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THURSDAY, JUNE 11, 2020

YOUR COMMUNITY NEWSPAPER

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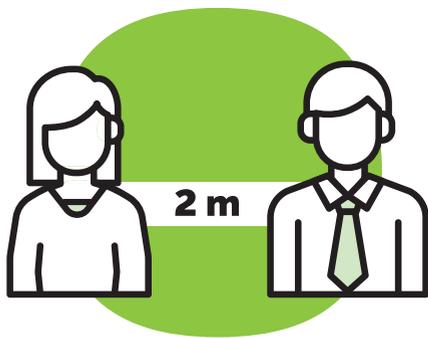


STANDING UP: The death of Minneapolis man George Floyd sparked worldwide rallies against police treatment of black people, including one last Friday at Waverly Park.

LEITH DUNICK

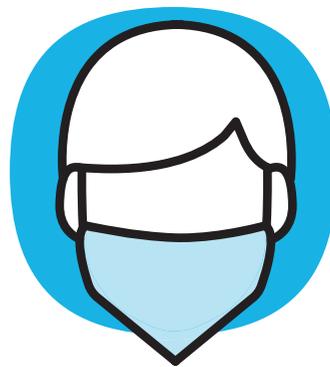
# **We're Making a Difference** to Keep Each Other Safe from COVID-19

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when physical  
distancing is a  
challenge



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thoroughly  
and often

**Inside or out, stay safe. Save lives.**

# LOCAL NEWS



DOUG DACZUK

**I CAN'T BREATHE:** The death of George Floyd, at the hands of Minneapolis police, has sparked worldwide protests.

# Youth fight racism

**THUNDER BAY**  
By Doug Dlaczuk -TBS ouce

Ommer Osman believes with so many voices around the world and here in Thunder Bay calling for justice, his children and grandchildren will not have to face the same struggles of the current generation and those that came before.

“We the youth realize that we need to do something about this,” he said. “It is our kids that are going to be affected. We have been affected, our parents have been affected, and our grandparents have been affected. I just hope my kids and my grandkids will never be affected by something like this.”

Thousands of local voices joined a growing global outcry for justice and change during a Black Lives Matter protest in the city of Thunder Bay on Friday.

More than 2,000 people gathered at Waverly Park to protest police brutality and injustice facing black people and Indigenous people.

“It means a lot that a lot of people are out here in attendance supporting the Black Lives Matter community,” said Pitia Modi, who was one of several youth who organized the protest.

“It actually shows people want to see change here, they want to see a difference. I’ve been overwhelmed with the amount of donations we’ve received from people just wanting to help out and do something in order to make this change happen.”

Protestors marched around the park in memory of George Floyd, who was killed by Minneapolis police officers on May 25. The death of Floyd has sparked protests and marches across the world of people calling for an end to injustice.

“We have to keep going. Be consistent,” Modi said. “And just basically keep spreading awareness to the community and watch the change happen as we continue to do that.”

People of all backgrounds and ages participated in the protest. Laina Akervall, 16, said she wanted to be part of this movement to support her friends who have struggled due to brutality and mistreatment just because of the colour of their skin.

“I think it’s ridiculous,” she said. “It’s 2020. We have to come out here and support everybody. I hope all of these riots and all of these protests will make enough noise to make enough change.”

Many Indigenous people also participated in the protest. Ann Magiskan said Indigenous people in Canada have been mistreated since first contact with Europeans and it continues to this day.

“This is a huge issue of racism that has been ongoing for a very long time. It’s time to start talking about it. I think it has to be done respectfully.”

One of the messages dominating the protests involves the actions of police and police brutality.

Thunder Bay Police Service Chief Sylvie Hauth was in attendance during the demonstration and she said it is important the local service shows its support to all people in the community.

“It’s very difficult times and a very tragic incident in the States,” she said. “It’s important that I am here to not only listen, but offer my support to everybody that is here.”

Hauth added that racism has no place in the community, in law enforcement, or any institution in the city of Thunder Bay.

Modi said he was pleased to see members of the Thunder Bay Police Service in attendance, but there needs to be more than just words, there needs to be action to create real change.

“It’s good to acknowledge that the main reason for this protest is police profiling and brutality and what is being done in this city to not only black people but also Indigenous youth,” he said. “It shows that they are caring. But we’d like to see where the next step goes from this.”

The protest in Thunder Bay was peaceful, people wore masks, and physical distancing was practiced in most instances, though as the crowd grew it became more difficult.

Modi said he and other organizers of the protest will look at the possibility of holding future events because the conversation and the actions cannot stop now.

“We did not expect to see this large a number, especially in a place like Thunder Bay, but it shows people are committed to this,” he said.

**“We have to keep going. Be consistent.”**  
PITIA MODI

# Weather Forecast

WEDNESDAY	THURSDAY	FRIDAY
<b>Rain</b>	<b>Partly Cloudy</b>	<b>Partly Cloudy</b>
Probability of Precipitation: 90% HIGH 19 LOW 12	Probability of Precipitation: 30% HIGH 14 LOW 5	Probability of Precipitation: 30% HIGH 15 LOW 5
SATURDAY	SUNDAY	MONDAY
<b>Sunny</b>	<b>Partly Cloudy</b>	<b>Partly Cloudy</b>
Probability of Precipitation: 10% HIGH 15 LOW 6	Probability of Precipitation: 10% HIGH 16 LOW 8	Probability of Precipitation: 10% HIGH 18 LOW 10

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## LOCAL NEWS

# Phase 2 beginning

### THUNDER BAY

By Doug Diaczuk – TB Source

Life in many parts of the province, including Thunder Bay, will start to look a little more normal as the province enters stage two of its reopening framework using a regional approach.

“These are important steps at getting life back to normal, but we also have to get people back to work,” said Premier Doug Ford during his daily media briefing on Monday.

“We need to get the economy going and to do this as quickly as possible. We are moving forward with a regional approach and we are moving forward with an approach that lets us make decisions for specific parts of Ontario based on what is happening on the ground.”

As of Friday June 12 at 12:01 a.m., 24 regional health units across the province will enter stage two of reopening. This will include the Thunder Bay District Health Unit and the Northwestern Ontario Health Unit.

The limit on social gatherings will be increased from five people to 10 and more businesses and services will be permitted to reopen.

Businesses and services permitted to reopen include outdoor dine-in services at restaurants and bars, personal care services such as barber shops, hair salons, and tattoo parlours, shopping malls, outdoor splash pads and swimming pools, beach access and additional camping at Ontario Parks, camping at private campgrounds, outdoor only recreational facilities for sports training, film and television production, and weddings and funeral services with limits on social gatherings to 10 people.

“As we know, different regions in Ontario have experienced COVID-19 differently.”

CHRISTINE ELLIOTT

“We will continue to keep a close eye on regions that cannot open this Friday,” Ford said. “We need a little more time.”

Further details will be released in the coming days of reopening childcare, summer camps, training centres, and public transit.

Places of worship will also be permitted to open with physical distancing in place and attendance limited to no more than 30 per cent of the building capacity to ensure the safety of worshippers.

Minister of Health Christine Elliott said the province is



TRIMMED: Nolan Dunick gets a haircut at The Barber Shop.

in this position because testing has been scaled up and hospitals have the capacity to deal with a spike in cases or outbreaks.

“As we know, different regions in Ontario have experienced COVID-19 differently,” Elliott said.

“In response, we are taking a regional approach that recognizes in many areas of the province it is safe to ease restrictions and open more businesses. In some areas there have been fewer or no new viruses in recent days or weeks.”

All businesses must follow workplace guidelines, including continuing to practice physical distancing to protect staff and customers.

All residents of Ontario are reminded to continue to practice all public health guidelines.

# Third murder suspect arrested

### CRIME

By Karen Edwards – TB Source

Police have arrested a third suspect in connection to a homicide investigation that occurred at a local motel last weekend.

Seandi Clarke-Noel, 19, of Whitby, made a video appearance in Thunder Bay bail court on Friday, June 5, from the Thunder Bay Police Service Balmoral Station and was read a charge of second-degree murder in connection with Paul Winnifred Vivier’s death.

Clarke-Noel was also charged with one count of trafficking fentanyl and one count of trafficking cocaine from April.

A court-ordered publication ban is in place which prevents the publication of evidence discussed at the

accused’s court appearance.

Crown counsel Derrick Silvestro also requested a no-contact order for Clarke-Noel to have no communication with his co-accused Denis Terry Bernard.

Last Thursday, police arrested a 16-year-old male from Toronto and charged him with second-degree murder in connection to Vivier’s death.

Thunder Bay Police Service believe the homicide was drug-related.

Officers responded to the Midtown Inn on Saturday, May 30, after receiving reports of a person in medical distress.

Attending police and paramedics performed medical attention but the victim died later in hospital.

The accused will remain in custody for the time being and will return to court on Friday.

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## LOCAL NEWS

# Drive-in movies return to Thunder Bay

## Two groups plan to bring outdoor cinema to city this summer

**THUNDER BAY**  
By Leth Dunick - TB Source

Drive-in movies are returning to Thunder Bay.

The Walleve magazine on Monday announced it has formed a partnership with Interstellar Outdoor Cinema to bring movies to the city at locations throughout Thunder Bay beginning in late June.

Earlier in the day the province gave the go-ahead to allow outdoor theatres and concerts as part of its Phase 2 reopening strategy.

New releases and classic movies, up to four shows per week, will be on the bill. "We have been looking at bringing the drive-in movie experience back to

Thunder Bay before the pandemic started," says The Walleve publisher Darren McChristie, in a release.

"Some are calling 2020 the year of the drive-in, and we are excited to be bringing this experience to Thunder Bay. Drive-in theatres are a perfect outing given the COVID-19 social distancing requirements—we will be taking precautions to keep our customers and employees safe while providing an opportunity to get out of the house and enjoy movies on the big screen."

Food trucks will provide food and popcorn and the audio will be broadcast to vehicle radios using an FM transmitter. The screen will measure 30 feet by 17 feet.

They won't be alone.

The Thunder Bay Border Cats parent company, Grand Slam Sports and Entertainment, is also jumping into the

movie business, with baseball scrapped for 2020.

The team is expected to host drive-in movie nights this summer at the Murillo Fairgrounds, after receiving their approval from the province on Monday.

"We've been thinking about this for some time," said Border Cats general manager Tony DiPaolo. "With this whole thing about the season possibly not happening, we were looking at other ways to generate some revenue. The idea came up in discussions. Since we already had a video wall (we realized) we could utilize that."

It's something that was in the works before the Northwoods League team cancelled its season, something they were planning to do regardless.

The LED screen they'll be using is the same one that was at Port Arthur

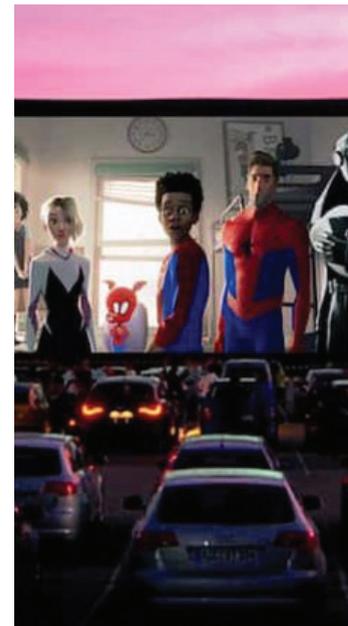
Stadium last summer and DiPaolo said there are plenty of advantages to using this type of technology.

"Anybody that's seen it at the park knows you can see it clear as day in the daytime, so we don't have to wait until night. We plan to show some daytime matinees, as well as some evening movies."

DiPaolo said they're looking at 12 showings a week, two on Thursdays and Friday and four on Saturdays and Sundays. The movies have yet to be determined at this point.

He's hopeful they'll be able to hold movie nights into October, depending on the weather, adding they're also looking at a charity component to the operation.

SilverCity Cinemas, the major indoor movie house in the city, has been shut down due to COVID-19 restrictions since mid-March. The province has not specified when movie theatres will be allowed to reopen.



**POPCORN PLEASE:** The drive-in movie experience returns to Thunder Bay.

## IN BRIEF

### Church burns to the ground

Fire has destroyed a historic church in the community of Pass Lake, east of Thunder Bay.

Salem Lutheran Church and an attached hall were consumed by flames early Tuesday morning.

No injuries have been reported.

The Pass Lake volunteer fire team and Shuniah firefighters both responded to the alarm. Shuniah fire chief Blair Arthur says the blaze was well underway before anyone noticed it, as most of the structure was already engulfed by the time firefighters arrived.

The church, located on Highway 587 in Sibley Township, was 90 years old.

The cause of the fire is under investigation.

### COVID strikes home

A staff member at the Pioneer Ridge long-term care home has tested positive for COVID-19. The Thunder Bay District Health Unit (TBDHU) said in a release Sunday that the individual does not interact with residents or go into residential areas of the home as part of their work.

The health unit deemed the risk of transmission within the home to be low, and said the case did not meet the threshold to declare an outbreak for the facility, which is run by the City of Thunder Bay.

"Receiving a report of a positive result in someone associated with a long-term care facility is always concerning," said Dr. Janet DeMille, medical officer of health with the TBDHU.



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# Editorial

## EDITORIAL

# Defunding the police?

In the wake of the tragic killing of George Floyd by a Minneapolis police officer, talk has exploded about defunding police departments around the world.

The concept is simple. In Thunder Bay, the police budget is \$45 million in 2020.

Proponents of defunding suggest it makes sense to take a portion of that money and spend it on programs that will cut crime at its roots.

It's something the Crime Prevention Committee in Thunder Bay has been talking about for about a decade.

They've long advocated that if you provide programs to keep kids off the street and out of trouble, address poverty and homelessness and make a dent in the ongoing addiction cycle, it only stands to reason calls for police service will decrease.

Their biggest issue, and why they haven't had the success they'd probably like to have had by now, is partially a lack of funding.

Is defunding the police the answer in Thunder Bay? It's hard to say, without more information.

With a growing guns and gang problem, it's tough to argue that taking police off the street or demilitarizing them is the solution.

It's certainly a conversation worth having. And now has never been a better time to have it.

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## Everyone wear a mask

To the editor:

It has been several months since the coronavirus began its devastating circulation around the globe. All of us should be proud of, and very thankful to, our Thunder Bay front line workers who have been doing a fabulous job during this time.

As businesses begin re-opening, we need to remain vigilant to prevent the spread of this virus and to protect ourselves and those around us.

We have sacrificed so much over the past few months and do not want all of our efforts up to this point to have been for nothing.

We need to follow the procedures that have been put in place by our Government.

Adhering to these protocols has become our new normal, something that we have gotten used to.

In the same way, we can get used to another simple and very effective way to help to mitigate this virus by wearing a mask or face covering over the nose and mouth.

Over 50 countries worldwide have mandatory mask wearing requirements in public places supported by scientists and doctors.

They have implemented this because science has clearly proven that masks prevent droplets from spraying into the air by wind force caused by coughing, sneezing and talking.

When the droplets are inhaled by others this can cause them to become infected with the virus.

People can have the highly infectious Covid-19 but display no symptoms at all.

This is extremely dangerous because taking no precautions around others means that the virus can quickly and easily spread.

Please, please, everyone wear a mask or face covering when using the City of Thunder Bay transit buses and also while at stores and work places.

Do this not only because of the science that supports its effectiveness but also as a true gesture of respect for the health and well being of our front line workers and everyone else.

Nobody likes wearing masks but the truth and reality of our current situation is that wearing them saves lives.

When a second wave comes, wearing masks may become mandatory here as well.

You protect others and others protect you.

Peng Yu  
Councillor at large,  
Thunder Bay

## LETTERS TO THE EDITOR



# Low-interest strategy



**CHRISTINE  
IBBOTSON**

**MONEY LADY**

**D**ear Money Lady, my friends and I were discussing the fact that we think there will be an inevitable recession due to the pandemic and we wondered what you thought?

Verna

**D**ear Verna: A recession you say? I have had many comments from readers who truly believe we will go into a long recession, but I honestly can't see it Verna.

While we have reduced our growth estimates for this year it is believed that we will experience a relatively strong rebound in 2021.

The sharp stock market pullbacks have already discounted a large part of this year's anticipated economic and profit slowdowns.

But we must not forget that history has always proven that the economic

market, tends to rally tremendously after a crisis. In my opinion a long recession does not seem to be in the cards this time around.

Lower interest rates, specifically mortgage rates, seem to be encouraging first time buyers to enter the real estate market again.

Pent-up demand is beginning to surface as we witness competitive offers in some of our bigger cities across Canada.

We have started to see rates drop down to 2.39 per cent for a five-year fixed mortgage, (May 27); a massively discounted rate now offered by some of the big Canadian banks to lure in new clients.

All the big five banks have announced lower profits this quarter creating an inner competition between lenders that will enviously benefit the customer.

I am the first person to tell you that you should never use your home like an ATM to repeatedly get yourself out of debt, however the current rate environment should not be ignored by those that still have consumer debt, a line of credit or a mortgage.

Now is the time to put your debt portfolio in order and capture a lower rate for a longer term.

Many lenders are even incentivizing clients to do so by covering appraisal fees, title costs and even partial penalties to win business from rival banks. Prior to COVID-19 all the banks were beginning to increase lending rates and were forced to pull back once the crisis hit.

As a lender, I can tell you that the Canadian banks will not keep rates down for long.

As we recover and demand increases, so will lending rates. Take advantage of this unique situation now, put your debt portfolio in order and begin to build a plan to reduce it.

Good Luck and Best Wishes,  
Money Lady

Written by Christine Ibbotson, Author of the best-selling book "How to Retire Debt Free & Wealthy" and a new book Don't Panic – How to Manage your Finances and Financial Anxieties During and After the Coronavirus" available at all bookstores across Canada. If you have a money question, please email on website: [www.askthemoneylady.ca](http://www.askthemoneylady.ca)

# Perspective

## The bubble people

### Canadian families struggling to stay self-contained

#### OPINION

By J.R. Shermack  
Special to TB Source

There are people living through this pandemic, thoughtful, caring Canadians right here in our own community who are patiently watching and waiting for a sign.

These are the bubble people. They are a diverse group – some are young and some are old, some are fit and well while others have health concerns, some are rich and some are poor.

They stay inside their bubbles, mostly at home and when they go out in public they keep their distance and use face masks to protect others.

They endure their isolation, the loneliness and the uncertainty in the hope that their diligence and perseverance will be rewarded one day soon.

However, considering the scientific and medical facts and the increased risk of a newly opened economy many have reached the same conclusion.

#### Timing not right

Now is not the time and today is not that day – this is the unfortunate reality of the bubble people.

Social media notwithstanding, virtual visits and electronic images are helpful, but it is a real life bummer knowing that you can look at, but not hug, your loved ones.

Canadians have been teased for several weeks by the joyful concept of an expanded “family bubble” and

some provinces are toying with the idea.

It is enticing to re-establish physical contact with our family and friends but there is a lot of hesitation and the provinces are understandably squeamish.

Public opinion is divided and support for expanded bubbles varies drastically between different regions of the country – many are not convinced.

Still, if the situation arose most Canadians say they would take advantage of the opportunity to welcome additional faces into their bubbles.

Who could resist the instant gratification and joy of getting their family back together?

This is the scenario many people are waiting for but optimism is cautious and calculated after months of isolation.

Many Canadian families are scattered across municipalities and the country while bubbles will only expand slightly, probably by just one more household.

This is referred to as a “double bubble” and as appealing as it sounds, it presents a new social challenge.

If the number of people in your double bubble is still limited to just a few, who would you invite to fill those spots?

This could be an awkward situation for you and your loved ones, especially when other disappointed faces are looking in from outside your bubble.

Maybe that’s why half of Canadians have trouble deciding who they would include and who would have to wait for the next expansion.

The bubble people will eventually emerge and slowly increase their social contacts, continuing to be cautious, wary and ever-vigilant as they watch events unfold.

They are concerned about a growing number of cavalier Canadians who actively disregard the public health risk and are not content to wait for an expanded bubble.

#### Taking chances

They burst their bubbles with impunity and an attitude of inevitability as if there is nothing to be done so we might as well go for the gusto and take our chances.

I call it the Doris Day syndrome, “Que sera, sera – whatever will be, will be.”

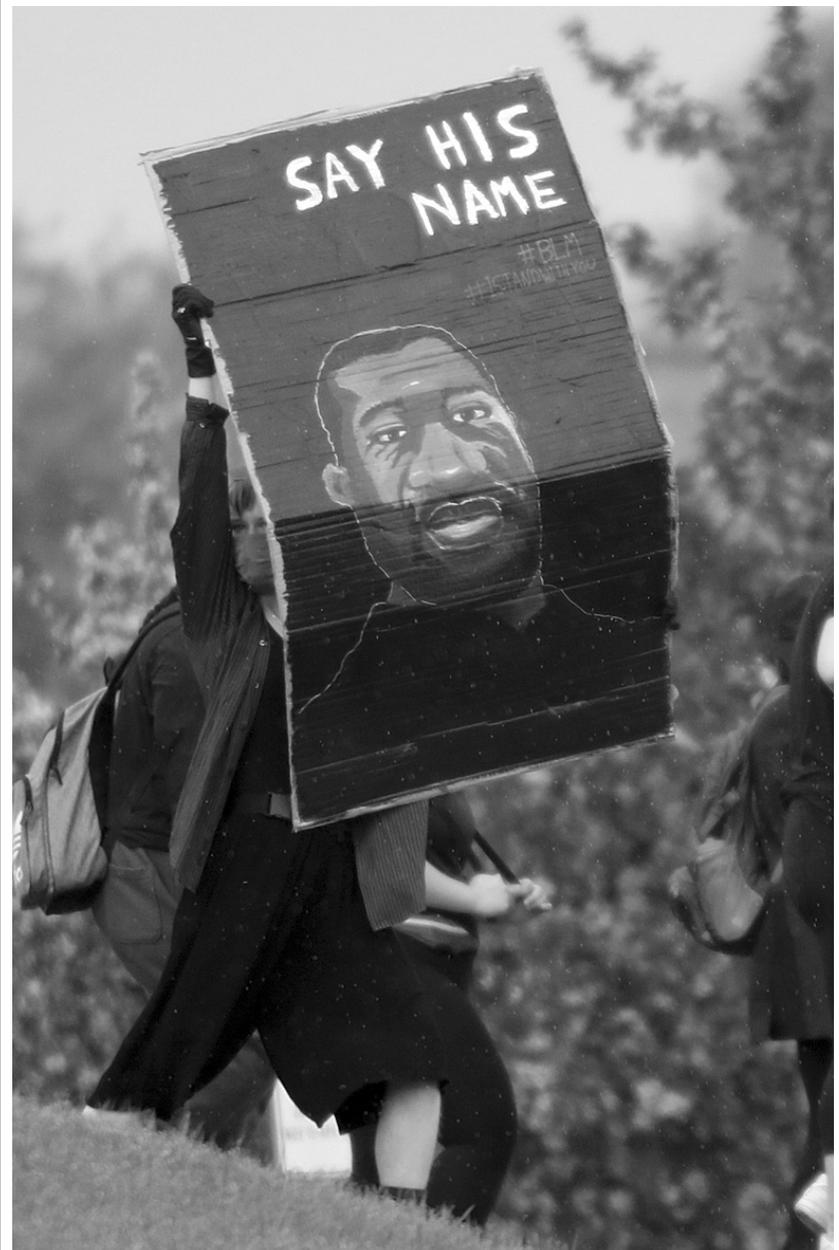
It’s a calculated risk at best and we can only hope they get away with their bold social experiment.

As the bubble people continue to comply with safety guidelines and patiently wait for positive signs, how sad it would be if their efforts were in vain.

Canadians are longing to get together again with families and friends to share the burden and lighten the load.

We can be proud of our progress and success so far but please don’t do anything to jeopardize that joyful reunion.

#### SIGN OF THE TIMES



REMEMBER GEORGE FLOYD: Laura Hardle marches at the Black Lives Matter protest.

LEITH DUNICK

### A look back in history:

#### Water Street in the 1880s

In 1889, in Port Arthur there lived about 4,000 people (in the summer) along with 117 horses, 140 cows and 174 dogs. School began at 9:30am and went to 4:00pm (with 90 minutes for lunch). The ferry between Port Arthur and Fort William ran 4 times a day.



#### HOW TO WRITE US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

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#### THIS WEEK'S POLL QUESTION:

**your VOICE**

Should the Thunder Bay Police Service be defunded?

VOICE YOUR OPINION ABOUT THINGS THAT MATTER MOST.

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TOTAL VOTES: 555

YES 22.34%  NO 71.17%  NO OPINION 6.49%

LOCAL NEWS

# Gravelle hits 25 years at Queen's Park

**POLITICS**  
By Lelth Dunick – TB Source

Michael Gravelle says it's hard to believe 25 years have passed since he was first elected to Queen's Park. It's been a whirlwind quarter of a century, said Gravelle, who planned to mark Monday's anniversary quietly, in part because of gathering restrictions put in place because of COVID-19. Looking back over his political career, which began in April 1995 when he won the Liberal nomination in Port Arthur, Gravelle said he's proud of what he's been able to accomplish during his time in office, including 15 years in government, 11 with a cabinet seat under former premiers Dalton McGuinty and Kathleen Wynne. "As minister, probably my proudest accomplishment is the four-laning of the highway between Thunder Bay and Nipigon, followed closely by the purchase of the Terrace Bay pulp mill by Aditya Birla," Gravelle said. It's a project he continues to fight to complete today, though with far less clout as one of just eight Liberals in the



**MILESTONE MET:** Michael Gravelle was first elected to office on June 8, 1995.

legislative assembly, a party with no official status. "As a backbencher, my proudest moment might be persuading our government to fund insulin pumps for people living with diabetes. That was a huge issue back in the early 2000s and

was causing people great problems." Gravelle was also front-and-centre in the mid-2000s, first as an MPP in a region heavily reliant on the forest industry and later as minister of northern development and mines and then minister of natural resources, when

Ontario's forest industry collapsed and attempted to recover. It was tough times, he recalled, noting the demise began before the global recession in 2008, which compounded the problem. "All I can tell you is all the northern members, including Bill Mauro, we fought hard to get a financial package together that would directly help the forestry sector. We put forward a package of over \$1 billion to help the forestry sector recover ... and as a result of that package being put in place, the forestry sector survived," Gravelle said. It wasn't all sunshine moving forward in the industry, which nationwide lost more than 100,000 jobs over the ensuing decade, including the closure of several mills in Northwestern Ontario. Now 71, Gravelle got his start in politics long before being elected to office, both in the ministry of Northern Development and Mines and as a staffer with Liberal politicians Robert Andras, Stuart Smith and Joe Comuzzi. It was under the latter's watch that Gravelle decided to scratch his political itch, seeking the party nomination for

Port Arthur in April 1995. Weeks later he was a rookie MPP at Queen's Park, where he'd remain in opposition for eight years, until the Liberals ousted the Conservatives in 2003. He said he leaned heavily on Jack Masters, the former MP and Thunder Bay mayor, for advice during those early years. "Jack has been a great source of strength to me and somebody I rely on to this day. Joe Comuzzi was also very supportive of me. He was very supportive of my decision to try out provincial politics and helped me get my nomination in 1995," Gravelle said. The political neophyte swept into office that year, crushing incumbent NDP MPP Shelly Wark-Martyn and has won six straight elections since that first victory, though his latest two years ago was only by 873 votes, his slimmest win yet. Gravelle's not done yet, he added. "I still feel very much excited by the work that I do," Gravelle said. "I still feel very connected to my constituents, which is why I want to seek another term."

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# TB Life

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## Moose needs money

COVID-19 closure has drained hall coffers

**THUNDER BAY**  
By Leith Dunick – TB Source

Patrick Cross says unless the Moose Hall can raise about \$2,500 a month until COVID-19 restrictions are lifted, the 70-year-old institution may not survive the pandemic.

Cross, the administrator at the Fort William Road lodge, said the hall has been closed since March and with little to no income coming in for most of that time, they've quickly run through what little money they had banked.

Because the organization is 100 per cent volunteer driven, Cross said they haven't qualified for any government funding, but still have to find the money to keep the utilities on.

To counter the expenses, the hall has started a \$10,000 Go Fund Me. Created last week, it had collected \$1,920 as of Tuesday morning.

"Right now we've been shut down since mid-March, like everyone else has. We had a small bank account to hopefully get us through it all. But as we all know, it's been going on and on and on and it's currently expected to be extended for another month," Cross said.

He added he's done everything in his power to reduce the ongoing costs, but can't cut it any further.

"If we're going to reopen, we're going to need some help from the city and the giant hearts that we're known to be and hopefully we can get some of that and be viable when the time comes to reopen," Cross said.

It would be a shame to see it closed for good.

The hall is a favourite spot for banquets and shags, which are not allowed with bars and restaurants allowed take-out service only and gatherings limited to no more than five people at a time.

"I'm either looking for people to become members or to make donations to the cause. We've been here for 70 years now and in that time we've supported our community. We look after children and seniors as best as we can as well," Cross said.

"If we're going to continue that work for another 70 years, we have to try to make sure we're here when we try to reopen."

It's pretty dire he added. "We're at the end of our bank account and that's why I've tried the Go Fund Me. We have no other way of raising money right now. Everything's going out and nothing's coming in."

A recent curbside pick-up spaghetti dinner served up 300 orders, which was promising, Cross said. The hall is planning a barbecue rib dinner pick-up on June 21. Pre-orders must be made by June 15, or until they've reached their 300-meal limit.

Phone 474-7752 or 627-8266 to place an order.

Cross said he's also concerned how the lodge might be affected by restrictions on gathering when they eventually are allowed to reopen, which could also hurt their revenue stream.



PATRICK CROSS

## Grads going virtual

**EDUCATION**  
By Leith Dunick – TB Source

Shae Coffey had her prom dress purchased and was looking forward to leaving high school in style.

Then the pandemic struck. The 17-year-old instead will have to settle for a virtual graduation ceremony. On Monday she joined about 210 other graduating students in a drive-through cap-and-gown pick-up session outside the Selkirk Street high school.

It wasn't the way she wanted to go out, but it's certainly better than nothing, the Grade 12 student said.

"There have been ups and downs," she said. "Obviously I've been very sad that we don't get the typical last day of school or graduation or prom or any of that stuff. But this is something we're going to remember. No other year is going to have an experience like this."

"And our staff is doing a really good job making sure we're enjoying ourselves and we have a drive-through celebration or a virtual celebration."

Coffey said she and her friends plan to make the most of an unfortunate situation.

"We're going to go out and take some socially distanced prom pictures sometime, when the weather gets nice. It's really disappointing, but I'm just trying to look on the bright side."

St. Patrick High School vice-principal, Frank Ruberto, said it was important to staff to ensure students had as close to a normal finish to their high school career as possible, given the restrictions put in place by COVID-19.

Schools have been closed since March



LEITH DUNICK

DRIVE-THROUGH: Caps and gowns were handed out to St. Patrick students on Monday.

and won't open until the fall, at the earliest.

High school plays an important part in the lives of students, something they look back on well into adulthood.

While there was talk of delaying ceremonies until later in the year to see if restrictions might be lifted, because many might be away at school, it was best to do something at the more traditional graduation time.

"We hear people say it all the time, high school is the best four years of their life. We wanted to recognize that and give them an opportunity," Ruberto said. "Graduation has a huge meaning for a lot of students and they deserve an opportunity to celebrate that."

Students picked up their caps and

gowns on Monday and have 10 days to take photos and submit them to the school to be included in the virtual ceremony, scheduled for June 25.

"A lot of the kids in the past have gone to their elementary school and taken pictures on the steps, down to the marina, at home with their parents," Ruberto said. "They're going to submit the photos to us with their write-up and we'll pass that on and Westfort Productions is going to be able to do a virtual graduation for us on the 25th."

St. Ignatius will host its virtual graduation on June 24.

Lakehead Public Schools three high schools are currently working out the final details of how they'll handle the 2020 graduation.

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# Exceptional photos can be a snap



Ever notice how amazing the photographs of anglers and their fish always look in fishing publications?

Brodie Kenna, whose popular blog [nwooutdoors.ca](http://nwooutdoors.ca) features some of the most stunning photos you will ever see, says that “outdoor photography is challenging in that Mother Nature is your subject and she doesn’t always cooperate.”

You have to be patient and wait for those brief moments when everything comes together- light, shadows and subject matter.” Keeping those words in mind, here are a few tips to help you come back from your next fishing trip with some stunning photos of your own.

**Get the light right.** Light is key when photographing fish. If the sun is directly behind the angler, you may lose the fish in darkness or wash it out with the flash. Yet, if your background is light, silhouetting your fish against it can lead to a pretty striking silhouette. In contrast, having the sun directly behind the photographer will light the subject up nicely, but you will need to be aware of the shadow cast by the photographer. Experimenting with the position of the



**CAUGHT IN THE ACT:** Keith Ailey used the self-timer on his iPhone to capture this high contrast silhouette.

sun relative to the subject, especially around dawn and dusk, can reward you with some remarkable photos.

**Try new angles.** Changing up the perspective and finding new ways to shoot is another way to achieve some

striking results. Try a close up of that big pike’s toothy face, use your iPhone’s portrait mode to blur the background or dunk your waterproof camera under the surface to capture that beautiful moment when the fish swims away.

**Use the water.** There are all kinds of interesting things you can do when photographing around water. Try holding your fish just above the surface and capture both the fish and the reflection. Even better, time the photo to

catch the splash of a tail slap from a successful release.

**Zoom in the old fashioned way.** Losing the angler and fish in a busy background isn’t ideal, nor is using the digital zoom, which may pixilate your photo if you choose to crop it or enlarge it later. So try stepping in closer to your subject for a dramatic close-up and greater detail.

**Remember the rule of thirds.** When you want to step back and capture the whole scene because the background is just as interesting as the fish, try the compositional technique you learned in your high school art class: the rule of thirds. The idea here is to place the main subject slightly off-center to create a more interesting asymmetrical composition.

**Make the fish your number one priority.** Pictures of dead or mishandled fish tend to make everyone cringe. So, it is worth keeping the fish in the water until you are ready to snap that shot. You will know you’ve perfected the timing when you see water dripping off the fish in all your photos.

Try a few of these tips and you will likely be delighted with some much-improved photographs the next time you head out on the water. If not, Kenna shares some final advice when he says “sometimes you don’t get the shot you wanted and that’s why you need to love the process as much as the end product.”

KEITH AILEY

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## How processed is your pandemic diet?

(NC) As we spend more time at home with physical distancing, it can seem less important to focus on things like healthy eating and physical activity but it is actually more important than ever.

In the past 70 years, calories we eat from ultra-processed foods have doubled from 24 to 54 per cent. That's not surprising, given they are branded, packaged and marketed so heavily and cleverly.

Ultra-processed foods are high in saturated fat, sugar and salt, and they're contributing to an unhealthy diet – now the leading risk factor for death in Canada.

"The more ultra-processed foods we eat, the less room we have in our diet for whole and less-processed foods," explains Carol Dombrow, RD and nutrition consultant with Heart & Stroke.

But are all processed foods created equal?

To better understand processed foods, a classification system called NOVA was developed by an international panel of food scientists and researchers, splitting foods into different categories:

**Unprocessed or minimally processed foods:** Think vegetables, grains, legumes, fruits, nuts, meats, seafood, herbs, spices, garlic, eggs and milk. Make these real, whole foods the basis of your diet.

**Processed foods:** When ingredients such as oil, sugar or salt are added to foods and they are packaged, the result is processed foods. Examples are simple bread, cheese, tofu and canned tuna or beans. They are convenient and help you build nutritious meals.

**Ultra-processed foods:** Almost half of our calories come from ultra-processed foods. They go through

multiple processes, contain many added ingredients and are highly manipulated. Examples are pop, chips, chocolate, sweetened breakfast cereals, packaged soups, chicken nuggets, hotdogs and fries.

Staying away from ultra-processed foods and eating a balanced diet focused on whole foods will help prevent chronic diseases, including heart disease, stroke and obesity. Find out more at [heartandstroke.ca](http://heartandstroke.ca).

[www.newscanada.com](http://www.newscanada.com)



## Summer desserts: healthy homemade popsicles

(NC) Want an easy, refreshing and healthy dessert you can make in less than 10 minutes? Look no further than these avocado-matcha popsicles – the best way to chill out this summer. Dip them in chopped pistachios for an added crunch.

### Avocado-Matcha Popsicles

Prep time: 5 minutes Serves: 6 to 8

Ingredients:

- 1 can (400 mL) full fat coconut milk
- 1 tbsp (5 g) matcha powder
- 2-3 tbsp (10-15 mL) quality maple syrup
- 1 ripe avocado from Mexico
- 1 ripe banana

Directions: Put all ingredients into a high-power blender or food processor and blend until smooth.

Pour the mixture into your popsicle mould. Place the caps on top or insert your popsicle sticks. Put your popsicles in the freezer to set overnight or until frozen solid. You can run hot water over your mould to help remove the popsicles once frozen.

Recipe credit: Gracie Carroll  
[www.newscanada.com](http://www.newscanada.com)

TB Life

# Dandelions came back

**O**K, I was wrong. I felt guilty needlessly. The dandelions came back immediately.

I wrote last week about feeling guilty at mowing our lawns while the dandelion flowers were still in bloom. Yes, there were some making that change to white fluffiness that a good wind sends floating away, but the grass had reached the point where, as my good friend, Dave, says, it would have to be braided if left any longer. So, I fired up the riding lawn mower and got at it.

It was a sunny day and hot.

As I mowed, I was on the lookout for bees, both bumble and honey, buzzing from dandelion to dandelion. When I saw one in front of the mower, I halted and waited, usually not long before the winged thing moved on.



**FRED JONES**

RURAL ROOTS

Eventually, I got most of the mowing done.

The next day as I exited our "hoosie", I

saw that the dandelions had sprung back where I had mowed. All that guilt was for nothing. That is because I forget from year to year what has transpired. I really should get a journal since I've become Freddy Forgetty.

I climbed on board the mower to continue cutting the rest of the lawns. This time I was in front of the flower garden opposite Casa Jones.

We have two crab apple trees there. As I came close with the mower, I saw both trees alive with lots of buzzing bees. My wife, Laura, had said that the bees were never short of a supply of pollen. They'd now moved on to the crab apple trees and if I was to walk to the end of our driveway where three, large Saskatoon bushes thrive, I'd probably see the same dance of the pollinators going on those bushes' petals.

Meanwhile, we have a true murder of ravens flying around our house and barn, perching on the roofs of same and on various fences, the youngsters making one heck of a racket demanding food from the beleaguered parents, Edgar and Lenore.

Most Springs we see perhaps three young ones if they survived the freezing conditions of March, April, and May.

I was in the kitchen when son, Doug, told me to look out the window at all the ravens. We counted eight! What? There were eight ravens all flapping noisily around two larger ones, obviously the parents. Is it possible? Can a pair of ravens hatch six eggs successfully? I did some research.

They can. Ravens can lay as many as seven eggs. So, while in previous years we've only seen up to three 'youngens', this year all of the eggs must have successfully hatched and the babies survived. Quite the gang to feed.

We love our ravens. They do no harm here at our farm although I have heard that they can be literally 'murder' to young calves and lambs pecking out their eyes. But here they just fly around making a lot of noise (the juveniles). Ravens can live up to twenty-one years.

The same ones continue to nest on the same territory so Edgar and Lenore have been here for a long time.

And they are not afraid of me. Laura says it is because they are one of the smartest birds and they know me especially when I feed them.

Our new puppy, Lily, likes to race out the front door barking at a great rate, especially when she sees them all perched together on a fence or on the ground.

Since Lily has spent thus far her puppyhood during this pandemic as we practice social distancing, she insists that the ravens practice it as well.

Lily is our social distancing dog.

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# IN THE bay

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## U.S. prison system slammed in 13th



**MARTY MASCARÍN**

MOVIE TALK

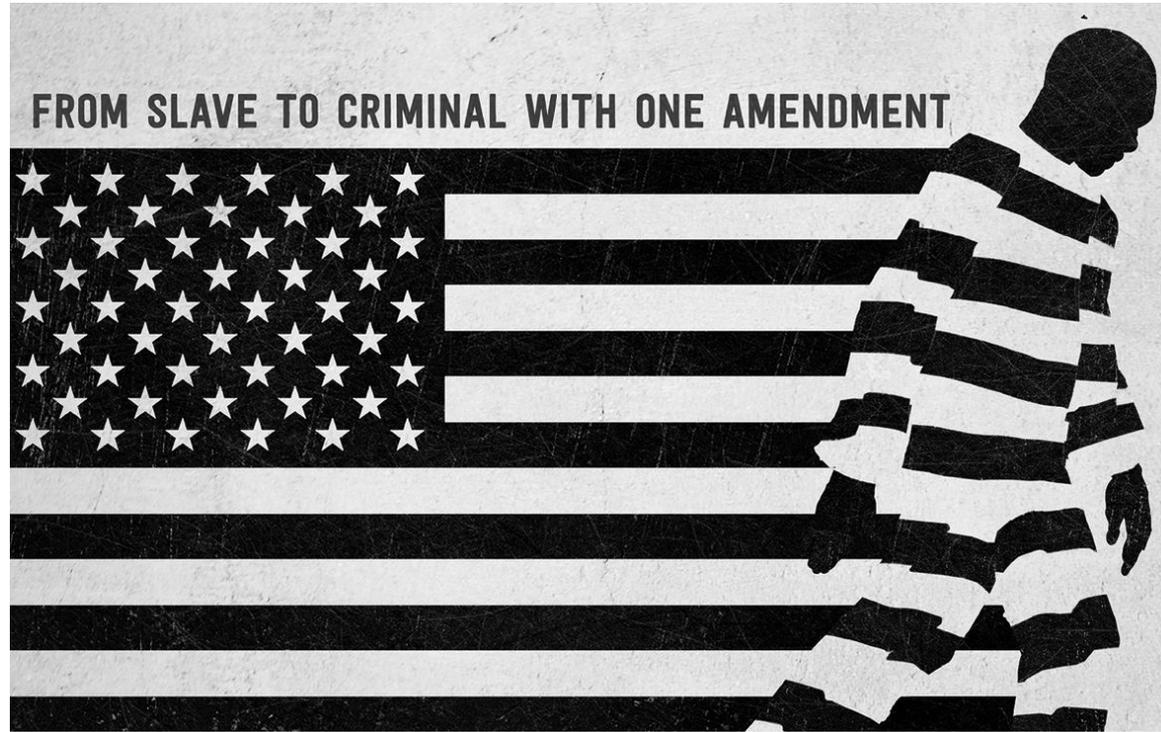
In light of the recent Black Lives Matter marches held both locally and elsewhere, happening in the wake of the tragic of events surrounding George Floyd, it seemed appropriate to look up a fairly recent film dealing with race and the justice system in America.

One such effort is Ava DuVernay's *13th*, (Netflix) which was Oscar nominated for best documentary (2017) and won several Emmys and numerous other awards.

The title is derived from the 13th Amendment which states: "Neither slavery nor involuntary servitude, except as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States."

DuVernay's stunning documentary pointedly declares that this ideal remains depressingly elusive and how such inequalities persist in the judicial system, primarily for blacks.

DuVernay employs a combination of powerful archival footage and interviews with academics, activists, politicians, and other individuals who have either been incarcerated or have been otherwise victimized by a frighteningly inhumane



**UNFAIRNESS:** Ava DuVernay's *13th* shows how inequalities exist in the prison system in the United States, particularly for blacks.

penal system.

DuVernay charts how black oppression evolved throughout US history graduating from the abolition of slavery to 'convict leasing' where blacks were arrested under dubious pretexts and conscripted to make up for the loss of labour, to the era of segregation and murderous harassment by the KKK to

the current period of 'mass incarceration.'

Present are voices both pro and con on DuVernay's overview, though the conservative types come off as stereotypically creepy. Neither the Republicans nor the Democrats are spared.

Republican presidents Nixon, Reagan and Bush all masterfully used fear and

slogans including "War on Drugs" and "War on Crime" to sway voters and harass their perceived enemies.

However, President Clinton tried to outdo the Republicans, resorting to initiatives that emasculated judges, negated parole, and eventually increased the number of prisons and instituted militarization of police forces on all levels.

He is seen years later apologizing, admitting that the latter initiative was a mistake. Undoing this, however, is no easy feat.

Throughout the film, we see prison population figures correspondingly rising due to political initiatives.

The black cause was further hurt by the loss of effective leaders who were either killed, discredited or exiled, including Martin Luther King and others. However, there is little context provided for some cases including 21-year-old Black Panther leader Fred Hampton who was shot by police while still in bed, beside his pregnant wife.

Truly chilling is the corporatization of the penal system where numerous U.S. companies are benefitting as service providers while others exploit the prison population for cheap labour.

DuVernay highlights the plight of various individuals either killed by police or incarcerated under inhuman conditions. Forget about rehabilitation. Some footage and stories are truly unsettling, dispiriting and heartrending.

DuVernay closes by showing how plea bargains have supplanted trials, deemed as too expensive or risky even for the innocent. GPS systems with bracelets are being viewed as a means of relieving the prison population but are insidious encroachments upon civil rights.

The film has its shortcomings, but DuVernay has too much compelling evidence to discount. *13th* is a sad precursor to today's daunting events.

## Listening to the other side doesn't mean you're condoning it

Recently, CNN teamed up with *Sesame Street* for a Town Hall show to discuss racism. While it's difficult to discuss such a weighty topic with kids, it's certainly important. After all, today's children are the potential racists, bullies, and killers of tomorrow.

Or they could be the change that current generations are so desperate to see.

The show began with Elmo and his father talking about the current protests in the simplest of terms. No surprise, there were a lot of "Why?" questions. Why are they protesting? Why isn't everyone treated equally? Why do people dislike others who are a different colour?

Unfortunately, the "why's" never seem to end for a child. Or for adults. But *Sesame Street* helped kids talk about it.



And it's a start.

However, adults don't seem to want this conversation. A conversation involves hearing other people's beliefs, misinformation, personal experiences, and frustrations regardless of whether you agree or not.

Remember, listening to "the other side" does not mean condoning it. Instead, it

empowers you with facts and ammunition to make your own point.

Recently, QB Drew Brees renewed his condemnation of players who protested racial injustice by taking a knee during the National Anthem. He was immediately labelled racist. End of conversation.

But there was more. Instead of shutting him down, Brees' critics could have asked "Why?" And they would have heard him say he felt it disrespected his family members who fought wars for American freedom.

They could have then shown him that his family's sacrifice was disrespected when an unarmed black man was shot while jogging. Or asked him what those

soldiers would think of their legacy when police today demanded ID from black youths like the Jews in 1940s Poland who had to carry identification papers.

We have to understand each other's side – right or wrong – in order to move ahead. But who wants to risk it? Some celebrities are using their star-power to jumpstart that conversation. And it's made them targets for their own past infractions.

*9/11* star, Ryan Guzman had to apologize for old texts between friends. *Glee*'s Lea Michele had to defend her bad behaviour on-set years ago. Even the beloved Ellen DeGeneres was criticized for using the term "people of colour" while calling for racial equality.



ELMO

So after trying to be leaders and saying "Let's do better," even those with the best of intentions have to apologize, promising to "listen more and talk less." Good idea.

Except NHL Penguins captain, Sidney Crosby, was recently criticized for not using his position to make a statement. So a white guy from Canada stayed silent on the subject of black inequality in America. And talking less got him in trouble too.

Look, everyone can do better. But in order to do so, we have to be open to each other's truth.

We can ask "Why?" but we need to be willing to hear the answers without shutting others down.

And if the answers aren't good enough, just keep asking "Why?" After all, it works for our kids.

IN THE BAY

# Books help explain Indigenous culture



**JOHN PATEMAN**

**BOOK BANTER**



Thunder Bay is on the front line of Indigenous issues in Canada.

We have the largest per capita Indigenous population of any Canadian city.

We have also been named by Macleans magazine as the race hate capital of Canada.

Former *Toronto Star* journalist Tanya Talaga wrote an award winning book – *Seven Fallen Feathers* – about seven Indigenous youth who died in Thunder Bay. Two reports have been written about racism in the Thunder Bay Police Service and its governing board.

The *Globe & Mail* established a press bureau in Thunder Bay to explore racism in the city and report how city institutions are responding to this challenge.

In many ways Thunder Bay has become defined provincially, nationally and internationally by its relationship with the Indigenous community.

To better understand this relationship in its broader historical context *21 Things You May Not Know About The Indian Act: helping Canadians make reconciliation with Indigenous Peoples a Reality* (Indigenous Relations Press, 2018) by Bob Joseph is the essential guide to understanding the Indian Act and its repercussions on generations of Indigenous Peoples.

Since its creation in 1876, the Indian Act has dictated and constrained the

lives and opportunities of Indigenous Peoples, and is at the root of many enduring and damaging stereotypes.

Joseph dissects the complex issues around the Indian Act, and demonstrates why learning about its cruel and irrevocable legacy is vital for the country to move forward toward true reconciliation.

To better understand Indigenous Peoples *Everything You Wanted to Know About Indians But Were Afraid to Ask* (Borealis Books, 2012) by Anton Treuer provides matter of fact responses to over 120 questions, both thoughtful and outrageous, modern and historical.

These questions range from terminology (what does the word powwow mean?) and history (did Native Americans scalp?) to religion, culture and identity (why do Indians have long

hair?) and politics (what is sovereignty?).

There are also questions about tribal languages, economics, education and perspectives: coming to terms and future directions.

For those who want to be allies to Indigenous Peoples the final section: finding ways to make a difference, has answers to the question, how can I help?

To better understand treaties *The Relentless Business of Treaties: how Indigenous land became U.S. property* (Minnesota Historical Society Press, 2018) by Martin Case explains how the property system of the United States was foisted upon Indigenous Peoples through the mendacity of traders, speculators and politicians. Commercial, family, and political ties

among U.S. treaty signers and negotiators ensured corrupt bargains and the tragic loss of tribal lands.

From the first fur traders to the historians who spun the spurious yarn, the author dispels the great mythology of America's westward expansion.

Although you won't find these stories in text books they show how the United States was built and how some Americans built their fortunes.

It is these stories, which tell the country's unvarnished history, that belong in the classroom.

These books have information and implications that every citizen of Thunder Bay should engage with and understand.



## CROSSWORD PUZZLE

- ACROSS**
- Smear on
  - World War I battle site
  - Girl
  - Kwa language
  - W. Indian hog plum
  - S.A. tuber
  - N. Afr. garment
  - Disburse
  - Television band abbr.
  - Clergyman
  - Appraise
  - Opposite of vacuum
  - Cotillion attendee
  - Ghastly
  - Appearance
  - Switch positions
  - Gelid
  - Amazon tributary
  - Fade (2 words)
  - Museum (Fr.)
  - Formal dance
- (Fr.)
- Gib
  - Intrigue
  - Mourning band
  - Amer. Automobile Assn. (abbr.)
  - Scarce
  - "Dies \_\_\_\_\_"
  - Dadaist
  - Fertilizer ingredient
  - Inclined way
  - Held a session
  - Ovule
  - Lamb's pen name
- DOWN**
- Burmesese knife
  - Oriental potato
  - World
  - Pac. island
  - Term of address

ANSWER TO PREVIOUS PUZZLE

M	O	N	A	F	A	R	A	B	E	D
A	M	E	N	A	D	O	G	A	L	E
C	E	I	L	C	C	W	E	R	I	C
E	R	N	A	N	I	E	N	N	E	A
O	R	L	E	A	N	S	P	A	S	A
K	A	A	D	E	W	A	B	A		
A	P	P	L	E	C	H	A	B	L	I
T	R	E	N	C	H	T	A	B	A	R
A	E	R	O	A	S	I	I	L	I	A
A	B	A	S	F	A	S	S	A	N	D
L	A	T	E	E	D	H	M	E	G	A

- Heb. measure
- "Blue Eagle"
- Server
- Vital principle
- Andes grass
- Strongbox
- Quid
- Mother of Hezekia
- Walk heavily
- Moon (pref.)
- Arid
- Noun-forming (suf.)
- Inner
- Scientific name (suf.)
- Freedman in Kentish law
- Adjective-forming (suf.)
- Amer. Bar Assn. (abbr.)
- Pinniped
- Extinct bird
- Arbiter
- Stair part
- Heddles of a loom
- Rhine tributary
- Baptist (abbr.)
- Algonquian language
- Land measure
- Male friend (Fr.)
- Environmental Protection Agency (abbr.)

## WORD SEARCH

S S N G T U S R A I L I N G S  
 T W O N S S Z E N L B N Q D T  
 S A I I A W W R F W L V I E F  
 I L T R N W A U R I I A D D I  
 G F A C S C A S C E N D E D R  
 O H K L V C R N G Y D E T U A  
 L A R E O L R I W I S R S H I  
 O W A R M E D A M E J I I T S  
 T K B A C S Y S P I R F M E E  
 N E M P C K K B O C N O R B S  
 O D E P O C S S R S D A L O O  
 E L S A I U E U E E K O T A O  
 L I I W O R P N N K W C J E G  
 A J D E X T P I T S A E O U S  
 P O J D U K W S K N U B D M L

- |          |                |                 |         |
|----------|----------------|-----------------|---------|
| Accent   | Disembarkation | Incriminate     | Raises  |
| Anyway   | Dries          | Insurer         | Rifts   |
| Apparel  | Finest         | Invader         | Scoped  |
| Ascended | Fired          | Jigsaws         | Scrap   |
| Bakes    | Flaws          | Misted          | Thudded |
| Blinds   | Galore         | Mocks           | Trucks  |
| Blows    | Glint          | Paleontologists | Warmed  |
| Brewed   | Gooses         | Pawed           | Wicks   |
| Bronco   | Harass         | Pesky           | Widths  |
| Bunks    | Hawked         | Railing         | Wined   |

**ENIGMA**™ ENIGMA cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "N" = "H"

"GYO FQCBXTXYSV YID VDSB BQ  
 UYVNXSZBQS GR ZQO FDQFCD UNQ  
 OQS'B JQBD."

— UXCCXYW D. VXXWQS

PREVIOUS SOLUTION: "We never reflect how pleasant it is to ask for nothing." — Seneca



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## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

	4	6	1					
2			7					1
					4			2 3
						3 7	9	4
		5						
	1			4				9
	9				1 7			2
	6 4 5							

# Sports

local sports news | information | coverage



SEASON DONE: Isalah Traylor was an OUA all-star in his final season with the Thunderwolves.

## OUA season on hold

**THUNDER BAY**  
By Leith Dunick – TB Source

Tom Warden says Ontario University Athletics' decision to cancel sanctioned sporting activity until at least Dec. 31 is gut-wrenching.

But Warden, the athletic director at Lakehead University, on Monday said it was a move that had to be made.

Schools were left with little other choice, after the COVID-19 pandemic struck.

"My reaction is I saw it coming and I respect the governing bodies that have made these decisions. It's based on the health and safety of our students and our student athletes," Warden said, the news coming a day after Canada West announced it had cancelled all varsity games and events through the end of the year.

Atlantic University Sport followed suit on Monday, and U Sport announced it has cancelled all fall championships, including football's Vanier Cup.

"It is a difficult one, but certainly our sector is not alone for difficult situations and difficult decisions," Warden said.

"Putting students first, putting our community first, is the important part."

Lakehead has men's and women's basketball, track and field, cross-country, wrestling and Nordic ski teams. The Thunder Bay school also has men's hockey and women's volleyball teams.

Warden said it's too soon to make any projections about what might happen when January arrives, but if sports are played, it almost certainly won't be business as usual -- and that's if the games resume at all in 2020-21.

"To be clear, whatever it looks like, it'll be different," Warden said. "It might be a group of games that are concentrated. It might not be. So to say what we used to do is difficult to gauge. I think we've got to get through this decision, figure out where we are as far as what's happening with the health and science of all this and see if we can put together a plan that helps our student athlete have an experience.

"Obviously that experience is going to be different this next year. But Lakehead University and certainly U Sports and the OUA are dedicated to trying to make sure they have a good experience."

# Haley Irwin retires

**HOCKEY**  
By Leith Dunick –TB Source

Haley Irwin is hands up and high-fiving it into retirement.

The two-time Olympic gold medallist – who also won silver with Canada's women's hockey team in 2018 – hasn't played in two years, but on Wednesday made it official that she was hanging up the blades for good.

"Hockey has been my passion since I was a young girl and I feel very fortunate to have been able to wear the Maple Leaf and represent this amazing country we live in," said Irwin in a release issued by Hockey Canada.

"Hockey has taught me so many valuable lessons, given me so many amazing experiences and helped shape the person I am today. My teammates have become like family to me and I am forever grateful for the friendships I have gained and will cherish the memories we made."

Irwin wraps up her career inside the top 20 all-time scorers with Canada's national women's hockey team, finishing with 80 points in 108 games.

She won gold in 2010 in Vancouver and followed up with a second gold in Sochi, Russia four years later.

The Thunder Bay native also represented her country at five women's world championships, winning gold in 2012 and silvers in 2009, 2010, 2013 and 2017.

Closer to home, Irwin represented Ontario at the Esso Women's Nationals, capturing gold in 2005 and bronze in 2007.

"I am forever grateful and proud to have been able to win the maple leaf. I will miss everything about being a player, but will carry the lessons and memories with me forever," Irwin said in an Instagram post.

It was that passion for the game that endeared her to Gina Kingsbury, Hockey Canada's director of women's national teams.

"Haley was always driven to win and fiercely competitive, which is why she was so successful. Her ability to read the game was a large part of that success and will no doubt be with her as she pursues a coaching career," Kingsbury said.

"We thank Haley for being a part of our program for 11 years and for contributing to our success. We have been fortunate to have Haley return to Hockey Canada in a mentor role, leading and inspiring our younger athletes to reach their goals, on and off the ice. We look forward to welcoming her back in the future, this time behind the



DOUBLE GOLD: Haley Irwin won three Olympic medals.

bench."

Irwin was a four-year starter at the University of Minnesota-Duluth, capturing an NCAA championship in 2008. She was the WCHA rookie of the year that same season and twice was a finalist for the NCAA top women's player of the year award.

Irwin was the third overall pick of the Montreal Stars in the 2012 Canadian Women's Hockey League draft.

After the 2018 Olympics, Irwin embarked on a coaching career, joining the Barrie Jr. Sharks of the Provincial Women's Hockey League. She's also assisted the national women's team with player development and skills sessions and is headed into her second season with the Ryerson Rams women's team as the lead assistant coach.

"I owe so many thank yous to the incredible people who guided me, supported me and believed in me," Irwin said. "To my family, who have been on this amazing journey with me, I thank you from the bottom of my heart for your endless support and love. Playing for Team Canada was an honour and a dream come true and I will carry it with me for the rest of my life."

### ANSWERS TO THIS WEEK'S PUZZLES

DAUB	MONS	SIS
AGNI	AMRA	OCA
HAIK	DEAL	UHF
VICAR	VALUE	
PLENUM	DEB	
LURID	ARRIVAL	
ONS	ICY	ICA
DIEAWAY	MUSEE	
BAL	TOMCAT	
CABAL	CRAPE	
AAA	RARE	IRAE
ARP	UREA	RAMP
MET	SEED	ELTA

8	4	6	1	2	3	5	9	7
2	3	9	7	5	8	4	1	6
1	5	7	9	6	4	8	2	3
9	8	3	4	1	6	2	7	5
6	2	1	3	7	5	9	8	4
4	7	5	2	8	9	3	6	1
3	1	2	8	4	7	6	5	9
5	9	8	6	3	1	7	4	2
7	6	4	5	9	2	1	3	8

S	N	G	T	U	S	R	A	I	L	L	I	N	G	S
S	T	S	W	O	N	E	N	L	B	N	Q	D	F	I
S	A	I	L	L	S	Z	E	N	L	B	N	Q	D	F
L	L	R	N	F	A	U	R	F	M	Q	D	D	I	I
G	A	C	C	S	C	E	N	E	D	E	D	R	A	
O	H	K	L	V	C	R	S	C	E	N	E	D	R	A
L	A	R	E	O	L	F	I	M	S	R	B	H	A	I
O	W	A	R	M	E	D	A	M	E	L	I	S	A	
T	K	B	A	C	S	Y	S	P	R	F	M	E	S	
N	E	M	P	C	K	S	B	R	O	N	O	R	B	S
O	E	P	I	C	K	S	B	R	O	N	O	R	B	S
E	L	I	S	A	U	E	D	E	R	O	A	E		
L	I	W	O	R	D	E	P	E	R	O	A	E		
A	J	O	E	X	T	P	I	D	G	A	F	E		
P	O	J	D	U	K	W	S	K	N	D	B	D		

PREVIOUS SOLUTION: "Bad politicians are sent to Washington by good people who don't vote."— William E. Simon

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- REAL ESTATE**  
 01. City Homes  
 02. Rural Homes  
 03. Mobile Homes  
 04. Lots / Acreage  
 05. Condos For Sale  
 06. Cottages  
 07. Commercial for Sale  
 08. Investment Property  
 09. Out of Town  
 10. Real Estate Wanted

- FOR RENT**  
 11. Houses  
 12. Apartments  
 13. Rooms  
 14. Room & Board  
 15. Shared Accommodations  
 16. Cottages  
 17. Commercial  
 18. Storage/Space  
 19. Wanted  
 20. Condos  
 21. Miscellaneous

- MERCHANDISE**  
 22. Bargain corner  
 23. Misc. For Sale  
 24. Antiques  
 25. Music  
 26. Office Equip.  
 27. Machinery  
 28. Pets & Livestock  
 29. Food  
 30. Misc. Wanted

- VEHICLES FOR SALE**  
 31. Cars  
 32. Trucks  
 33. Vans  
 34. Motorcycles/ATV's  
 35. Campers/Trailers  
 36. Motor Homes  
 37. Marine Equip.  
 38. Snowmobiles  
 39. Parts & Repairs

- YARD SALES**  
 40. Current River  
 41. Northward  
 42. Southward  
 43. Westfort  
 44. Rural

- MISCELLANEOUS, NOTICES, TENDERS**  
 45. Auctions  
 46. Health  
 47. Travel  
 48. Financial  
 49. Lost & Found  
 50. Personal  
 51. Notices  
 52. Tenders

- BUSINESS & SERVICES**  
 53. General Services  
 54. Home Improvements  
 55. Bus. Opportunities  
 56. Training Courses

- EMPLOYMENT**  
 57. Help Wanted  
 58. Careers  
 59. Child Care  
 60. Health Care  
 61. Employment Wanted  
 62. Students For Hire
- ANNOUNCEMENTS**  
 63. Coming Events  
 64. Craft & Flea Markets  
 65. Happy Ads  
 66. Cards of Thanks  
 67. In Memoriam  
 68. Death/Funerals

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to determine page locations.

Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the advertisement and box rental.

Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to avoid loss.

All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written notice.

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 Up to 20 words **\$9.99**  
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 \*Must be run in consecutive weeks. No additions to ads. Does not apply to Bargain Corner ads.  
**No refunds on cancellations.**

**BARGAIN CORNER**  
 15 words max. for items under \$500. Must contain price.  
**ONLY \$480**  
 Plus HST

**DEADLINE**  
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 Display & Photo Ads: **MONDAY @ Noon**  
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 or online at <https://shop.dougallmedia.com>  
**Office Hours:** Mon. - Fri. 8:30a.m. - 5:00p.m.

**12. APARTMENTS FOR RENT**

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 Mon.-Fri. 8:30am - 5pm  
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[www.dawsonprop.com](http://www.dawsonprop.com)

**30. MISC. WANTED**

**WANTED \$ TOP DOLLAR PAID \$**  
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 On the spot for your scrap cars, trucks, vans and SUV's. Same day pick-up with CASH.  
 Call Marcel  
**624-7242 or 626-0161**

**53. GENERAL SERVICES**

**Looking for Tree Removal?**



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**626 3542**

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**53. GENERAL SERVICES**

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#1 YARD CLEAN-UPS Grass cutting, garbage dump runs. Have riding lawnmower. Phone Brian 768-9849 or 474-8870.

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TREE REMOVAL SERVICES. In town or rural, ++experience, Man-lift, insured, and seniors discounts! Very reasonable rates, free estimates. Call 345-4363

**68. DEATH/FUNERALS**



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**768-4411**




**51. LEGAL NOTICES**

**NOTICE TO CREDITORS AND OTHERS**  
**In the Estate of Kaz Mazur**

All Persons having claims against the Estate of Kaz Mazur, late of Thunder Bay, ON, deceased, who died on or about May 9, 2020, are hereby notified to send particulars of the same to the undersigned on or before June 18, 2020, after which date the estate will be distributed, with regard only to the claims of which the undersigned shall then have notice and the undersigned will not then be liable to any person of whose claims they shall not then have notice.

Dated at Thunder Bay, Ontario on the 20th day of May, 2020.

**ERICKSONS LLP**  
**ATTN RYAN VENN**  
 Barristers and Solicitors  
 291 South Court Street  
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ANSWERS TO THIS WEEK'S PUZZLES ARE ON PAGE 12.

**61. HERE'S MY CARD**

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