TBDHU TOTAL ELIGIBLE PEOPLE VACCINATED (1 DOSE): 111,096 (77.4%) TOTAL DOSES: 185,743



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Mamow Obiki-ahwahsoowin

Everyone Working Together to Raise Our Children

From the Tikinagan Board, Staff and Elders.... HAVE A SAFE AND HAPPY SUMMER







LOCALNEWS



READY TO GO: Jenn Bisignano, owner of PUSH Fitness, says her business has been closed a total of 317 days in the pandemic.

Opening for business

Province moves to Step 3 five days earlier than planned THUNDER BAY Serenity Salon and Wellness.

By Ian Kaufman -TB Source

The province's move to relax COVID-19 restrictions on July 16 is being welcomed by Thunder Bay leaders and business owners, but many warn the challenges of the pandemic will take years to untangle.

The move into Step 3 of Ontario's reopening plan on July 16, five days earlier than expected, will see gyms, cinemas, and other venues reopen, allow large events with some restrictions, and open indoor dining, among other changes.

Mayor Bill Mauro, who has advocated for faster regional reopening as COVID-19 numbers plunged in the Northwest, said the move was welcome, if overdue, and would provide relief for many businesses.

"Thunder Bay and the people in Thunder Bay have been doing the right thing," he said. "We know our numbers have been really, really good for quite a period of time."

The city's tourism manager, Paul Pepe, said even with continued capacity restrictions, the move to Step 3 is a big deal for the local economy.

"I think it starts to spell the real return of tourism events – corporate, sport, and even things like weddings, which do attract a surprising number of people to the community."

The move will instill confidence for event planners, who had already begun contacting Tourism Thunder Bay in greater numbers over recent weeks, he said.

It marks the beginning of recovery from the pandemic, he believes – but he emphasized that won't be a quick or easy process for many businesses.

"We anticipate full recovery is going to take us about two years," he said. "It's not going to happen overnight, and we have to be mindful of that and set that expectation... but I think it's moving in the right direction, and I hope we exceed that time frame."

That message is personal for Tony Muia, owner of

He's "delighted" at the greater reopening, which will allow for services that require removal of face masks and increase capacity from 25 per cent to the number of customers who can maintain two metres of distancing.

But he sees a long road to recovery ahead, complicated by staff shortages brought on by the pandemic.

Across Ontario, the industry has lost hundreds of hairstylists and estheticians, he said, with two of his own employees recently leaving to pursue a career in nursing.

That leaves Serenity unable to take advantage of the added capacity to book more customers, he reported, with those looking to book appointments likely waiting until mid-August.

"It's going to be a major uphill battle," he said. "We just don't have enough staff to serve people."

He expects it will be another year before he can again draw a salary from his business – something he already hasn't done in over a year.

"I hope the government doesn't think that just because we're going into Step 3, we can close the book on supporting small business," he said, calling for governments to convert pandemic loans to non-repayable grants.

Jenn Bisignano, owner of PUSH Fitness, was thrilled to welcome customers back next week, but said the challenges ahead loom large.

PUSH has been closed for 317 days over the course of the pandemic, she calculates, most

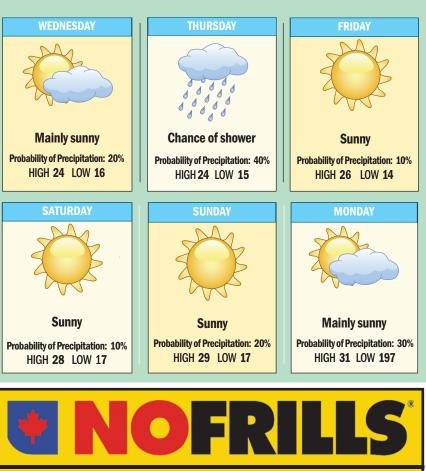
recently since February. That leaves her essentially starting over financially after years of operating the business, she said.

"It's heartbreaking," she said. "Of course I'm excited to open my doors and see people again... but it's not that feeling of elation."

Financial assistance from government has helped, she said, but for businesses subject to longer closures, it falls short of relief.

"It would have been a far more dire situation had it not been for the provincial grants," she said. "But they're no match for the lost revenue."

Weather Forecast





"We anticipate full recovery is going to take us about two years." MAYOR BILL MAURO

"The

situation is

worsening by

the hour."

ALVIN FIDDLER

LOCALNEWS

NAN calls for state of emergency

Poplar Hills, Deer Lake, Pikangikum and Red Lake all face forest fire dangers

THUNDER BAY By Leith Dunick – TB Source

ishnawbe Aski Nation has asked the Nprovince of Ontario to call a state of emergency as forest fires continue to threaten more communities.

Fires have led to the evacuation of Poplar Hills First Nation, Pikangikum First Nation and Deer Lake First Nation, as well as Red Lake, with hundreds of residents relocating to other communities, including Thunder Bay. Up to 5,000 people remain to be airlifted from the First Nation communities alone.

Bearskin Lake, Sachigo Lake and North Spirit Lake are on high alert.

"This situation is worsening by the



SMOKE COVERED: Poplar Hills First Nation residents prepare to be airlifted out on Monday.

hour. Three of our communities have been forced to evacuate, and if fire conditions and behaviour continue on current course the potential for full scale evacuations of several communities is a reality. This is quickly becoming a NANwide emergency and requires an immediate, co-ordinated response," said

Grand Chief Alvin Fiddler, in a release issued on Monday night.

"The City of Thunder Bay took quick action declaring a state of emergency over the weekend that has allowed them to accommodate some of the evacuees from our communities, and we

are grateful. It is time for the province to do the same so the appropriate personnel, equipment and supports can be mobilized before this situation becomes worse. Lives are at stake, there is no time to waste."

Fiddler said the state of emergency is necessary to activate a proper response from the province, including the aircraft and watercraft needed to get

his people to safety. More than 60 forest fires are currently burning in Northwestern Ontario, including several within kilometres of NAN communities.

About 450 people had arrived in Thunder Bay as of Monday afternoon.

Thunder Bay could potentially accommodate roughly 50 more evacuees, said Thunder Bay fire chief Greg Hankkio.

The municipality's Municipal Emergency Control Group (MECG)

met Sunday to discuss the province's request to serve as host community, advising Ontario it had the capacity for up to 450 evacuees, he said.

"We've done this historically - it's part of being a good neighbour, and we have the ability to help," he said.

"Really the basis for our decision to land on the numbers we landed on was hotel availability, for one we're receiving vulnerable

populations, so a hotel setting is really the best way to go. And then it's just the resources in the municipality... The message we've sent to the province at this point is 450 is the maximum right now." - With files from Ian Kaufman



LOCALNEWS



HORSING AROUND: Scarlett Hay competes at Amare Vita Equestrian.

Equestrian rides again

MURILLO By Leith Dunick – TB Source

he equestrian community is back in the saddle again. On Sunday The equestrian community is back in the states and Carol Soltys Wild West Horse Show and Jump for the Cure wrapped up at Murillo's Amare Vita Equestrian, a chance for riders and trainers young and old to showcase the progress they've made over the past 16 months, while raising money to fight cancer.

Fighting back tears, Stoltys, who recently lost both her husband and daughter to cancer, said it's been a tough couple of years, but seeing competitions starting up again gives her joy.

"I'm happy and really grateful that the community has come together to support us. I've had a rough two-and-a-half years and I'm just amazed that everybody comes together. I will give back when I can as well," said Stoltys, best known as the Carol behind Carol's Cakes, a popular Thunder Bay bakery.

"The participants have been great, the judges have been great, the facility is great and the weather co-operated. A little cooler would have been great, but we're not going to complain."

The competition, which, provided proceeds to Ronald McDonald House and the Thunder Bay Regional Health Sciences Centre, was also held in honour of Carolyn Hughes and eight-year-old Colton Stieh, both cancer survivors.

It was especially touching for Hughes to see horses and riders back in the ring.

"Carol's daughter and I were fighting cancer at the same time, so we really stuck together and supported each other. Of course I supported her daughter (Terri-Lynn) and unfortunately we lost her," Hughes said.

"But it's drawn us a lot closer and she's always checking in on me and taking care of me, so I love this woman."

The event was organized by Cheryl Everall, owner of Amare Vita Equestrian and said she decided to help organize it as a way to bring the community together.

"It's all for a good cause," she said. "Carolyn and I have done fundraising in the past. We've been quite successful on behalf of members of the community who have needed a little bit of extra help. Today is really about helping one another, bringing the community together and also build the equestrian sport locally and providing an opportunity for riders, coaches, judges, to come out and have a good time."

Everall said the reaction has been fantastic, given what the world has suffered through over the past year-and-a-half dealing with the ramifications of a global pandemic.

"It's been a lot of fun," Everall said.



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<u>Editorial</u>

EDITORIAL

Normalcy is nearing

hings will finally be back to somewhat normal, starting on Friday.

The province and Premier Doug Ford heeded the call of the business community, along with a number of health experts and decided to enter Step 3 of Ontario's reopening plan five days earlier than scheduled.

It was the right call.

Thunder Bay businesses have suffered far too long. Too many have been closed since Christmas, or forced to offer reduced service levels to meet COVID-19 restrictions.

With just two active cases in the distrct as of Tuesday, and more than 50 per cent of the 12 and older population having received both jabs, there is no reason why the public can't return to gyms or movie theatres, or grab a meal with family or friends inside a restaurant.

These businesses help make up the backbone of the economy, providing the jobs that help hold up the business community from the top down.

By no means are we out of the woods yet, but it's clear we can safely race toward normalcy at this time — and hopefully we don't get caught up in a fourth wave when the cooler weather arrives.

Thunder Bay is doing well when it comes to vaccination rates, which is a good sign and the best way to help us put COVID in our past.

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MEET CANADA'S FIRST INDIGENOUS GOVERNOR GENERAL AND CANADA'S FIRST INDIGENOUS JUSTICE MINISTER

Spy stories are amazing reads

Spy stories, both real and fictional, never cease to fascinate. One of the master exponents of this genre is Ben Macintyre whose real life narratives are page turners in the tradition of Ian Fleming and John Le Carre.

Sometimes truth is indeed stranger than fiction.

Take Ursula Burton – aka Agent Sonya – for instance. If you had visited the quaint English village of Great Rollright in 1945 you might have seen a thin, dark haired and unusually elegant woman emerging from a stone farmhouse and climbing onto her bicycle. She had three children

and her husband worked in a local factory.

She was friendly and reserved, spoke English with a faint foreign accent, and baked excellent cakes.

Her neighbours in the Cotswolds knew little about her. But if they'd followed her on her bike they would have seen her place or pick something up from the base of a tree on the outskirts of the village. This is how Ursula communicated with her Soviet

spy controller. For the woman they called Mrs Burton was really Colonel Ursula Kuczynski of the Red Army, a dedicated communist, a decorated Soviet military intelligence officer, and a highly trained spy who had conducted espionage operations in China, Poland and Switzerland, before coming to

Britain on Moscow's orders.

One of the spies that Ursula controlled was Klaus Fuchs, who almost singlehandedly delivered the nuclear secrets of Britain and America to the Soviet Union. He did so because, although these countries were united in a war to defeat fascism, the UK and the

USA were planning to stab Stalin in the back with the threat or use of weapons of mass destruction.

In Canada on Aug. 19, 1943 – while millions of Soviet citizens and soldiers were giving their lives to beat the Nazis – Churchill and Roosevelt signed the Quebec Agreement, a secret arrangement to collaborate on building the atom bomb. So who were the bigger traitors – Ursula and Klaus Fuchs or Churchill and Roosevelt? The Allies assumed that, because of their duplicity, the USSR would not have the Bomb before 1953 at the earliest. But, thanks to spies like Fuchs, the USSR was at military parity by 1949, ensuring world peace on the premise of Mutually Assured Destruction (MAD).

Another spy that Ursula controlled was Melita (Letty) Norwood who went on to become Britain's longest serving Soviet agent. Letty was another unassuming British housewife who did not draw the attention of the UK spy hunters until it was way too late.

The first we knew of Letty's activities was on Sept. 11, 1999 when *The Times* newspaper carried the front page headline 'Revealed: the quiet woman who betrayed Britain for 40 years'.

In *The Spy Who Came In From the Co-Op* David Burke tells Letty's amazing story. Ursula and Letty escaped capture because the British secret services could not conceive that these ordinary seeming women could be at the very heart of a sophisticated Soviet spy ring which extended into the upper echelons of Whitehall.



Perspective

A COVID success

Smart strategies helped district push back virus

OPINION By J.R. Shermack

Special to TB Source

About a year ago I was on a camp-ing trip with family members, taking advantage of the summer weather and breathing in the fresh, uncontaminated air.

We were all feeling pretty good for ourselves.

Our activities were constrained by public health guidelines, but we were expecting a return to normal soon, once COVID case numbers dropped and the pandemic eased.

In retrospect we were uninformed and naive about what would happen next - things were looking up last summer but the worst was yet to come.

All through the fall, winter and spring the world was battered and brutalized by the virus which caused community life and social contact to be severely restricted.

It was a stressful time for our region, but it appeared that the pandemic was being well managed and we were spared the worst case scenario.

We were shocked this past March when the Thunder Bay District recorded one of the worst COVID rates in the province and an active case count of 470.

This was a surprising and very alarming development that showed us how quickly the virus could spread, especially among vulnerable groups.

The immediate prognosis looked

grim for our community – it was clear that we were all in this together and following strict public health guidelines was our best defense.

As the virus spread across the region everyone worked to get the numbers down to ease the pressure on health care and to support the efforts of local health units.

As the number of infections continued to grow the city declared a state of emergency and Thunder Bay schools were closed to in-person learning to help control the spread.

Then something even "In more remarkable happretrospect we ened – the number of were active cases began to drop uninformed quickly and by June 2021 infections had fallen to and naive about what That number remains would happen

low and there are some next." days now when no new cases are reported, largely due to effective COVID management

single digits.

and high vaccination rates. As we begin Step 3 of the re-

opening process conditions continue to improve and we may soon be hugging loved ones again, safely and without fear.

This didn't happen by accident and we owe a debt of gratitude to public health and medical professionals for the leadership that made it possible.

Don't take it from me - Thunder Bay has been singled out for its success in managing and controlling its COVID 19 outbreak.

Dr. Isaac Bogoch is an infectious

disease specialist at Toronto General and a COVID task force member who follows community COVID responses across the province.

In Thunder Bay he witnessed "very solid public health leadership and very strategic vaccine programs."

When he saw how quickly and effectively our community response lowered active cases from almost five hundred to under 10 he called that, "A pretty impressive story."

Compliance with masking and distancing orders was a key step in our journey but it was

public health and medical professionals who led this remarkable turnaround.

According to Dr. Bogoch Thunder Bay's success was achieved through, "skilled public health, skilled and smart vaccination strategies and meaningful community outreach."

The health and well-being of our community is in good hands and our response to the pandemic has brought us to "a very good place."

We were back camping again last week and just like a year ago, we were all feeling pretty good for ourselves, and this time for good reason.

Thunder Bay has quickly and effectively made the journey from provincial COVID hot spot toward a safer, healthier, more hopeful community.

There are still challenges ahead, but our success so far has been a very impressive achievement.



PAYING ATTENTION AT THE WHEEL

BE CAREFUL: Synergy North has revamped its Hit the Brakes, Not Us campaign, asking motorists to stay vigilant while driving in and around work areas on Northern Ontario roadways.

HOW TO WRITE US:

etters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author. Address them to: **Thunder Bay Source** 87 North Hill Street, Thunder Bay, ON P7A 5V6

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Do you agree with the province's decision to move into Step 3 five days early?

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A look back in history Grant L. Morden

The Grant L. Morden shown here in dry dock, was the largest ship built at the Lakehead when it was launched at the local shipyard in 1914. At 625 feet long, the bulk carrier, owned by Canada Steamship Lines, was also the largest Canadian ship in service. She was later renamed Donnacona and was scrapped in 1969.

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CHOICES: Fishing on a paddleboard is just one option on the waters of Northwestern Ontario.

Plenty of fish(ing)

The number of different fishing opportunities available to us is one of the great benefits of living in Thunder Bay.

We have serene trout streams to wade, wide rivers ideal for paddling in a canoe or kayak, and countless lakes perfect for fishing from a classic aluminum boat. Yet there are adventurous anglers out there that will be more creative and occasionally we see something different on the water.

While unconventional, fishing from a float tube, a paddleboat or a stand-up paddleboard can be a fun way to enjoy angling.

For me, fishing from a stand-up paddleboard (SUP) has been a challenging and

rewarding way to combine exercise with angling. Once you overcome the issues of balance and the lack of storage space, the SUP is a stealthy and efficient way to stalk fish in small lakes.

On a recent adventure, I had an absolute blast catching smallmouth bass with crank baits as I paddled the SUP along the quiet shoreline of a small, clear lake. It was easy fishing as I cruised the shoreline and cast in towards every overhanging tree and submerged timber I could find.

The high vantage point I had from the standing position allowed me to sight both fish and structure far better than I could in my canoe or kayak.

That was important because every piece of wood I found seemed to hold fish. Once some structure was located, the quiet, lowprofile approach of the paddleboard proved to be an exceptionally efficient way to get close to these bass without spooking them.

Despite the higher center of gravity, SUPs are not any more difficult to keep upright than a canoe or kayak. Positioning yourself near the center of the board and keeping your feet shoulder-width apart is key to keeping dry.

I also find that kneeling helps with landing bigger fish. Of course, falling in is a real possibility so keep your phone in a dry bag and always wear a personal floatation device (PFD).

Handling a paddle and fishing rod simultaneously can be challenging when first



starting out with this type of fishing. When casting lures towards shore I find it best to position the board first and then lay the paddle down in order to cast. Limited storage is one

of the big drawbacks to fishing from a SUP. Luckily, you do not need to carry a lot of gear for this type of fishing.

Many boards will have integrated tiedowns to fasten gear, but my SUPs are built for speed and paddling long distances so they lack any kind of tie-downs.

To overcome this issue, I use a PFD with pockets for a few lures and some pliers.

SUPs are simple, fun, portable and relatively inexpensive.

Fishing from a stand-up paddleboard offers us a unique way to enjoy angling and the experience can be incredibly rewarding.



Frost fears are unusual for July



We awoke recently to a morning temperature of 2 C. Even though we covered the fragile plants in the vegetable garden, several of them got frosted - severely!

What?! Second week in July and Jack Frost pays us a visit. Time was that your veggies would be safe from Jack's 'caress" after the full moon in July. Or was it June?

Cold no more

When I was on the radio, my weekly gardening guide told us that usually after June 6 nary a flake of frost would deign to freeze the leaves of beans, squash, cucumbers, zucchini, etc., etc.

Believing that our garden was 'homefrost-free', we only used light covers and

not the heavy plastic that we'd used earlier in the spring.

Besides, believing that the garden was good-to-go in terms of growing, I had rolled up all of the plastic covers and stored them in our shed; and believing that even if we got some chill overnight, these lighter covers would do the job. Nope.

Next morning when I went to pull off the covers I saw the damage done. My poor wife, Laura, The Gardener in this family, would be chagrined. All that hard work preparing those permanent, hopefully-weed-free raised beds was for naught when it came to the fragile veggies.

- So, what gives?
- Global warming?

Is climate change now a permanent 'given' that one cannot predict from season to season as one could "in the good old days"?

Part of the problem is that we rely on the weather forecast and the night before the killer frost the forecast did not call for such low temperatures.

It sure did the next day but the damage was already done. I hauled out the plastic and we covered all of the susceptible plants even though they looked dead.

Well, Actually, they weren't all dead. Laura put the various affected beds under her lazer scrutiny and came back into Casa Jones with good news that though it appeared that we'd lost much of what she'd planted, in fact only the top leaves were killed.

Underneath there are smaller leaves and there's a good chance these plants will live and produce. Only the beans needed replanting.

There is one bed planted with two different varieties of potato. One variety suffered not at all from Jack's frigid passing; the others did but even those may make a comeback.

Thus, it is hard to predict the weather hot then cold then hot then cold again not at all typical for July. We became confident with that long hot spell mixed with rain.

The hay that is coming off the fields is

very good. Hope that the yield is too.

Seems that the hay producers had a wonderful window in which they could "make hay while the sun shines" because it did with sufficient moisture unlike the drought of last year.

I've seen our hay producer hard at it baling round bales and on the opposite field across the highway, another farmer doing the same.

Growing great

The hay looks lush and green as it should.

We have been in another dry spell this past week with some days back in the furnace in terms of temperature.

Driving down our dirt road one must drive very slowly if one wishes to be courteous to one's neighbours and not cover them and their property with layers of road dust.

A good rain solves that problem but then it gets hot and dry again and we are back crawling down the road.

At least I am. I pray for rain; I don't like crawling.

Free tuition at Lakehead

EDUCATION By TB Source staff

t was when she attended a universi-

ty fair in Toronto that Brianna Knox first became familiar with Lakehead University.

The recent high school graduate from London, Ontario is now more grateful than ever for having made that connection.

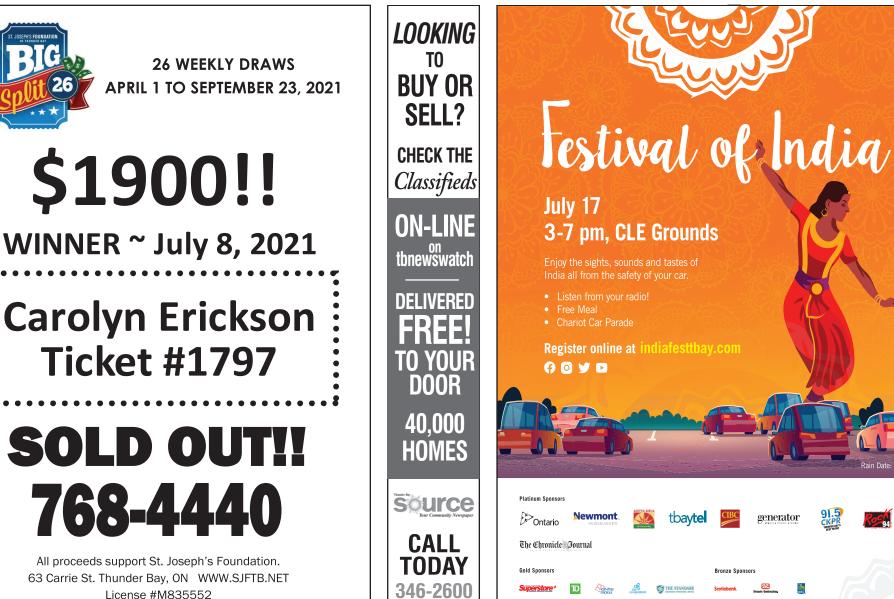
She recently learned that her firstyear tuition of about \$6,000 will be completely paid for by the university.

An entrance scholarship will also cover ancillary fees of almost \$1,300. Knox plans to pursue a degree in psychology.

Her name was drawn from among students who participated in Lakehead's first-year-free-tuition draw

Students were required to register and attend virtual open houses, or participate in other eligible domestic recruitment webinars or meetings with LU recruiters.

ain Date: July 18



Did You know that...

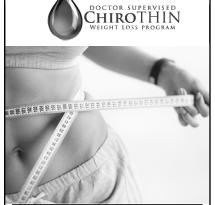


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IN THE DAY arts entertainment culture



CRIME TIME: Don Cheadle (left) and Benecio Del Toro are strangers who join forces in a series of escalating criminal activities in Stephen Soderbergh's No Sudden Moves.

Automotive underside unveiled



No Sudden Move (Shaw VOD, Crave) finds director Stephen Soderbergh returning to a familiar film noir milieu: sketchy characters involved in sketchier situations. The difference here is that this crime story is linked to actual events.

The film begins in 1950s Detroit as a trio of scruffy types, ex-con Goynes (Don Cheadle), dim ruffian Russo (Benicio Del Toro) and yappy Charley (Kieran Culkin) are recruited to 'baby sit' the family of mid-level GM auto executive Wertz (David Harbour) at home. One of the group will escort Wertz to his office to extract a coveted document from a safe.

This starts simply enough. But things go sideways quickly, in surprising and suspenseful fashion. Goynes suspects that something bigger is afoot: this was a set up, but maybe a bigger payoff looms. Goynes and Russo then try playing angles of their own, unaware of how far they're in over their heads.

Double-crosses abound as their pursuit of big money leads them through a rogues' gallery of exec honchos and shadowy middle men comically interwoven with treacherous secretaries and cynical spouses, ultimately leading to mob rivalries and corporate espionage.

Getting dangerous

Our two penny-ante crooks sink deeper and deeper into extortionist quick sand as their crooked path leads to the top levels of the US auto industry. Problem: the bigger the money, the higher - and deadlier - the stakes become.

Soderbergh builds up this darkly humourous affair in stylish fashion It's good fun for most of the way, as character after character is shown to be up to something, nobody is as smart as they think they are, and nothing goes as planned.

Well-written

Screenwriter Ed Solomon's street vernacular dialogue bristles with tension and subterfuge. A barb underlines every line, even among seemingly innocent family members.

The murky world is embellished by the evocative lighting and set design, rendered in shadowy, period-style orange-brown hues.

The cast is terrific. Aside from Cheadle and Del Toro, there's Jon Hamm as a federal investigator, Brendan Fraser and Ray Liotta as shady middle men, and Matt Damon as the smooth-talking auto exec prone to spouting Network style soliloquies. Lesser known actors are also wonderful, from doughy, middle-aged business men, to shifty lovers and unhappy families to raspy-voiced mob bosses.

However, Solomon is also guilty of giving us too much of a good thing. Some social and political commentary arises in the latter stages, pushing the plot lines so far that the novelty begins to wear off, with the plot getting too clever by half. We're weary by the time the last body falls and the final twisty deal goes down.

The epilogue aptly lends gravitas to the proceedings, having us re-visit an actual dark chapter in U.S. automotive history from where our story begins up to the early 1970s, serving as a sobering reminder of the lengths corporate America will go to further its own self-serving designs.

No Sudden Move may have overreached itself like many of its players, but it makes for a colourful ride.

IN THE **BAY**

SilverCity set to **reopen Friday**

FILM By Leith Dunick - TB Source

he silver screen will light up once again next Friday in Thunder Bay. A Cineplex spokesperson confirmed SilverCity will be back in business in the city, offering up highly anticipated summer blockbusters including *Black* Widow, F9 the Fast Saga and Space Jam: A New Legacy.

"Our team has been waiting for this day and are thrilled that next week we will finally be able to reopen our doors in Ontario," said Ellis Jacob, Cineplex president and CEO, in a release.

"We can now enjoy movies the way that they're meant to be seen, with Cineplex providing the escape of the big

screen and big sound that we have all been missing for so long."

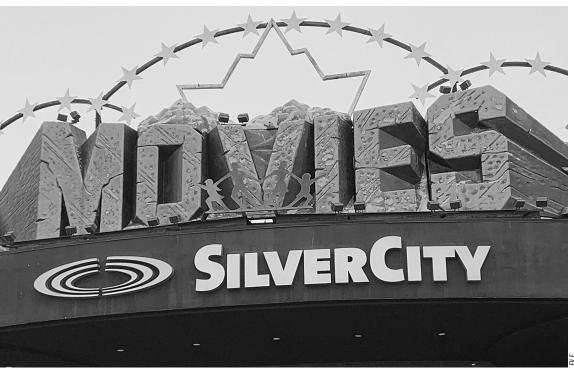
Other movies that could be on tap for re-opening weekend include The Conjuring: The Devil Made Me Do It, A Quiet Place Part II, Escape Room: Tournament of Champions and the Boss Baby: Family Business.

Under provincial rules, theatres can open to 50 per cent capacity, with a maximum of 1,000 people in the building at one time.

Enhanced cleaning and reduced capacity inside individual theatres will also be in place.

Masks will also be required when not eating or drinking.

Movies and show times will be available on the Cineplex website.



COMING SOON: Thunder Bay's only movie theatre has been closed since Boxing Day under the province's COVID-19 protocols.

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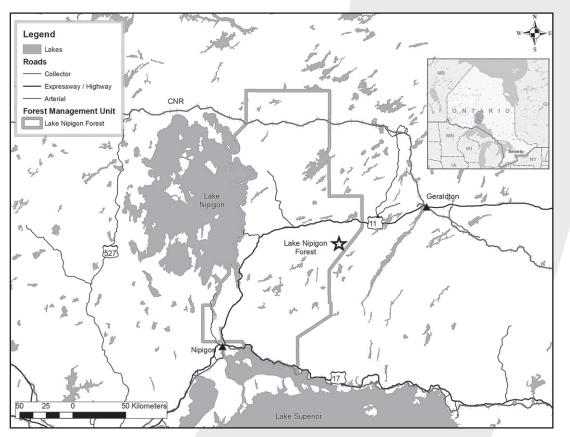
PREVIOUS SOLUTION: "Rather fail with honor than succeed by fraud." - Sophocles

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INSPECTION

Inspection of Approved Aerial Herbicide Project Lake Nipigon Forest

The Ontario Ministry of Northern Development, Mines, Natural Resources and Forestry (NDMNRF) invites you to inspect the NDMNRF-approved aerial herbicide project. As part of our ongoing efforts to regenerate and protect Ontario's forests, selected stands on the Lake Nipigon Forest (see map) will be sprayed with herbicide to control competing vegetation, starting on or about August 14, 2021.



The approved project description and project plan for the aerial herbicide project is available electronically for public inspection by contacting Lake Nipigon Forest Management Inc. during normal business hours and on the Natural Resources Information Portal at https://nrip.mnr.gov.on.ca/s/fmp-online beginning July 6, 2021 until March 31, 2022 when the Annual Work Schedule expires.

Interested and affected persons and organizations can arrange a remote meeting with NDMNRF staff to discuss the aerial herbicide project. For more information, please contact:

Raymond Weldon, R.P.F. Management Forester Ministry of Northern Development, Mines, Natural Resources and Forestry 5 Wadsworth Drive, P.O. Box 970 Nipigon, ON PoT2Jo tel: 807-889-0881 e-mail: raymond.weldon@ontario.ca

Scot Rubin, R.P.F. General Manager Lake Nipigon Forest Management Inc. 3134 Kam Current Road Kaministiquia, ON POT1X0 tel: 807-621-7835 e-mail: scot.rubin@newleafforestry.ca

Renseignements en français : Nicole Gross, nicole.gross@ontario.ca, tél. : 807 853-1596



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SHOOTER: Tiffany Reynolds guides Violet Landversitch last Friday. **Kids back** on the court BASKETBALL

By Leith Dunick – TB Source

on Kreiner says it was pretty clear how anxious and eager kids were to get back on the basketball court.

Kreiner, the coach of Lakehead University's women's basketball team, along with some of his players and youth volunteers, last week helped usher in the return to play, hosting a series of basketball camps for young athletes from three to teenagers.

The basketball camps were just one of a series of camps offered at the Thunder Bay school, and though the wait was painful to get back to action, Kreiner said it was almost like the pandemic never happened once the kids rushed into the gymnasium at the C.J. Sanders Fieldhouse early Monday morning.

"It was really exciting just to see the energy level," Kreiner said. "There was a higher energy level all week long and even our players said this was a fast week.

"We had to run four separate cohorts all day long, but even myself I felt I had a lot more energy and just seeing the kids and their smiles and the enjoyment on their faces, just being in here in the gym-you could tell when all the cohorts filled up really quickly that all the kids really wanted to be here. It was a really good week of camp.'

For Tiffany Reynolds, a returning guard with the Thunderwolves, it was a chance to give back to a sport she's loved for most of her life.

It's really special to see how much progress is made in just three short days.

"I'm so excited to be back. I love coming to camp. I'm sad it's only a week. They grow so much in one week. The first day it's so hard just to dribble and by the last day they know all the rules and they're doing all the drills," said Reynolds, who graduated, but decided to return for two more seasons with the Wolves.

"They love coming to camps too."

It's a learning experience for the players and volunteers, Kreiner said. He puts together the initial lesson plan, then lets the camp coaches take things from there.

Kreiner added it was pretty special to have some of his former players, like Kylie Danier, bring their kids to the camp this year. It just shows how much basketball has grown in Thunder Bay in the past 20 years.

Thursday, July 15, 2021 15



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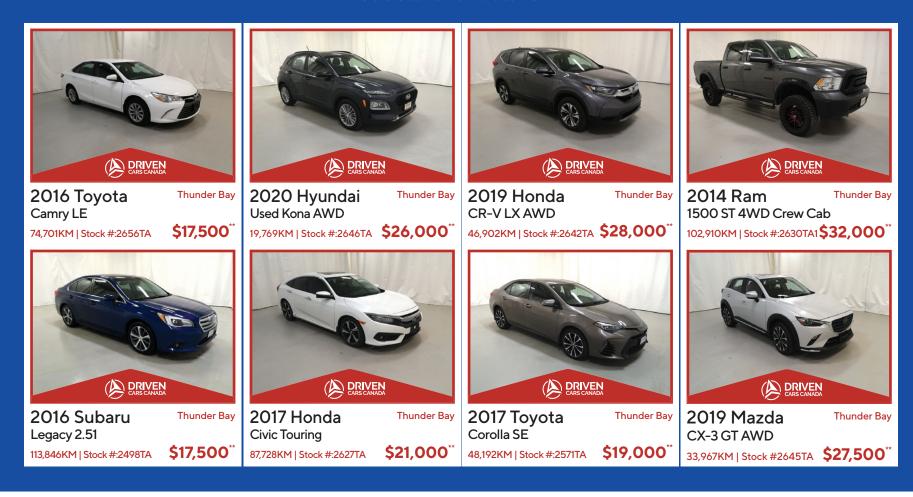


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