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Canadian Publications Agreement No. 0662445 Vol.18 No. 42

Thursday, October 21, 2021

# Double take

OPP relooking at the 2015 death of Stacy Debungee, following a request from the Ministry of the Attorney General /5



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Members of the OPP criminal investigations branch collect information along the banks of the McIntyre River on Tuesday morning. (Leith Dunick/TB Source)



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# Hoito could open as early as June

By Leith Dunick - TB Source

Just call it a comeback.

It's been here for years and it appears the world-famous Hoito Restaurant will be around for many more to come.

On Monday the Finlandia Co-operative of Thunder Bay announced it has signed a lease with the new owner of the century-old Finnish Labour Temple, BK Realty Investment Management, to revive the restaurant, renowned for its pancakes, with plans to reopen as early as June 2022.

It's a big day, said co-operative president Paula Haapanen, one of the driving forces behind the iconic restaurant's return, 19 months after it closed due to the COVID-19 pandemic, 17 months after the building's previous owner filed for creditor protection after a bank refused relief when the mortgage payment couldn't be met.

"It's momentous for us. It's a very big concrete step forward. What this means for us in practice is now, with an easier heart, start selling shares for the co-operative and encourage people to become member owners of the Finlandia Co-operative, which will also mean you'll be an owner of the Hoito Restaurant," Haapanen said, moments after announcing the deal.

## Dreamed of the day

It's a day she hoped would one day come, but one she wasn't sure would, given the realities of the situation. The building was in disrepair and her group lost out on a bid to purchase it, leaving them at the mercy of its new owner, Brad McKinnon.

Thankfully, she said, he was on board with the idea of keeping the Hoito going from the very start.

"We certainly hoped against hope that we'd be successful. We tried to buy the building. That didn't work out, but we thought something needs to stay, so we turned to focusing on the Hoito, to maintain a piece of history. The restaurant is over 100 years old. We wouldn't want to lose it now," Haapanen said.

It won't be the same old Hoito, however.

Chef Derek Lankinen, one of seven co-operative board members on hand for Monday's announcement, said not to worry, the Finnish pancakes will still be the centrepiece of the menu.

But it'll have a new flavour too, he said.

"There is absolutely a reputation going on here," Lankinen said. "We're really looking forward to maintaining the legacy of the food at the Hoito, but also modernizing it at the same time, and taking a very co-operative approach as to how we're actually going to do that, get some other people involved and really get a modern take as to what the Hoito looks like in 2022 and beyond. The pancakes will still be there, absolutely."



Brad McKinnon says he's happy to reach a deal to keep the Hoito Restaurant alive. (Leith Dunick/TB Source)

McKinnon, who is conducting the renovations of both the restaurant and the Finnish Labour Temple upstairs, said he initially thought the entire project would take up to 18 months.

Now he believes two years is a more likely scenario. His plans also include adding two new mixed-use buildings to the site, adding 70,000 square feet of living space to the vibrant neighbourhood.

## Wanted to keep legacy alive

"When the property went up for sale, I saw it as a property in need. The Finnish Labour Temple, it's a cultural icon. It's a heritage piece. It's a rallying point for people on Saturday morning to come and have breakfast, for people in the community to meet and make memories," McKinnon said.

"It's such a wonderful property, it's so important to the Bay and Algoma area and I felt I needed to come here and save the building, renovate it, bring it back to its former glory and hopefully allow it to last for another 110 years."

## THIS WEEK'S WEATHER FORECAST

THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Sunny</b>	<b>A mix of Sun and Clouds</b>	<b>A mix of Sun and Clouds</b>	<b>A mix of Sun and Clouds</b>
Precipitation: <b>10%</b>	Precipitation: <b>30%</b>	Precipitation: <b>30%</b>	Precipitation: <b>3%</b>
HIGH <b>8</b> LOW <b>0</b>	HIGH <b>8</b> LOW <b>-1</b>	HIGH <b>8</b> LOW <b>-2</b>	HIGH <b>7</b> LOW <b>3</b>

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# Murder on Park Ave

## A 36-year-old man was killed Sunday night, arrest made

By Leith Dunick -TB Source

Thunder Bay Police are investigating the city's fourth homicide of 2021.

In a release issued on Monday morning, police say a 36-year-old Thunder Bay man was rushed to hospital on Sunday night, just after 9:35 p.m., with serious injuries.

He was later pronounced dead of his injuries.

Det.-Insp. John Fennell said police responded to what was believed to be an assault in the area of Park Avenue and

Cumberland Street.

"Upon arriving, as you can imagine, things were unfolding quite fast. They were able to find a person that appeared to be the victim, and as such, (was given) medical treatment, along with paramedics' assistance, who were looking after the individual. We came to learn there was another involved party. More officers came into the area and sought that person and later located him on Cumberland Street," Fennell said.

Police arrested a 25-year-old Toronto man and charged him with first-degree murder.

Khalid Ali Mohamed is also charged with obstructing a peace officer and failure to comply with a release order.

Fennell said its too early to give a motive for the crime.

"It's so premature into the investigation at this point and motive is very difficult. As things unfold, I'm sure we'll have a much better picture in the very near future with the investigation."

Mohamed appeared in Thunder Bay bail court on Monday and was remanded into custody, with a court date of Nov. 8.

Police have not named the victim, saying notification of next-of-kin is in progress.

Members of the major crime division are investigating the alleged killing, which took place in the 200 block of Park Avenue.

Anyone with information that could assist investigators please call police at 684-1200 or submit tips via Crime Stoppers at 1-800-222-8477. Or submit online at [www.p3tips.com](http://www.p3tips.com).



City police investigate a homicide that occurred on Sunday night on Park Avenue.

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OPP Det.-Insp. Shawn Glassford looks at the McIntyre River on Tuesday morning. (Leith Dunick/TB Source)

# OPP reinvestigates DeBungee's death

By Leith Dunick -TB Source

Six years after Stacy DeBungee was found dead in a Thunder Bay river, Ontario Provincial Police have begun an independent investigation into his Oct. 19, 2015 death.

Det.-Insp. Shawn Glassford said the amount of time that's lapsed since DeBungee's body was pulled from the McIntyre River will present plenty of investigatory challenges, but he remains hopeful that with the help of the public, police will be able to definitively say how DeBungee died.

Thunder Bay Police initially ruled his death non-suspicious, but a report produced by the Office of the Independent Police Review Director challenged that finding, noting important leads in the case had been ignored and that racism may have influenced the investigation.

The 41-year-old DeBungee had been living in Thunder Bay but was an Anishinaabe member of Rainy River First Nations.

The request for the re-investigation came at the behest of the Ministry of the Attorney General, which reached out to the OPP's criminal investigations branch in June 2021.

"Today we're going to be just checking the river. I know it's six years later. We want to check the temperature of the water, we want to check how deep the water is from the shore going out," Glassford said on Tuesday morning.

"Just information that's nice to know for us in our investigation. Six years later, there are difficulties to that, obviously. People's memory fades and whatnot. We're going to be reinvestigating. We're going to be talking to people."

Police have set up a tip line and are asking anyone with any information to

contact them to help move the re-investigation on, Glassford promising each tip will be followed up on, adding it will be a slow and meticulous process.

"There are people in the community that have knowledge, I have no doubt, and we'd like to speak to them."

DeBungee's family was not happy with the way the initial investigation was conducted, his brother Brad DeBungee telling CBC earlier this year that the death was ruled non-criminal before police had the chance to even gather the evidence needed to make that decision.

Three Thunder Bay Police officers face disciplinary hearings next year under Ontario's Police Services Act.

All three are charged with neglect of duty, while two are also charged with discreditable conduct.

The dedicated tip line can be reached at 1-833-533-8477.



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## **THE GREAT Pumpkin Compost Collection**

**Collection bins will be in place from November 1<sup>st</sup> to 9<sup>th</sup>**

The Great Pumpkin Compost Collection is back for another year. When the Halloween fun is done remember to put Jack in the Box and not in the trash! Please remember to remove all candles and other non-compostable items before tossing in the bin!

### **DROP-OFF LOCATIONS:**

- **North Side: County Fair Plaza, Dawson Road**
- **Intercity: Intercity Shopping Centre Overflow Lot, Fort William Road**
- **South Side: Westfort Playfield, Neebing Avenue**

**BACK AGAIN for 2021!** This year marks the first ever Virtual Pumpkin Parade Photo contest! Post a picture of your jack o' lantern to social media and make sure to tag @ecosuperior and use #jackinthebox to be entered for great local prizes!



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EDITORIAL

## To test or not

Deputy Prime Minister Chrystia Freeland sounded more than a little tone deaf last week, when she told reporters she had gotten a PCR test in Washington, D.C., a requirement to return to Canada.

With the United States border reopening on Nov. 8, Canadians got pretty excited at the thought of being able to head south by car, only to quickly realize the financial burden of the still-in-place PCR test requirement.

For the average family of four, that could be \$800 or more.

Freeland non-chalantly said, "Canadians do need a valid PCR test to go back to Canada. I had my test done to go home this afternoon."

What she left out is that the government paid for her test. And even if it came out of her own pocket, her taxpayer-funded salary is north of \$270,000 a year. The average household income in Thunder Bay, according to CMHC, is \$84,321. There's a bit of a disconnect.

The Americans, who won't require tests at land borders, will accept rapid tests for air travellers. Canada should do the same, at least for its citizens returning home. It's time.

## Open letter to Doug Ford Mr. Premier:

Thank you for your continued leadership to support employers as they experience economic disruption related to COVID-19.

As the situation continues to evolve, the Thunder Bay Chamber of Commerce and the Ontario Chamber Network are taking concerns from the business community and communicating them to all levels of government.

I am writing today to ask the Government of Ontario to consider additional supports for business.

We are supportive of your government's implementation of a proof-of-immunization system and app.

A well-designed proof-of-immunization system can help prevent another province-wide shut down and has already encouraged more Ontarians to get vaccinated. It, combined with high vaccination rates is also key to lifting capacity limits to spur the recovery.

However, businesses have suffered greatly over the last 19 months and continue to face unprecedented cash flow

## LETTERS TO THE EDITOR



constraints and uncertainty. Many have operated under reduced capacity for a significant

amount of time and have had to hire additional staff to verify documents or to implement new

staff for security purposes because of the COVID-19 vaccine certificate requirements.

In addition, due to travel restrictions and the closure of the U.S.-Canada border, tourism has been at an all-time low, further impacting these businesses. We, therefore, ask your government to consider further grants or tax credits to support these businesses.

No business, region, sector, or demographic should be left behind in the pursuit of economic recovery and growth. Support programs and pro-growth policies should be targeted towards those experiencing the most pronounced challenges.

Public health and safety are priorities for all Ontario businesses. We will continue to monitor and assess new developments pertaining to COVID-19 and work with our members, partners, and all levels of government to provide support to business.

Charla Robinson,  
President,  
Thunder Bay Chamber of  
Commerce

# Fairy tales a timeless art of story telling

Fairy tales never grow old, no matter how many times they are told. They can be constantly re-invented or re-interpreted to keep them as fresh as the day they were first written down or spoken.

All cultures have fairy tales and it is interesting to see how many stories are common to several cultures or universal even. This is probably because they deal with universal values such as good versus evil.

*The Light Princess* by George Macdonald, who was a contemporary of Lewis Carroll, is the story of a princess who 'lost her gravity'. When a spell is put on her by a wicked aunt she floats up to the

ceiling.

This is no conventional tale - the characters are too amusing, the telling too tongue in cheek, for that. The princess can only regain her gravity in water and so she spends her days in the lake by her castle.

A wandering prince discovers her there, swimming and singing, and instantly falls in love with her. But the wicked aunt intervenes and drains the lake which sends the princess into a sad decline.

I won't give any more away but suffice it to say that parents will

enjoy rediscovering this classic, and children will love having it read to them.

The illustrations that accompany a fairy tale are almost as important as the text and there are few better illustrators than Maurice Sendak whose pictures have a grave and graceful beauty.

With a most responsive sympathy, Sendak has felt his way into Macdonald's dream world and has reproduced it with total authenticity. It is as though we are looking into the author's mind's eye at the point of



John Pateman  
BOOK BANTER

daylight and melts, his siblings shape him into a bird with feathers made of leaves that enable him to fly into the light.

Talking hyenas, milk-giving birds, clever cannibals who nonetheless get their come uppance, and mysterious forces that reside in the landscape - these wonderful fables bring us the wealth, the variety and magic of traditional African lore.

McCall Smith is a consummate story teller and he makes it clear that 'the stories remain the property and creation of those who told them to me, and any credit is theirs alone.' But there is no escaping that this is cultural appropriation and he has profited greatly from it.

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# Drones and bots in medicine

By JR Shermack - For TB Source

Advances in science and engineering are changing the way health care is delivered in the 21st century with more advances to come in the future.

Medical history was made in the sky over Toronto last week when an unmanned drone aircraft made a six-minute flight from Toronto Western Hospital to Toronto General.

Dr. Shaf Keshavjee was nervously waiting for the drone's arrival on the hospital roof and even though it only traveled 1.5 kilometres it was a ground breaking and lifesaving journey.

The drone's arrival was also eagerly anticipated by Alain Hodak who was nervously waiting in the operating room for transplant surgery when the doctor finally came down from the roof.

When it landed at Toronto General the drone was carrying two human lungs inside a specially designed container which Dr. Keshavjee quickly examined and took to the operating room.

He was the surgeon who would use the precious cargo to perform a successful double lung transplant on the recipient, Mr. Hodak.

The delivery was timely, the organs arrived healthy and alive and the patient's recovery is going well.

It was the first time ever that a pair of lungs were transported by drone from the donor, across a busy, highly populated city to a patient being prepared for surgery at another hospital.

These delicate organs are particularly challenging to transport and it is difficult to keep them oxygenated and fully functional - with any organ transplant time is of the essence.

Transportation through a downtown core by automobile is risky and subject to sudden, unexpected delays which often makes the donor organs unusable by the time they arrive.

Minutes can make a big difference and delivery by drone is fast and effective - the purpose of this flight was to demonstrate how much time (and how many lives) could be saved.

It was just a six minute, short distance flight but the team had been preparing for 18 months - prior to the delivery of the lungs there were 53 test flights between the two hospitals.

The delivery container had to be designed to withstand changes in elevation and barometric pressure while protecting the living cargo from vibration and other unforeseen events.

This was a dramatic example of how the medical community is adapting and using drone technology to modernize medicine and make it more accessible - but it isn't the only example.

This technology has been used by the medical community for years but recent events have created new roles and opportunities to use drones.

The worldwide pandemic provided an incentive to explore the benefits of using drones to help with the logistics during COVID 19 and at other times too.

Drones can quickly and efficiently pick up blood samples, vaccines,



A drone was used to send a lung for a transplant between two Toronto hospitals.

protective equipment and other medical supplies and deliver them to remote, hard to reach communities.

A pilot project is already under way in northern B.C. to make

medical services more accessible to rural areas fighting the pandemic alone.

Flight tests have also been made to the Northern Ontario communities of Moosonee and Moose Factory to demonstrate the rapid delivery of emergency medical supplies.

One manufacturer has a plan to dispatch drones with defibrillators to cardiac emergencies to provide timely medical advice and assistance.

This ambulance drone is intended for use by first responders or bystanders who are instructed and guided by a two-way video connection until emergency services arrive.

Drones are effectively used to deliver medical services and supplies in many parts of the world - the ultimate goal is universal access to health care for every human on the planet.

For one transplant patient at the Toronto General Hospital last week the drone delivered.

It will be the first of many.

what's happening  
in and around...

## The Bay

To submit an event, email [ldunick@dougallmedia.com](mailto:ldunick@dougallmedia.com).  
Please include details about the event, including any cost

### October 20-23 Ski Swap

The Thunder Bay Nordic Trails annual ski swap is a chance for the public to find outdoor and sports wear bargains while helping the organizers raise much needed funds to keep the trails open each winter. Weekend hours are 5 p.m. to 9 p.m. on Friday and 9 a.m. to 3 p.m. on Saturday at Kamview Nordic Centre.

### October 23 Fall Craft Show

Join Rock It Chocolate and a host of other vendors at a craft show at the Urban Abbey. Check out unique lines of holiday gift products. The Urban Abbey is at 308 Red River Rd. The market runs from 9 a.m. to 2 p.m.

### October 22/23/24/ Lakehead basketball

The women's basketball team is back on the court for the first time

since 2020, taking on the Algoma Thunderbirds in a pair of non-conference games on Saturday night and Sunday morning. If basketball's not your sport, the LU hockey team is in action against Wisconsin's Northland College on Friday and Saturday night at Fort William Gardens. Puck drop is 7 p.m. Tip-off at the Fieldhouse on Saturday night is 7 p.m. and on Sunday it's 11 a.m.

### October 23 Haus of Horrors: Halloween Drag Show

For the first time in two years, the Haus of Horrors: Halloween Drag Show will be staged at The Westfort, a favourite Fort William haunting ground. Cover is \$10 and the doors open at 10 p.m. It's a 19-plus event, with performances by Anita Blunt, Queen Deville, Joey Corangie, Yeti Couture and Ysha Tremayne-Delacorte. Jennie in a

bottle and Serin Tonin will also be on stage for the event. Presented by Pink Mafia Productions and The Westfort.

### October 23 Mother's Market

Looking for stuff for your little one? Head to the Moose Hall on Saturday from noon to 3 p.m. for the annual Mother's Market, where there will be 60 tables full of bargains. Admission is \$2.

### October 23/24 Howl-o-ween Pet Minis

Have adorable photos taken of your pet at Intercity Shopping Centre through the lens of the talented Bob from Tuff Scruff Pet Photography. Book your times online, the link can be found at the ISC Facebook page. Tickets are \$40 for a 15-minute shoot. There's a limit of one pet per timeslot. Phone 475-8803, ext 307 for more info.

### HOW TO WRITE TO US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

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WEEKLY POLL QUESTION.

### THIS WEEK'S POLL QUESTION:

The province's chief medical officer of health says going forward, pandemic measures could again be applied regionally. Do you agree?

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# Winterizing your gear

## Keeping your fishing stuff in tip-top shape makes a great spring

The end of October is the time of year when most anglers put their fishing gear away for the winter.

Of course, those who are lucky enough to own a boat will want to be diligent in putting their investment away properly before we experience freezing temperatures. Shoreline and river anglers also have some expensive gear like waders that should be cleaned and put away properly so they are ready to go as soon as the ice breaks up in the spring.

**Boats and motors.** Consult your owner's manual for specific instructions, but the following steps are a general guideline that should serve you well if you have as much trouble finding owner's manuals as I do. Starting with the motor, add fuel-stabilizer and run it through the engine.

Change the gear oil in the lower unit

and then fog the motor with corrosion protection.

Fogging prevents corrosion when storing engines for an extended period of time and makes starting after storage quick and easy. Next, ensure all the water is removed from the livewell, the bilge pump and any other system that holds water.

Finally, clean the floor and seats, remove the drain plug and cover the boat or park it in the garage for winter storage. Ironically, it is water that poses the most danger to your boat during the off-season as freeze-damage, mold and mildew growth, and corrosion can all wreak havoc on marine equipment over the winter.

**Rods & Reels:** With fishing rods, check the line guides and the ferrules (where two pieces of rod connect) for damage.

Many anglers like to take their reels apart to clean and reapply oil to the moving parts. Sometimes this process will reveal gunk or sand that needs to be cleaned out. This is also a good time to examine monofilament and braided lines for wear or fraying.

Replace any line that has seen a lot of sun or is more than a couple seasons old. This is the cheapest insurance you could ever buy to help you land the big one.

**Waders and PFDs:** If your waders were leaking the last time you were on the river, the off-season is a great time to repair them.

To find leaks, I fill the waders with water and circle the leaking hole(s) with a Sharpie marker. Then I dry them and patch them with a waterproof adhesive called Aquaseal.

Let that cure overnight, then hang the waders in a cool, dry place.

Personal Floatation Devices (PFDs) should be cleaned with soap and water and then dried to reduce the chance of mildew. Store them out of direct sunlight and away from heat sources.

For inflatable PFDs, check the indicator to see if the CO2 cartridge needs replacing.

Taking a few simple precautions now can help us avoid potential problems and expenses in the spring. Simple measures like winterizing the boat and replacing old fishing line will go a long way in making sure our equipment lasts for a long time and does not fail us when we are fighting a trophy fish next summer.



**Keith Ailey**  
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## Fall Leaf & Yard Waste Collection



TAKES PLACE BETWEEN  
**TUESDAY, OCT. 26 AND  
FRIDAY, NOV. 5**

Look for the leaf symbol  on your Waste Collection Calendar for your leaf & yard waste collection date.

Use Kraft (paper) bags only, available at many grocery and hardware stores to collect leaves and organic garden waste, and place at the curb on your regular recycling day.

No limit on leaf and yard waste. Bag/bundle must not weigh more than 18 kg (40 lbs.) No grass clippings please.

**MORE INFO:** contact the Infrastructure & Operations Dispatch at 625-2195.

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ENJOY THIS SAFE ALTERNATIVE  
THIS HALLOWEEN

# Pickling and fermenting at home

One of the biggest trends in food in the last 5 years has been the surge of pickled and fermented foods on menus. The trend has been continuing into 2021 and shows no signs of stopping. Pickling is a process where food is submerged in vinegar or brine to extend the shelf life. Typically, this isn't the primary reason for pickling anymore, it's more to add flavour and texture to the foodstuffs being pickled.



**Derek Lankinen**

Here's Cooking at You Kid

Fermentation, in broad speak refers to any process in which the natural activities of microorganisms is controlled and cultivated to result in a desirable change in the product being fermented.

Fermented foods have been hailed as superfoods in recent years for their multiple health benefits. They are said to be anti-microbial, anti-fungal and an antioxidant among other benefits to the digestion process. However, there have been

some studies shown to counteract these claims. Regardless of personal belief in the health benefits, there is no doubt that some of these fermented and pickled foods have incredible dimension of flavour as a result of the fermentation process. The most popular fermented food on earth is obviously yogurt, which is created using bacterial fermentation of the natural sugars of raw or pasteurized milk.

Nadia Kukkee and her sister-in-law Amy, owners of Narrowgate Foods, have been producing and marketing fermented foods to the Thunder Bay area for years.

After producing small batches of fermented foods in their home kitchens and seeing the benefits in their own digestion they decided to share their crafted and perfected recipes with fermented food fans all over Thunder Bay.

Home fermentation can be a tricky



Home fermentation is growing in popularity these days. (Narrowgatefoods.com photo)

process and must be heavily researched and closely monitored and should not be undertaken without a full knowledge of the entire process. Spoilage and bacterial growth are a real possibility during the process so no shortcuts can ever be undertaken.

A standard brine for pickling incorporates vinegar, salt, sugar and spices. Now like a typical pesto, these "rules" are open to some creative license. Different vinegars, flavoured salts, and sugars as well as spices and seeds can all be switched up to add new dimensions of flavour

to your pickled products. Cinnamon, allspice, mustard and coriander seeds are all popular to be used in a pickling spice blend however you are only limited by your imagination and patience to find your results. For shelf stable pickling, the utmost standards of sealing and sanitation must be adhered to.

When you get into pickling, you're playing the long game and it can be up to a year before you know if you won or lost.

In the future right here at HCAYK we are going to talk about pickled cow tongues, and the fun things we can do with them.

Narrowgate Foods produces small batch kimchi, kombucha, water kefir and sauerkraut in multiple flavours and styles. For more information on their products, visit their website at [www.narrowgatefoods.com](http://www.narrowgatefoods.com)

**Derek Lankinen is an award-winning chef, author, and restaurateur. He is the Owner/Operator of Beefcake's Burger Factory and Co-Owner of Elite Beef, Eat Loco Tacos and Brick and Mortar Food Co.**

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# Join Tbaytel in Supporting a Flourishing Health Workforce in Northern Ontario

## Meet Dr Kayla Berst

By Janine Chiasson

"Thunder Bay is home for me," says Dr Kayla Berst. "Once I decided I wanted to practice medicine, I knew how great NOSM was and devoted myself to becoming as strong a candidate as possible so I could train and stay in Northern Ontario." Even though NOSM has an extremely competitive admission process, her hard work paid off and Dr Berst was accepted right after university, joining a class of learners – many from Northern Ontario – who wanted to study and practice here.

Now, Dr Berst is a family doctor with the Superior Family Health Team and she loves it – her teammates, her patients, everything. She credits her exceptional experiences at NOSM for her readiness to practice. "Learning was fantastic," Dr Berst says, "particularly the third year Comprehensive Community Clerkship (CCC) which I did in Sioux Lookout – a concentrated 8 months where I learned what it's really like to be a rural physician." As a part-time teacher at NOSM, Dr Berst loves seeing her second-year students return in fourth year after a huge learning curve to gain invaluable clinical knowledge and skills.

In a historically underserved region, NOSM creates physicians for the north by capitalizing on physician's increased likelihood to practice in their hometowns or where they completed their medical training.



Dr Berst sees this in action. "Now, many of my classmates have finished their 5-year specialty programs and fellowships and they're coming back to town," she explains. "It's great to refer to my colleagues – I know them, I can text or chat with them about a shared patient." These connected NOSM graduates are becoming the new medical community in Thunder Bay and Northern Ontario – the perfect conditions for better interaction among physicians and specialists, and better outcomes for patients.

None of this comes easy. Medical school is expensive – most students end up with a debt load of \$200-250,000. Recognizing the importance of investing in people and initiatives that build strong, healthy communities in Northern Ontario, Tbaytel has formed a partnership with NOSM that begins with the creation of a Tbaytel Entrance Award to be awarded annually to three students for \$10,000 each. Focused on diversity and merit, the award will help NOSM meet its goals of recruiting and supporting individuals to practice in Indigenous, Francophone, rural, remote, and underserved communities.

For Dr Berst, Tbaytel's new award is a natural fit. "I really see Tbaytel," she says. "When new local infrastructures are created or events being staged, I see the Tbaytel logo and their presence there in different facets of our community – sports and recreation, education, medical learning, volunteerism – you name it. They take care of our neighbourhood above and beyond their telecommunications role. It sets them apart from other providers."



"I really see Tbaytel... They take care of our neighbourhood above and beyond their telecommunications role."

When asked if staying Northern Ontario diminished her opportunities in any way, Dr Berst responds with an emphatic, "Heck no. We live in such a beautiful landscape and it's wonderful here. I'm not a big city person and this is where I want to be," she says. "I can raise my family in a dream home surrounded by trees, have dogs, go hiking, hang with friends, be active outdoors in every season, celebrate diverse cultures, be a doctor during the week, be a big part of the medical school – and being here makes it all possible."

### DONATE NOW

#### Tbaytel Entrance Award Fund

Tbaytel will **match** your donations to double the impact of your contributions to the Northern Ontario School of Medicine. This new giving program will generate scholarship funding for NOSM medical students in Northern Ontario.

Tbaytel is investing in our future doctors and we're asking for you to join us.

To learn how you can donate, visit:  
[tbayteforgood.net](http://tbayteforgood.net)

**tbaytel** for good.stories

# Extended autumn has its pros and cons

“The dead leaves of autumn that cling so desperately,

“Must fly before the cold October winds...” – *Peaceful Waters*” Gordon Lightfoot

I love this song. Lightfoot sang it on his first album back when he had a gorgeous voice. Driving our backroads made me think of his tune, most of the leaves on the trees leaving or have left their branches.

It happened so quickly. Last week many of the trees were festooned with their glorious colours. There were even some latecomers to the colour party still dressed in green. Then, as if overnight, they, too, changed clothes and with it came the strong winds. Of course, once the leaves have shifted to autumnal foliage, it doesn't take long for them to

dry out and the winds to make them release their hold on the branch.

We've had an extended autumn. We are receiving some typical cooler temperatures and then for a couple of days, the thermometer registers almost 20 C. I head to town to shop and see grown men, some of them around my neck of the age spectrum, sporting shorts and sandals.

Global warming? My wife, Laura, has been grateful for the extended warmth. She's the gardener in the family and this extra spell of well-above freezing has allowed her to prepare the veggie garden without haste or panic. The soil is still warm and that makes digging crabgrass roots a lot easier. I even helped by getting my hands dirty and shaking the evil roots free of the dirt. The object is to

then install permanent beds in wooden frames requiring next to no weeding.

We took turns: one to shovel a clump of clay, the other either sitting or kneeling, shaking out the roots. When it was my turn to shake the dirt, I started to throw all the roots into the wheelbarrow. “Stop!” the Gardener shouted. “What? What's wrong?” I asked. “Those fine threads of roots are rhizomes. They are beneficial to the soil and help in the feeding of the plants” I didn't know.

I felt bad. I imagined all those poor, innocent rhizomes I had tossed away. If I had musical talent, I'd compose a short requiem for the wee, stringy things. Now I know. Actually, learning this important botanical point made the process of ridding the soil of crabgrass roots easier.

In past seasons we've harvested the tomatoes while they were green and deposited them in cardboard boxes between layers of newspaper to ripen.

But the extended heat meant that many of them ripened on the vine.

And even with the occasional frost we had them blooming in the greenhouse frost-free. Until now. No, a frost didn't get them: unfortunately, slugs got to some of the greenhouse tomatoes. Laura did manage to harvest almost all of them.

But Monday morning we awoke to a serious frost. Rumours of frost sent us out to cover the late spinach and carrots. We had also observed the tops of the cabbages had been nibbled. The Bambis had been at it again. So, while we'd hoped covering the various beds was over for the year, we had to drag the plastic covers back onto the susceptible veggies.

And covering the veggies saved them from the killer frost.

I met two neighbours the other day in our local country store. The lady noticed that I was wearing my autumn tam, a knitted cap I've had for 30 years. It was

knitted with orange and brown wool long ago. I love it. I informed my friends that autumn is my favourite time of year when the daytime temperature permits me to wear the wool tam without scratching. The lady agreed citing the cooler weather, pumpkin spices and apple cider among her favourite autumnal things.

I mentioned the incredible dramas in the sky of contrasting clouds or blazing sun against the bush with a dark sky in behind. The gent nodded vigorously.

Driving down our road now I see in my rear-view mirror the passage of my vehicle causing the leaves to swirl in a crazy dance up into the air. The previous week hardly any had fallen. But the grass is still green and getting long. Rats! I will probably have to haul out the lawn mowers one more time. I'll wear my autumn tam and hear in my head good ol' Gordon L's song about dead leaves and October winds.



**Fred Jones**  
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# Full-bloom display

By Linda Maehans – Special to TB Source

Autumn leaves are falling, temperatures dropping; earlier and earlier the daylight wanes.

Yet at Definitely Superior Art everything remains in gloriously coloured full-bloom despite this our collectively drab and dull Time-of-Covid.

If anything, the fierce creativity that consistently defines DefSup's award-winning excellence appears this time to have over-shot its mark by a country mile: "country" being the spectacular and wilderness splendour of north-western Ontario and Thunder Bay by Superior's sapphire shores at the hub. An entirely natural kingdom that clearly is flourishing and putting out a powerful positive vibe.

You'll appreciate what I mean as soon as you step inside DefSup's high-ceilinged fresh new digs on Cumberland: huge airy-white galleries brimming with bright new works that will energize you to your core. No exaggeration.

Vivacious; vibrant; brooding; serene as a dream; edgy; brilliantly beautiful: just a few ways I might try describing the 33rd Anniversary Members Show, but I know your own eyes and senses will do a much better job of it. We also have DefSup's youthful splinter group Die Active with its 13th Anniversary Show titled Grow. Of course, what else would it be called.

I mentioned wilderness; would guess some of us have experienced the graceful sleek joy of gliding on water by canoe, perhaps at dusk when nothing is as it seems and anything is possible. Yes. Let your imagination take the



Definitely Superior Art's 33rd Anniversary Members Show is always a popular event. (Submitted)

oar, or simply lie down flat in the bottom of a 16-foot aluminum canoe that floats and almost imperceptibly undulates well above our heads in the first gallery; we don't even notice the grid from which it's been hung.

Those high ceilings. What amazes me is how all the iconic strengths and symbols of this region, the landscapes, birds and animals, maybe a voyageur, the forests and waterways, are here as the silvery smooth curve and body of the canoe. I learn that the artist has used a hand-tool, an extremely precise little blowtorch called a plasma-cutter, to craft this canoe; after this show destined for display at Quetico.

Brushes and oils, iconic scenes on canvases. We are used to gazing at paintings hung on walls.

Yet how diverse the styles can be. Stand before a depiction of one of Thunder Bay's

defining landmarks: Mt. McKay, or Anemki – Wajiw, as it's known in the Ojibwe dialects in the Lakehead. Can you even imagine how many dabs and strokes-of-colour it took for the artist, brush-in-hand? Then move your eyes to *The New Dawn* and "Loftquist", and another way to use oil paint with brushes.

How does this artist paint such flow-and-motion, on a static canvas?

"With whatever ideas they have. And really outstanding artistic work. All genres," notes DefSup director David Karasiewicz.

"It's nice to see the blending of the emergent artists with the established and experienced professionals; putting it together is like some sort of kinetic energy; it works; on so many levels."

Go see for yourself.  
 Definitely Superior Art: on display from now until Dec. 4, 2021.

## ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "O" = "P"

"TICWHIC RHI SZI ONVCIC BA SZI  
 CBNV; RC OZGCWEWRPC LNTJI XG SZI  
 ROOISWSI, CB URG GBN XG TICWHIC."

– URPSBP

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## CROSSWORD PUZZLE

- ACROSS**
- 1 Andes' cold higher region
  - 5 Broad structural basin
  - 9 Federal Trade Commission (abbr.)
  - 12 Cork
  - 13 Ass or donkey (Ger.)
  - 14 Poetic contraction
  - 15 Moon
  - 17 Sheep's cry
  - 18 Nothing (Fr.)
  - 19 Musical beat
  - 20 Amer. Society for the Prevention of Cruelty to Animals (abbr.)
  - 23 Arabic letter
  - 24 Pipe (Scott.)
  - 25 Image
  - 30 Wing
  - 31 Pole in Gaelic games
  - 32 Alas
  - 33 Time
  - 35 Wild pig
  - 36 Fr. pronoun
  - 37 Doctrinal
  - 38 Explorer Ericson
  - 40 Goodbye (Fr.)
  - 43 Siamese twin
  - 44 Sinuous
  - 48 Amer. Dental Assn. (abbr.)
  - 49 Braz. heron
  - 50 Lade
  - 51 River to the Sea of Azov
  - 52 Shak contraction
  - 53 Quod demonstrandum
- DOWN**
- 1 Additional postscript (abbr.)
  - 2 Diminutive (suf.)
  - 3 Cola
  - 4 Means author
  - 5 Web
  - 6 Hindu month
  - 7 Balto-Slav
  - 8 Beer
  - 9 Gilt (2 words)
  - 10 Tree
  - 11 Supporter (suf.)
  - 16 "Brave Bulls" tale

### ANSWER TO PREVIOUS PUZZLE

T	A	L	A	M	A	L	A	C	L	A	Y
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43				44				45	46	47
48				49				50		
51				52				53		

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# Last Duel: Seeking Justice in Medieval times

Ridley Scott directs *The Last Duel* (SilverCity) with high-minded aspirations, using the depiction of the last historically sanctioned duel in France as a commentary on modern-day gender inequality.

Set in 1386 during the Hundred Years' War, the story hinges on a charge of rape, made by noble knight Jean de Carrouges (Matt Damon) against his former friend Le Gris (Adam Driver) for assaulting de Carrouges' wife, Marguerite (Jodie Comer).

Le Gris denies the charge. He enjoys support of the corrupt presiding lord, Pierre d'Alençon (Ben Affleck), serving as fixer for d'Alençon's financial accounts through extortion and sharing in his debauchery. Le Gris is educated and manipulative, achieving gain at de Carrouges' expense. De Carrouges by contrast, is a loyal, headstrong warrior, who is also an unpopular, uneducated square head.

The movie is divided into three 'accounts' from the perspective of each of the principals.

Director Scott manipulates titling for Marguerite's account, with "the truth" staying on-screen as other type fades, an obvious sign post.

Each chapter tweaks little details. A playful exchange in a foreign language, a dutiful kiss, dropped slippers all carry a different connotation, pointing to the thorny interpretation of consent.

The script by Affleck, Damon and Nicole Holofcener ("Enough Said") features anachronistic cursing and topical political quotes, pushing the contemporary relevance angle, which sort of works as cheap satire.

Le Gris' twisted notion of love for Marguerite is realized in a horrific act, depicted not once but twice, stemming from his sense of entitlement. Le Gris' account mistakenly hints Marguerite enjoyed 'his passion,' later equivocated as adultery.

Thus we have the film's theme: patriarchy's enduring dark side. Offending males hide behind social norms, exploiting their status to influence administration of law and sway

public opinion, enabled by their friends.

After much biased court room wrangling, the juvenile King Charles VI declares the issue be determined by combat. If de Carrouges loses the duel, Marguerite will burn at the stake, verifying the falsity of the charge. Such is God's will.

In this court, rape is an offence committed against de Carrouges' 'property,' nothing more. Women are chattel. De Carrouges resentfully puts his life on the line as a result.

Marguerite's adherence to the accusation remains unwavering in spite of the scorn and doubt heaped upon her from males and females alike, even by de Carrouges himself and his shrewish mother (Harriet Walter).

Director Scott builds suspense in the duel, handheld cameras immersing us in gritty, battering battle, thunderous collisions, blades clanging, combatant advantage shifting with each move and counter-move.

Ultimately, *The Last Duel* is an impactful though unsubtle melodrama, offering an effective combination of character study, courtroom drama and medieval epic, with a great star turn by Jodie Comer.



**Marty Mascarin**  
MOVIE TALK

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With the aim to provide a tailored product to the clients as opposed to a cookie-cutter product, the financial advisors at Blue Harbour, who were voted No. 1 for financial advisors in the Thunder Bay Community Votes contest, provide advice on different insurances available for their clients and help them choose the one that's most suited to the clients.

From protecting your family from financial loss of a loved one to creating a custom retirement plan, the advisors facilitate a smooth process in creating a sound financial plan for the clients.

"When my dad passed away years ago, I was young, and the benefits and policy in place weren't properly explained, so it didn't pay out what we expected. Many insurance agents won't explain to clients

how their insurance policy works, so I wanted to create a more positive and beneficial experience for my clients, 100 per cent of the time, providing peace of mind and ensure they know what they're buying," Macgillivray said.

They found a lot of people are comfortable dealing with banks because there are so many of them. That's not always the case in the insurance business.

"For us, getting the word out is one of our biggest challenges. We didn't have a big office with many agents and it was tough finding customers. We decided to go the extra mile, offering tailored service to clients, including home visits and in-house consultations, often outside normal business hours," Macgillivray said.

"We offer free financial review for life insurance, investing, disability and critical illness insurance."

**Mutual funds provided through Carte Wealth Management**



# COME TOGETHER.

October is Child Abuse Prevention Month.



There are several ways to step up this October to support children, youth & families:

- Wear purple on **Go purple for Prevention Day** (October 27th)
- Participate in the Step Up Scavenger Hunt
- Learn the signs of child abuse
- Take a Step: Fill out a Step Up footprint
- Donate to the Mazinaajim Children's Foundation



# Reality show gets too extreme

*America's Got Talent* has always been touted as a platform to highlight the amazing amateur talent of individuals in America. For years, viewers' hearts have been stolen by kids, seniors, singers, dancers, comedians, magicians, and performance artists of all kinds. Tears have fallen and standing ovations received. But the staging of the show has somehow limited some performers in their quest to shock audiences.



**Fiona Gardiner**  
FI TV

Although we didn't know it, viewers were missing out on something. So

producer Simon Cowell and NBC decided to up the ante with "the most outrageous, unique and jaw-dropping acts of enormous scale and magnitude that simply cannot be confined to a theatre state." Hence, *America's Got Talent: Extreme* was born.

It did not go well. After an initial social media campaign that blasted "Oh you thought #AGT was extreme enough already?" production has already been shut down. On one of the show's first shoots, escape artist Jonathan Goodwin was severely injured in a stunt gone-wrong. In fact, some of the crew

initially reported that Goodwin had died after being crushed between two flying cars that burst into flames and then falling 40 feet on his head.

While Goodwin is not dead, the show has been temporarily "paused" and according to an *AGT* spokesperson, "will resume the last few days of filming at a later date. The health and safety of our cast and crew continue to be our priority."

Really? A man nearly died trying to compete on your show and you're planning the resumption of production once everyone calms down?

Yes, I get that this is his job. Goodwin is a professional escape artist. It's his job to push the envelope.

But isn't this envelope also pushed by

the viewers and the network? Goodwin already competed successfully on *AGT* and *Britain's Got Talent* without medical intervention. Yet, in order to meet the requirements of this new Extreme version, contestants risk so much more.

It's no longer about amazing talent that touches viewers' hearts. It's about engineering, timing, luck, and shock. And impressing the network with production value. Perhaps *AGT Extreme* could be like an extreme sports version of performance art with its adrenaline rush. However, viewers would tune in with the knowledge that the act is pre-recorded and everything must have gone well if it made it to television.

Forget any nail-biting moments.

Viewers would just tune in with a blasé attitude hoping to be wowed with the set-up. And the more dangerous, the better. Because it is, after all, a competition.

So potentially life-threatening acts – like the one that nearly killed Goodwin – would be performed by each contestant every week. Then viewers would decide which one was wilder, scarier, or more dangerous. And if the contestants survived the act and the vote, they might win \$500,000 – before taxes – in the end.

Does America really need this right now? Somehow, *AGT Extreme* sounds more like a dystopian death game/survival movie without Schwarzenegger or Statham. Or their hope for humanity.

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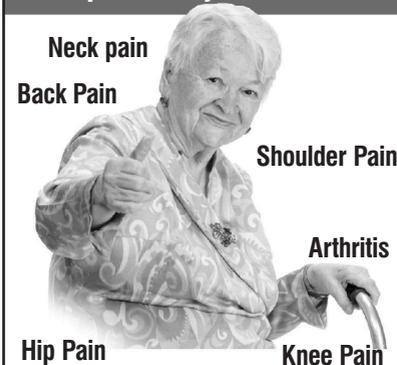


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Trevor Bonot will skip his third Northern Ontario mixed team. (Leith Dunick)

# Bonot rink wins mixed

By Leith Dunick -TB Source

The Trevor Bonot foursome overcame a scary situation in the third end on Sunday and earned a third berth at the Canadian Mixed Curling Championship since 2017. Early in the end, third Jackie McCormick slipped on the Port Arthur Curling Club ice, hitting a head on a rock.

After a 15-minute delay so she could go through the concussion protocol, McCormick was back on the ice, and while the end didn't turn out so well for her team – Dylan Johnston's foursome scored three, coming up short on a draw for four – Team Bonot persevered, scoring two on their final shot of the match to pull out a hard-fought 6-5 win.

It was a frightening few minutes, McCormick said.

"It was pretty scary. All weekend we've been slipping in spots and I joked that it was going to happen. Well, it happened in the third end. I hit my head on a rock, was pretty sore for a while, but came back. The competitive juices flow when you're here and you just have to step it up," McCormick said. "I think it actually made me try harder, focus harder and it worked out."

Bonot, whose team also includes lead Jen Gates and second Mike McCarville, needed all hands on deck in a game that saw the lead change five times.

Trailing 3-2, they bounced back with a deuce in the fourth to lead 4-3, only to give it back in the six when Johnston scored a pair.

Bonot played for the blank in seven and got it, giving him hammer coming home, needing two for the win and one to force an extra end.

Johnston tried to hit-and-roll behind cover with his final stone, but didn't move far enough, leaving a partially open hit-and-stick for the win.

"Eight started off a little rough. We had a few misses early but then Mike made an incredible freeze and it just put us in a good position. Then Jackie made two good shots and my first one didn't quite get in a good spot. It left (Johnston) an opening and he capitalized and he made it," Bonot said.

"I took a second in the hack, deep breath, and left it to the sweepers. I threw the right weight and everyone was on board and we made it."

Nationals begin on Nov. 7 in Canmore, Alta.

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# Basalyga runs wild in Tigers win

## Westgate QB scores 5 TDs to beat Saints

By Leith Dunick – TB Source  
If there's such a thing as a jack-of-all trades on the senior high school football circuit, it's Evan Basalyga. The Westgate Tigers quarterback can do it all.

He kicks extra points. He boots his entire skill-set, kicking five extra field goals. He drops back, surveys the field and throws touchdown passes.

And if that's not enough, he's not afraid to call his own number and run the ball.

On Friday night, he showcased his entire skill-set, kicking five extra points, a 23-yard field goal, throwing for two touchdown scores and just for fun, he ran for 108 yards and three more touchdowns, leading the Tigers to a 50-8 rout of the St.

Patrick Saints at Fort William Stadium.

It was the first win of the season for the Tigers, the defending Superior Secondary School Athletics Association champions who were unable to defend their title last season due to COVID-19 cancelling the campaign.

"We knew what we had here and we knew what kind of team we had. We knew we had to come here and prove it to everyone and now everyone knows what we're made of said Basalyga, following in the football footsteps of his older brother Trystan and leading the way for younger brother Lance, a budding star on the junior Tigers.

Westgate took a first-quarter lead when Callum Downie found his way to the end zone from six yards out. Nick Buttigelli made it 13-0 later in the first, hauling in a 14-yard touch-

down pass from Mitch Moore.

It was all Basalyga from there.

He scored on a 12-yard run 17 seconds into the second, then after hitting Ty Waite for a 31-yard strike that landed the ball on the Saints 24, he eventually lumbered in from the 18-yard line, the Tigers taking a 26-0 advantage.

The Saints mounted a drive deep into Westgate territory, but a fumble by Freedom Pawdomu set them back 15 yards and after an incomplete pass, quarterback Iene Auger was picked off.

Six plays later it was Basalyga again, rushing up the middle for a four-yard major and a 33-0 lead.

Jack Williamson broke Basalyga's streak midway through the third, scoring from five yards out, but the Tigers star quarterback was back at it again after Dylan Dubray recovered his second fumble of the



Westgate's Evan Basalyga (Leith Dunick)

contest, connecting with Waite for a 16-yard touchdown.

"Evan, even as a Grade 11 down in

OFSSA, was a phenomenal player," said Tigers coach Mike McNally. "Now he's developed into a man and he's lightning out there for us. He's a great player.

"It's a coach's dream to have a player like Evan. He'll do anything for us. He'll play any position for us. He just wants to win. He's very competitive."

The Saints brightest light was running back Kiran MacKenzie, who rushed for a game-high 170 yards on the ground and scored St. Patrick's lone touchdown of the day after setting up the score with a 33-yard run to the Westgate 30. He added rushes of six and 14 yards before punching it in from the one. Pawdomu added the two-point conversion.

The result leaves the both teams at 1-3, the Saints lone win a 21-17 triumph over Westgate on Sept. 24.

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- 14. Room & Board
- 15. Shared Accommodations
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- 17. Commercial
- 18. Storage/Space
- 19. Wanted
- 20. Condos
- 21. Miscellaneous

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- 22. Bargain corner
- 23. Misc.
- 24. Antiques
- 25. Music
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- 29. Food
- 30. Misc. Wanted

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- 33. Vans
- 34. Motorcycles/ATV's
- 35. Campers/Trailers
- 36. Motor Homes

- 37. Marine Equip.
- 38. Snowmobiles
- 39. Parts & Repairs

- YARD SALES**
- 40. Current River
  - 41. Northward
  - 42. South
  - 43. Westfort
  - 44. Rural

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- 45. Auctions
- 46. Health
- 47. Travel
- 48. Financial
- 49. Lost & Found
- 50. Personal
- 51. Notices
- 52. Tenders

**BUSINESS & SERVICES**

- 53. General Services
- 54. Home Improvements
- 55. Bus. Opportunities
- 56. Training Courses

**EMPLOYMENT**

- 57. Help Wanted
- 58. Careers
- 59. Child
- 60. Health Care
- 61. Employment Wanted
- 62. Students For Hire

**ANNOUNCEMENTS**

- 63. Coming Events
- 64. Craft & Flea Markets
- 65. Happy Ads
- 66. Cards of Thanks
- 67. In Memoriam
- 68. Death/Funerals

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P	L	U	G	E	S	E	L	E	E	R
S	A	T	E	L	L	I	T	E	M	A
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D	U	R	A	T	I	O	N	B	O	A
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D	O	N	T	A	E	I	N	E	R	A

7	2	3	5	1	8	4	9	6
6	8	5	9	7	4	2	1	3
4	1	9	6	2	3	7	8	5
2	9	8	7	4	5	6	3	1
3	6	4	1	8	9	5	2	7
1	5	7	2	3	6	9	4	8
9	4	1	3	6	7	8	5	2
8	7	2	4	5	1	3	6	9
5	3	6	8	9	2	1	7	4

**PREVIOUS SOLUTION:**  
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