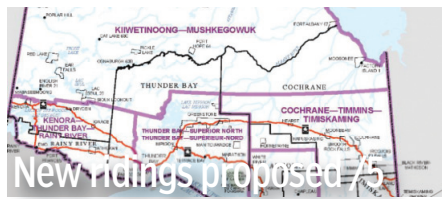




Lift+ slammed by rider /3



New ridings proposed /5



Beast a declawed movie /12



Pineau at junior camp /13

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Murillo Fair draws huge crowds all weekend long /2

Kyle Sitch attempts to rope a calf on Sunday at the Murillo Fair at the Murillo Fairgrounds last Sunday. The rodeo-style events were among the biggest hits of the event. (Leith Dunick)

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Tanner and Leanne Lawson enjoy a ride on Sunday at the Murillo Fair, which saw record crowds attend this year. (Leith Dunick)

Fair huge hit

By Leith Dunick - TB Source

The Murillo Fair has been a hit for more than 100 years.

Combining rodeo skills and midway rides, carnival food and plenty of prize-winning animals, along with a full slate of musical entertainment all weekend long, it was also a hit this past weekend at the Murillo Fairgrounds, where thousands turned out to take part in the fun.

Fair chair Sue-Ellen Blekkenhorst said it was great to be up and running at full strength, after two years of COVID-19 restrictions cut things short in 2020 and 2021.

The number were almost hard to fathom, Blekkenhorst said.

“We knew we would get more, because we kind of kept an eye on the CLE,” she said. “But we didn’t expect the volume that we’ve gotten now because people have to drive out here.

“There’s no shuttle, there’s no city bus they can take to get here. We just weren’t expecting the numbers.”

An estimated 8,000 people visited the fair on Saturday alone.

This led to parking problems, thanks in part to a shortage of volunteers.

“We didn’t have anyone to say this is where you’re going to park, so they kind of parked where they wanted to.”

The issue was solved for visitors arriving on Sunday.

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Rider slams Lift+

By Leith Dunick - TB Source

A Lift+ Specialized Transit rider in Thunder Bay calls the service a national embarrassment.

Jordan Verner, speaking to city council on Monday night, said users have to book appointments a week in advance, have a limited window to call in and are often told the rides have been booked up, they're not available at the time a user needs wants one or they're only available in one direction.

He urged council to push for more drivers and buses, to improve the quality of spending and to consult with drivers on the services newest buses, saying they make for a rough ride, with operators forced to drive below the speed limit for the safety of passengers.

Verner, who lives in Brantford, Ont., but visits the city frequently, said he and other people with disabilities are being denied the ability to live normal, fulfilled lives, and are forced to make plans well in advance, noting last-minute appointments and social invitations are not possible for anyone who needs the service to get around.

The visually impaired man said as a result, Thunder Bay is an unfit place for those requiring para-transit to reside.

"The quantity of service, for various reasons, is so inefficient to make it impossible for person's with a disability to attempt to live a somewhat normal life despite it," Verner said on Monday night, making a successful 10-minute deputation before council.

Verner said in his time in Thunder Bay, he's learned he has to plan his appointment and social calendar long in advance, and then hope he can get through in the half-hour window or so, seven days out, before rides fill up.

It's a far cry from what he's experienced in Brantford, Hamilton and Halifax, where 48 hours is usually the maximum time needed to book a para-transit ride, and sometimes same-day service is available - though not always.

"Does this provide the same freedom as your own car? Of course not. But it's at least much closer to real life," Verner said.

The city last year purchased six new Lift+ buses, including two additional buses that added to its



Jordan Verner speaks before council on Monday. (Leith Dunick)

para-transit fleet, a \$1.3-million acquisition. The service provides about 80,000 rides per year, with about 95,000 requests coming in.

It's still not enough, according to the complainant. "We are severely deficient," said Verner, also asking council to evaluate its use of a local taxicab company while improving scheduling of the Lyft+ service to maximize the time of drivers the city does have in its employ.





"This is a national embarrassment," he said. "This is not how people with disabilities live elsewhere in the city ... I would like to possibly keep my aging grandmother company until she passes away, but it is impossible."

Current River Coun. Andrew Foulds asked council to refer the matter to administration, the Amalgamated Transit Union and the city's accessibility committee.

The vote was unanimous in favour of the referral.

A report is expected back before council in the new year in time for budget deliberations.

THIS WEEK'S WEATHER FORECAST

THURSDAY	FRIDAY	SATURDAY	SUNDAY
			
A mix of sun and clouds	A mix of sun and clouds	Chance of a shower	Light rain
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Minor hockey still concerned

By Leith Dunick - TB Source

Minor hockey will move up on the city's ice allocation priority list, but officials are worried it's not high enough.

City staff on Monday officially presented a revamped ice allocation policy at both Fort William Gardens and the municipally owned satellite arenas, but still left TBMHA and the other minor hockey associations behind Junior B hockey, a concern said TBMHA president Wayne Fortes.

While only allowing for a single Junior B team - the Current River Storm - to call the city's satellite arenas home, down from two proposed under the initial policy, Fortes said they're worried they'll lose ice-time blocks, which hurts their ability to stage games, hire on-ice officials and land enough volunteers.

The Storm are scheduled to play on Saturday nights, a change from the originally scheduled Fridays

Holding back-to-back-to-back games is imperative to their operating model, Fortes said during a deputation to council, two weeks after council delayed approving the initial policy in order to consult user groups again.

The additional consultations resulted in minor hockey being placed above adult organized and scrub hockey at Fort William Gardens, while moving minor hockey, figure skating, synchronized skating, ringette and speed skating to follow tournaments, junior hockey and municipal program, which includes public skating and sledge hockey.

Minor hockey, which makes up 56 per cent of ice use at the Gardens and satellite rinks, will still maintain the hours it needs, but might not get all of its desired days and times.

"We are the largest consumer of ice and we exclusively serve children and adolescents. We appreciate the fact that we have been moved up in the Gardens, and that should be a benefit to Northwood hockey," Fortes said.

"But it does impact our times at the satellite arenas."

Fortes said his organization was never fearful of the number of hours it was going to get, but the times.

"It's the times we're going to get, the days. If in the next couple of years the junior team came in said they need three dates on a Wednesday or Thursday and four dates on a Friday, they would get first ice because they're getting their schedule out earlier," Fortes said.

"That would be 21 hours out of minor hockey during our weekday ice? Where



Wayne Fortes, president of the Thunder Bay Minor Hockey Association, spoke at council. (Leith Dunick)

would we get those 21 hours back? We're already maxed out on weekend ice because all the teams are either playing or practising."

Paul Burke, the city's event services coordinator, said the goal of the revamped policy is to ensure general public access to Thunder Bay's arenas by all user groups.

Burke said the message from minor hockey organizations was delivered loud and clear, but they aren't the only user group.

"We are modifying the recommendations from the report that we had from two weeks ago. We're recommending minor hockey be moved up a few spots on the Fort William Gardens priority list and up a spot on the satellite arena priority list," Burke said.

Special events, like concerts, along with the Lakehead Thunderwolves and Thunder Bay North Stars maintain top priority at the Gardens.

Mayor Bill Mauro, while expressing sympathy for Thunder Bay Minor Hockey and its users, said it simply wasn't fair for council to make last-minute changes on Monday night.

"While I'm hearing your concerns expressed here this evening, if I was to make a change, I don't think I could actually consider what negative consequences there might be for somebody else.

"If we make a change here on the fly ... clearly there is an impact on a user group or more than one user group," Mauro said.



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Kenora riding may be swallowed up

By Leith Dunick – TB Source

Northwestern Ontario may lose a seat if the federal election boundary redistribution proposal comes into effect, though the province as a whole would gain one.

The Ontario commission, charged with the redistribution process in the province, is expected to recommend the Kenora riding be merged into Thunder Bay-Rainy River, creating a much more widely spread-out riding called Kenora-Thunder Bay-Rainy River.

The move would combine the Kenora riding currently held by Conservative Eric Melillo, with Thunder Bay-Rainy

River, at present represented by Liberal Marcus Powlowski.

The change would not come into effect until April 1, 2024 at the earliest, so if the current Liberal minority government were to fall before that date, the current boundaries would remain in effect.

The new riding would stretch from the south side of Thunder Bay to the Manitoba border, south of Sioux Lookout.

It did not sit well with Liberal MP Marcus Powlowski.

“I’m ticked off. I think this is an assault on the democratic right of people of Northern Ontario,” Powlowski said.



MARCUS POWLOWSKI

“We’ve basically gone from nine seats to seven, well technically basically eight, but they carved off the very northern part of Northern Ontario, the NAN communities, as one riding. That’s a pretty small population which is what, 15,000. For the rest of us in Northern Ontario, we basically gone from nine seats to seven seats.”

The current Kenora riding encompasses most of Kenora District north to the Hudson Bay coast.

But a new riding of Kiiwetinoong-Mushkegowuk has been proposed to represent the vast majority of Ontario’s Far North, stretching from the Manitoba border to the James Bay coast.

According to Elections Canada, the current Thunder Bay-Rainy

River riding has a population of 82,805, while the riding of Kenora has a population of 62,656.

The average riding in Ontario has 111,145 residents, though under the proposed boundary changes, that would grow to 121,527.

Thunder Bay-Superior North would remain unchanged under the proposal, which is expected to be posted online on Friday at www.redistribution2022.ca. Its population is 82,651.

As a whole, Ontario would grow one seat, to 122, in the House of Commons, while five new seats would be added across the country, with three seats added in Alberta and one additional seat in British Columbia.

Redistribution is conducted every 10 years using the latest

census results.

At least one public hearing must be held, no sooner than 30 days from the publication of the proposed electoral district boundary changes, by the three-member commission charged to oversee the riding change process.

The commission chair is appointed by the provincial chief justice, while members are appointed by the Speaker of the House.

The new boundary limits come into effect following the first dissolution of Parliament that occurs no less than seven months after they are proclaimed in October 2023, after the new Representation Order is declared in force by a proclamation of the Governor-in-Council.

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EDITORIAL

Riding miscue

It's time for Northwestern Ontarians to fight back.

A proposed new federal riding boundary that would incorporate a large swath of the current Kenora riding into Thunder Bay-Rainy River does a tremendous disservice to the people of this region.

In particular, it diminishes the voices of those in Kenora, who no longer have a standalone riding.

It also makes the task of the MP charged with representing the combined ridings a heck of a lot tougher.

And that doesn't take into account the enormity of a newly created Kiiwetinoong-Mushkegowuk riding that stretches north of Thunder Bay-Superior North and Kenora-Thunder Bay Rainy River, from the Manitoba border to the James Bay coast.

While riding populations are important, geography must come into play.

The needs in Kenora are not the same as the needs in Thunder Bay.

Expecting one MP to traverse the Far North, an area bigger than many European countries, and give proper representation, is a fool's errand.

Public hearings are scheduled. Make sure you have your say.

Save the seat To the editor:

The proposed amalgamation and loss of one riding in Northwestern Ontario is of major concern to our entire region.

Indeed, when one considers the huge expanse of territory, larger than many provinces, and remarkably larger than many countries in this world - it becomes startlingly clear that an additional Member of Parliament is required, not one less.

By way of illustration if one chooses to drive to Thunder Bay from Rainy River on the Manitoba border - it is a five-hour drive if no stops are made.

Contrast this to the shorter distance and four-hour drive of Windsor to Toronto.

With the very large number of municipalities and First Nations that an MP must provide constituent services to, it should be patently apparent that more MPs would be helpful, not less.

In fairness to the Commission's work the entire NorthWestern part of the province could be redistributed into four ridings, the concept of which has been widely requested by virtually all

LETTERS TO THE EDITOR



municipalities, First Nations, and their collective associations and assemblies over the decades.

It is not just the distance factor, but the wide spatial gaps in accessibility for both cons-

tituents and their MPs that will further trouble lessening services to the people of the Northwest.

I respectfully request the amending of the punitive diminishment of constituent representation for Northwestern

Ontario be amended to add an additional federal Member of Parliament.

Ken Boshcoff,
Former MP, TB-Rainy River
Candidate for mayor

Children of Men: From sci-fi to page-turner

The Children of Men by P.D. James was made into an iconic film by Oscar winning director Alfonso Cuarón, who also wrote the screenplay.

The year is 2021. No child has been born for 25 years. The human race faces extinction. Under the dictatorship of the Warden of England, the old are despairing and the young cruel.

Theo Faren, a cousin of the Warden, lives a solitary life until a chance encounter with a young woman leads him into contact with a group of dissenters.

As his life changes irrevocably, Theo faces choices which may hold the key mankind's survival.

Vividly imagined, *The Children of Men* slowly turns from a sci-fi fable into a classically unputdownable thriller.

P.D. James cannot have imagined that, when she wrote this novel in 1992, Britain would be in the grip of a worldwide pandemic in 2021.

The pandemic led to the suspension of many civil liberties and Boris Johnson became, in effect, the Warden of England.

James is also prophetic in the way that she suggests environmental depredation can lead to the end of mankind - whether that is through

global warming, climate change or mass sterility.

The dissenters call themselves 'The Fishes' which is a Biblical reference. They seek to overthrow the Warden for moral and religious, rather than political, reasons.

Julian, who makes contact with Theo, is pregnant and needs his help to find a safe place to have her baby. Her husband, Rolf, thinks that being the father of the child will enable him to step into the Warden's

role. Luke is Julian's religious counselor

and confidante. Gascoigne is an ex army soldier and skilled at explosives. He blows up 'Quietus' ceremonies which are mass 'voluntary' suicides of older people. Miriam is a midwife.

The Fishes are Jesus and his disciples with Rolf as Jesus and Julian becoming Mary and producing a miracle birth.

The younger generation, who are doomed to inherit a dying human race, are known as Omegas. They are privileged because of their age and some of them form a violent group called the Painted Faces who prey on the weak and vulnerable, looking for human sacrifices for their bizarre ceremonies.

All eligible citizens are required to undergo regular fertility tests.

Anyone who challenges the Warden is sent to a prison camp on the Isle of Man where only the fittest can survive.

Most of the low paid, insecure, dirty work is performed by migrant laborers, or Sojourners, who have no rights and can be deported at any time. This is also prophetic because, post Brexit, this is exactly the situation that many immigrants find themselves in.

The novel is excellent but the movie is even better. Alfonso Cuarón focused on the immigrant theme and took it to its inevitable conclusion of concentration camps.



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Don't work yourself to death

By JR Shermack

I can remember when anything that happened in the blink of an eye was considered pretty fast.

Many aspects of the modern world are increasingly fast-paced and dominated by instant messaging that demands an instant response.

Tasks that once took weeks to accomplish can now be done in seconds with a few keystrokes, often in the blink of an eye, which actually isn't really that fast these days.

A human blink takes between 0.1 and 0.4 seconds which adds up to having your eyes shut for 10 per cent of the time we are awake.

But the speed and desirability of advanced computer functions is measured in nanoseconds which are billionths of a second.

After that comes a picosecond, a femtosecond, an attosecond, a zeptosecond and a yoctosecond which is one septillionth of a second.

It boggles the mind to ask why

we need these miniscule measurements of time – some consider this to be a symptom of a society obsessed with speed and high achievement.

Information technology makes it possible to work at nanosecond speed effectively, efficiently and continuously and can lead to unprecedented personal wealth.

This is the carrot chased by millions of ambitious people worldwide who are never satisfied and strive for higher and higher achievement at any price, including the ultimate one.

Information technology compels this type of behavior with the lure of power and wealth for those who have the drive and ambition.

For a glimpse of where this obsession can lead consider the case of Kamei Shuji, a Japanese stockbroker who routinely worked 90-hour weeks during the economic boom in the 1980s.

Shuji's company heralded his superhuman stamina and his personal achievement was considered a role model for

aspiring young businessmen.

When the stock bubble burst in 1989 he worked even longer hours to compensate for the downturn.

The Japanese have a word, *karoshi*, which means 'death by overwork' – Kamei Shuji died suddenly in 1990 of a heart attack at the age of 26.

In 2021 the World Health Organization estimated that three-quarters of a million people are dying every year from heart disease and stroke related to working long hours.

Fortunately most people stop short of working themselves to death but many aspiring high achievers will work themselves into stress related mental and physical illness.

They endure the pain and suffering in the faint hope of a reward at the end but a growing number of people are considering an alternative to this endless pursuit.

They are searching for ways to become more mindful, to experience increasing moments of



Staying out of the fast lane has become a trend in recent years for many people.

peace and bliss, to think more clearly and act with purpose and meaning in their lives.

And they discovered that the

alternative to the fast lane is to step into the slow lane for a while – just to see what life is like at normal speed without instant gratification.

This global trend is being called the 'slow movement' and can be described as a social revolution against our speedy, chaotic, technology driven lives.

It doesn't mean slowing down forever and dropping out of productive work but it does suggest that we take a step back to enjoy life for more than a nanosecond.

It isn't for everybody, only those who seek a healthier life with less stress, stronger personal relationships, more time for the things you love and increased overall happiness.

As for me, everything about me is slow, even my computer – I think it might still be operating at microsecond speed.

I may get on the nanosecond bandwagon someday but in the meantime the blink of an eye is fast enough for me.

what's happening
in and around...

The Bay

To submit an event, email ldunick@dougallmedia.com.
Please include details about the event, including any cost

Aug. 26-28 Rib Fest

In-person dining at its tastiest is what you'll find this weekend as Rib Fest returns to the CLE grounds on Friday, Saturday and Sunday for a saucy three days of lip-smacking chicken and ribs.

Ribs Royale, Dinosaur Smokehouse and local favourite Daytona's will be cooking up a storm all weekend long. There'll be local vendors, live entertainment and 50/50 draws in support of Our Kids Count.

Admission is free and the gates are open from 11 a.m. to 9 p.m. on Friday and Saturday night, and 11 a.m. to 8 p.m. on Sunday.

Aug. 25-27 Summer Sample Pop-Up

Sleeping Giant Brewery is hosting a Summer Sample Pop-Up at Maltese Grocery on Friday afternoon, from 1 p.m. to 6 p.m. Samples are four-ounce pours and available to those 19



Rib Fest returns Friday, Saturday and Sunday.

and older.

Four-packs will also be on sale for those looking to take a little local beer home for some weekend fun.

Maltese Grocery is located at 301 Pearl Street. If you can't make it on Friday, the brewery is holding a similar event on Thursday at Dawson General Store from 3 p.m. to 7 p.m.

and another on Saturday at the Kakabeka Depot from 12 p.m. to 4 p.m.

Aug. 26 Jazz and Old Fashioned Fridays

Head down to the Anchor and Ore on Friday night for scenery, smooth jazz and incredibly crafted cocktails at the Delta Waterfront Hotel.

Local favourites Mood Indigo will provide the music.

Tables available at www.opentable.ca.

Aug. 26-Sept. 11 Founders Museum

Founders Pioneer Village is open Friday to Sunday until Sept. 11 from noon to 4:30 p.m. See Duke Hunt Museum and Russ's Garage. Bring your picnic lunch.

Saturday, Sept. 10 is Country Music Day. There will be a Dawson General Food booth on site. The location is 3190 Hwy 61 at Gillespie Road in Slate River. Phone 475-7424.

HOW TO WRITE TO US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

Address them to: **THUNDER BAY SOURCE**
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WEEKLY POLL QUESTION.

THIS WEEK'S POLL QUESTION:

Would you like to see Zellers, in some shape or form, return to Thunder Bay?

TOTAL VOTES: 2,688

YES
82.22%

NO
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Hot dogs versatile

My mom heard it a lot over the last number of years. "Oh, your son is a chef, he must cook for you all the time," and occasionally that would be true.

With the very long hours which coincidentally take place during most traditionally popular mealtimes. *Insert shocked Captain Kirk cartoon meme here* It really wasn't a thing in my home with any regularity.

As I got older, and my time got increasingly more flexible. Family get togethers became more frequently, but with my sister Crystal and brother-in-law Ty spreading their culinary horizons and my mom (and us, selfishly) always wanting her to contribute the family staples, my need to add to family dinners was less of a necessity.

I didn't mind this, because I sometimes have the tendency to go overboard when I am asked to contribute food items since I have the captive audience of my own family.

I say all that to say, in the life of a chef daily, comfort food becomes ever more apparent. The food for the soul. One of my not so guilty pleasures has been hot dogs. I don't know why; I have always been a fan. They are eternally humble and a bad one still isn't really so bad. However, a really good one you will always remember.

I guess that's safe to say with most foods with a nostalgic flair. I have found that as my palette has matured however, the big conglomerates have lost their luster.

Hot dogs can and are made with chicken, pork or beef and many excellent vegetarian options now exist. Local meat processors have also been able to put their own spin on them, Bogdals makes a smoked hot dog with Haywire Farms pork that we use at Beefcakes which doesn't have the traditional hot dog texture. For my money the place in town making the very best hot dogs with the texture and flavour you're expecting is European Meats. The crew down there really have it figured out. If you wanna class up your hot dog, you can get a Wagyu beef hot dog which sounds expensive but actually is quite affordable. Locally these are available at Brick and Mortar Food Co. (cheap plug) and Maltese Grocery.

Now that we have sourced your wiener (giggity) how will we top it? There are many traditional ways to do it but if you're looking for some outside the box options, you can try a Nacho Dog, with guacamole, salsa, jalapenos and crushed tortilla chips.

You can take a Japanese spin, with some kewpie mayo, teriyaki sauce, pickled ginger and nori strips. One of my personal favorites has been a buffalo wing style, with buffalo sauce, finely chopped breaded chicken, shredded celery and carrot with some blue cheese on top.

No matter how you top it. The modest hot dog has always helped to fix the worst day for generations.

Derek Lankinen is an award-winning chef, author, and restaurateur. He is the Owner/Operator of Beefcake's Burger Factory and Co-Owner of Elite Beef, Brick and Mortar Food Co. and Eat Loco Tacos.



Derek Lankinen

Here's Cooking at You Kid



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Hard to beat topwater bass

We rolled into camp late last Friday afternoon anticipating another fun weekend of adventure and excitement.

As always, before I even unpacked the truck, I walked straight down to the dock to soak in some of those good vibes that the lake always provides.

While I expected to see the usual glassy surface of the lake and perhaps the resident loons gliding by, what I noticed instead was a frenzied splashing of fish rising to the surface. It almost looked like it was raining as dozens of bass were

simultaneously feeding on bugs that were either hatching or falling on the calm surface of the lake. I had never seen a feeding frenzy like this before, at least on our little lake.

The obvious thing to do when such an opportunity presents itself is to take advantage and seize the chance to catch a few of these aggressive fish before the action dies down.

So, I quickly headed to the shed to grab a fishing

rod. My first choice would be to use a fly rod with floating line and dry flies to cash in on the surface

feeding action, but unfortunately it seemed the fly rods had all made their way home during the spring trout season.

When fish are cued in on surface bugs, they tend to ignore the bottom of the water column and so topwater baits are usually the second best option if you can't "match the hatch" with a fly.

Knowing I would need something that floats, I picked a grasshopper off the lawn and made it my first offering.

As soon as it hit the water, a big smallmouth bass bolted out from under the dock, shot straight up, and inhaled it.

When fish are feeding on the surface like this, they will inevitably

have their gaze focused skyward and so this type of quick strike is common.

In fact, bass will often catapult themselves right out of the water in an effort to grab their prey before the competition does.

One of my children soon joined me on the dock and together we caught a handful of smallmouth bass on a variety of baits.

Oddly, the least effective was the classic worm under a float that is usually dynamite on these fish.

It seems the bass were so focused on the surface bugs that even a juicy worm dangling a foot or two off the bottom was ignored.

We did adjust the depth and catch a few fish by running the worm on a

very short lead under the float so it was closer to the lake surface.

Other great baits to try when bass are feeding at the very top of the water column include baits like the floating Rapala and Zara Spook, as well as proven classics like the Hula Popper and Jitterbug.

If you have a fly rod, tossing a big deer hair bug or large profile dry fly are both effective and fun ways to catch these fish.

When the fish are looking up and feeding off the surface of the water, the fishing can be extremely exciting. Simultaneously seeing and hearing an explosive topwater strike from a big, aggressive bass is one of the most exhilarating aspects of summer bass fishing.



Keith Ailey
the GOOD LIFE

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Films | Performances | Visual Art

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There will be concerts, performance art, and a visual art exhibition, Q&As and discussions with the artists to share knowledge, ideas, and experiences.

Select films and performances will also be available online during and after the festival.

voxpopular.ca

Getting ready for a canoe trip

Getting out on the water, especially at Quetico Park, has been a long-time passion for columnist

I used to canoe a lot. After moving to the Thunder Bay area, Quetico Provincial Park became my main focus for canoe trips.

I discovered Quetico back in 1966. Well, actually, it was my older brother Schuyler who learned about it.

I had just finished my summer as a camp counsellor in the Temagami area and when I got back to Toronto,

He suggested we take our father, then 58, our uncle, 56,

and my godfather, 60 on "one last canoe trip" to this wilderness park west of the Lakehead.

He found an outfitter on Nym Lake and so we flew to the Lakehead and then took a Greyhound bus to a drop off spot where the outfitter picked us up.

The trip was a week long and we had fun. When I moved from Toronto to Thunder bay, Quetico was an annual canoe tripping destination.

My wife, Laura and I did two trips into Quetico, the first to have our food almost wiped out by bears and a short one later with no portages.

Then came children.

I did one solo trip when daughter Beth was four but that was 27 years ago. Since then, my son, Doug, and I did a four-day excursion with my friend Dave on Northern Lights Lake.

Now I want to show Doug Quetico.

He can only get five days off from his new job so I've blown the dust off my Quetico map and we have planned a five-day excursion.

We own an eighteen-foot Wenonah Kevlar canoe that I had used with Laura for our Quetico trips. This canoe is very light in weight. In my depleted muscular state, I can still center flip it onto my shoulders. Good.

But unfortunately, it needed repair.

When moving the canoe into the tractor shelter two years ago, I tripped and lost control of the beast that toppled onto a sharp piece of metal creating a small hole just below the waterline.

Also, the Kevlar on the bow and stern over the years had worn down from hitting too many rocks at the beginning of portages. Quetico water is dark. I'm told the colour is the result of iron in the water making it difficult to see below the surface. Thus, some canoe repair was in order.

Enter son, Doug.

I had ordered skid plates from Wenonah for the bow and stern plus a fiberglass repair kit for the hole in the side of the canoe.

Sunday Doug journeyed home to assist in making the repairs. I had no idea how to make such repairs being a card-carrying member of Klutz Anonymous.

But a couple of instruction videos set us on the right path and together we repaired the hole and affixed the skid plates on the bow and stern.

I felt hugely relieved since we were headed to Quetico the following Saturday.

The rest of the week has been preparation time: trying to recall how to pack, what to pack, and hope we would stay nice and dry should the heavens open while we were sojourning in the wilderness.

Now I know that there are many out there for whom a week-long canoe trip is a breeze since they've done it on a consistent basis.

As they say, "use it or lose it." But it has been 20-some years since I did a serious trip in the park. I have a lot of remembering to do and hope I don't forget anything essential.

After all, I'm hoping that Doug and I can do repeat trips in Quetico every summer until I'm too old and infirm to paddle anymore.

My wish is for him to have fond memories and a set of canoe trip skills for him to continue canoe tripping after I'm gone. Not anytime soon, I hope.

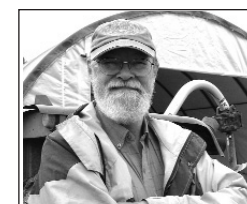


CUSTOMER NOTICE

Due to staff shortages and hiring challenges, Supreme Cleaners Thunder Bay Ltd will be ceasing its cleaning services of personal garment and household items. It has been Supreme Cleaners pleasure to provided these services to the residents of Thunder Bay for over 80 years. We regret having to take this course of action, but after much thought and consideration, the company cannot meet its production demands with the number staff available.

Closures will be on a transitional basis over the next seven weeks. Customers are encouraged to pick up their completed orders as soon as possible. Intake of new orders will discontinue August 26th. Depots will remain open with diminished hours of operations to allow for pick up of completed orders.

Thank you for your understanding and co-operation.



Fred Jones
RURAL ROOTS

Make your play, claim your stage

By Linda Maehans

In the spotlight on stage, or waiting-with-butterflies in the wings; admiring the set you've built and/or painted...not to mention the costumes you've sewn...or might you be in a director's perch, next to the sound-and-lighting folks just as the curtain rises...

Can you feel it? The amazing contributions you can make, using your natural talents and abilities whatever those may be, toward creativity and the longest-lived amateur thespian troupe in the Lakehead.

Superior comes to mind as an apt descriptive for Cambrian Players.

They're heading into their 73rd

remarkable season here in town; this time 'round their snappy slogan is "Theatre For The Love Of It."

Bravo and well-played!

To that end, this weekend Cambrian hosts a special Open House in their relatively "new home" on Spring Street; I put this in quotes because until three to four years ago the Players played where they could, in borrowed venues with suitable stages, technical equipment and such.

But now, well, their permanent home-of-their-own is not new by any stretch of the imagination. In fact, or coincidentally, in recent years the ghost purported to be the phantom of the opera may have moved to 818 Spring St. in Thunder Bay. Bringing all the

goosebumps and magic along for the journey. "Perhaps it is your journey, too", whispers the ghost.

Here's the low-down. No, not download, silly.

This is live theatre. At the Open House meet those you've questions for; at interactive booths find out if you want that spotlight; or maybe you are curious about lighting; maybe you have building interests, or designing the props; painting.

Other behind-the-scenes volunteer roles include spots on organizing committees, pulling it all together for opening night. When it comes to live theatre, well, you can see how sky's the limit.

Oh, did I forget to mention costumes? At the Open House

some "castaways" will be for sale; and just think, on this our 2022 calendar Halloween is just around a shadowed corner...

Speaking of Halloween, and if it's the limelight you seek, your opportunity has arrived. Auditions for Cambrian's first production of their 73rd season follow the Open House.

Cambrian's Eva Burkowski directs a spellbinder-of-a-romp: *Vino Veritas* by David McGregor. Billed as a Halloween comedy, this one sounds like a steamy hoot of a tale, complete with a truth serum that's consumed ahead of a costume party.

You might want to check out the storyline first; then go to if you feel you've got the right stuff.

Prior acting experience is

helpful but not essential; all cultures/ethnic/sexual/gender identities are invited to audition.

Try out (at the theatre) Sunday Aug. 28 from 2:30 p.m. to 6 p.m. and again on Monday or Tuesday evening, Aug. 29 and Aug. 30, from 7 p.m. to 9 p.m.

But first! Don't miss the Open House, this Saturday Aug. 27 from 10 a.m. to 2 p.m.

Cambrian's Thomas McDonald is enthusiastic.

"We want to share our passion for theatre with everyone, and explore what's next as we evolve into the future. Engage with friends both old and new who want to support this exciting work, bringing people together through a shared love of live theatre."



DougallMedia, Thunder's Bay's only locally owned broadcast/multimedia company, has a rare and exciting opening as an Executive Assistant in our Administration Team.

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RECYCLE



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"AEGZIJ YOS METF EIC SIM YSIJWM
QMEIF OM FASWPC PZFYMI YOZNM EF
QWNA EF OM FVMEU."

— YWTUZFA VTSGMTR

Disposable popcorn flick

The best thing that can be said for *Beast* (SilverCity) is that it's relatively short, with a running time of around 90 minutes. This helps to make time subtracted from one's life less regrettable.

True, reduced expectations and elastic criteria are required latitude for the people-in-peril popcorn flick. Forego nuanced plot and layered characterization.

Instead, expect plenty of action and humans foolishly putting themselves in jeopardy. *Beast* delivers these clichés in spades. Tack on requisite jump scares versus well-plotted suspense.

Beast operates on two plot strands. One is domestic drama, the other being rogue animal on the loose.

The film opens with some poachers wiping out a pride of lions, save one elusive alpha male. The male exacts revenge, not only killing the poachers despite their automatic weapons, but holds all humans accountable for murder.

Idris Elba portrays recently widowed Dr. Nate Samuels, visiting South Africa with his two estranged teen daughters, Meredith (Iyana Halley) and Norah (Leah Jeffries). Samuels hopes to mend fences with his girls by returning to the place where he first met their mother. Samuels and his wife had been separated. He was largely absent as she succumbed to cancer.

They meet up with family friend, wildlife specialist Martin Battles (Sharlto Copley) who takes them on a sight-seeing jaunt on the reserve where he works. They come upon a recently wiped out village, carved up by the rapacious lion, extreme behaviour Battles cannot explain.

Of course, circumstances conspire to crash their truck whereupon CGI Mr. Lion shows up to batter the vehicle like a dinosaur on steroids, guttural roars amped up, complemented by an anxious, claustrophobic handheld camera. This section is generates the requisite adrenalin rush.



Idris Elba plays Dr. Nate Samuels in *Beast*, a frustrating film with convenient writing moving the plot.

The family aspect gets in the way with distracting dream sequences. Although the girls help dad administer medical aid, they otherwise are counted on to pick the wrong times to needlessly mess up.

In the second half, the movie eases up on the adrenaline throttle. We see too much of Mr. Lion. What made Bruce the shark so effective in *Jaws*? Minimum screen time.

Tolerances aside, the credibility button gets overworked. Characters continuously venture out alone tempting fate. Mr. Lion somehow avoids certain incineration. Elba plays bloody decoy. Some aware, self-satirizing humour could've

offset the negligible credibility factor.

On the plus side, the cinematography and sound design are impressive. Director Baltasar Kormákur effectively orchestrates the attack sequences. The CGI renderings are believable enough, despite the lion's anthropomorphized with unexplained human impulses. The film assumes an anti-poaching stance.

Alba has the gravitas to hold our attention, given his CV including Brit TV's troubled detective, Luther, Stringer Bell in HBO's excellent *The Wire*, and the fact that he's been a candidate to be the next James Bond. He's no superman here, just a flawed dad trying to regain his daughters' trust.

But it takes someone like James Bond to get away with punching a lion in the nose.



Marty Mascarin
MOVIE TALK

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- ACROSS**
- 1 Contingencies
 - 4 Wife of Esau
 - 8 Cigarfish
 - 12 Dutch commune
 - 13 Timber wolf
 - 14 ft. island
 - 15 Sane
 - 17 Atomic physicists
 - 18 Galatea's beloved
 - 19 Leaf appendage
 - 21 Jewish month
 - 23 Shock
 - 24 Seed coat
 - 25 Feudal estate
 - 26 Central standard time (abbr.)
 - 29 Silly
 - 30 Pain (suf.)
 - 31 Exclamation
 - 32 Compass direction
 - 33 Religious song

ANSWER TO PREVIOUS PUZZLE

C	H	E	L	A	A	S	H	A	T	C
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D	R	A	C	O	A	I	T	T	A	D
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E	E	K	K	I	D	O	F	T	E	N

- DOWN**
- 1 Comparative ending
 - 2 Food and Drug Admin. (abbr.)
 - 3 Defer (2 words)
 - 4 Aloe derivative
 - 5 Oxford fellows
 - 6 Sleeveless Arab cloak
 - 7 Cattle breed

- 8 Eur. finch
- 9 Applaud
- 10 Priest
- 11 Irish assembly
- 16 Adjective-forming (suf.)
- 20 Porous volcanic rock
- 21 Apport
- 22 Cleopatra's attendant
- 23 Greek letter
- 25 Bot (2 words)
- 26 Think
- 27 Guided missile
- 28 Quaker pronoun
- 30 King of Israel
- 34 Fish sauce
- 35 Sip
- 36 Pollen brush
- 37 Back
- 38 Isle of Napoleon
- 39 Roulette bet
- 40 Charity
- 43 Belonging to (suf.)
- 44 Price
- 45 Wane

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49				50					51	



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Pineau gearing up for U18 berth

Jack Pineau is pitching this week for a chance to represent Canada at the Baseball Canada U18 World Cup.

Not bad for the Thunder Bay right-hander.

He's one of 24 players competing for 20 spots at the world juniors, an event Thunder Bay fans may remember our city hosted in 2010 and 2017.

You know, the same event that produced the likes of Francisco Lindor, Jorge Soler and Nolan Gorman, a rookie this year with the St. Louis Cardinals.

I was talking to Jack's father, Dave, last week, and he told me it looks like Canada is planning to cut four pitchers before breaking campe on

Aug. 29 and heading for Florida, where the tournament takes place, starting Sept. 9 in Bradenton and Sarasota.

Make it or not, it's a remarkable feat for a kid from Thunder Bay, who has spent the past several seasons learning the game with the Toronto Mets, forgoing a chance to play in the Ontario Hockey League.

Jack's one heck of an athlete.

I've decided if he does make the team I'm going to try to spend a few days at the U18s, a chance to see a local athlete competing on the world stage.

I'm already heading to Kentucky for a music festival the week after

the event starts, so what's another few days on the road? Might even be able to knock two more ballparks off my list if things work out.

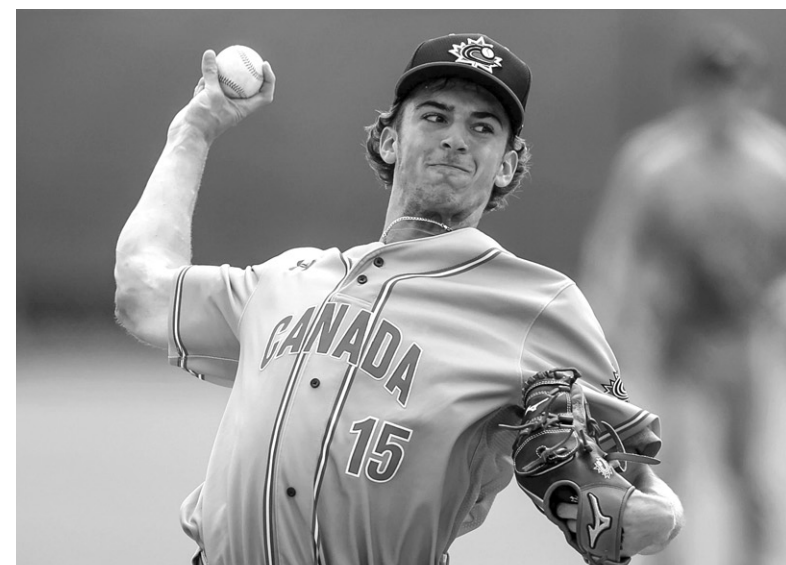
Dave told me Jack, who was in town last week, has seen his stock rising, with plenty of exposure to college and university programs, where he should be able to further his baseball aspirations and then who knows? Maybe he'll be able to follow past U18 alumni like Dalton Pompey or Rowan Wick into the big leagues?

The World Juniors, as it was known in 2010, and the U18 Baseball World Cup, are two of the best events I've ever covered in 25 years in the news and sports business.

Here's hoping both the WSBC and Baseball Canada give us the chance to host it a third time some day.



Leith Dunick
SPORTS SHORTS



Jack Pineau is one of 24 players fighting for 20 spots on Canada's U18 squad. (Mike Carlson)

THINK RECYCLE

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Weather no problem

By Johan Vass

Mother Nature is testing the loyalty of race fans and the fans are winning. Downpours of rain close to race time delayed last week's start by 30 minutes, but the show must go on and it did.

Thunder City Speedway's fastest show on dirt belongs to the Thunder Bay Truck Centre Wissota Modified class and it was won by Colin Chaschuck followed by John Topozini and Dayton Brady. It was a battle. Joel Cryderman is physically fine after a spectacular roll over.

The car was scheduled to race in Emo. The needed work and could not make the races in Emo. Race fans know you do not roll a car unless you are trying to win a race. Cryderman's luck has to change.

He is however keeping the economy going in car parts! Don Craig also rolled this season and he understands. He has returned to the track and is looking fast.

Paulucci's Wayland Bar and Grill Wissota Midwest Modifieds saw David Simpson drive a fantastic race.

It is his 11th feature win of the racing season. He was closely followed by Cole Chernosky and Kolby Reed.

In the Mezo Motors & Machine Wissota Super Stocks class Cole Chernosky won the feature race followed by Shawn Polonoski and John Garrity.

It was nice to see Polonoski return to the track after some back issues. He returned in style.

Mastrangelo's Fuels Street Stock race was a battle on the track Andrew Piilo and Darren Wolframe put on a show for the race fans. Piilo took the checkered and he celebrated his victory. Wolframe was a close second and Justin Tougas was third.



Joel Cryderman (left) talks to car owner Shawn Polonoski right about car adjustments prior to race time.

Bay Lock and Security Hornets Trever Lane took checkered after a two-week absence from the track for a vacation. Cameron Ellis was second and Rick

Styles rounds out the top three.

Races are Wednesday nights. The gates open at 5:30 p.m. racing starts at 7 p.m.



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 20. Condos
 21. Miscellaneous

MERCHANDISE FOR SALE
 22. Bargain corner
 23. Misc.
 24. Antiques
 25. Music
 26. Office Equip.
 27. Machinery
 28. Pets & Livestock
 29. Food
 30. Misc. Wanted

VEHICLES FOR SALE
 31. Cars | 32. Trucks
 33. Vans
 34. Motorcycles/ATV's
 35. Campers/Trailers
 36. Motor Homes

37. Marine Equip.
 38. Snowmobiles
 39. Parts & Repairs

YARD SALES
 40. Current River
 41. Northward
 42. South
 43. Westfort
 44. Rural

MISC.,NOTICES, TENDERS
 45. Auctions
 46. Health
 47. Travel
 48. Financial
 49. Lost & Found
 50. Personal
 51. Notices
 52. Tenders

BUSINESS & SERVICES
 53. General Services
 54. Home Improvements
 55. Bus. Opportunities
 56. Training Courses

EMPLOYMENT
 57. Help Wanted
 58. Careers
 59. Child
 60. Health Care
 61. Employment Wanted
 62. Students For Hire

ANNOUNCEMENTS
 63. Coming Events
 64. Craft & Flea Markets
 65. Happy Ads
 66. Cards of Thanks
 67. In Memoriam
 68. Death/Funerals

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to determine page locations.

Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the advertisement and box rental.

Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to avoid loss.

All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written notice.

50. PERSONAL

56-year-old male seeks Pickleball partner, have reliable car and great personality; beginners okay. 623-3791

Single male 58, would like to meet new friends for fun and good times. Call 357-9686.

53. GENERAL SERVICES

#1 dump runs, trash/yard clean up: inside/outside. Tear down/remove sheds, decks, fences. Also repair sheds, fences, decks. Cut/remove small trees, trim hedges, lawn cutting + general odd jobs/services. Call Frank 628-5919

CHRISTINA'S HOME AND GARDEN. Residential & Commercial landscaping, grass cutting, lawn maintenance, sod installation, dethatching, fertilizing, planting, dividing, weeding, edging, container gardening, patio stone/interlocking stone pathways, hedge/tree/shrub trimming and shaping. Call 621-1505

EXTERIOR HOUSE PAINTING! Fast friendly service, best prices in town! FREE ESTIMATE! Call Fred at 285-7994

Sunshine Lawn Maintenance - yard, garden, odd jobs including eave-strough cleaning, window-washing, experienced, great seniors' rates, references. Call Mark 631-6967.

TREE REMOVAL SERVICES. In town/rural, ++experience, Man-lift, insured, and seniors' discounts! Very reasonable rates, free estimates. Call Jacques (Jack) 345-4363

53. GENERAL SERVICES

53. GENERAL SERVICES

Spring & Fall yard clean up dump runs lawn cutting rototilling tree & hedge trimming eaves trough cleaning powerwash or scrub dirty surfaces RJC WINDOW CLEANING & PROPERTY MAINTENANCE 632-2161

57. HELP WANTED

Occasional help wanted with garden work; St. Joe's Hospital area. Easy work, experience helpful and seniors welcome. Call 346-9348 anytime.

MAKE A DIFFERENCE



RECYCLE

68. DEATH/FUNERAL



A Gift In Remembrance
www.sjftb.net/memorial
768-4411



HERE'S MY CARD

Dulux Paints DECORATING CENTRE
 LOCALLY OWNED & OPERATED
 TO SERVE YOU BETTER!
 • BLINDS • CARPET
 • PAINT • WALLPAPER
 • FLOORING • DECOR



784 MEMORIAL AVE.
 (NEXT TO MCDONALDS)

HERE'S MY CARD

IN STOCK WATERPROOF LUXURY VINYL FLOORING
 starting as **\$1⁹⁹** sq.ft.
 low as
Ideal for home or office



FUSION PAINT PRODUCTS SOLD HERE
 Call us for details 344-0784

Real Estate Sales Representatives



TOWN & COUNTRY REALTY
 400 Balmoral Street



Tracy Picton: (807) 631-4020
 Marc Picton: (807) 630-3491
 Kind, Courteous, Professional Service

ANSWERS TO PUZZLES

I	F	S	A	D	A	H	S	C	A	D	2	5	9	7	6	8	1	3	4
E	D	E	L	O	B	O	E	L	B	A	6	3	1	2	4	5	7	9	8
R	A	T	I	O	N	A	L	R	A	B	8	7	4	1	9	3	6	5	2
N	A	C	I	S	S	T	I	P	E	L	5	8	6	9	7	2	4	1	3
A	R	I	L	F	I	E	F	C	S	T	9	2	3	4	5	1	8	7	6
M	A	D	A	L	G	I	A	O	C	H	4	1	7	3	8	6	9	2	5
E	S	E	H	Y	M	N	A	G	U	E	9	2	3	4	5	1	8	7	6
R	E	T	A	L	A	S	L	I	D	E	1	9	8	5	2	4	3	6	7
E	L	I	S	R	E	L	O	C	A	T	7	6	5	8	3	9	2	4	1
R	A	R	E	A	N	S	A	T	A	B	3	4	2	6	1	7	5	8	9

PREVIOUS SOLUTION: "Having two ears and one tongue means we should listen twice as much as we speak." — Turkish proverb

Looking for Tree Removal?



Fast, Safe & Efficient
 With Our Unique 34" wide
 100ft reach man-lift, we cut
 higher than anybody in town.
626 3542

LOCAL TB LIFE ON THE SCENE SPORTS



NEWS

YOUR COMMUNITY CONNECTION

THUNDER BAY SOURCE

EME PARALEGAL SERVICES

EILEEN MCGRATH ERVIN
 Paralegal, Notary Public, Commissioner, Owner/Operator
 Traffic Violations, MNR, MTO and more.

801 E. Victoria Avenue
 Thunder Bay, ON P7C 1B2

Phone: 807-622-9555
 eileen@emeparalegal.com Fax: 807-622-3035

DIRECT CABINETS



• Quality wood • Ready to assemble
 • Kitchen & Bathroom • Vanity Cabinets-oak, birch and maple
 • PLUS vanity tops in granite and cultured marble
 • Largest Stock in town

941 Simpson St, Thunder Bay (807) 622-4349



Good Reasons to Recycle

Recycling saves energy **Recycling uses less space in landfills** Recycling saves trees **Recycling helps climate change** Recycling reduces pollution **Recycling saves money** Recycling creates jobs.

Maw'n Pawz

All Breed Grooming Services Including Mobile Nail Services
Cats Welcome • Affordable Rates
Flexible Hours (days, evenings, weekends available)

Rebecca Maw
Pet Groomer

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With Yours**

6534 Dawson Rd, Kaministiquia | 807-633-2873 | mawnpawz@outlook.com



YOUR COMMUNITY CONNECTION
TB SOURCE
Published Every Thursday
Delivered to
35,510 HOUSEHOLDS
in Thunder Bay

National Dog Day August 26th



"every dog is a comedian... to me"
~Colleen Paige

Founded in 2004 by Pet & Family Lifestyle Expert, Animal Rescue Advocate, Conservationist, Dog Trainer and Author, **Colleen Paige**, also the founder of many other holidays such as **National Puppy Day**, **National Mutt Day**, **National Cat Day**, **National Wildlife Day**.

Colleen Paige's goal is to bring attention to the plight of animals around the globe and encourage adoption.

For more information visit

www.nationaldogday.com

Celebrating all dogs mixed breed and pure.

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