

Dryden 3 tugboat lands at waterfront, part of Transportation Museum /4

HAMILTON HYPE



Long-awaited film debut of Broadway smash lives up to billing / 12



Lakehead turns to U.S., brings home pair of Canadian ballers / 14



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Rocks of ages

Draining of Boulevard Lake allows researchers a closer look at a circle formation of rocks uncovered at the site /3

LIGHTING UP THE NIGHT SKY

CANADA DAY ON MOUNT MCKAY: Fort William First Nation provided the July 1 fireworks show, after the city cancelled its planned display because of COVID-19.

REVIEW

2

Review of Long-term Management Direction for the 2023-2033 Forest Management Plan and Review of Proposed 2021-2023 Contingency Plan for Armstrong Forest

The Ontario Ministry of Natural Resources and Forestry (MNRF). NorthWinds Environmental Services and the Armstrong Local Citizens' Committee (LCC) invite you to review and comment on the proposed long-term management direction for the 2023-2033 Forest Management Plan (FMP) and review and comment on the proposed 2021-2023 Contingency Plan (CP) for the Armstrong Forest.

Currently, the MNRF is taking steps toward separating the amalgamated Lake Nipigon Forest (MU815). This process will create two new forest management units, the Armstrong Forest being one. The development of a forest management plan for each of the new units is currently taking place.

The Planning Process

The CP will take approximately two years to complete and the 10-year FMP will take an additional year to complete. During this time, five formal opportunities for public consultation and First Nation and Métis community involvement and consultation are provided. The first opportunity (Stage One) for the concurrent development of this FMP occurred on September 27, 2019 when the public was invited to "Participate" in the development of the plan with the intent to implement the CP starting 2021.

This 'Stage Two' notice is:

- To invite you to review and comment on:
 - the proposed long-term management direction for the forest;
 - the areas which could reasonably be harvested, and the preferred areas for harvest operations, during the 10-year period of the plan;
 - the analysis of alternative one-kilometre wide corridors for each new primary road which is required for the next 20 years.
- To request your contribution to background information to be used in planning.

How to Get Involved

To facilitate your review, a summary of the proposed long-term management direction for the forest can be obtained electronically on the Ontario government website (www.ontario.ca/forestplans). A summary map(s) of the preferred and optional harvest areas for the 10-year period of the plan and alternative corridors for each new primary road which is required for the next 20 years will also be available electronically.

In addition to the most current versions of the information and maps which were available at Stage One of public consultation, the following information and maps will be available electronically:

- Summary of public comments and submissions received to date and any responses to those comments and submissions;
- A summary report of the results of the desired forest and benefits meeting;
- Environmental analysis, including use management strategies of the alternative corridors for each new primary road;
- Maps that portray past and approved areas of harvest operations for the current forest management plan and the previous 10 years;
- Criteria used for the identification of areas that could reasonably be harvested during the 10-year period of the plan;
- The rationale for the preferred areas for harvest;
- Summary report of the activities of the local citizens' committee to date.

The above information can be made available electronically by contacting the Company and/or MNRF office listed below, during normal office hours for a period of 30 days: July 2, 2020 - July 31, 2020.

Comments on the proposed long-term management direction for the Armstrong Forest must be received by Vishnu Kowlessar of the planning team by July 31, 2020.

Remote meetings with representatives of the planning team and the LCC can be requested at any time during the planning process. Reasonable opportunities to remotely meet planning team members during non-business hours will be provided upon request. If you require more information or wish to discuss your interests and concerns with a planning team member, please contact one of the individuals listed below:

Vishnu Kowlessar	Jeff Cameron, R.P.F.
MNRF, Thunder Bay	Senior Consultant, Plan Author
District Office	NorthWinds
435 James Street South	Environmental Services
Suite Boo1	195 Park Avenue
Thunder Bay, ON P7E 6S7	Thunder Bay, ON P7B 1B9
Thunder Bay, ON P7E 6S7 tel: 807-475-1163	

Don Plumridge Armstrong LCC c/o MNRF, Thunder Bay **District Office** 435 James Street South Suite B001 Thunder Bay, ON P7E 6S7 tel: 807-473-3082

During the planning process there is an opportunity to make a written request to seek resolution of issues with the MNRF District Manager or the Regional Director using a process described in the 2017 Forest Management Planning Manual (Part A, Section 2.4.1).



Stay Involved

There will be three more formal opportunities for you to be involved. Stages One through Three of both plans will run simultaneously using the same information. After Stage Three, the plans will become distinct and the CP implemented.

These stages are listed and tentatively scheduled as follows:

Key dates for the CP include:

Stage Three - Information Centre - Review of Proposed Operations Stage Four - Information Centre - Review of Draft Contingency Plan Stage Five - Inspection of the MNRF-Approved Contingency Plan	August 2020 November 2020 February 2021
Approved Contingency Plan Implementation	April 1, 2021
Key dates for the FMP include:	

Stage Three - Information Centre - Review of Proposed Operations	May 2021
Stage Four - Information Centre - Review of Draft Forest Management Plan	August 2021
Stage Five - Inspection of the MNRF-Approved Forest Management Plan	February 2022
Approved Forest Management Plan Implementation	April 1, 2023

If you would like to be added to a mailing list to be notified of public involvement opportunities, please contact Vishnu Kowlessar at 807-475-1163.

The Ministry of Natural Resources and Forestry is collecting your personal information and comments under the authority of the Crown Forest Sustainability Act. Any personal information you provide (address, name, telephone, etc.) will be protected in accordance with the Freedom of Information and Protection of Privacy Act; however, your comments will become part of the public consultation process and may be shared with the general public. Your personal information may be used by MNRF to send you further information related to this forest management planning exercise. If you have questions about the use of your personal information, please contact Alison Dupuis at 807-475-1512.



FRIDAY

LOCALNEWS



UNCOVERED: Researchers have long known about a mysterious rock circle which normally sits underneath Boulevard Lake.

Draining lake reveals possible sacred place

"It's clearly

made by

human

hands, but

there's a lot

of rocks."

SCOTT

HAMILTON

THUNDER BAY By Gary Rinne – TB Source

The rehabilitation of the Boulevard Lake Dam is giving researchers investigating a 30-metre-wide stone circle on the lake bottom a unique opportunity.

The ring of rocks has been the subject of speculation for many years, with theories about its origin ranging from a prank to a fish trap to a ceremonial Indigenous gathering place.

Now that the rocks have been exposed by the draining of the lake, Lakehead University's anthropology department is working with the faculty of natural resources management to gather data and more closely examine the phenomenon.

The study team is consulting closely with Fort William First Nation, as anthropology professor Scott Hamilton suspects it is a sacred space prepared by the people who lived here well before the arrival of Europeans.

Hamilton previously investigated the site a few years ago when the lake was last drained.

"I didn't really want to mess around anymore until I had the interest and support of the nearest First Nation," he said in an interview Monday. "Fort William First Nation has expressed interest in collaborating with the university to explore it further."

No one is sure how long ago the rocks were laid down, but Hamilton says there are some clues.

Although it almost certainly predates the construction of the dam and the flooding of Boulevard Lake in the early part of the 20th century, he said "It's not really ancient because we can see pieces of wood protruding out from underneath the rocks. So it's a few hundreds of years old rather than a few thousands of years old."

The ring of stones is located on what was previously a

dry terrace overlooking the river.

"It's clearly made by human hands but there's a lot of rocks. A lot of sweat equity went into moving those rocks because some are quite big," Hamilton said.

He added there is a range of compelling social reasons why people would go to all that work, one of which is to establish some kind of sacred space.

Since the site overlooks a major set of rapids, Hamilton speculates that it was likely a good site for fishing.

"If it's a good fishery, that's going to attract lots of people every spring, and perhaps every fall. When you get gatherings of people, there's all kinds of social and ceremonial activities. That's a good working hypothesis," he said.

> Radiocarbon dating of the pieces of wood beneath the rocks could eventually pinpoint the era in which the ring was built.

> The team also hopes to test the soil around the terrace to get a sense of what the vegetation was like before the area was flooded by Boulevard Lake.

For now, it has plenty of data to analyze, after a few days spent at the site on the weekend with specialized scanning equipment and a drone to map and measure it.

The equipment is more advanced than the gear that was used in the earlier study.

Hamilton plans to return later this year with a colleague who specializes in paleoecology.

In the meantime, he's asking members of the public not to disturb the site.

"We have seen that there's people mucking around, moving rocks, plucking rocks out and turning them over...This is always a problem with heritage sites. People being interested will often destroy the thing they're interested in. Yeah, be interested, but respect the place," Hamilton said.



Weather Forecast

THURSDAY

WEDNESDAY



LOCALNEWS



WORK NEEDED: The Dryden 3 will be restored and featured as part of the museum.

Tug find waterfront home

THUNDER BAY By Leith Dunick – TB Source

The COVID-19 pandemic has slowed plans to reinvent the Pool 6 property as a transportation museum, but it hasn't stopped them in their tracks.

On Friday the latest addition arrived, the rust-coated, weather weary tugboat Dryden 3, which was maneuvered into place toward the western end of the pier by crane, the start of a restoration project aimed at restoring the tug to its former glory.

Charlie Brown, president of the Lakehead Transportation Museum Society said the Russell tug is a unique addition to the Thunder Bay waterfront.

"It's quite indicative as one of the exact kind of tugs that were working in the harbour here, pulling around log booms and moving logs around when the lumber industry was really pushing things out into the lake," Brown said.

The boat in question was donated by Garden Lake Timber and installed with

the help of Tower Light, which nestled the tug into place on its dirt-raised perch.

"As you can see, it's a little bit of rough shape right now, but she's actually in pretty good overall shape, so we're going to paint it up, put some windows in it and she'll be a static display, part of our marine history as well."

It's the first of what Brown hopes to be several additions to this particular section of the land adjacent to the pier, which is also home to the city's cruise ship dock.

"We're still talking to the city about bringing the Brill trolley buses in. We're looking at pouring some pads and hopefully we can get that done this year ... Then we'll be developing this area. We'd like to build a little stand in behind us here and we can do movie nights and all kinds of different things."

They're also in preliminary discussions with the city about moving the 115-yearold James Whalen Tug and a Via Rail car currently housed at the Kaministiquia River Heritage Park.

The future museum's centrepiece

attraction, the former Canadian Coast Guard icebreaker Alexander Henry, is also open for business, about a month later than hoped for, Brown said.

Tourists will be able to enjoy an exterior tour for now, on Tuesdays and Fridays, which they hope to expand to include the interior of the Thunder Baybuilt vessel if and when Phase 3 of Ontario's reopening plan begins.

"If we get a lot of response from the public, then we'll certainly open up more days. As Stage 3 comes open, I'm thinking in maybe a week or so, we can get the entire ship open and we can start giving full tours," Brown said.

"We're doing the distancing, so six feet. Masks are going to be mandatory. If you don't have one, you can purchase one here at the gate. We have the spray for your hands too."

Brown said the ship opened for tourists, which will be mostly locals this summer, on Canada Day. He noted it will be cash only this summer, as they don't have credit or debit capability.

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LOCALNEWS



VIRUS VACATION: The Canoe4Covid team arrived in Nipigon last weekend, and plan to paddle from Armstrong, Ont. to Ottawa for coronavirus relief.

Epic canoe trip underway

Canoe4Covid has raised nearly \$50,000 to to help those impacted by virus

NIPIGON By Ian Kaufman – TB Source

Travelling through the isolated wilderness of Wabakimi Provincial Park, it's possible to forget about the COVID-19 pandemic causing disruption around the globe. But not for the six young men behind Canoe4Covid, who focused their epic 60-day journey from Armstrong, Ont. to Ottawa on the crisis.

The team had raised nearly \$50,000 for COVID-19 support efforts when they left Nipigon Monday morning after a day-and-ahalf of rest, closing in on their initial fundraising goal only a sixth of the

"We're really

pushing

ourselves."

CAILAN

MAURUTTO-

ROBINSON

way through their trip. The group of 18-year-olds (and one almost-18-year-old), who hail from Toronto, share a passion for the outdoors and canoe tripping. They met as councillors leading trips at a camp in Algonquin Park last summer.

Unsure

When the pandemic first began registering as a serious crisis earlier this year, team member Georges Kirijian was in denial, texting daily with friends about whether the camp might still be able to operate.

"We were trying to block the idea (that it could be cancelled) out, convincing ourselves it was going to happen – because this is like our safety net," he said.

When hope turned to disappointment, the

group started dreaming big, conceiving of the idea of a massive canoe trip from Wabikimi down to Ottawa that would help raise money for those impacted by the pandemic.

They initially thought their \$60,000 fundraising goal was ambitious, if not unrealistic. All six were taken aback at the success of their campaign, which took them by surprise after days without cell or internet service.

"About three days ago, we got service for the first time," recounted Kirijian. "Right when we saw the bar, we were all making bets about what the number was going to be

at – none of us were even close. "When I first came up with the idea of \$60,000, I thought it was a ridiculous number, and we're close to it. I don't know what's going to happen after this."

The money will go to Food Banks Canada's COVID-19 response fund, with half dedicated to supporting Indigenous communities.

The dramatic scenery of the region had made a strong impression on the team, with Wabakimi, Kapka River, and Lake Nipigon – where they travelled 80 kilometres in a day, including a 12-kilometre open water crossing – some of the highlights.

Encounters with other people, while rare, had also brightened the trip – Bruce Hyer of Wabakimi Outfitters met the team on a float plane to drop off some fruit, while a handful of Nipigon residents awaited them on their arrival.

While they've found time to enjoy the scenery, the idea of the trip is to push themselves to their physical limit, they said – part of what has drawn attention to the fundraising initiative.

"The route we're doing is so intense that people in the canoe tripping community see that and are impressed," said Cailan Maurutto-Robinson. "We're really pushing ourselves."

Not too tough

While grueling, that has an appeal of its own, he said.

"It's an adjustment to be hauling so hard every day, doing an average of 40 kilometre days. But eventually, you just get in this rhythm that cannot be stopped. You wake up in the morning, the tents are packed, the next thing you know you're on the water, paddling."

From Nipigon, the crew will spend seven days paddling Lake Superior to the Michipicoten River, spending time on the Spanish and French Rivers and Georgian Bay, before taking the Ottawa River to their destination in the nation's capital.

Their progress can be tracked on their website, where donations can also be made, or through their Instagram account.

The crew is also filming a documentary of the trip that will be made available after its completion.





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Editorial

EDITORIAL

Masks are necessary

The question of whether to wear a mask while in public, indoor spaces is upon us.

The answer should be yes.

Toronto and Ottawa this week enacted face-mask laws, requiring most people to wear masks in all indoor, public settings. While those two communities, Ontario's largest, have not fared as well as Thunder Bay and the rest of Northwestern Ontario when it comes to corraling

COVID-19, lawmakers in both cities have decided to listen to the experts. Wearing a mask isn't comfortable. It in 't argue and it isn't something wa're

isn't sexy and it isn't something we're used to doing in North America. But for now, it's the right thing to do and

similar legislation would be welcome from the City of Thunder Bay – something the mayor plans to bring to council on July 20.

Wearing a mask will help you prevent spreading of COVID-19. More businesses are open and, combined with the warm weather, more people are starting to gather. It's easy to forget social distancing requirements.

Requiring the public to wear masks isn't leading us down the slippery slope to dictatorship, as some conspiracy theorists would like you to believe.

It's short-term pain for long-term gain. The more we keep the virus at bay, the quicker we can return to more normal times. Ignore it at all of our peril.

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Public better option

To the editor: Why does Premier Doug Ford do what he does?

Recent letters to the editor attracted my interest and I decided to add my voice to the chorus after reading the horror stories about private long-term care companies.

In my former working days as an auditor, I was trained to connect the dots in order to obtain a complete picture, but when it comes to Bill 175 and Doug Ford, some of the dots are missing.

Ford should be aware that most people would prefer to reside in a public long-term care home rather than a private home and he probably has enough street smarts to know that it would be better politically to push for public home care.

Yet he seems determined to push for private care, so it would seem that some of the missing dots deal with what's in it for his government?

It was reported that Ontario has about 750,000 people requiring longterm care, which creates a major cost outlay for the province. The amount of millions in government funding required has attracted private companies who have more of an eye for profit, rather than for patient care.

With private companies skimming off a major portion of available funds for executive salaries, dividends and directors' fees, there is less money available for residents and front-line staff.

Although my wife and I were born in the 1930s, we are lucky to still be able to live independently in our condo without needing caregivers. But we are aware this could change in the near future. Doug Ford and Bill 175 give us some concern.

We are hoping that enough public outcry can be generated to have Bill 175 shelved.

Peter Strawson, Thunder Bay

LETTERS TO THE EDITOR



Indigenous exploration

There are two very good analyses of Indigenous history which also point to the future. *The Red Indians* (2008) by Peter Kulchyski is 'An Episodic, Informal Collection of Tales from the History of Aboriginal People's Struggles in Canada.'

The title, *Red Indians*, is a word play on the colonial practice of

labelling and distinguishing different 'Indians'. Here it refers to

Indigenous people who are on the political left – those who struggle against capitalism as well as

colonialism. Kulchyski gives us episodes from the history of the contact between Indigenous people and colonizers, through the treaty processes and early political organizing, up to more recent policies of assimilation and the struggles of today.

'This book is called The Red Indians, a title that may upset or even offend some people. For me the Red Indians are aboriginal leaders who were "reds", that is, on the left of the political spectrum. The Red Indians, leaders like Fred Loft or Malcolm Norris, were those who, in fighting for aboriginal rights, saw an affinity or similarity with the struggle against capitalism. They were way ahead of their time in recognizing that the values of socialists and the traditional values of aboriginal peoples had much in common.'

This book provides an introductory historical overview and an astute,

nuanced analysis of C a n a d i a n Indigenous politics. Kulchyski shows that there has been a 'turn to the political' in the last 100 years of Indigenous Canadian history,

that treaties are not a side issue but rather at the very heart of Canada's constitutional fabric, and that the history of Indigenous Peoples in Canada is the history of Canada itself – and the future.

This theme is also pursued by Nick Estes in Our History Is the Future: Standing Rock Versus the Dakota Access Pipeline, and the Long Tradition of Indigenous Resistance (2019).

In 2016, a small protest encampment at the Standing Rock Reservation in North Dakota, initially established to block construction of the Dakota Access oil pipeline, grew to be the largest Indigenous protest movement in the 21st century.

Water Protectors knew this battle for native sovereignty had already been fought many times before, and that, even after the encampment was gone, their anti-colonial struggle would continue.

In *Our History Is the Future*, Nick Estes traces traditions of Indigenous resistance that led to the #NoDAPL movement. *Our History Is the Future* is at once a work of history, a manifesto, and an intergenerational story of resistance.

Estes points out another source of *Red Indian* inspiration: 'A radical vision put forward by communist revolutionary V.I. Lenin argued for the right of colonized nations to secede and declare independence from their colonial masters.

This view was echoed by the Third World decolonization movement, as part of a global socialist and communist revolution, and it has frequently been applied in the Asian, African and South American contexts.

But this view remained almost entirely absent in North America, except among radical Indigenous, Black, Asian, Caribbean and Chicano national liberation movements.'



Perspective

For the record

Search for fame convinces people to do strange things

OPINION By J.R. Shermack **Special to TB Source**

or the record, not many people can claim to be the best in the world.

Each of us has unique talents and skills and some individuals have earned a reputation for their expertise and abilities in certain areas.

Among any group of family and friends you can identify exceptional cooks, dedicated athletes, green thumb gardeners and other high achievers.

However, regardless of outstanding personal accomplishments it is very rare to attain the title of world record holder for any field of endeavour.

Only a select few can claim a spot in the unofficial worldwide log of exceptional achievement, The Guinness Book of World Records.

Strange achievements

Of course while many human accomplishments are quite remarkable and noteworthy, some world records are questionable if not downright bizarre.

It is difficult to see the global significance of clipping the most clothes pins to your face (51) or balancing the most dice on your cat's paw (10).

Some stunts are deadly dangerous like holding the most rattlesnakes in your mouth for ten seconds (13) or running the fastest 100 meter sprint while on fire (24.58 sec.).

It must be nerve-wracking to catch

in the 1880s

In 1889, in Port Arthur

there lived about 4,000

people (in the summer) along with 117 horses,

140 cows and 174 dogs. School began at 9:30am and went to 4:00pm (with 90

minutes for lunch).

The ferry between

Port Arthur and

Fort William ran

4 times a day.

spears from an underwater spear gun or run the 100 meter hurdles wearing swim fins or wear a cloak of 137 pounds of bees.

Nevertheless, it is hard to imagine anyone matching the achievements of Ashrita Furman from Brooklyn, New York who holds the record for setting the most records.

He has fulfilled his lifelong mission by setting over 600 world records and he currently still holds claim to over 200.

He is now a spry man in his sixties but as a young boy in the 1960s Furman was fascinated by the Guinness Book of World Records.

He set his first Guinness world record in 1979 doing 27,000 jumping jacks in six hours and 45 minutes. He continued his record-setting for decades, most recently in 2018 by successfully slicing 26 watermelons on his own stomach. He wasn't injured even

though he used a machete to hack the melons in half on his belly in just one minute.

For the record, also included in Mr. Furman's journey are knife catching (54), lawnmower chin balancing (five minutes) and spinning the largest hula hoop (16.5 feet). It seems like the Guinness people

are game for anything, the more outrageous, the better.

If you crave recognition for a

trivial personal accomplishment many existing world records are begging to be broken, right in the comfort of your own home.

First a tasty one - most marshmallows eaten in one minute (currently 25) using standard sized marshmallows eaten one at a time with no drinks allowed.

Or, most coins stacked in a tower in 30 seconds (51) - any coinage, max. thickness of 3 mm, one hand behind your back and the tower must stand for five seconds.

Always room for Jell-O

The current record for the most Jell-O eaten with chopsticks in one minute is 3.2 ounces - any flavour is allowed, but again, you must keep one hand behind your back.

For the athletes, most pushups with claps in one minute (77...ouch) – no bending at the knees or waist and your body must be lowered each time.

And for the kids, fastest blindfold assembly of Mr. Potato Head (16.17 sec.) use your hands only, boys and girls and all attached potato parts must be anatomically correct.

Trivial or not, contact the good people at Guinness to claim your 15 minutes of fame for your new world record.

You can do it for the glory, do it just for fun or be like Ashrita Furman and do it for the record.



BIG WINNER

EAROUND IT PAYS TO PLAY: Thunder Bay's Morris Wapoose won more than \$100,000 in the May 30 Lotto 6/49 draw, matching six numbers in the Encore portion of the twice-weekly lottery.

HOW TO WRITE US:

etters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author. Address them to: **Thunder Bay Source** 87 North Hill Street, Thunder Bay, ON P7A 5V6

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XXB



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"It's difficult to see the global significance of clipping the most clothes pins

to your face "



QUICKER INTERVALS: Several bus routes will have more buses added on July 19.

For your daily news visit www.tbnewswatch.com

Transit changes coming in July

Fares to be reinstated, high-frequency routes

THUNDER BAY By Ian Kaufman – TB Source

Thunder Bay Transit is shuffling its routes and schedule to cope with fluctuating ridership levels during the COVID-19 pandemic. The move will see buses arriving every 10 minutes on one busy corridor between the city's north and south ends.

High-frequency service will begin July 19 on the 3M (Memorial) route between city hall and the waterfront terminal, from 8 a.m. to 6 p.m..

From Monday to Saturday, three routes that had been interlined with others will return to standalone routes:

the 3M, 3C (County Park), and 10 (Northwood). Bus frequencies will be increased for the 3C as well as 3M.

On Sundays, those routes will continue to interline, with bus frequency increased on the 3M line.

The changes go into effect one day before transit begins collecting fares again for the first time since March. The city had ordered a long pause on fare collection as it implemented rear-door boarding to reduce contact between riders and drivers.

On July 20, riders will resume boarding through front doors and be required to exit through rear doors. Passengers with accessibility needs can continue to exit through the front.

More details on transit changes and schedules are available on the city's website.

Ex-justice Wright dies

OBITUARY By Karen Edwards

By Karen Edwards – Local Journalism Initiative Reporter

A retired Thunder Bay judge died late last month.

Justice John Wright spent nearly 30 years on the bench before retiring in 2015.

Wright died on June 30 of cancer, according to an emailed statement. Wright spent two

decades as a lawyer before becoming a judge in 1985.





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Extended family fishing on now

Some of us take fishing for granted as Swe get to spend dozens of days on the water every year chasing the wild trout, salmon, walleye, bass and other gamefish that swim in just about every bit of water that surrounds Thunder Bay.

For those between the ages of 18 and 64, a fishing licence is normally required, and at \$35 for the Outdoors Card and a one-year sport fishing licence, it's a great deal for ardent anglers. However, the reality is that many people will get to try fishing far less often,

perhaps once or twice each year, and purchasing a licence can be a hassle and a barrier that might prevent someone from enjoying a day of fishing.

Luckily, we have a

few occasions each year when Canadian residents get the opportunity to fish for free in Ontario without buying a fishing licence

These trial periods are typically Family Fishing Weekend in February, Mother's Day Weekend in May, Father's Day Weekend in June, and right now during the Extended Family Fishing Week taking place until July 19.

Experiencing these licence-free periods helps more people appreciate how lucky we are to have the recreational fishery we do, and serves to remind us of the importance of keeping it healthy for future generations.

Hopefully, these no-cost angling opportunities will inspire many people to rekindle their love of fishing or maybe discover for the very first time why so

many of us are so passionate about the sport.

For those interested in trying licencefree fishing over the next week and a half, it is important to obey size limits, respect sanctuaries and follow the fishing regulations.

Most importantly, anglers without a licence must follow conservation catch limits, meaning you can keep just two walleye while an angler with a sportfishing licence could keep four from the same lake.

Other species, like rainbow trout and

musky must all be released. The same size restrictions apply to everyone however, and it is always the responsibility of the angler to

know the restrictions and exceptions for whatever body of water they are fishing in.

Luckily for Thunder Bay and area residents, there isn't a need to travel very far to find fish and you really don't even need a boat. Shore fishing opportunities can be found right within the city along the Kaministiquia River and in Boulevard Lake. Also close to home are Hazelwood Lake, Marie Louise Lake in Sleeping Giant Provincial Park and endless places along the shores of Lake Superior.

For those who currently hold a fishing licence, this extended Family Fishing Week is a great opportunity to spend some time outside with your partner or your family or even to introduce a friend to angling for the first time.



ANGLING FOR SOME FUN: Family Fishing Week is a tradition in Ontario and is especially popular in Northwestern Ontario.

Creating a lasting legacy can be done by just about anyone



oday I wanted to share some advice that I have given some of my older clients who would like to do something different for their grandchildren. Have you ever wondered how to

create a legacy? Yes, I know there are those that are ultra-rich who donate millions of dollars to hospitals and foundations

and then get a research building named after them.

But really, for those of us that have worked all our lives to scratch out a living and are now retired, how could we possibly think of creating a legacy to be remembered by those that we love, when we are gone.

Wouldn't it be a wonderful thing to have your grandchildren have something of real value from you that they will still have long after you have passed away?

Of course, you can give them your personal mementos, photographs or antiques - but what about real monetary protection and the ability to fund large future purchases like education or their own retirement?

I'm talking about participating whole life insurance for children. Now before you dismiss this idea, why not consider purchasing a policy for a grandchild? The premiums are much more affordable providing permanent insurance at children's rates and the policy can be paid up in most cases by 10 or 20 years.

Participating life policies vary by insurance provider and by province so it is best to talk to a licensed advisor for guidance. The policies offer insurance protection with the potential to grow money tax-free within legislative limits inside the policy over time, called a CSV or "cash surrender value." The premium, usually always level, is guaranteed for life at the time you purchase the policy. For some plans, the participant may even be eligible to receive dividends which can be used to pay the premiums or be added to the CSV balance creating more continuous growth over time.

Cash can be accessed to fund things like education, used as future collateral to borrow against, or simply left to grow over many years and used for family protection.

Bottom line, what we want when we create a legacy is to be remembered, valued, and thought of in a loving way.

When your grandchild is 50 and you are long gone; wouldn't it be nice for them to tell their advisor or banker: "I got this investment from my grandma!"

Good Luck and Best Wishes, Money Lady

Written by Christine Ibbotson, Author of the bestselling book "How to Retire Debt Free & Wealthy" and a new book Don't Panic - How to Manage your Finances and Financial Anxieties During and After the Coronavirus" available at all bookstores across Canada. If you have a money question, please email on website: www.askthemoneylady.ca





LIVE A HEALTHY LIFE BY MAKING POSITIVE CHOICES THAT IMPROVE

YOUR PHYSICAL, MENTAL AND SPIRITUAL HEALTH.

Spending time outside contributes to better mental and physical health

contributes to better physical health, a recent study shows it can also improve mental health.

The study combined data from one million Danish residents and found that children who were raised surrounded by nature and green spaces had a 55 per cent lower incidence of developing mental health issues as adults.

Going for walks and enjoying areas like parks, sports fields or even your own backyard has shown to provide enjoyment for families and contributes to happier and healthier communities.

It's not uncommon for these green spaces to come under

While it's no surprise threat from insects, weeds and diseases, but there are tools – like urban pesticides – to help manage these threats and keep outdoor spaces healthy and enjoyable. They come in consumer formulations diluted for use at home as well as commercial-grade products designed for use by people with specialized training, like those at lawn care and landscaping companies.

> Pesticides are effective and safe. Before any pesticide can be sold here, it must be approved by Health Canada. Our regulatory process is stringent, world renowned, and ensures all pesticides used in Canada are safe for both people and the environment. News Canada

To beard or not to beard

TBLife



The COVID pandemic put a good many usual habits on hold. Like getting a decent haircut and beard trim.

My hair grew long. I looked shaggy. My beard grew out and looked shaggy as well. There was a time when I experimented with a long beard. The whiskers had turned grey mixed with white; the brown having disappeared.

I had sported a beard since high school. In 2002 I shaved the whole thing off. Laura and the kids had been in town and when they got home Laura shrieked when she saw me. She had never known me without a beard. She put a towel up revealing only my eyes.

Surprising look

"There's Fred," she said. Then she lowered the towel to reveal the rest of my face. "There's your brother, Sky." My brother had just died earlier in 2002 at the early age of 62. It turned out that both Sky and I sported cruel-looking mouths that my beard had a tendency to hide. I let the family get used to a clean-shaven hubby/dad for several months, but eventually grew it back.

So, I had worn a beard for almost all of my children's upbringing. Until last weekend.

Last week I drove to town and decided to see if my barber was open for business. He is very good and quick. But as I drove by his shop to my horror and disappointment, I saw a "For Lease" sign in his shop window. What? What happened? Is he OK? He didn't seem old enough for retirement.

When I got home, I relayed the sad news to Laura who offered to cut my hair. I let her; she did. She did a good job too.

But what about the beard? "Oh, I can take care of that. I now have an electric beard trimmer," I said. Into the bathroom I went and began the trim. My beard does not grow evenly. Stray strands stick out. So, I keep going over what I trimmed before.

I kept being dissatisfied with the result and went at it again. Oops. Too much so apparently. What a splotchy mess, very uneven. Sigh. I went and showed Laura. "Looks like hell, doesn't it," I confessed. "Yup, it does," she replied, "shave it all off and then you can regrow it.'

Now Laura, ever since that incident back in 2002, said that she much prefers me with a beard. I trooped back into the bathroom and trimmed off the rest of the whiskers.

Now to shave. It took me a minute to remember how to do it.

Eventually my face was whisker-less with just two small nicks. I retraced my steps and showed Laura who winced, I think.

Doug came up stairs to get a drink, saw my face, his jaw dropped, and then he laughed uproariously. He didn't remember me without a beard.

The afternoon was hot (again!) and we went for a swim in our pool. When I reentered Casa Jones, daughter Beth had

emerged from her bedroom. I looked at her and several shouted expletives exploded into the room. "Why?" she eventually got around to asking. So, I told her my tale of beardtrimming woe. "You look older," she said. "Your beard makes you look younger."

Really? I thought it would be the other way around.

I sought the nearest mirror for a good look. Ah, I see what she meant. I have turkey wattles. The beard hid them. Somehow the beard also took away from the bags under my eyes. When I wear my glasses, they are hidden. Wattles and bags equal aged dad.

Unrecognizable, almost

Saturday, I went to the dump. Our township dump attendant approached the truck with furrowed brow staring at me. "Hi Ted," I shouted. His face relaxed.

"I didn't recognize you. I wondered who the heck was driving Fred Jones' truck," he said.

Of course, silly me. Here I drive in beardless, looking like a stranger. "I only realized it was you when you spoke since I know your voice."

After the dump trip I drove to our local store and the woman behind the counter did the same thing. Furrowed brow wondering who the heck I was. "Hi, can I have my weekend paper, please?" I asked. Sudden relaxing of facial muscles as recognition set in. Again, the voice done it.

But if people who know me don't recognize me then perhaps, I can go around in disguise in plain sight. Interesting, until I've grown the thing back in time for the cold weather. It really does protect my face.

COVID-19 is still in the city: **DeMille**

HEALTH By Doug Diaczuk - TB Source

fter going nearly two weeks with no new ACOVID-19 cases in the city, two positive tests this week serves as a reminder that the virus is still very much here and precautions need to be taken.

"I would say that COVID is still here," said medical officer Dr. Janet DeMille with the Thunder Bay District Health Unit. "It's in Thunder Bay and other communities. It's just a very low level and not transmitting well between people.'

The two new cases, which involve a woman in her 80s and a woman in her 60s, were made public on Thursday and Friday respectively. The exposure category for both cases is listed as pending.

The previous positive case was recorded on June 23 and the Thunder Bay District has seen a total of 92 confirmed cases, with three cases listed as active and one individual currently hospitalized.

According to DeMille, the two most recent cases are unrelated and public health staff are working to determine how the two women became exposed to the virus.

"I think a lot of this has to do with the fact that there is a lot of testing being done, so we



IN CHARGE: Dr. Janet DeMille is the medical officer of health at the TB District Health Unit.

are certainly picking up people with positive results out there," DeMille said.

"It is reassuring and I still think it was a very

good thing that we went over a week without any new reports. We just happened to have two in very close succession.'

DeMille added that she is not entirely surprised that positive cases are being found and as the region enters into its third week of stage two reopening, there could be more cases discovered as well.

"I think we've done really well with the reopening," she said. "It's been over two weeks that we are now in stage two, which I think is a very good thing. It does take a while to see if there has been an increased spread. It could take up to two weeks and we certainly haven't seen that."

However, even though the region has done quite well in stage two of reopening, DeMille, much like Minister of Health Patty Hajdu, believes a slow and cautious approach is needed before entering stage three and allowing additional businesses and services to reopen their doors.

"I would be uncomfortable going to stage three because it does mean we are interacting more and there is the potential for further spread of the virus," DeMille said.

"However, I think we have done well in stage two. We haven't seen anything past a couple sporadic cases. We would be at more risk for broader spread at Stage 3."

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TBLife



NEEDS HELP: The city can't enact a mask bylaw without the guidance of public health officials.

Mauro to ask for mandatory masks

Mayor to bring mask motion to council on July 20 **CITY HALL By Leith Dunick – TB Source**

ayor Bill Mauro says he's going to ask city council to ask the health unit to consider a mandatory mask order for the City of Thunder Bay.

The mayor made the announcement on Tuesday, following in the footsteps of larger centres like Toronto and Ottawa, where mask bylaws were put in place earlier this week.

Mauro said the law, if approved, would cover public spaces and public transit.

But the city can't do it on its own, he added.

"We have been advised that as a municipality we do not have the legal authority to make this decision. There is uncertainty in the community as we see other cities move forward with municipal by-laws on this topic," Mauro said in a release.

"The province has been clear to this point, that they will not make masks mandatory even though they and medical professionals are recommending their use. I am asking those same professionals to make a determination on the appropriateness of this approach."

Council previously defeated a motion to consider the issue by a 10-3 count.

Mauro was one of its proponents.

"I supported that motion to ask the Province for its consideration believing that public opinion and the language from public officials was shifting significantly on the issue. That has proven to be the case and I think the motion is appropriate at this time to provide some clarity and certainty to the public."

As more businesses and services reopen,

and with social gatherings increased to 10 people, we all must continue our efforts to protect each other.



Practice physical distancing, stay two metres apart.



Wear a face covering when physical distancing

is a challenge.



Continue to wash hands frequently.



Get tested if you are worried you may have COVID-19, or have been exposed to the virus.

Ontario 🕅

Inside or out, stay safe. Save lives.

Visit ontario.ca/coronavirus Paid for by the Government of Ontario

IN THE Da arts entertainment culture

Hamilton entertains on small screen



iven that Hamilton was originally Gintended for cinema release, we took in the much anticipated July 3rd TV debut of the celebrated Tony award winning musical on Disney+, coinciding with Independence Day celebrations in the US.

Does it live up to the hype? Most assuredly. Winning 11 out of 16 Tony nominations (most ever) and becoming a global sensation was no fluke.

This filmed version was shot in 2016 with the original cast in front of two different audiences and once without, utilizing several cameras. It's still impactful, even on TV.

Founding father

Inspired by Ron Chernow's biography and starring as the title character, Lin-Manuel Miranda recounts the voluminous incidents of Alexander Hamilton's amazing life, from humble beginnings as an orphaned Caribbean immigrant (relevant theme) to his unlikely rise as one of the Founding Fathers of the United States, his colourful story rendered in Miranda's cynical, catchy, and sharply observed lyrics, all in song.

Miranda uses hip-hop to achieve a contemporary feel, a sometimes gruff genre that speaks to today's troubled mood, while also referencing rap, R&B, soul, and traditional Broadway. The



LOVE STORY: Phillipa Soo, as Eliza Schuyler, and Lin-Manuel Miranda, as the title character, star in Disney Plus' Hamilton.

stellar cast is comprised of racially diverse performers. It's a stunning accomplishment, briskly told with bravado, passion, and panache.

Miranda's lyrics sinuously link individuals and incidents, providing the connective tissue for the myriad of rich

storylines: Hamilton's impoverished early life; his involvement with the Revolutionary War and shaping of the Constitution; King George's mocking of the upstart rebels; Hamilton's fateful rivalry with Aaron Burr (excellent Leslie Odom, Jr); Hamilton's marriage and his

attraction to his sister-in-law; his ascension through the evolving new government; his notorious affair with a married woman, and various accomplishments, setbacks, and tragedies.

Miranda's songbook embraces a range of emotions and themes reflective of a combustible new country wrestling with ambitious dreams and yearning for elusive ideals.

Among the many standouts is the punchy My Shot, as Hamilton, the quintessential American dreamer, growls, "I'm young, scrappy and hungry," a sentiment that still seems relevant to a protest-besieged America.

Hamilton's story affords Miranda some entertaining thematic elements to align his characters: intrigue, seen through Hamilton versus Burr and other rivals; star-crossed romance, exemplified by Hamilton's wife, Eliza (Phiippa Soo) and Angelica Schuyler, the covetous sister-in-law (a vibrant Renée Alise Goldsberry); and comic relief, courtesy of Jonathan Groff's foppish King George III and Daveed Diggs' cavalier Thomas Jefferson.

Well-staged

Miranda unfurls his cornucopia of characters and incidents in efficient, comprehensible fashion.

Unobtrusive close-ups accentuate intimate, nuanced moments (replete with Groff's spittle) alternating with wider angles to absorb the entire smoothly choreographed spectacle. Another TV advantage: captions help capture the barrage of rat-a-tat-tat lyrics.

With a one minute intermission, the pace doesn't let up until the darker, somber final act, where Fate awaits Alexander's son Philip, and ultimately Hamilton himself, dueling with Burr.

The production is a bit exhaustive at two hours, 40 minutes, but such is the strength of the music and the performances, that Hamilton emerges an exciting, entertaining event, not to be missed.



In The**Bay**

Christmas in July a little unnecessary

Hallmark Channel movies and W Network are once again launching their annual Christmas in July campaign with a month of holiday-themed films to warm the cockles of your already sweating heart. They call it the "new summer tradition." I call it "what-are-you-nuts?" crazy.

While I'm sprawled on my couch, hiding from the ever-rising humidex outside with a fan blowing nearby to offset my lack of air conditioning, Canada's W Network is showing couples wrapped in sweaters and blankets drinking cocoa in front of a roaring fire. And I ask, "Why?"

In Canada, we have approximately three months where people don't complain about the cold. I can say this with confidence having been accosted in the community just to hear people's "good-natured" ribbing over last night's weather forecast for 20 years. (Hey, at least they're not throwing things at me



like Nicholas Cage in *The Weather Man.*)

Unless it's sunny and a balmy 24 C, most people aren't happy. It's either too hot, too humid, or too cold. Yes, even in the summer.

Of course, in the winter, it's worse. Regardless of what the normal temperature is on a particular day, people will complain. Loudly. It's just in their nature. But now, as of June 20, summer has begun. And it's a hot one. Environment Canada has already issued heat warnings on multiple days throughout the country and it's only the beginning of July. My nightly weather forecasts regularly include words like humidex, sweltering, sticky, UV Index, and sunscreen.

Does that mean fickle TV viewers suddenly want to see snow? Is this an example of always wanting what you don't have? Tall people want to be short. Petites want a few more inches.

I think most of us are fine with waiting three or four more months before facing falling flurries in our recreation time.

However, that's not really what these movies are about. The growing number of holiday made-for-TV films fill a desperate need for emotional warmth, kindness, and connection. Usually, that occurs during December when people notice they're alone while others are celebrating together.

But this year, COVID hit. So instead of waiting until December, we've

already experienced months of separation. We've been working from home and avoiding social gatherings with friends. So perhaps experiencing a little human connection – even if it's on a television screen – isn't a bad idea.

Of course, that could be done with the hundreds of other non-snow-related romance flicks in the Hallmark stable ... where that sweaty, half-dressed guy shovels the hay and does his chores before leaping onto his stallion and sorry, where was I?

It's nice that the W Network wants to bring joy and love to its viewers this summer. But Christmas in July?

Thanks, I'll skip any connection to snow until I'm forced to unpack my shovel, scraper, de-icer, hats, mitts, scarves, hand-warmers, boots, and parkas.

The closest I want to come to ice and snow right now is when I stick my head in my freezer to cool off.



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FULL HOUSE: Candace Cameron Bure is the queen of Christmas television movies.

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DeGrazia wins District Open

GOLF By Leith Dunick – TB Source

t was going to take a low score to beat Evan DeGrazia on June 28. It just wasn't out there.

The 25-year-old started the final round of the AON District Open with a six-shot lead, fired a 3under 33 on the front nine and, despite a pair of double bogeys down the stretch, cruised to an eight shot win at Whitewater Golf Club.

DeGrazia finished the day with a

1-over 73, following up a spectacular 7-under 65 on Saturday at Fort William Country Club.



EVAN DEGRAZIA

It was his second Thunder Bay District Golf Association title this season for the future Mackenzie Tour-PGA Tour Canada professional.

> Two weeks earlier he and his father John DeGrazia combined to capture the Mallon's Play It Again Sports Better Ball Tournament with a five-shot triumph.

"It's awesome. Any time you come out with a victory it's good. To go back-to-back weekends, I guess you'd say, is fun," DeGrazia said.

DeGrazia took a commanding six-shot lead into Sunday to easily capture his third District Open championship.





BACK HOME: Michael Okafor spent three seasons playing college basketball south of the border before returning to Canada.

T-Wolves repatriating pair of NCAA players

BASKETBALL By Leith Dunick – TB Source

t's fitting that the day before the nation celebrates its 153rd birthday, the Lakehead Thunderwolves announced they're bringing home two of Canada's own.

The men's basketball team announced on Tuesday it has landed a pair of standout Toronto talents who have spent the past three seasons playing south of the border.

Mikchael Okafor, a 6-foot-4 combo guard, most recently played for the Division 1 Manhattan Jaspars. He also spent time at Harcum Junior College.

Dylan Morrison, who played with Okafor in junior college, is a 6-foot-6 wing who last season suited up with the Division 1 Lamar Cardinals.

Both are key additions to a Thunderwolves team that finished last season ranked inside the top 10 in the nation, only to fall short in the OUA playoffs.

"Michael is a great kid who will make an immediate impact on our program with his athleticism and ability to get to the rim and finish. We're excited to get on the court and help Michael continue to improve as a player" said LU coach Ryan Thomson.

"Dylan brings length, athleticism and versatility to our team. He has great instincts on the defensive end and is able to handle the ball, create and finish at the rim."

Both players are excited at the chance to join a program on the rise at home in Canada.

"Going from school to school, in my basketball journey, I felt like coming back home to play was the best option. Playing against the best and being the best team is what I want. And I feel comfortable playing at Lakehead, both because of the coaching staff and the players." Okafor said.

Morrison, ranked 41st in the nation by North Pole Hoops when he graduated high school, still wants to take his game to the next level and hopes to hone his skills at Lakehead. "To play professionally will always be a dream of mine, I feel coming back home to play at Lakehead with help from the staff and players will help me make this dream a reality," Morrison said in a release issued by the team.

Former Thunderwolves star Yoosrie Salhia, the coach of the Bill Brothers Prep Basketball team, coached both Okafor and Morrison in the past and said the Wolves are getting an impressive injection of talent with the two additions.

"Michael and Dylan are two unique athletes that bring it on both ends of the floor. Their length, athleticism, and skill set will prove to be great additions to the Thunderwolves. More importantly, Lakehead is getting two high character young men, with great work ethic, and a team oriented mentality," Salhia said.

Thunderwolves fans may have to wait to see what Okafor and Morrison bring to the court. The OUA has cancelled all varsity sports until January. For your daily news visit www.tbnewswatch.com

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IN THIS TIME OF UNCERTAINTY – NO MATTER WHAT THE FUTURE HOLDS – WE REMAIN COMMITTED...

To our Students, Faculty, Staff and Alumni To our Communities and Community Partners To Academic Excellence, High Quality Programming and Exceptional Learning Experiences To Entrepreneurship and Innovative Research To Advancing Truth and Reconciliation, Equity, Diversity and Inclusion

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