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Thursday, November 3, 2022

# FOR SALE

Resolute Forest Products plans to sell Thunder Bay mill as part of its sale to Paper Excellence Group /3

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Thunder Bay mill sale is part of the condition of sale of Resolute Forest Products to Paper Excellence Group, which last year also bought Domtar. (Leith Dunick)



# Kaministiquia woman wins \$519K

## Hospital 50/50 draw has raised nearly \$15 million

By Ian Kaufman - TB Source

The latest winner of the Thunder Bay Health Sciences Foundation's 50/50 draw is a first-time ticket buyer from Kaministiquia who says an auspicious dream helped inspire the purchase.

"My boyfriend had a dream he was going to win the lottery and told me I needed to buy tickets, so I did just the other day," said October draw winner Rebecca Maw.

Maw said she's already decided how to make use of this month's \$519,532 prize.

"I know what I'm going to do with

the money - expand my business and buy a house with my boyfriend like we were planning."

Proceeds from the draw support the purchase of equipment and upgrades at Thunder Bay's regional hospital and satellite programs across the region.

The hospital says the fundraiser has awarded over \$14 million in prizes and funded millions of dollars of vital equipment.

"We are so thrilled with everyone's continued enthusiasm for the Thunder Bay 50/50," said foundation president Glenn Craig in a statement. "The benefits to [the] hospital are very real too. In fact, we will be announcing a multi-million investment very soon.

The November draw is now open and will feature early bird draws including a \$10,000 prize pulled on Nov. 4.

Tickets are available in various bundles at [www.thunderbay-5050.ca](http://www.thunderbay-5050.ca).



Rebecca Maw (left) says she plans to expan her business and buy a home with her boyfriend. (Submitted photo)

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Resolute Forest Products must sell its Thunder Bay pulp and paper mill as a condition of the company's sale to Paper Excellence.

# Resolute for sale

By Leith Dunick - TB Source

Resolute Forest Products says it plans to sell its Thunder Bay pulp and paper mill.

Seth Kursman, the company's vice-president of corporate communications, sustainability and government affairs, called the mill an exceptional asset, adding it was not an easy decision to put it on the market.

"It's a very difficult decision," Kursman said, reached by phone by CKPR Radio. "Thunder Bay has been a cornerstone for Resolute, and even Resolute's growth plan for the future ... Launching a sale process is an extremely hard thing to do. We believe it's necessary, but that does not make it any easier.

"The Thunder Bay mill will attract a great deal of interest from a number of buyers. It has on-site power generation. First and foremost it has an amazing workforce, a really positive business environment, and I'm not just talking about the job site."

Kursman called the mill a fine example of the circular bio-economy in action.

The sale was necessitated by the sale of Resolute Forest Products to Paper Excellence Group, which also acquired Domtar in 2021.

"It's really hard for us to let go of such a great mill. We had plans to invest a lot of money in that facility, to make it even better, to make it stronger and enhance its competitiveness for generations to come," Kursman said. "We certainly think the mill is going to attract a lot of investment from interested parties, we hope ones with deep pockets who will be in a position to invest because the opportunity of that facility is just enormous."

Kursman did not indicate if any potential buyers were in place.

Gary Bragnalo, the Northern area director for Unifor, the union representing 300 of the 430 or so employees at the Thunder Bay mill, said he was caught off guard by the sale announcement.

Bragnalo said he and his memberships believed they would be part of the sale, which is expected to be finalized in the coming days. It's opened up unknowns that remain up in the air at this time, he said.





"We're a good asset, but it leaves a bunch of questions in our members' minds. I've talked to some of them. Wood allocations and timber rights? What's going to happen with that. Also, the sawmills are going to stay with Resolute, based out of Quebec, but they're all tied together right now. Everything is so intertwined with the fibre."

Bragnalo said he's taking it on faith a buyer can be found. Buyers are expected to tour the mill in the coming weeks and months, similar to what's happening at Domtar-owned mills in Dryden and Espanola, Ont.

If it can't be sold, he's uncertain what that means for the mill's future. However, he added he doesn't think it's a similar situation to 2008 in the height of the forestry crisis, when no one was looking to buy the facility, then owned by Bowater.

"No. 1, we want to know what's going to happen for Thunder Bay," Bragnalo said. "And for us to be viable in the future. We know timber rights always followed the mill. So what's going to happen with that? If you don't have timber rights, then what do you do? If you don't have access to the fibre, it's not good."

## WEATHER FORECAST

THURSDAY	FRIDAY	SATURDAY	SUNDAY
			
<b>Partly Cloudy</b>	<b>Scattered Showers</b>	<b>Showers</b>	<b>Showers</b>
Precipitation: <b>0%</b> HIGH <b>17</b> LOW <b>5</b>	Precipitation: <b>70%</b> HIGH <b>7</b> LOW <b>1</b>	Precipitation: <b>60%</b> HIGH <b>8</b> LOW <b>6</b>	Precipitation: <b>60%</b> HIGH <b>8</b> LOW <b>-1</b>



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This plaque has been dedicated to veterans who helped protect Hong Kong in the Second World War.

## Plaque honours Hong Kong defender troops

By Justin Hardy - TB Source

Royal Canadian Legion Branch No. 5, along with the Hong Kong Veterans Commemorative Association, unveiled a plaque Sunday afternoon that is dedicated to 2,000 troops who defended Hong Kong during the Second World War, including the father of Darlene Axent Gilmore.

"I belong to the Hong Kong Veterans Association, my dad was a prisoner of war in Hong Kong for the approximately four years and they got in touch with me and asked if we would like to have a plaque here locally to commemorate the fellows that were in Hong Kong and of course I said yes," Gilmore said at the unveiling.

"So, I got in touch with the legion here and they were more than happy to accommodate that, so we've been planning this for a while and now it's come to the day when we dedicate it, and it will be on permanent display here at the branch."

Like many others during the Second World War, Gilmore's father was a young man when enrolled in the military and Gilmore says that he and others had no idea what they were in for overseas; her father was only in Hong Kong for a few weeks before the city surrendered, and he and others spent the four years and eight months as prisoners of war.

"Basically, it was not very nice the way they were treated, they were starved, they were beaten, it was slave labor and a lot of them passed away in the camp.

Then those that came back, they never really got over it, he never spoke of what happened," Gilmore said.

"The only time he would ever talk a little bit about it was when some of his comrades were together, but even then, it was very, very little that that he would talk about and so, so I never really knew a lot about what happened."

George Romick, president of the Port Arthur Branch No. 5 of the Royal Canadian Legion, said that he and other executives agreed right away to install the plaque when Gilmore approached them with her request.

"Basically, the Hong Kong battle was probably the first battle that the Canadians were involved in. Nobody thought when the Canadians went over there that the Japanese would attack," he said.

"So again, as I mentioned earlier in the presentation, when Pearl Harbor was attacked, that's the same date that the Garrison at Hong Kong was attacked by 50,000 Japanese against basically 12,000 British and Canadians and New Zealanders at that time."

Gilmore said that she hopes this plaque will help people remember local military history and the effects it still has on families in the community.

"I think every war, every battle has, you know, it takes on a personal aspect, if you have someone who was involved in it and so this one for me is, and my family, you know, it's struck home because we lived through what happened for the rest of my dad's life."





Sherri Daniels took home a \$1-million Lotto 6/49 prize last month.

## Local woman wins \$1 million

By Leith Dunick - TB Source

Sherri Daniels' October got off to a great start. The Thunder Bay woman nabbed a \$1-million Lotto 6/49 guaranteed Gold Ball Draw prize in the Oct. 1 draw, and the tech support worker told Ontario Lottery and Gaming Corporation officials she's still in disbelief.

"My husband was the first person I told, and he didn't believe me. Even this moment doesn't feel real.

Daniels, 48, plans to pay off some bills, save for retirement and donate to charities with her winnings. She also won an additional \$7 on her tickets that night.

# Novemburger returns

By Leith Dunick - TB Source

Halloween is over, so in Thunder Bay, that means Novemburger has arrived.

Chefs at 15 different restaurants and eating establishments have worked long and hard to put together their own, unique mouth-watering creation, which will be sold throughout the month, with \$2 from each sale being donated to the United Way of Thunder Bay.

It's a tasty way to support a great cause, said Albert Brulé, CEO of the local United Way chapter.

"We promote so many ways that people can support the United Way. You could do a payroll deduction at work, you can do a donation online, you can participate in events, but how much fun is it to go out with your family and friends, enjoy a delicious burger and get that extra heartwarming feeling that you're also giving back to the community at the same time," Brulé said.

"It's a win-win."

Last year, more than 10,000 burgers were sold at participating restaurants, led by the 2,500-plus sold at Prospector Burger Barn alone.

That helped raise more than \$20,000 for the cause.

"We obviously are indebted to all of



The Prospector Burger Barn is offering up its own take on a Coney burger for Novemburger.

the restaurants," Brulé said. "We've had numerous restaurants over the years that have stepped up and donated, most of which come back each year.

Each year local influencers join the effort, agreeing to do their best to try all the burgers up for grabs, while posting their efforts to their social media platforms.

Anna Torontow, a singer with the jazz trio Mood Indigo, said it's all about community.

"It's such a great feeling, not only to


support the United Way and their endeavours and everybody that benefits from them, but also to support local businesses that have struggled so much over the last few years," she said.

Participating restaurants include Bonobo's Foods, Anchor and Ore, Red Lion, Gateway Casino, Madhouse, Java Hut, El Tres, The Sal, Beefcake Burger Factory, Prospector Burger Barn, Galaxy Lounge, Skal at the Valhalla Hotel, Bight Restaurant and Bar and the Foundry.

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EDITORIAL

## Right to strike

The province should not be using the notwithstanding clause to override the Canadian Charter of Rights and Freedoms to deny education workers their legal right to strike.

While no one, including the workers themselves, wants to see schools closed, it's even more frightening that the Ontario Conservatives don't believe in workers' rights.

What's the point of even having collective bargaining if the province is simply going to impose its will on the workers anyway?

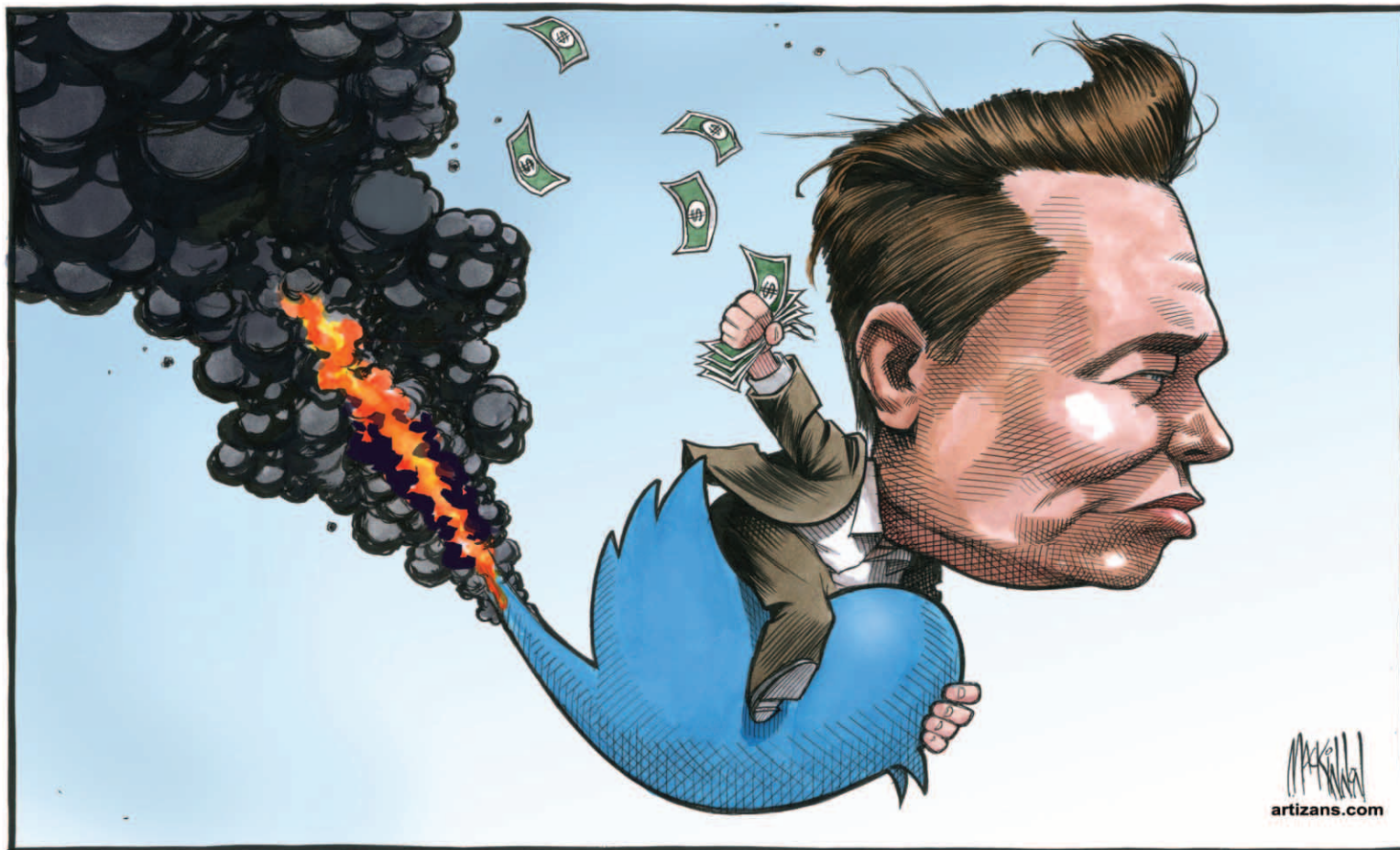
And what's to stop them from just doing that anytime a contract negotiation comes up?

That's a real slippery slope to start sliding down, to steal a well-worn adage.

What's the end goal? Are they trying to starve public-sector workers out and farm out custodial and secretarial work to the private sector?

It's what it seems like.

While the union probably shouldn't get its full ask in this case, the province should stop nickeling and diming workers and forcing settlements upon them unwillingly.



# Hemingway's only play written under fire

*The Fifth Column* was Ernest Hemingway's only play. He wrote it under shell fire in a Madrid hotel in the heat of the Spanish Civil War.

It deals with a strong man's struggle to choose between the woman he loves and a fight he believes in. Here is the characteristic Hemingway hero in one of his most tragic roles.

The principal character, Philip Rawlings, was foreshadowed by Harry Morgan in *To Have and Have Not* who came to understand that 'a man alone has not got a chance'.

Robert Jordan in *For Whom The Bell Tolls* knew that 'no man is an island entire of himself'. We can see Harry, Philip and Robert

as the same character who matures politically and abandons individualism for collective action.

Most of the drama in *The Fifth Column* takes place in the Hotel Florida in Madrid. This is where Hemingway was based as a journalist and this play captures perfectly the claustrophobic atmosphere of a city under siege.

The Fascists surrounded the city and bombarded it every day and night. They chose times, such as when the cinemas closed, that would deliberately maximise civilian

casualties.

The Fascists also had many supporters in the city. They formed a fifth column (in addition to the four columns that advanced on the city) who carried out acts of sabotage and assassination.

Hemingway provided some useful context in his preface: 'The play was written in the fall and early winter of 1937 while we were expecting an offensive ... while we waited I wrote the

play'. While he worked at the Hotel Florida it was hit by more than

thirty high explosive shells. 'So if it is not a good play perhaps that is what is the matter with it. If it is a good play, perhaps those thirty some shells helped write it.'

I think that the latter is true. This play feels like it was written under fire. One of the hallmarks of Hemingway's work is that he always strove to write as truthfully as possible.

There is a difference between that which is real and that which is true. Everyone has their own truth. What Hemingway achieves is that his readers feel like they are sharing his truth. They are in the room with his characters.

The front line came as close as just 1500 metres from the hotel.

Hemingway hid the play under his mattress and hoped it would be there when he came back to his room each night.

Philip organized a counter intelligence operation that led to the arrest and execution of over three hundred fascists. He put his political work before his personal life. He sacrificed the love of his life for the cause of freedom and democracy.

This caught the eye of the Soviet authorities who promoted Hemingway's work and published it in vast quantities in the USSR.

Hemingway was regarded as a fellow traveller until his fall from grace with the publication of *For Whom The Bell Tolls* in 1940.



**John Pateman**  
BOOK BANTER

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# Grocery oligopoly a concern

By JR Shermack

I don't want to alarm anyone but it has come to my attention that Canadian families are living in an oligopoly.

That term describes a consumer market that is dominated by a small number of producers or suppliers, which is the scenario faced by Canadian grocery shoppers today.

Economist Jim Stanford describes Canada's supermarket industry as "a cozy oligopoly" dominated by Loblaw, Metro and Sobeys

## Big three

In our country these three oligopolists collectively have the economic power to manipulate their customers, their suppliers and their own workers to increase profits.

Oligopolies don't necessarily collude but they have the ability to restrict production and manipulate prices for their own personal gain and to the detriment of consumers.

This is a backdrop to a situation that has many Canadians concerned about providing nutritious food for

their families due to the rising cost of groceries.

After an 8.4 per cent increase in the price of milk last February it went up another 2.5 per cent in September - staples like flour and cooking oil rose 30 per cent, the largest increase on record.

Meats (10.1 per cent) and fruits (10 per cent) and vegetables (8.2 per cent) are all more expensive including produce and meats at local farmers markets which are also challenged by increased costs.

A few items have not seen large increases - for example, potatoes and sweet potatoes have actually dropped in price but we can't live on mashed potatoes alone.

Bananas and broccoli are unchanged in price as are lemons but oddly, limes are more expensive.

According to Statistics Canada even though the cost of living is slowing down, food prices have been increasing at twice the overall rate of inflation.

Grocery prices in September were up 11.4 per cent from a year ago



Food prices are rising rapidly in Canada.

compared to the annual inflation rate of 6.9 per cent - there are many reasons for this perfect storm of economic hardship.

The rising cost of groceries is blamed on supply chain issues

caused by the pandemic, the impact of climate change on agriculture and the global effects of the Ukraine war.

Also higher energy and transportation costs, a low Canadian dollar making imports more expensive and the suspected effect of our grocery oligopoly.

Of course many of those complaining are in no danger of missing their next meal - they are just grumbling because they have to pay so much more for a bag of groceries.

But at least they have enough resources and disposable income to absorb the increase in food costs while millions of others can't afford nutritious food for themselves or their families.

Imagine how you would feel if you didn't know where your next meal was coming from because you didn't have enough money to buy any groceries at all.

Imagine that the higher cost for food doesn't affect you at all because you couldn't afford to eat nutritious food even before prices

went up, and you still can't.

Fortunately Canadians are compassionate and generous and those who can afford it continue to help hungry families put food on their tables.

A recent survey by Mainstreet Research revealed that 23 per cent of respondents were eating less due to soaring food costs.

## Forced choices

Good food and proper nutrition are often the first casualties during economic hardship - most parents will cut back and eat less to make sure their families are fed.

The fundamental right to food is enshrined in the Universal Declaration of Human Rights (1948) as well as other international treaties, all endorsed and ratified by Canada.

We can start by feeding every hungry Canadian and continue to provide food for other hungry families all around the world.

In the meantime, pass me another bowl of those reasonably priced mashed potatoes.

what's happening  
in and around...

## The Bay

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### Nov. 4-5 Thunderwolves Hockey

The 4-1-2 Lakehead men's hockey team may be the surprise of the OUA so far this season, picking up four of a possible six points on the road last weekend.

That leaves them tied for top spot in the OUA West, with 10 points, two points up on Toronto Metropolitan University, who will visit Fort William Gardens this weekend for a pair of games.

Tickets are available at the box office and the puck is scheduled to drop at 7 pm. on Friday and Saturday night.

If hockey isn't your thing, the men's and women's basketball teams will kick off their 2022-23 campaigns on Friday and Saturday night at the C.J. Sanders Fieldhouse, with Guelph and Waterloo in town. Tip off for the women is 6 p.m. and the men go at 8 p.m. each night.

### Nov. 5-6 Artisans Northwest Show

Artisans Northwest Art and Fine

Craft show takes place on Saturday and Sunday at the Valhalla Hotel and Conference Centre from 10 a.m. to 5 p.m. on Saturday and 10 a.m. to 4 p.m. on Sunday.

Members have been busy creating all summer long and will have plenty of art and fine crafts for sale ahead of the holiday season, including the work of some of the best artisans in the area.

### Nov. 5-6 Country Christmas Craft Fair

Head out to Vanderwees Garden Gallery on Saturday and Sunday to take part in their annual Country Christmas Craft Fair.

With the holidays quickly approaching, it's a great chance to find that perfect give for someone special in your life, or something to help spruce up your home for Christmas.

More than 70 tables of handmade items from local artisans and vendors will be on display. Keep in mind, many

vendors are cash only. There is no cost to enter the craft fair, which runs from 9:30 a.m. to 5 p.m. on Saturday and Sunday.

Vanderwees Garden Gallery is located at 6488 Mapleward Road in Thunder Bay.

### Nov. 10 Blue Rodeo - TBCA

One of Canada's favourite bands is back touring in support of their 16th studio album, Many a Mile, which they created during their forced time off due to COVID-19.

Jim Cuddy and Greg Keelor headline the legendary alt-country rockers, who will perform plenty of songs from their new album, as well as many of their favourites from the past.

Tickets are available at Ticketmaster and start at \$59.

Showtime is 8 p.m. next Thursday at the Thunder Bay Community Auditorium.

## HOW TO WRITE TO US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

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YES 81.06%     NO 17.04%     DON'T KNOW 1.89%



# Comfort food has deep roots

## Mac and cheese tops the list of food we all love to eat

Last week we talked about making comfort food affordable and stretching your food dollar at the grocery store.

Today we are going to dive into the roots of comfort food, specifically utilizing one of my favorites, Mac and cheese.

You will find Mac and Cheese as a staple side on every bbq menu from here to Nicaragua. This will also come with varying degrees of success. This is one of those dishes that I personally love to cook, anyone can make it, but if you can elevate mac and cheese, you're winning, it's a glorious challenge which I have always enjoyed

inspiring myself with. While working in Saskatchewan, no matter what I did to my mac and cheese, the boys wouldn't eat it unless it was the brightest most offensive orange colour.

Now, to my surprise did you know you can buy the processed kraft dinner cheese powder in a 10-kilogram case?

I certainly did not and was horrified that after building all these intensely cheesy flavours, my work would be overshadowed by salty orange powder.

Not surprisingly the boys in the camp loved the mac and cheese and a part of my soul took a bit of a hit. I recovered when the direct deposit hit.

The most famous version of the mac and cheese story goes like this: Thomas Jefferson brought an enslaved James Hemings to France to study culinary arts. Jefferson not only financed his crash course in gastronomy but smuggled a pasta machine back from Naples so that Hemings could introduce macaroni and cheese to the elite families of the American South.

Often, Hemings is left out of the story completely and Jefferson alone is the protagonist.

There's even a famous Budweiser ad that portrays Jefferson serving mac and cheese to the other forefathers.

While there are sporadic mentions of pasta and cheese being

married beforehand in Italy, the most famous mention of it comes in the mid 18th century in France when "Macaroni a la mode" becomes a staple in French cuisine and even begins to find its way into English kitchens. As the name suggests, at this time we begin drifting toward a creamier, saucier recipe.

It was decades after this time (1785ish) that James Hemings began his training in France.

The mid 1800s began perpetuation of mac and cheese led by African born women cooks, as in the south they were typically working in southern kitchens and their legacies became intrinsically entwined during this period.

This reputation allowed it to be passed on with pride into the Soul Food canon, a genre that celebrates the foods that have sustained Black

communities throughout American history and created a culinary identity from select dishes that bound a people through preparation rituals, food stories, festivities and good eats, as it was in Ancient Rome, so too it is today.

Macaroni and cheese has been so completely assimilated into the American foodscape that many Italians today dismiss it as a horrifically caloric American invention.

However, while it may not be recognizable from their original version, the germination of the dish is strictly theirs.

Derek Lankinen is an award-winning chef, author, and restaurateur. He is the Owner/Operator of Beefcake's Burger Factory with two locations in Westfort and Current River and Co-Owner of Elite Beef, Brick and Mortar Food Co. and Eat Loco Tacos.



**Derek Lankinen**

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The Rotary Santa Claus Parade has become a major seasonal event in Thunder Bay viewed by 10,000 spectators and floats are an important part of its success.

Before November 12<sup>th</sup> please complete and submit the Parade float application found at: <https://www.fwrotary.ca/1035/Page/Show?ClassCode=Page&Slug=santa-claus-parade-entry-form>

The 2022 Santa Claus parade will take place on Saturday, November 19<sup>th</sup> at 10:00 a.m. departing from Superstore, traveling north on Memorial Avenue to the Thunder Bay Community Auditorium on Beverly Street.

We look forward to having you take part in this community event.  
Please email [parade@fwrotary.ca](mailto:parade@fwrotary.ca) with any questions.

Port Arthur Rotary Lakehead Rotary Fort William Rotary Thunder Bay Rotaract



# Season set to change over

As winter weather nears, it's time to look at putting away the summer and fall equipment to get ready for snow days

This is the time of year that excessive heaps of outdoor gear start to pile up in the truck, the garage and in my home office.

Much of the summer gear has not yet been put into storage, the autumn sports equipment is in heavy rotation and the winter stuff is starting to migrate out of the basement and shed as I anticipate a sudden change in weather sometime soon.

Like many other outdoors-people, I have found myself trying to cram a ton of activities into enjoying shorter days over the past few weeks.

Instinctively, I am stocking up on every bit of warm-weather outdoor fun I can squeeze in as autumn winds down and I prepare

for winter.

Lots of mountain biking, grouse hunting and cyclocross racing, along with some fishing and time at camp is how I like to spend October.

A constant rotation of specialized gear for these activities moves in and out of my truck, depending on the plan for the day.

Unfortunately, there is collateral damage in this whirlwind of outdoor interests and pursuits. Specifically, the garage has become a complete disaster zone of broken bike parts, outerwear, fishing equipment and countless gear bags piled on the

floor.

My wife is much better than I at organizing things as the seasons change.

Unlike me, she has no issues accepting that it is time to move on. So, the stand-up paddleboards, the canoe, the kayaks and all her stuff is already neatly tucked away for winter. Soon I too will be forced to admit summer is gone. The fishing rods and a few bikes will probably go into the basement

for storage this week, but the mountain bike and hunting gear will stay in use through November.



**Keith Ailey**  
the GOOD LIFE

Meanwhile, the rollerskis will see their first action soon and I will call my local bike shop to check on some parts I've ordered for my fat tire bike.

Inside, summer clothing will be pushed to the back of the closet to make room for the skiing and snow sports wardrobe.

The bike repair corner of the garage will be converted into a ski waxing station soon so I can scrape off the storage wax in time for that first ski at Lappe some time in the next few weeks.

This is also the best time to take stock and order replacement parts for everything I broke this summer.

I'll also pull the old line off the fishing reels, patch the holes in my

waders and consolidate all the tackle and fishing equipment that has been left sitting in a variety of dry bags after the last few fishing trips.

Before long, we will be skiing, ice fishing, fat biking, snowshoeing and skating. Perhaps your preference is hockey, snowboarding, ice climbing, curling or just walking the dog after a fresh snowfall.

Finding something to inspire us to get outside is the key to keep enjoying the good life through each unique season.

Keeping the gear for all these activities organized is the best way to make sure we don't miss a beat as we transition from one season to the next.

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# November now the Brown Month

The leaves are gone and the grass and bushland has lost most of its summer colour

So now we are in November, for me, the Brown Month. Brown because the leaves are all off of the trees; even the tamarack trees have shed their golden needles (mostly); and what remains is brown - the grasses, the bushes, the land.

Driving rural roads or the highways where there are farms your nostrils are assailed by the rich, pungent (some might say disgusting - not me) aroma of cow manure.

The fall ploughing has taken place and the farmers are spreading manure that has been liquified for better absorption in the ground.

The other aroma prevalent is

that of dead skunk.

Everyday there seems to be at least one Pepe Le Pew schmuck on a highway as the black-and-white strippers cross usually at night seeking winter shelter. The other forest denizens who have been victims of motor vehicles are racoons and the occasional porcupine.

Racoons are a recent immigrant to these northern climes.

They have been slowly moving into the

area for the past ten or so years. When I first moved from southern Ontario to live here racoons did not exist in these parts.

Also, grey squirrel's have moved into the city.

Again, the only squirrel's native to these parts were the red. Not no more. They must now compete with these larger intruders.

One of the advantages of leafless trees and bushes for me is that I get to see more while on my walks along our trails.

The other day while taking a daily tromp with our pooches, I decided to veer off trail and bushwhack, to plunge into the woods and explore an area I've never explored before.

Instead of following the well-trod path in the "back 40" I took off into the woods pretty much knowing that eventually I would wind up on the back trail.

The going wasn't as difficult as I thought it would be, only getting whipped in the face by one or two branches of balsam.

I did reach the trail at its halfway point, but I had passed a large tree festooned with boles on the trunk.

When the trees are all leafed up, I can't see this specimen from the trail. Now I could.

So what?

I have counted two such trees, both of which are dead with these growths on our trails.

If I was to cut the trees down, saw off the boles, they'd be prime candidates for making wooden bowls.

All I have to do is buy some wood working tools and perhaps a woodworking magazine that

would instruct me in the skill of turning out beautiful wooden bowls.

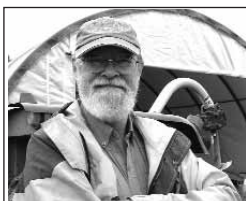
The trees sporting the boles are spruce so the rest of the wood would be bucked and split for the fireplace. Perhaps not a bad winter hobby.

Mentioned this possibility of carving boles into bowls to my wife, Laura.

"No," she replied, "You'll cut yourself. That would require an emergency run to the hospital. I know the chainsaw story."

Perhaps she's right: maybe I should salvage the bole-laden trees and offer the boles to someone who knows what they're doing with sharp tools.

Might get a bowl or two out of the deal.



**Fred Jones**

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# Man of La Mancha lands at Magnus

By Linda Maehans – TB Source

Be prepared for some time-travel. First, back six centuries to Spain; next a jump, across an ocean, to Broadway (1965); then United Artists (1972); over the Great Lakes, here to the Lakehead and Magnus Theatre (1977). And now, 2022, again to Magnus in The Park (Waverley) – to take in one of the greatest classics ever penned (in Spanish); translated into dozens of other languages; adapted and performed for live audiences around the world. Of course I refer to *Man of La Mancha*, a.k.a. Don Quixote by Miguel de Cervantes (1547-1616).

This time Magnus' production of *Man of La Mancha* partners with a musicians-actors company, Garner Theatre Productions. In presenting a huge stellar cast-on-stage, easily activating the time-travel machine



Man of La Mancha cast will be on stage at Magnus Theatre from Nov. 10 to Dec. 3.

for audiences eager to dream the impossible dream. Who, these days,

isn't ready for that.

I meet with Don Quixote's niece,

Antonia. She's lovely. Soon to be wed. Yet, so much worry in her eyes. We're standing in a dark dank courtyard of a Spanish prison during The Inquisition. We pull our cloaks tighter against muffled cries from within.

"I'm so scared for my uncle," whispers actor Carly Martin in-character. "He's been suffering from some strange delusions.

What kinds? Ideas. Experiences he claims to have, I don't know. He is so very much in his 'own world'. No. I haven't tried to change his outlook; not sure how he would respond.

Dreams? Sure, I have my own dreams: marriage, family, happiness."

Antonia squares her shoulders.

"I think I need to visit the padre. Tell him what's on my mind."

The impossible dream? Maybe not, yet what full-and-fare smiles back at

me are the eyes-and-face of one Sancho-Panza, Don Quixote's ever-true companion, loyal, and brave, too.

"He's my master. And I, I am his squire. A position I take with a great pride. Me? It's a tricky balance, that one. He sees things I don't always see."

Like what? Actor Jeremy Lalpalme.

"Well, one time he told me he was off fighting this vicious ogre, a Matagore. When I looked, all I could see was a wind mill.

Hallucinate? No, oh no.

No. My master has a keen eye. It's a different way of seeing things."

Who compares a little donkey, sturdy, to a horse-without-a-windmill?

Keep your date-in-time with Man of La Mancha.

Playing at Magnus in the Park: Nov. 10 through Dec. 3.

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# Cambrian play digs for truth

By Linda Maehans – TB Source

What's that expression? The truth of the matter. Yes, that's it. The truth. The whole of it.

Cambrian Players, our longest-lived best-loved thespian troupe here in the Lakehead, present *Vino Veritas* by David MacGregor. Audiences please note: this drama is recommended 18+. Okay.

When I looked up "Veritas", well! From classical Latin and mythology (Roman), Veritas is the Goddess of Truth; a daughter of Saturn, Titan of Time, and mother of Virtus. Anything to do with virtuosity? Perhaps virtuoso?

About *Vino Veritas*, only hints from Eva Burkowski, Cambrian's director this time. Other than a cryptic smile, this veteran Player with many roles-and-hats to her

acclaim, leaves everything up to the imagination.

"The play is funny, in places, but also quite shocking, thought-provoking. It deals with some really serious matters. Honesty. How much honesty should there be, in a relationship, in a marriage, in friendship? And if there's too much (honesty) what's the fallout?"

We'll find out.

Two married couples who are also neighbours and friends, Lauren and Phil, and Claire and Ridley, are getting together for a drinks-and-appetizers before a Halloween party. What they drink, though, is a mysterious blue concoction (from Peru, I think). "It has some unforeseen results" is all Eva

would say, adding, "there are no villains here. We come to sympathize, I hope, with everything and everyone."

Actors Mary Davis, Rob Paularinne, Dennis Dubinsky and Tara Rowe (making her debut on Cambrian's stage) certainly don't look like villains. They could be you, or me, really.

Yet Lauren (Mary) tells me her photography career involves shooting exotic landscapes and animals. "We own a portrait studio now." She grimaces. "As they say in the Flintstones, it's a living. I prefer more adventurous stuff." Scowling, she folds laundry into a basket. "We've lived next to Ridley and

Claire for ten years now, our kids in and out of each other's houses all the time; we go to the same church. We do know one another.

This evening? Oh, same-old-same-old. The party's predictable. Claire always wins best-costume. Everyone schmoozes. Not my scene, but we do it because, well, we've always done it. Right now, I just need to get this place straightened up!"

She continues folding.

In another room Phil (Rob) sighs, shrugs.

"Look, I understand why Lauren is upset. She runs hot-and-cold. I'm more chill. And, embarrassment isn't my reality, ya know? I end up having fun; whatever happens, happens. People," a pause, "can surprise you.

It's like secrets. Or a train that gets moving, goes faster-and-faster as the

coal goes into the furnace; eventually it barrels down."

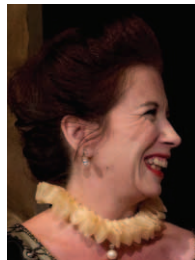
At this juncture, if anyone is thinking extra-marital "truths", you're on the wrong track. That's not what this is.

Well, how about the stress and strain everyone has been feeling these past few years?

Eva: "no, I'm certain the audience won't go away feeling like that. This play, for me anyway, ends in a good and hopeful way. This isn't one of those dark comedies, where you go out shivering and thinking the world is an evil place."

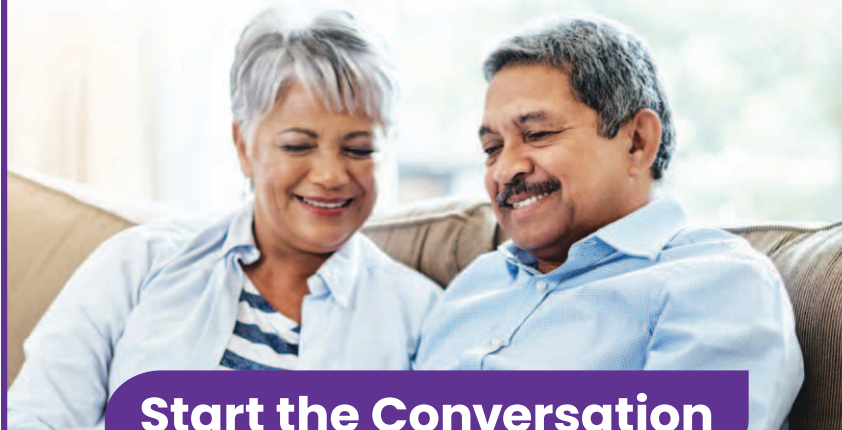
Cambrian Players present *Vino Veritas* from Nov.9-12, and again Nov. 16 to Nov. 19. All shows are at 7:30 p.m., at 818 Spring St.

Visit [cambrianplayers.eventbrite.ca](http://cambrianplayers.eventbrite.ca) for tickets. A limited number of tickets are available at the door.



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# Call Jane topical tale

*Call Jane* (SilverCity) is a well-intentioned but superficially dramatized rendering of a real-life underground women's network who performed thousands of safe abortions in Chicago from 1968 to 1973 when abortion was illegal.

Given the U.S. Supreme Court ruling overturning *Roe v Wade*, the movie capitalizes on this timely review of abortion and women's rights. *Jane* joins other recent films dealing with the issue, namely, *Never Rarely Sometimes Always* and the French film, *Happening* recently screened by the North of Superior Film Association.

Though *Call Jane* is based on a true story, the aforementioned titles are more effective dramatically. In *Call Jane*, Elizabeth Banks and Sigourney Weaver offer solid performances blunted by a scattershot script.

Set in 1968 Chicago, *Call Jane* centres on Joy, (Elizabeth Banks) a cloistered wife, happily married to a criminal defense attorney, Will (Chris Messina) with a teen-age daughter, Charlotte (Grace Edwards). However, Joy's contented upper middle-class existence is suddenly upset when she learns that her recent pregnancy may threaten her life.



**Marty Mascarin**  
 MOVIE TALK

Joy soon finds that the system is unsympathetic towards her doctor's lobbying for a therapeutic termination, illustrated in an impactful scene when the male-dominated hospital board promptly turns down her case, ignoring Joy's tearful presence. Instantly we see the cold bureaucracy, patriarchal dominance and societal norms at work.



Elizabeth Banks and Sigourney Weaver are the main stars in the movie *Call Jane*, in theatres now.

Desperate, Joy discovers the subversive *Call Jane* collective which assists women, safely facilitating her procedure conducted by a supposed doctor totally lacking in bedside manner (Cory Michael Smith). From there, Joy becomes involved in the network, led by no-nonsense activist Virginia (Sigourney Weaver).

Joy quickly evolves from client to facilitator to practitioner within the organization, though it isn't clear what truly sparks her new-found activism. She takes over conducting the terminations, simplistically illustrated as if she's doing an oil change. What if a procedure goes wrong?

By focusing on Joy, the film subverts more interesting details such as the subjugation of women's rights at that time, how the Jane organization actually functioned, and the kind of individuals who became involved.

The film patchily touches on Jane's

organizational issues surrounding medical credibility, and access based on race and class. Theological concerns are represented only by the presence of a nun working as one of the Janes.

Instead, the story takes the off-ramp into the melodrama of Joy's family, a neglected husband who's tempted by a sympathetic, widowed neighbour (Kate Mara in a one-note role) and a suspicious daughter who challenges Joy's wafer-thin art class cover story.

The ending arrives far too abruptly. Crucial events involving a police raid, arrest of the Janes and the passing of *Roe v Wade* are lumped lamely together in Weaver's voice over epilogue. . .

As a result, *Call Jane* suffers dramatically. To its credit, the movie points to the absorbing documentary, "The Janes," now available via VOD which does a far superior job of illuminating the details surrounding this bold underground women's collective.

## ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "A" = "N"

"CI GMY VBVN CADVLOVH ONYOP  
 CAOM RMTCOCLU GMY PFBV AM  
 RMTCOCLU."

— SCTT NMEVNU

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### ACROSS

- 1 Accomplished
- 4 Music character
- 7 Object of worship
- 10 Southern France
- 11 Cheer
- 12 City in Judah
- 14 Ern (2 words)
- 16 Geological epoch
- 17 Compass direction
- 18 Fancy
- 20 Eur. Economic Community (abbr.)
- 21 Honey-eater bird
- 22 Fat (pref.)
- 24 Kind of muscle
- 28 Earth (Lat.)
- 31 Galway Bay isles
- 32 Fish with bait on the surface
- 34 Thunderfish
- 35 Evil (Lat.)
- 37 Circle
- 39 Mayan year
- 41 Formic acid source
- 42 Mountain on Crete
- 44 Sedate
- 46 River or sea bottom
- 49 Tumor (suf.)
- 51 Bog (2 words)
- 53 Unwieldy object
- 54 Dutch commune
- 55 Suitor
- 56 To (Scot.)
- 57 The (Ger.)
- 58 Mulberry of India

### DOWN

- 1 N. Afr. jackal
- 2 Scientific name (suf.)
- 3 Stamping

### ANSWER TO PREVIOUS PUZZLE

LEO SOMA CAAM  
 ACS SAAL OLIO  
 ACC WHITEWINE  
 PAID EDEMA  
 LAB URSAL  
 PELLUCID DAMA  
 ALA NINUT NYC  
 COTO ENCIRCLE  
 ENEMY AUT  
 AESOP GUAM  
 ARTSTUDIO GABA  
 DIEU LEAD RBI  
 MAAM KAFA YEN

- device
- 10 Manuscripts (abbr.)
- 4 Cornel
- 13 Son of, in Gaelic names
- 5 Pot (Sp.)
- 15 Anti-satellite (abbr.)
- 6 Adolescence
- 7 Command to horses
- 19 Ketone (pref.)
- 8 Persia (2 words)
- 21 Door (Lat.)
- 9 Carplike fish
- 23 Hat
- 24 Flee
- 25 Period
- 26 Home of Odin
- 27 Royal Air Force (abbr.)
- 29 Energy unit
- 30 Classifieds
- 33 But (Lat.)
- 36 But (Sp.)
- 38 In the matter of (2 words)
- 40 Bent
- 42 I (Ger.)
- 43 Deuteronomy (abbr.)
- 45 "Venerable" monk
- 46 Mineral tar
- 47 And other: abbr. (2 words) (Lat.)
- 48 "Lady of the Lake" outlaw
- 50 Barely get by
- 52 Amer. Basketball Assn. (abbr.)

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# Ex-NHLers help raise \$205K

By Leith Dunick – TB Source

Doug Gilmour's playing days are behind him.

The aches and pains of lacing up his skates and playing pick-up hockey were just too much to continue on-ice activities. But that didn't stop the hockey hall-of-famer from taking part in this week's Easter Seals Celebrity Hockey Classic event at the Tournament Centre, helping the organization raise a record \$205,000 to send children with accessibility needs to camp.

Now 59, the 1989 Stanley Cup winner on Friday jumped behind the bench to guide Team RBC through an early morning game, each team featuring a former NHLer, including the likes of Mike Krushelnyski, Andre Roy, Rick Vaive and John



Doug Gilmour was behind the bench last Friday at the Easter Seals Celebrity Classic.

LeClair.

It's a great cause, said Gilmour, whose NHL playing days included stops in St. Louis, Calgary, Toronto,

New Jersey, Chicago, Buffalo and Montreal, putting up 450 goals and 1,414 points in 1,474 career games.

"It's a great charity and congratu-

lations to Thunder Bay for raising over \$200,000," Gilmour said.

"That's pretty amazing for a small group."

He may bear the title of coach, but Gilmour said he basically lets the players do their own thing. He's just there for emotional support and camaraderie.

"I'm pretty much just having some sodas with them and telling stories with them. I don't play anymore, my body doesn't like it," said Gilmour, who was last in Thunder Bay nine years ago to take part in Patrick Sharp's golf tournament.

Krushelnyski, famously part of the deal that sent Wayne Gretzky from Edmonton to Los Angeles, said he can't praise the organizers enough for making the event such a great success.

"They do all the work behind the

scenes," he said. "It's a piece of cake to just walk in and (smile). Last night the group was told there were sheets of paper on the table and if you just sign up we can send so many kids to camp. Everyone at the table filled out a form and I was like, 'This is awesome. You guys are great.'

To take part in the Easter Seals Celebrity Classic, teams must fundraise a minimum amount of money, and then bid for the right to add an ex-NHLer to their roster.

Former Lakehead Thunderwolves star Daniel Del Paggio played for Gilmour on Friday as part of Team RBC, and said it was incredible being in the room with him.

"How many years of NHL experience does he have? He's an all-star and a hall of famer. It's incredible. And more so than being a good coach, he's a good person."



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2022-2023 SEASON

## SEASON SCHEDULE

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UNIVERSITY

NOVEMBER 11<sup>TH</sup>, 12<sup>TH</sup>  
BROCK BADGERS

DECEMBER 29<sup>TH</sup>, 30<sup>TH</sup>  
WINDSOR LANCERS

JANUARY 6<sup>TH</sup>, 7<sup>TH</sup>  
TORONTO VARSITY BLUES

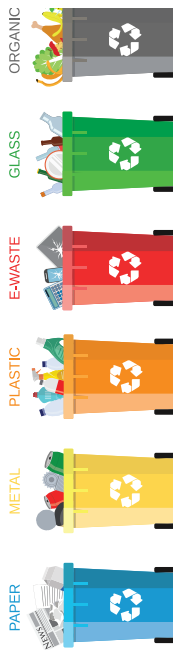
JANUARY 20<sup>TH</sup>  
GUELPH GRYPHONS

JANUARY 21<sup>ST</sup>  
LAURIER GOLDEN HAWKS

JANUARY 28<sup>TH</sup>  
WESTERN MUSTANGS

LEARN MORE AT [THUNDERWOLVES.CA](http://THUNDERWOLVES.CA)

THINK  
RECYCLE



LAKEHEAD  
UNIVERSITY  
ATHLETICS

2022-2023 SEASON

## SEASON SCHEDULE

### BASKETBALL

NOVEMBER 3<sup>RD</sup>, 17<sup>TH</sup>, 24<sup>TH</sup>,  
JANUARY 12<sup>TH</sup>, FEBRUARY 2<sup>ND</sup> & 16<sup>TH</sup>  
OCTOBER 20<sup>TH</sup> & 27<sup>TH</sup>

### VOLLEYBALL

NOVEMBER 10<sup>TH</sup>, DECEMBER 1<sup>ST</sup>,  
JANUARY 5<sup>TH</sup>, JANUARY 19<sup>TH</sup>, FEBRUARY 9<sup>TH</sup>  
OCTOBER 20<sup>TH</sup> & 27<sup>TH</sup>

LEARN MORE AT [THUNDERWOLVES.CA](http://THUNDERWOLVES.CA)



**AD RATES \$9<sup>99</sup>**  
**ADDITIONAL INSERTIONS 1/2 PRICE\*** Up to 20 words  
 Additional words 25¢.  
 \*Must be run in consecutive weeks.  
 No additions to ads.  
 Does not apply to Bargain Corner ads.

**BARGAIN CORNER ONLY \$4<sup>80</sup>** Plus HST  
 15 words max. for items under \$500.  
 Must contain price.

**DEADLINE**  
 Classified Word Ads:  
**MONDAY @ 4:00p.m.**  
 Display & Photo Ads:  
**MONDAY @ Noon**

**SHOP ON-LINE** at  
<https://shop.dougallmedia.com/>  
**CALL US AT 346-2600**  
 Or email:  
**classifieds@dougallmedia.com**

(Leave us a message if we do not answer, and we will return your call)  
 Our office is temporarily closed to the public due to COVID-19.  
**Telephone Hours:**  
**Mon.- Fri. 8:30a.m.- 5:00p.m.**

**REAL ESTATE FOR SALE**  
 01. City  
 02. Rural Homes  
 03. Mobile Homes  
 04. Lots / Acreage  
 05. Condos  
 06. Cottages  
 07. Commercial  
 08. Investment Property  
 09. Out of Town  
 10. Real Estate Wanted

37. Marine Equip.  
 38. Snowmobiles  
 39. Parts & Repairs

**YARD SALES**  
 40. Current River  
 41. Northward  
 42. South  
 43. Westfort  
 44. Rural

**MISC.,NOTICES, TENDERS**  
 45. Auctions  
 46. Health  
 47. Travel  
 48. Financial  
 49. Lost & Found  
 50. Personal  
 51. Notices  
 52. Tenders

**BUSINESS & SERVICES**  
 53. General Services  
 54. Home Improvements  
 55. Bus. Opportunities  
 56. Training Courses

**MERCHANDISE FOR SALE**  
 22. Bargain corner  
 23. Misc.  
 24. Antiques  
 25. Music  
 26. Office Equip.  
 27. Machinery  
 28. Pets & Livestock  
 29. Food  
 30. Misc. Wanted

**EMPLOYMENT**  
 57. Help Wanted  
 58. Careers  
 59. Child  
 60. Health Care  
 61. Employment Wanted  
 62. Students For Hire

**ANNOUNCEMENTS**  
 63. Coming Events  
 64. Craft & Flea Markets  
 65. Happy Ads  
 66. Cards of Thanks  
 67. In Memoriam  
 68. Death/Funerals

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to determine page locations.

Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the advertisement and box rental.

Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to avoid loss.

All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written notice.

**STORAGE/SPACE**

WESTFORT garage for storage only, concrete floor, NO heat. Minimum 5-month pre-paid rental. One stall, \$75 monthly. Email: tcobjr@shaw.ca.

**BARGAIN CORNER**

Three Ukrainian dolls in costume. 34 inches tall. \$15 each. Call 577-6378 for more info.

**23. MISC. FOR SALE**

Seasoned mixed wood ready to burn. \$90 per Cord - pick up Intercity. Call 345-4363

**GENERAL SERVICES**

Fall Clean-up - Large trailer for rubbish, we recycle! No items too big or small! EAVESTROUGH CLEANING / repair / new installation. Tree and brush cutting/trimming, cement/foundation repairs, parging, and landscape sloping. General Handyman Services. We are Seniors helping Seniors. gapace@lakeheadu.ca 807-407-6898

SEWING BEE OPEN FOR BUSINESS - alterations like hemming, new zippers, dresses, or any kind of project. reasonable rate 807-631-5101.

TREE REMOVAL SERVICES. In town/rural, ++experience, Man-lift, insured, and seniors' discounts! Very reasonable rates, free estimates. Call Jacques (Jack) 345-4363

**CRAFT & FLEA MARKETS**

BIG FLEA MARKET/CRAFT SHOW! CLE Coliseum Saturday November 19th 10am-3pm. Huge variety of items! Table rentals and info at 767-5488

One stop and shop. Free admission! Variety of local vendors. Something for everyone! Ranging from snack, tea, home décor, cooking, cleaning solutions, clothes and more! Sat Nov 19, 8-1:30pm. CLE Heritage Building (by silver city). List of current vendors and info [www.facebook.com/groups/onestopandshop](http://www.facebook.com/groups/onestopandshop) or email [onestopandshop@yahoo.com](mailto:onestopandshop@yahoo.com)

**Looking for Tree Removal?**



**Fast, Safe & Efficient**  
 With Our Unique 34" wide 100ft reach man-lift, we cut higher than anybody in town.  
**626 3542**

**ST. DOMINIC'S CIVL AUTUMNBURST BAZAAR**  
 Unclaimed Penny Auction #: 1955206, 1955376, 1955027, 1955296, 1955483.

**LEGAL NOTICES**

**NOTICE TO CREDITORS AND OTHERS**  
 In the Estate of

**HAROLD BENNIE JEWITT**  
 Anyone having a claim against the Estate of Harold Bennie Jewett, late of the Municipality of Neebing, District of Thunder Bay, who died on the 18th day of April, 2020, is required on or before the 5th day of December, 2022, to file with the undersigned solicitors particulars of their claim duly verified, after which date the Estate will be distributed having regard only to those claims of which Notice shall then have been given.

Victoria L. Methot  
**CARREL+Partners LLP**  
 Barristers & Solicitors  
 1100 Roland Street, Suite 1  
 THUNDER BAY, Ontario P7B 5M4



**LEGAL NOTICES**

**NOTICE TO CREDITORS AND OTHERS**

In the Estate of **SHIRLEY JEANETTE SUTHERLAND**

All Persons having claims against the Estate of Shirley Jeanette Sutherland, late of Beardmore, ON, deceased, who died on or about June 12, 2022, are hereby notified to send particulars of the same to the undersigned on or before November 17, 2022, after which date the estate will be distributed, with regard only to the claims of which the undersigned shall then have notice and the undersigned will not then be liable to any person of whose claims they shall not then have notice. Dated at Thunder Bay, Ontario on the 17 day of October, 2022.

**CLIFFORD SUTHERLAND**  
 c/o ERICKSONS LLP  
 ATTN: RYAN VENN  
 Barristers and Solicitors  
 291 South Court Street  
 Thunder Bay, ON P7B 2Y1



**HERE'S MY CARD**

**PUZZLE ANSWERS**

D	I	D	D	O	T	G	O	D	
M	I	D	I	O	L	E	N	A	M
S	E	A	E	A	G	L	E	E	C
S	B	E	S	W	A	N	K	E	E
				I	A	O	S	E	B
L	E	V	A	T	O	R	T	E	R
A	R	A	N	D	A	P	R	A	D
M	A	L	U	M	F	R	I	E	N
				H	A	A	B	A	N
I	D	A	S	O	B	E	R	B	E
C	E	L	E	W	E	T	E	A	R
H	U	L	K	E	D	E	B	E	A
T	A	E	D	E	R	A	A	L	

6	3	9	7	4	5	1	2	8
1	5	7	8	6	2	9	3	4
2	8	4	1	3	9	5	6	7
3	4	1	6	9	7	8	5	2
9	6	2	5	8	1	4	7	3
8	7	5	4	2	3	6	1	9
4	1	6	3	7	8	2	9	5
5	2	3	9	1	4	7	8	6
7	9	8	2	5	6	3	4	1

PREVIOUS SOLUTION: "If you ever injected truth into politics you have no politics." — Will Rogers

**HERE'S MY CARD**

**Dulux Paints DECORATING CENTRE**  
 Join the Dulux Club, which provides a 25% off lifetime discount for members on any Dulux Paint products and 10% off all supplies!

We have a super hot special on in-stock flooring. A 5mm, micro level, waterproof, luxury vinyl tile.

Regular Price \$4.79 SF On sale for just \$2.99 SF

**MOHAWK**  
 FUSION PAINT PRODUCTS SOLD HERE

784 MEMORIAL AVE. (NEXT TO MCDONALDS)

**JOEY'S RESTAURANTS**  
 595 ARTHUR ST. WEST  
 807-577-4334  
 For Franchise Opportunities call 1-800-661-2123

**FREE FISH & CHIPS**  
 Buy a 2 piece Alaska Pollock & Chips plus 2 beverages, get the 2nd 2 piece pollock FREE!

**FREE APPETIZER**  
 1 FREE appetizer with the purchase of any entree

No substitute. 1 coupon per visit. Must present coupon before ordering.  
 Not valid on Tuesday or Good Friday. Cannot be combined with any other offer.

Real Estate Sales Representatives

**TOWN & COUNTRY REALTY**  
 400 Balmoral Street

Tracy Picton: (807) 631-4020  
 Marc Picton: (807) 630-3491  
 Kind, Courteous, Professional Service

Thunder Bay **FARMERS' MARKET**

Locally Made or Grown

Open Tuesdays 4:30 to 7:30 pm until Dec. 20th  
 Open Fridays 9:00 am to 1:00 pm until Dec. 23rd

Our kitchen is OPEN every day!  
 Eat-in or takeout available!

We have something for everyone!  
 Many vendors to choose from, no two tables alike!

New Address  
 North End Recreation Centre - 954 Huron Ave. Find us on

**EME PARALEGAL SERVICES**

**EILEEN MCGRATH ERVIN**  
 Paralegal, Notary Public, Commissioner, Owner/Operator  
 Traffic Violations, MNR, MTO and more.  
 Marathon and Thunder Bay

Phone: 807-622-9555  
 Main Office Number 807-229-2747  
 Fax: 807-229-0879  
[eileen@emeparalegal.com](mailto:eileen@emeparalegal.com)





**Sullivan**  
+ Associates  
CLINICAL PSYCHOLOGY



[www.drussullivan.ca](http://www.drussullivan.ca)

Helping You Live  
**the Life**  
You Deserve

*fighting mental health stigma together*

“

I think it's really important to take the stigma away from mental health... my brain and my heart are really important to me. I don't know why I wouldn't seek help to have those things be as healthy as my teeth.

Kerry Washington,  
from Huffpost

”

