

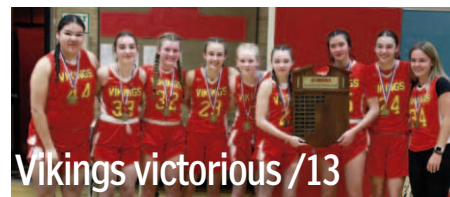
Masks still a vital tool /3



Man of La Mancha great /12



Tug sinks fountain repairs /2



Vikings victorious /13

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Canadian Publications Agreement No. 0662445 Vol. 19 No. 38

Thursday, November 17, 2022

LEST WE FORGET

Remembrance Day ceremonies a reminder of those who fought for freedom /5

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Christopher Depris-Taylor at the Waverly Park cenotaph during the annual Remembrance Day ceremonies held last Friday. Events were held in several locations in the city. (Leith Dunick)

Sunken tug impacts budgets

By Ian Kaufman - TB Source

The nearly one million dollars spent by the city to raise the historic James Whalen tugboat means planned work on a fountain at Waverley Park will be further delayed, among other impacts.

The news was included in a staff report presented to city council on Monday, prompting hard questions and some sharp words from councillors on administration's handling of the incident - along with questions over how much more it could cost to deal with the tug.

Administration indicated that answer could take years to deliver, with a follow-up report on the tug's future not planned until the spring of 2024.

Coun. Shelby Ch'ng called for administration to include options including scrapping, selling, or sinking the boat, saying she feared it could cost millions to restore it, while Coun. Cody Fraser said its future likely lies in the scrapyards.



The Hogarth Fountain at Waverley Park is in need of repairs, the now have to be delayed. (FILE)

The discussion came during the final meeting of council's 2018-2022 term.

Ch'ng said the tug's sinking had been "a contentious issue" during the campaign, with Coun. Albert

Aiello agreeing it had been a "very, very hot topic."

Both joined colleagues in questioning city manager Norm Gale's decision to declare the situation an emergency, leading to approval of

over \$800,000 in recovery work.

"In my ward, \$800,000 would pave longstanding gravel roads people have been fighting [to pave] since amalgamation - so that's a lot of money," Aiello said.

"Who's responsible, and how did it get to the state that it did?" Coun. Rebecca Johnson asked.

Gale called the incident an example of the consequences of the city's long-term underfunding of its infrastructure needs.

The "infrastructure gap" has long been discussed at city hall, with staff estimating the city would need to spend upwards of \$20 million more each year to properly maintain the assets it has and budget for their replacement.

"Parks is responsible for over 100 historical artifacts, and typically only \$50,000 per year is budgeted for capital renewal and maintenance of those artifacts," Gale said.

However, he also suggested administration had done its due diligence in maintaining the tug.

After it sunk, staff said, dive teams discovered a four-by-12 inch breach of the hull that appeared to be caused by corrosion and hadn't been present during an inspection in 2021.

"Assessment of the vessel by a marine contractor the prior year showed no indication that a catastrophic failure would be likely due to corrosion," Gale said.

The 117-year-old vessel, which the city purchased in the 1990s as an attraction, sunk from its berth at the Kaministiquia River Heritage Park after unexpectedly taking on water on April 30, though that wasn't discovered until the following day.

A pump added after a previous incident in 2021 hadn't yet been re-installed after removal for winter, with staff citing consistent cold temperatures.

It wouldn't have saved the vessel in any case, Halvorsen said Monday, estimating the breach caused flows 20 to 40 times beyond what that pump could handle.




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Mask up, pleads Ontario's top doc

However, Dr. Kieran Moore stopped short of mandates, as respiratory illnesses surge in province

By Leith Dunick - TB Source

Ontario's chief medical officer of health is strongly recommending residents of the province showing signs of respiratory illness mask up around children in all social settings.

Dr. Kieran Moore said he will not mandate masks in public spaces at this time, though acknowledged the province are looking at mandatory masking in schools and monitoring the situation, which has seen Ontario emergency rooms flooded with pediatric cases, mostly due to influenza and respiratory syncytial virus - along with lingering COVID-19 cases.

"I certainly hope Ontarians will heed the call," Moore said on Monday, calling on the public to consider masking around children four and younger, especially anyone showing signs of respiratory illness.

Asked how far he's willing to go with restrictions should the situation not improve or gets worse, Moore said the province is taking it day-by-day at this point.

"The principal tool at hand, if we had to go there, would be a mask mandate. Clearly, for social gatherings I'm asking today that we be very careful around our children four or younger. A cold, or a minor respiratory symptom, a sinus infection to you, could be RSV or influenza to (the) younger members of our community and cause significant respiratory stress in them," Moore said.

"It's hard to mandate those social environments."

Moore said it's his job to educate the public on the seriousness of the situation.

"This is a change. This isn't COVID that's affecting our children, although it obviously can," he said. "It's RSV and influenza combined that are driving our children to have to be admitted to hospitals and we do have the tools at our disposal that can help protect our children and help protect our families. My concern is this is spreading in families and in social settings outside the large public venues."

Dr. Chris Simpson, the executive vice-president and chief medical officer at Ontario Health said the total number of children requiring admission to hospital for treatment and assessment of respiratory illnesses is unusually high.

It's having an impact, he said.

"While our hospitals have been preparing for this triple threat, we along with much of North America and many places around the world, are seeing high numbers of these seriously ill children and seeing them earlier in the season than had been expected," Simpson said.



Dr. Kieran Moore says those four and under are vulnerable.

"Although this situation is unlike anything we've seen in the pediatric population than in recent memory, we have strong systems and structures that have been put in place during the pandemic for our adult community that we're now utilizing for child and youth care. We're taking action to ensure these sick children get the care they need."

Hospitals around Ontario have started postponing some surgeries in order to reallocate resources for children.





Moore said he has no jurisdiction over school boards and what mandates they put in place and advised boards speak to local medical officers of health about the potential of re-instituting mask mandates in schools. He reminded parents that siblings can bring illness home to their younger brothers and sisters, and asked parents to act accordingly.

"We need to decrease the burden of illness, to slow the chain of transmission of these viruses to ensure we can care for all of our children in our communities."

He later said mask mandates in school are being discussed.

Moore said getting back to basics, including hand hygiene and cleaning surfaces, is another important tool to fight viral infections. Getting a flu vaccination is another recommendation.

WEATHER FORECAST

THURSDAY	FRIDAY	SATURDAY	SUNDAY
			
Snow Showers	Snow Showers	Mostly Cloudy	Partly Cloudy
Precipitation: 70% HIGH -1 LOW -8	Precipitation: 40% HIGH -6 LOW -13	Precipitation: 0% HIGH -6 LOW -15	Precipitation: 0% HIGH -6 LOW -9

91-5 ckpr
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IN BRIEF

Murder arrests

Police have made two arrests in a homicide case that left a 28-year-old southern Ontario man dead.

The Thunder Bay Police Service, in a Wednesday news release, announced that 27-year-old Isaac Talbot-Hall, from Toronto, was arrested on Tuesday night and has been charged with second-degree murder.

Emergency services had been called to Andras Court on the 100 block of Cumberland Street South during the early morning hours of Sept. 24 after receiving reports of an injured man. The victim was found with injuries police said were consistent with a serious assault. He was taken to hospital but later died.

The victim had been identified as Shawn Mark Newsome of Ajax.

Police have also arrested a 27-year-old Thunder Bay woman, Qualynn

Janelle Loon, and charged her with accessory after the fact to murder, and failure to comply with a release order.

Calendar parking

With more snow in the forecast, the city is implementing annual calendar parking and priority route restrictions.

Calendar parking restrictions are in place daily from 9 a.m. to 5 p.m., and are meant to ensure at least one side of the street doesn't have parked vehicles to allow snow plows to clear one side per day.

Priority route restrictions are in place from 2 a.m. to 7 a.m., and prohibit vehicles from being parked on either side of the roadway.

City officials said some streets may have additional restrictions.

Saying farewell to Pepper O'Connor

By Leith Dunick - TB Source

Dougall Media staff were saddened last week to learn of the Nov. 8 passing of long-time *Thunder Bay Source* graphic designer, Pierette (Pepper) O'Connor.

She was 70 at the time of her death, which followed a brief illness.

Pepper began working for Dougall Media in 1994, and was instrumental in creating the ads that appeared in this newspaper for the past three decades, stretching back into its time as the *Thunder Bay Post*.

Pepper was a key cog in the paper's success and a wonderful cook who loved to host family and friends, alongside her husband of 35 years,

Terry.

A long-time Blue Jays fan, she was also an animal lover, who loved to share stories of her dogs and her bunnies with her co-workers.

In addition to her husband, Pepper is survived by her brother, Andy Claveau, of Barrie, and her sister, Denise Claveau, of Richmond Hill, as well as her fur baby, Lika. She was predeceased by her parents, Joseph and Ghislaine Claveau.

A celebration of life will be held on Sunday, Nov. 20, from 2 p.m. to 6 p.m. at her home, at 736 Porcupine Blvd.

Donations may be made to the Northern Cancer Society or the Thunder Bay Humane Society.



Pepper O'Connor was a long-time graphic designer at Thunder Bay Source.

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Remembering our sacrifices

By Leith Dunick – TB Source

Scotlynn Ross says Remembrance Day is an important chance to respect military members who have served their country, especially those who died in war.

The 12-year-old Bishop Gallagher School student was joined by dozens of other youngsters on Friday at the Waverly Park cenotaph, where the annual hour-long Remembrance Day ceremony was held, led by the laying of the Silver Cross Mother's wreath by Carol Klukie, whose son Josh was killed 16 years ago in Afghanistan.

"It was beautiful," Scotlynn said, realizing that in six short years, were there to be another conflict, she could be called on to serve.

It's a pretty sobering thought, she said. "I'm shocked, because I couldn't imagine knowing that you might not come back home."

Classmate Austin Kitchkeesick, a Grade 7 student, said he wanted a chance to say thanks to all those who gave the ultimate sacrifice, and those who continue to serve today.

"I think it's important to wear the poppy to support all the people who have lost their brothers, their sisters, their moms, their dads, their grandmas, their grandpas – everyone," Austin said.

About 500 people were on hand for Friday's ceremony, that included a prayer for soldiers who have fallen, a 21-gun salute and the playing of the Last Post as the 11th hour of the 11th day of the 11th month arrived.

George Romick, second vice-president of the Port Arthur Branch of the Royal Canadian Legion, said it was humbling to see so many people surrounding the cenotaph.

"We have the soldiers come out. The cadets come out. We have the Navy League cadets come out and then we had eight or nine busloads of students from Bishop Gallagher School and other schools that attended. It's great for them to come out to be part of the Remembrance Day service and to also understand what their great-grandfathers did, their grandfathers did or what their fathers did in service to their country."

Romick said after last year's rain and



Thunder Bay-Superior North Liberal MP Patty Hajdu lays a wreath at Waverly Park.

COVID-19 restrictions in 2020, it was fantastic to see the crowds return.

"I think everybody, because of the COVID pandemic, stayed indoors and this was the opportunity for everybody to come back out for one hour of their day to be a part of the Remembrance Day ceremony here," he said.

Thunder Bay-Superior North MPP Patty Hajdu was among the first to lay a wreath at the foot of the cenotaph and said the number of people who attended the ceremony shows that the public still remembers the sacrifices that so many service members made in the service of their country and in service of freedom and democracy.

"It is always heartwarming, no matter what the weather, to look out and see a crowd of people that are taking time out of their day to spend an hour and a bit of their day and be there for families, like Carol Klukie, who has personally lost a son, and be there to honour the generations of people who have served this country," Hajdu said.


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EDITORIAL

Masking up

Hospitals across Ontario are again being pushed to the brink.

With a triple threat of viral infections making the rounds, a children four and under at the most risk, emergency room visits are skyrocketing.

And yet the province is choosing to do little to stop the spread.

On Monday, Dr. Kieran Moore, the chief medical officer of health, held a news conference and strongly recommended people wear masks, especially if they're showing signs of illness around children.

Moore should have reinstated a mask mandate in public spaces and in schools.

No one wants to wear a mask, least of all school children. But they work.

While COVID was raging, and masks were mandatory, flu cases plummeted.

The province has made this a political issue. Worried about riling up his base, Premier Doug Ford has dug in his heels and is doing everything he can to resist doing what's best for all Ontarians, once again doing what's best for his own interests.

We know the public won't listen to a recommendation. But the vast majority will listen to a mandate.

Carbon tax too much To the editor:

I am one of the millions of Canadians who is being punished for being Canadian.

Yes, punishment is the appropriate term. When someone misbehaves, then the proper course of action for those in legitimate authority is to punish such a person to correct misbehaviour.

The misdemeanor in this instance is nothing other than being Canadian.

Being Canadian involves living with a minimum of six months of winter.

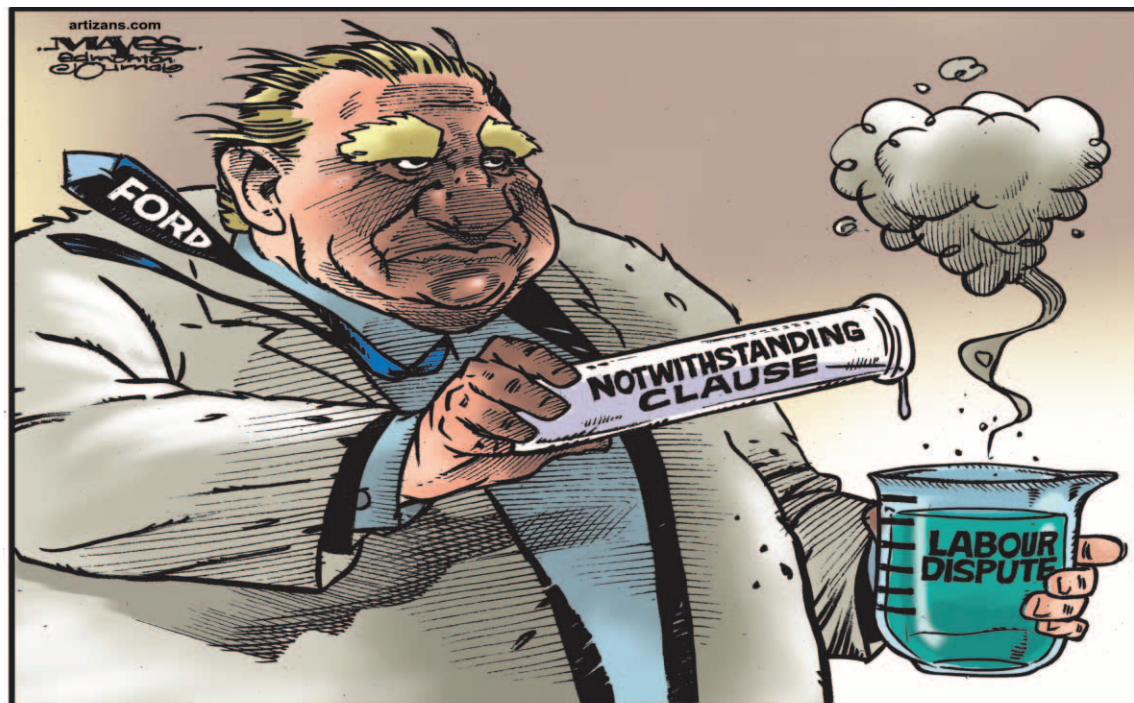
Gas, oil, electricity, all carbon taxed directly or indirectly. But since we are being punished for heating our homes, it must follow that we are being bad. And we are bad for being Canadian, and thus we are punished.

If we switch to wood heating, will the wood be taxed?

Being Canadian involves traveling in a fuel-fired vehicle to get to work or get to a service or to buy groceries or check on grandma.

That fuel is currently carbon based. Those of us on fixed incomes will never have the option of any alternate fuel to fire our

LETTERS TO THE EDITOR



vehicle.

We will never have the option of hopping on a bike in the snow and cold to get a bag full of pills from the pharmacy to keep us going.

We don't have the option of riding on public transit, because so many of us Canadians live in the bush or

on the prairies.

We don't yet have solar powered, or hydrogen powered trucks and trains and planes, and the mysterious myth of having every means of transportation battery powered has not yet come about. But punishing us for that?

What world do people live in who punish Canadians for being Canadian? This is going to make planet earth a better place? Stop punishing us!

Henry Vanderleest
Ignace, Ont.

Keegan novel was a Booker Prize nominee

Small Things Like These by Claire Keegan was shortlisted for the 2022 Booker Prize. This beautiful little book would have been a worthy winner.

It is 1985 in an Irish town. During the weeks leading up to Christmas, Bill Furlong, a coal and timber merchant, faces his busiest season.

As he does the rounds, he feels the past rising up to meet him - and encounters the complicit silences of a people controlled by the Church.

Bill has a good life. He is happily married and has five loving daughters. But this doesn't make up for the early losses in his own life.

He doesn't know who his father was and his mother died when he

was still a young boy. He was brought up by the kindly Mrs Wilson in her big old farmhouse, and 'uncle' Ned, who helped to milk the cows.

Bill spends a lot of time living in the past, especially around Christmas time, and he is in this melancholy mood of memory and reflection when he delivers coal to the local convent.

He discovers a barefoot girl with long black toenails and roughly cut hair weeping for her baby, locked in the coal shed. The Mother Superior tries to smooth

things over and the people in the town tell Bill to leave well alone for the Church has a long reach.

But Bill cannot let matters rest and his conscience drives him to take action, even though he knows there may be consequences for his business and family.

This is a work of fiction but it is based on the true story of Ireland's Magdalen laundries, the last of which was not closed down until 1996.

It is not known how many girls and women were concealed, incarcerated and forced to labour in these

institutions. Ten thousand is the modest figure; thirty thousand is probably more accurate.

Most of the records from the Magdalene laundries were destroyed, lost or made inaccessible. Rarely was any of these girls' or women's work recognized.

Many girls and women lost their babies. Some lost their lives. It is not known how many thousands of infants died in these institutions or were adopted out from the mother and baby homes.

In 2021 the Mother and Baby Home Commission Report found that nine thousand children died in just eighteen of the institutions investigated. In 2014 the historian

Catherine Corless made public her shocking discovery that 796 babies died between 1925 and 1961 in the Tuam home in County Galway.

The girls and women in these homes were physically, verbally and emotionally abused. Their children were taken away from them at birth and sent or sold to families in Canada, Australia and America. The babies that died were buried in unmarked graves.

These institutions were run and financed by the Catholic Church in concert with the Irish State. No apology was issued by the Irish government over the Magdalen laundries until Taoiseach Enda Kenny did so in 2013.



John Pateman
BOOK BANTER

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The growth of garage lettuce

By JR Shermack

I am always a little disappointed when winter closes in there is a layer of snow on our vegetable garden and all the plants have lost their urge for growing.

So a few years ago, as an experiment, I placed a small planter under grow lights in the garage and planted some lettuce seeds in the early fall.

I chose lettuce because it is easy to grow, tough and hardy which I learned from growing it successfully every summer for years in the back yard.

I was eagerly anticipating a bountiful indoor crop of garage-grown greens and in less than two months I was harvesting mixed lettuce leaves for the table.

With a little care and occasional re-seeding our harvest of fresh lettuce keeps us in greens all through the winter months.

I've been putting in winter lettuce ever since and I am patiently waiting for this year's crop to be ready - to fill the

temporary green gap I was planning to use store bought lettuce.

Imagine my shock and dismay last week when I found myself looking at an empty shelf where the iceberg lettuce used to live - same deal with the romaine and leaf lettuce too.

This was how I became aware of the lettuce shortage across the country brought on by drought conditions and crop disease in California

Canada is a significant importer of fruits, vegetables, processed foods and beverages from the USA - 75 per cent of our fresh vegetables come from American farms.

That includes 84 per cent of broccoli and cauliflower, 76 per cent of fresh strawberries and as I recently found out, much to my dismay, 68 per cent of our lettuce.

Four years of drought and widespread disease have left crops wilting and dying in the fields of California and Canadian salad bowls are suffering.

Canada is one of the largest importers of lettuce in the world and this shortage has left consumers searching for greens and has restaurants scrambling to adjust their menus.

The shortages have led to sharp price increases which gives restaurant owners three options - decrease serving sizes, increase menu prices or stop serving lettuce altogether.

A case of 24 heads of lettuce from one supplier that used to sell for about \$50 is now \$220 and Romaine is up 61 per cent as Caesar salad lovers will soon discover.

Restaurants that survived the hardship and uncertainty of a two-year pandemic now face shortages and price hikes beyond their control.

This is a good example of how climate change impacts us in unexpected ways - expect more shortages as drought and disease grow more severe due to global warming.

Huy Fong Foods in Irwindale,

California has announced that severe weather conditions have also affected hot pepper crops and production of its Sriracha hot sauce is suspended.

If your food begins to taste a little less spicy, blame climate change for that too.

In the meantime this too shall pass as lettuce growers in Arizona are preparing to fill the green void left by dry, diseased fields of California lettuce.

We should be back in the green before Christmas.

When I first started my modest lettuce patch I did it on a lark but recent events make me think that garage grown vegetables may become part of everyone's nutritious diet.

As for me, I'm still peeling off single leaves from the head of iceberg lettuce I found last week while hunting and gathering in the produce section.

I have to make it last until the Arizona crop arrives or the garage garden lettuce is ready to harvest.



Lettuce is in short supply these days.

what's happening
in and around...

The Bay

To submit an event, email ldunick@dougallmedia.com.
Please include details about the event, including any cost

November 19

Big Flea Market and Craft Show

The Big Fleamarket and Craft Show is taking place at the CLE Coliseum from 10 a.m. to 3 p.m.

Find your treasures from a huge selection of antiques, collectibles, jewellery, sports cards, household goods, coins, records, Lego and much more.

Admission is \$2 per person and free to children under 12.

November 21/24

Aviation Heritage Center

The Northwestern Ontario Aviation Heritage Centre, located at 905.E. Victoria Ave., is open to the public on Wednesday and Sunday afternoons from 1 p.m. to 4 p.m. and private tours anytime by contacting us at 623-3522 or emailing noahc@tbaytel.net.

The Centre features displays which showcase the rich aviation history of our area from the 1930's to present day and visitors can try flying over Lake



Santa will be on hand for his parade on Saturday.

Superior on its state-of-the-art flight simulator.

They also have aviation themed merchandise for sale. Check out their Facebook page or visit www.noahc.org for more information.

November 18

AC/DC Tribute

Thunderstruck will take the stage at NV Music Hall on Friday night, presenting the ultimate AC/DC experience for one night only.

The legendary Australian band set the heavy metal standard in the '70s and '80s, with hits like *Back in Black*, *You Shook Me All Night Long* and *Highway to Hell*.

Tickets are available online at NV Music Hall's website and range in price from \$28 to \$32. The show starts at 9 p.m.

November 19

Rotary Santa Claus Parade

Santa Claus will pay the city an early visit when he returns for the long-awaited Rotary Santa Claus Parade.

The parade begins on Saturday at 10 a.m. from the Superstore parking lot, continuing along Memorial Avenue and wraps up at the Thunder Bay Community Auditorium.

Dozens of local businesses and organizations will take part with beautifully decorated floats, and Santa and Mrs. Claus will bring up the rear of the parade, to the delight of children young and old. See the ad on Page 11 for more.

HOW TO WRITE TO US:

Letters to the editor are most welcome. Those kept to 350 words or less have priority.

The Thunder Bay Source reserves the right to edit submissions for content and clarity. All attempts will be made to preserve the core argument of the author.

Address them to: **THUNDER BAY SOURCE**
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TO SHARE YOUR IDEAS
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WEEKLY POLL QUESTION.

THIS WEEK'S POLL QUESTION:

Would you support a mask mandate being reinstated in Thunder Bay?

TOTAL VOTES: 3,875

<input type="radio"/> YES	<input type="radio"/> NO	<input type="radio"/> DON'T KNOW
43.79%	54.53%	1.68%

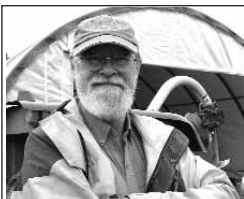
Winter comes a-calling again

Well, Ol' Man Winter left a calling card, did he not?

We had warnings. The news outlets originally feared some 40 centimetres last Friday. Instead, we received freezing rain on Thursday that created black ice on some highways making driving 'tres treacherous'.

Our son, Doug, drove home from his job where he had to work late. He told me that at times he was driving only 70 kms on the highway.

But with the warnings the weather office gave us sanding trucks a-plenty were out as soon as the rain began. So, I hope there weren't any serious accidents resulting from the arrival of Ol' Man Winter and black ice.



Fred Jones

RURAL ROOTS

The snow began early Friday morning, but it seemed that hardly any had fallen. A mere dusting I observed when I arose to make coffee and light a fire in our living room fireplace.

It was throughout Friday that a steady falling of the white stuff coated surfaces. Friday night we brought the horses into their stalls in the barn.

The horses did not amble to the barn - full gallop with clods of mud-mixed-with-new-snow flew off of their hooves as they charged to the barn door. I commented on the horse's rapid entrance to Laura who said that they were wet and probably cold since the temperature had

dropped. Now they were inside where it was warm in stalls with new bedding and lots of hay. Good.

In preparation for the Ol' Man's arrival, I ferried our car to my wonderful mechanic who lives at the end of our rural road. I had dropped off the previous night the snow tires that required new rims due to a mishap in the spring while driving to town.

Huge potholes had formed, and I hit one that caused a rim to bend resulting in a flat tire. The other rim was not as damaged so the air held.

Again son, Doug, came to the rescue with a complete set of almost treadless summer tires on almost brand-new rims that fit our car.

My mechanic removed the summers and replaced them with my winters. So, we are set for more Ol' Man.

Another one of the downsides of the freezing rain is the weight it puts on the branches of bushes and trees. Laura and I had cut down some tag alder that had grown over the years and was hanging over the driveway. I chainsawed them and we dragged the trees away. But after the rain, the branches of two more such trees were hanging right in the path of passing vehicles.

When we completed the original clearing task, those branches sat high above the driveway. After the freezing rain, they drooped low so as to scrape the car or truck. So, once again, 'buzz, buzz', I had to remove these offenders.

I took the doggies for a tromp on Friday afternoon. The going was not difficult as there was only an inch or so of fallen snow on the ground. What made walking a tad difficult

was that all the tufts and hummocks of grass were frozen. Sometimes these hummocks were almost rock hard and I had to be careful as once or twice before I wised up, I tripped and almost fell. Where there is water sitting in ruts on the trail, there was a sheet of ice that gave way under my boots.

Once in the bush where there is tag alder, the branches were drooping laden with ice. Very pretty but forcing me to stoop as I walked, bumping my head against said branches and occasionally getting ice on the collar of my coat. As we walked, the snow steadily fell with, at times, large flakes well-spaced. Very pretty.

And while this is only the beginning, I'd say Ol' Man Winter is here to stay. Bring on the hot chocolate!

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Poule au pot chef school staple

I'm always surprised when I get feedback about HCAYK and with some of the topics that most resonate with people. One of the topics that I hear people would like to know more about is very much my early apprenticing and training years.

A number of cringe-worthy submissions in chef school will never make it into this column as they have been blocked out and repressed by me, for good reason.

However, people want to hear about the experiences I had in my early years and types of things we would make.

When going to school for cooking and when you're in the

kitchen labs its important to remain efficient on all things, this is why many items you will make in the labs have multiple focuses and points to grade on.

Many items in cooking have this kind of set up. In one item you can be graded on knife skills, butchery (not the same as knife skills), seasoning, flavour building (not the same as seasoning), time management and cleanliness among other things depending on your instructor.

One such meal that has always been hotly graded in chef school was the classic Pot au Feu. Strictly translated to "pot on the fire". Classically this is made with different beef cuts, however



Derek Lankinen

Here's Cooking at You Kid



Poule au pot has a long history.

in chef schools they will cut costs and use chicken to test some techniques.

The original Pot au Feu dates back (some say) to France's King Henry IV who famously said, "I want no peasant in my kingdom to be so poor that he cannot have a poule au pot on Sundays".

Poule au pot translating obviously to chicken in the pot.

The classical Pot au feu will always contain inexpensive cuts of beef that require cooking for long periods; another type of more cartilaginous meat, such as oxtail or marrowbone; Vegetables: primarily carrots, turnips, parsnips, celery, and onions; sometimes also white cabbage and leeks. As well as a seasoning bouquet garni, and salt, black pepper and cloves. The bouquet garni is a bunch of herbs used to aromatize the stock and liquid while tied together with butchers'

twine only to be removed when the herbs flavours have been exhausted or the level of "herbiness" has been achieved.

Herbiness is a real thing and Chef Gozzi marked me lower in school for my broth being too herby.

For this reason, thyme and I haven't always been on the best of terms.

Yes, its perfectly normal to hold a grudge against an ingredient or dish that has wronged you and isn't a sign of some deep seeded issue with your value system.

Derek Lankinen is an award-winning chef, author, and restaurateur. He is the Owner/Operator of Beefcake's Burger Factory with two locations in Westfort and Current River and Co-Owner of Elite Beef, Brick and Mortar Food Co. and Eat Loco Tacos.

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Let winter skiing season begin

After a month of oddly warm temperatures, winter weather has now returned to Northwestern Ontario. While the first winter storm turned out to be more rain than snow, some areas on the northern edge of Thunder Bay did indeed receive enough accumulation to leave a solid white blanket on the ground. More importantly, the weather forecast indicates that it isn't about to melt away.

While I spent my weekend indoors at an art show with some of my students, my phone was buzzing with pictures of friends skiing in Lappe and fat biking in Shuniah. My Facebook, Instagram and Strava feeds all provided further evidence that enough snow fell on the northern side of Hwy 11/17 that, seemingly, everyone I know was outside enjoying the snow.



Keith Ailey
the GOOD LIFE

Of course, the big problem with social media is that we get this constant feed of images that suggests we are always missing out on some fun. While I am fully aware of this phenomenon, I am apparently not immune to it. By Sunday afternoon I couldn't take it any longer and as soon as the art show was packed away in my truck, I raced home to take advantage of the fresh snow and the last bit of daylight.

With no time to unpack the truck, I tossed my fat bike and my dog into my wife's hybrid SUV and headed directly for the Shuniah Mines singletrack.

As those big fat tires began to roll down the trail I could not stop smiling.

It is hard to describe the feeling in words, but imagine returning home after a long trip and sleeping in your



Lappe's Junior racers have already started training on the fresh snow that fell last weekend.

own bed for the first time in a long time. So satisfying.

Just like our cars, the bike trails in Shuniah were covered in an inch or so of ice from the freezing rain. On

top, a couple centimeters of snow hid the slippery surface below. I was happy to have plenty of traction. My winter set-up on this bike features 4.6 inch wide studded tires on an

80mm wide rim. The set-up is tubeless, so I can easily run less than 10psi of air and get plenty of grip. With more than 300 tungsten carbide studs per pair, these tires have plenty of bite on icy trails and I was able to get up high on the berms without any fear of washout. While I only had an hour to ride before dinner, it turned out to be all I needed to get my first fix of winter fun.

Next, I'll turn my attention to the Nordic trails of Lappe Ski Centre. On the last weekend of October, Lappe hosted the provincial running championships for Ontario's colleges, and they are now gearing up to host the National Championships for Nordic skiing in March.

Luckily these big events inspired some big upgrades to both the chalet and their already amazing trails. I can't wait to get out there and take advantage. Winter is back, and it looks like it is going to be a fun one.




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Wakanda an overstuffed story

Tribute to actor Chadwick Boseman touching, but can't totally save movie

Imagine the daunting prospect for the filmmakers of *Black Panther: Wakanda Forever*, (SilverCity) having lost their leading man, Chadwick Boseman, tragically to colon cancer in 2020 at age 43. Given that *Black Panther* (2018) became the first Marvel movie to earn a best picture Oscar nomination while earning over \$1 billion worldwide, with its predominantly Black cast, prospects for a successful franchise were suddenly in jeopardy.

How do you replace your titular character and match the charisma of

your lead actor? Re-casting could be very dicey. It's worked for James Bond but how to go forward here?

Instead, director and co-screenwriter Roger Coogler has ramped up the profile of mostly supporting cast members from the first film.

In this regard, he's chosen wisely, with strong female actors including Letitia Wright, Lupita Nyong'o, Danai Gurira, and Angela Bassett. Winston Duke, Tenoch Huerta and Martin Freeman represent the male contingent.

Continuing from where the first film left off, Boseman's King T'Challa has just passed away off-screen from an undisclosed illness, leaving behind a tearful family and his realm grieving.

There is an impressive, heartfelt funeral ceremony giving both the character and actor their due.

The plot then focuses on vibranium, a powerful metal that has facilitated Wakanda's technological advancements while enabling its peaceful anonymity.

Wakanda apparently possesses the world's largest deposit.

Two disturbing concerns arise. One, they discover a brilliant MIT student, Riri (Dominique Thorne) has invented a detector for vibranium which will likely arouse unwanted attention,

especially from the CIA.

Two, the realm is threatened by Namor (Huerta) ruler of the Talokan, another unknown aquatic-

based kingdom (?) which possesses its own share of vibranium. Powerful mutant Namor can swim and fly at light-speed.

He means to strike back at colonial oppressors, but Wakanda's not outside. A clash is inevitable.

Similar to *Star Wars*, there is the melding of afro-futuristic motifs including spear-wielding, traditionally-clad warriors blended with sleek air ships and virtual AI systems. The production design, costumes and special effects are impressive.

To this point, the cast has collectively exuded reasonable gravitas to compensate for the loss of Boseman, complemented by a smattering of booming action.

The film runs smack into a fog in the middle section, slowed by an over abundance of exposition and

characters, with discursive plot strands.

The themes of loss and geo-politics get lost in the overly-ambitious mass of ideas. Julia Louis-Dreyfus pops up as Freeman's ex for limp, incongruous comic relief.

The film almost recovers by the climactic last act where armies of stunt folks and CGI wizards earn their keep with hand to hand combat, air ship battles and Ironman-like power-suit transitions. The dust settles but storm clouds linger, foreshadowing the inevitable sequel.

Boseman gets another respectful visual tribute near the end. And stay seated for the end credits. Ultimately, though, despite a solid cast, *Wakanda* doesn't come together quite as Marvelously as intended.



Marty Mascarini

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Hugely enchanting

By Linda Maehans – TB Source

Magical. Mirthful. Many-layered. As brilliantly hued and vibrant as a giant kaleidoscope into which we, the audience, willingly fall, from the first moments small inconspicuous movements-on-stage snag our attention. And then! We are whirled back, six centuries to be precise, and a prison. During the dreaded Spanish Inquisition.

Aye m'lord; or more to the (sword) point: arise oh glorious don-of-imagination! Man of La Mancha, as presented by Magnus in partnership with Garner Theatre Productions is near polished and sophisticated as anything on Broadway or at Stratford. Miguel de Cervantes (1547-1616) would know. He's been there. Now thanks to the mystery of time-travel, the author of Don Quixote — timeless world classic of literature — is here with us once again.

How can one person, man or woman, capture a dream of mere fire-and-air and render it perfectly real, flesh-and-blood real, before our very eyes and ears?

Only a dreamer, sounds the lowest voice (a tuba) on stage. Enough! Henceforth ye shall be dubbed Sir Ee-nuff. We applaud such wisdom; this from squires piccolo, oboe, clarinet, violin, guitars, a mandolin and the trumpets, and not to forget, snare drum and percussion-rhythm cohort.

No, dear readers, these voices you hear do not belong to a snivelling band of knaves and hussies. Perhaps it was the whisper of a distant windmill-in-your-mind that distracted.

Back to the voices: all of them now in human-form, clear in pitch and harmony or sublimely expressive and moving when sung-as-solo to their rapt audience in the prison courtyard.

By now, it is truly no surprise. That a steed, a pale and bony horse alongside his travelling companion, a sturdy brown burro, stand quivering in fear whenever the impossibly heavy drawbridge with rusted iron chains is lowered into the prison courtyard. We quiver too.



Actors Rick Hughes (left) and Jeremy Lalpalme in Magnus' Man of La Mancha. (Matt Goertz)

Because it means woe, and even certain death, to the next murdering thief and miscreant unhappy enough to find himself (or herself) locked up with no escape forever-and-a-day.

It must be cold for them, animals and humans alike, at night. Or whenever they are fortunate enough to fall asleep from all their carousing, brawling, or worse. We don't really want to imagine it; but there it is, right before our eyes and ears; and by this time, in our hearts as well. We've been put under a spell. We've become the dreamers.

Limited space (in this review) and no adequate words either, prevent me from individual descriptions for everyone in Man of La Mancha; you'll just have to imagine them. Yet no! Instead, you should rush to Magnus and

experience this marvelous production first-hand.

Ladies and Gentlemen, I present to you the cast-and-crew of Magnus-GTP's rendition of Man of La Mancha by Dale Wasserman; music by Mitch Leigh; lyrics by Joe Darion.

They are: Theo Budd, Scott Carmichael, Rita Dottor, Rick Hughes, Jeremy Hutton, Ben Kopp, Jeremy Lalpalme, Doug MacNaughton, Carly Martin, Suzanne McKenney, Grace Rockett, Amy Sellors, Braedan Soltys.

Costumes by Julia Tribe; set by Warden Bemont; lighting by Rebecca Miller; stage manager Gillian Jones; directed by Thom Currie; musical director Donna Garner.

Enchantment continues until December 3. Don't delay!

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Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter. Hint: "I" = "T"

"IEJ ZFWLJ CX PVRIEWT WA IEJ
PSCGVI CX OWXJ RCG JMLEPVTJ XCF
WI."

— EJVFR QPBWQ IECFJPG

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		1	9	8				
	7		6				2	8
				4	7			1

ACROSS

- 1 Broad hill
- 5 Strong ale
- 9 Bobbsey twins
- 12 Egg (Lat.)
- 13 City in Judah
- 14 Soft drink
- 15 Standard
- 16 7th incarnation of Vishnu
- 17 Goat god
- 18 Office of Economic Development (abbr.)
- 20 Excoriate
- 22 Baltic Finn
- 25 Benedictine title
- 27 Anglo-Saxon letter
- 28 Mother of Hezekiah
- 29 Greenland town
- 31 Nipa palm
- 34 His (Fr.)
- 35 Lawful
- 37 Father: Arabic
- 38 Wheel shaft
- 40 Down (pref.)
- 41 Brythonic sea god
- 42 Poem
- 44 Relative pronoun
- 45 Pronoun contraction
- 46 Flower cluster
- 49 Yorkshire river
- 51 Amer. Automobile Assn. (abbr.)
- 52 Star (pref.)
- 54 Wings
- 58 Finesse
- 59 Initial (abbr.)
- 60 Pine
- 61 River into the North Sea
- 62 Cotton fabric
- 63 Foe of Othello

DOWN

- 1 Longitude (abbr.)

ANSWER TO PREVIOUS PUZZLE

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M	E	T	A	T	A	D	E	L	A	H	
L	E	A		A	L	E		A	L	G	

- 2 Egg (pref.)
- 3 Wall (Fr.)
- 4 Ammunition
- 5 Dope
- 6 Harem room
- 7 Shapely legs
- 8 Favor
- 9 Israelite tribe
- 10 Wife of Esau
- 11 Haw. goose
- 19 Noble (Ger.)
- 21 Ohio college town
- 22 Anatomical duct
- 23 Brain layer
- 24 Move
- 26 Bird
- 30 Yet
- 32 Victim of Cain
- 33 Knitting stitch
- 36 New Mexico art colony
- 39 Gelderland city
- 43 Blue-green
- 46 Electric catfish
- 47 Berne's river
- 48 Anglo-Saxon slave
- 50 Saltwort
- 53 Can
- 55 Eye-infesting worm
- 56 Angola (abbr.)
- 57 Self

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58				59					60			
61				62					63			

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Vikings upset Falcons in final

By Leith Dunick – TB Source

Don't tell the Hammarskjold Vikings they're the underdog – they simply won't believe you.

Yeah, the St. Ignatius Falcons ran the table during the regular season, finishing 12-0, including three wins – albeit relatively close contests – over the Vikings.

When the Falcons jumped in front by double digits in the second quarter on Thursday night in the senior girls basketball final, it felt like the script may already have been written.

The Vikings, however, made a few changes to the script along the way.

Keira Chow put up a game-high 30 points and Sara Clouthier dropped 17 as Hammarskjold battled back in the second half and scored the upset of the season, downing the home-



The Hammarskjold Vikings will play in the NWOSSA final on Friday and Saturday. (Leith Dunick)

court favourite Falcons 63-57 to capture their sixth title in the past nine SSSAA seasons.

Chow, with tears of joy running down her face, said the win makes up for a 10-point loss to the Falcons

in last year's championship.

"After last year, when St. Ignatius beat us in the final, it hurt us pretty hard," the 17-year-old said. "I think we all wanted to come back and take the win. A lot of people were doubting that we could, because of our first three games against them, but we worked really hard all season. I'm just really proud of them."

Chow said the Vikings were convinced they were the team of destiny, and never took their eye off the ultimate goal.

"I think we're good at remaining calm in tough situations and we knew that it would be up and down this whole game and it would be a rough game, but I think we just maintained our composure, stayed calm and we trusted each other, we trusted we'd be able to come back."

The Vikings opened the game strong, building an 8-2 lead in the first, but were unable to hold it as St. Ignatius star Agot Makeer took control, scoring eight straight points to put the Falcons back on top 10-8. She'd finish with 12 in the quarter and 24 in the game – but just eight in the second half.

St. Ignatius went on a 7-0 run in the second to jump in front by 11, but Chow kept it close, burying from distance and hitting another bucket.

Hammarskjold closed the half on an 8-3 run and trailed 32-28 after 20 minutes.

The Vikings took the lead for good in the midst of a 9-0, fourth-quarter run, when Ainsley Pare hit the first of two free throws, a run capped by a Sara Clouthier three-pointer with less than two minutes to play, the Vikings leading 58-52.



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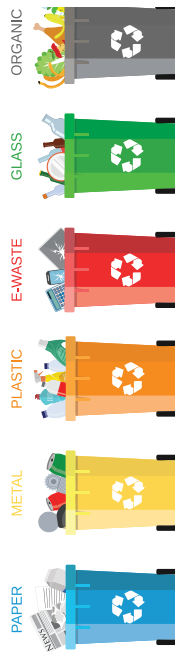
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Thunderwolves edge Badgers

By Leith Dunick – TB Source

It was like a different team skated out onto the Fort William Gardens ice than the night before.

The Lakehead Thunderwolves men's hockey team, mired in a five-game winless slide, dominated both ends of the ice on Saturday night against the Brock Badgers, a last-second goal that slipped past LU goaltender Max Wright the lone blemish on a near-perfect performance.

The T-Wolves scored once with the man advantage and once again while a man down and cruised to a 4-1 win, picking up a crucial two points and climbing back above .500 at 5-4-2.

With only six teams from each division making the post-season, the Wolves couldn't afford to keep piling up losses, not even this early in the OUA season.

"It's huge. Obviously we only play 27 games, so it's not a lot. With only six teams making the playoffs, every game is

huge, so it was really important that we got off that losing streak tonight," said Griffen Fox, noting his team came out strong and never looked back.

"I think that's exactly it. We just played a full 60. I think last night we played a really good third, really desperate, and I think that's how we played tonight for the whole three periods. Everyone was going, which was nice."

Olivier Pouliot, Joe Max, Keighan Gerrie and Fox scored for Lakehead.



Trevor Bonot releases a shot at the Canadian Mixed. (Melanie Johnson)

Silver for Bonot

Thunder Bay's Trevor Bonot had a great run last week at the Canadian Mixed Curling Mixed Curling Championship in Prince Albert, Sask.

Bonot and teammates Amanda Gates, Mike McCarville and Jackie McCormick, made it all the way to the final, but came up a bit short, falling 10-3 to Quebec's Felix Asselin. That's pretty impressive, despite the loss.

□□□

I have to say, Fort William Gardens is the place to be this fall. The atmosphere is loud, with fans screaming in unison at missed calls, cheering fanatically when the Thunderwolves score and singing along to a much improved music selection (maybe borrowing just a little from the Thunder Bay Border Cats).

□□□

Speaking of the Cats, it's looking almost certain the team will be back in action in 2023. I hear an announcement could come this week. That's fantastic news for baseball fans in Thunder Bay, and also for the ownership group, which hasn't been able to field a team since 2019.

□□□

I wasn't able to make it, but the Westgate Tigers are your senior high school volleyball champions, knocking off Hammarskjold in four sets to win their fourth straight title.

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Leith Dunick

SPORTS SHORTS

PUZZLE ANSWERS	L O M A	N O G G	N A N	1	3	5	7	6	4	2	8	9
	O V U M	A D A R	A D E	8	2	4	1	9	5	7	3	6
	N O R M	R A M A	P A N	7	9	6	2	3	8	4	1	5
	V O D	D O M	E D H	9	5	7	4	1	3	8	6	2
	A B I	E T A H	A T A P	6	4	8	5	2	9	1	7	3
	A X L E	C A T A	L E R	3	1	2	8	7	6	5	9	4
	O D E	W H O	T I L L	5	6	1	9	8	2	3	4	7
	R A C E M E	E S K		4	7	3	6	5	1	9	2	8
	A A A	A S T R	A L A E	2	8	9	3	4	7	6	5	1
	A R T	I N I T	L O N G									
D E E	L E N O	I A G O										

PREVIOUS SOLUTION: "The price of anything is the amount of life you exchange for it." — Henry David Thoreau

AD RATES \$9⁹⁹
ADDITIONAL INSERTIONS 1/2 PRICE* Up to 20 words
 Additional words 25¢.
 *Must be run in consecutive weeks.
 No additions to ads.
 Does not apply to Bargain Corner ads.

BARGAIN CORNER ONLY \$4⁸⁰
 15 words max. for items under \$500.
 Must contain price.
 Plus HST

DEADLINE
 Classified Word Ads:
MONDAY @ 4:00p.m.
 Display & Photo Ads:
MONDAY @ Noon

SHOP ON-LINE at
<https://shop.dougallmedia.com/>
CALL US AT 346-2600
 Or email:
classifieds@dougallmedia.com

(Leave us a message if we do not answer, and we will return your call)
 Our office is temporarily closed to the public due to COVID-19.
Telephone Hours:
Mon.- Fri. 8:30a.m.- 5:00p.m.

REAL ESTATE FOR SALE
 01. City
 02. Rural Homes
 03. Mobile Homes
 04. Lots / Acreage
 05. Condos
 06. Cottages
 07. Commercial
 08. Investment Property
 09. Out of Town
 10. Real Estate Wanted

FOR RENT
 11. Houses
 12. Apartments
 13. Rooms
 14. Room & Board
 15. Shared Accommodations
 16. Cottages
 17. Commercial
 18. Storage/Space
 19. Wanted
 20. Condos
 21. Miscellaneous

MERCHANDISE FOR SALE
 22. Bargain corner
 23. Misc.
 24. Antiques
 25. Music
 26. Office Equip.
 27. Machinery
 28. Pets & Livestock
 29. Food
 30. Misc. Wanted

VEHICLES FOR SALE
 31. Cars | 32. Trucks
 33. Vans
 34. Motorcycles/ATV's
 35. Campers/Trailers
 36. Motor Homes

37. Marine Equip.
 38. Snowmobiles
 39. Parts & Repairs

YARD SALES
 40. Current River
 41. Northward
 42. South
 43. Westfort
 44. Rural

MISC.,NOTICES, TENDERS
 45. Auctions
 46. Health
 47. Travel
 48. Financial
 49. Lost & Found
 50. Personal
 51. Notices
 52. Tenders

BUSINESS & SERVICES
 53. General Services
 54. Home Improvements
 55. Bus. Opportunities
 56. Training Courses

EMPLOYMENT
 57. Help Wanted
 58. Careers
 59. Child
 60. Health Care
 61. Employment Wanted
 62. Students For Hire

ANNOUNCEMENTS
 63. Coming Events
 64. Craft & Flea Markets
 65. Happy Ads
 66. Cards of Thanks
 67. In Memoriam
 68. Death/Funerals

Thunder Bay's Source reserves the right to classify ads under appropriate headings and to set rates therefore and to determine page locations.

Thunder Bay's Source reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the Box Reply Service, and to repay the Customer the sum paid for the advertisement and box rental.

Box replies on "Hold" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to avoid loss.

All claims of errors in advertisements must be received by the Publisher within 3 days after the first publication. No refund if ad is cancelled before expiry date.

Thunder Bay's Source reserves the right to increase prices with 30 days written notice.

18. STORAGE/SPACE
 Westfort GARAGE for storage only, concrete floor, NO heat. Minimum 5-month pre-paid rental. One stall, \$75 monthly. Email: tcobjr@shaw.ca.

23. MISC. FOR SALE
 7 signed hockey sticks. Bobby Hall and 85 Allan cup Champion Thunder Bay Twins, 1975 and 1988 Thunder Bay Twins Allan cup champions. 1991 Charlottetown Islanders Allan Cup Champions. Thunder Bay Thunder Hawks 1992 Colonial Hockey League Champions and two others. See at coliseum flea market 10-3, Sat19th at Ray's table (Also vintage LP records and Elvis 78's) or call 475-0995.

53. GENERAL SERVICES
 #1 dump runs. Snowblowing services. Junk clean ups, inside/outside. General maintenance repairs. Handyman services. Frank 628-5919 or 767-0995.

Fall Clean-up - Large trailer for rubbish, we recycle! No items too big or small! EAVE-STROUGH CLEANING/repair/new installation. Tree and brush cutting/trimming, cement/foundation repairs, parging, and landscape sloping. General Handyman Services. We are Seniors helping Seniors. gapace@lakeheadu.ca 807-407-6898

SEWING BEE OPEN FOR BUSINESS - alterations like hemming, new zippers, dresses, or any kind of project. reasonable rate 807-631-5101.

TREE REMOVAL SERVICES. In town/rural, + +experience, Man-lift, insured, and seniors' discounts! Very reasonable rates, free estimates. Call Jacques (Jack) 345-4363

64. CRAFT & FLEA MARKETS
 BIG FLEA MARKET/CRAFT SHOW! CLE Coliseum Saturday November 19th 10am-3pm. Huge variety of items! Table rentals and info at 767-5488

One stop and shop. Free admission! Variety of local vendors. Something for everyone! Ranging from snack, tea, home decor, cooking, cleaning solutions, clothes and more! Sat Nov 19, 8-1:30pm. CLE Heritage Building (by silver city). List of current vendors and info [facebook.com/groups/onestopandshop](https://www.facebook.com/groups/onestopandshop) or email onestopandshop@yahoo.com

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Fast, Safe & Efficient
 With Our Unique 34' wide 100ft reach man-lift, we cut higher than anybody in town.
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51. LEGAL NOTICES
NOTICE TO CREDITORS AND OTHERS
 In the Estate of
HAROLD BENNIE JEWITT

Anyone having a claim against the Estate of Harold Bennie Jewett, late of the Municipality of Neebing, District of Thunder Bay, who died on the 18th day of April, 2020, is required on or before the 5th day of December, 2022, to file with the undersigned solicitors particulars of their claim duly verified, after which date the Estate will be distributed having regard only to those claims of which Notice shall then have been given.

Victoria L. Methot
CAREL+Partners LLP
 Barristers & Solicitors
 1100 Roland Street, Suite 1
 THUNDER BAY, ON P7B 5M4

CAREL+PARTNERS LLP
 LAW FIRM

HERE'S MY CARD

51. LEGAL NOTICES
NOTICE TO CREDITORS AND OTHERS
 In the Estate of
JANET LEE FORBES

All Persons having claims against the Estate of JANET LEE FORBES, late of Thunder Bay, ON, deceased, who died on or about August 29, 2022, are hereby notified to send particulars of the same to the undersigned on or before December 8, 2022, after which date the estate will be distributed, with regard only to the claims of which the undersigned shall then have notice and the undersigned will not then be liable to any person of whose claims they shall not then have notice.

Dated at Thunder Bay, Ontario on the 10th day of November, 2022.

SHEILA MADIGAN,
 ESTATE TRUSTEE
 c/o ERICKSONS LLP
 ATTN: RYAN VENN
 Barristers and Solicitors
 291 South Court Street
 Thunder Bay, ON P7B 2Y1

ericksons LLP

HERE'S MY CARD

Real Estate Sales Representatives



TOWN & COUNTRY REALTY
 400 Balmoral Street



Tracy Picton: (807) 631-4020
 Marc Picton: (807) 630-3491
 Kind, Courteous, Professional Service

Thunder Bay **FARMERS MARKET**

Locally Made or Grown

Open Tuesdays:
 4:30 to 7:30 pm until Dec. 20th

Open Fridays:
 9 am to 1 pm until Dec. 23rd

NEW ADDRESS
 North End Recreation Centre - 954 Huron Ave.

We have something for everyone!

Many vendors and options! Our kitchen is OPEN every day for eat-in or takeout!

Find us on 

HERE'S MY CARD

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EILEEN MCGRATH ERVIN
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 Marathon and Thunder Bay

Phone: 807-622-9555
 Main Office Number 807-229-2747
 Fax: 807-229-0879
eileen@emeparalegal.com

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50% Off select paint with your CAA Membership until Dec.31st



IN-STOCK FLOORING SALE
 5MM LVT REG. NOW JUST
\$4.79 \$2.99
 WHILE QUANTITIES LAST!
MOHAWK



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FREE FISH & CHIPS
 Buy a 2 piece Alaska Pollock & Chips plus 2 beverages, get the 2nd 2 piece pollock FREE!

FREE APPETIZER
 1 FREE appetizer with the purchase of any entree

No substitute. 1 coupon per visit. Must present coupon before ordering.
 Not valid on Tuesday or Good Friday. Cannot be combined with any other offer.

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Rats, Bedbugs, Fleas, Wasps and other pests!

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Call 252-9352



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**When it rains,
look for rainbows.
When it's dark,
look for stars.**

UNKNOWN

