we have

kids all the way down to nine or 10 years old racing for our program, being a part of our program with aspirations

of being racers," Kates said.

"It's a really good developmental tool for those young athletes to see what it's like to be around this kind of environment and you really see them develop and foster a level of the sport through that."

At the same time, not all skiers are looking to take their racing to the next level, but still like the thrill of competition.

The Ontario Cup has that covered too, Kates said, joking for those athletes, his main goal on Friday was getting them to the start line on time.

"It's a lot of fun. There are some nerves, there are some questions. They're excited, so basically it's just being there and supporting them and making it a fun experience," Kates said.

Jamsa, who topped the podium in the under-14 boys category, said it was a tough day of competition, but well worth it.

"Today's race, it was amazing. To have a race this big, an event this big, at Lappe, it means a lot," Jamsa said.

Willem Van Duyen and Hezekiah Hoeepner took second and third, respectively, in the under-14 boys category, while Sarah Kiiskila earned silver and Maaritta Puiras bronze in the girls competition.

Alannah MacLean took top honours in the senior women's race, while Anna Stewart was first in the under 20 category. Imogen Nadlersmith earned gold in the under 18 race, while Carley Kiiskila topped the under 16 girls.

Alexander Maycock was the senior men's champion, while Nicholas Randall won the under 20 race. Max Mahaffy topped the under 18 boys and Theodore Ochrym took the under 16 crown.

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# sports NEWS

# **Snagging Scotties a coup for Thunder Bay**

t's hard to believe it's been 25 years since the Scotties Tournament of Hearts was last held at Fort William Gardens.

But a year from now, the Canadian women's curling championship is making a return trip to Thunder Bay, marking the third time the event has been held in the city.

Curling Canada made the announcement on Tuesday, ending years of speculation that it would never happen until a new arena was built.

The aging rink will no doubt present challenges for the organizers, but by the time they get done dressing it up, the average viewer on television won't have any idea the facility is 70 years old.

The Scotties Tournament of Hearts, then known as the Canadian Ladies Curling Association Championship, was



first held in Fort William in 1969.

Saskatchewan's Joyce McKee captured the title that year, the first of six straight titles the province would win between 1969 and 1974.

The team, featuring Vera Pezer, Sheila Rowan and Lenore Morrison, captured three of the six titles, including three in a row with Pezer at the helm from 1971 to 1973

Twenty-seven years later it was Ontario's Marilyn Bodogh who captured the championship, then known as the

Scott Tournament of Hearts, edging Team Canada's Connie Laliberte in a thrilling 6-5 final.

Will 2021 be the year our own Krista McCarville captures the championship?

The Thunder Bay skip has been to seven Scotties, reaching the 2016 final where she lost to Chelsea Carey.

Congratulations to the organizers, who have worked hard to make this happen. Looking forward to the event next year.

'll admit I was one of the doubters who thought Canada had little or no chance in the World Junior Hockey Championship gold-medal game against

After all, those same Russians beat up on Canada, blanking them 6-0, in the preliminary round.

I was paying more attention to The Vikings game, but flipped it back to hockey just as Canada scored to make it 3-2.

I have to say, Akil Thomas' gamewinner might be the prettiest Team Canada goal since Hawerchuk to Gretzky to Lemiex back in 1987.

Speaking of the Vikings, I really didn't think they had a chance to pull off another playoff win against the 13-3 New Orleans Saints.

I'm not the biggest fan of Kirk Cousins, and with Dalvin Cook banged up I figured the Saints would finally get revenge for the Minneapolis Miracle a couple of years ago.

But Cousins dropped the perfect pass into the hands of Kyle Rudolph in overtime and the Vikings are moving on. Their prize? A date with the NFC-best

San Francisco 49ers.

I'm still not sold. I'm picking the Niners by seven.

Elsewhere, MVP-in-waiting Lamar Jackson and the Baltimore Ravens should easily knock off the Patriot-killing Tennessee Titans, assuming they can stop Derrick Henry. That should set up an AFC battle with Patrick Mahomes and the Kansas City Chiefs.

The Chiefs take on DeShaun Watson and the Houston Texans. I think the Chiefs improved D will end the Texans run this weekend.

And finally, I'm going to call an upset and say the Green Bay Packers are going down to the visiting Seattle Seahawks, Marshawn Lynch scoring twice to lead the NFC Divisional Round upset.

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# **Shorties sink North Stars**

SIJHL By Leith Dunick - TB Source

A pair of power-play breakdowns early in the third period on Saturday proved too costly to overcome for the Thunder Bay North Stars.

Justin Pitari and Josh Weber scored shorthanded goals 2:04 apart in the opening three minutes of the final stanza, powering the visiting Dryden Ice Dogs to a 4-1 win to ring in the new year at Fort William Gardens.

The Ice Dogs scored four unanswered goals over the final two periods to claim victory, after Nikolas Campbell had staked the North Stars to an early 1-0 lead late in the first that held up until just shy of the midway point of the second.

"It's huge for us, especially coming off a big break," said Weber, whose two-goal effort gives him 13 on the season

"We really needed a win. We needed to go out and take over Red Lake, so hopefully we can continue that."

Dryden, winners of seven of their past 10 outings, climbed to within two points of the second-place Miners on Saturday night, improving to 17-11-2, leaving them seven points behind front-running Thunder Bay (20-8-3).

Weber, who had gone three games without scoring, said the penalty kill was the key to the win.

"We just try to be aggressive. Our coach thinks we don't like blocking shots, so if we go at them, we'll get the puck and get the chances. I think we're the most penalized team in the league, so we've got a lot of practice," Weber said.

The first shortanded tally, which proved to be the game-winner, was nothing short of a mental breakdown on the part of the North Stars, two defenders thinking the other was picking up the puck in the slot.

Instead Logan Mihalcin and Joel Willan skated in different directions, leaving Pitari alone to skate up the middle and slam it past a helpless Jordan Smith for a 2-1 Ice Dogs lead.

"It was like a Christmas gift," Weber said.

Weber doubled the Dryden lead on the next Thunder Bay power play.

"The puck just came to me and I skated down the ice. The guy was shouldering me and I just kind of



IN TOUGH: Thunder Bay's Joel Willan battles at the net last Saturday against the visiting Dryden Ice Dogs.

threw it to the net and got a lucky bounce," Weber said. Smith caught a piece of the puck, but not enough and Dryden took a 3-1 advantage.

"It was just some mental breakdowns," said Thunder Bay coach Rob DeGagne. "I thought for the most part, we didn't play a bad hockey game. For the first two periods their goaltender played pretty good and maybe kept them in the game. Then they got a little confidence and we made two plays on our power play that aren't indicative toward the way we play, normally."

Weber added an insurance marker with 6:39 to go in the third.

Dryden goaltender Jacob Anthony, who made 36 stops to earn the win, just missed scoring into the empty net with 2:05 to play, the puck sliding about a foot to the right of the North Stars post.

The game also included a dust-up, Thunder Bay's Evan Nicholas and Dryden's Xavier Halton tossed in the second after tangling near the boards.

"It was really tough," said Campbell, who scored in his third straight game.

"We were on the power play and we went into the third period thinking we would score and then we got scored on."

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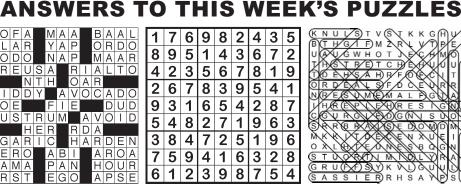
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