



Loss of Queen Elizabeth II /4



Safer drug supply /75



Unofficial end of summer /13



Pineau plays for Canada /17

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Canadian Publications Agreement No. 0662445 Vol. 19 No. 30

Thursday, September 15 2022



Back above water

After a minor mishap, the James Whalen was successfully raised /3

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The James Whalen Tug fell back into the river while it was being raised last Thursday but sustained no further damage. (Photo by Leigh Nunan).



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Tikinagan

Child & Family Services

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Mamow Obiki-ahwahsoowin?

“ Mamow Obiki-ahwahsoowin is the Tikinagan service model. In Ojibway/Oji-Cree, Mamow Obiki-ahwahsoowin means, **“Everyone working together to raise our children.”** It is a system of protecting and caring for children and supporting families that has been designed and is delivered by First Nations people in our 30 communities.”

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LEIGH NUNAN

ABOVE WATER: The historic James Whalen tugboat is back above water after sinking into the Kaministiquia River last May.

Out of the water

The James Whalen tug has been lifted from the bottom of the Kaministiquia River, though not without one notable mishap

THUNDER BAY
 By TB Source Staff

Months after it sank at its berth along the Kaministiquia River, the historic James Whalen tugboat has been raised, though not without a notable mishap along the way.

Crews began lifting the 117-year-old boat using a heavy lift barge, cranes, pumps, and other specialized equipment on Thursday morning.

At one point in the raising of the tug Thursday, a cable attached near the front of the boat snapped, causing it to fall back into the river.

The incident caused only a momentary setback, said Halvorsen.

“There was a little bit of a setback this morning with the first approach at this, but then they quickly pivoted.”

Around 4 p.m., crews successfully raised the boat after another attempt, leaving it sitting upright as workers began setting up pumps.

The plan is to tow the vessel upriver to the Paterson Dock, near the James Street Swing Bridge, on Friday – though the city cautioned that may depend on an assessment of the boat’s condition.

The boat sat largely submerged on the river bottom since sinking on May 1.

After being raised to the surface using cranes and cables, crews used high-capacity pumps to remove water from the vessel.

The city awarded that job to LH North for \$793,000. The company also contracted with Thunder Bay Tug and local outfit Big Lake Dive, which provided five divers to assist in the operation.

The need for specialized staff and equipment was one factor accounting for the delay in the boat’s recovery, said Cory Halvorsen, the city’s manager of parks and open spaces.

“We obviously wanted to get to this point sooner, it did take some time,” he said. “But as you can see, the amount of work and the complexity of it wasn’t conducive to just selecting someone and proceeding in a matter of weeks.”

The city has said the Whalen is expected to remain at Paterson Dock for one to two years as municipal leaders consider its future.

The Lakehead Transportation Museum has expressed interest in acquiring the vessel to house at its site near Pool 6.

With files from Leigh Nunan, TBT News.

“We obviously wanted to get to this point sooner, it did take some time.”

CORY HALVORSEN

THIS WEEK'S WEATHER FORECAST

THURSDAY	FRIDAY	SATURDAY	SUNDAY
Rain	Rain	Light rain	Cloudy with showers
Precipitation: 100% HIGH 14 LOW 12	Precipitation: 90% HIGH 14 LOW 14	Precipitation: 70% HIGH 21 LOW 13	Precipitation: 40% HIGH 19 LOW 14

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Mourning loss of Queen

City invites residents to share words of sympathy in a book of condolences at city hall

THUNDER BAY

By TB Source Staff

The passing of Queen Elizabeth II marks the end of an era, says Thunder Bay-Rainy River MP Marcus Powlowski.

"I think it was a day that we all knew was going to come," he said in an interview. "Having said that, it doesn't make it any easier."

The Queen died Thursday afternoon at Balmoral Castle in Scotland after serving as Britain's longest-serving monarch.

"One constant in all of our lives, pretty well, has been the Queen and a constant source of virtue," Powlowski said. "That's been there through my whole life. Her passing certainly seems to mark an end of an era."

"It's a particularly poignant moment for people of a certain generation that grew up during the War. It's a generation that embodied a lot of those same virtues that the Queen had."

"[She was] certainly a model of class, of dignity, of empathy, all the things that you wanted in a leader."



END OF AN ERA: Queen Elizabeth II passed away on Sept. 9, 2022 after reigning for 70 years.

The day is also cause for "a certain amount of celebration," he said.

"She lived an extremely long and productive life and was very healthy. She had a great and wonderful life and was the head of state for a good part of the world for an extremely long time."

When asked about Charles, who is now King, Powlowski responded, "I certainly hope that he walks in her footsteps in every way. She was certainly a leader that I think any other leader would want to emulate, so I certainly hope he carries on in her tradition."

The city is welcoming the public to share messages of condolence to honour the Queen in a book that will be available at city hall for two weeks before being sent to Buckingham Palace.

"We are deeply saddened to hear of the death of the Queen," said Mayor Bill Mauro in a statement released by the city. "With a life spanning 96 years, she has garnered much love and respect from people around the world."

"Her passing marks the end of an era as England's longest reigning monarch. She leaves a legacy that will long be remembered. The Queen and the Royal Family will be in the thoughts and prayers of many in our city."

A book of condolences will be set up in the lobby of city hall starting at 10 a.m. on Friday, and remain available until Friday, Sept. 23 for residents to sign.



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Safer opioid program launches

THUNDER BAY
By TB Source Staff

Thunder Bay is set to join a limited group of communities in Canada offering a safe supply program for opioids, a solution harm reduction advocates have long called for in the battle to save lives from drug overdose.

The Thunder Bay Safer Supply Program, which involves prescribing pharmaceutical alternatives to opioids to participants, will be operated by NorWest Community Health Centres as a 15-month pilot.

In recent months, the agency posted for positions related to the program including a physician, nurse practitioner, registered nurse, two harm reduction support workers, an Indigenous systems



STEP IN RIGHT DIRECTION: NorWest Community Health Centres is preparing to launch a safer opioid supply program in Thunder Bay.

navigator, and a medical secretary.

The program will provide prescriptions for daily-dispensed,

take-home oral hydromorphone for eligible clients.

Participants will also have access

to a range of health and other supports and “wrap-around services” including housing, food security, and finances, NorWest emphasized in a release.

“Providing our community an alternative to the toxic unregulated drug supply will keep individuals alive, improve their quality of life and provide needed health and social services,” said CEO Juanita Lawson.

In a release, NorWest added that the program “addresses the discrimination and stigma people who use substances face everyday.”

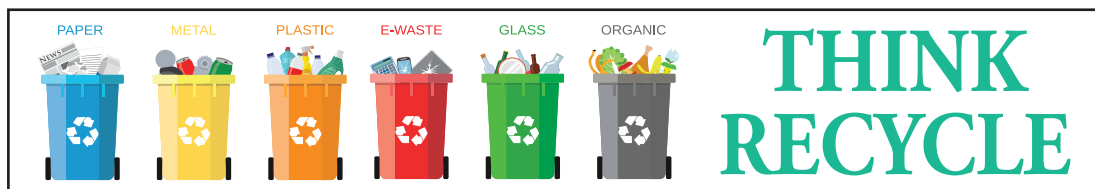
Local advocates say the program is badly needed in a city that’s quietly become one of Canada’s opioid overdose hot spots.

The first version of a prescribed opioid safe supply program was

launched in B.C. in the summer of 2021, and the federal government has since funded a small but growing number of similar programs in communities across the country.

The NorWest program will be one of 73 to receive funding through Health Canada’s Substance Use and Addictions Program. The federal government will support the program with \$1.5 million in funding, according to a Health Canada database of funded projects.

“Today’s announcement is great news for our community,” said Cynthia Olsen, manager of community strategies with the City of Thunder Bay. “Launching a safer supply initiative is a critical component of our multi-faceted approach to addressing the overdose crisis.”



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EDITORIAL

Health crisis

The Ontario government has to get a better handle on health care.

More importantly, it has to treat health-care workers in a much better fashion.

Forcing nurses and other front-line staff to hold to a one per cent pay increase a year is not helping the cause.

With inflation topping out at eight per cent, the buying power of these workers is actually decreasing.

Hospitals are having a hard enough time finding enough health-care workers to fill the vacancies they already have.

If prospective future nurses and front-line staff feel they aren't being respected by the government, there's a good chance they might seek out other careers.

Forcibly moving long-term care patients to long-term care homes under the threat of a hefty bill for refusing is also not a good solution. Those in long-term care need their family and other supports around them, and forcing them to move out of community often leaves them alone and scared.

Money matters, but not at the expense of staff and patients.



Intro to Maurice Magnus novel stands out

Memoirs of the Foreign Legion by M.M. (Maurice Magnus) is an unusual book in that its introduction is more well known than the book and its author.

That is because the introduction was written by D.H. Lawrence and many scholars believe it to be one of his finest pieces of writing.

Lawrence met Magnus 'on a dark, wet, wintry evening in November 1919' when he arrived in Florence, having just got back to Italy for the first time since 1914.

Lawrence's wife was in Germany, gone to see her mother, also for the first time since that fatal year 1914 when the Great War erupted across Europe.

Lawrence was poor: 'who was going to bother to publish me and to pay for my writings in 1918 and 1919?' He landed in Italy with nine pounds in his pocket and about twelve pounds lying in the bank in London. Nothing more.

Lawrence hoped that his wife, Frieda, would arrive in Florence with two or three pounds remaining. They would have to go very softly if they were to house themselves in Italy for the winter. 'But after the desperate weariness of the war, one could not bother.' Lawrence was introduced to Magnus by a mutual friend in Florence. Magnus was a charming American who liked to live the good life, eat the best food,

drink the finest wine and stay at the most expensive hotels.

The problem was, beyond his surface affluence, Magnus was even less well off than Lawrence. He was surviving by moving around Europe, borrowing from friends and leaving a growing trail of debt behind him.

Magnus attached himself to Lawrence like a limpet and charmed him into lending small sums of money which he promised to repay in due course.

Lawrence, who was struggling to survive financially, could not

understand why Magnus always insisted on staying at the best hotels. Frieda took an instant dislike to Magnus and saw him for what he was - a loser, a fake and a sponger. Magnus became increasingly desperate and holed up for a while in a monastery at Monte Cristo. The police eventually tracked him down and came to arrest him and he had to flee ignominiously with the help of the brothers.

He appealed to Lawrence for help but Frieda refused to let her husband loan him any more money. Magnus

followed them around Italy and ended up in Malta, where he took his own life. His legacy to Lawrence was *Memoirs of the Foreign Legion* which he asked Lawrence to get published and use the proceeds to pay off his debts.

Lawrence duly complied and he was impressed by the literary quality of Magnus's description of his life in the Foreign Legion, which was titled 'Dregs' by its author. This title was changed by the publisher who also insisted that Lawrence edit out all references to the homosexual relationships between members of the Legion. Lawrence felt that these passages were the main strength of the memoir.



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Is Canada a water rich nation?

By JR Shermack

You never miss the water 'til the well runs dry.

Access to clean drinking water is considered a human right but as extreme weather events and drought plague the planet, springs, rivers and wells are drying up everywhere.

There are eight billion people living on the planet and each one needs fresh water to stay alive - globally 2 billion people do not have access to safe drinking water.

Most Canadians aren't among them although to our disgrace there are still many Canadian communities where water advisories are still in place.

But for most people living in Canada and especially here in the city of Thunder Bay on the shore of Lake Superior it is hard to believe our wells will ever run dry.

Canada is home to 20% of the world's fresh water reserves and a good portion of that flows

endlessly from faucets in our own homes around the city.

It is clean, pure and makes an excellent thirst-quenching beverage right from the tap although judging from the amount of bottled water purchased locally, not everybody believes that.

Even those who don't find the drinking water fit to drink are still comfortable using it to water plants or clean off the driveway or boil some potatoes for supper.

Here in Thunder Bay we are water rich and an endless supply of cool, clear, clean water has become part of our culture.

During hot weather when it hasn't rained for a while I go around with the garden hose to water any vegetables and flowers that seem a little thirsty.

If I feel a little thirsty myself I might have a sip right from the hose.

We enjoy the luxury of



WATER LUXURY: Many communities in still don't have access to clean water.

watering our plants from the virtually unlimited supply of good, clean, potable water drawn from a huge fresh water lake.

Water restrictions in drier parts of the world are beyond the imagination of the lucky fresh water consumers drinking

Lake Superior.

When I wake up thirsty at night I go to the sink, run the water until it gets cold and then quench my thirst.

At the same time millions worldwide don't know where their next drink of water is coming from - for some it never arrives.

In some countries fresh water is a scarce commodity, often a contested one that ends up being battled in the courts and sometimes in open conflict.

Thirsty people are often competing for fresh water with agriculture and industry which use vast amounts to produce food and manufactured goods for consumers.

Even a water rich country like Canada is not immune from the effects of global warming and extreme weather events causing water shortages.

Water supplies were rationed in Regina and Moose Jaw, Saskatchewan when a toxic algal bloom in 2015 affected the

water supply of both cities.

A 2016 summer drought led to water restrictions in Southern Ontario and Nova Scotia.

In 2018 stringent water restrictions were necessary for many southern Alberta communities and farms due to decreased river flow.

Vancouver has begun rationing summer water use due to increased demand and a decreased amount of melting mountain snowpack to replenish the city's reserves.

Canadian geography has been scraped and carved by the monumental force of several ice ages which left us with vast reserves of water and the lakes and rivers to hold it.

As for me, I am just another Canadian water hog with a garden hose in one hand and a cool glass of water in the other, watching my grandkids run in the sprinkler.

Water is our most precious resource - we would miss it if our well ever ran dry.

what's happening
in and around...

The Bay

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Please include details about the event, including any cost

September 16

Port Arthur Legion Fish & Chips

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Extra piece of fish \$3.50.

Fries only \$4.50.

Gravy \$0.75.

Served in the Imperial Hall from 5 p.m. to 7 p.m.

Takeout available. Everyone welcome.

Questions? Call the office 345-8232 or Kitchen 344-2071.

September 17

High School Football

The senior high school football season is back on Saturday, with St. Ignatius taking on Westgate at 2 p.m. and Hammarskjold playing St. Pats at 4 p.m.

Tickets are available at the gate, with both games taking place at Fort William Stadium.

September 21

Alyssa Edwards

The Thunder Bay Community Auditorium welcomes Alyssa Edwards to the stage. Best known for her performance on Season 5 of RuPaul's Drag Race, her Life, Love and Lashes Tour was a smash hit in London's West End.

More tour information can be found at www.DragFans.com. Tickets are available at Ticketmaster.com and start at \$54 plus fees. There's a meet-and-greet for premium ticket holders and the show starts at 7:30 p.m.

September 22

Encounters in Bioethics webinar

Free webinar: "Bioethics 101: Unpacking the Ethical Principle of Justice." Presenter: Ryan Tonkens, PhD Bioethicist, Lakehead University Centre for Health Care Ethics; Adjunct Professor, Department of Philosophy, Lakehead University; Associate Professor, NOSM University; Thunder Bay, Ontario.

Free Webinar. Join via Zoom link: <https://lakeheadu.zoom.us/j/99318233065>

No registration required. Everyone welcome.

September 24

Trinity Church Fall Sale

Fall Sale at Trinity United Church Hall on Park Avenue. It takes place on Sept. 24 from 10 a.m. to 3 p.m. Come find antiques, collectibles, crafts, books, furniture, upscale jewellery and quality housewares. There's a \$2 admission.

HOW TO WRITE TO US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

Address them to: **THUNDER BAY SOURCE**
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WEEKLY POLL QUESTION.

THIS WEEK'S POLL QUESTION:

Was Queen Elizabeth II the greatest monarch in British history?

TOTAL VOTES: 2,538

YES 67.5% **NO** 17.7% **DON'T KNOW** 14.3%

INSPECTION

Inspection of MNRF-Approved Prescribed Burn Plan for Slash Pile Burning Dryden, English River and Wabigoon Forests

The Ontario **Ministry of Natural Resources and Forestry (MNRF)** invites you to inspect the MNRF-approved prescribed burn plan for slash pile burning that will be carried out in the **Dryden, English River and Wabigoon Forests** (see map).

As part of our ongoing efforts to regenerate and protect Ontario's forests, some recently harvested areas have been selected to be burned under the guidelines of the MNRF's *Prescribed Burn Manual*. The prescribed burn will reduce the area covered in slash piles while increasing the area available for regeneration and reducing the fire hazard. The burn is scheduled for ignition between **October 14, 2022 and February 15, 2023**.

The approved prescribed burn plan for slash pile burning, including specific locations and maps, is available electronically for public inspection by contacting Dryden Forest Management Company Ltd (Dryden Forest), Resolute FP Canada Inc. (English River Forest) and Domtar Inc. (Wabigoon Forest) and on the Natural Resources Information Portal at <https://nrp.mnr.gov.on.ca/s/fmp-online> until **March 31 2023**, when the Annual Work Schedule expires.

Interested and affected persons and organizations can arrange a remote meeting with MNRF staff to discuss the prescribed burn plan. For more information, please contact:

Dryden Forest

Don Armit, R.P.F.

Management Forester
Ministry of Natural Resources
and Forestry

479 Government Street

P.O. Box 730

Dryden, ON P8N 2Z4

tel: 807-220-4704

e-mail: dj.armit@ontario.ca

Karen Bayduza

Silviculture Forester

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Ministry of Natural Resources
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Wabigoon Forest

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Management Forester
Ministry of Natural Resources
and Forestry

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Amy Doudiet

Silviculture Forester

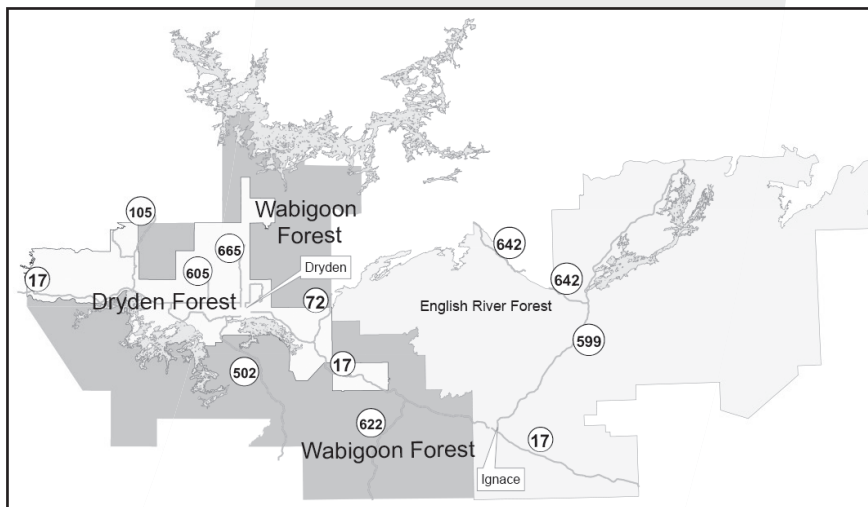
Domtar Inc.

1 Duke Street

Dryden, ON P8N 2Z7

tel: 807-223-9072

e-mail: amy.doudiet@domtar.com



Renseignements en français: Derek Johnson, A/District Supervisor, MNRF, au 807 220-4273

Mental health waitlist ends

Counsellors are now travelling to meet clients within the community

THUNDER BAY

By TB Source Staff

For the first time in over a year, there is no waitlist for a wide range of addiction and mental health services provided by Thunder Bay Counselling.

The agency made the announcement Monday, saying it accomplished this by making significant changes to its staffing model and range of services.

It focused on reducing wait times when the COVID-19 pandemic started, with the ultimate goal of removing the waitlist.

"When individuals wait too long for services, there are serious impacts to the person's wellness and safety, and it also affects their families, workplaces and the broader community," said Thunder Bay Counselling CEO Nancy Chamberlain.

"Faster access to services is important for individual and community wellness, and it also reduces strains on emergency services and hospitals."

The organization's counsellors, who are trained to provide a variety of specialized treatments and programs, can now travel to meet clients wherever they are in the community.

Last year, about 950 people accessed the addiction and mental health counselling services.

Chamberlain said Thunder Bay Counselling is committed to implementing innovative solutions to fill gaps in care, including participating in initiatives with other agencies such as expanding Rapid Access to Addiction Medicine (RAAM) clinics.

Services available at no cost include: alcohol and drug assessment, pre-treatment stabilization, counselling and psychotherapy.

specialized counselling and case management services for - people receiving opiate replacement therapies; pregnant or parenting women; youth and youth transitioning into adult services; people involved with the justice or corrections systems

More information is available online or by calling (807) 684-1880.

Film focuses on First Nation elders

Two elders from Nibinamik were accompanied by youths on a trip tracing historic canoe routes

THUNDER BAY
By TB Source Staff

In early September 2019, two elders from Nibinamik First Nation embarked on a trip along a historic canoe route in their traditional territories.

They were accompanied on the four-day paddling expedition south from Nibinamik to their birthplace at PinnaeMootang by several youths and a crew from Thunder Bay-based Shebafilms.

Now, after three years of post-production work, the 24-minute film - Journey to Our Homelands - chronicling the journey will be shown this week at the 18th annual Vox Popular

Media Arts Festival.

Elders Tommy Yellowhead and Stephen Neshinapaise hope the film helps to inspire all Matawa First Nations youth to "think beyond the Indian Act" and start reconnecting with each other through their lakes, rivers and trails.

Although only 50 kilometres apart by air, the canoe route between Nibinamik and PinnaeMootang is longer, and includes numerous portages.

At PinnaeMootang (shown on current maps as Eyes Lake), where a homecoming reception was held in the old village, the young people were able to expe-

rience elements of the life the elders enjoyed years ago.

Yellowhead left PinnaeMootang to go to school in the early 1960s.

He said it was important to bring the youths along "because young people today don't know much about our history. We wanted to pass on what we knew."

Yellowhead said they told him they enjoyed the trip and that they learned a lot.

The Matawa Chiefs Council supported the expedition.

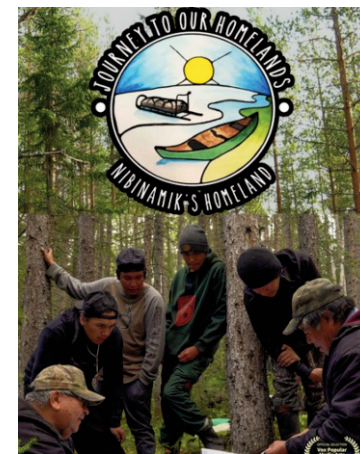
Matawa First Nations Management CEO David Paul Achneepineskum said the film

highlights the history of First Nation people on their traditional territories "long before the Indian Act put us on reserves, and our use of the land today."

Achneepineskum said the film will be a valuable learning and teaching tool for generations to come.

Journey to Our Homelands, directed by Adrien Harpelle, will be shown at the Vox Popular Media Arts Festival which opens Thursday at the Definitely Superior Art Gallery in Thunder Bay.

Yellowhead has already seen the film, but plans to attend the premiere as well.



HISTORIC JOURNEY: The film "Journey to Our Homelands" premiered at the Vox Popular Media Arts Festival.

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Submissions close at 4:00 pm EST on September 19th, 2022. Voting closes at 4:00 pm EST on Oct. 18, 2022.

RETURNING THIS FALL





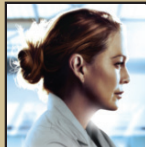

	Bob (Hearts) Abishola Monday, Sept. 19 8:30pm
	The Cleaning Lady Monday, Sept. 19 9pm
	The Resident Tuesday, Sept. 20 8pm
	The Masked Singer Wednesday, Sept. 21 8pm
	LEGO Masters Wednesday, Sept. 21 9pm
	The Amazing Race Wednesday, Sept. 21 10pm

EVENINGS THIS FALL ON



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
8:00	 Celebrity Jeopardy!	 Bob (Hearts) Abishola	 The Resident	 The Masked Singer	 Station 19	 Shark Tank
9:00	 East New York	 The Cleaning Lady	 La Brea	 LEGO Masters	 Grey's Anatomy	 Transplant
10:00	 The Rookie	 The Good Doctor	 The Rookie: Feds	 The Amazing Race	 Alaska Daily	 Blue Bloods

RETURNING THIS FALL

	The Rookie Sunday, Sept. 25 10pm
	La Brea Tuesday, Sept. 27 9pm
	The Good Doctor Monday, Oct. 3 10pm
	Station 19 Thursday, Oct. 6 8pm
	Grey's Anatomy Thursday, Oct. 6 9pm
	Blue Bloods Friday, Oct. 7 10pm


NEW THIS FALL!

Celebrity Jeopardy!
Premieres Sunday, Sept. 25
8pm



Hosted by Mayim Bialik, celebrity contestants compete for a chance to win money for a charity of their choice.

The Rookie: Feds
Premieres Tuesday, Sept. 27
10pm



From the makers of "The Rookie" comes "The Rookie: Feds" starring Niece Nash-Betts as Simone Clark, the FBI's oldest rookie.

East New York
Premieres Sunday, Oct. 2
9pm



The newly promoted deputy inspector of a working-class neighborhood in Brooklyn uses creative methods to serve and protect.

Alaska Daily
Premieres Thursday, Oct. 6
10pm



Hilary Swank stars as a New York reporter who joins a daily metro newspaper in Alaska in search of professional redemption.

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RETURNING THIS FALL

	9-1-1 Monday, Sept. 19 8pm
	NCIS Monday, Sept. 19 9pm
	NCIS: Hawaii Monday, Sept. 19 10pm
	FBI Tuesday, Sept. 20 8pm
	FBI: International Tuesday, Sept. 20 9pm
	New Amsterdam Tuesday, Sept. 20 10pm

EVENINGS THIS FALL ON Global THUNDER BAY™ HD

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
8:00	 The Equalizer	 9-1-1	 FBI	 Survivor	 The Neighborhood	 S.W.A.T.
9:00	 Monarch	 NCIS	 FBI International	 ABBOTT Elementary	 So Help Me Todd	 Fire Country
10:00	 NCIS: Los Angeles	 NCIS: Hawai'i	 New Amsterdam	 The New Love Boat	 CSI: Vegas	 Crime Beat

RETURNING THIS FALL

	Survivor Wednesday, Sept. 21 8pm
	Ghosts Thursday, Sept. 29 8:30pm
	CSI: Vegas Thursday, Sept. 29 10pm
	The Equalizer Sunday, Oct. 2 8:30pm
	S.W.A.T. Friday, Oct. 7 8pm
	NCIS: Los Angeles Sunday, Oct. 9 10pm

NEW THIS FALL!

Monarch
Premieres Wednesday, Sept. 14
9pm



When one family's reign as country music royalty is threatened, the heir to the crown takes matters into her own hands.

So Help Me Todd
Premieres Thursday, Sept. 29
9pm



Personalities clash when a by-the-books attorney hires her son – the family black sheep – as her in-house investigator.

The Real Love Boat
Premieres Wednesday, Oct. 5
10pm



Meet the real-life singles taking a romantic voyage in search of true love and a cash prize from Princess Cruises.

Fire Country
Premieres Friday, Oct. 7
9pm



A young convict seeking redemption joins a prison release firefighting program in California near his hometown.



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BBQs cooling

With BBQ'ing season coming to an end it's time to look at other cuts of steak

As the typical BBQ'ing season winds down, I want to talk about a subject near and dear to my heart. The protein that I am probably most known for. I am of course talking about beef. Today we are going to ignore the striploin, give tenderloin the cold shoulder and outright insult the ribeye. Its ok, I don't mean it.

Today we are going to talk about some of the steaks that don't get as much love from the general community of home cooks. The flatiron steak, a.k.a. the top blade steak, is a cut of beef from the shoulder, it ranges in marbling from medium to heavy depending on your grade. It is uniform in thickness and rectangular in shape (just like an old-fashioned iron), it's shape and uniformity makes it quite easy to butterfly for quick cooking on the grill. Flatiron steak has been a staple of south-western cuisine in recent years due to its affordability and versatility.

Flatiron steak tacos popped up on a lot of menus seemingly overnight. For a catering earlier this summer, I marinated some flatiron steaks in pureed chipotle



Derek Lankinen

Here's Cooking at You Kid

peppers, some orange juice and garlic. I served them in tortilla with a salsa made from diced avocados, corn and some segmented oranges. I topped it with a little bit of cilantro and lime crema. The result was a very visually colorful dish with a lot of complimentary, punchy flavours, smokey, sweet, spicy and acidity were all represented.

Skirt steak is one of the most flavorful cuts of beef, and even though it's also one of the tougher cuts with a lot of connective tissue, it's still a great steak for grilling. Skirt steak comes from either of two separate muscles inside the chest and abdominal cavity, below the ribs, in the section of the cow known as the beef plate primal cut.

The two muscles are the diaphragm muscle, called the outside skirt, and the transversus abdominis muscle, or inside skirt. All of this means your steak will have tons of earthy beef flavour but it is less forgiving if you don't do your research. Skirt steaks are best cooked over high heat and very quickly. Skirt steak has a looser structure so it will absorb a marinade very easily.

When I was an apprentice in the early 2000s, balsamic vinegar was making a huge resurgence in the food scene. So much so that I will barely use it in my cooking today because I have been over exposed to the stuff. However, the intense beef flavour of a skirt steak can dim down and fight with the sometimes overpowering balsamic.

For a skirt steak typically, I would like to level it out with a little bit of soy or tamari to help bring down the acidity. Hit it with another light dusting of salt and pepper as you hit the grill and always slice against the grain of your meat. (Giggity? meh, Giggity.)

Derek Lankinen is an award-winning chef, author, and restaurateur. He is the Owner/Operator of Beefcake's Burger Factory and Co-Owner of Elite Beef, Brick and Mortar Food Co. and Eat Loco Tacos.

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Marking the unofficial end of summer

Well, the Hymers Fall Fair came and the Hymers Fall Fair went this past Labour Day weekend. It was great especially since we didn't have one last year due to the pandemic. Huge kudos to all the volunteers who got it up and running.

The Hymers Fall Fair has always been for me the transition time - end of summer, beginning of autumn. Sure, autumn doesn't begin officially until the Autumn Equinox and sure, we're bound to get more warm summer-type temperatures, but there is a shift in our consciousness and in nature with noticeable changes taking place on the landscape. School is back in session; most peoples' holidays are over.

Meanwhile, back at Casa Jones, my wife, Laura, The Gardener, was busy harvesting and preserving. I lost count as to how many jars of pickles both sour and sweet she made. But

Sunday morning we awoke to a minus one celsius temperature. Oops. Bound to be a killer frost. The freezing temperature wasn't supposed to occur until Sunday night. Fortunately based on a couple of unfortunate experiences, Laura took no chances and covered the tomatoes. And fortunately, they were unscathed. Some of the other leafy crops were hit but Laura told me that they were all but done anyway. And again, Monday morning, another killer frost lay across the land.

Still getting pole beans and all the rest but Sunday afternoon Laura trooped into the house with a large bowl containing ginormous beets - one was a foot long! When queried, she admitted that she planted four varieties of everything - four different types of carrot, potato, beets, zucchini, et al. Wow! But unlike last year, she didn't

submit any veggies at the fair for judging. "Too busy," she told me, "with work, garden, you away on your canoe trip, and taking our new pup, Sophie, for retriever training. Fair enough.

A side note: on the five-day excursion into Quetico park with my son, Doug (his first time on a serious canoe trip that involved a couple of horrendous portages and fierce headwinds -boo, hiss!), we encountered no mosquitoes. Not a one! Nor bears thank goodness; but we did hear a wolf howling quite close as we were crossing a long-but-easy portage from Jesse lake to Maria (for those of you familiar with the park). I even saw fairly fresh wolf poo on the trail. Not to worry. The wolf would never bother with us. But we only used insect repellent on our last campsite due to the insidious ankle-biter flies and there were lots of them. I told my son, 22 years old and strong like bull, that he'd passed the "Trial by Portage and Nasty Headwinds" test with flying colours.

But he agreed with me that we'd do a very lazy, non-portage trip next summer.

But here we are in September with lots of chores to do before the snows (the what, Fred?)

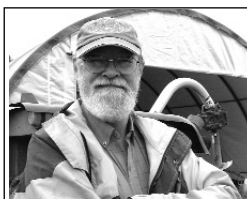
I love this time of year - Autumn. I love the change in colours of the leaves on the trees, the ferny stuff growing beside the road, the cooler nights and early mornings when I can light a fire in the fireplace just to warm up the living room a bit and to sit in front of when sipping coffee mug number one. I have fencing to do and more fallen trees to cut up, more since Doug and I did our trip. The cooler temperatures during the day mean that the horses can stay outside longer, even possibly all day and night without being eaten alive by nasty biting flies. It means that trail rides on horseback are now possible since it is no longer a furnace during the day and the aforementioned flies have vacated for the season. Daily dog walks are being

resumed for the same reasons. The lack of intense heat makes it a lot more comfortable for my elderly pooch, Baxter, to mozy along with me while the younger pups tear around back and forth sniffing things out as they go.

It is a time when our menu at the groaning board also changes: now we cook more stews and soups with the veggies from our garden. My daughter, Beth, makes a root vegetable pie that is scrumptious since the root vegetables are being harvested.

I love that I can now dress in warmer shirts and even sweaters that I didn't during the warmer months. Soon enough I will have to light a fire in the boiler in the basement to ward off the night chill but that day hasn't yet arrived.

So, autumn is upon us if the killer frost was any indication. As I said, there will be more warm weather before the much cooler days and nights tell the heat to "move over, it's our turn." I love it.



Fred Jones
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Thank you on behalf of the Thunder Bay Museum to Dougall Media, the Alcohol and Gaming Commission of Ontario, Westfort Productions, electronic raffle provider Bump, car driver Karl Haglund, the Museum's staff and volunteers, and all those who purchased tickets for their support with this fundraiser.

Superior is the greatest lake

Lake Superior is a mighty beast. Waves with a height of over 9 meters (30 feet) have been recorded on its surface and thousands of ships and boats have met their end in the frigid waters of the great lake known as Gichi-gami. It is immensely important to respect the size, power and ferocity of Superior, and over the past few weeks I have had to cancel two separate opportunities to fish for salmon on the big lake due to strong winds and the huge waves those winds can bring. Last weekend however, some good weather and my free day lined up perfectly and I was finally able to



Keith Ailey
the GOOD LIFE

spend a Sunday morning fishing on Superior with my friend Adam.

Whether I am paddling or fishing, each time I venture onto the big lake, I still find myself in awe of both its beauty and its immense size. In every way possible, Superior certainly lives up to its name.

At 82000 square kilometers, the surface area alone makes Superior bigger than some entire countries, like the Czech Republic. Approximately two hundred rivers replenish the largest of the five Great Lakes, and keep it at such a level that it holds a staggering 10% of the fresh water on



GREATEST OF LAKES: Fishing on Lake Superior.

the entire surface of our planet. The mighty Nipigon River, flowing from Lake Nipigon down into Superior, is the largest

inflow. The St. Mary's River on the eastern end flows out and connects Superior to Lake Huron.

With over 4800km of rugged shoreline, an average depth of 147 meters (483 feet), a maximum depth of 406 meters (1332 feet), and an average water temperature of just over four degrees Celsius, fishing on Superior can be intimidating, to say the least. Yet more than 80 different species call this lake home.

Among the popular gamefish in Lake Superior are pacific salmon (coho, pink and chinook), steelhead/rainbow trout, brook trout, walleye, pike, lake trout and whitefish. Other species like burbot, perch and herring are also frequent incidental catches here. Then, there are the giant

sturgeon and the exceptionally rare Atlantic salmon that you sometimes hear stories about.

It is getting late in the season to find salmon in the open water as they focus their attention on spawning in the rivers each autumn. So, it was not a terrible surprise that Adam and I struggled to find the chinooks we were targeting. However, once we moved in to shallower water and started trolling the rocky shorelines, we were able to enjoy some action and land several northern pike. It was a satisfactory consolation prize, and really just a bonus, as we were mostly content to just seize the opportunity to enjoy a beautiful morning on the greatest of the Great Lakes.

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ON SCREEN: The four-day festival showcased 46 films of all genres from local, regional, Canadian, and international filmmakers.

Celebrating film

18th annual Vox Popular Media Arts Festival celebrates art

THUNDER BAY
By TB Source Staff

Thunder Bay artists and their work both regionally and internationally this weekend during the 18th annual Vox Popular Media Arts Festival which was held at Definitely Superior Art Gallery.

The four-day festival showcased 46 films of all genres from local, regional, Canadian, and international filmmakers and featured live performances, workshops, and a regional art exhibit.

Visiting filmmakers came up for the event to showcase their films as well as hold question and answer panels and discussions.

Festival director Adrien Harpelle says the event displays the importance of the arts in Thunder Bay, and that he's glad to be able to showcase all the talented performers and artists.

"It's so important, it's so important. Especially, because of the pandemic, you know, people were not able to gather," he said.

"They were not able to present their work and we're still facing these struggles, but it's been incredible being able to present work and come together and have real conversations together and it's just so important. It really brings the community together."

Harpelle encourages any local artists who want to get involved in next year's festival to contact them on their website.

Jail guards hold picnic

THUNDER BAY
By TB Source Staff

A picnic was held on Sept. 11 for the staff of the Thunder Bay District Jail, the Thunder Bay Correctional Centre, and the Thunder Bay Probation and Parole Divisions as well as their families.

"The premise of the event is we wanted to get everybody together to have fun," said Bryan Tucker, a sergeant with the Thunder Bay District Jail. "But more importantly, we wanted to get the Community support boosts, which you'll see behind us, together on site to deliver information and get that discussion going on operational stress, injuries in the workplace."

Sunday's event, which was organized by the Thunder Bay District Jail's Health and Wellness Committee, was the first in what Tucker hopes to be an annual event.

"The mental health of the officers and the people who work in these areas is so important,"

he said. "And knowing what those services are available to them and getting that information to them is sort of what we're looking at doing today."

The event featured food vendors, demonstrations from the tactical team and support information booths and live music.

"We have our correctional officer cover band Venom on stage right now and, yeah, we're having fun today," said Tucker.

Tucker says that beyond providing support information for staff and families, the purpose of the event is to give staff who often work in a stressful environment, a chance to relax.

"It was really important to get us out of the institution and get our families together just to interact and do these positive things, far too often, you know, we're stuck into the stressful environments of work," he said.

"So today our focus is on the positives and getting some information out for family support, officers support, and all that front-line support."

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Pinocchio: not so much magic

Once again, Disney has cannibalized its vast vault of animated classics to produce yet another live action/CGI re-make, "Pinocchio" (Disney+). Disney has had some success with this approach, ("The Lion King" et al), but the trademark magic this time is MIA. This may explain the lack of a theatrical release.

"Pinocchio" is an uneven melding of formats, featuring some dazzling visuals and entertaining moments but generally rings hollow in the genuine Charm, Warmth and Wonder Department. The movie has a schizophrenic challenge, being respectful to the original story while trying to refresh the material for a younger generation.

The story is based on Carlo Collodi's 1883 book that inspired

Disney's 1940 classic screen adaptation. The 1940 film was an enchanting rendition of the story about lonely Italian wood carver Geppetto who creates a marionette that yearns to be a real boy, brought to life by the Blue Fairy, after a wish by Geppetto. The story's structure remains intact, with Pinocchio and his appointed conscience, Jiminy Cricket, experiencing hair-raising escapades.

For director/co-screenwriter Robert Zemeckis, the CGI success he realized with "Who Framed Roger Rabbit?" and similar titles doesn't work here.

In the transition from vivid

animation to live action, some heart, character and fidelity to the piece go wanting. Colourful characters from the 1940 film like puppet slaver Stromboli and Geppetto's expressive cat, Figaro, get short shrift as does a new character, Fabiana, (Kayanne Lamaya) a sympathetic puppeteer.

Most tweaks have a "Meh!" effect, neither positive nor negative. Geppetto's back story now vaguely alludes to how he's pre-deceased by a son and wife. Jiminy Cricket

(Joseph Gordon-Levitt) sports a southern drawl. Pinocchio's protracting nose is used to bail him out of trouble, which under-

cuts the notion that his nose-growing is supposed to teach him a lesson about telling fibs.

The in-joke with Disney characters popping out of Geppetto's numerous cuckoo clocks comes off as indulgent versus cute. Some pop cultural wisecracks wince as too trendy-contemporary ("Influencer!"), while other allusions (a Chris Pine name drop) elicit a giggle.

Tom Hanks, gray-haired and shaggy, is warm-hearted as Geppetto, his accent, tolerable. Benjamin Evan Ainsworth as Pinocchio is bright and chirpy.

Cynthia Arivo exudes welcome self-awareness as the Blue Fairy, explaining how Pinocchio must learn the difference between right and wrong to become a real boy. She performs the film's signature

tune.

Keegan-Michael Kay owns the film's best moments as sly fox Honest John, a hilariously breezy, quip-filled huckster who aims to sell Pinocchio to Stromboli's Puppet Show.

The shanghaied delinquents on Pleasure Island unknowingly destined for exploitive labour engage in destructive behaviour in a dark over-the-top sequence that goes on too long.

The bottom line: the script doesn't allow Pinocchio to make conscious decisions. A guileless innocent, he's easily swayed by conniving adults. Ultimately, Pinocchio's life lessons and the film's themes go undefined.

While our hero ultimately becomes a boy, "Pinocchio" could have used a soul.



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Pineau takes on world

Thunder Bay righthander named to Team Canada for U18 Baseball World Cup

By **Leith Dunick - TB Source**

The emotions were starting to hit home for Jack Pineau last Wednesday, a night after learning he'd made Canada's national junior baseball team.

His mom and dad were on the road, making a beeline for Bradenton, Fla., where Pineau and Team Canada opened the WSBC U18 Baseball World Cup last Friday against Korea, the first of four games in four days in their quest for a gold medal.

"My parents, they don't get to see me play very often. They've gotten used to me doing Facetime calls after games telling them how it went and now that they'll actually get to see it in person, it makes me pretty emotional, to be honest."

The right-handed hurler, who pitches for the Toronto Mets and plans to play for Pro 5 Academy in Raleigh, N.C. next season, said it still hasn't sunk in that he made the team, just one of 20 players in the country in his age group chosen to take on the world.

What makes it more remarkable is he almost didn't choose baseball.

Drafted by the London Knights of the Ontario Hockey League in 2020 - his brother Alex was taken a year earlier by the Sudbury Wolves - Pineau said it was a lost hockey year to COVID-19 that convinced him to try his luck on the diamond.

It looks like he made the right decision.

"My focus was really on baseball that year and I thought this might be the way to go. Talking with a couple of baseball teammates from my Toronto team, they just made me realize they thought I could go a lot farther in baseball than I could in hockey," Pineau said.

"I think it's true too."

It was tough, practising at home in Thunder Bay while his teammates were training together, but he got used to it in a hurry.



Jack Pineau is one of 20 players to be named to Canada's national junior baseball team. (Mike Carlson)

The 17-year-old, who led the Port Arthur Nationals to the 2016 Canadian Little League Championship, is no stranger to the world junior tournament, which was held in Thunder Bay in both 2010 and 2017. Pineau was at Port Arthur Stadium for much of the most recent event, and said it still gives him chills thinking about the reaction of the crowd.

"Seeing how many people in Thunder Bay came out to those games, just how we packed the Canada/U.S. game - pretty much all the games at the Stadium - just how electric that building was, whenever we got a run or whatnot. It was pretty crazy for me when I was 12 years old," Pineau

said.

"From that point on, I wanted to be part of it. Finally achieving that really means something."

Patterning his game after flamethrowing New York Mets superstar Jacob DeGrom, perhaps with a little less velocity, Pineau said he'll do whatever manager Greg Hamilton and pitching coach Chris Reitsma, himself a former big-leaguer, ask of him at the U18s.

"Whatever (Chris) needs me to do," he said. "I can start a game. I can come in in long relief. I can close a game. I'm plenty OK with that. I just want to help the team and do what's best to win."

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "J" = "S"

"WSL BTE RY T YRRX HJ FHCSW HM SHJ
RBM LELJ, IVW SL BSR SLLZJ ARVMJLX
HJ BHJL."

— IRRP RY GFROLFIJ

			1		3		4
7			9				1
6			2		3	9	7
9						7	
	1						
2		4				1	
		7			1	4	
1	8					2	
	6	9		8			

ACROSS

- 1 W. Indies island
- 5 Tennessee Valley Authority (abbr.)
- 8 Russ. range
- 12 Soon
- 13 Cut of beef
- 14 Electric catfish
- 15 Woe
- 17 Year (Lat.)
- 18 Musical instrument (string)
- 19 Nautical cry
- 21 Rom. first day of the month
- 22 Hindu title
- 23 Rational
- 25 Camp
- 29 Viking
- 32 Sora
- 33 "Brave Bulls" author
- 35 Wild hog
- 36 Supporters of Mohammed

- 38 Recluse
- 40 Nonsense
- 42 Aviv
- 43 Jap. apricot
- 45 Skull bone
- 47 Boat
- 50 Sleep (pref.)
- 52 Cow
- 54 Male person
- 55 Corrode
- 56 Gangrene precursor
- 57 FDR's dog
- 58 Compass direction
- 59 Grasp

DOWN

- 1 Bad (pref.)
- 2 Two-toed sloth
- 3 Daring
- 4 Literary collection
- 5 Inconsiderable
- 6 Life (Lat.)
- 7 Pit

ANSWER TO PREVIOUS PUZZLE

P	E	A	T	G	A	B	S	A	A	L
A	T	L	E	A	S	E	A	L	G	A
C	A	A	M	L	A	D	B	E	A	D
A	L	E	P	P	O	D	E	C	O	Y
			E	L	P	E	N	O	R	
M	A	C	R	O	A	M	A	S	O	B
O	S	H	A	F	R	I	P	A	B	A
A	A	A	M	A	T	D	A	C	I	A
			L	I	G	H	T	E	R	
S	A	T	Y	R	E	L	A	I	N	E
E	G	A	D	O	C	A	S	A	A	R
R	E	K	I	A	E	S	O	G	G	I
A	R	E	A	F	E	E	L	O	A	N

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18				19			20		21	
			22			23		24		
25	26	27				28		29		30 31
32				33		34		35		
36				37		38		39		
	40			41		42				
43	44			45		46		47	48	49
50				51		52		53		
54						55		56		
57						58		59		

- 8 Altar constellation
- 9 Round Table knight
- 10 Yemen capital
- 11 Religious image
- 16 Jap. ship
- 20 Gob
- 22 Of the sun
- 24 Dynamite inventor
- 25 Bikini top
- 26 John, Gaelic
- 27 Inner
- 28 Council for Econ. Advisors (abbr.)
- 30 Indo-Chin. language
- 31 Grampus
- 34 Moon goddess
- 37 Competed
- 39 Tumor (suf.)
- 41 Metal disk
- 43 United Negro College Fund (abbr.)
- 44 Ceylonese langur
- 46 Indo-Chin. people
- 47 That which acts (suf.)
- 48 Ancient people of Gaul
- 49 Hilltop
- 51 Certified Public Accountant (abbr.)
- 53 Angola (abbr.)



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Storm is on its way

Junior B team set
to start play in the
LJHL this season

By Leith Dunick - TB Source

There's a new hockey team in Current River that wants to take the community by Storm.

The Junior B Current River Storm are set to take to the ice this fall in the Lakehead Junior Hockey League, a family-run organization with ties that run deep in both the local hockey and golfing world.

Founded by Ryan Untinen and his son Robbie, the duo wants to bring high-level hockey to the Current River Arena, a team the community can rally behind in the five-team circuit, entering its 30th season.

Place to play

It's also about giving older players another option of a place to play instead of graduating to the beer leagues or giving up the game altogether.

"We're excited to play against these teams," said the younger Untinen, a past District Open champion on the links.

"The Hawks have been around for years. We're going to be a young team, with some midget AA and AAA players. Basically we have a lot of players who quit hockey. That's the cool part. It's a good extension from minor hockey into this."

Minor hockey had the team embroiled in a bit of a controversial situation earlier this summer, after the City of Thunder Bay placed junior B



The Current River Storm have Boston colours.

hockey ahead of minor hockey on its pecking order, officials from the latter organizations around the city worried they might not get the same ice time they were used to getting.

The city relented somewhat, and the two sides talked it out. Robbie Untinen said the Storm will play 12 home games, all on Saturday nights, and will work with minor hockey to schedule practices around youth hockey, taking ice when it's available.

"As long as both parties have good communication, that's a good place to start from," Untinen said. "We'll do things like running Boulevard Lake and training differently."

The team will also provide free admission to Mighty Mite players who show up at the gate wearing their team jersey.

The Storm is the third Thunder Bay area team to play in the LJHL, joining the Thunder Bay Hawks and the Thunder Bay Bandits, itself an expansion team just two years ago.

Crosstown rivals

It sets up to create some natural rivalries, Untinen said.

"Having a north and a south side creates that greater rivalry," said Untinen, who played two games for the Superior International Junior Hockey League's Marathon Renegades in 2006-07 and will serve as coach and general manager of the Storm.

"That's the way it was back when my dad played."

If the action on the ice wasn't enough, there's also a burger named after the team, the creation of Derek Lankinen's Beefcake Burger Factory.

"The proceeds go to the team, to help with track suits and ice time."

The team has also set up an affiliation agreement with the Thunder Bay North Stars, offering its players a chance to play in the SIJHL, the local junior A league.

"Those guys have been absolutely fantastic," Untinen said.

They've given me advice on the media side on how to promote the team. And we're helping them get some good players so they can get a boost too."

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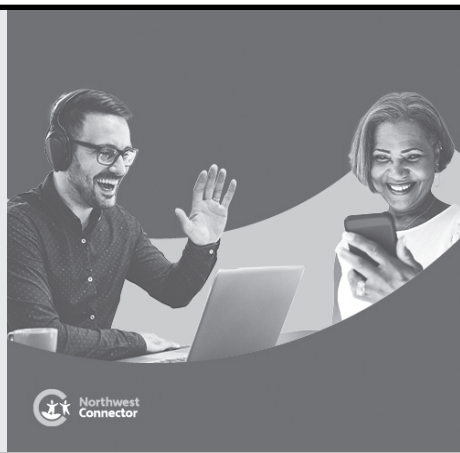
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 02. Rural Homes
 03. Mobile Homes
 04. Lots / Acreage
 05. Condos
 06. Cottages
 07. Commercial
 08. Investment Property
 09. Out of Town
 10. Real Estate Wanted

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 11. Houses
 12. Apartments
 13. Rooms
 14. Room & Board
 15. Shared Accommodations
 16. Cottages
 17. Commercial
 18. Storage/Space
 19. Wanted
 20. Condos
 21. Miscellaneous

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 22. Bargain corner
 23. Misc.
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 25. Music
 26. Office Equip.
 27. Machinery
 28. Pets & Livestock
 29. Food
 30. Misc. Wanted

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 33. Vans
 34. Motorcycles/ATV's
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 36. Motor Homes

37. Marine Equip.
 38. Snowmobiles
 39. Parts & Repairs
YARD SALES
 40. Current River
 41. Northward
 42. South
 43. Westfort
 44. Rural

MISC.,NOTICES, TENDERS
 45. Auctions
 46. Health
 47. Travel
 48. Financial
 49. Lost & Found
 50. Personal
 51. Notices
 52. Tenders

BUSINESS & SERVICES
 53. General Services
 54. Home Improvements
 55. Bus. Opportunities
 56. Training Courses

EMPLOYMENT
 57. Help Wanted
 58. Careers
 59. Child
 60. Health Care
 61. Employment Wanted
 62. Students For Hire

ANNOUNCEMENTS
 63. Coming Events
 64. Craft & Flea Markets
 65. Happy Ads
 66. Cards of Thanks
 67. In Memoriam
 68. Death/Funerals

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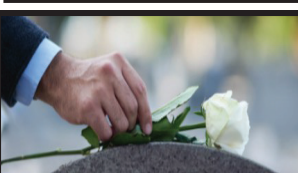
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ANON	RIB	RAAD	7	3	5	9	4	8	6	1	2
CALAMITY	ANN	6	4	1	2	5	3	9	7	8	
OU	AVAST	CAL	9	5	8	6	1	4	7	2	3
SRI	SANE	3	1	6	5	2	7	8	4	9	
BIVOUAC	ROLLO	2	7	4	8	3	9	1	6	5	
RAIL	LEA	BOAR	5	2	7	3	9	1	4	8	6
ANSAR	ASCETIC	1	8	3	4	6	5	2	9	7	
CRAP	TEL	4	6	9	7	8	2	5	3	1	
UME	NASAL	ARK									
NARC	THREATEN										
CHAP	EAT	GRIM									
FALIA	NNE	NOIA									

PREVIOUS SOLUTION: "The way of a fool is right in his own eyes, but he who heeds counsel is wise." — Book of Proverbs

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