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THURSDAY, JULY 23, 2020

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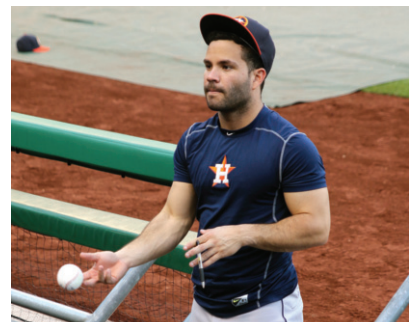
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Canadian Publications Agreement No. 0662445 Vol.17 No.30

Mandatory masks

Health Unit requirement starts Friday and applies to all indoor public spaces in the Thunder Bay District /3



NEW RULES NOW: Exceptions for mask wearing will be granted to anyone with a medical reason, children under two and children under five with disabilities who won't wear them.

LEITH DUNICK

LOCAL NEWS

Finlandia's up for sale

BUSINESS
By Leith Dunick - TB Source

Seeing a price tag placed on the 110-year-old Finnish Labour Temple comes as a relief to Paula Haapanen.

As a director on the interim board of the Finlandia Co-operative, Haapanen said her group has been operating with plenty of uncertainty in recent weeks, after the previous board, the Finlandia Association, agreed to launch liquidation proceedings, facing more than \$1 million in debt when COVID-19 struck.

"It's a relief to have one less unknown on the list. The fact that we have a price, \$599,000 to start with, and we know we have about 30 days to put in an official offer, I think that's a good thing," Haapanen said on Tuesday morning, standing outside the iconic white and blue doors of the world-famous Hoito Restaurant.

It'll also give them time to get their finances in order.

A Go Fund Me campaign raised about

\$35,000 in seed money, but Haapanen estimated they'll need well into six figures to secure a potential commercial loan. They're also looking to narrow down potential tenants for the facility, which has been closed since March.

"We are working on making applications to larger investors for the hall to have bigger investments with bigger dollars so we can at least get the minimum funds to get a commercial loan through a credit union," she said.

"Let's be honest, the purchasing of the building is just the tip of the iceberg. It's then the after that that has to be considered - how to start up the businesses that are going to be happening from the hall, the restaurant and the repairs that need to be done."

Haapanen said there is plenty of work that needs to be done to bring the Hoito up to current standards, and an aesthetic refresh wouldn't hurt, she added. Those repairs will also be well into six figures, she said, mentioning a \$22,000 quote to fix the building's concrete steps

The co-operative bid is likely not the only one the liquidators, Grant Thornton, will see cross their desk before the deadline lands next month.

Haapanen said she's heard of two or three other groups or businesses that are contemplating putting in an offer.

"I know that there are individual interests. I know there is another group interested, even from within the Finnish community. My main concern is that out of everyone or anyone putting in a bid, my hope is that it stays in the hands of the community," she said.

"An independently owned business, if they work with the community, it's OK, but it would change the nature of the building. I think this really belongs in the hands of the people that use it and not necessarily in the hands of an individual person."

Whoever purchases the building will have to adhere to strict renovation and repair guidelines, as the Finnish Labour Temple has been designated a National Historic Site of Canada.



LEITH DUNICK

WANTS TO BUY: Paula Haapanen of the Finlandia Co-operative is encouraged the Finnish Labour Temple has been put on the market for a \$599,000 asking price.

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LOCAL NEWS



LEITH DUNICK

PLAYING SAFE: Daniel Trevisanutto of Halfway Motors dons a face mask last week at an Our Kids Count RibFest announcement.

Mask bylaw in place

Mandatory face covering to be required in indoor public spaces

HEALTH
By Leith Dunick - TB Source

A mandatory mask requirement for enclosed public spaces will go into effect this Friday in the Thunder Bay District.

Dr. Janet Demille, medical officer of health at the Thunder Bay District Health Unit, made the announcement on Thursday, saying she made the decision in order to minimize the spread of COVID-19 as the region enters Stage 3 of Ontario's reopening plan.

"We have done well in navigating the reopening process so far; however, there have been outbreaks in other jurisdictions which have impacted workplaces, businesses and the community," DeMille said.

"That risk is there for us too. As we continue to reopen, there will be increased opportunities for people to have closer contact with one another in enclosed spaces where transmission is more likely to happen. People and good also travel daily through this region. It is important that we adopt all necessary measures to protect ourselves and our communities against the spread of COVID-19 in our area."

Stage 3 includes the return of indoor dining in restaurants and service in bars, the reopening of gyms and the return of movie theatres, albeit in limited capacities.

DeMille said the rule will apply to any type of retail outlet, restaurants and bars and other public settings where there might be increased contact with other people.

"(Stage 3) was one of the big things that did prompt it at this time," DeMille said. "Officially tomorrow we are open in Stage 3, which means other places of business are going to be opening up or opening up in the next couple of days or couple of weeks. That was certainly impetus for us doing this."

"But it was also that there has been increasing consideration in taking this kind of measure in the province of Ontario, but even more broadly in the country -- for example in Quebec. I even notice it's happening in the

States and in particular in Minnesota, for example, with Duluth moving forward with it."

DeMille said she weighed both the pros and the cons of enacting the regulation and said as she increasingly thought about the upcoming months and the possibility of a second wave of COVID-19, she decided it was best for everyone, especially with schools reopening in some form in September.

"Really, we have to adopt and adapt to this new normal. The wearing of masks, there's evidence to show it can reduce the spread of COVID, especially if many people in the population are actually doing that," DeMille said, adding it's not a step she took lightly.

"I've had a challenging couple of weeks in looking at considering this because I know what it means to essentially impose something on people."

As for enforcement, DeMille said the plan is to work with local businesses to engage them in a conversation about the value of mask wearing.

DeMille said there are exemptions under the Act.

"Not everybody can wear a mask or a face covering," she said. "Individuals with certain medical issues or impairments or disabilities may not actually be able to wear (one) and they are exempt. And they do not need to provide proof of that exemption. It is based on good faith, really."

"It is much more difficult to target individuals around that. So it's really going to be us working with businesses to try to implement this."

Children under two are also exempt, as are children under five with developmental challenges who refuse to wear a mask and cannot be persuaded by their caregiver.

DeMille said the health unit is prepared to support businesses in ensuring the regulation is adhered to by the public.

The regulation will apply to all employees and members of the public and it is being issued under the Emergency Management and Civil Protection Act. The rule comes into effect at 12:01 a.m. on Friday, July 24.

"Really, we have to adopt and adapt to the new normal."
DR. JANET DEMILLE

Weather Forecast

WEDNESDAY	THURSDAY	FRIDAY
Chance of a shower	Sunny	Mainly sunny
Probability of Precipitation: 40% HIGH 21 LOW 12	Probability of Precipitation: 10% HIGH 24 LOW 14	Probability of Precipitation: 20% HIGH 24 LOW 18
SATURDAY	SUNDAY	MONDAY
Risk of strong thunderstorms	Risk of strong thunderstorms	Sunny
Probability of Precipitation: 40% HIGH 29 LOW 20	Probability of Precipitation: 40% HIGH 28 LOW 18	Probability of Precipitation: 10% HIGH 28 LOW 18

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LOCAL NEWS



LEITH DUNICK

NOT TIME TO RELAX: The public still needs to remain vigilant, despite the fact the district earlier this week reported no known cases of COVID-19.

District is COVID-free

Confirmation of no known cases doesn't mean guard can be let up

HEALTH
By Leith Dunick – TB Source

For the first time in months, Thunder Bay is COVID-19-free. Dr. Janet DeMille, medical officer of health at the Thunder Bay District Health Unit, made the announcement on Monday morning, in a video posted to both YouTube and Facebook.

"Today we are reporting that we have no known active cases of COVID-19 in the Thunder Bay District Health Unit area," DeMille said.

"This is the first time we have had this since our first case was reported to us back in March."

The district has handled 93 known cases, including one announced over the weekend, with all of them considered resolved.

There has been one death, a employee at Lac des Iles Mine. "This is an important milestone that we have achieved. Having no known active cases of COVID-19 indicates that the level of the virus in this area is likely very low," DeMille said. "We have no indication of any ongoing spread of the virus at this time. This milestone is the result of our collective effort as individuals, families, businesses and organizations and communities over the last several months."

The announcement came four days before the health unit plans to implement a mandatory mask requirement for all public indoor spaces, although those with medical issues can exempt themselves from having to wear a mask.

DeMille said the fact that the region is at zero cases is in part because of the sacrifices people have made over the past several months, including staying home, physical distancing, mask wearing and frequent hand-washing.

"We should take comfort with what we have been able to accomplish together. Also, this is a good position to be in as we enter into Stage 3

of the reopening and as we look ahead to the opening of schools and to the fall, overall."

It does not mean Thunder Bay and surrounding communities are out of the woods.

"Public health numbers reflect individuals who have had a positive test for the virus. In the Thunder Bay District Health Unit, as in many others, many cases of COVID-19 go undetected. We could very well have many cases undetected in our area right now," she said.

"This virus is tricky."

Often people with COVID-19 show no symptoms or have mild symptoms but can be spreading the virus. It's important to keep up measures to prevent the spread of the disease, including staying home if not feeling well.

"As we continue to reopen, there will be more opportunities for people to have closer interactions with one another in spaces, especially indoor spaces, where transmission is more likely to happen. The level of transmission of the virus in communities can quickly increase. This can happen without us actually being aware that it is happening," DeMille said.

"It can take two weeks, or more, to start detecting an increase in cases."

She pointed to other jurisdictions across the country that have seen an uptick in cases as reopening efforts continue, noting it's a warning to those in Thunder Bay to remain vigilant.

DeMille is concerned about people and goods traveling through the region, saying the virus can easily be brought back in to the community from outside, and expressed concerns about essential travel coming from south of the border.

"So while I think it is important for us to acknowledge and celebrate what we have accomplished together, it is also important that we all remain vigilant and consistent in our efforts to keep this virus at bay in our area."

"The virus is trick."
DR. JANET DEMILLE



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LOCAL NEWS



CORY NORDSTROM

ROOM TO GROW: River Green will operate at 25 per cent capacity for now, but hope to produce recreational marijuana too.

Cannabis plant OKed

BUSINESS
By Leith Dunick - TB Source

A medical marijuana warehouse grow-op in Thunder Bay has been given federal government approval to start producing cannabis for commercial use.

Matt Pearson, general manager of River Green, said it hasn't been easy getting to this point, and the work's just getting started.

"The reality is, you do all this work to get your licence, but once you get your licence, the real work begins," Pearson said in a recent interview.

The approval means the company, who have asked media not to reveal the location of the facility, can begin large-scale cannabis production. River Green has 30 independent grow rooms inside their 100,000 square-foot building.

Pearson said they've taken an abundance of caution to ensure the facility is safe and secure.

"Not only does it have the operating procedures and protocols you'd find in medical facilities like hospitals, we also have a level of security that is equal to or

would rival some prison facilities," Pearson said.

He added the cannabis is being produced as efficiently as possible, allowing for a more consistent product, while also drastically cutting the seed-to-store time down from the usual four-month time frame.

River Green uses a specialized hydroponic system and the latest growing technology, like green lights, which simulate a dark period for the plants, while still permitting workers to see what they're doing.

"We're eliminating variables such as inconsistent sun, inconsistent hydration, potentially inconsistent nutrients – all the problems that come with growing in soil," Pearson said.

In the initial stages, Pearson said the company will be using about 25 per cent of their building, but hope to ramp that up to 100 per cent if they're eventually allowed to produce recreational marijuana.

At that point, Pearson said they'll have a significant number of staff on the payroll.

"When we're fully built out, and we can't say what the future brings, but we're looking at between 45 and 60 jobs." – *With files from Cory Nordstrom, Thunder Bay Television*

Loitering bylaw will not happen

CITY HALL
By Doug Diaczuk - TB Source

A request for city administration to look into a potential loitering bylaw was dismissed by city council, with many councillors taking issue with the word loitering, saying it will only serve to further marginalize vulnerable people in the community.

Coun. Aldo Ruberto brought the motion forward, requesting city administration prepare a report on the feasibility of a loitering bylaw in order to address concerns of drug use and drug dealing in city neighbourhoods.

Ruberto said these issues were brought to his attention after speaking with many people in the downtown south core.

"The people who live there have to put up with it," he said. "What about the rights of people who pay their taxes and go to work and come home and want to live a quiet quality of life?"

"To be absolutely clear from the beginning, this is about issues, not people," Ruberto said. "We are not targeting the poor or the marginalized with this bylaw. If we are doing that, if it does happen, I will be the first one to amend or rescind the bylaw."

Ruberto added he wanted council to focus on the main point, which is addressing the issue of drug use in core areas and finding a way to assist people living in these areas and the police.

But many on council did take issue with the use of the term loitering, saying it will only serve to further marginalize vulnerable groups of people, including Indigenous people and those living in poverty.

"I wanted to look at the fact that this is not really addressing the whole basis of the



DENIED: City council will not move ahead with Coun. Aldo Ruberto's loitering bylaw.

problem or the challenges we have in our community," said Coun. Rebecca Johnson. "We can have a loitering bylaw, but my concern is are we really getting at the root of what really needs to be done."

Westfort Coun. Kristen Oliver agreed, saying the city needs to look at this issue in a different way, including working with community partners to find safe spaces for vulnerable people.

"If we are trying to stop drug dealers, I don't think charging them with loitering is the way to do that," she said. "I recognize there are people in this community who feel unsafe from people gathering. I think we need to have a more balanced approach in how we address this."



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Editorial

EDITORIAL

Mask bylaw ready to go

Friday marks a new era in the city's approach to COVID-19.

Last week, Thunder Bay District Health Unit medical officer of health Dr. Janet DeMille announced face masks will be required in all indoor public spaces, starting this Friday.

If you want to shop, visit your doctor, go the gym or eat at a restaurant, you'll be expected to wear a face covering.

While it doesn't sit well with everyone – and there are plenty of exceptions to get out of it – wearing a mask for most people shouldn't be much of a big deal.

It appears in countries where there is widespread use of masks that the spread of COVID-19 has been kept to a minimum.

Undoubtedly, people are going to resist. Hopefully it doesn't get as bad as in some parts of the United States, where people have been shot over them. We've seen one incident escalate in Minton, Ont., that ultimately led to a police shooting.

Use your nice skills. If you're in a grocery store and see someone who can't, or won't, wear a mask, practice safe six and stay two metres away. Don't bother engaging them.

For some, it's what they're itching for, while for others, there could be a legitimate medical reason for not wearing a mask. You just don't know.

The regulations won't be in place forever. Remember, this is temporary.

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Wrong time for facility

To the editor:

To build an indoor turf facility or not to build an indoor turf facility, that is the question. A question that the citizens of Thunder Bay were never asked nor were they given any indication the mayor that they were voting for in 2018 was going to take \$30 million from their tax coffers to pay for it, without provincial or federal funding in place.

Thousands of pleas are going unheard again from a COVID-19 fatigued community asking that the indoor turf facility be "put on hold" as we traverse the economic ramifications of the pandemic. Hundreds of people are blowing up social media and their councillors' email inboxes with these pleas.

They are being met with various justifications from mayor and council to move forward with this large infrastructure expenditure, gambling that COVID-19 will not reappear in Thunder Bay this fall and continue to damage the economic stability of the city.

There are no committed sources of funding from provincial or federal programs at this time. \$12.2 million has already been taken from reserve funds, another \$3.3 million will be asked to be allocated from the general reserve fund to the indoor turf facility according to Councillor Mark Bentz, leaving only \$13.5 million in taxpayers' hard-earned reserve coffers.

With a projected \$10 million deficit by the end of the year due to the pandemic, borrowing or taking money from this funding mechanism is not responsible governance and taxpayers may be looking at a substantial increase of their tax levy in the 2021 budget.

Along with the financial concerns, there are concerns about the transparency of the process. The Chamber of Commerce has shared its concerns with city council, according to a Tbnnews article on July 14, 2020. I quote: "In a letter to city council made public Tuesday, the chamber says the city's request for feedback from residents about the design concept for the project falls short of what's needed to ensure transparency and fiscal accountability."

I agree that there has not been

adequate public consultation due to the restrictions of COVID-19, and the call for comments is happening when the general public is on summer vacation and not paying attention.

Soccer Northwest, a branch of the Ontario Soccer Association, should ask for some help from the city to rebuild their club, but should this club and its supporters expect a \$30-million dollar state-of-the-art facility be funded and built during a massive economic downturn in Thunder Bay?



Taking care of the youth and children should be a priority for us, but it should not be at the expense of the financial and mental well-being of a community in the middle of a life-and-death pandemic.

Where is the compassionate leadership in city council and in our community sport associations? Where is common sense leadership in city council or in our community sport associations? No one should be taking advantage of people enjoying a reprieve from being

quarantined for months, to have to return home early to try to stop politicians from emptying their hard-earned reserve funds that were set aside for a rainy day.

It is pouring outside, city council. A deferral to build the indoor turf facility seems in order at this time. The city's financial well-being, and the trust given to you as leaders depend on it.

Lori Paras,
Thunder Bay

City apologizes again for rollout of mascot name

CITY HALL
By Ian Kaufman – TB Source

The City of Thunder Bay has issued an apology for falsely claiming its elders' advisory council was consulted on the design of its 50th anniversary mascot. It's the second time the city has apologized over the rollout of the mascot.

The city earlier apologized for "the hurt caused" by the mascot, originally

named Thunder, after some online commenters interpreted it as a disrespectful portrayal of a Thunderbird – supernatural beings that feature prominently in the stories of many North American Indigenous cultures, including those of the Anishinaabe.

That apology, issued via Facebook on June 27, originally included a statement indicating the elders' council had been consulted on the issue.

"We shared the creative concept of the mascot in late 2019 with the City's Elders' Council and Chief Peter Collins of Fort William First Nation," it read. "None raised issues with the concept." The Facebook post was edited the following day to remove the reference to the elders' council.

Last Friday, the city issued a second apology over Facebook.

"We sincerely apologize to the Elders

Council for not reaching out to them or the broader Indigenous community prior to the launch of the 50th Anniversary mascot and confirm the final concept for the mascot was not approved by the elders' council," the apology read.

"We have learned from this experience and, with humility and resolve, commit ourselves to continued collective learning and working with and following the guidance of the elders' council..."

Perspective

COVID and classes

Youngsters return to school amid plenty of uncertainty

OPINION

By J.R. Shermack
Special to TB Source

In 1962 I was still naïve and wide-eyed, but that year I lost my childhood innocence.

When I was a kid in grade school something very scary happened and my childish imagination ran wild with frightening scenarios.

I remember looking out the classroom window, scanning the summer skies for nuclear missiles while air raid sirens screamed out their ominous warning.

It was the Cuban Missile Crisis and I was one of millions of young baby boomers terrorized by the prospect of total annihilation.

It was only a test, but whenever the sirens went off I checked the sky in case it wasn't just a drill this time and the nuclear bombs would soon be exploding.

Unsure at the time

I didn't know what to do – I listened to adults talking about the horrors of nuclear war but I had no context, no perspective and no understanding.

So there I was, sitting at my desk in school and trembling with fear while I waited for something horrible to happen.

I remember that lost feeling to this day and I wouldn't want any child to endure the helplessness and fear of such a horrifying experience.

But as September approaches it troubles me to think there will soon

be Canadian kids sitting at socially distant desks nervously facing another invisible foe.

For the children we send back to their classrooms in 2020, COVID 19 might even be scarier than the Cuban Missile Crisis was for their grandparents decades ago.

Amid the push to get kids back to school we appear to be rationalizing and creating a false sense of urgency and September is just an arbitrary deadline.

There have been assurances that children will not return until classrooms are absolutely safe but plans are sketchy and parents are skeptical.

Educating Canadian children is more challenging than ever now that every child has been traumatized, terrified and isolated for several months.

Some families have lost loved ones - the fear and apprehension from past events will be a serious barrier to education as young students return to class.

It will be difficult for the COVID generation to concentrate in school just as it was difficult for boomers to pay attention while waiting to be annihilated at their desks.

There may be compelling economic reasons to get kids back in school but there is no reason to further traumatize an entire generation in the process.

And what about the teachers

responsible for soothing the frazzled psyches and boggled minds of their returning students – how will they cope?

For many teachers the prospect of returning to school under the present circumstances without a solid plan is described as scary and nerve-racking.

One teacher said her greatest fear was contracting COVID-19 in the classroom and then bringing it home to her family.

A large percentage of young people between 12 and 17 years old are also concerned that someone in their immediate family will catch the virus.

Scary times

There are fears and frustration concerning school safety, class structure, mental health (teachers and students) and academic achievement.

So what's the hurry – we can disinfect our kids, get them to wear masks and try to keep them safely apart but who will reassure them that everything is OK?

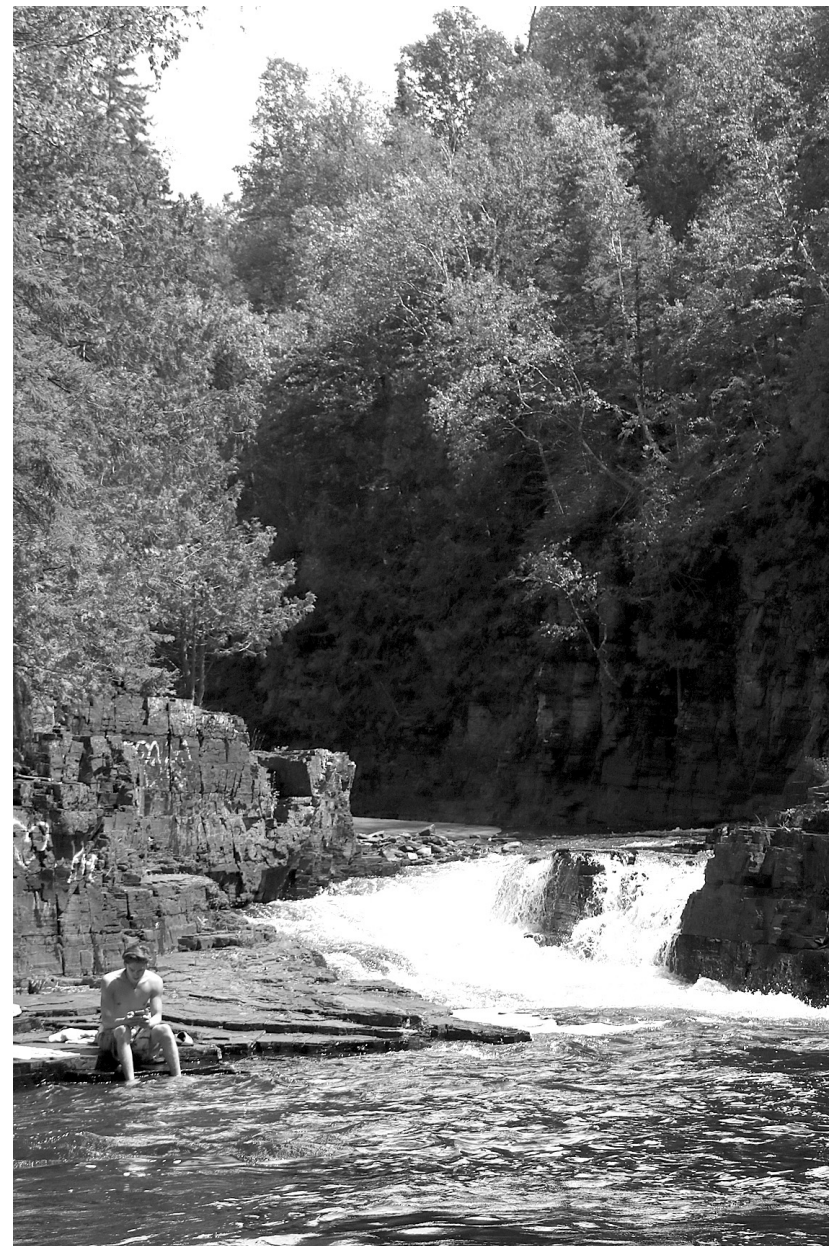
We can sanitize schools and classrooms but we may be throwing our kids and their teachers into a psychological lion's den.

As for me, I think something very scary is happening and kids today feel a lot like I did in 1962.

They will need comfort and compassion because just like me, they have lost their childhood innocence – and that's the saddest part.

"There are fears and frustrations concerning school safety..."

WORTH THE WALK



COOLING OFF: Swimmers enjoy a sunny afternoon in the refreshing waters near Soldier's Hole.

LEITH DUNICK

A look back in history:

The S.S. Erin loading pulp wood

In 1883, the steamship Erin was loaded by wheelbarrow from boxcars at Thomas Marks' wharf with 10,000 bushels of grain destined for eastern ports. This marks the beginning of Thunder Bay's status as a grain handling port.



HOW TO WRITE US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

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your VOICE

Does Thunder Bay need an anti-loitering bylaw?

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AILEY**

THE GOOD LIFE

As legend has it, the Sea Lion of Silver Islet, also known as Nagochee, was a companion of Nanabijou - the Sleeping Giant. In the tale, Nanabijou mistakenly believes that Nagochee has betrayed him. In his anger, the giant puts a curse on the beast, turning him to rock.

Each summer, scores of visitors to Silver Islet and Sleeping Giant Provincial Park make the trek to the spot where the remains of the faithful Nagochee still stands, longingly gazing out across Perry Bay on the northern edge of the world's largest freshwater lake.

Lots to see

While Sleeping Giant Provincial Park features more than 100 kilometres of trails to explore, the journey to the Sea Lion is one of the shortest, most rewarding, and most popular hikes.

Located just off the Kabeyun Trail, the Sea Lion is a perfect destination for a family hike.

Along this 800 meter section of trail you are likely to encounter grouse, rabbits, foxes and white-tailed deer, espe-



NATURAL WONDER: The trek to the Sea Lion isn't a long one and the payoff is a spectacular view of Lake Superior.

cially when the park isn't too busy. The secondary trail from Kabeyun to the Sea Lion is just 400 meters long but it makes up for its lack of distance with its chal-

lenging and fun terrain. Prepare to use your hands to traverse some of the steep rocky sections.

The Sea Lion itself is a piece of hard

diabase rock formed through the cooling and solidification of magma that filled a void in the sedimentary rock on this section of shoreline.

It was formed into its distinct shape when the softer layers of sedimentary rock surrounding it were eventually eroded by the relentless waves of Lake Superior.

The formation once looked just like a lion on its haunches, legs out in front, until the head and mane fell off many years ago.

Even without its head, it remains a sight to see before it eventually collapses into Superior.

As you make your way back from the viewing area, it is possible to veer off the main trail to skip some rocks and take a dip in Lake Superior.

More to do

Motivated hikers also have the option of continuing about six kilometres further down the Kabeyun Trail to enjoy the beach at Tee Harbour.

I believe this extension is worth the effort as you will find more wildlife and less people the further you get from the parking lot.

The Sea Lion is a worthy destination for a little hiking adventure the next time you are out on the Sibley peninsula. Remember to stop and pick up a parking permit on your way to Kabeyun because they are not available in this parking lot. Better yet, by purchasing a yearly pass at the gatehouse, instead of online, all the proceeds will stay right here to support the treasure that is Sleeping Giant Provincial Park.

Businesses encouraged to sell wares online

ShopHERE offers small entrepreneurs a chance to build their own sites

BUSINESS

By Leith Dunick - TB Source

The COVID-19 pandemic has changed the way many consumers shop.

Amazon was already the 13th most lucrative company in the world before the virus disrupted people's way of life.

Its arrival made it that much simpler for customers to shop online, avoiding long lines at stores that were still open and allowed them to purchase goods and services they might be unable to

find in their home communities.

It left a lot of mom-and-pop shops at a disadvantage.

Locally, many businesses just weren't set up for online e-commerce, meaning those who wanted to support local were forced to shop elsewhere or go without.

However, a free service offered through Digital Main Street and the Thunder Bay and District Entrepreneur Centre may change that for good.

Ryan Moore, development officer for small business at the Thunder Bay Economic Development Commission, said the goal is to bring 50,000 businesses across Canada on board through the program, including dozens in the city.

The opportunity is available for just about any small business, from cafes and salons to home-based business or an artist looking to sell their wares.

"Any business can apply to the ShopHERE program and have a free website built for them that allows them to get sales online. It's a great opportunity for them to increase their revenue, to increase their digital footprint and just be open 24/7 essentially during this time," Moore said.

The program is funded in part by a \$1-million donation from Google Canada, allowing it to expand to communities across the country,

including Thunder Bay.

Eric Zakrewski, CEO of the CEDC, said now more than ever the importance of e-commerce is emerging full force.

For local businesses, it opens doors and markets that would otherwise be unattainable.

That can only add to their bottom lines, he said.

"People from global, national and local markets are relying on the internet to shop, find information, or order their weekly groceries. By providing small businesses with the opportunity to build a free online store ShopHERE is ensuring small businesses can tap into



RYAN MOORE

these markets and continue to do business virtually," Zakrewski said.

Mayor Bill Mauro said ShopHERE is a great way to help grow the local economy in a few simple steps.

"This is another opportunity for them to promote and sell their goods and services by increasing their reach and accessibility. I also want to thank the Thunder Bay CEDC and the Thunder Bay and District Entrepreneur Centre for their efforts in connecting local businesses to the Program, and for all of the work they have done in supporting our local businesses in navigating the extreme challenges posed by the COVID-19 pandemic," Mauro said.

To apply for the program, visit www.digitalmainstreet.ca/shophere.

Care providers now permitted

HEALTH

By Gary Rinne – TB Source

Thunder Bay Regional Health Sciences Centre is once again allowing all its inpatients to be visited by designated care partners.

The hospital confirmed Monday that the relaxation of visitor restrictions took effect on Wednesday.

Up to now, only patients meeting qualifying criteria have been permitted one essential care partner.

The change in policy means all remaining inpatients are permitted to be visited by one care partner, once per day.

The onset of the COVID-19 pandemic caused TBR Health Sciences Centre to severely curtail visitation since the end of March.

"Although necessary for everyone's protection, the restrictions have been difficult for patients and families.

"Thanks to the diligence of our community members, and the introduction of mandatory masks, we are now able to ease restrictions," COVID-19 incident manager Dr. Stewart Kennedy said.

According to a hospital statement, the following reflects the updated care partner guidelines:

- It must be the same care provider throughout a patient's stay at the hospital (patients cannot have

different care partners from day-to-day);

- CPs are allowed to visit between 5 p.m. and 8 p.m. Visits are limited to one visit per day;

- Movement of essential care partners and care partners are restricted. They are not permitted to visit common areas such as Robin's or the cafeteria.

As of Wednesday, essential care partners were permitted to visit between 8 a.m. and 8 p.m. ECPs apply to:

- A patient who is dying or very ill;

- A patient under 18 years old;

- Patients undergoing surgery;

- Women giving birth;

- Outpatients who require assistance to attend their appointment;

- Patients being discharged and ECP requires health teaching that cannot be provided post-discharge or virtually;

- Patients with cognitive, mental health, or behavioural issues that impact the care team's ability to provide safe care;

- Patients with communication needs that cannot be easily addressed with existing resources and impact the care team's ability to provide safe care;

- Patients in the intensive care unit;

- Patients undergoing medical assistance in dying (MAID).



ALLOWED IN: Dr. Stewart Kennedy says the hospital has relaxed some visitor restrictions.

Mother Nature delivers deluge of the wet stuff



Wow! After at least a month of hardly any rain, Ma Nature sure made up for lost time.

The long, dry spell was good for hay makers but not good for some crops. And then it rained. It poured but still it was not enough. My wife, Laura, was in our vegetable garden after the rain and said that the rain had merely soaked less than one inch of ground. So, the next day that was back to stinking hot (and there have been many this July), she realized that she'd have to water the garden.

The weather office promised thunder storms and fierce winds. In the past couple of months, those threats have proved out here on the farm to be much ado about nothing. Sure, we could see the gathering of the clouds that grew in intensity, darkening with even one

rumble of thunder off in the distance. But, to no avail. Until last week.

Last week we received a couple of doozy storms the fiercest of which was on Saturday night - a real "Son et Lumiere" show. Gusting winds rattling the doors, windows, and chimneys, and constant flashing of lightning giving me the impression (as I lay in bed) of a swarm of paparazzi with a myriad of flashbulbs popping. Occasionally, as the storm passed overhead, the house shook from a cannonade. "Boy, they're really having a serious bowling match up there," I thought.

I was driving home from town Thursday afternoon. I had to drive to the Comtee Township office to pick up daughter Beth. You have to drive through Kakabeka and then continue on the trans-Canada for a bit. As I was heading down the hill out of the village and past Kakabeka Falls, I chanced to look up and saw a sky that I'd never seen before. There was a straight band of dark cloud that acted as a border to the boiling grey clouds. Under this band was a froth of cloud that looked

like someone in the kitchen was whisking the contents of a bowl. No rain yet but as soon as Beth climbed into the car, it began to pour. Driving back home along highway 588 the rain was so heavy that the vehicles ahead of me were practically crawling. Only two times before have I ever had to drive through such a thick downpour.

But when we reached the junction of Highways 588 and 595 where we turn to head south, the rain was suddenly reduced to a gentle pitter-patter on the windshield. The shift from downpour to light drizzle was very dramatic.

Mornings might start out sunny but then the clouds quickly swept in to cover up the blue. Friday morning it rained but not for long.

Saturday started out grey but by afternoon the sun was out and the thermometer climbed back up. But Saturday night was when the fire and waterworks took over. Sunday was grey with rampaging winds and, in the afternoon, a brief but intense shower. I was hoping for less intensity and more of a long, drawn-out, gentle rain to really soak the ground.

I like thunderstorms. Yes, I recognize that they can be destructive. The power blipped off and on twice during Saturday night. I knew this when I arose Sunday morning to see the digital clocks all blinking.

The day was cool with strong winds and dramatic movement of clouds. The term most often used is "scudding". Yup, "them clouds sure were scudding to beat the band." I said to Laura,

"This feels like late August and not July." She agreed.

Son, Doug, voiced the pleasure of anticipating actually being able to pull warm covers on when he went to sleep instead of blasting a fan beside his bed and lying with just a thin sheet due to the heat. The sound of the fan disturbs his sleep.

Soon enough, I thought, we will be bundling our bodies under heavy blankets and swathing them with layers of clothes. So, while the prolonged, intense heat with very high humidity isn't much fun, at least we aren't freezing.

And nature is giving us a dramatic show.

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IN THE bay

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RibFest a drive-through only affair

Annual event will be four days instead of three to maximize the number of customers

THUNDER BAY
By Leith Dunick – TB Source

Not even COVID-19 could stop RibFest from returning to Thunder Bay.

However, this year's event will look markedly different than last year's event, the inaugural one held at the Canadian Lakehead Exhibition grounds.

Gladys Berringer, organizer of the expanded 2020 event, said in order to keep everyone safe this summer, they've decided to turn Rib Fest into a drive-through affair.

This way the public still gets to enjoy their favourite ribber's wares, while helping raise much needed money for Our Kids Count.

This year's event will run for four days instead of the traditional three, to allow as many customers as possible to place an order.

"Hopefully the crowds can spread out over four days instead of cramming it into three. The model is going to be a takeout, drive-through model. People will not exit their cars. Hopefully they will come with cash prepared," Berringer said.

"We will have an ATM there, but we're just in the process of setting it up."

Berringer said Northern Avenue will be closed during Rib Fest and customers will access the grounds via Fort William Road.

"Then there will be designated routes

that they follow. The signage will tell them which ribber they're choosing. If it's Ribs Royale, then they'll follow that line. If it's Dinosaur Smoke House or Silver Birch, they'll follow the different lines and go to their particular choice that they're looking for," Berringer said.

As the former long-time executive director of Our Kids Count, Berringer said they worked hard to ensure Rib Fest was going to be possible this summer, as it is the largest single fundraiser for the organization each year.

They couldn't afford not to do it, she said.

"Losing the revenue from this was going to have a dramatic impact to Our Kids Count, as all the charities in Thunder Bay have struggled because of having to cancel their events. We just needed to be creative and come up with some option to keep the programs going."

Kathryn Hughes, the current executive director of Our Kids Count, said sure, the experience will be a little different this time around, but in the end, the ribs are the star attraction and they'll still be there for the taking as always.

"We're really hoping that people pull up, they turn on the music in their car and they enjoy being able to get their ribs and at least have some experience that gets them out of their house, even if they have to stay in their car and that they really do see this as fun," Hughes said.

"And if they come all four days in a row, they get four times the fun."

Berringer said volunteers will be on hand selling 50-50 tickets, which are also being sold on line.

Rib Fest, sponsored by Halfway Motors, is scheduled to take place from Aug. 27 to Aug. 30.



NEW TWIST Jimmy and Ribs Royale are planning to be back in Thunder Bay for this year's event, event though it's drive-through only.



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Being gay in Chechnya is dangerous



MARTY MASCARIN

MOVIE TALK

If one is gay in Chechnya nowadays, you fear for your life. Such is the genocidal message of filmmaker David France's tense, award-winning documentary, *Welcome to Chechnya*. (Shaw Cable.)

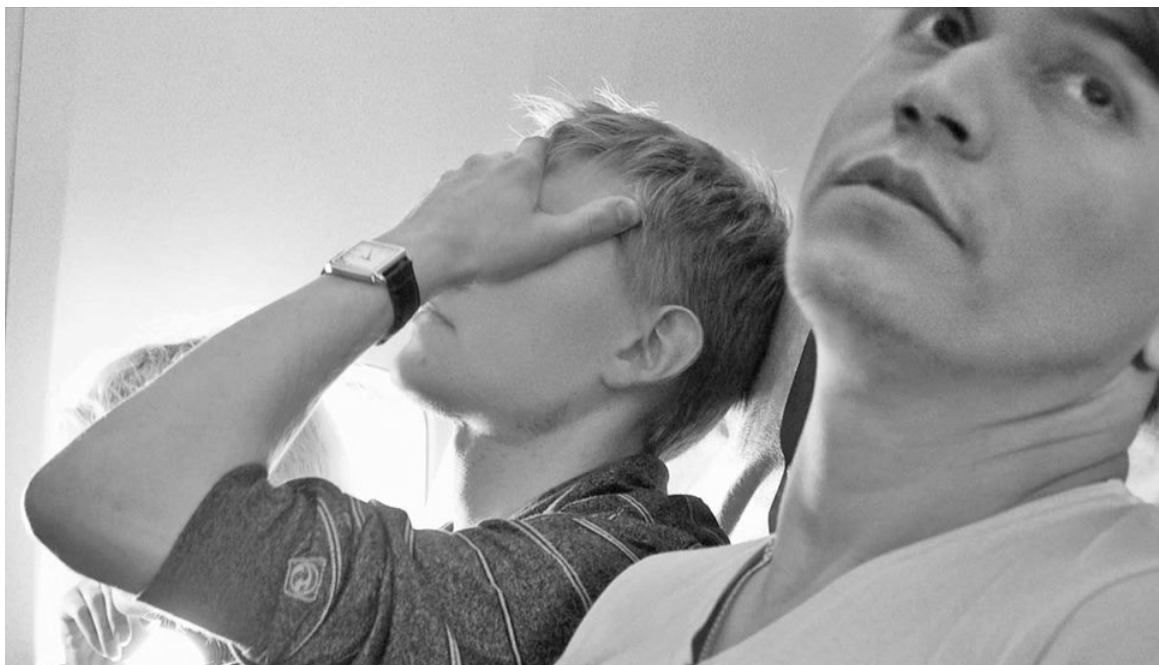
Posing as a tourist, France draws us into the dark world of sexual tyranny currently practiced by the Chechen regime through clandestine interviews and by following a few desperate souls seeking escape.

The oppressive machinations originated from a drug raid in 2017 where a suspect's seized phone contained explicit gay images and texts. This sparked an authoritarian purge led by the Putin-backed Chechen leader, Ramzan Kadyrov, whereby individuals were arrested and tortured to reveal the names of other gay contacts.

Coming to the rescue

This prompted the LGBT community to create an 'extraction' network, dedicated to rescuing the persecuted and re-locating them to other countries including Canada via the Toronto-based "Rainbow Network."

The government's aggressive repudi-



PERSECUTED FOR THEIR LOVE: *Welcome to Chechnya* tells a chilling tale of what it's like to be gay in the Russian-controlled country.

ation of gays has chillingly permeated the populace. Families feel shame if any relatives are found to be gay. LGBT activist David Isteev states that maiming or making gay relatives "disappear" is not uncommon.

The documentary begins with young "Anya" who has phoned David, terrified after her uncle has discovered she is a lesbian and is attempting to blackmail her into having sex with him,

threatening to reveal her secret to her gay-hating father, an influential government official. Anya's facing either death or imprisonment. Once under the incriminating spotlight, gays have limited options.

Other individuals interviewed bear both physical and psychological scars from brutal detention. Retrieved phone footage exposes repulsive beatings, debasement and harassment by both

police and citizen-vigilantes in the streets.

France takes us along the breathtaking extractions of a few specific individuals, as activists orchestrate their furtive flight to safe houses in Moscow and other locations. France's concealed I-phones and Go-Pro cameras heighten the sense of immediacy, capturing his subjects' heart-pounding anxiety as they undergo

imperious scrutiny at various checkpoints.

France also uses digital technology to alter the appearance of some of his subjects. One such brave soul is Maxim Lapunov, who becomes the first individual to make public accusations against the government in pursuit of legal prosecution. Maxim, his lover, and Maxim's whole family are forced to flee for their lives.

Giving up everything for an uncertain future elsewhere in a strange country is the painful plight of the refugee.

Homophobic leader

There is also a jolting TV interview with leader Kadyrov. Decked out in his bowl-shaped haircut and elongated beard, thuggish Kadyrov denounces gays and encourages their expulsion from the country as a means of "purifying our blood."

So dangerous is the game that another interviewee, activist Olga Baranov, a lesbian, is eventually forced to seek asylum in Canada herself. Some make it out, while the fate of others, including restless Anya, remains undetermined.

Activist David provides the film's sobering conclusion, pointing to more sinister ramifications to the government's actions: "If there's no punishment...then anyone can be in the shoes of a gay Chechen."

His battle against tyranny continues.

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IN THE BAY

A world without Canada would be grim

Canadians are known worldwide. We're the nice ones. We're the polite ones. And to hear late night comics talk, that's pretty much it.

Well, that and we've got a really hot prime minister.

As Canadians, we've often laughed with others who joke about us. (It would be rude not to.) We giggle in agreement as we're whittled down to the most simplistic of terms: Come to Canada for beavers, maple syrup, and the world's best apologies.

Unfortunately, even Canadians are starting to believe it.

As the world's politicians gathered to discuss global warming, the UN, and international hotspots of war, the news coverage could leave one thinking that Canada was little more than a cheerleader on the sidelines: there, but without an actual foot in the game.



with FIONA GARDINER

After all, we're just "peacekeepers." Meanwhile, the U.S. media has always touted America's achievements – even to the extent of changing history.

How many watched the Oscar-winning film *Argo* and believed that the U.S. was the hero of the story? Apparently, the Canadians simply gave them a place to stay.

However, a recent documentary series, *The World Without Canada*, highlighted Canada's involvement in science, technology, resources and military history. And despite my various high school history classes, I was surprised by some facts. Or perhaps my built-in Canadian modesty never allowed me to recognize the extent of our impact on the world.

For example, the documentary considers an alternate reality had Canadians not intervened in the First and Second World Wars. To call our troops instrumental on Vimy Ridge or Juno Beach would be an understatement. But we also trained British pilots and took out German submarines that were stopping English supplies. Without

us, a communist regime would likely blanket half the world.

Which practically makes us Superman – and yes, he's half-Canadian.

In the field of medicine, Canadians saved millions of diabetics with the invention of insulin, heart patients with the pacemaker, and epileptics with brain surgery.

It was two Canadians who created and patented the all-important light bulb before selling it to good ol' Thomas Edison. In fact, Canadians are responsible for sonar, the radio, the alkaline battery, the microchip laminate, and the x-ray to name a few.

Of course, regarding our well-earned reputation for politeness, we can thank

Lester B. Pearson for that.

When the 1956 Suez Canal Crisis had England, Europe, and Middle Eastern countries considering the whole World War thing for a third time – this time, with nuclear weapons – it was Foreign Minister Pearson who came up with a peacekeeping solution that literally saved the world. In fact, his UN Emergency Force was the backbone of modern day peacekeeping which has continued to do so.

Canadians don't toot their own horn despite playing key roles in everything. We're much more than maple syrup.

We're Buffy the Vampire Slayer. She performed end-of-the-world heroics repeatedly, alone, and without fanfare.

So few people noticed. But when Buffy died, her headstone said it all: "She saved the world. A lot."



LESTER B. PEARSON

CROSSWORD PUZZLE

ACROSS

- 1 Course
- 5 Aspect
- 9 Sheep's cry
- 12 Fetish
- 13 Yearn
- 14 Peak
- 15 Polish border river
- 16 Tangled mass
- 17 Field
- 18 Able-bodied seaman (abbr.)
- 20 Gloss
- 22 Robe
- 25 Yale student
- 26 Unclose
- 27 Snow (Scot.)
- 29 Metal mixture
- 33 Bath cake
- 35 Dance
- 37 Hill formed by a glacier
- 38 Get out!
- 40 Mulberry of India
- 42 Flood

DOWN

- 1 In addition
- 2 Abdominal (abbr.)
- 3 Fr. business abbreviation
- 4 Twenty-fourth part
- 5 Yaupon

ANSWER TO PREVIOUS PUZZLE

A	S	H	H	I	V	E	O	R	T	S
P	P	D	E	C	C	A	M	I	C	A
A	E	T	L	A	R	D	E	C	H	T
R	E	V	E	L	S	A	G	E		
		L	E	A	H	T	A	B	L	E
O	S	S	A	M	I	S	T	R	A	M
G	A	I	M	A	R	I	N	A	L	I
G	I	N	A	H	A	M	K	N	O	T
I	C	E	N	I	M	A	A	R		
		C	A	D	E	L	A	B	A	N
D	O	U	R	T	A	N	G	A	A	A
A	B	R	I	A	L	T	I	A	R	G
D	I	E	S	T	A	H	A	L	E	A

- 6 Exclamation (abbr.)
- 7 Laminated rock
- 8 Squama
- 9 Beer ingredient
- 10 Helm position
- 11 Three-banded armadillo
- 19 Bureau of Labor Statistics
- 21 Fabric
- 22 Parasitic plant
- 23 Apocrypha (abbr.)
- 24 Nigh
- 28 Amateur Boxing Assn. (abbr.)
- 30 Female
- 31 Buddhist sacred mountain
- 32 Votes
- 34 Gear-shift position
- 36 Trigonometric function
- 39 Net fabric
- 41 Afr. worm
- 44 Jewish feast
- 46 Polisher
- 47 Ryukyu islands viper
- 48 Send out
- 49 Eur. juniper
- 53 Irish fortified place
- 55 Before common era (abbr.)
- 56 Tumor (suf.)
- 57 Nat'l Public Radio (abbr.)

1	2	3	4	5	6	7	8	9	10	11	
12				13					14		
15				16					17		
			18	19			20	21			
22	23	24				25					
26			27	28		29	30	31	32		
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38			39	40		41	42				
			43	44		45	46				
47	48	49				50					
51				52		53		54	55	56	57
58				59				60			
61				62				63			

WORD SEARCH

S I L B S D U B B I N G W O S
 T S I L L E E O F R X S H E Y
 O R W S L O T L K C I P N U A
 L O I T G Q O R B T N I T S R
 B O S U O N I M O M D R G E F
 Z F D F Q R I S O F U I S R A
 B E U F L S E S T C A T N I T
 I D B T S A C T S B U B J M T
 N Z D R I T S I S O U O N G E
 D J A O A L I H L U B O L A S
 S T A F F S E C T L M R D U T
 S A P O L T H N K R Y S I Q U
 Z C R M O Q U U V M I D X M P
 Y K K U P X G A L T A G I E S
 S Y Q K S O I L U R N Q E F E

- Binds
- Bloom
- Blots
- Boors
- Boots
- Bossing
- Bowls
- Brims
- Clouts
- Dines
- Doubts
- Dubbing
- Fattest
- Flash
- Flops
- Forks
- Fortes
- Frays
- Futile
- Girths
- Idyllic
- Intact
- Launch
- Muster
- Ominous
- Quagmires
- Quote
- Radius
- Roofed
- Spirit
- Squirt
- Staffs
- Stars
- Stick
- Stint
- Stuff
- Tacky
- Tumbled
- Unpick
- Zebras

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

1	8	7		3					
	6		5					3	
	7	5	6		2	8			
8				4		6		3	
4								8	
	5	7	2						
		2							
								7	5
								4	8

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ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "A" = "V"

"QDU ZSULQUIQ BULVQD YI QW VYAU
XWFQUFQ BYQD VYQQVU."

— RVLQW

PREVIOUS SOLUTION: "No one can make you feel inferior without your consent." — Eleanor Roosevelt

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Sports

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Dodgers, Yankees top MLB predictions

BASEBALL

By Leith Dunick – TB Source

Baseball's 60-game sprint has begun. While many purists are looking at this season with a taste of disdain, I think it's actually going to be a pretty intense ride.

Think about it. Every game is going to be important. Every injury is magnified. Every slump or winning streak takes on so much more significance than in a traditional 162-game marathon.

Schedules are geographically based, which could prove tough for teams trying to break through in the American League East or National League East.

That'd be the Toronto Blue Jays and their talented corp of youngsters.

Still, odds are one of the New York Yankees or the Tampa Bay Rays and their outstanding top of the rotation are likeliest teams to come out of the junior circuit.

In the NL, the retooled Los Angeles Dodgers, with one guaranteed season of Mookie Betts to finally get over the World Series hump, are the betting favourites. But don't discount the Atlanta Braves. And who knows, in a short season, maybe the San Diego Padres, led by Fernando Tatis, Jr. and Manny Machado, are ready to take the next step.

It's our annual MLB predictions column. I managed to get it right last year, calling the Washington Nationals to beat the Houston Astros in the World Series. I'm just sayin'.

I've recruited a few new faces to take part this year. Anyone who watches the TBT News will be familiar with our sports anchor, Tyler Kelaher, and our co-anchor Brittany Ramsay, a huge Boston Red Sox fan. But we won't hold that against her.

And we've brought Ryan Gagnon on board, a huge fan of Cleveland and one of the biggest baseball fanatics in the city.

The fun starts on Thursday!

Leith Dunick
Editor, TB Source

- **AL East:** Atlanta Braves
- **AL Central:** Minnesota Twins
- **AL West:** Los Angeles Angels
- **AL wild-card:** Houston Astros, Tampa Bay Rays
- **NL East:** Atlanta Braves
- **NL Central:** Chicago Cubs
- **NL West:** Los Angeles Dodgers
- **NL wild-card:** Milwaukee Brewers, San Diego Padres
- **World Series:** L.A. Dodgers over Tampa Bay Rays
- **AL MVP:** Mike Trout, Los Angeles Angels
- **AL Cy Young:** Gerrit Cole, New York Yankees
- **AL Rookie:** Nate Pearson, Toronto Blue Jays
- **NL MVP:** Mookie Betts, L.A. Dodgers
- **NL Cy Young:** Walker Buehler, Los Angeles Dodgers
- **NL Rookie:** Gavin Lux, Los Angeles Dodgers



BANG ON: Jose Altuve and the Houston Astros are favoured by most of our prognosticators to make the playoffs.

Ted Jessop
Reporter, CKPR Radio

- **AL East:** New York Yankees
- **AL Central:** Minnesota Twins
- **AL West:** Houston Astros
- **AL wild-card:** Chicago White Sox, Los Angeles Angels
- **NL East:** Atlanta Braves
- **NL Central:** Chicago Cubs
- **NL West:** Los Angeles Dodgers
- **NL wild-card:** Washington Nationals, New York Mets
- **World Series:** L.A. Dodgers over Minnesota Twins
- **AL MVP:** Mike Trout, Los Angeles Angels
- **AL Cy Young:** Gerrit Cole, New York Yankees
- **AL Rookie:** Nate Pearson, Toronto Blue Jays
- **NL MVP:** Cody Bellinger, Los Angeles Dodgers
- **NL Cy Young:** Jacob deGrom, NY Mets
- **NL Rookie:** Gavin Lux, Los Angeles Dodgers

Ryan Gagnon
Fantasy Baseball Star (self-proclaimed)

- **AL East:** New York Yankees
- **AL Central:** Cleveland
- **AL West:** Houston Astros
- **AL wild-card:** Oakland Athletics, Minnesota Twins
- **NL East:** Atlanta Braves
- **NL Central:** St. Louis Cardinals

- **NL West:** Los Angeles Dodgers
- **NL wild-card:** Milwaukee Brewers, Washington Nationals
- **World Series:** Cleveland over L.A. Dodgers
- **AL MVP:** Mike Trout, Los Angeles Angels
- **AL Cy Young:** Gerrit Cole, N.Y. Yankees and Mike Clevinger, Cleveland (tie)
- **AL Rookie:** Luis Robert, Chicago White Sox
- **NL MVP:** Ronald Acuna, Atlanta Braves
- **NL Cy Young:** Walker Buehler, L.A. Dodgers
- **NL Rookie:** Gavin Lux, L.A. Dodgers

Bryan Wyatt
CKPR News Director

- **AL East:** New York Yankees
- **AL Central:** Minnesota Twins
- **AL West:** Houston Astros
- **AL wild-card:** Texas Rangers, T.B. Rays
- **NL East:** Atlanta Braves
- **NL Central:** St. Louis Cardinals
- **NL West:** Los Angeles Dodgers
- **NL wild-card:** Washington Nationals, San Diego Padres
- **World Series:** New York Yankees over L.A. Dodgers
- **AL MVP:** Giancarlo Stanton, New York Yankees
- **AL Cy Young:** Gerrit Cole, New York Yankees
- **AL Rookie:** Sean Murphy, Oakland A's
- **NL MVP:** Ronald Acuna, Atlanta Braves
- **NL Cy Young:** Clayton Kershaw, L.A.

Dodgers

- **NL Rookie:** Gavin Lux, L.A. Dodgers

Ryan La Via
Sales, Dougall Media

- **AL East:** Boston Red Sox
- **AL Central:** Minnesota Twins
- **AL West:** Oakland Athletics
- **AL wild-card:** NY Yankees, Chicago White Sox
- **NL East:** Atlanta Braves
- **NL Central:** St. Louis Cardinals
- **NL West:** Los Angeles Dodgers
- **NL wild-card:** Cincinnati Reds, San Diego Padres
- **World Series:** L.A. Dodgers over Minnesota Twins
- **AL MVP:** Matt Chapman, Oakland A's
- **AL Cy Young:** Jose Barrios, Minnesota Twins
- **AL Rookie:** Ryan Mountcastle, Baltimore Orioles
- **NL MVP:** Ronald Acuna Jr., Atlanta Braves
- **NL Cy Young:** Walker Buehler, L.A. Dodgers
- **NL Rookie:** Gavin Lux, L.A. Dodgers

Tyler Kelaher
TBT Sports Anchor

- **AL East:** New York Yankees
- **AL Central:** Minnesota Twins
- **AL West:** Houston Astros
- **AL wild-card:** Tampa Bay Rays, Cleveland Indians
- **NL East:** Atlanta Braves
- **NL Central:** St. Louis Cardinals
- **NL West:** Los Angeles Dodgers
- **NL wild-card:** Washington Nationals, Milwaukee Brewers
- **World Series:** L.A. Dodgers over New York Yankees
- **AL MVP:** Mike Trout, L.A. Angels
- **AL Cy Young:** Gerrit Cole, New York Yankees
- **AL Rookie:** Luis Robert, Chicago White Sox
- **NL MVP:** Ronald Acuna Jr., Atlanta Braves
- **NL Cy Young:** Jacob deGrom, New York Mets
- **NL Rookie:** Gavin Lux, L.A. Dodgers

Brittany Ramsay
TBT Co-Anchor

- **AL East:** New York Yankees
- **AL Central:** Minnesota Twins
- **AL West:** Houston Astros
- **AL wild-card:** Tampa Bay Rays, Cleveland
- **NL East:** Washington Nationals
- **NL Central:** Chicago Cubs
- **NL West:** Los Angeles Dodgers
- **NL wild-card:** Atlanta Braves, Milwaukee Brewers
- **World Series:** L.A. Dodgers over Houston Astros
- **AL MVP:** Mike Trout, L.A. Angels
- **AL Cy Young:** Gerrit Cole, New York Yankees
- **AL Rookie:** Luis Robert, Chicago White Sox
- **NL MVP:** Christian Yelich, Milwaukee Brewers
- **NL Cy Young:** Walker Buehler, L.A. Dodgers
- **NL Rookie:** Gavin Lux, L.A. Dodgers

LEITH DUNICK/FILE

T-Wolves land Roberts

BASKETBALL
By Leith Dunick – TB Source

Ryan Thomson continues to fine-tune the Lakehead Thunderwolves men's basketball roster.

The Wolves coach on Monday announced the team has landed 6-foot-4 wing Nas Roberts, a Toronto prospect ranked 79th in the nation by North Pole Hoops in his 2019 graduating campaign.

Roberts spent last season competing in the Ontario Senior Basketball Association. Roberts said he had options, but Lakehead won out for a variety of reasons.

"It was a tough decision but Lakehead is a top 10 university and academically they will allow me to graduate with a valuable degree," Roberts said.

"The basketball team is top-tier, the coaches are very supportive and have the capabilities to help me improve. Lakehead is far from home but will increase my focus level and commitment to basketball and

academics without distractions."

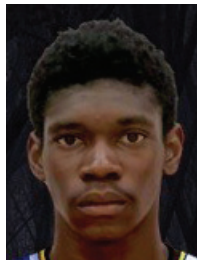
Thomson, who returned the Thunderwolves to top-10 status last season, said Roberts should fit in well on the team.

"Nas is a fantastic kid who works hard, wants to improve as a player and is focused on getting his degree. He's a good athlete who will be able to defend multiple positions and provide some versatility offensively. We're excited to get on the court and help Nas continue to improve as a player," Thompson said.

Roberts played AAU for former Thunderwolves guard Ryan Marrast with Peoples Basketball.

Marrast, who competed for LU during the 05-06 season, said Roberts will bring plenty of skill to the Thunderwolves lineup.

"Nas has a unique skill set for a guard with an uncanny ability to block shots and finish. He's left us wondering a few times if that actually just happened. He's never been afraid of hard work and keeps a calm, cool and collected demeanour on and off the court."



NAS ROBERTS



NEW FACE: Darrin Nicholas takes over as Superior International Junior Hockey League commissioner from Bryan Graham.

Nicholas hopes to grow SIJHL to 10

SIJHL
By Leith Dunick – TB Source

Darrin Nicholas would like to see at least 10 teams call the Superior International Junior Hockey League home in a few short years.

Kenora, Sioux Lookout, Terrace Bay and locations south of the border are among the targets the league's new commissioner is eying.

But first, he's got a more imminent problem to solve – and it might be out of his hands.

Like most sports leagues, the SIJHL is trying to figure out a way back onto the ice, with the threat of COVID-19 and a dreaded second wave front and centre in everyone's minds.

Add in the uncertainty of the land border being closed between Canada and the United States and the fact the federal government has already denied the Toronto Blue Jays permission to travel back and forth between the two countries, and it's tough to see how a 2020-21 campaign can even happen.

Not giving up

Nicholas, however, is holding out hope.

"It's just anybody's guess right now. If I had a crystal ball, I would say a September start seems unlikely right now. But there's lots of talk about October or November," Nicholas said. "But there are still lots of hurdles. We still need clarity on what Phase 3 means for our sport, not just for our league, but for our sport in general.

"We're trying to source that out and of course we've got the border issue that is always looming there for us being an international league. Safety of the staff, participants and fans, of course that's first and foremost. We're not in a position to invalidate what the experts are saying."

Two of the SIJHL's seven teams call the United States

home, the Thief River Falls Norskies and the Wisconsin Lumberjacks.

The federal government has closed the land border to non-essential traffic since March, extending the agreement to Aug. 21 earlier this month.

Nicholas is hopeful that by the time hockey rolls around, the rules may have changed.

"Logistically, a lot of our towns are very close to the borders, so once we get the American teams across the border, in Fort Frances' case, in Thunder Bay's case, we literally could only need them in Canada for five or six hours in order to prepare for a game and get them back across the border. Is that something that's feasible?"

Stronger circuit

Nicholas said he'd also like to make the league more competitive across the country. Two seasons ago the Thunder Bay North Stars were ranked second in the nation, but were swept handily out of the Dudley Hewitt Cup.

An SIJHL club has only advanced out of Ontario twice, the North Stars in 2006, led by future NHLers Carter Hutton and Robert Bortuzzo, and the Minnesota Wilderness in

2013.

More teams could help that, as well as the road not being as tough to get to the national championship.

"I've got to think that might resonate with some high-level hockey players and certainly what we've seen from the new Walleye franchise. They've been quite aggressive, announcing player signings and stuff like that. I think that's the way the league needs to go, is to try to attract some top-end talent to it," said Nicholas, who came to the SIJHL after several seasons behind the bench of the Major Midget Kings.

"Certainly if I can facilitate that with my contacts that I have in the business, I'll be more than happy to do that."

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 05. Condos For Sale
 06. Cottages
 07. Commercial for Sale
 08. Investment Property
 09. Out of Town
 10. Real Estate Wanted

- FOR RENT**
 11. Houses
 12. Apartments
 13. Rooms
 14. Room & Board
 15. Shared Accommodations
 16. Cottages
 17. Commercial
 18. Storage/Space
 19. Wanted
 20. Condos
 21. Miscellaneous

- MERCHANDISE**
 22. Bargain corner
 23. Misc. For Sale
 24. Antiques
 25. Music
 26. Office Equip.
 27. Machinery
 28. Pets & Livestock
 29. Food
 30. Misc. Wanted

- VEHICLES FOR SALE**
 31. Cars
 32. Trucks
 33. Vans
 34. Motorcycles/ATV's
 35. Campers/Trailers
 36. Motor Homes
 37. Marine Equip.
 38. Snowmobiles
 39. Parts & Repairs

- YARD SALES**
 40. Current River
 41. Northward
 42. Southward
 43. Westfort
 44. Rural

- MISCELLANEOUS, NOTICES, TENDERS**
 45. Auctions
 46. Health
 47. Travel
 48. Financial
 49. Lost & Found
 50. Personal
 51. Notices
 52. Tenders

- BUSINESS & SERVICES**
 53. General Services
 54. Home Improvements
 55. Bus. Opportunities
 56. Training Courses

- EMPLOYMENT**
 57. Help Wanted
 58. Careers
 59. Child Care
 60. Health Care
 61. Employment Wanted
 62. Students For Hire
- ANNOUNCEMENTS**
 63. Coming Events
 64. Craft & Flea Markets
 65. Happy Ads
 66. Cards of Thanks
 67. In Memoriam
 68. Death/Funerals

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 *Must be run in consecutive weeks. No additions to ads. Does not apply to Bargain Corner ads.
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ONLY \$480
 Plus HST

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60. HEALTH CARE
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68. DEATH/FUNERALS

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69. LEGAL NOTICES

NOTICE TO CREDITORS AND OTHERS
 In the Estate of **Andrew James Shaver**

All Persons having claims against the Estate of Andrew James Shaver, late of Thunder Bay, ON, deceased, who died on or about June 17, 2020, are hereby notified to send particulars of the same to the undersigned on or before August 6, 2020, after which date the estate will be distributed, with regard only to the claims of which the undersigned shall then have notice and the undersigned will not then be liable to any person of whose claims they shall not then have notice.
 Dated at Thunder Bay, Ontario on the 8th day of July, 2020.

ERICKSONS LLP
ATTN RYAN VENN
 Barristers and Solicitors
 291 South Court Street
 Thunder Bay, ON P7B 2Y1



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PREVIOUS SOLUTION: "The greatest wealth is to live content with little."
 — Plato

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